

# Forchlauf 2026

results

## 7.4km Männer

| rank | name                      | yob | city         | time         | diff  | min/km | racenum | age group   |
|------|---------------------------|-----|--------------|--------------|-------|--------|---------|-------------|
| 1.   | Boner Nico                | 88  |              | <b>26:29</b> | --    | 3:34   | 3917    | M35: 1.     |
| 2.   | Rosser Martin             | 70  |              | <b>27:20</b> | +51   | 3:41   | 3974    | M55: 1.     |
| 3.   | Debesay Biniam            | 89  |              | <b>27:28</b> | +59   | 3:42   | 3888    | M35: 2.     |
| 4.   | Essah Mohammad            | 00  |              | <b>27:47</b> | +1:18 | 3:45   | 3892    | M25: 1.     |
| 5.   | Duelli Luca               | 88  | Zürich       | <b>28:16</b> | +1:47 | 3:49   | 3747    | M35: 3.     |
| 6.   | Cioflan Cristian          | 94  | Zürich       | <b>28:25</b> | +1:56 | 3:50   | 1193    | M30: 1.     |
| 7.   | Linker Felix              | 95  | Zürich       | <b>28:31</b> | +2:02 | 3:51   | 1557    | M30: 2.     |
| 8.   | Knecht Benjamin           | 07  | Adliswil     | <b>28:52</b> | +2:23 | 3:53   | 1503    | U20M: 1.    |
| 9.   | Gebru Semere              | 86  |              | <b>29:02</b> | +2:33 | 3:55   | 3898    | M40: 1.     |
| 10.  | Wermelinger Eric          | 03  |              | <b>29:12</b> | +2:43 | 3:56   | 1992    | M20: 1.     |
| 11.  | Treichler Jonas           | 93  |              | <b>29:34</b> | +3:05 | 3:59   | 3995    | M30: 3.     |
| 12.  | Karimi Mortaza            | 01  |              | <b>29:45</b> | +3:16 | 4:01   | 3903    | M25: 2.     |
| 13.  | Thoma Philippe            | 88  |              | <b>30:11</b> | +3:42 | 4:04   | 3993    | M35: 4.     |
| 14.  | Matteo Meloni             | 81  |              | <b>30:14</b> | +3:45 | 4:05   | 1605    | M45: 1.     |
| 15.  | Tramontana Francesco      | 09  |              | <b>30:14</b> | +3:45 | 4:05   | 3150    | Schüler: 1. |
| 16.  | Villiger Roman            | 89  |              | <b>30:20</b> | +3:51 | 4:05   | 1956    | M35: 5.     |
| 17.  | Stammach Linus            | 03  |              | <b>30:27</b> | +3:58 | 4:06   | 1875    | M20: 2.     |
| 18.  | Müller Michael            | 76  |              | <b>30:29</b> | +4:00 | 4:07   | 3958    | M50: 1.     |
| 19.  | Jeger Clemens             | 94  | Zürich       | <b>30:38</b> | +4:09 | 4:08   | 1456    | M30: 4.     |
| 20.  | Brigger Gregor            | 81  |              | <b>30:44</b> | +4:15 | 4:09   | 3919    | M45: 2.     |
| 21.  | Frei Tobias               | 83  |              | <b>30:45</b> | +4:16 | 4:09   | 3931    | M40: 2.     |
| 22.  | Koblet Thomas             | 81  | Zürich       | <b>30:47</b> | +4:18 | 4:09   | 1506    | M45: 3.     |
| 23.  | Geissbühler Jan           | 02  |              | <b>30:59</b> | +4:30 | 4:11   | 3932    | M20: 3.     |
| 24.  | Haydari Mahdi             | 87  |              | <b>31:15</b> | +4:46 | 4:13   | 3901    | M35: 6.     |
