

# 37. Schweizer Frauenlauf 2023

results

## Running 5 km W40

| rank | name                      | yob | city               | Group/club             | time         | diff  | min/km | racenum | overall |
|------|---------------------------|-----|--------------------|------------------------|--------------|-------|--------|---------|---------|
| 1.   | Gamera Tetiana            | 83  | Ukraine            |                        | <b>17:53</b> | --    | 3:34   | 3       | 9.      |
| 2.   | Landtwing Vera Josephine  | 83  | Therwil            | LC Therwil             | <b>18:07</b> | +14   | 3:37   | 14      | 14.     |
| 3.   | Schwarz Andreina          | 82  | Uster              | LC Uster               | <b>18:37</b> | +44   | 3:43   | 21116   | 17.     |
| 4.   | Bayard-Stoffel Andrea     | 82  | Varen              |                        | <b>21:48</b> | +3:55 | 4:21   | 21152   | 53.     |
| 5.   | Kern Anja                 | 83  | Aarau              | Team Physio Sportiv    | <b>22:14</b> | +4:21 | 4:26   | 21069   | 61.     |
| 6.   | Steiner Nicole            | 82  | Gwatt (Thun)       |                        | <b>22:15</b> | +4:22 | 4:26   | 21122   | 62.     |
| 7.   | Gerber Tamara             | 83  | Worblaufen         | STB Leichtathletik     | <b>22:43</b> | +4:50 | 4:32   | 21038   | 76.     |
| 8.   | Frey Sabrina              | 79  | Oberwil BL         |                        | <b>22:54</b> | +5:01 | 4:34   | 21034   | 82.     |
| 9.   | Liechti-Odermatt Felicia  | 83  | Konolfingen        | All Blacks Thun        | <b>23:16</b> | +5:23 | 4:39   | 21080   | 93.     |
| 10.  | Oberson Karin             | 79  | Heitenried         |                        | <b>23:22</b> | +5:29 | 4:40   | 21094   | 97.     |
| 11.  | Lendi Claudia             | 82  | Wagen              |                        | <b>23:36</b> | +5:43 | 4:43   | 21079   | 104.    |
| 12.  | Blaser Anita              | 83  | Madiswil           | DTV Madiswil           | <b>24:21</b> | +6:28 | 4:52   | 24036   | 137.    |
| 13.  | Berger Tamara             | 79  | Konolfingen        |                        | <b>24:30</b> | +6:37 | 4:53   | 22018   | 145.    |
| 14.  | Eigenmann Isabel          | 83  | Uster              |                        | <b>25:01</b> | +7:08 | 5:00   | 4020    | 178.    |
| 15.  | Kilchhofer Katja          | 80  | Seftigen           |                        | <b>25:20</b> | +7:27 | 5:03   | 22059   | 198.    |
| 16.  | Raffaele Vanina           | 80  | Bôle               |                        | <b>25:23</b> | +7:30 | 5:04   | 22089   | 204.    |
| 17.  | Studer Martina            | 82  | Bern               |                        | <b>25:24</b> | +7:31 | 5:04   | 23226   | 205.    |
| 18.  | Küng Nicolette            | 82  | Bichelsee          |                        | <b>25:33</b> | +7:40 | 5:06   | 23130   | 217.    |
| 19.  | Vauthier Manon            | 81  | Bern               |                        | <b>25:39</b> | +7:46 | 5:07   | 22123   | 229.    |
| 20.  | Jans Lilian               | 79  | Bremgarten b. Bern | ol norska              | <b>25:47</b> | +7:54 | 5:09   | 21164   | 242.    |
| 21.  | Schäfer Romy              | 80  | Hellbühl           |                        | <b>25:51</b> | +7:58 | 5:10   | 22096   | 247.    |
| 22.  | Zahnd Gerau               | 83  | Morigen            |                        | <b>25:57</b> | +8:04 | 5:11   | 25209   | 252.    |
| 23.  | de Roche von Arx Mirjam   | 79  | Bern               |                        | <b>25:57</b> | +8:04 | 5:11   | 22031   | 254.    |
| 24.  | Mörgeli Andrea            | 82  | Hofstetten         |                        | <b>25:59</b> | +8:06 | 5:11   | 23154   | 257.    |
