

# Steinhölzlilauflauf 2022

## results

### Overall Hauptlauf Männer

| rank | name                 | yob | city              | club                    | time         | diff   | min/km | racenum | age group |
|------|----------------------|-----|-------------------|-------------------------|--------------|--------|--------|---------|-----------|
| 1.   | Rolli Dominik        | 96  | Oberbalm          | STB-Leichtathletik      | <b>33:19</b> | --     | 3:10   | 1       | M20: 1.   |
| 2.   | Lehmann Adrian       | 89  | Spiegel bei Bern  | LV Langenthal           | <b>33:23</b> | +04    | 3:10   | 2       | M30: 1.   |
| 3.   | Burton Neil          | 82  | Basel             | LC Basel                | <b>34:19</b> | +1:00  | 3:16   | 1234    | M40: 1.   |
| 4.   | Tefera Mekonen       | 92  | Gampelen          |                         | <b>34:52</b> | +1:33  | 3:19   | 3       | M30: 2.   |
| 5.   | Durance Clement      | 90  | Niederwangen      | CAPOSS                  | <b>35:10</b> | +1:51  | 3:20   | 1544    | M30: 3.   |
| 6.   | Huldi Samuel         | 00  | Biberist          | LV Langenthal           | <b>35:25</b> | +2:06  | 3:22   | 399     | M20: 2.   |
| 7.   | Lang Severin         | 81  | Aefligen          | Baladin                 | <b>36:07</b> | +2:48  | 3:26   | 1174    | M40: 2.   |
| 8.   | Pfanner Michael      | 87  | Sion              | MySport Trophy Bike     | <b>36:15</b> | +2:56  | 3:27   | 1244    | M30: 4.   |
| 9.   | Moser David          | 93  | Liebefeld         | TV Länggasse            | <b>37:51</b> | +4:32  | 3:36   | 480     | M20: 3.   |
| 10.  | Kunz Richard         | 81  | Münchenbuchsee    |                         | <b>37:51</b> | +4:32  | 3:36   | 443     | M40: 3.   |
| 11.  | Wicki Peter          | 76  | Bern              | STB                     | <b>38:00</b> | +4:41  | 3:37   | 1317    | M40: 4.   |
| 12.  | Schober Rafael       | 02  | Bützberg          | LTC / LV Langenthal     | <b>38:20</b> | +5:01  | 3:39   | 564     | M20: 4.   |
| 13.  | Schönholzer Urs      | 72  | Ittigen           | ST Bern Leichtathletik  | <b>38:23</b> | +5:04  | 3:39   | 1185    | M50: 1.   |
| 14.  | Hess Martin          | 87  | Liebefeld         | Buschweg-Running-...    | <b>38:28</b> | +5:09  | 3:39   | 1232    | M30: 5.   |
| 15.  | Wanner Christoph     | 81  | Liebefeld         |                         | <b>38:41</b> | +5:22  | 3:41   | 639     | M40: 5.   |
| 16.  | Hirt Beni            | 80  | Bern              | Decomplex               | <b>38:51</b> | +5:32  | 3:41   | 386     | M40: 6.   |
| 17.  | Leu Christian        | 94  | Detligen          | Lakeland Track Club     | <b>38:58</b> | +5:39  | 3:42   | 1351    | M20: 5.   |
| 18.  | Krähenbühl Luca      | 03  | Rubigen           | gerbersport             | <b>39:31</b> | +6:12  | 3:45   | 1290    | JugA: 1.  |
| 19.  | Cihorean Alex        | 86  | Luzern            | LOOLABA TRIATHL...      | <b>39:37</b> | +6:18  | 3:46   | 1298    | M30: 6.   |
| 20.  | Ahmadi Mohammad Amin | 99  | Gümligen          | STB                     | <b>40:05</b> | +6:46  | 3:49   | 1379    | M20: 6.   |
| 21.  | Probst Jonas         | 85  | Bern              |                         | <b>40:12</b> | +6:53  | 3:49   | 512     | M30: 7.   |
| 22.  | Klötzli Marcel       | 82  | Münsingen         |                         | <b>40:15</b> | +6:56  | 3:49   | 432     | M40: 7.   |
| 23.  | Baumann Stefan       | 79  | Bern              | TV Zollikofen           | <b>40:15</b> | +6:56  | 3:49   | 1378    | M40: 8.   |
| 24.  | Richard Daniel       | 66  | Burgdorf          | TV Länggasse            | <b>40:25</b> | +7:06  | 3:50   | 1279    | M50: 2.   |