| 25.  | Ricci Vásquez Alfredo     | 96  |              | <b>31:25</b> | +4:56 | 4:14   | 4136    | M30: 5.     |
| 26.  | Grandidier Albéric        | 09  | Zollikerberg | <b>31:27</b> | +4:58 | 4:14   | 1348    | Schüler: 2. |
| 27.  | Aublinger Christoph       | 90  | Zürich       | <b>31:32</b> | +5:03 | 4:15   | 1029    | M35: 7.     |
| 28.  | Christof Maximilian       | 00  |              | <b>31:51</b> | +5:22 | 4:18   | 1189    | M25: 3.     |
| 29.  | Hohenstatt David          | 00  |              | <b>31:52</b> | +5:23 | 4:18   | 1421    | M25: 4.     |
| 30.  | Roth David                | 01  |              | <b>31:52</b> | +5:23 | 4:18   | 1782    | M25: 5.     |
| 31.  | Wehrli Nicolas            | 99  |              | <b>31:56</b> | +5:27 | 4:18   | 3998    | M25: 6.     |
| 32.  | Van Kesteren Steven       | 94  |              | <b>32:01</b> | +5:32 | 4:19   | 1949    | M30: 6.     |
| 33.  | Nietlisbach Alex          | 64  | Horw         | <b>32:06</b> | +5:37 | 4:20   | 1670    | M60: 1.     |
| 34.  | Moser Luis                | 93  | Meilen       | <b>32:11</b> | +5:42 | 4:20   | 4132    | M30: 7.     |
| 35.  | Nussbaumer Marco          | 91  |              | <b>32:24</b> | +5:55 | 4:22   | 3966    | M35: 8.     |
| 36.  | Lalive Paco               | 10  |              | <b>32:29</b> | +6:00 | 4:23   | 3277    | Schüler: 3. |
| 37.  | Baer Samuel               | 09  |              | <b>32:29</b> | +6:00 | 4:23   | 3105    | Schüler: 4. |
| 38.  | Semenov Michael Alexan... | 08  |              | <b>32:35</b> | +6:06 | 4:24   | 3140    | U20M: 2.    |
| 39.  | Krause Samuel             | 02  |              | <b>32:46</b> | +6:17 | 4:25   | 1518    | M20: 4.     |
| 40.  | Maher Thomas              | 99  | Mellingen    | <b>32:51</b> | +6:22 | 4:26   | 1588    | M25: 7.     |
| 41.  | Beroggi Filippo           | 03  | Fribourg     | <b>32:59</b> | +6:30 | 4:27   | 1075    | M20: 5.     |
| 42.  | Den Boer Gert-Jan         | 64  |              | <b>33:01</b> | +6:32 | 4:27   | 1225    | M60: 2.     |
| 43.  | Stadler Robin             | 96  |              | <b>33:06</b> | +6:37 | 4:28   | 3986    | M30: 8.     |
| 44.  | Studer Marco              | 90  | Bülach       | <b>33:13</b> | +6:44 | 4:29   | 1890    | M35: 9.     |
| 45.  | Venutti Maurice           | 03  |              | <b>33:28</b> | +6:59 | 4:31   | 1952    | M20: 6.     |
| 46.  | Ahmadzai Riaz             | 08  |              | <b>33:32</b> | +7:03 | 4:31   | 3873    | U20M: 3.    |
| 47.  | Campora Jarno             | 05  |              | <b>33:37</b> | +7:08 | 4:32   | 1163    | M20: 7.     |
| 48.  | Gutknecht Tim             | 10  |              | <b>33:41</b> | +7:12 | 4:33   | 1367    | Schüler: 5. |
| 49.  | Gide Amanuel              | 97  |              | <b>33:45</b> | +7:16 | 4:33   | 1320    | M25: 8.     |
| 50.  | Hasan Brusk               | 97  |              | <b>33:47</b> | +7:18 | 4:33   | 3900    | M25: 9.     |

