

# Steinhölzlilauflauf 2025

## Ergebnisse

### Overall Hauptlauf Frauen

| Rang | Name                     | Jg | Ort             | Verein                 | Zeit         | Abstand | min/km | Startnr | Altersklasse |
|------|--------------------------|----|-----------------|------------------------|--------------|---------|--------|---------|--------------|
| 1.   | Aebersold Simona         | 98 | Brügg BE        | OL Biel Seeland        | <b>40:14</b> | --      | 3:49   | 8       | F20: 1.      |
| 2.   | Stettler Seraina         | 01 | Jeuss           | AC Murten              | <b>41:26</b> | +1:12   | 3:56   | 557     | F20: 2.      |
| 3.   | Michael Sina             | 02 | Bern            | STB Leichtathletik     | <b>41:33</b> | +1:19   | 3:57   | 426     | F20: 3.      |
| 4.   | Aeschbacher Daniela      | 78 | Bärau           | TV Länggasse Bern /... | <b>42:02</b> | +1:48   | 4:00   | 10      | F40: 1.      |
| 5.   | Sturm Fini               | 95 | Zofingen        | TriClub Zofingen       | <b>43:26</b> | +3:12   | 4:08   | 568     | F30: 1.      |
| 6.   | Spicher Océane           | 11 | Niederwangen    | STB Leichtathletik     | <b>44:25</b> | +4:11   | 4:13   | 542     | JugA: 1.     |
| 7.   | Pfulg Camille            | 88 | Bern            | Hämpu's Laufgruppe     | <b>44:43</b> | +4:29   | 4:15   | 446     | F30: 2.      |
| 8.   | Saner Kathrin            | 85 | Spiegel         | TV Länggasse           | <b>44:50</b> | +4:36   | 4:16   | 1158    | F40: 2.      |
| 9.   | Probst Nina              | 02 | Belp            | STB Leichtathletik     | <b>45:21</b> | +5:07   | 4:19   | 450     | F20: 4.      |
| 10.  | Frutiger Lynn            | 02 | Bern            | tripl3.ch              | <b>45:31</b> | +5:17   | 4:20   | 1135    | F20: 5.      |
| 11.  | Lüthi Jasmin             | 93 | Bellach         |                        | <b>45:39</b> | +5:25   | 4:20   | 405     | F30: 3.      |
| 12.  | Aeberhard Andrea         | 76 | Bern            | STB                    | <b>45:40</b> | +5:26   | 4:20   | 151     | F40: 3.      |
| 13.  | Schild-Leuthold Juliette | 78 | Köniz           |                        | <b>45:42</b> | +5:28   | 4:21   | 93      | F40: 4.      |
| 14.  | von Känel Sofie          | 96 | Bern            | STB running            | <b>45:51</b> | +5:37   | 4:21   | 585     | F20: 6.      |
| 15.  | Kuster Claudia           | 81 | Liebefeld       |                        | <b>45:55</b> | +5:41   | 4:22   | 118     | F40: 5.      |
| 16.  | Ramseier Corin           | 88 | Frauenkappelen  |                        | <b>47:19</b> | +7:05   | 4:30   | 455     | F30: 4.      |
| 17.  | Schär Ramona             | 99 | Bätterkinden    | TriTeam Emmental       | <b>47:52</b> | +7:38   | 4:33   | 488     | F20: 7.      |
| 18.  | Aebi Nora                | 06 | Wangen b. Olten | TriMeca Performanc...  | <b>48:11</b> | +7:57   | 4:35   | 153     | JugA: 2.     |
| 19.  | Längauer Françoise       | 71 | Ittigen         | gerbersport            | <b>48:31</b> | +8:17   | 4:37   | 131     | F50: 1.      |
| 20.  | Aebersold Kerstin        | 99 | Bern            | tripl3.ch              | <b>49:02</b> | +8:48   | 4:40   | 152     | F20: 8.      |
| 21.  | Bärtschi Doris           | 79 | Mühleberg       | TSV Frauenkappelen...  | <b>49:09</b> | +8:55   | 4:40   | 71      | F40: 6.      |
| 22.  | Iseli Enya               | 03 | Glis            |                        | <b>49:33</b> | +9:19   | 4:43   | 1164    | F20: 9.      |
| 23.  | Gillmann Noemi           | 96 | Bern            |                        | <b>50:00</b> | +9:46   | 4:45   | 304     | F20: 10.     |
| 24.  | Imbach Nilay             | 83 | Horw            |                        | <b>50:11</b> | +9:57   | 4:46   | 354     | F40: 7.      |
