

# Forchlauf 2022

résultats

## 7.4 Kilometer Männer

| rang | nom                  | an | lieu         | temps        | écart  | min/km | dossard | catégorie         |
|------|----------------------|----|--------------|--------------|--------|--------|---------|-------------------|
| 1.   | Gebru Semere         | 86 | Zürich       | <b>26:48</b> | --     | 3:37   | 802     | M35: 1.           |
| 2.   | Debesay Biniam       | 89 | Zürich       | <b>27:11</b> | +23    | 3:40   | 801     | M30: 1.           |
| 3.   | Köhle Martin         | 03 | Stäfa        | <b>27:23</b> | +35    | 3:41   | 482     | M20: 1.           |
| 4.   | Messerli Jan         | 91 | Zürich       | <b>27:41</b> | +53    | 3:44   | 151     | M30: 2.           |
| 5.   | Rosser Martin        | 70 |              | <b>27:47</b> | +59    | 3:45   | 145     | M50: 1.           |
| 6.   | Wehrli Daniel        | 97 | Zürich       | <b>29:23</b> | +2:35  | 3:58   | 977     | M20: 2.           |
| 7.   | Payer Gil            | 06 | Uerikon      | <b>29:24</b> | +2:36  | 3:58   | 768     | SchülerInnen: 1.  |
| 8.   | Jeger Clemens        | 94 | Zürich       | <b>30:17</b> | +3:29  | 4:05   | 444     | M20: 3.           |
| 9.   | Deleze Lucien        | 06 | Erlenbach    | <b>30:31</b> | +3:43  | 4:07   | 723     | SchülerInnen: 2.  |
| 10.  | Schnorf Luca         | 05 | Männedorf    | <b>30:37</b> | +3:49  | 4:08   | 775     | SchülerInnen: 3.  |
| 11.  | Kellerhals Jan       | 81 |              | <b>31:27</b> | +4:39  | 4:14   | 131     | M40: 1.           |
| 12.  | Asmerom Tekelemariam | 83 | Glattbrugg   | <b>31:39</b> | +4:51  | 4:16   | 800     | M35: 2.           |
| 13.  | Zeihler Michael      | 82 |              | <b>31:53</b> | +5:05  | 4:18   | 160     | M40: 2.           |
| 14.  | Frei Vivian          | 88 |              | <b>31:53</b> | +5:05  | 4:18   | 117     | M30: 3.           |
| 15.  | Endignoux Guillaume  | 93 | Zürich       | <b>31:58</b> | +5:10  | 4:19   | 313     | M20: 4.           |
| 16.  | Brüschweiler Mathias | 61 | Zollikon     | <b>32:17</b> | +5:29  | 4:21   | 247     | M60: 1.           |
| 17.  | Fiebig Martin        | 94 | Zürich       | <b>32:20</b> | +5:32  | 4:22   | 850     | M20: 5.           |
| 18.  | Schmid Philipp       | 81 | Neftenbach   | <b>33:17</b> | +6:29  | 4:29   | 207     | M40: 3.           |
| 19.  | Christen Ramon       | 97 |              | <b>33:20</b> | +6:32  | 4:30   | 111     | M20: 6.           |
| 20.  | Wüthrich Otto        | 66 |              | <b>33:33</b> | +6:45  | 4:32   | 159     | M55: 1.           |
| 21.  | Adnams Pascal        | 88 |              | <b>33:39</b> | +6:51  | 4:32   | 101     | M30: 4.           |
| 22.  | Hüsser Bastian       | 92 | Wohlen AG    | <b>33:50</b> | +7:02  | 4:34   | 438     | M30: 5.           |
| 23.  | Förster Joachim      | 92 | Zürich       | <b>33:55</b> | +7:07  | 4:34   | 335     | M30: 6.           |
| 24.  | Leung Xavier         | 96 | Schindellegi | <b>33:59</b> | +7:11  | 4:35   | 504     | M20: 7.           |