# Forchlauf 2026

results

## 7.4km Männer

| rank | name                  | yob | city      | time         | diff   | min/km | racenum | age group    |
|------|-----------------------|-----|-----------|--------------|--------|--------|---------|--------------|
| 51.  | Kübler Joel           | 01  | Adliswil  | <b>34:08</b> | +7:39  | 4:36   | 1526    | M25: 10.     |
| 52.  | Brüschweiler Mathias  | 61  | Zollikon  | <b>34:15</b> | +7:46  | 4:37   | 4114    | M65: 1.      |
| 53.  | Hösli Andreas         | 86  |           | <b>34:19</b> | +7:50  | 4:38   | 1428    | M40: 3.      |
| 54.  | Graf Noel             | 00  |           | <b>34:25</b> | +7:56  | 4:38   | 3933    | M25: 11.     |
| 55.  | Aegerter Mauro        | 04  |           | <b>34:27</b> | +7:58  | 4:39   | 3907    | M20: 8.      |
| 56.  | Joost Valentin        | 10  |           | <b>34:32</b> | +8:03  | 4:39   | 1462    | Schüler: 6.  |
| 57.  | Osiakowski Aleksander | 94  |           | <b>34:35</b> | +8:06  | 4:40   | 1692    | M30: 9.      |
| 58.  | Helm David            | 96  | Küsnacht  | <b>34:38</b> | +8:09  | 4:40   | 1400    | M30: 10.     |
| 59.  | Vera Nieto Daniel     | 97  | Zürich    | <b>34:46</b> | +8:17  | 4:41   | 1953    | M25: 12.     |
| 60.  | Gisler Gerd           | 93  |           | <b>34:50</b> | +8:21  | 4:42   | 1326    | M30: 11.     |
| 61.  | Eberhard Marlon       | 09  | Männedorf | <b>35:02</b> | +8:33  | 4:43   | 3724    | Schüler: 7.  |
| 62.  | Willi Carlo           | 95  |           | <b>35:07</b> | +8:38  | 4:44   | 4000    | M30: 12.     |
| 63.  | Schmid Marco          | 97  |           | <b>35:08</b> | +8:39  | 4:44   | 3982    | M25: 13.     |
| 64.  | Birrer Silvan         | 93  |           | <b>35:12</b> | +8:43  | 4:45   | 1090    | M30: 13.     |
| 65.  | Kienast Simon         | 02  |           | <b>35:16</b> | +8:47  | 4:45   | 1493    | M20: 9.      |
| 66.  | Novak Robin           | 10  |           | <b>35:22</b> | +8:53  | 4:46   | 1675    | Schüler: 8.  |
| 67.  | Said Adam             | 10  |           | <b>35:24</b> | +8:55  | 4:47   | 1799    | Schüler: 9.  |
| 68.  | Toggweiler Michael    | 78  |           | <b>35:30</b> | +9:01  | 4:47   | 3994    | M45: 4.      |
| 69.  | Stocker Pascal        | 85  |           | <b>35:31</b> | +9:02  | 4:47   | 3988    | M40: 4.      |
| 70.  | Thoma André           | 01  |           | <b>35:42</b> | +9:13  | 4:49   | 3992    | M25: 14.     |
| 71.  | Leibacher Florian     | 85  |           | <b>35:46</b> | +9:17  | 4:49   | 3947    | M40: 5.      |
| 72.  | Almanstötter Marius   | 95  |           | <b>35:49</b> | +9:20  | 4:50   | 3735    | M30: 14.     |
| 73.  | Elsasser Christian    | 86  |           | <b>36:00</b> | +9:31  | 4:51   | 4108    | M40: 6.      |
| 74.  | Masche Lechuga Leo    | 10  |           | <b>36:07</b> | +9:38  | 4:52   | 1602    | Schüler: 10. |
| 75.  | Suter Michael         | 85  |           | <b>36:11</b> | +9:42  | 4:53   | 3991    | M40: 7.      |
| 76.  | Azizi Saifuddin       | 94  | Dübendorf | <b>36:16</b> | +9:47  | 4:53   | 1032    | M30: 15.     |
| 77.  | Schildknecht Marc     | 94  |           | <b>36:20</b> | +9:51  | 4:54   | 3981    | M30: 16.     |
| 78.  | Lieser Theodor        | 09  |           | <b>36:20</b> | +9:51  | 4:54   | 3116    | Schüler: 11. |
| 79.  | Peditto Lino          | 10  |           | <b>36:24</b> | +9:55  | 4:55   | 3123    | Schüler: 12. |
| 80.  | Wirz Paul             | 66  | Zürich    | <b>36:25</b> | +9:56  | 4:55   | 4030    | M60: 3.      |
| 81.  | Brönnimann Luc        | 09  |           | <b>36:30</b> | +10:01 | 4:55   | 3178    | Schüler: 13. |
| 82.  | Meier Oliver          | 92  |           | <b>36:33</b> | +10:04 | 4:56   | 3954    | M30: 17.     |
| 83.  | Stitzel Noah          | 10  |           | <b>36:34</b> | +10:05 | 4:56   | 3148    | Schüler: 14. |
| 84.  | Desmarquest Tanguy    | 80  | Zürich    | <b>36:39</b> | +10:10 | 4:57   | 4090    | M45: 5.      |
| 85.  | Relly David           | 09  |           | <b>36:39</b> | +10:10 | 4:57   | 3128    | Schüler: 15. |
| 86.  | Flury Linuz           | 08  |           | <b>36:44</b> | +10:15 | 4:57   | 1276    | U20M: 4.     |
| 87.  | Wipfli Rolf           | 76  |           | <b>36:44</b> | +10:15 | 4:57   | 4028    | M50: 2.      |
| 88.  | Tamasy Dano           | 64  | Zürich    | <b>36:46</b> | +10:17 | 4:58   | 4104    | M60: 4.      |
| 89.  | Voney Fabian          | 88  |           | <b>36:47</b> | +10:18 | 4:58   | 3997    | M35: 10.     |
| 90.  | Gallati Tim           | 10  |           | <b>36:55</b> | +10:26 | 4:59   | 3207    | Schüler: 16. |
| 91.  | Nicoletto Andrea      | 98  |           | <b>36:56</b> | +10:27 | 4:59   | 1669    | M25: 15.     |
| 92.  | Sus Damian            | 86  |           | <b>36:59</b> | +10:30 | 4:59   | 1894    | M40: 8.      |
| 93.  | Aeschlimann Pascal    | 81  |           | <b>37:08</b> | +10:39 | 5:01   | 3908    | M45: 6.      |
| 94.  | Marku Visar           | 90  |           | <b>37:15</b> | +10:46 | 5:02   | 3951    | M35: 11.     |
| 95.  | Fousseni Karim        | 00  |           | <b>37:18</b> | +10:49 | 5:02   | 3930    | M25: 16.     |
| 96.  | Meier Mauro           | 01  |           | <b>37:19</b> | +10:50 | 5:02   | 4067    | M25: 17.     |
| 97.  | Schneider Mark        | 00  |           | <b>37:22</b> | +10:53 | 5:02   | 3983    | M25: 18.     |
| 98.  | Leemann Patrick       | 02  |           | <b>37:23</b> | +10:54 | 5:03   | 3946    | M20: 10.     |
| 99.  | Pfister Alex          | 09  | Meilen    | <b>37:24</b> | +10:55 | 5:03   | 3728    | Schüler: 17. |
| 100. | Janda Julius          | 00  |           | <b>37:32</b> | +11:03 | 5:04   | 1453    | M25: 19.     |