| 25.  | Bonfils Nicolas      | 76  | Bern              |                         | <b>40:26</b> | +7:07  | 3:51   | 275     | M40: 9.   |
| 26.  | Castrischer Adrian   | 90  | Bern              | Bärner Bärgloufcup      | <b>40:34</b> | +7:15  | 3:51   | 105     | M30: 8.   |
| 27.  | Leibundgut Fritz     | 65  | Spiez             | All Blacks Thun / La... | <b>40:39</b> | +7:20  | 3:52   | 1187    | M50: 3.   |
| 28.  | Kneubühl Stephan     | 63  | Fraubrunnen       |                         | <b>40:50</b> | +7:31  | 3:53   | 1245    | M50: 4.   |
| 29.  | Schild Olivier       | 86  | Köniz             | LCA Bärn                | <b>40:54</b> | +7:35  | 3:53   | 1189    | M30: 9.   |
| 30.  | Grossmann David      | 96  | Thierachern       | OLG Thun                | <b>41:18</b> | +7:59  | 3:55   | 1283    | M20: 7.   |
| 31.  | Mazuez Mathieu       | 86  | Köniz             | LCA Bärn                | <b>42:05</b> | +8:46  | 4:00   | 1275    | M30: 10.  |
| 32.  | Seiler Marcel        | 69  | Reichenbach i. K. | TV Ringgenberg          | <b>42:19</b> | +9:00  | 4:01   | 580     | M50: 5.   |
| 33.  | Levratti Gianluca    | 97  | Bern              | RSC Aaretal Münsin...   | <b>42:26</b> | +9:07  | 4:02   | 1286    | M20: 8.   |
| 34.  | Spreiter Patric      | 79  | Rüfenacht BE      | STB / Giant             | <b>42:35</b> | +9:16  | 4:03   | 1218    | M40: 10.  |
| 35.  | Berard Clement       | 92  | Spiegel bei Bern  | STB running             | <b>42:40</b> | +9:21  | 4:03   | 1303    | M30: 11.  |
| 36.  | Bigler Andy          | 99  | Bern              | STB                     | <b>42:48</b> | +9:29  | 4:04   | 266     | M20: 9.   |
| 37.  | Jäger Ralf           | 82  | Bern              | STB-Leichtathletik      | <b>42:53</b> | +9:34  | 4:05   | 406     | M40: 11.  |
| 38.  | Weisstanner Jan      | 90  | Bern              |                         | <b>43:09</b> | +9:50  | 4:06   | 1087    | M30: 12.  |
| 39.  | Messerli Rolf        | 67  | Oberstocken       | mountainroots.ch        | <b>43:14</b> | +9:55  | 4:06   | 1176    | M50: 6.   |
| 40.  | Kühni Martin         | 62  | Kirchlindach      | ST Bern                 | <b>43:14</b> | +9:55  | 4:07   | 441     | M60: 1.   |
| 41.  | Kübli Ueli           | 74  | Ostermundigen     | STB                     | <b>43:17</b> | +9:58  | 4:07   | 439     | M40: 12.  |
| 42.  | Schnyder Roger       | 62  | Köniz             | runningCOACH.me         | <b>43:21</b> | +10:02 | 4:07   | 1164    | M60: 2.   |
| 43.  | Beifuss Johannes     | 85  | Bern              | Schwyzerörgelfründ...   | <b>43:29</b> | +10:10 | 4:08   | 1156    | M30: 13.  |
| 44.  | de Roche Rafael      | 76  | Steffisburg       |                         | <b>43:38</b> | +10:19 | 4:09   | 1262    | M40: 13.  |
| 45.  | Anker Lenny          | 99  | Busswil b. Büren  |                         | <b>43:47</b> | +10:28 | 4:10   | 238     | M20: 10.  |
| 46.  | Hegg Hansjörg        | 66  | Ipsach            | Jogging Biel-Bienne...  | <b>43:59</b> | +10:40 | 4:11   | 382     | M50: 7.   |
| 47.  | Schmid Roger         | 82  | Aarau Rohr        |                         | <b>44:17</b> | +10:58 | 4:12   | 125     | M40: 14.  |
| 48.  | Burkhalter Matthias  | 88  | Ittigen           | LCA Bärn                | <b>44:21</b> | +11:02 | 4:13   | 103     | M30: 14.  |
| 49.  | Genna Gian Sandro    | 81  | Gümligen          | Laufteam Thun           | <b>44:33</b> | +11:14 | 4:14   | 107     | M40: 15.  |
| 50.  | Flückiger Serge      | 77  | Schliern b. Köniz |                         | <b>44:36</b> | +11:17 | 4:14   | 338     | M40: 16.  |