| 25.  | Frei Adrian          | 67 | Zürich       | <b>34:03</b> | +7:15  | 4:35   | 338     | M55: 2.           |
| 26.  | Angelil Oliver       | 86 | Thalwil      | <b>34:07</b> | +7:19  | 4:36   | 173     | M35: 3.           |
| 27.  | Meier Romano         | 05 | Küsnacht ZH  | <b>34:20</b> | +7:32  | 4:38   | 541     | SchülerInnen: 8.  |
| 28.  | Toggweiler Michael   | 78 |              | <b>34:27</b> | +7:39  | 4:39   | 155     | M40: 4.           |
| 29.  | Christoffel Aron     | 94 |              | <b>34:30</b> | +7:42  | 4:39   | 113     | M20: 8.           |
| 30.  | Hagen Alon           | 06 |              | <b>34:38</b> | +7:50  | 4:40   | 739     | SchülerInnen: 9.  |
| 31.  | Meier-Pfister Martin | 68 | Küsnacht ZH  | <b>34:41</b> | +7:53  | 4:41   | 542     | M50: 2.           |
| 32.  | Rée Melvin           | 05 | Uerikon      | <b>34:42</b> | +7:54  | 4:41   | 771     | SchülerInnen: 10. |
| 33.  | Garcia Alexander     | 92 | Zürich       | <b>34:47</b> | +7:59  | 4:41   | 700     | M30: 7.           |
| 34.  | Kieliger Stefan      | 87 | Altdorf      | <b>34:49</b> | +8:01  | 4:42   | 473     | M35: 4.           |
| 35.  | Stiffler Livio       | 04 | Erlenbach ZH | <b>34:58</b> | +8:10  | 4:43   | 779     | SchülerInnen: 11. |
| 36.  | Knöpfler Tobias      | 76 |              | <b>34:59</b> | +8:11  | 4:43   | 132     | M45: 1.           |
| 37.  | Gautschi Georg       | 85 |              | <b>35:16</b> | +8:28  | 4:45   | 118     | M35: 5.           |
| 38.  | Henguely Patrick     | 79 |              | <b>35:18</b> | +8:30  | 4:46   | 121     | M40: 5.           |
| 39.  | Baron Harald         | 71 | Zürich       | <b>35:25</b> | +8:37  | 4:47   | 187     | M50: 3.           |
| 40.  | Gaehwiler Christian  | 05 | Zumikon      | <b>35:33</b> | +8:45  | 4:48   | 735     | SchülerInnen: 12. |
| 41.  | Lohberger Nemo       | 83 | Zürich       | <b>35:48</b> | +9:00  | 4:50   | 701     | M35: 6.           |
| 42.  | Bischof Lorenz       | 97 | Zürich       | <b>36:08</b> | +9:20  | 4:52   | 212     | M20: 9.           |
| 43.  | Rieger Pit           | 95 | Zürich       | <b>36:09</b> | +9:21  | 4:53   | 620     | M20: 10.          |
| 44.  | Odok Sinan           | 64 | Zürich       | <b>36:18</b> | +9:30  | 4:54   | 581     | M55: 3.           |
| 45.  | Zeller Melvin        | 04 |              | <b>36:23</b> | +9:35  | 4:54   | 797     | SchülerInnen: 15. |
| 46.  | Wäspi Daniel         | 86 |              | <b>36:31</b> | +9:43  | 4:55   | 157     | M35: 7.           |
| 47.  | Runzo Zach           | 91 | Zürich       | <b>36:41</b> | +9:53  | 4:57   | 635     | M30: 8.           |
| 48.  | Hain Raphael         | 91 | Baden        | <b>36:42</b> | +9:54  | 4:57   | 831     | M30: 9.           |
| 49.  | Bischof Michael      | 69 | Zürich       | <b>36:45</b> | +9:57  | 4:57   | 213     | M50: 4.           |
| 50.  | Meier Oliver         | 92 |              | <b>36:49</b> | +10:01 | 4:58   | 137     | M30: 10.          |

