

# Rangliste Atzmännig nach WOD

## Rock'n'Run Runner Cross Team



| Team<br>Name              | Rankings     |               | WOD1 |           | WOD2 |              | Run (4 fach) |            |
|---------------------------|--------------|---------------|------|-----------|------|--------------|--------------|------------|
|                           | Overall Rank | Current Total | Rank | Score (m) | Rank | Score (Reps) | Rank         | Total Time |
| CrossFit Wetzikon 2       | 1            | 12            | 5    | 547       | 3    | 140          | 1            |            |
| FANTASTIC 4               | 3            | 27            | 15   | 384       | 4    | 120          | 2            |            |
| Balboa Move               | 2            | 25            | 11   | 430       | 2    | 146          | 3            |            |
| Angry Dragons             | 4            | 30            | 2    | 628       | 12   | 94           | 4            |            |
| Suicide Squat             | 5            | 32            | 3    | 557       | 9    | 97           | 5            |            |
| Laufenodergelaufenwerden  | 9            | 55            | 24   | -13       | 7    | 99           | 6            |            |
| Ürschwyzer Bärgeissä      | 11           | 61            | 18   | 350       | 15   | 87           | 7            |            |
| CrossFit ZUG KINDER       | 7            | 52            | 1    | 650       | 19   | 75           | 8            |            |
| max crossers              | 6            | 46            | 9    | 455       | 1    | 162          | 9            |            |
| CrossFit Luzern           | 10           | 59            | 14   | 398       | 5    | 100          | 10           |            |
| Dirty Sanches             | 8            | 53            | 4    | 555       | 5    | 100          | 11           |            |
| Inglorious Heroes         | 12           | 73            | 8    | 463       | 17   | 81           | 12           |            |
| Hantelfänger              | 13           | 74            | 12   | 419       | 10   | 95           | 13           |            |
| Prison-Crossers           | 16           | 98            | 23   | 55        | 19   | 75           | 14           |            |
| Stop drop and Squat       | 14           | 95            | 21   | 286       | 14   | 88           | 15           |            |
| eis hämmer no immer gno   | 21           | 114           | 25   | -50       | 25   | 0            | 16           |            |
| well come Fit             | 15           | 96            | 16   | 367       | 12   | 94           | 17           |            |
| City Circle Solothurn     | 18           | 109           | 19   | 326       | 18   | 80           | 18           |            |
| Chalk Monkeys             | 18           | 109           | 17   | 352       | 16   | 85           | 19           |            |
| CrossFit Old Factory      | 21           | 114           | 13   | 412       | 21   | 70           | 20           |            |
| Steelhammer               | 17           | 104           | 10   | 448       | 10   | 95           | 21           |            |
| The Cross Hitters         | 23           | 117           | 6    | 505       | 23   | 54           | 22           |            |
| Just Do It!               | 24           | 138           | 22   | 82        | 24   | 50           | 23           |            |
| More Rockers than Runners | 20           | 111           | 7    | 465       | 8    | 98           | 24           |            |
| wunderland                | 25           | 140           | 19   | 326       | 21   | 70           | 25           |            |