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results

## Overall Hauptlauf Männer

| rank | name                    | yob | city               | club                   | time         | diff   | min/km | racenum | age group |
|------|-------------------------|-----|--------------------|------------------------|--------------|--------|--------|---------|-----------|
| 51.  | Egli Nicolas            | 00  | Rohrbachgraben     |                        | <b>44:56</b> | +11:37 | 4:16   | 1182    | M20: 11.  |
| 52.  | Howald Patrik           | 92  | Gümligen           | gerbersport            | <b>44:57</b> | +11:38 | 4:16   | 1192    | M30: 15.  |
| 53.  | Sarmiento Barrio Hans   | 97  | Bern               |                        | <b>45:05</b> | +11:46 | 4:17   | 538     | M20: 12.  |
| 54.  | Altorfer Felix          | 67  | Schliern           | LCA Bärn               | <b>45:27</b> | +12:08 | 4:19   | 1334    | M50: 8.   |
| 55.  | Schranz Patrick         | 85  | Münchenbuchsee     | Rupees Running Sq...   | <b>45:30</b> | +12:11 | 4:19   | 569     | M30: 16.  |
| 56.  | Furter Claudio          | 88  | Bern               | RSC Aaretal Münsin...  | <b>45:33</b> | +12:14 | 4:20   | 1278    | M30: 17.  |
| 57.  | Alig Jacobson Danny     | 72  | Bern               | Bern Hash House H...   | <b>45:55</b> | +12:36 | 4:22   | 1377    | M50: 9.   |
| 58.  | Dietrich Fabian         | 75  | Därliigen          |                        | <b>46:12</b> | +12:53 | 4:23   | 1067    | M40: 17.  |
| 59.  | Mühlemann Ramon         | 96  | Steffisburg        |                        | <b>46:13</b> | +12:54 | 4:24   | 482     | M20: 13.  |
| 60.  | Meyer Christian         | 94  | Schliern bei Köniz | LCA Bärn               | <b>46:20</b> | +13:01 | 4:24   | 478     | M20: 14.  |
| 61.  | Lüthi Klemens           | 63  | Halten             | TV Oekingen-Halten     | <b>46:25</b> | +13:06 | 4:25   | 460     | M50: 10.  |
| 62.  | Demont Robert           | 92  | Wabern             |                        | <b>46:26</b> | +13:07 | 4:25   | 314     | M30: 18.  |
| 63.  | Blum Lucca              | 96  | Langenthal         | ON RUNNING CREW        | <b>46:28</b> | +13:09 | 4:25   | 1294    | M20: 15.  |
| 64.  | Schmutz Joël            | 00  | Burgdorf           | OL Regio Burgdorf      | <b>46:31</b> | +13:12 | 4:25   | 558     | M20: 16.  |
| 65.  | von Niederhäusern Peter | 77  | Spiegel b. Bern    |                        | <b>46:47</b> | +13:28 | 4:27   | 630     | M40: 18.  |
| 66.  | Trachsel Paul           | 99  | St. Antoni         | TSV St.Antoni          | <b>46:56</b> | +13:37 | 4:28   | 1134    | M20: 17.  |
| 67.  | Bühler Urs              | 71  | Zollikofen         | TV Zollikofen          | <b>47:08</b> | +13:49 | 4:29   | 1247    | M50: 11.  |
| 68.  | Zbinden Martin          | 86  | Giffers            | Massage Köniz          | <b>47:17</b> | +13:58 | 4:30   | 665     | M30: 19.  |
| 69.  | Schrittesser Hannes     | 74  | Utzigen            |                        | <b>47:26</b> | +14:07 | 4:30   | 1256    | M40: 19.  |
| 70.  | Balmer Philipp          | 75  | Bern               |                        | <b>47:30</b> | +14:11 | 4:31   | 1255    | M40: 20.  |
| 71.  | Becker Roger            | 94  | Thun               |                        | <b>47:37</b> | +14:18 | 4:32   | 251     | M20: 18.  |
| 72.  | Schenk Dennis           | 83  | Liebefeld          | Team Rocket            | <b>47:38</b> | +14:19 | 4:32   | 544     | M30: 20.  |
| 73.  | Guggisberg Daniel       | 95  | Bern               |                        | <b>47:40</b> | +14:21 | 4:32   | 111     | M20: 19.  |
| 74.  | Richner Stephan         | 73  | Fislisbach         |                        | <b>47:50</b> | +14:31 | 4:33   | 524     | M40: 21.  |