# Forchlauf 2022

résultats

## 7.4 Kilometer Männer

| rang | nom                | an | lieu             | temps        | écart  | min/km | dossard | catégorie         |
|------|--------------------|----|------------------|--------------|--------|--------|---------|-------------------|
| 51.  | Christen Thomas    | 95 |                  | <b>37:01</b> | +10:13 | 5:00   | 112     | M20: 11.          |
| 52.  | Hodzic Deni        | 99 | Zürich           | <b>37:06</b> | +10:18 | 5:00   | 746     | M20: 12.          |
| 53.  | Löhlein Linus      | 93 | Winterthur       | <b>37:11</b> | +10:23 | 5:01   | 512     | M20: 13.          |
| 54.  | Schnetzer Joel     | 07 | Stäfa            | <b>37:12</b> | +10:24 | 5:01   | 673     | SchülerInnen: 19. |
| 55.  | Hofmann Daniel     | 70 |                  | <b>37:25</b> | +10:37 | 5:03   | 123     | M50: 5.           |
| 56.  | Buchwald Noah      | 98 | Bülach           | <b>37:25</b> | +10:37 | 5:03   | 252     | M20: 14.          |
| 57.  | Wirz Paul          | 66 | Zürich           | <b>37:27</b> | +10:39 | 5:03   | 987     | M55: 4.           |
| 58.  | Stangl Patrick     | 76 |                  | <b>37:39</b> | +10:51 | 5:05   | 152     | M45: 2.           |
| 59.  | Voney Fabian       | 88 |                  | <b>37:44</b> | +10:56 | 5:05   | 156     | M30: 11.          |
| 60.  | Kasap Orkun        | 85 | Zürich           | <b>37:46</b> | +10:58 | 5:06   | 461     | M35: 8.           |
| 61.  | Müller Robin       | 83 | Zürich           | <b>37:55</b> | +11:07 | 5:07   | 564     | M35: 9.           |
| 62.  | Bigler Stefan      | 92 | Zürich           | <b>38:11</b> | +11:23 | 5:09   | 208     | M30: 12.          |
| 63.  | Bartholet Thomas   | 62 |                  | <b>38:11</b> | +11:23 | 5:09   | 104     | M60: 2.           |
| 64.  | Constam Thomas     | 79 |                  | <b>38:20</b> | +11:32 | 5:10   | 114     | M40: 6.           |
| 65.  | Sieber Dominik     | 88 |                  | <b>38:25</b> | +11:37 | 5:11   | 150     | M30: 13.          |
| 66.  | Muhika Peter       | 67 |                  | <b>38:40</b> | +11:52 | 5:13   | 139     | M55: 5.           |
| 67.  | Schnüriger Marco   | 92 | Küsnacht         | <b>38:42</b> | +11:54 | 5:13   | 674     | M30: 14.          |
| 68.  | Ludwig Hannes      | 92 | Zürich           | <b>38:55</b> | +12:07 | 5:15   | 514     | M30: 15.          |
| 69.  | Haferkamp Lukas    | 89 | Zürich           | <b>39:02</b> | +12:14 | 5:16   | 833     | M30: 16.          |
| 70.  | Mennel Nicolas     | 97 | Volketswil       | <b>39:03</b> | +12:15 | 5:16   | 547     | M20: 15.          |
| 71.  | Ebner Simon        | 89 | Zürich           | <b>39:03</b> | +12:15 | 5:16   | 832     | M30: 17.          |
| 72.  | Herren Martin      | 82 | Uster            | <b>39:11</b> | +12:23 | 5:17   | 410     | M40: 7.           |
| 73.  | Kamp Kimon         | 05 | Meilen           | <b>39:14</b> | +12:26 | 5:18   | 752     | SchülerInnen: 23. |
| 74.  | Kieser Röne        | 61 | Nänikon          | <b>39:16</b> | +12:28 | 5:18   | 474     | M60: 3.           |
