

Results | Berne, July 28, 2023

## Pride Run 5K / 10K

### 5K Male 60-64

rank	name	yob	nation	time	diff	min/km	racenum	overall
1.	Van Koelen Ted	61	NED	<b>23:48</b>	--	4:45	501	11.
2.	Bengtsson Thomas	61	SWE	<b>24:51</b>	+1:03	4:58	132	16.
3.	Nielsen Henning	60	DEN	<b>25:16</b>	+1:28	5:03	383	18.
4.	Behrendt Jörg	62	GER	<b>25:35</b>	+1:47	5:06	130	20.
5.	Lischer Rolf	61	SUI	<b>28:18</b>	+4:30	5:39	334	27.
6.	Peters Udo	62	GER	<b>28:20</b>	+4:32	5:39	401	28.
7.	Metze Coen	63	NED	<b>30:52</b>	+7:04	6:10	363	38.
8.	Hamker Uwe	59	GER	<b>33:42</b>	+9:54	6:44	255	47.
9.	Waldhecker Karl	63	GER	<b>34:13</b>	+10:25	6:50	514	51.

### DNS

	Laird Rick	60	CAN				320	
	Penzel Ralph	60	GER				398	

#11 participants