| 75.  | Weissmüller Markus      | 60  | Neuenegg           | MegaJoule              | <b>47:50</b> | +14:31 | 4:33   | 1270    | M60: 3.   |
| 76.  | Bigler Gilles           | 84  | Biel/Bienne        | ColdFitBern            | <b>47:54</b> | +14:35 | 4:33   | 267     | M30: 21.  |
| 77.  | von Känel Robin         | 98  | Bern               |                        | <b>48:01</b> | +14:42 | 4:34   | 629     | M20: 20.  |
| 78.  | Pucci Alessandro        | 88  | Liebefeld          |                        | <b>48:02</b> | +14:43 | 4:34   | 513     | M30: 22.  |
| 79.  | Risch Lino              | 93  | Bern               |                        | <b>48:05</b> | +14:46 | 4:34   | 529     | M20: 21.  |
| 80.  | Wüthrich Thomas         | 61  | Oberdiessbach      |                        | <b>48:12</b> | +14:53 | 4:35   | 660     | M60: 4.   |
| 81.  | Von Känel Christoph     | 59  | Frutigen           |                        | <b>48:33</b> | +15:14 | 4:37   | 1243    | M60: 5.   |
| 82.  | Bolliger Cyrill         | 89  | Bern               |                        | <b>48:37</b> | +15:18 | 4:37   | 274     | M30: 23.  |
| 83.  | Ummel Beat              | 60  | Suhr               | BTV Aarau Athletics    | <b>48:38</b> | +15:19 | 4:37   | 619     | M60: 6.   |
| 84.  | Siegenthaler Jürg       | 77  | Wabern             |                        | <b>48:54</b> | +15:35 | 4:39   | 581     | M40: 22.  |
| 85.  | Bringold Andreas        | 64  | Beinwil / SO       | LG Niederbipp          | <b>48:56</b> | +15:37 | 4:39   | 1380    | M50: 12.  |
| 86.  | VytiskSouffray Lukas    | 80  | Bern               |                        | <b>49:03</b> | +15:44 | 4:40   | 1277    | M40: 23.  |
| 87.  | Novak Jakub             | 82  | Kehrsatz           |                        | <b>49:05</b> | +15:46 | 4:40   | 1201    | M40: 24.  |
| 88.  | Wittwer Christian       | 85  | Belp               |                        | <b>49:13</b> | +15:54 | 4:41   | 658     | M30: 24.  |
| 89.  | Oesterling Nils         | 71  | Gümligen           | gerbersport            | <b>49:34</b> | +16:15 | 4:43   | 1194    | M50: 13.  |
| 90.  | Burger Simon            | 70  | Münsingen          |                        | <b>49:41</b> | +16:22 | 4:43   | 291     | M50: 14.  |
| 91.  | Neu Urs                 | 63  | Bern               | STB                    | <b>49:45</b> | +16:26 | 4:44   | 1228    | M50: 15.  |
| 92.  | Bohnenblust Michael     | 75  | Wichtrach          | RSC Aaretal Münsin...  | <b>50:17</b> | +16:58 | 4:47   | 272     | M40: 25.  |
| 93.  | Müller Christoph        | 86  | Biel/Bienne        | Jogging Biel-Bienne... | <b>50:25</b> | +17:06 | 4:48   | 483     | M30: 25.  |
| 94.  | Wieland Rafael          | 88  | Liebefeld          | Rupees Running Sq...   | <b>50:29</b> | +17:10 | 4:48   | 1167    | M30: 26.  |
| 95.  | Schütz Stefan           | 87  | Heimiswil          |                        | <b>50:36</b> | +17:17 | 4:49   | 576     | M30: 27.  |
| 96.  | Gontier Camille         | 91  | Bern               |                        | <b>50:40</b> | +17:21 | 4:49   | 363     | M30: 28.  |
| 97.  | Schneider Björn         | 78  | Riggisberg         | Team Schneider         | <b>50:48</b> | +17:29 | 4:50   | 1358    | M40: 26.  |
| 98.  | Hänni Samuel            | 98  | Bern               |                        | <b>50:54</b> | +17:35 | 4:50   | 378     | M20: 22.  |
| 99.  | Marchese Sergio         | 76  | Wabern             | Adliswil Rouleurs      | <b>50:56</b> | +17:37 | 4:51   | 467     | M40: 27.  |
| 100. | Buri Reto               | 72  | Lyssach            |                        | <b>51:04</b> | +17:45 | 4:51   | 1285    | M50: 16.  |