| 25.  | Egli Daniela              | 79  | Heimenschwand      | LLC Heimenschwand      | <b>26:06</b> | +8:13 | 5:13   | 26162   | 270.    |
| 26.  | Murer Astrid              | 82  | Hellbühl           |                        | <b>26:15</b> | +8:22 | 5:14   | 22077   | 290.    |
| 27.  | Mühlethaler Nicole        | 81  | Thierachern        |                        | <b>26:18</b> | +8:25 | 5:15   | 22176   | 294.    |
| 28.  | Eichenberger Stefanie     | 83  | Küttigen           |                        | <b>26:21</b> | +8:28 | 5:16   | 22035   | 297.    |
| 29.  | Spirig Corinne            | 83  | Zürich             |                        | <b>26:33</b> | +8:40 | 5:18   | 24240   | 316.    |
| 30.  | Meister Anna              | 79  | Herzogenbuchsee    |                        | <b>26:35</b> | +8:42 | 5:18   | 23150   | 318.    |
| 31.  | Gautschi Maja             | 80  | Beinwil am See     | Laufgruppe Fabrikch... | <b>26:37</b> | +8:44 | 5:19   | 22043   | 321.    |
| 32.  | Bucher Karin              | 79  | Gunzwil            | STV Beromünster        | <b>26:45</b> | +8:52 | 5:20   | 21023   | 333.    |
| 33.  | Sanchez Nina              | 81  | Unterseen          |                        | <b>26:49</b> | +8:56 | 5:21   | 21106   | 337.    |
| 34.  | Hess Cornelia             | 81  | Huttwil            |                        | <b>26:52</b> | +8:59 | 5:22   | 21053   | 344.    |
| 35.  | Borel Mélanie             | 79  | Epalinges          |                        | <b>26:53</b> | +9:00 | 5:22   | 22025   | 347.    |
| 36.  | Ammann Monika             | 79  | Burgdorf           | OL Regio Burgdorf      | <b>26:54</b> | +9:01 | 5:22   | 21009   | 350.    |
| 37.  | Steiner Alexandra         | 80  | Grossaffoltern     |                        | <b>26:56</b> | +9:03 | 5:23   | 22113   | 357.    |
| 38.  | Stucki Andrea             | 79  | Bowil              |                        | <b>26:57</b> | +9:04 | 5:23   | 22189   | 362.    |
| 39.  | Andina Bernasconi Eman... | 83  | Hinterkappelen     |                        | <b>26:57</b> | +9:04 | 5:23   | 22009   | 363.    |
| 40.  | Krähenbühl Sandra         | 82  | Huttwil            |                        | <b>26:59</b> | +9:06 | 5:23   | 23124   | 369.    |
| 41.  | Ruprecht Caroline         | 80  | Zimmerwald         |                        | <b>27:03</b> | +9:10 | 5:24   | 22179   | 372.    |
| 42.  | Portmann Nina             | 81  | Herrenschwanden    |                        | <b>27:06</b> | +9:13 | 5:25   | 23319   | 381.    |
| 43.  | Blum-Jehle Manuela        | 80  | Herzogenbuchsee    | Kanti Wettingen        | <b>27:07</b> | +9:14 | 5:25   | 23001   | 383.    |
| 44.  | Wegmüller Manuela         | 79  | Zäziwil            |                        | <b>27:08</b> | +9:15 | 5:25   | 22129   | 387.    |
| 45.  | Rütli Tanja               | 80  | Zürich             |                        | <b>27:20</b> | +9:27 | 5:27   | 25277   | 412.    |
| 46.  | Schiess Claudia           | 82  | Wil SG             | Cicor Group            | <b>27:21</b> | +9:28 | 5:28   | 26007   | 413.    |
| 47.  | Schädel Lisa              | 83  | Bern               |                        | <b>27:22</b> | +9:29 | 5:28   | 23192   | 420.    |
| 48.  | Stadler Martina           | 82  | Münsingen          |                        | <b>27:29</b> | +9:36 | 5:29   | 22112   | 443.    |
| 49.  | Flückiger Andrea          | 80  | Grosshöchstetten   |                        | <b>27:33</b> | +9:40 | 5:30   | 24078   | 451.    |
| 50.  | Stettler Brigitte         | 82  | Meiringen          | Laufgruppe Willigen... | <b>27:33</b> | +9:40 | 5:30   | 21123   | 452.    |