| 25.  | de Brot Simone           | 82 | Bern            |                        | <b>50:27</b> | +10:13  | 4:48   | 250     | F40: 8.      |
| 26.  | von Niederhäuser Elin    | 06 | Bern            | TSV Frauenkappelen     | <b>50:55</b> | +10:41  | 4:50   | 146     | JugA: 3.     |
| 27.  | Graf Anne-Sophie         | 96 | Bern            |                        | <b>51:01</b> | +10:47  | 4:51   | 308     | F20: 11.     |
| 28.  | Neuenschwander Christine | 81 | Bern            | TSV Frauenkappelen     | <b>52:42</b> | +12:28  | 5:01   | 89      | F40: 9.      |
| 29.  | Grau Susanna             | 74 | Boll            |                        | <b>52:43</b> | +12:29  | 5:01   | 311     | F50: 2.      |
| 30.  | Linder Nora              | 84 | Rüfenacht BE    |                        | <b>52:48</b> | +12:34  | 5:01   | 401     | F40: 10.     |
| 31.  | Chheng Sovary            | 83 | Bern            |                        | <b>53:06</b> | +12:52  | 5:03   | 237     | F40: 11.     |
| 32.  | Anton Elena              | 74 | Bern            | Rhone Runners          | <b>53:32</b> | +13:18  | 5:05   | 163     | F50: 3.      |
| 33.  | Scherrer Annette         | 70 | Muri b. Bern    | gerbersport            | <b>53:43</b> | +13:29  | 5:06   | 133     | F50: 4.      |
| 34.  | Hess Dominique           | 87 | Liebefeld       | Buschweg-Runners       | <b>54:05</b> | +13:51  | 5:09   | 338     | F30: 5.      |
| 35.  | Moser Balmer Mirjam      | 77 | Bern            | STB B                  | <b>54:15</b> | +14:01  | 5:09   | 429     | F40: 12.     |
| 36.  | Nydegger Carla           | 09 | Worb            |                        | <b>54:20</b> | +14:06  | 5:10   | 438     | JugA: 4.     |
| 37.  | Cercamondi Sabine        | 87 | Ueberstorf      | STB B                  | <b>54:23</b> | +14:09  | 5:10   | 233     | F30: 6.      |
| 38.  | Zumofen Nadine           | 02 | Selkingen       |                        | <b>54:48</b> | +14:34  | 5:13   | 614     | F20: 12.     |
| 39.  | Schneider Osman Carole   | 72 | Bern            |                        | <b>54:53</b> | +14:39  | 5:13   | 514     | F50: 5.      |
| 40.  | Hänzi Rhea               | 98 | Meikirch        |                        | <b>54:58</b> | +14:44  | 5:14   | 330     | F20: 13.     |
| 41.  | Germann Yvonne           | 80 | Grafenried      | STB Running B          | <b>54:59</b> | +14:45  | 5:14   | 301     | F40: 13.     |
| 42.  | Schmitz Patricia         | 72 | Gwatt (Thun)    |                        | <b>55:02</b> | +14:48  | 5:14   | 509     | F50: 6.      |
| 43.  | Trees Lisa               | 96 | Burgdorf        | Fresh                  | <b>55:02</b> | +14:48  | 5:14   | 575     | F20: 14.     |
| 44.  | Bächler Bettina          | 84 | Bern            |                        | <b>55:04</b> | +14:50  | 5:14   | 168     | F40: 14.     |
| 45.  | Caluori Seraina          | 03 | Liebefeld       |                        | <b>55:06</b> | +14:52  | 5:14   | 229     | F20: 15.     |
| 46.  | Kuhn Jaël                | 04 | Köniz           | LCA Bärn               | <b>55:10</b> | +14:56  | 5:15   | 382     | F20: 16.     |
| 47.  | Bur Sereina              | 76 | Bern            |                        | <b>55:10</b> | +14:56  | 5:15   | 220     | F40: 15.     |
| 48.  | Rutschi Elin             | 07 | Thun            |                        | <b>55:38</b> | +15:24  | 5:17   | 475     | JugA: 5.     |
| 49.  | Schmid Sarah             | 80 | Steffisburg     | Steadystate            | <b>55:49</b> | +15:35  | 5:18   | 507     | F40: 16.     |
| 50.  | Kaufmann Simone          | 95 | Langenthal      | OLV Langenthal         | <b>55:52</b> | +15:38  | 5:19   | 368     | F30: 7.      |