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## results

### Overall Hauptlauf Männer

| rank | name                | yob | city            | club                 | time         | diff   | min/km | racenum | age group |
|------|---------------------|-----|-----------------|----------------------|--------------|--------|--------|---------|-----------|
| 101. | Buser Hans          | 59  | Bern            | LCA Bärn             | <b>51:19</b> | +18:00 | 4:53   | 292     | M60: 7.   |
| 102. | Hänni Matthias      | 77  | Wabern          | STB                  | <b>51:19</b> | +18:00 | 4:53   | 377     | M40: 28.  |
| 103. | Fischer Roland      | 62  | Bern            | STB Running          | <b>51:35</b> | +18:16 | 4:54   | 1302    | M60: 8.   |
| 104. | Hänni Walter        | 62  | Lyss            | Jumpin`ghost Biel    | <b>51:49</b> | +18:30 | 4:56   | 379     | M60: 9.   |
| 105. | Müller Felix        | 82  | Bern            |                      | <b>51:51</b> | +18:32 | 4:56   | 1331    | M40: 29.  |
| 106. | Dunkel Samuel       | 80  | Bern            | Floorball Köniz      | <b>52:15</b> | +18:56 | 4:58   | 318     | M40: 30.  |
| 107. | Schürch Mathias     | 87  | Steffisburg     | FC silea             | <b>52:16</b> | +18:57 | 4:58   | 573     | M30: 29.  |
| 108. | Schneider Cyrill    | 73  | Stettlen        |                      | <b>52:16</b> | +18:57 | 4:58   | 559     | M40: 31.  |
| 109. | Gasser David        | 77  | Lyss            |                      | <b>52:22</b> | +19:03 | 4:59   | 348     | M40: 32.  |
| 110. | Moser Martin        | 74  | Liebefeld       |                      | <b>52:30</b> | +19:11 | 4:59   | 1188    | M40: 33.  |
| 111. | Minder Michel       | 75  | Ormalingen      |                      | <b>52:38</b> | +19:19 | 5:00   | 1202    | M40: 34.  |
| 112. | Felder Hans         | 48  | Kriens          |                      | <b>52:43</b> | +19:24 | 5:01   | 333     | M70: 1.   |
| 113. | Vogt Michael        | 86  | Bern            |                      | <b>52:45</b> | +19:26 | 5:01   | 1014    | M30: 30.  |
| 114. | Buser Marc          | 87  | Bern            | LCA Bärn             | <b>52:46</b> | +19:27 | 5:01   | 295     | M30: 31.  |
| 115. | Martens Christian   | 85  | Gwatt (Thun)    | swiss-german-club.ch | <b>52:50</b> | +19:31 | 5:01   | 1230    | M30: 32.  |
| 116. | Stettler Andre      | 74  | Eggiwil         | Crazy Velo Shop      | <b>53:05</b> | +19:46 | 5:03   | 599     | M40: 35.  |
| 117. | Uribe Antonio       | 72  | Reinach BL      |                      | <b>53:06</b> | +19:47 | 5:03   | 1184    | M50: 17.  |
| 118. | Schneider Hugo      | 66  | Hilterfingen    | All Blacks Thun      | <b>53:13</b> | +19:54 | 5:04   | 1006    | M50: 18.  |
| 119. | Stettler Marco      | 83  | Schüpfen        | LG houseofcards.ch   | <b>53:24</b> | +20:05 | 5:05   | 1282    | M30: 33.  |
| 120. | Stritt Karl         | 50  | Tafers          | LAT SENSE/Smrun      | <b>53:27</b> | +20:08 | 5:05   | 1154    | M70: 2.   |
| 121. | Obrecht Matthias    | 76  | Aarau           |                      | <b>53:30</b> | +20:11 | 5:05   | 493     | M40: 36.  |
| 122. | Burren Stefan       | 73  | Schwarzenburg   |                      | <b>53:32</b> | +20:13 | 5:05   | 1376    | M40: 37.  |
| 123. | Wälty Patrick       | 67  | Zürich          | freizeitsportler.ch  | <b>53:33</b> | +20:14 | 5:05   | 638     | M50: 19.  |
| 124. | Ramseier Christoph  | 86  | Wohlen bei Bern |                      | <b>53:43</b> | +20:24 | 5:06   | 1356    | M30: 34.  |