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| rank | name                       | yob | city            | Group/club             | time         | diff   | min/km | racenum | overall |
|------|----------------------------|-----|-----------------|------------------------|--------------|--------|--------|---------|---------|
| 51.  | Hänel-Wenker Christa       | 82  | Bern            |                        | <b>27:34</b> | +9:41  | 5:30   | 23280   | 458.    |
| 52.  | Gamper Lara                | 82  | Ennetbaden      |                        | <b>27:35</b> | +9:42  | 5:30   | 23087   | 459.    |
| 53.  | Frei Sonja                 | 79  | Erstfeld        |                        | <b>27:37</b> | +9:44  | 5:31   | 22039   | 469.    |
| 54.  | Villiger Andrea            | 79  | Zug             |                        | <b>27:41</b> | +9:48  | 5:32   | 23237   | 480.    |
| 55.  | Schönfelder Christa        | 82  | Zürich          | Kanti Wettingen        | <b>27:41</b> | +9:48  | 5:32   | 23004   | 482.    |
| 56.  | Kassraian Pegah            | 83  | Bern            |                        | <b>27:42</b> | +9:49  | 5:32   | 23295   | 485.    |
| 57.  | Flury Erika                | 80  | Rickenbach SO   |                        | <b>27:46</b> | +9:53  | 5:33   | 22038   | 493.    |
| 58.  | Vaterlaus Creus Rahel      | 79  | Liebefeld       | TV Köniz               | <b>27:49</b> | +9:56  | 5:33   | 24263   | 498.    |
| 59.  | Bably Romana               | 79  | Solothurn       |                        | <b>27:51</b> | +9:58  | 5:34   | 29041   | 506.    |
| 60.  | Niederberger Esther        | 79  | Wolfenschiessen | Wolfenschiesser Fra... | <b>27:51</b> | +9:58  | 5:34   | 25089   | 507.    |
| 61.  | Egli Ursula                | 83  | Unterlangenegg  | LLC Heimenschwand      | <b>27:53</b> | +10:00 | 5:34   | 26164   | 516.    |
| 62.  | Heizmann Beate             | 79  | Münchenstein    |                        | <b>27:54</b> | +10:01 | 5:34   | 23099   | 520.    |
| 63.  | Hernandez Lourdes          | 80  | Ostermundigen   |                        | <b>27:57</b> | +10:04 | 5:35   | 24117   | 529.    |
| 64.  | Löpfe Atieno               | 82  | Zürich          |                        | <b>27:58</b> | +10:05 | 5:35   | 25150   | 532.    |
| 65.  | Bessire Alexandra          | 83  | Neuendorf       |                        | <b>27:58</b> | +10:05 | 5:35   | 23257   | 534.    |
| 66.  | David Katrin               | 79  | Yvonand         |                        | <b>28:00</b> | +10:07 | 5:35   | 22030   | 542.    |
| 67.  | Kaufmann Petra             | 79  | Ibach           |                        | <b>28:16</b> | +10:23 | 5:39   | 23297   | 575.    |
| 68.  | Engels Ulrike              | 81  | Liestal         | Tc Muttenz             | <b>28:21</b> | +10:28 | 5:40   | 23266   | 594.    |
| 69.  | Klein Gwendolin            | 79  | Bottighofen     |                        | <b>28:31</b> | +10:38 | 5:42   | 24149   | 615.    |
| 70.  | Greuter Manuela            | 80  | Münchwilen TG   |                        | <b>28:31</b> | +10:38 | 5:42   | 24096   | 616.    |
| 71.  | Arnold Sonja               | 79  | Heimberg        | Sportklub Heimberg     | <b>28:33</b> | +10:40 | 5:42   | 23017   | 621.    |
| 72.  | Kohler Sandra              | 82  | Bern            |                        | <b>28:43</b> | +10:50 | 5:44   | 23121   | 659.    |
| 73.  | Hebeisen Fabienne          | 80  | Bern            |                        | <b>28:49</b> | +10:56 | 5:45   | 23098   | 678.    |
| 74.  | Bieri Helene               | 79  | Thun            |                        | <b>28:53</b> | +11:00 | 5:46   | 25096   | 696.    |
| 75.  | Held Natalie               | 82  | Uttwil          |                        | <b>28:56</b> | +11:03 | 5:47   | 24115   | 706.    |
| 76.  | Frauenfelder-Ruffet Noëlle | 79  | Seon            |                        | <b>28:58</b> | +11:05 | 5:47   | 23080   | 710.    |
| 77.  | Grau Crystal               | 83  | Savagnier       |                        | <b>29:00</b> | +11:07 | 5:47   | 23095   | 719.    |
| 78.  | Krähenbühl Daniela         | 80  | Trubschachen    |                        | <b>29:04</b> | +11:11 | 5:48   | 24156   | 735.    |
| 79.  | Schamaun Annaliese         | 81  | Jenins          |                        | <b>29:06</b> | +11:13 | 5:49   | 23193   | 738.    |
| 80.  | Jakob Sabrina              | 81  | Konolfingen     |                        | <b>29:06</b> | +11:13 | 5:49   | 23112   | 741.    |
| 81.  | Steiner Irene              | 79  | Jona            | Physio Steiner         | <b>29:07</b> | +11:14 | 5:49   | 23222   | 743.    |
| 82.  | Imoberdorf Sonja           | 81  | Spiez           |                        | <b>29:12</b> | +11:19 | 5:50   | 23106   | 759.    |
| 83.  | Ledergerber Sabine         | 82  | Muri b. Bern    |                        | <b>29:15</b> | +11:22 | 5:50   | 27262   | 770.    |
| 84.  | Inniger Katrin             | 83  | Heimberg        |                        | <b>29:17</b> | +11:24 | 5:51   | 26203   | 774.    |
| 85.  | Siegenthaler Barbara       | 81  | Bern            |                        | <b>29:18</b> | +11:25 | 5:51   | 23325   | 778.    |
| 86.  | Kämpfe Stefanie            | 82  | Gurmels         |                        | <b>29:20</b> | +11:27 | 5:51   | 24142   | 783.    |
| 87.  | von Felten Regine          | 80  | Riehen          |                        | <b>29:27</b> | +11:34 | 5:53   | 25198   | 801.    |
| 88.  | Stocker- Inderwildi Luzia  | 81  | Kleinwangen     | Turnverein Kleinwan... | <b>29:29</b> | +11:36 | 5:53   | 59419   | 811.    |
| 89.  | Vonrüti Franzetti Anja     | 82  | Wohlen b. Bern  |                        | <b>29:31</b> | +11:38 | 5:54   | 23332   | 815.    |
| 90.  | Müller Monika              | 79  | Bäriswil        |                        | <b>29:33</b> | +11:40 | 5:54   | 25164   | 821.    |
| 91.  | Pfister Esther             | 80  | Hauenstein      |                        | <b>29:35</b> | +11:42 | 5:54   | 26261   | 827.    |
| 92.  | Mader Andrea               | 79  | Unterentfelden  |                        | <b>29:36</b> | +11:43 | 5:55   | 24176   | 831.    |
| 93.  | Flükiger Christa           | 81  | Zollbrück       |                        | <b>29:38</b> | +11:45 | 5:55   | 25243   | 842.    |
| 94.  | Leuzinger Manuela          | 81  | Münsingen       |                        | <b>29:39</b> | +11:46 | 5:55   | 24169   | 846.    |
| 95.  | Regenscheit Selma          | 83  | Basel           |                        | <b>29:40</b> | +11:47 | 5:55   | 23177   | 855.    |
| 96.  | Schmid Carol               | 83  | Boll            |                        | <b>29:40</b> | +11:47 | 5:55   | 24224   | 856.    |
| 97.  | Steiger Radmila            | 80  | Meilen          |                        | <b>29:41</b> | +11:48 | 5:56   | 26301   | 859.    |
| 98.  | Christen Esther            | 83  | Bern            |                        | <b>29:41</b> | +11:48 | 5:56   | 24059   | 861.    |
| 99.  | Graf Daniela               | 79  | Salvenach       |                        | <b>29:42</b> | +11:49 | 5:56   | 26179   | 863.    |
| 100. | Schmied Ursula             | 83  | Burgdorf        |                        | <b>29:44</b> | +11:51 | 5:56   | 30213   | 869.    |

