

# Steinhölzlilauflauf 2023

## Ergebnisse

### Overall Hauptlauf Frauen

| Rang | Name                         | Jg | Ort          | Verein                  | Zeit           | Abstand | min/km | Startnr | Altersklasse |
|------|------------------------------|----|--------------|-------------------------|----------------|---------|--------|---------|--------------|
| 1.   | Burch Selina                 | 97 | Zollikofen   | LA Nidwalden            | <b>41:55</b>   | --      | 3:59   | 7       | F20: 1.      |
| 2.   | Berchtold Rachel             | 80 | Bern         |                         | <b>42:10</b>   | +15     | 4:00   | 263     | F40: 1.      |
| 3.   | Michael Sina                 | 02 | Bern         | STB                     | <b>43:15</b>   | +1:20   | 4:07   | 1002    | F20: 2.      |
| 4.   | Clerc Alemitu                | 76 | Bern         |                         | <b>43:53</b>   | +1:58   | 4:10   | 1003    | F40: 2.      |
| 5.   | Neuenschwander Natalina      | 96 | Goldswil     | Backdoor Grindelwald    | <b>44:29</b>   | +2:34   | 4:14   | 473     | F20: 3.      |
| 6.   | Hüppi Linda                  | 88 | Brügg BE     | Jogging Biel- Bienne... | <b>44:50</b>   | +2:55   | 4:16   | 391     | F30: 1.      |
| 7.   | Meier Nina                   | 93 | Glattpark    | LC Zürich               | <b>45:13</b>   | +3:18   | 4:18   | 9       | F30: 2.      |
| 8.   | Fischer- Schertenleib Mic... | 91 | Bern         | Velo Gfeller Cycling... | <b>45:48</b>   | +3:53   | 4:21   | 325     | F30: 3.      |
| 9.   | Probst Anja                  | 00 | Belp         | STB Leichtathletik /... | <b>45:56</b>   | +4:01   | 4:22   | 498     | F20: 4.      |
| 10.  | Probst Nina                  | 02 | Belp         | STB Leichtathletik /... | <b>45:59</b>   | +4:04   | 4:22   | 500     | F20: 5.      |
| 11.  | Okle Ladina                  | 06 | Köniz        | LCA Bärn                | <b>46:26</b>   | +4:31   | 4:25   | 479     | JugA: 1.     |
| 12.  | Wiedemann Gertrud            | 78 | Zuchwil      | OK Weissensteinlauf     | <b>46:29</b>   | +4:34   | 4:25   | 131     | F40: 3.      |
| 13.  | Okle Marianne                | 72 | Köniz        | LCA Bärn                | <b>46:39</b>   | +4:44   | 4:26   | 480     | F50: 1.      |
| 14.  | Schild Juliette              | 78 | Köniz        |                         | <b>46:45</b>   | +4:50   | 4:27   | 125     | F40: 4.      |
| 15.  | Pfulg Camille                | 88 | Bern         |                         | <b>46:49</b>   | +4:54   | 4:27   | 1101    | F30: 4.      |
| 16.  | Lüthi Jasmin                 | 93 | Bellach      |                         | <b>48:21</b>   | +6:26   | 4:36   | 447     | F30: 5.      |
| 17.  | Kurz Ingrid                  | 91 | Bern         | OL Biel Seeland         | <b>49:14</b>   | +7:19   | 4:41   | 429     | F30: 6.      |
| 18.  | Heemskerck Chris             | 84 | Köniz        | STB B                   | <b>50:48</b>   | +8:53   | 4:50   | 369     | F30: 7.      |
| 19.  | Janker Stefanie              | 92 | Susten       | STB                     | <b>51:25</b>   | +9:30   | 4:53   | 396     | F30: 8.      |
| 20.  | Buob Priska                  | 62 | Luzern       | WeRun Luzern / FRI...   | <b>53:09</b>   | +11:14  | 5:03   | 289     | F60: 1.      |
| 21.  | Neuenschwander Christine     | 81 | Bern         | TSV Frauenkappelen      | <b>53:42</b>   | +11:47  | 5:06   | 121     | F40: 5.      |
| 22.  | Tyrrell Hazel                | 74 | Wahlendorf   | Mosterei Pärli          | <b>54:04</b>   | +12:09  | 5:08   | 590     | F40: 6.      |
| 23.  | Begg Livia                   | 86 | Bleienbach   |                         | <b>55:29</b>   | +13:34  | 5:17   | 261     | F30: 9.      |
| 24.  | Moser Balmer Mirjam          | 77 | Bern         | STB Running B           | <b>55:48</b>   | +13:53  | 5:18   | 1123    | F40: 7.      |
