

# Pride Run 5K / 10K

## 5K Male 45-49

rank	name	yob	nation	time	diff	min/km	racenum	overall
1.	Unger Stefan	76	GER	<b>21:12</b>	--	4:14	492	5.
2.	Besnier Jean-Noël	77	FRA	<b>24:46</b>	+3:34	4:57	137	15.
3.	Schelde Thomsen Elmer	77	DEN	<b>28:21</b>	+7:09	5:40	448	29.
4.	Kovacs Robert	75	SWE	<b>28:36</b>	+7:24	5:43	307	30.
5.	Gutmann Thomas	75	SUI	<b>29:16</b>	+8:04	5:51	247	34.
6.	Gardiner Bill	77	GBR	<b>31:52</b>	+10:40	6:22	231	41.
7.	Opitz Till	77	GER	<b>31:59</b>	+10:47	6:23	391	43.
8.	Leuenberger Michele	74	SUI	<b>33:26</b>	+12:14	6:41	327	46.

#8 participants