# Forchlauf 2026

results

## 7.4km Männer

| rank | name                 | yob | city            | time         | diff   | min/km | racenum | age group    |
|------|----------------------|-----|-----------------|--------------|--------|--------|---------|--------------|
| 101. | Bachofner Patrick    | 73  | Uitikon Waldegg | <b>37:33</b> | +11:04 | 5:04   | 1035    | M50: 3.      |
| 102. | Mechani Salem        | 96  |                 | <b>37:38</b> | +11:09 | 5:05   | 3953    | M30: 18.     |
| 103. | Willi Thomas         | 86  | Zürich          | <b>37:42</b> | +11:13 | 5:05   | 1999    | M40: 9.      |
| 104. | Dittmar Stefan       | 70  |                 | <b>37:44</b> | +11:15 | 5:05   | 4123    | M55: 2.      |
| 105. | Comte Nathan         | 01  |                 | <b>37:45</b> | +11:16 | 5:05   | 1199    | M25: 20.     |
| 106. | Vukovic Toni         | 98  |                 | <b>37:56</b> | +11:27 | 5:07   | 1971    | M25: 21.     |
| 107. | Saez Solana Juan     | 00  |                 | <b>38:00</b> | +11:31 | 5:08   | 3978    | M25: 22.     |
| 108. | Kyburz Adrian        | 83  |                 | <b>38:14</b> | +11:45 | 5:09   | 1534    | M40: 10.     |
| 109. | Mäder Patrick        | 80  |                 | <b>38:16</b> | +11:47 | 5:10   | 3949    | M45: 7.      |
| 110. | Müller Rony          | 82  |                 | <b>38:23</b> | +11:54 | 5:11   | 3959    | M40: 11.     |
| 111. | Sialm Marcus         | 73  |                 | <b>38:26</b> | +11:57 | 5:11   | 1856    | M50: 4.      |
| 112. | Räbsamen Remi        | 80  |                 | <b>38:28</b> | +11:59 | 5:11   | 1741    | M45: 8.      |
| 113. | Müller Simon         | 95  |                 | <b>38:32</b> | +12:03 | 5:12   | 1654    | M30: 19.     |
| 114. | Betschart Silvan     | 78  |                 | <b>38:34</b> | +12:05 | 5:12   | 3912    | M45: 9.      |
| 115. | Pfenninger Christoph | 90  |                 | <b>38:35</b> | +12:06 | 5:12   | 3968    | M35: 12.     |
| 116. | Thomas Nitin Antony  | 86  |                 | <b>38:36</b> | +12:07 | 5:12   | 1920    | M40: 12.     |
| 117. | Zanetta Fabrizio     | 68  |                 | <b>38:37</b> | +12:08 | 5:13   | 4048    | M55: 3.      |
| 118. | Schefer Florian      | 89  |                 | <b>38:40</b> | +12:11 | 5:13   | 3980    | M35: 13.     |
| 119. | Stevens Louis        | 07  |                 | <b>38:44</b> | +12:15 | 5:14   | 3346    | U20M: 5.     |
| 120. | Wolfensperger Andy   | 72  | Nänikon         | <b>38:48</b> | +12:19 | 5:14   | 4033    | M50: 5.      |
| 121. | Berke Alexander      | 91  |                 | <b>38:48</b> | +12:19 | 5:14   | 3746    | M35: 14.     |
| 122. | Furger Dominik       | 07  |                 | <b>38:51</b> | +12:22 | 5:14   | 3196    | U20M: 6.     |
| 123. | Tschopp Paul         | 01  |                 | <b>38:55</b> | +12:26 | 5:15   | 3996    | M25: 23.     |
| 124. | Hombach Ferdinand    | 07  |                 | <b>38:58</b> | +12:29 | 5:15   | 3231    | U20M: 7.     |
| 125. | Binggeli Lionel      | 02  |                 | <b>39:00</b> | +12:31 | 5:16   | 3915    | M20: 11.     |
| 126. | Strupler Stefan      | 63  | Rüti ZH         | <b>39:03</b> | +12:34 | 5:16   | 1886    | M60: 5.      |
| 127. | Quenzer Jonathan     | 95  |                 | <b>39:06</b> | +12:37 | 5:16   | 3969    | M30: 20.     |
| 128. | Van Der Klis Robert  | 99  |                 | <b>39:08</b> | +12:39 | 5:17   | 4119    | M25: 24.     |
| 129. | Maizar Karim         | 78  |                 | <b>39:17</b> | +12:48 | 5:18   | 3904    | M45: 10.     |
| 130. | Jung Cedric          | 09  |                 | <b>39:20</b> | +12:51 | 5:18   | 3240    | Schüler: 18. |
| 131. | Lodoe Wangchuk       | 10  |                 | <b>39:26</b> | +12:57 | 5:19   | 3120    | Schüler: 19. |
| 132. | Schildknecht Benno   | 83  |                 | <b>39:27</b> | +12:58 | 5:19   | 1815    | M40: 13.     |
| 133. | Napolitano Claudio   | 95  |                 | <b>39:31</b> | +13:02 | 5:20   | 3963    | M30: 21.     |
| 134. | Edgecumbe Jeremy     | 92  |                 | <b>39:32</b> | +13:03 | 5:20   | 3929    | M30: 22.     |
| 135. | Giudici Fabio        | 99  |                 | <b>39:48</b> | +13:19 | 5:22   | 1327    | M25: 25.     |
| 136. | Novak Richi          | 71  |                 | <b>39:56</b> | +13:27 | 5:23   | 4127    | M55: 4.      |
| 137. | Schmidlin Martin     | 63  | Nänikon         | <b>39:58</b> | +13:29 | 5:23   | 1820    | M60: 6.      |
| 138. | Kramer Lukas         | 01  |                 | <b>39:58</b> | +13:29 | 5:24   | 1517    | M25: 26.     |
| 139. | Schneiter Jonas      | 86  |                 | <b>40:00</b> | +13:31 | 5:24   | 3859    | M40: 14.     |
| 140. | Kieser Röne          | 61  | Adetswil        | <b>40:00</b> | +13:31 | 5:24   | 1495    | M65: 2.      |
| 141. | Bleesz Fabian        | 95  |                 | <b>40:10</b> | +13:41 | 5:25   | 3916    | M30: 23.     |
| 142. | Rizzo Noah           | 96  |                 | <b>40:10</b> | +13:41 | 5:25   | 3972    | M30: 24.     |
| 143. | Senn Joshua          | 10  |                 | <b>40:15</b> | +13:46 | 5:26   | 3729    | Schüler: 20. |
| 144. | Lacher Andreas       | 99  |                 | <b>40:17</b> | +13:48 | 5:26   | 3945    | M25: 27.     |
| 145. | Müller Robin         | 83  | Zürich          | <b>40:30</b> | +14:01 | 5:28   | 1653    | M40: 15.     |
| 146. | Tyshkevych Yan       | 06  |                 | <b>40:41</b> | +14:12 | 5:29   | 1938    | M20: 12.     |
| 147. | Seiler-Weber Dario   | 87  |                 | <b>40:48</b> | +14:19 | 5:30   | 3985    | M35: 15.     |
| 148. | Junghans Sven        | 97  |                 | <b>40:48</b> | +14:19 | 5:30   | 3943    | M25: 28.     |
| 149. | Dietl Helmut         | 61  | Zürich          | <b>41:02</b> | +14:33 | 5:32   | 1227    | M65: 3.      |
| 150. | Gasser Lukas         | 08  |                 | <b>41:09</b> | +14:40 | 5:33   | 3213    | U20M: 8.     |