| 75.  | Schärer Marco      | 82 |                  | <b>39:17</b> | +12:29 | 5:18   | 147     | M40: 8.           |
| 76.  | Bucher Michael     | 90 |                  | <b>39:19</b> | +12:31 | 5:18   | 109     | M30: 18.          |
| 77.  | Lampart Remo       | 66 |                  | <b>39:20</b> | +12:32 | 5:18   | 134     | M55: 6.           |
| 78.  | Fux Michael        | 91 | Zürich           | <b>39:53</b> | +13:05 | 5:23   | 349     | M30: 19.          |
| 79.  | Rasla Davide       | 94 | Zürich           | <b>40:09</b> | +13:21 | 5:25   | 604     | M20: 16.          |
| 80.  | Schaniel Ronnie    | 91 | Zürich           | <b>40:10</b> | +13:22 | 5:25   | 657     | M30: 20.          |
| 81.  | Bärtschi Sandro    | 79 |                  | <b>40:12</b> | +13:24 | 5:25   | 105     | M40: 9.           |
| 82.  | Sutter Andreas     | 79 |                  | <b>40:18</b> | +13:30 | 5:26   | 153     | M40: 10.          |
| 83.  | Wolfensperger Andy | 72 | Nänikon          | <b>40:20</b> | +13:32 | 5:26   | 991     | M50: 6.           |
| 84.  | Schmidlin Martin   | 63 | Nänikon          | <b>40:27</b> | +13:39 | 5:27   | 670     | M55: 7.           |
| 85.  | von Ballmoos Jörg  | 68 | Steg im Tösstal  | <b>40:29</b> | +13:41 | 5:28   | 862     | M50: 7.           |
| 86.  | Lutz Patrick       | 05 | Küsnacht ZH      | <b>40:35</b> | +13:47 | 5:28   | 518     | SchülerInnen: 25. |
| 87.  | Patak Nicolas      | 06 | Erlenbach ZH     | <b>40:46</b> | +13:58 | 5:30   | 767     | SchülerInnen: 26. |
| 88.  | Boner Noe          | 06 | Erlenbach ZH     | <b>40:46</b> | +13:58 | 5:30   | 709     | SchülerInnen: 27. |
| 89.  | Rüttimann Linus    | 91 | Zürich           | <b>40:56</b> | +14:08 | 5:31   | 851     | M30: 21.          |
| 90.  | Schellenbaum Nic   | 02 | Winterthur       | <b>40:58</b> | +14:10 | 5:32   | 659     | M20: 17.          |
| 91.  | Lang Yanick        | 95 | Zürich           | <b>41:10</b> | +14:22 | 5:33   | 493     | M20: 18.          |
| 92.  | Kämpf Thomas       | 78 |                  | <b>41:13</b> | +14:25 | 5:34   | 130     | M40: 11.          |
| 93.  | Marolf Valentin    | 75 | Rikon im Tösstal | <b>41:22</b> | +14:34 | 5:35   | 529     | M45: 3.           |
| 94.  | Schaller Manfred   | 58 | 8600 Dübendorf   | <b>41:24</b> | +14:36 | 5:35   | 656     | M60: 4.           |
| 95.  | Burri Allan        | 94 | Zürich           | <b>41:28</b> | +14:40 | 5:36   | 257     | M20: 19.          |
| 96.  | Fischer Cedric     | 90 | Schlieren        | <b>41:33</b> | +14:45 | 5:36   | 328     | M30: 22.          |
| 97.  | Gautschi Sebastian | 98 | Winkel           | <b>41:55</b> | +15:07 | 5:39   | 360     | M20: 20.          |
| 98.  | Schmid Aaron       | 06 |                  | <b>41:59</b> | +15:11 | 5:40   | 774     | SchülerInnen: 30. |
| 99.  | Lüthi Timon        | 94 | Solothurn        | <b>42:04</b> | +15:16 | 5:40   | 517     | M20: 21.          |
| 100. | Oyungerel Ermuun   | 94 | Binz             | <b>42:08</b> | +15:20 | 5:41   | 807     | M20: 22.          |