# Steinhölzlilauflauf 2025

## Ergebnisse

### Overall Hauptlauf Frauen

| Rang | Name              | Jg | Ort              | Verein                 | Zeit           | Abstand | min/km | Startnr | Altersklasse |
|------|-------------------|----|------------------|------------------------|----------------|---------|--------|---------|--------------|
| 51.  | Buob Priska       | 62 | Luzern           | Tertianum Gruppe /...  | <b>56:01</b>   | +15:47  | 5:20   | 219     | F60: 1.      |
| 52.  | Baumgartner Anita | 74 | Aeschi b. Spiez  | Laufteam Thun          | <b>56:20</b>   | +16:06  | 5:21   | 185     | F50: 7.      |
| 53.  | Bernhard Esther   | 65 | Schlieren        |                        | <b>56:31</b>   | +16:17  | 5:22   | 193     | F60: 2.      |
| 54.  | Oester Dominique  | 72 | Gwatt (Thun)     |                        | <b>56:42</b>   | +16:28  | 5:23   | 439     | F50: 8.      |
| 55.  | Gerber Brigitte   | 65 | Sumiswald        | 4feet Bern             | <b>56:48</b>   | +16:34  | 5:24   | 83      | F60: 3.      |
| 56.  | Häuselmann Marina | 93 | Oberentfelden    |                        | <b>57:10</b>   | +16:56  | 5:26   | 333     | F30: 8.      |
| 57.  | Ritler Annalene   | 99 | Wiler (Lötschen) |                        | <b>57:46</b>   | +17:32  | 5:30   | 467     | F20: 17.     |
| 58.  | Saner Wanda       | 72 | Wabern           | STB Running C          | <b>57:52</b>   | +17:38  | 5:30   | 482     | F50: 9.      |
| 59.  | Bratschi Sabrina  | 88 | Nidau            |                        | <b>59:25</b>   | +19:11  | 5:39   | 212     | F30: 9.      |
| 60.  | Gerber Jeanne     | 78 | Hinterkappelen   |                        | <b>59:29</b>   | +19:15  | 5:39   | 297     | F40: 17.     |
| 61.  | Brügger Johanna   | 87 | Liebefeld        |                        | <b>59:42</b>   | +19:28  | 5:41   | 73      | F30: 10.     |
| 62.  | Crotti Romana     | 57 | Cama             | SM RUN / RC Bellinz... | <b>59:53</b>   | +19:39  | 5:42   | 247     | F60: 4.      |
| 63.  | Ekdahl Malin      | 87 | Aarau            | smrun / LG Niedera...  | <b>59:54</b>   | +19:40  | 5:42   | 110     | F30: 11.     |
| 64.  | Nydegger Bettina  | 80 | Worb             | MegaJoule              | <b>1:00:57</b> | +20:43  | 5:48   | 437     | F40: 18.     |
| 65.  | Schenk Therese    | 57 | Steffisburg      | Laufteam Thun          | <b>1:01:00</b> | +20:46  | 5:48   | 493     | F60: 5.      |
| 66.  | Blum Jana         | 89 | Grosshöchstetten |                        | <b>1:01:31</b> | +21:17  | 5:51   | 204     | F30: 12.     |
| 67.  | Birrer Gaby       | 50 | Nidau            | Jogging Biel/Bienne... | <b>1:02:15</b> | +22:01  | 5:55   | 200     | F70: 1.      |
| 68.  | Pudney Hannelore  | 71 | Kehrsatz         |                        | <b>1:02:28</b> | +22:14  | 5:56   | 451     | F50: 10.     |
| 69.  | Berger Lara       | 10 | Spiez            |                        | <b>1:02:38</b> | +22:24  | 5:57   | 190     | JugA: 6.     |
| 70.  | Ritler Alina      | 10 | Spiez            |                        | <b>1:02:40</b> | +22:26  | 5:58   | 466     | JugA: 7.     |
| 71.  | Hopp Sandra       | 94 | Toffen           |                        | <b>1:03:07</b> | +22:53  | 6:00   | 348     | F30: 13.     |
| 72.  | Grob Céline       | 98 | Bern             |                        | <b>1:03:23</b> | +23:09  | 6:02   | 312     | F20: 18.     |
| 73.  | Walczak Martha    | 91 | Bern             |                        | <b>1:03:29</b> | +23:15  | 6:02   | 1139    | F30: 14.     |
| 74.  | Schibli Gaby      | 53 | Steg VS          | LSVOberwallis          | <b>1:04:25</b> | +24:11  | 6:08   | 498     | F70: 2.      |
| 75.  | Wyss Nadja        | 80 | Olten            |                        | <b>1:04:44</b> | +24:30  | 6:09   | 605     | F40: 19.     |
| 76.  | Soldini Maria     | 52 | Canobbio         | smrun / RC Bellinzona  | <b>1:05:01</b> | +24:47  | 6:11   | 541     | F70: 3.      |
| 77.  | Corballis Nicole  | 87 | Liebefeld        |                        | <b>1:05:21</b> | +25:07  | 6:13   | 246     | F30: 15.     |
| 78.  | Degoumois Morgane | 05 | Meyriez          |                        | <b>1:05:21</b> | +25:07  | 6:13   | 251     | F20: 19.     |
| 79.  | Wallner Barbara   | 96 | Liebefeld        |                        | <b>1:05:46</b> | +25:32  | 6:15   | 591     | F20: 20.     |
| 80.  | Hählen Jeannette  | 77 | Bern             |                        | <b>1:07:25</b> | +27:11  | 6:25   | 325     | F40: 20.     |
| 81.  | Gehri Monika      | 66 | Biel/Bienne      | Swiss Marathonis       | <b>1:07:27</b> | +27:13  | 6:25   | 294     | F50: 11.     |
| 82.  | Schneider Denise  | 69 | Hilterfingen     | All Blacks Thun        | <b>1:08:59</b> | +28:45  | 6:34   | 510     | F50: 12.     |
| 83.  | Tan Siew          | 46 | Dietikon         | smrun, LC UBS          | <b>1:18:35</b> | +38:21  | 7:28   | 569     | F70: 4.      |