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results

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| rank | name                    | yob | city               | Group/club             | time         | diff   | min/km | racenum | overall |
|------|-------------------------|-----|--------------------|------------------------|--------------|--------|--------|---------|---------|
| 101. | Schneider Anja          | 83  | Bottmingen         |                        | <b>29:45</b> | +11:52 | 5:56   | 59324   | 872.    |
| 102. | Haefeli Jenny           | 82  | Zürich             |                        | <b>29:53</b> | +12:00 | 5:58   | 25131   | 903.    |
| 103. | Gfeller Selina          | 81  | Suhr               |                        | <b>29:57</b> | +12:04 | 5:59   | 26176   | 918.    |
| 104. | Herren Therese          | 80  | Bern               |                        | <b>29:59</b> | +12:06 | 5:59   | 27095   | 925.    |
| 105. | Zumbühl Sadi Karin      | 83  | Lausanne           |                        | <b>30:00</b> | +12:07 | 5:59   | 23250   | 926.    |
| 106. | Reuben Renita           | 81  | Heimisbach         |                        | <b>30:02</b> | +12:09 | 6:00   | 23321   | 940.    |
| 107. | Jost Manuela            | 83  | Niederwangen BE    |                        | <b>30:12</b> | +12:19 | 6:02   | 27107   | 986.    |
| 108. | Krämer Cornelia         | 80  | Worb               |                        | <b>30:16</b> | +12:23 | 6:03   | 23125   | 1002.   |
| 109. | Binggeli Eveline        | 83  | Inkwil             |                        | <b>30:18</b> | +12:25 | 6:03   | 23259   | 1006.   |
| 110. | Zürcher Susanne         | 80  | Oberthal           |                        | <b>30:24</b> | +12:31 | 6:04   | 24309   | 1025.   |
| 111. | Iseli Eveline           | 82  | Worb               | Sportverein SNB        | <b>30:24</b> | +12:31 | 6:04   | 27247   | 1026.   |
| 112. | Zugg Ursula             | 79  | Mirchel            |                        | <b>30:24</b> | +12:31 | 6:04   | 24297   | 1027.   |
| 113. | Schwob Evelyn           | 82  | Kirchberg BE       |                        | <b>30:29</b> | +12:36 | 6:05   | 24342   | 1039.   |
| 114. | Schmid Simone           | 82  | Münchenstein       |                        | <b>30:31</b> | +12:38 | 6:06   | 23204   | 1047.   |
| 115. | Trollet Camille         | 80  | Bullet             |                        | <b>30:34</b> | +12:41 | 6:06   | 59444   | 1055.   |
| 116. | Berchtold Barbara       | 80  | Madiswil           |                        | <b>30:36</b> | +12:43 | 6:07   | 23027   | 1062.   |
| 117. | Juhász Aniko            | 80  | Weil am Rhein      |                        | <b>30:40</b> | +12:47 | 6:07   | 23293   | 1076.   |
| 118. | Bonarrigo Daliborka     | 81  | Gwatt              |                        | <b>30:41</b> | +12:48 | 6:08   | 23033   | 1080.   |
| 119. | Wyss Carmen             | 80  | Mels               |                        | <b>30:42</b> | +12:49 | 6:08   | 24352   | 1090.   |
| 120. | Bigler Tamara           | 79  | Grindelwald        |                        | <b>30:54</b> | +13:01 | 6:10   | 26134   | 1137.   |
| 121. | Spinelli Laura          | 79  | Solothurn          |                        | <b>30:58</b> | +13:05 | 6:11   | 28284   | 1152.   |
| 122. | Hermann Nicole          | 79  | Glis               |                        | <b>30:59</b> | +13:06 | 6:11   | 23285   | 1162.   |
| 123. | Gerber Stefanie         | 82  | Büren zum Hof      |                        | <b>31:00</b> | +13:07 | 6:11   | 25246   | 1164.   |
| 124. | Casagrande Marianne     | 79  | Zäziwil            |                        | <b>31:04</b> | +13:11 | 6:12   | 26151   | 1177.   |
| 125. | Winiger Jeannine        | 83  | Bern               |                        | <b>31:06</b> | +13:13 | 6:13   | 25206   | 1180.   |
| 126. | Ritzmann Rahel          | 83  | Gelterkinden       |                        | <b>31:07</b> | +13:14 | 6:13   | 26269   | 1185.   |
| 127. | Domig Nina              | 80  | Bern               |                        | <b>31:11</b> | +13:18 | 6:14   | 26158   | 1209.   |
| 128. | Clement Yasmina         | 80  | Romont             |                        | <b>31:14</b> | +13:21 | 6:14   | 26153   | 1223.   |
| 129. | Frieden Susanna         | 82  | Zollbrück          |                        | <b>31:14</b> | +13:21 | 6:14   | 29239   | 1224.   |
| 130. | Fankhauser Bea          | 80  | Thundorf           | LLC Wellenberg / la... | <b>31:18</b> | +13:25 | 6:15   | 24072   | 1239.   |
| 131. | Thalmann Simone         | 82  | Wünnewil           |                        | <b>31:22</b> | +13:29 | 6:16   | 28299   | 1249.   |
| 132. | Schankin Julia          | 80  | Bern               |                        | <b>31:27</b> | +13:34 | 6:17   | 28262   | 1265.   |
| 133. | Locher Barbara          | 80  | Thun               |                        | <b>31:29</b> | +13:36 | 6:17   | 27264   | 1272.   |
| 134. | Bethge Diana            | 83  | Zollkofen          |                        | <b>31:29</b> | +13:36 | 6:17   | 24030   | 1273.   |
| 135. | Tavares da Silva Carina | 83  | Cortailod          |                        | <b>31:31</b> | +13:38 | 6:18   | 26307   | 1279.   |
| 136. | Winkler Christine       | 81  | Steffisburg        | GS-EJPD Frauenpow...   | <b>31:32</b> | +13:39 | 6:18   | 29009   | 1285.   |
| 137. | Bohonis Nataliia        | 81  | Zürich             |                        | <b>31:40</b> | +13:47 | 6:19   | 31071   | 1315.   |
| 138. | Schönholzer Isabelle    | 79  | Burgdorf           |                        | <b>31:45</b> | +13:52 | 6:20   | 28275   | 1339.   |
| 139. | Itten Nadja             | 79  | Steffisburg        |                        | <b>31:48</b> | +13:55 | 6:21   | 23108   | 1350.   |
| 140. | Valchera Carola         | 82  | Schaffhausen       |                        | <b>31:49</b> | +13:56 | 6:21   | 25194   | 1352.   |
| 141. | Kuhnén Nicole           | 79  | Steffisburg        |                        | <b>31:52</b> | +13:59 | 6:22   | 24160   | 1363.   |
| 142. | McVeigh Doris           | 83  | Bern               |                        | <b>31:59</b> | +14:06 | 6:23   | 26238   | 1383.   |
| 143. | Schmid Helen            | 80  | Kottwil            | Laufftreff Ettiswil    | <b>32:06</b> | +14:13 | 6:25   | 26286   | 1412.   |
| 144. | Genoud Valérie          | 82  | Fribourg           | FBBG                   | <b>32:13</b> | +14:20 | 6:26   | 24090   | 1436.   |
| 145. | O'Neill AnneMarie       | 83  | Zürich             |                        | <b>32:14</b> | +14:21 | 6:26   | 27143   | 1438.   |
| 146. | Hesse Nathalie          | 83  | Bremgarten b. Bern |                        | <b>32:14</b> | +14:21 | 6:26   | 29097   | 1440.   |
| 147. | Baumann Erika           | 79  | Wolfenschiessen    | Wolfenschiesser Fra... | <b>32:16</b> | +14:23 | 6:27   | 25080   | 1445.   |
| 148. | Karli Evelin            | 79  | Wolfenschiessen    | Wolfenschiesser Fra... | <b>32:16</b> | +14:23 | 6:27   | 25086   | 1448.   |
| 149. | Freiburghaus Madlen     | 82  | Gerzensee          | TV Gerzensee           | <b>32:16</b> | +14:23 | 6:27   | 27228   | 1449.   |
| 150. | Zimmermann Anna         | 82  | Bern               |                        | <b>32:20</b> | +14:27 | 6:27   | 24354   | 1463.   |