| 125. | Waelti Albert       | 69  | Wohlen b. Bern  |                      | <b>53:54</b> | +20:35 | 5:07   | 1310    | M50: 20.  |
| 126. | Zillig Stefan       | 80  | Bern            | Skyrunners Bern      | <b>54:01</b> | +20:42 | 5:08   | 1206    | M40: 38.  |
| 127. | Deruelle Loïc       | 84  | Belp            | Skyrunners Bern      | <b>54:01</b> | +20:42 | 5:08   | 1280    | M30: 35.  |
| 128. | Peyer Fabio         | 95  | Boll            |                      | <b>54:13</b> | +20:54 | 5:09   | 507     | M20: 23.  |
| 129. | Häusler Orvil       | 76  | Bern            |                      | <b>54:18</b> | +20:59 | 5:10   | 1349    | M40: 39.  |
| 130. | Zbinden Peter       | 59  | Spiez           | Lauftreff Spiez      | <b>54:28</b> | +21:09 | 5:11   | 667     | M60: 10.  |
| 131. | Von Allmen Simon    | 79  | Bern            |                      | <b>54:36</b> | +21:17 | 5:11   | 626     | M40: 40.  |
| 132. | Siegenthaler Rowan  | 89  | Muri b. Bern    |                      | <b>54:42</b> | +21:23 | 5:12   | 1175    | M30: 36.  |
| 133. | Lyhme Lars          | 77  | Liebefeld       |                      | <b>54:49</b> | +21:30 | 5:13   | 461     | M40: 41.  |
| 134. | Pivovarov Leonid    | 65  | Egg bei Zürich  | PIVOs                | <b>54:59</b> | +21:40 | 5:14   | 509     | M50: 21.  |
| 135. | Stern Michael       | 95  | Jaberg          |                      | <b>55:01</b> | +21:42 | 5:14   | 598     | M20: 24.  |
| 136. | Schibli Armin       | 46  | Steg VS         |                      | <b>55:07</b> | +21:48 | 5:14   | 1237    | M70: 3.   |
| 137. | Baumgartner Andreas | 74  | Bern            | STB                  | <b>55:11</b> | +21:52 | 5:15   | 1181    | M40: 42.  |
| 138. | Steiner Heinz       | 57  | Kandersteg      | Lauftreff Spiez      | <b>55:20</b> | +22:01 | 5:16   | 595     | M60: 11.  |
| 139. | Teofilovic Nenad    | 82  | Rheinfelden     |                      | <b>55:23</b> | +22:04 | 5:16   | 1369    | M40: 43.  |
| 140. | Nyffenegger Lorenz  | 63  | Burgdorf        |                      | <b>55:46</b> | +22:27 | 5:18   | 119     | M50: 22.  |
| 141. | Grünig Peter        | 55  | Riggisberg      |                      | <b>55:51</b> | +22:32 | 5:19   | 1223    | M60: 12.  |
| 142. | Kilchenmann Michael | 62  | Münsingen       |                      | <b>56:02</b> | +22:43 | 5:20   | 1151    | M60: 13.  |
| 143. | Rickli Eric         | 62  | Fribourg        |                      | <b>56:11</b> | +22:52 | 5:21   | 1198    | M60: 14.  |
| 144. | Herde Othmar        | 57  | Münchenbuchsee  |                      | <b>56:13</b> | +22:54 | 5:21   | 1161    | M60: 15.  |
| 145. | Hinnen Mark         | 78  | Bern            | Hinnens              | <b>56:36</b> | +23:17 | 5:23   | 1249    | M40: 44.  |
| 146. | Berger André        | 72  | Kirchdorf BE    | STB                  | <b>56:36</b> | +23:17 | 5:23   | 1271    | M50: 23.  |
| 147. | Prager Mathias      | 80  | Liebefeld       |                      | <b>56:40</b> | +23:21 | 5:23   | 510     | M40: 45.  |
| 148. | Zimmermann Patrick  | 80  | Kehrsatz        |                      | <b>56:43</b> | +23:24 | 5:24   | 669     | M40: 46.  |
| 149. | Schärf Philipp      | 82  | Burgdorf        | TV Ramlinsburg       | <b>56:53</b> | +23:34 | 5:24   | 1321    | M40: 47.  |
| 150. | Graf Jürg           | 79  | Bern            |                      | <b>57:32</b> | +24:13 | 5:28   | 365     | M40: 48.  |

