

## Pride Run 5K / 10K

### 10K Male 45-49

rank	name	yob	nation	time	diff	min/km	racenum	overall
1.	Guildford Jono	76	GBR	<b>42:21</b>	--	4:14	243	20.
2.	Zwick Bulken Mads	74	DEN	<b>42:39</b>	+18	4:15	541	23.
3.	Grabowski Marcin	78	POL	<b>44:34</b>	+2:13	4:27	238	43.
4.	Cosio Christophe	77	FRA	<b>45:43</b>	+3:22	4:34	180	54.
5.	Rhein Christian	77	GER	<b>46:15</b>	+3:54	4:37	418	59.
6.	Roessle Matthias	77	GER	<b>46:27</b>	+4:06	4:38	427	62.
7.	Vaudroz Cyril	75	SUI	<b>47:23</b>	+5:02	4:44	505	74.
8.	Helmark Søren	76	DEN	<b>47:25</b>	+5:04	4:44	264	75.
9.	Bayère Romain	77	SUI	<b>47:51</b>	+5:30	4:47	126	82.
10.	Lemarie Cedric	76	FRA	<b>48:48</b>	+6:27	4:52	325	89.
11.	Frimann Casper	78	DEN	<b>50:10</b>	+7:49	5:00	228	96.
12.	Learmonth Christopher	75	GBR	<b>50:15</b>	+7:54	5:01	324	99.
13.	Felder Andreas	74	SUI	<b>50:15</b>	+7:54	5:01	217	100.
14.	Huynh Phong	78	SUI	<b>51:13</b>	+8:52	5:07	276	105.
15.	Abrahamsson Stellan	76	SWE	<b>51:32</b>	+9:11	5:09	101	107.
16.	Vatan Fabrice	73	FRA	<b>51:57</b>	+9:36	5:11	504	112.
17.	Henriksson Markus	77	SWE	<b>52:17</b>	+9:56	5:13	268	115.
18.	Wehrs Nikolai	78	GER	<b>52:20</b>	+9:59	5:13	519	117.
19.	Lombard Aleks	74	SUI	<b>52:33</b>	+10:12	5:15	335	119.
20.	Renouf Patrick	77	GBR	<b>53:15</b>	+10:54	5:19	417	124.
21.	Lüscher Reto	78	SUI	<b>53:42</b>	+11:21	5:22	340	127.
22.	Van De Sand Markus	76	GER	<b>53:50</b>	+11:29	5:22	500	128.
23.	Yu David	78	TPE	<b>55:27</b>	+13:06	5:32	534	139.
24.	Schneider Jan	75	GER	<b>55:40</b>	+13:19	5:33	454	140.
25.	Indenkämpen Andreas	75	GER	<b>55:48</b>	+13:27	5:34	279	142.
26.	Teegen Björn	78	GER	<b>57:04</b>	+14:43	5:42	483	147.
27.	Matavka Miro	78	SVK	<b>57:22</b>	+15:01	5:44	350	148.
28.	Eggimann Andreas	73	SUI	<b>57:51</b>	+15:30	5:47	206	150.
29.	Künzi Tinu	76	SUI	<b>1:06:24</b>	+24:03	6:38	317	164.
30.	Rot Gregor	78	SLO	<b>1:06:58</b>	+24:37	6:41	431	165.

### DNS

	Kaufmann Markus	78	SUI				289	
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#31 participants