# 37. Schweizer Frauenlauf 2023

results

## Running 5 km W40

| rank | name                       | yob | city             | Group/club   | time         | diff   | min/km | racenum | overall |
|------|----------------------------|-----|------------------|--------------|--------------|--------|--------|---------|---------|
| 151. | Seferaj Fadile             | 83  | Münsingen        |              | <b>32:22</b> | +14:29 | 6:28   | 23213   | 1474.   |
| 152. | Wulhfard Sarah             | 80  | Wallbach         |              | <b>32:26</b> | +14:33 | 6:29   | 26332   | 1488.   |
| 153. | Häselbarth Silke           | 81  | Bern             |              | <b>32:28</b> | +14:35 | 6:29   | 27239   | 1496.   |
| 154. | Åström Cecilia             | 82  | Bern             |              | <b>32:34</b> | +14:41 | 6:30   | 27037   | 1519.   |
| 155. | Jobin Anna                 | 82  | Bern             |              | <b>32:34</b> | +14:41 | 6:30   | 27104   | 1525.   |
| 156. | Appenzeller Frieden Carole | 80  | Aarberg          |              | <b>32:36</b> | +14:43 | 6:31   | 27034   | 1539.   |
| 157. | Näf Flurina                | 79  | Bern             |              | <b>32:40</b> | +14:47 | 6:31   | 25166   | 1547.   |
| 158. | Hauri Maja                 | 80  | Villnachern      |              | <b>32:45</b> | +14:52 | 6:32   | 29095   | 1569.   |
| 159. | Bögli Michèle              | 83  | Münsingen        |              | <b>32:46</b> | +14:53 | 6:33   | 29055   | 1573.   |
| 160. | Synak Marianne             | 79  | Steffisburg      |              | <b>32:47</b> | +14:54 | 6:33   | 31239   | 1578.   |
| 161. | Racine Marina              | 82  | Gümligen         |              | <b>32:53</b> | +15:00 | 6:34   | 24201   | 1593.   |
| 162. | von Niederhäusern Marg...  | 83  | Gwatt (Thun)     |              | <b>32:56</b> | +15:03 | 6:35   | 24274   | 1605.   |
| 163. | Quiby Easton Chantal Fa... | 79  | Bern             |              | <b>32:58</b> | +15:05 | 6:35   | 59380   | 1610.   |
| 164. | Isoz Pamela                | 81  | Grafenried       |              | <b>32:58</b> | +15:05 | 6:35   | 26204   | 1612.   |
| 165. | Pasche Nesrine             | 83  | Pully            |              | <b>33:01</b> | +15:08 | 6:36   | 29144   | 1624.   |
| 166. | Krebs Yvonne               | 82  | Bern             |              | <b>33:02</b> | +15:09 | 6:36   | 27259   | 1632.   |
| 167. | Hadorn Jacqueline          | 81  | Thierachern      |              | <b>33:04</b> | +15:11 | 6:36   | 28132   | 1640.   |
| 168. | Wittwer Claudia            | 79  | Steffisburg      |              | <b>33:05</b> | +15:12 | 6:36   | 28338   | 1643.   |
| 169. | Fischer Stefanie           | 80  | Bern             |              | <b>33:07</b> | +15:14 | 6:37   | 27226   | 1650.   |
| 170. | Sahli-Wohlhauser Nathalie  | 79  | St. Antoni       |              | <b>33:07</b> | +15:14 | 6:37   | 27159   | 1651.   |
| 171. | Bieri Yvonne               | 79  | Kirchdorf BE     | Fipla-Clübli | <b>33:08</b> | +15:15 | 6:37   | 27043   | 1658.   |
| 172. | Rappo Sarah                | 82  | Ammerzwil BE     |              | <b>33:09</b> | +15:16 | 6:37   | 28243   | 1659.   |
| 173. | Beyeler Silvia             | 81  | Kirchenthurnen   |              | <b>33:13</b> | +15:20 | 6:38   | 28052   | 1673.   |
| 174. | Meier Ingrid               | 79  | Herrliberg       |              | <b>33:14</b> | +15:21 | 6:38   | 59313   | 1680.   |
| 175. | Bissig Johanna             | 82  | Hölstein         |              | <b>33:15</b> | +15:22 | 6:38   | 27045   | 1687.   |
| 176. | Walther Claudia            | 83  | Bäriswil         |              | <b>33:17</b> | +15:24 | 6:39   | 25202   | 1693.   |
| 177. | Fischer Patricia           | 83  | Meisterschwanden |              | <b>33:31</b> | +15:38 | 6:42   | 25115   | 1723.   |
| 178. | Lobsiger Esther            | 82  | Oberstocken      |              | <b>33:37</b> | +15:44 | 6:43   | 30202   | 1744.   |
| 179. | Strahm Sandra              | 79  | Ersigen          |              | <b>33:37</b> | +15:44 | 6:43   | 29293   | 1745.   |
| 180. | Schmutz Isabelle           | 79  | Gurmels          |              | <b>33:38</b> | +15:45 | 6:43   | 24226   | 1752.   |
| 181. | Fahrni Kathrin             | 79  | Schwarzenegg     |              | <b>33:39</b> | +15:46 | 6:43   | 25239   | 1758.   |
| 182. | Müller Yolanda             | 83  | Wabern           |              | <b>33:39</b> | +15:46 | 6:43   | 28214   | 1759.   |
| 183. | Fuhrer Franziska           | 81  | Thun             |              | <b>33:53</b> | +16:00 | 6:46   | 30046   | 1795.   |
| 184. | Schmassmann Sophie         | 79  | Bern             |              | <b>33:56</b> | +16:03 | 6:47   | 23201   | 1799.   |
| 185. | Panchaud Thome Véroni...   | 82  | Hindelbank       |              | <b>34:01</b> | +16:08 | 6:48   | 28225   | 1817.   |
| 186. | Frei Nadine                | 82  | Goldau           |              | <b>34:03</b> | +16:10 | 6:48   | 23270   | 1821.   |
| 187. | Kordonova Bazylevych Li... | 82  | Biel/Bienne      |              | <b>34:06</b> | +16:13 | 6:49   | 29114   | 1826.   |
| 188. | Pfister Silvia             | 82  | Ostermundigen    |              | <b>34:09</b> | +16:16 | 6:49   | 29149   | 1834.   |
| 189. | Straumann Eva              | 80  | Bern             |              | <b>34:11</b> | +16:18 | 6:50   | 28290   | 1839.   |
| 190. | Urbina Yansi               | 80  | Zürich           |              | <b>34:12</b> | +16:19 | 6:50   | 30162   | 1842.   |
| 191. | Frey Vera                  | 82  | Ittigen          |              | <b>34:12</b> | +16:19 | 6:50   | 25118   | 1847.   |
| 192. | Flüeli Karin               | 82  | Ittigen          |              | <b>34:12</b> | +16:19 | 6:50   | 25242   | 1848.   |
| 193. | Miguel Yasmina             | 80  | Lausanne         |              | <b>34:19</b> | +16:26 | 6:51   | 30104   | 1876.   |
| 194. | Moser Miriam               | 79  | Konolfingen      |              | <b>34:23</b> | +16:30 | 6:52   | 27275   | 1883.   |
| 195. | Bissig Lorena              | 80  | Uetligen         |              | <b>34:37</b> | +16:44 | 6:55   | 24035   | 1929.   |
| 196. | Kunz Tamara                | 83  | Bern             |              | <b>34:42</b> | +16:49 | 6:56   | 30084   | 1941.   |
| 197. | Morel Sophie               | 81  | Corminboeuf      |              | <b>34:42</b> | +16:49 | 6:56   | 31169   | 1944.   |
| 198. | Stucki Fabia               | 83  | Bern             |              | <b>34:46</b> | +16:53 | 6:57   | 29185   | 1954.   |
| 199. | Hullin Marites             | 82  | Zollikofen       |              | <b>34:57</b> | +17:04 | 6:59   | 24128   | 1980.   |
| 200. | Zbinden Tanja              | 79  | Bösingen         |              | <b>35:01</b> | +17:08 | 7:00   | 29316   | 1994.   |