### Runde 1

|     |                      |    |      |               |              |       |      |     |          |
|-----|----------------------|----|------|---------------|--------------|-------|------|-----|----------|
| 84. | Baumgartner Stefanie | 74 | Bern | STB Running B | <b>17:47</b> | +4:26 | 5:04 | 187 | F50: 13. |
|-----|----------------------|----|------|---------------|--------------|-------|------|-----|----------|

### DNS

|                      |    |                 |                        |     |     |
|----------------------|----|-----------------|------------------------|-----|-----|
| Egger Nicole         | 85 | Langenthal      | LV Langenthal          | 9   | F40 |
| Thomann Corinne      | 81 | Thun            | swiss marathonis ru... | 95  | F40 |
| Delgado Fatima       | 83 | Wikon           |                        | 253 | F40 |
| Fuhrmann Chantale    | 84 | Fraubrunnen     |                        | 287 | F40 |
| Grossenbacher Denise | 77 | Thörigen        | Trail-Run              | 314 | F40 |
| Hager Renate         | 61 | Obergerlafingen | Happy Sunday Runn...   | 324 | F60 |
| Hess Denise          | 91 | Bösingen        |                        | 337 | F30 |
| Hollop Stefanie      | 85 | Kerzers         |                        | 345 | F40 |
| Imoberdorf Sonja     | 81 | Spiez           | running.Coach          | 356 | F40 |
| Kaufmann Susanne     | 84 | Cham            |                        | 369 | F40 |
| Luder Manuela        | 74 | Kirchberg BE    | ThorBerg - LoBÄRG...   | 404 | F50 |
| Rumo Lara            | 99 | Wünnewil        |                        | 474 | F20 |

# Steinhölzlilauflauf 2025

## Ergebnisse

### Overall Hauptlauf Frauen

| Rang | Name               | Jg | Ort             | Verein   | Zeit | Abstand | min/km | Startnr | Altersklasse |
|------|--------------------|----|-----------------|----------|------|---------|--------|---------|--------------|
| DNS  |                    |    |                 |          |      |         |        |         |              |
|      | Schaub Claudia     | 69 | Winterthur      | smrun    |      |         |        | 489     | F50          |
|      | Schlapbach Nadine  | 92 | Bern            |          |      |         |        | 502     | F30          |
|      | Schmid Anne-Maria  | 62 | Seedorf BE      | LCA Bärn |      |         |        | 503     | F60          |
|      | Schmitz Danja      | 03 | Thun            |          |      |         |        | 508     | F20          |
|      | Schwegler Eveline  | 83 | Spiegel b. Bern |          |      |         |        | 533     | F40          |
|      | Thiel Anja         | 85 | Bern            |          |      |         |        | 570     | F40          |
|      | von Känel Michelle | 89 | Neuenegg        |          |      |         |        | 584     | F30          |
|      | Wittwer Nadine     | 92 | Wabern          |          |      |         |        | 600     | F30          |
|      | Zaugg Nadine       | 77 | Schüpfen        |          |      |         |        | 607     | F40          |
|      | Jakob Monica       | 81 | Liebefeld       |          |      |         |        | 1163    | F40          |

#106 Teilnehmende