| 25.  | Schneider Osman Carole       | 72 | Bern         |                         | <b>56:37</b>   | +14:42  | 5:23   | 549     | F50: 2.      |
| 26.  | Bodenmann Katrin             | 76 | Laupen BE    |                         | <b>56:39</b>   | +14:44  | 5:23   | 276     | F40: 8.      |
| 27.  | Thiel Anja                   | 85 | Bern         |                         | <b>56:39</b>   | +14:44  | 5:23   | 586     | F30: 10.     |
| 28.  | Hess Dominique               | 87 | Liebefeld    | Buschweg-Running-...    | <b>56:50</b>   | +14:55  | 5:24   | 376     | F30: 11.     |
| 29.  | Schmid Anne-Maria            | 62 | Saas Fee     | LCA Bärn                | <b>56:53</b>   | +14:58  | 5:25   | 538     | F60: 2.      |
| 30.  | Hofmann Viviane              | 97 | Bern         | STB                     | <b>57:31</b>   | +15:36  | 5:28   | 384     | F20: 6.      |
| 31.  | Eichenberger Lisa            | 92 | Hendschiken  |                         | <b>57:39</b>   | +15:44  | 5:29   | 311     | F30: 12.     |
| 32.  | Peter Andrea                 | 82 | Liebefeld    |                         | <b>57:43</b>   | +15:48  | 5:29   | 488     | F40: 9.      |
| 33.  | Kneubühl Sara                | 01 | Schliern     |                         | <b>57:44</b>   | +15:49  | 5:29   | 411     | F20: 7.      |
| 34.  | Hänzi Rhea                   | 98 | Meikirch     |                         | <b>57:46</b>   | +15:51  | 5:30   | 367     | F20: 8.      |
| 35.  | Chheng Sovary                | 83 | Bern         |                         | <b>58:04</b>   | +16:09  | 5:31   | 301     | F40: 10.     |
| 36.  | Altorfer Isabel              | 70 | Schliern     | LCA Bärn                | <b>58:25</b>   | +16:30  | 5:33   | 236     | F50: 3.      |
| 37.  | Bühlmann Rahel               | 80 | Bern         |                         | <b>58:49</b>   | +16:54  | 5:36   | 288     | F40: 11.     |
| 38.  | Bernhard Esther              | 65 | Schlieren    |                         | <b>58:52</b>   | +16:57  | 5:36   | 101     | F50: 4.      |
| 39.  | Schenk Therese               | 57 | Steffisburg  | Laufteam Thun           | <b>1:00:54</b> | +18:59  | 5:47   | 529     | F60: 3.      |
| 40.  | Birrer Gaby                  | 50 | Nidau        | Jogging Biel- Bienne    | <b>1:01:01</b> | +19:06  | 5:48   | 272     | F70: 1.      |
| 41.  | Häfner Sofia                 | 07 | Bern         |                         | <b>1:01:43</b> | +19:48  | 5:52   | 362     | JugA: 2.     |
| 42.  | Meier Eveline                | 79 | Lengnau BE   | Free Runners Grenc...   | <b>1:03:13</b> | +21:18  | 6:01   | 457     | F40: 12.     |
| 43.  | Weiss Rahel                  | 86 | Fribourg     |                         | <b>1:03:14</b> | +21:19  | 6:01   | 1110    | F30: 13.     |
| 44.  | Kilchenmann Muriel           | 97 | Bern         | STB                     | <b>1:03:55</b> | +22:00  | 6:05   | 409     | F20: 9.      |
| 45.  | Pöschel Melanie              | 95 | Dietikon     | BSC Wohlen              | <b>1:04:14</b> | +22:19  | 6:07   | 496     | F20: 10.     |
| 46.  | Bellwald Melanie             | 96 | Bern         | Boxclub Bern            | <b>1:04:28</b> | +22:33  | 6:08   | 262     | F20: 11.     |
| 47.  | Bouquet Christiane           | 63 | Ste-Croix    |                         | <b>1:04:54</b> | +22:59  | 6:10   | 279     | F60: 4.      |
| 48.  | Gehri Monika                 | 66 | Biel/Bienne  | Swiss Marathonis        | <b>1:05:22</b> | +23:27  | 6:13   | 342     | F50: 5.      |
| 49.  | Acher Susanne                | 68 | Lyss         |                         | <b>1:05:39</b> | +23:44  | 6:15   | 229     | F50: 6.      |
| 50.  | Schneider Denise             | 69 | Hilterfingen | All Blacks Thun         | <b>1:06:12</b> | +24:17  | 6:18   | 1129    | F50: 7.      |