# Forchlauf 2022

## résultats

### 7.4 Kilometer Männer

| rang | nom                      | an | lieu               | temps          | écart  | min/km | dossard | catégorie         |
|------|--------------------------|----|--------------------|----------------|--------|--------|---------|-------------------|
| 101. | Auzannet Pierre Emmanuel | 95 |                    | <b>42:42</b>   | +15:54 | 5:46   | 103     | M20: 23.          |
| 102. | Eichholzer Reto          | 76 | Zürich             | <b>42:46</b>   | +15:58 | 5:46   | 307     | M45: 4.           |
| 103. | Matzinger Thomas         | 58 | Volketswil         | <b>43:00</b>   | +16:12 | 5:48   | 534     | M60: 5.           |
| 104. | Walter Thomas            | 04 | Herrliberg         | <b>43:12</b>   | +16:24 | 5:50   | 789     | SchülerInnen: 35. |
| 105. | Tanner Reto              | 66 |                    | <b>43:24</b>   | +16:36 | 5:51   | 154     | M55: 8.           |
| 106. | Pally Pirmin             | 74 |                    | <b>43:28</b>   | +16:40 | 5:52   | 142     | M45: 5.           |
| 107. | Lüthy Angelo             | 05 | Stäfa              | <b>43:40</b>   | +16:52 | 5:54   | 762     | SchülerInnen: 37. |
| 108. | Bircher Daniel           | 67 |                    | <b>43:41</b>   | +16:53 | 5:54   | 107     | M55: 9.           |
| 109. | Mashaal Maximilian       | 91 | Kloten             | <b>43:58</b>   | +17:10 | 5:56   | 533     | M30: 23.          |
| 110. | Huber Otto               | 04 | Meilen             | <b>44:17</b>   | +17:29 | 5:58   | 749     | SchülerInnen: 39. |
| 111. | Heller Georg             | 03 | Illnau             | <b>44:21</b>   | +17:33 | 5:59   | 404     | M20: 24.          |
| 112. | Smilyanov Georgi         | 87 | Zürich             | <b>44:21</b>   | +17:33 | 5:59   | 901     | M35: 10.          |
| 113. | Rupper Patrick           | 60 | Dübendorf          | <b>44:22</b>   | +17:34 | 5:59   | 636     | M60: 6.           |
| 114. | Bischof Harald           | 57 | Zürich             | <b>44:23</b>   | +17:35 | 5:59   | 211     | M65: 1.           |
| 115. | Sutter Patrick           | 83 | Zürich             | <b>44:24</b>   | +17:36 | 5:59   | 920     | M35: 11.          |
| 116. | Leuenberger André        | 55 | Aarwangen          | <b>44:33</b>   | +17:45 | 6:01   | 503     | M65: 2.           |
| 117. | Brügger Lukas            | 82 | Zürich             | <b>44:43</b>   | +17:55 | 6:02   | 243     | M40: 12.          |
| 118. | Geigele Fabian           | 92 |                    | <b>44:44</b>   | +17:56 | 6:02   | 119     | M30: 24.          |
| 119. | Kuster Andreas           | 88 |                    | <b>44:54</b>   | +18:06 | 6:04   | 133     | M30: 25.          |
| 120. | Schneider Martin         | 76 | Wädenswil          | <b>45:36</b>   | +18:48 | 6:09   | 671     | M45: 6.           |
| 121. | Kaspar Pius              | 06 | Horgen             | <b>45:36</b>   | +18:48 | 6:09   | 755     | SchülerInnen: 53. |
| 122. | Andrist Bernhard         | 46 | Zürich             | <b>45:42</b>   | +18:54 | 6:10   | 848     | M75: 1.           |
| 123. | Hagn Gerhard             | 71 | Bertschikon Gossau | <b>47:03</b>   | +20:15 | 6:21   | 388     | M50: 8.           |
| 124. | Hofer Stefan             | 92 |                    | <b>47:14</b>   | +20:26 | 6:22   | 122     | M30: 26.          |
| 125. | Rheinbay Maxim           | 93 | Zürich             | <b>47:21</b>   | +20:33 | 6:23   | 615     | M20: 25.          |
| 126. | Nashashibi Shadi         | 94 | Zürich             | <b>48:15</b>   | +21:27 | 6:31   | 570     | M20: 26.          |
| 127. | Lam Seyan                | 85 | Zürich             | <b>49:24</b>   | +22:36 | 6:40   | 492     | M35: 12.          |
| 128. | Fuchs Vincent            | 92 | Oberrohrdorf       | <b>50:16</b>   | +23:28 | 6:47   | 346     | M30: 27.          |
| 129. | Hautle Nicola            | 82 | Zürich             | <b>50:19</b>   | +23:31 | 6:47   | 395     | M40: 13.          |
| 130. | Chambon Philippe         | 67 | Gockhausen         | <b>50:52</b>   | +24:04 | 6:52   | 826     | M55: 10.          |
| 131. | Clénet Quentin           | 92 | Zürich             | <b>50:53</b>   | +24:05 | 6:52   | 272     | M30: 28.          |
| 132. | Jauch Michael            | 66 |                    | <b>51:01</b>   | +24:13 | 6:53   | 128     | M55: 11.          |
| 133. | Letonja Robert           | 92 |                    | <b>51:56</b>   | +25:08 | 7:01   | 136     | M30: 29.          |
| 134. | Mäder Yves               | 71 | Zürich             | <b>52:59</b>   | +26:11 | 7:09   | 855     | M50: 9.           |
| 135. | Denzler Finn             | 05 | Männedorf          | <b>53:51</b>   | +27:03 | 7:16   | 724     | SchülerInnen: 71. |
| 136. | Leckebusch Thomas        | 72 | Zürich 1 Sihlpost  | <b>53:59</b>   | +27:11 | 7:17   | 497     | M50: 10.          |
| 137. | Torp Philip              | 06 | Küsnacht ZH        | <b>54:15</b>   | +27:27 | 7:19   | 783     | SchülerInnen: 74. |
| 138. | Varamashvili Davit       | 93 | Tbilisi            | <b>55:23</b>   | +28:35 | 7:28   | 952     | M20: 27.          |
| 139. | Biechele Daniel          | 59 |                    | <b>55:31</b>   | +28:43 | 7:30   | 106     | M60: 7.           |
| 140. | Julita Anjan             | 04 | Uerikon            | <b>59:30</b>   | +32:42 | 8:02   | 751     | SchülerInnen: 86. |
| 141. | Bhattacharya Indranil    | 74 | Winterthur         | <b>1:00:35</b> | +33:47 | 8:11   | 205     | M45: 7.           |
| 142. | Kishore Ashok            | 60 | Pfaeffikon SZ      | <b>1:00:38</b> | +33:50 | 8:11   | 476     | M60: 8.           |
| 143. | Eigenmann Georges        | 64 |                    | <b>1:02:52</b> | +36:04 | 8:29   | 116     | M55: 12.          |
| 144. | Tschanz René             | 67 | Stäfa              | <b>1:24:12</b> | +57:24 | 11:22  | 784     | M55: 13.          |