# Forchlauf 2026

results

## 7.4km Männer

| rank | name                 | yob | city      | time         | diff   | min/km | racenum | age group    |
|------|----------------------|-----|-----------|--------------|--------|--------|---------|--------------|
| 151. | Stettler Valentin    | 98  |           | <b>41:13</b> | +14:44 | 5:34   | 1881    | M25: 29.     |
| 152. | Bizard Felix         | 07  |           | <b>41:13</b> | +14:44 | 5:34   | 4083    | U20M: 9.     |
| 153. | Niederbacher Stefan  | 64  |           | <b>41:14</b> | +14:45 | 5:34   | 3965    | M60: 7.      |
| 154. | Bläsi Lionel         | 99  |           | <b>41:17</b> | +14:48 | 5:34   | 1098    | M25: 30.     |
| 155. | Güney Riza           | 89  |           | <b>41:28</b> | +14:59 | 5:36   | 3935    | M35: 16.     |
| 156. | Schwyter Tobias      | 99  |           | <b>41:33</b> | +15:04 | 5:36   | 3984    | M25: 31.     |
| 157. | Mancuso Roberto      | 69  |           | <b>41:40</b> | +15:11 | 5:37   | 3950    | M55: 5.      |
| 158. | Bartholet Thomas     | 62  |           | <b>41:43</b> | +15:14 | 5:38   | 3910    | M60: 8.      |
| 159. | Manzoni Mauro        | 80  | Zürich    | <b>41:44</b> | +15:15 | 5:38   | 1596    | M45: 11.     |
| 160. | Rufli Aaron          | 97  |           | <b>42:04</b> | +15:35 | 5:41   | 3976    | M25: 32.     |
| 161. | Hill Gregory         | 00  |           | <b>42:26</b> | +15:57 | 5:44   | 1410    | M25: 33.     |
| 162. | Müller Sylvan        | 01  |           | <b>42:34</b> | +16:05 | 5:45   | 3960    | M25: 34.     |
| 163. | Arnoldini Markus     | 85  | Zürich    | <b>42:34</b> | +16:05 | 5:45   | 4012    | M40: 16.     |
| 164. | Christoffel Aron     | 94  |           | <b>42:34</b> | +16:05 | 5:45   | 3922    | M30: 25.     |
| 165. | Catanese Francesco   | 09  |           | <b>42:47</b> | +16:18 | 5:46   | 3113    | Schüler: 21. |
| 166. | Garbarino Roberto    | 98  |           | <b>42:49</b> | +16:20 | 5:47   | 1307    | M25: 35.     |
| 167. | Städeli Niki         | 59  | Zürich    | <b>42:50</b> | +16:21 | 5:47   | 1874    | M65: 4.      |
| 168. | Huber Andreas        | 64  | Zürich    | <b>42:55</b> | +16:26 | 5:47   | 1431    | M60: 9.      |
| 169. | Belend Mohammed      | 08  |           | <b>43:07</b> | +16:38 | 5:49   | 3887    | U20M: 10.    |
| 170. | Pannisco Giuseppe L. | 80  |           | <b>43:25</b> | +16:56 | 5:51   | 1702    | M45: 12.     |
| 171. | Haldimann Frédéric   | 69  | Zürich    | <b>43:30</b> | +17:01 | 5:52   | 1372    | M55: 6.      |
| 172. | Bischof Matthias     | 04  | Zürich    | <b>43:32</b> | +17:03 | 5:52   | 1093    | M20: 13.     |
| 173. | Morra Francesco      | 91  |           | <b>43:39</b> | +17:10 | 5:53   | 1638    | M35: 17.     |
| 174. | Lyrer Jarvi          | 03  |           | <b>43:51</b> | +17:22 | 5:55   | 1580    | M20: 14.     |
| 175. | Bischof Lorenz       | 97  | Zürich    | <b>43:56</b> | +17:27 | 5:56   | 1092    | M25: 36.     |
| 176. | Kim Ho June          | 99  |           | <b>43:58</b> | +17:29 | 5:56   | 1496    | M25: 37.     |
| 177. | Cerini Luca          | 02  |           | <b>44:00</b> | +17:31 | 5:56   | 3921    | M20: 15.     |
| 178. | Kägi Pascal          | 01  |           | <b>44:15</b> | +17:46 | 5:58   | 1469    | M25: 38.     |
| 179. | Müller Fabio         | 94  |           | <b>44:20</b> | +17:51 | 5:59   | 3839    | M30: 26.     |
| 180. | Schuh Jacob          | 09  |           | <b>44:34</b> | +18:05 | 6:01   | 3328    | Schüler: 22. |
| 181. | Borntraeger Lenny    | 10  |           | <b>44:40</b> | +18:11 | 6:02   | 3107    | Schüler: 23. |
| 182. | Shinwari Abedullah   | 08  |           | <b>44:44</b> | +18:15 | 6:02   | 3905    | U20M: 11.    |
| 183. | Rüegg Marco          | 98  |           | <b>44:46</b> | +18:17 | 6:02   | 3975    | M25: 39.     |
| 184. | Bettler Lorenz       | 71  |           | <b>44:47</b> | +18:18 | 6:02   | 3913    | M55: 7.      |
| 185. | Wu Shao-Yu           | 98  |           | <b>44:48</b> | +18:19 | 6:03   | 4037    | M25: 40.     |
| 186. | Mironov Simon        | 97  |           | <b>44:48</b> | +18:19 | 6:03   | 1631    | M25: 41.     |
| 187. | Näf Tobias           | 87  |           | <b>44:51</b> | +18:22 | 6:03   | 3962    | M35: 18.     |
| 188. | Müller Adrian        | 90  | Zürich    | <b>44:52</b> | +18:23 | 6:03   | 1648    | M35: 19.     |
| 189. | Schlauri Lorin       | 03  |           | <b>44:57</b> | +18:28 | 6:04   | 3054    | M20: 16.     |
| 190. | Maidhof Patrick      | 92  |           | <b>44:59</b> | +18:30 | 6:04   | 3030    | M30: 27.     |
| 191. | Gähwiler Fabian      | 08  |           | <b>45:03</b> | +18:34 | 6:05   | 3197    | U20M: 12.    |
| 192. | Stocker Josiah       | 08  |           | <b>45:06</b> | +18:37 | 6:05   | 3355    | U20M: 13.    |
| 193. | Grune Andreas        | 90  |           | <b>45:13</b> | +18:44 | 6:06   | 4008    | M35: 20.     |
| 194. | Greiner Vinzenz      | 87  |           | <b>45:18</b> | +18:49 | 6:07   | 1351    | M35: 21.     |
| 195. | Meile Urs            | 53  | Zürich    | <b>45:18</b> | +18:49 | 6:07   | 1617    | M70: 1.      |
| 196. | Simonius Alexander   | 09  |           | <b>45:20</b> | +18:51 | 6:07   | 3145    | Schüler: 24. |
| 197. | Polovyy Vasyl        | 81  |           | <b>45:20</b> | +18:51 | 6:07   | 1730    | M45: 13.     |
| 198. | Kummer Remi          | 96  |           | <b>45:24</b> | +18:55 | 6:08   | 1529    | M30: 28.     |
| 199. | Adam Tim-Oliver      | 10  |           | <b>45:46</b> | +19:17 | 6:11   | 3173    | Schüler: 25. |
| 200. | Eberhard Hans Peter  | 76  | Männedorf | <b>45:51</b> | +19:22 | 6:11   | 1237    | M50: 6.      |