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## Ergebnisse

### Overall Hauptlauf Frauen

| Rang | Name                  | Jg | Ort               | Verein             | Zeit           | Abstand | min/km | Startnr | Altersklasse |
|------|-----------------------|----|-------------------|--------------------|----------------|---------|--------|---------|--------------|
| 51.  | Spiess Ursula         | 91 | Bern              |                    | <b>1:06:27</b> | +24:32  | 6:19   | 571     | F30: 14.     |
| 52.  | Saner Wanda           | 72 | Wabern            | STB running C      | <b>1:06:28</b> | +24:33  | 6:19   | 520     | F50: 8.      |
| 53.  | Wind Regula           | 75 | Luzern            |                    | <b>1:06:32</b> | +24:37  | 6:20   | 133     | F40: 13.     |
| 54.  | Lidzba Lena           | 71 | Bern              |                    | <b>1:06:41</b> | +24:46  | 6:21   | 440     | F50: 9.      |
| 55.  | Meyer-Wilmes Christel | 64 | Münsingen         | Laufteam Münsingen | <b>1:06:41</b> | +24:46  | 6:21   | 462     | F50: 10.     |
| 56.  | Buser Nathalie        | 89 | Bern              | LCA Bärn           | <b>1:06:50</b> | +24:55  | 6:21   | 295     | F30: 15.     |
| 57.  | Brantschen Simone     | 99 | Bern              |                    | <b>1:07:18</b> | +25:23  | 6:24   | 283     | F20: 12.     |
| 58.  | Schwegler Eveline     | 83 | Spiegel b. Bern   |                    | <b>1:07:19</b> | +25:24  | 6:24   | 562     | F40: 14.     |
| 59.  | Grossmann Tanja       | 92 | Luzern            |                    | <b>1:07:22</b> | +25:27  | 6:24   | 358     | F30: 16.     |
| 60.  | Hug Fränzi            | 73 | Büren an der Aare |                    | <b>1:09:10</b> | +27:15  | 6:35   | 390     | F50: 11.     |
| 61.  | Ganz Regula           | 88 | Bern              |                    | <b>1:10:41</b> | +28:46  | 6:43   | 341     | F30: 17.     |
| 62.  | Zwahlen Cornelia      | 86 | Münsingen         | arcowo RUNNERS     | <b>1:11:46</b> | +29:51  | 6:50   | 629     | F30: 18.     |
| 63.  | Pfeifer Elsie         | 83 | Bern              |                    | <b>1:15:00</b> | +33:05  | 7:08   | 491     | F40: 15.     |
| 64.  | Tan Siew              | 46 | Dietikon          | Smrun              | <b>1:16:20</b> | +34:25  | 7:16   | 584     | F70: 2.      |
| 65.  | Weiss Monika          | 51 | Steinhausen       |                    | <b>1:20:30</b> | +38:35  | 7:39   | 1109    | F70: 3.      |
| 66.  | Bütler Birgit         | 63 | Bern              | BSC Wohlen         | <b>1:29:50</b> | +47:55  | 8:33   | 296     | F60: 5.      |
| 67.  | Scherrer Anita        | 90 | Bremgarten AG     | BSC Wohlen         | <b>1:29:51</b> | +47:56  | 8:33   | 530     | F30: 19.     |
| 68.  | Horber Silja          | 92 | Zürich            | BSC Wohlen         | <b>1:33:23</b> | +51:28  | 8:53   | 385     | F30: 20.     |

### DNS

|                    |    |                 |                          |  |  |  |  |     |     |
|--------------------|----|-----------------|--------------------------|--|--|--|--|-----|-----|
| Maurer Melanie     | 88 | Hindelbank      | gerbersport              |  |  |  |  | 10  | F30 |
| Lönnig Nicoletta   | 83 | Nidau           |                          |  |  |  |  | 117 | F40 |
| Ruchti Sarah       | 94 | Bern            |                          |  |  |  |  | 123 | F20 |
| Thomann Corinne    | 81 | Thun            | All Blacks Thun / Swi... |  |  |  |  | 129 | F40 |
| Berger Stéphanie   | 82 | Epautheyres     | AS TEAM / Tempo S...     |  |  |  |  | 265 | F40 |
| Burri Evelyne      | 73 | Münsingen       |                          |  |  |  |  | 292 | F50 |
| Caspary Lina       | 93 | Brig            |                          |  |  |  |  | 298 | F30 |
| Dolman Simone      | 70 | Kirchberg BE    |                          |  |  |  |  | 307 | F50 |
| Fankhauser Claudia | 81 | Hindelbank      |                          |  |  |  |  | 318 | F40 |
| Kälin Erika Rosa   | 69 | Rothenthurm     | LC Uster                 |  |  |  |  | 400 | F50 |
| Paersch Christina  | 87 | Ostermundigen   |                          |  |  |  |  | 482 | F30 |
| Paroz Corinne      | 77 | Kirchberg BE    |                          |  |  |  |  | 483 | F40 |
| Pedrelli Tiziana   | 87 | Liebefeld       | #hardworkers             |  |  |  |  | 485 | F30 |
| Sestito Luzia      | 69 | Untersiggenthal | sitzstudio.ch            |  |  |  |  | 565 | F50 |
| Wieland Susanna    | 88 | Liebefeld       |                          |  |  |  |  | 610 | F30 |

#83 Teilnehmende