# Steinhölzlilauflauf 2022

results

## Overall Hauptlauf Männer

| rank | name                   | yob | city              | club                | time           | diff   | min/km | racenum | age group |
|------|------------------------|-----|-------------------|---------------------|----------------|--------|--------|---------|-----------|
| 151. | Stump Martin           | 61  | Steffisburg       |                     | <b>57:55</b>   | +24:36 | 5:30   | 609     | M60: 16.  |
| 152. | Anderegg Marco         | 89  | Uettligen         |                     | <b>57:55</b>   | +24:36 | 5:30   | 1346    | M30: 37.  |
| 153. | Boss Robin             | 94  | Belp              |                     | <b>58:00</b>   | +24:41 | 5:31   | 279     | M20: 25.  |
| 154. | Folly Olivier          | 68  | Marly             |                     | <b>58:08</b>   | +24:49 | 5:32   | 1153    | M50: 24.  |
| 155. | Marti Christoph        | 77  | Schliern b. Köniz |                     | <b>58:40</b>   | +25:21 | 5:35   | 469     | M40: 49.  |
| 156. | Chheng Rithy           | 80  | Bern              |                     | <b>58:42</b>   | +25:23 | 5:35   | 305     | M40: 50.  |
| 157. | Bienz Peter            | 50  | Kehrsatz          | Aare-Runners        | <b>58:53</b>   | +25:34 | 5:36   | 1297    | M70: 4.   |
| 158. | Sablone Gregorio       | 37  | Zürich            | smrun               | <b>59:04</b>   | +25:45 | 5:37   | 536     | M70: 5.   |
| 159. | Seiler Hansruedi       | 53  | Ittigen           |                     | <b>59:12</b>   | +25:53 | 5:38   | 1217    | M60: 17.  |
| 160. | Rudeck Stefan          | 63  | Bern              | STB running         | <b>59:19</b>   | +26:00 | 5:38   | 1300    | M50: 25.  |
| 161. | Geissbühler Daniel     | 63  | Liebefeld         |                     | <b>59:23</b>   | +26:04 | 5:39   | 1001    | M50: 26.  |
| 162. | Allemand Dominic       | 82  | Kirchlindach      |                     | <b>59:57</b>   | +26:38 | 5:42   | 1326    | M40: 51.  |
| 163. | von Gunten Hans        | 44  | Thun              | Laufftreff Thun     | <b>1:00:04</b> | +26:45 | 5:43   | 1213    | M70: 6.   |
| 164. | Amstutz Martin         | 61  | Noflen            | STB / 9             | <b>1:00:25</b> | +27:06 | 5:45   | 1005    | M60: 18.  |
| 165. | Leuenberger André      | 55  | Aarwangen         | LG Niederbipp       | <b>1:01:45</b> | +28:26 | 5:52   | 1157    | M60: 19.  |
| 166. | Stadelmann Marc        | 76  | Neuenegg          |                     | <b>1:02:43</b> | +29:24 | 5:58   | 586     | M40: 52.  |
| 167. | Janz Christoph         | 79  | Dornach           |                     | <b>1:02:53</b> | +29:34 | 5:59   | 117     | M40: 53.  |
| 168. | De Bastiani Maurizio   | 58  | Langenthal        |                     | <b>1:03:43</b> | +30:24 | 6:04   | 313     | M60: 20.  |
| 169. | Flury Alois            | 66  | Einsiedeln        | LC Uster            | <b>1:04:30</b> | +31:11 | 6:08   | 339     | M50: 27.  |
| 170. | Bouvard Röschi         | 66  | Liebefeld         |                     | <b>1:04:51</b> | +31:32 | 6:10   | 282     | M50: 28.  |
| 171. | Klippl Gerald          | 63  | Thörishaus        |                     | <b>1:04:51</b> | +31:32 | 6:10   | 1330    | M50: 29.  |
| 172. | Grieb Marius           | 83  | Bern              |                     | <b>1:05:20</b> | +32:01 | 6:13   | 1199    | M30: 38.  |
| 173. | Ryter Marc             | 74  | Heimberg          |                     | <b>1:06:25</b> | +33:06 | 6:19   | 535     | M40: 54.  |
| 174. | Rafik Abdel            | 66  | Muri b. Bern      |                     | <b>1:06:47</b> | +33:28 | 6:21   | 516     | M50: 30.  |
| 175. | Schaffer Christoph     | 84  | Stettlen          |                     | <b>1:06:49</b> | +33:30 | 6:21   | 539     | M30: 39.  |
| 176. | Felder Daniel          | 76  | Kriens            |                     | <b>1:06:56</b> | +33:37 | 6:22   | 332     | M40: 55.  |
| 177. | Gonzalez Christian     | 88  | Zurich            |                     | <b>1:07:29</b> | +34:10 | 6:25   | 109     | M30: 40.  |
| 178. | Dumartheray Vasco      | 58  | Bern              |                     | <b>1:08:08</b> | +34:49 | 6:29   | 317     | M60: 21.  |
| 179. | Scholl Hans            | 46  | Uetendorf         | LSV Uetendorf       | <b>1:08:15</b> | +34:56 | 6:29   | 565     | M70: 7.   |
| 180. | Triantafillou Christos | 68  | Bern              |                     | <b>1:08:30</b> | +35:11 | 6:31   | 1229    | M50: 31.  |
| 181. | Ullmann Urs            | 57  | St. Niklausen     | freizeitsportler.ch | <b>1:09:30</b> | +36:11 | 6:37   | 618     | M60: 22.  |
| 182. | Heimo Raphael          | 80  | Münsingen         | arcowo Runners      | <b>1:09:38</b> | +36:19 | 6:37   | 383     | M40: 56.  |
| 183. | Eremia Radu            | 65  | Crans-Montana     |                     | <b>1:10:44</b> | +37:25 | 6:44   | 1124    | M50: 32.  |
| 184. | Studhalter Franz       | 44  | Oberwil BL        |                     | <b>1:12:42</b> | +39:23 | 6:55   | 608     | M70: 8.   |
| 185. | Schütz Reinhart        | 69  | Rothenthurm       | LC Uster            | <b>1:14:43</b> | +41:24 | 7:06   | 574     | M50: 33.  |
| 186. | Nivola Gianpaolo       | 66  | Luzern            | smrun               | <b>1:14:57</b> | +41:38 | 7:08   | 490     | M50: 34.  |