# 37. Schweizer Frauenlauf 2023

results

## Running 5 km W40

| rank | name                       | yob | city               | Group/club      | time         | diff   | min/km | racenum | overall |
|------|----------------------------|-----|--------------------|-----------------|--------------|--------|--------|---------|---------|
| 201. | Mederos Castro Isabelita   | 81  | Zürich             |                 | <b>35:05</b> | +17:12 | 7:00   | 31163   | 2010.   |
| 202. | Gast Yvonne                | 79  | Zollikofen         | TV Zollikofen   | <b>35:06</b> | +17:13 | 7:01   | 25125   | 2012.   |
| 203. | Bürki Laure                | 79  | Courchapoix        |                 | <b>35:10</b> | +17:17 | 7:01   | 27061   | 2024.   |
| 204. | Ruiz Patricia              | 82  | Bremgarten b. Bern |                 | <b>35:10</b> | +17:17 | 7:01   | 27156   | 2025.   |
| 205. | Schwarzkopf Milica         | 83  | Rossemaison        | Hôpital du Jura | <b>35:11</b> | +17:18 | 7:02   | 28018   | 2031.   |
| 206. | Esseiva Vivianne           | 81  | Bern               | FDP Frauen Bern | <b>35:12</b> | +17:19 | 7:02   | 28008   | 2037.   |
| 207. | Kreis Melanie              | 82  | Uster              |                 | <b>35:21</b> | +17:28 | 7:04   | 29117   | 2063.   |
| 208. | Blickensdoerfer Hélène     | 79  | Rapperswil BE      |                 | <b>35:25</b> | +17:32 | 7:04   | 28061   | 2071.   |
| 209. | Chédel Burkhard Mélanie    | 81  | Renan BE           |                 | <b>35:29</b> | +17:36 | 7:05   | 29063   | 2085.   |
| 210. | Somaini Ana                | 83  | Zäziwil            |                 | <b>35:31</b> | +17:38 | 7:06   | 28282   | 2092.   |
| 211. | Spielmann Sabina           | 81  | Grenchen           |                 | <b>35:33</b> | +17:40 | 7:06   | 29175   | 2098.   |
| 212. | Secchi Amelia              | 81  | Loveresse          |                 | <b>35:36</b> | +17:43 | 7:07   | 31219   | 2116.   |
| 213. | Eigenmann Andrea           | 83  | Glarus             | LG Glarus       | <b>35:37</b> | +17:44 | 7:07   | 29075   | 2120.   |
| 214. | Morger Cornelia            | 82  | Rieden             |                 | <b>35:38</b> | +17:45 | 7:07   | 26247   | 2121.   |
| 215. | Hübner Monika              | 83  | Gommiswald         |                 | <b>35:38</b> | +17:45 | 7:07   | 26198   | 2123.   |
| 216. | Grob Anita                 | 81  | Uetliburg SG       |                 | <b>35:38</b> | +17:45 | 7:07   | 26181   | 2124.   |
| 217. | Ingold Dace                | 79  | Widen              |                 | <b>35:38</b> | +17:45 | 7:07   | 24130   | 2125.   |
| 218. | Mischler Sarah             | 82  | Aarberg            |                 | <b>35:39</b> | +17:46 | 7:07   | 28208   | 2130.   |
| 219. | Schulte Neele              | 83  | Basel              |                 | <b>35:46</b> | +17:53 | 7:09   | 30133   | 2138.   |
| 220. | Sur Sabine Marianne Alb... | 79  | Dübendorf          |                 | <b>35:49</b> | +17:56 | 7:09   | 30145   | 2150.   |
| 221. | Hauert Andrea              | 83  | Thun               |                 | <b>35:50</b> | +17:57 | 7:09   | 24113   | 2152.   |
| 222. | Kovacs-Lutz Andrea         | 80  | Umiken             |                 | <b>35:56</b> | +18:03 | 7:11   | 27257   | 2164.   |
| 223. | Lutz Sophie                | 79  | Tuggen             |                 | <b>35:57</b> | +18:04 | 7:11   | 31157   | 2165.   |
| 224. | Luraschi Manuela           | 82  | Claro              | SFG Claro       | <b>36:00</b> | +18:07 | 7:11   | 31155   | 2174.   |
| 225. | Bieler Renata              | 82  | Baar               |                 | <b>36:04</b> | +18:11 | 7:12   | 27040   | 2188.   |
| 226. | Wenger Tanja               | 81  | Obernau            |                 | <b>36:05</b> | +18:12 | 7:12   | 27188   | 2193.   |
| 227. | Grob Iris                  | 79  | Bern               | FDP Frauen Bern | <b>36:06</b> | +18:13 | 7:13   | 28010   | 2199.   |
| 228. | Odermatt-Portmann San...   | 81  | Willisau           |                 | <b>36:11</b> | +18:18 | 7:14   | 30110   | 2212.   |
| 229. | Wirz-Uhlmann Brigitte      | 79  | Wolhusen           |                 | <b>36:11</b> | +18:18 | 7:14   | 30173   | 2213.   |
| 230. | Steiner Renate             | 81  | Burgdorf           |                 | <b>36:15</b> | +18:22 | 7:14   | 30216   | 2218.   |
| 231. | Ehrler Franziska           | 81  | Bern               |                 | <b>36:17</b> | +18:24 | 7:15   | 27219   | 2227.   |
| 232. | Stebler Mirjam             | 82  | Lotzwil            |                 | <b>36:19</b> | +18:26 | 7:15   | 30141   | 2229.   |
| 233. | Husemann Bettina           | 83  | Bern               |                 | <b>36:22</b> | +18:29 | 7:16   | 22056   | 2245.   |
| 234. | Jamshidi Atefeh            | 80  | Bronschhofen       | Cicor Group     | <b>36:24</b> | +18:31 | 7:16   | 26003   | 2252.   |
| 235. | Stettler Natalie           | 80  | Liebefeld          |                 | <b>36:26</b> | +18:33 | 7:17   | 59357   | 2257.   |
| 236. | Bühlmann Melodina          | 79  | Remigen            |                 | <b>36:37</b> | +18:44 | 7:19   | 59481   | 2278.   |
| 237. | Braun Andrea               | 83  | Vordemwald         |                 | <b>36:40</b> | +18:47 | 7:19   | 31283   | 2283.   |
| 238. | Binggeli Myriam            | 82  | Biel/Bienne        |                 | <b>36:42</b> | +18:49 | 7:20   | 28056   | 2287.   |
| 239. | Banga Christine            | 79  | Utzingen           |                 | <b>36:42</b> | +18:49 | 7:20   | 28045   | 2288.   |
| 240. | Panic Suzan                | 81  | Utzingen           |                 | <b>36:43</b> | +18:50 | 7:20   | 28227   | 2290.   |
| 241. | Riedwyl Susanne            | 81  | Oberhünigen        |                 | <b>36:45</b> | +18:52 | 7:20   | 28246   | 2296.   |
| 242. | Fivaz Nicole               | 79  | Toffen             |                 | <b>36:48</b> | +18:55 | 7:21   | 27082   | 2301.   |
| 243. | Zingerli Brigitte          | 81  | Mels               |                 | <b>36:49</b> | +18:56 | 7:21   | 24355   | 2303.   |
| 244. | Oeschger Franziska         | 81  | Köniz              |                 | <b>36:53</b> | +19:00 | 7:22   | 31177   | 2312.   |
| 245. | Lambotte Marjorie          | 83  | Saint-aubin        |                 | <b>36:54</b> | +19:01 | 7:22   | 30201   | 2315.   |
| 246. | Zwimpfer Nauer Lea         | 80  | Zürich             |                 | <b>36:56</b> | +19:03 | 7:23   | 31326   | 2321.   |
| 247. | Wittmer Ursula             | 79  | Zürich             |                 | <b>37:03</b> | +19:10 | 7:24   | 29313   | 2327.   |
| 248. | Fischer Heike              | 79  | Suhr               |                 | <b>37:04</b> | +19:11 | 7:24   | 28101   | 2328.   |
| 249. | Rey Pascale                | 81  | Bern               |                 | <b>37:05</b> | +19:12 | 7:24   | 30206   | 2331.   |
| 250. | Regli Mirjam               | 80  | Spiringen          |                 | <b>37:07</b> | +19:14 | 7:25   | 30115   | 2338.   |