# Forchlauf 2026

results

## 7.4km Männer

| rank | name                      | yob | city             | time         | diff   | min/km | racenum | age group    |
|------|---------------------------|-----|------------------|--------------|--------|--------|---------|--------------|
| 201. | Heusinger Sebastian       | 94  |                  | <b>45:55</b> | +19:26 | 6:12   | 1409    | M30: 29.     |
| 202. | YdC Elias                 | 10  |                  | <b>45:58</b> | +19:29 | 6:12   | 3162    | Schüler: 26. |
| 203. | Pires Tiago               | 85  | Zürich           | <b>45:58</b> | +19:29 | 6:12   | 1726    | M40: 17.     |
| 204. | Montanile Robin           | 04  |                  | <b>46:10</b> | +19:41 | 6:14   | 3955    | M20: 17.     |
| 205. | Ehel Burnahullah Mia      | 08  |                  | <b>46:11</b> | +19:42 | 6:14   | 3891    | U20M: 14.    |
| 206. | Kraue Philipp             | 87  |                  | <b>46:26</b> | +19:57 | 6:16   | 3088    | M35: 22.     |
| 207. | Matzinger Thomas          | 58  | Volketswil       | <b>46:29</b> | +20:00 | 6:16   | 1608    | M65: 5.      |
| 208. | Figeat Jocelyn            | 90  | Zürich           | <b>46:29</b> | +20:00 | 6:16   | 1265    | M35: 23.     |
| 209. | Cominelli Daniel          | 81  |                  | <b>46:33</b> | +20:04 | 6:17   | 1198    | M45: 14.     |
| 210. | Arnet Silas               | 08  |                  | <b>46:45</b> | +20:16 | 6:19   | 1022    | U20M: 15.    |
| 211. | Sijamhodzic Sulejman      | 09  |                  | <b>46:48</b> | +20:19 | 6:19   | 1857    | Schüler: 27. |
| 212. | Klassa Sven               | 96  |                  | <b>46:52</b> | +20:23 | 6:19   | 1498    | M30: 30.     |
| 213. | Lori Marc                 | 94  |                  | <b>47:13</b> | +20:44 | 6:22   | 1565    | M30: 31.     |
| 214. | Brinkmann Adrian          | 98  |                  | <b>47:24</b> | +20:55 | 6:24   | 1135    | M25: 42.     |
| 215. | Richner Philipp           | 70  |                  | <b>47:39</b> | +21:10 | 6:26   | 1767    | M55: 8.      |
| 216. | Montanile Leon            | 07  |                  | <b>47:39</b> | +21:10 | 6:26   | 4102    | U20M: 16.    |
| 217. | Dressler Simon            | 97  |                  | <b>47:39</b> | +21:10 | 6:26   | 3928    | M25: 43.     |
| 218. | Schneider Martin          | 76  | Wädenswil        | <b>47:47</b> | +21:18 | 6:27   | 1825    | M50: 7.      |
| 219. | Leuenberger André         | 55  | Aarwangen        | <b>48:01</b> | +21:32 | 6:29   | 1550    | M70: 2.      |
| 220. | Rovira Domínguez Daniel   | 98  | Zürich           | <b>48:02</b> | +21:33 | 6:29   | 1784    | M25: 44.     |
| 221. | Garcia Daniel             | 99  |                  | <b>48:03</b> | +21:34 | 6:29   | 1308    | M25: 45.     |
| 222. | Kupferschmid Sascha       | 05  |                  | <b>48:08</b> | +21:39 | 6:30   | 1532    | M20: 18.     |
| 223. | Carpentieri Gianluca      | 65  | Zürich           | <b>48:14</b> | +21:45 | 6:31   | 1168    | M60: 10.     |
| 224. | Weinberger Max            | 09  |                  | <b>48:29</b> | +22:00 | 6:33   | 3368    | Schüler: 28. |