#### DNS

|                   |    |           |  |  |  |  |     |     |
|-------------------|----|-----------|--|--|--|--|-----|-----|
| Hofstetter Patrik | 78 |           |  |  |  |  | 124 | M40 |
| Bütler Sandro     | 95 | Zürich    |  |  |  |  | 258 | M20 |
| Grandits Franz    | 58 | Männedorf |  |  |  |  | 375 | M60 |
| Heimer Jakob      | 89 | Zürich    |  |  |  |  | 399 | M30 |

# Forchlauf 2022

résultats

## 7.4 Kilometer Männer

| rang | nom                      | an | lieu          | temps | écart | min/km | dossard | catégorie    |
|------|--------------------------|----|---------------|-------|-------|--------|---------|--------------|
| DNS  |                          |    |               |       |       |        |         |              |
|      | Hussainkhil Hamza        | 04 | Oetwil am See |       |       |        | 437     | SchülerInnen |
|      | Odden Lee                | 56 | Otelfingen    |       |       |        | 580     | M65          |
|      | Pires Tiago              | 85 | Zurich        |       |       |        | 594     | M35          |
|      | Strasser Marlon          | 04 | Zollikon      |       |       |        | 780     | SchülerInnen |
|      | Haydari Abdul Ahmad      | 95 | Zürich        |       |       |        | 803     | M20          |
|      | Jiro Farhad              | 91 | Zürich        |       |       |        | 805     | M30          |
|      | Mbourou Benjamin Tamb... | 88 | Dübendorf     |       |       |        | 806     | M30          |

#155 participants