# 37. Schweizer Frauenlauf 2023

results

## Running 5 km W40

| rank | name                        | yob | city             | Group/club             | time         | diff   | min/km | racenum | overall |
|------|-----------------------------|-----|------------------|------------------------|--------------|--------|--------|---------|---------|
| 251. | Caballero Monica            | 81  | Péry             |                        | <b>37:16</b> | +19:23 | 7:27   | 28078   | 2354.   |
| 252. | Blatter Barbara             | 79  | Ammerzwil        |                        | <b>37:31</b> | +19:38 | 7:30   | 28059   | 2391.   |
| 253. | Locher Silja                | 82  | Belp             |                        | <b>37:33</b> | +19:40 | 7:30   | 25148   | 2398.   |
| 254. | Gammeter Oester Domini...   | 81  | Zollbrück        |                        | <b>37:33</b> | +19:40 | 7:30   | 28111   | 2401.   |
| 255. | Mächler Olivia              | 83  | Einsiedeln       |                        | <b>37:36</b> | +19:43 | 7:31   | 28186   | 2410.   |
| 256. | Bolliger Sonja              | 80  | Aarburg          |                        | <b>37:37</b> | +19:44 | 7:31   | 29221   | 2414.   |
| 257. | Bisquolm Rahel              | 81  | Disentis/Mustér  |                        | <b>37:41</b> | +19:48 | 7:32   | 29053   | 2417.   |
| 258. | Schaller Marisol            | 80  | Zürich           |                        | <b>37:41</b> | +19:48 | 7:32   | 27289   | 2422.   |
| 259. | Stoupa Véronique            | 81  | Rubigen          |                        | <b>37:47</b> | +19:54 | 7:33   | 29180   | 2438.   |
| 260. | Weiss Claudia               | 80  | Urdorf           |                        | <b>37:48</b> | +19:55 | 7:33   | 29196   | 2439.   |
| 261. | Toso Iris                   | 80  | Glarus           | LG Glarus              | <b>37:53</b> | +20:00 | 7:34   | 29189   | 2445.   |
| 262. | Heusser Natalie             | 79  | Uster            |                        | <b>37:56</b> | +20:03 | 7:35   | 31299   | 2451.   |
| 263. | Alexander David Manije      | 82  | Zürich           |                        | <b>37:56</b> | +20:03 | 7:35   | 31051   | 2452.   |
| 264. | Runge G. Elisabeth          | 83  | Uster            |                        | <b>37:57</b> | +20:04 | 7:35   | 31315   | 2453.   |
| 265. | Petermann Maryline          | 81  | Delémont         |                        | <b>38:10</b> | +20:17 | 7:37   | 28233   | 2467.   |
| 266. | Chen Annie                  | 79  | Thalwil          |                        | <b>38:39</b> | +20:46 | 7:43   | 31080   | 2501.   |
| 267. | Cadilek Sabrina             | 83  | Zollikerberg     |                        | <b>38:45</b> | +20:52 | 7:44   | 28079   | 2508.   |
| 268. | Hinnen Helene               | 79  | Bern             |                        | <b>38:47</b> | +20:54 | 7:45   | 31300   | 2512.   |
| 269. | Nicolet Jeanique            | 82  | Bern             | Flexoffice Ladies      | <b>38:48</b> | +20:55 | 7:45   | 29004   | 2515.   |
| 270. | Schneider Marianne          | 83  | Grafenried       |                        | <b>38:55</b> | +21:02 | 7:46   | 31215   | 2530.   |
| 271. | Steuri Mirjam               | 82  | Goldswil         |                        | <b>39:08</b> | +21:15 | 7:49   | 29291   | 2548.   |
| 272. | Beuchat Nadia               | 79  | Develier         |                        | <b>39:24</b> | +21:31 | 7:52   | 31276   | 2559.   |
| 273. | Studer Bekira               | 82  | Oftringen        | G.A.U.V.S OFTRINGEN    | <b>39:37</b> | +21:44 | 7:55   | 30144   | 2573.   |
| 274. | Widmer Andrea               | 83  | Grafenried       |                        | <b>39:41</b> | +21:48 | 7:56   | 26327   | 2578.   |
| 275. | Judd Tilke                  | 81  | Zurich           |                        | <b>39:44</b> | +21:51 | 7:56   | 31136   | 2583.   |
| 276. | Ulloa Inderkum Milagros     | 79  | Solothurn        |                        | <b>40:05</b> | +22:12 | 8:00   | 59456   | 2596.   |
| 277. | Menétrey Fabienne           | 83  | Fribourg         |                        | <b>40:06</b> | +22:13 | 8:01   | 31166   | 2598.   |
| 278. | Ajmera Divya                | 81  | Basel            |                        | <b>40:20</b> | +22:27 | 8:03   | 59367   | 2605.   |