| 225. | Jug Aleksander            | 73  |                  | <b>48:44</b> | +22:15 | 6:35   | 3942    | M50: 8.      |
| 226. | Corpataux Jérôme          | 97  |                  | <b>48:44</b> | +22:15 | 6:35   | 3923    | M25: 46.     |
| 227. | Monn Christian Thomas     | 59  |                  | <b>48:50</b> | +22:21 | 6:35   | 1633    | M65: 6.      |
| 228. | Zbinden Michael           | 63  | Zürich           | <b>48:56</b> | +22:27 | 6:36   | 4051    | M60: 11.     |
| 229. | von Niederhäusern Thom... | 88  | Zürich           | <b>48:56</b> | +22:27 | 6:36   | 1969    | M35: 24.     |
| 230. | Maeder Timon              | 00  |                  | <b>48:59</b> | +22:30 | 6:37   | 1586    | M25: 47.     |
| 231. | Bag Goekhan               | 91  |                  | <b>49:12</b> | +22:43 | 6:38   | 1037    | M35: 25.     |
| 232. | Arnold Jonas              | 85  |                  | <b>49:24</b> | +22:55 | 6:40   | 1023    | M40: 18.     |
| 233. | Curtins Valentin          | 69  |                  | <b>49:28</b> | +22:59 | 6:41   | 3924    | M55: 9.      |
| 234. | Weill Roger               | 60  | Langnau am Albis | <b>49:36</b> | +23:07 | 6:42   | 1986    | M65: 7.      |
| 235. | Decasper Konrad           | 59  |                  | <b>49:44</b> | +23:15 | 6:43   | 1220    | M65: 8.      |
| 236. | Heide Casper              | 10  |                  | <b>49:44</b> | +23:15 | 6:43   | 1390    | Schüler: 29. |
| 237. | Mattille Dominic          | 00  |                  | <b>49:49</b> | +23:20 | 6:43   | 3952    | M25: 48.     |
| 238. | Klöckl Günther            | 71  |                  | <b>50:00</b> | +23:31 | 6:45   | 1501    | M55: 10.     |
| 239. | Staub Thomas              | 87  |                  | <b>50:00</b> | +23:31 | 6:45   | 1878    | M35: 26.     |
| 240. | Peric Aleksandar          | 93  |                  | <b>50:02</b> | +23:33 | 6:45   | 3967    | M30: 32.     |
| 241. | Wichert Flavio            | 85  |                  | <b>50:05</b> | +23:36 | 6:46   | 3999    | M40: 19.     |
| 242. | Burger Ivo                | 87  |                  | <b>50:28</b> | +23:59 | 6:49   | 1155    | M35: 27.     |
| 243. | Garcia Juan Antonio       | 91  |                  | <b>50:40</b> | +24:11 | 6:50   | 3008    | M35: 28.     |
| 244. | Schultz Matthias          | 65  |                  | <b>50:45</b> | +24:16 | 6:51   | 1841    | M60: 12.     |
| 245. | Burri Nick                | 01  | Zürich           | <b>50:53</b> | +24:24 | 6:52   | 1157    | M25: 49.     |
| 246. | Odden Lee                 | 56  | Otelfingen       | <b>50:54</b> | +24:25 | 6:52   | 1681    | M70: 3.      |
| 247. | Tealdi Mateo              | 99  |                  | <b>51:06</b> | +24:37 | 6:54   | 1906    | M25: 50.     |
| 248. | Spinnler Sean             | 07  |                  | <b>51:56</b> | +25:27 | 7:01   | 1873    | U20M: 17.    |
| 249. | Rabuzin Lovro             | 99  |                  | <b>51:58</b> | +25:29 | 7:01   | 1742    | M25: 51.     |
| 250. | Ertugrul Mert             | 99  |                  | <b>52:00</b> | +25:31 | 7:01   | 1255    | M25: 52.     |