### Runde 1

|      |                  |    |        |                   |              |       |      |     |         |
|------|------------------|----|--------|-------------------|--------------|-------|------|-----|---------|
| 187. | Andrist Bernhard | 46 | Zürich | smrun, running.li | <b>20:46</b> | +9:27 | 5:55 | 236 | M70: 9. |
|------|------------------|----|--------|-------------------|--------------|-------|------|-----|---------|

### DNS

|                      |    |               |                |  |  |  |  |     |     |
|----------------------|----|---------------|----------------|--|--|--|--|-----|-----|
| Bärtschi David Chuan | 97 | Pieterlen     | JUSO           |  |  |  |  | 243 | M20 |
| Baumann Bernhard     | 76 | Oberdiessbach | Allblacks Thun |  |  |  |  | 245 | M40 |
| Bill Walter          | 58 | Ueberstorf    |                |  |  |  |  | 268 | M60 |
| Cambi Aroldo         | 68 | Worblaufen    |                |  |  |  |  | 299 | M50 |
| Camenisch Christoph  | 75 | Bremgarten    |                |  |  |  |  | 301 | M40 |
| Driever Wout         | 89 | Schwarzenburg |                |  |  |  |  | 316 | M30 |
| Friedli Thomas Karl  | 67 | Belp          |                |  |  |  |  | 343 | M50 |
| Herde Bernhard       | 51 | Burgdorf      | SAC Burgdorf   |  |  |  |  | 384 | M70 |
| Jordi Mathias        | 84 | Stettlen      | TV Stettlen    |  |  |  |  | 415 | M30 |

# Steinhölzlilauflauf 2022

results

## Overall Hauptlauf Männer

| rank | name               | yob | city           | club               | time | diff | min/km | racenum | age group |
|------|--------------------|-----|----------------|--------------------|------|------|--------|---------|-----------|
| DNS  |                    |     |                |                    |      |      |        |         |           |
|      | Nussbaumer Noah    | 98  | Meyriez        |                    |      |      |        | 491     | M20       |
|      | Oesterling Matti   | 09  | Gümligen       |                    |      |      |        | 494     | JugA      |
|      | Peter Marco        | 83  | Ittigen        | Securiton AG       |      |      |        | 500     | M30       |
|      | Stauber Fabian     | 85  | Wettingen      | Tempo sport        |      |      |        | 590     | M30       |
|      | Staudenmann Adrian | 83  | Uttigen        | LSV Uetendorf      |      |      |        | 591     | M30       |
|      | Sutter Lukas       | 86  | Bern           |                    |      |      |        | 611     | M30       |
|      | Zeller Martin      | 66  | Aegerten       | Smrun              |      |      |        | 668     | M50       |
|      | Zryd Yannick       | 91  | Bern           |                    |      |      |        | 673     | M30       |
|      | Herzog Helmut      | 49  | Müllheim       |                    |      |      |        | 1041    | M70       |
|      | Schneider Florian  | 93  | Wattenwil      | IL Tyrving         |      |      |        | 1155    | M20       |
|      | Räz Simon          | 86  | Bern           |                    |      |      |        | 1166    | M30       |
|      | Ribeiro Albino     | 68  | Thun           | Lauftreff thun     |      |      |        | 1170    | M50       |
|      | Peter Markus       | 84  | Steffisburg    | LV Thun            |      |      |        | 1172    | M30       |
|      | Hutterer Beat      | 83  | Nidau          | CoffeeFirst        |      |      |        | 1173    | M30       |
|      | Roppo Pekka        | 83  | Klettgau       | Kosken Kuohu (FIN) |      |      |        | 1239    | M30       |
|      | Schärz Daniel      | 72  | Gwatt          |                    |      |      |        | 1289    | M50       |
|      | Wenger Hermann     | 61  | Schliern-Köniz | OLG Bern           |      |      |        | 1345    | M60       |

#213 participants