| 279. | Schneider Claudia           | 80  | Burgdorf         |                        | <b>40:27</b> | +22:34 | 8:05   | 31214   | 2611.   |
| 280. | Flückiger- Abplanalp Urs... | 83  | Matten b. Interl |                        | <b>41:36</b> | +23:43 | 8:19   | 28105   | 2641.   |
| 281. | Vonlanthen Staub Tania      | 82  | Tentlingen       |                        | <b>41:49</b> | +23:56 | 8:21   | 29192   | 2649.   |
| 282. | Sommerhalder Mirjam         | 82  | Oberkulm         | Laufgruppe Fabrikch... | <b>42:27</b> | +24:34 | 8:29   | 31226   | 2668.   |
| 283. | Wache Kathleen              | 83  | Bern             |                        | <b>44:01</b> | +26:08 | 8:48   | 30166   | 2705.   |
| 284. | Schäli Janina               | 83  | Zürich           | Verein Blind-Jogging   | <b>44:29</b> | +26:36 | 8:53   | 59454   | 2709.   |
| 285. | Seidel Angela               | 83  | Bern             | Swiss Female Ortho...  | <b>44:49</b> | +26:56 | 8:57   | 31221   | 2715.   |
| 286. | Tisge Amanuel               | 80  | Luzern           |                        | <b>46:19</b> | +28:26 | 9:15   | 28304   | 2736.   |
| 287. | Stettler Sabine             | 83  | Ersigen          | OS Pestalozzi          | <b>47:51</b> | +29:58 | 9:34   | 25070   | 2742.   |
| 288. | Zähner Sonja                | 83  | Braunau          | Mädchensekundarsc...   | <b>50:32</b> | +32:39 | 10:06  | 26086   | 2755.   |

## DNS

|                       |    |                 |                       |       |
|-----------------------|----|-----------------|-----------------------|-------|
| Haussener Vanessa     | 82 | Bern            | Museumsquartier Be... | 22004 |
| Jenni Hertach Sibille | 79 | Hedingen        |                       | 22057 |
| Clements Mirjam       | 80 | Lenzburg        |                       | 23056 |
| Gsteiger Marianne     | 82 | Herrenschwanden |                       | 24103 |
| Stetler Gislene       | 82 | Liebefeld       |                       | 24246 |
| Trede Aline           | 83 | Bern            |                       | 24257 |
| Boll Audrey           | 79 | Sugiez          |                       | 26136 |
| Graf Mirjam           | 83 | Wabern          |                       | 26180 |
| Gsell Martina         | 79 | Liebefeld       |                       | 26185 |
| Marcaida Mariajose    | 79 | Bern            |                       | 26235 |

# 37. Schweizer Frauenlauf 2023

results

## Running 5 km W40

| rank | name                      | yob | city          | Group/club | time | diff | min/km | racenum | overall |
|------|---------------------------|-----|---------------|------------|------|------|--------|---------|---------|
| DNS  |                           |     |               |            |      |      |        |         |         |
|      | Brückner Michèle          | 81  | Ettingen      |            |      |      |        | 28070   |         |
|      | Bula Monika               | 81  | Rubigen       |            |      |      |        | 28076   |         |
|      | Giroletti Weiden Fernanda | 82  | Zürich        |            |      |      |        | 28117   |         |
|      | Häni Dominice             | 83  | Zürich        |            |      |      |        | 28133   |         |
|      | Saito Knobel Elaine       | 80  | Bern          |            |      |      |        | 28257   |         |
|      | Untersander Rebekka       | 81  | Teufen AR     |            |      |      |        | 28311   |         |
|      | Paz Daphna                | 80  | Liebefeld     | ---        |      |      |        | 30205   |         |
|      | Fisch-Altman Sibylle      | 81  | Agriswil      |            |      |      |        | 31095   |         |
|      | Göldi Ursula              | 79  | Hombrechtikon |            |      |      |        | 31114   |         |
|      | Houthuijse Valdilene      | 79  | Lyss          |            |      |      |        | 31129   |         |
|      | Markulikova Katarina      | 82  | Bern          |            |      |      |        | 31160   |         |
|      | Tadesse Emnet             | 83  | Bolligen      |            |      |      |        | 59364   |         |

#310 participants