# Forchlauf 2026

results

## 7.4km Männer

| rank | name                 | yob | city   | time           | diff   | min/km | racenum | age group    |
|------|----------------------|-----|--------|----------------|--------|--------|---------|--------------|
| 251. | Bieselt Lars         | 66  |        | <b>52:30</b>   | +26:01 | 7:05   | 3914    | M60: 13.     |
| 252. | Berger Gedeon        | 68  |        | <b>52:55</b>   | +26:26 | 7:08   | 1071    | M55: 11.     |
| 253. | Tang Kevin           | 95  |        | <b>53:34</b>   | +27:05 | 7:14   | 1902    | M30: 33.     |
| 254. | Hammel René          | 95  |        | <b>54:20</b>   | +27:51 | 7:20   | 3780    | M30: 34.     |
| 255. | Hüsser Claude        | 84  |        | <b>54:20</b>   | +27:51 | 7:20   | 3798    | M40: 20.     |
| 256. | Neher Sebastian      | 87  |        | <b>54:24</b>   | +27:55 | 7:21   | 1666    | M35: 29.     |
| 257. | Thalmann Sebastien   | 71  |        | <b>54:50</b>   | +28:21 | 7:24   | 1913    | M55: 12.     |
| 258. | Esterhammer William  | 09  |        | <b>55:01</b>   | +28:32 | 7:26   | 3195    | Schüler: 30. |
| 259. | König Leonard        | 96  |        | <b>55:35</b>   | +29:06 | 7:30   | 1512    | M30: 35.     |
| 260. | Gusev Maxim          | 00  |        | <b>56:02</b>   | +29:33 | 7:34   | 1365    | M25: 53.     |
| 261. | Beckert Paul         | 92  | Zürich | <b>56:34</b>   | +30:05 | 7:38   | 1062    | M30: 36.     |
| 262. | Ommerborn Stephan    | 64  |        | <b>57:06</b>   | +30:37 | 7:42   | 1688    | M60: 14.     |
| 263. | Inderbitzin Matthias | 95  |        | <b>57:09</b>   | +30:40 | 7:43   | 1446    | M30: 37.     |
| 264. | Atakan Adil Serkan   | 01  |        | <b>59:21</b>   | +32:52 | 8:01   | 1028    | M25: 54.     |
| 265. | Galik Hendrik        | 08  |        | <b>1:01:21</b> | +34:52 | 8:17   | 3203    | U20M: 18.    |
| 266. | Bastu Baris          | 99  |        | <b>1:06:18</b> | +39:49 | 8:57   | 1046    | M25: 55.     |
| 267. | Mun Junseo           | 01  |        | <b>1:07:14</b> | +40:45 | 9:05   | 1655    | M25: 56.     |
| 268. | Lee Minhyuk          | 01  |        | <b>1:07:14</b> | +40:45 | 9:05   | 1546    | M25: 57.     |

### Gestartet

|  |                |    |  |  |  |  |      |      |
|--|----------------|----|--|--|--|--|------|------|
|  | Widrig Nicolas | 07 |  |  |  |  | 3377 | U20M |
|--|----------------|----|--|--|--|--|------|------|

### DNS

|  |                       |    |              |  |  |  |      |         |
|--|-----------------------|----|--------------|--|--|--|------|---------|
|  | Baumberger Andrin     | 08 | Zollikon     |  |  |  | 1055 | U20M    |
|  | Boudreau Christian    | 69 |              |  |  |  | 1121 | M55     |
|  | Debons Benjamin       | 97 |              |  |  |  | 1219 | M25     |
|  | Elenidis Charalampos  | 98 |              |  |  |  | 1245 | M25     |
|  | Feldmann Daniel       | 58 | Zürich       |  |  |  | 1262 | M65     |
|  | Hanselmann Florian    | 91 |              |  |  |  | 1381 | M35     |
|  | Hürlimann Nicolas     | 93 |              |  |  |  | 1441 | M30     |
|  | Kobelt Benjamin       | 90 | Zürich       |  |  |  | 1505 | M35     |
|  | Krebs Mark            | 00 |              |  |  |  | 1519 | M25     |
|  | Krieger Jean-Philippe | 87 | Zürich       |  |  |  | 1523 | M35     |
|  | Leung Xavier          | 96 | Schindellegi |  |  |  | 1552 | M30     |
|  | Loyola Diego          | 92 |              |  |  |  | 1568 | M30     |
|  | Mancuso Valerio       | 10 |              |  |  |  | 1593 | Schüler |
|  | Palenzona Kassra      | 93 | Zürich       |  |  |  | 1699 | M30     |
|  | Potter James          | 90 |              |  |  |  | 1735 | M35     |
|  | Rath Joshua           | 00 |              |  |  |  | 1751 | M25     |
|  | Schneider Michael     | 92 | Zürich       |  |  |  | 1826 | M30     |
|  | Urrutia Aratz         | 97 |              |  |  |  | 1944 | M25     |
|  | Wagner Damian         | 90 |              |  |  |  | 1973 | M35     |
|  | Weideli Olivier       | 83 |              |  |  |  | 1985 | M40     |
|  | Bewer Daniel          | 88 |              |  |  |  | 3006 | M35     |
|  | Beckenbauer Charlie   | 10 |              |  |  |  | 3175 | Schüler |
|  | Jörger Markus         | 72 |              |  |  |  | 3818 | M50     |
|  | Haidari Dawood        | 96 |              |  |  |  | 3899 | M30     |
|  | Tyshkevych Yan        | 06 |              |  |  |  | 3906 | M20     |
|  | Dannacher Gian        | 85 |              |  |  |  | 3925 | M40     |
|  | Huwylar Cyril         | 95 |              |  |  |  | 3937 | M30     |

# Forchlauf 2026

results

## 7.4km Männer

| rank | name                   | yob | city | time | diff | min/km | racenum | age group |
|------|------------------------|-----|------|------|------|--------|---------|-----------|
| DNS  |                        |     |      |      |      |        |         |           |
|      | Izlamaj Altin          | 00  |      |      |      |        | 3939    | M25       |
|      | Wyss Benjamin          | 93  |      |      |      |        | 4001    | M30       |
|      | da Silva Pereira Tiago | 96  |      |      |      |        | 4003    | M30       |

#299 participants