

Run and Walk Bern 2024

results

Overall 10km Running Männer

| rank | name | yob | Ort/Verein | time | diff | min/km | racenu | age group |
|------|----------------------|-----|-----------------------------------|-------|-------|--------|--------|------------|
| 1. | Durance Clément | 90 | Niederwangen BE | 32:40 | -- | 3:15 | 2 | Sen M: 1. |
| 2. | Lehmann Cédric | 95 | SCOTT / STB Leichtathletik | 32:46 | +06 | 3:16 | 550 | Sen M: 2. |
| 3. | Greisser Noah | 01 | TV Länggasse Bern | 33:17 | +37 | 3:19 | 376 | Sen M: 3. |
| 4. | Tefera Mekonen | 92 | Nidau | 33:26 | +46 | 3:20 | 1123 | Sen M: 4. |
| 5. | Gutknecht Valentin | 98 | TV Riehen | 33:30 | +50 | 3:20 | 1103 | Sen M: 5. |
| 6. | Moser David | 93 | TV Länggasse/Loufträff Chöniz | 34:13 | +1:33 | 3:25 | 627 | Sen M: 6. |
| 7. | Clerc Kevin | 91 | La Neuveville | 34:19 | +1:39 | 3:25 | 1197 | Sen M: 7. |
| 8. | Zangger Ivo | 93 | STB Running | 34:21 | +1:41 | 3:26 | 1013 | Sen M: 8. |
| 9. | Hügli Manuel | 94 | Laufen | 34:30 | +1:50 | 3:26 | 511... | Sen M: 9. |
| 10. | Jenzer Urs | 70 | Raiffeisenbank Frutigland/M... | 34:32 | +1:52 | 3:27 | 470 | Mas M: 1. |
| 11. | Schertenleib Raphael | 90 | tripl3.ch | 35:13 | +2:33 | 3:31 | 811 | Sen M: 10. |
| 12. | Kilchenmann Tobias | 00 | Münsingen | 35:46 | +3:06 | 3:34 | 495 | Sen M: 11. |
| 13. | Hofer Marco | 86 | Thun | 36:08 | +3:28 | 3:36 | 431 | Sen M: 12. |
| 14. | Streit Marc | 95 | Gantrischbike.ch/ tripl3.ch | 36:26 | +3:46 | 3:38 | 890 | Sen M: 13. |
| 15. | Serey Nicolas | 79 | Sport X, Bern | 36:29 | +3:49 | 3:38 | 858 | Mas M: 2. |
| 16. | Freiburghaus Guido | 72 | Uetendorf | 36:58 | +4:18 | 3:41 | 1151 | Mas M: 3. |
| 17. | Schmid Ivan | 75 | Sportsparadise.ch | 37:00 | +4:20 | 3:41 | 1121 | Mas M: 4. |
| 18. | Rüfenacht Tobias | 89 | Obstberger Rennbrote | 37:03 | +4:23 | 3:42 | 777 | Sen M: 14. |
| 19. | Probst Jonas | 85 | Bern | 37:11 | +4:31 | 3:43 | 717 | Sen M: 15. |
| 20. | Lanz Yves | 82 | Intersport Rieben / Laufftreff... | 37:13 | +4:33 | 3:43 | 544 | Mas M: 5. |
| 21. | Huber Florian | 80 | Bolligen | 37:14 | +4:34 | 3:43 | 444 | Mas M: 6. |
| 22. | Fischer Severin | 86 | Velo Gfeller Cycling Club | 37:15 | +4:35 | 3:43 | 1176 | Sen M: 16. |
| 23. | Balimann Raphael | 83 | Urtenen-Schönbühl | 37:17 | +4:37 | 3:43 | 133 | Mas M: 7. |
| 24. | Schild Olivier | 86 | LCA Bärn | 37:20 | +4:40 | 3:43 | 815 | Sen M: 17. |
| 25. | Hostettler Alwin | 89 | Bern | 37:37 | +4:57 | 3:45 | 437 | Sen M: 18. |
| 26. | Bonfils Nicolas | 76 | Bern | 37:48 | +5:08 | 3:46 | 1182 | Mas M: 8. |
| 27. | Da Silva Helder | 76 | Tria Basilea | 37:55 | +5:15 | 3:47 | 245 | Mas M: 9. |
| 28. | von Känel Robin | 98 | Bern | 38:02 | +5:22 | 3:48 | 948 | Sen M: 19. |
| 29. | Burkhalter Matthias | 88 | LCA Bärn | 38:05 | +5:25 | 3:48 | 218 | Sen M: 20. |
| 30. | Leuenberger Adrian | 84 | STB | 38:11 | +5:31 | 3:49 | 561 | Mas M: 10. |
| 31. | Nydegger Joel | 91 | Bern | 38:14 | +5:34 | 3:49 | 661 | Sen M: 21. |
| 32. | Baumann Stefan | 79 | TV Zollikofen | 38:17 | +5:37 | 3:49 | 152 | Mas M: 11. |
| 33. | Rasouli Sadiq | 05 | TV Länggasse Bern | 38:18 | +5:38 | 3:49 | 1130 | Jun: 1. |
| 34. | Bigler Andy | 99 | STB | 38:20 | +5:40 | 3:49 | 176 | Sen M: 22. |
| 35. | Zangger Adrian | 91 | Orpund | 38:22 | +5:42 | 3:50 | 1012 | Sen M: 23. |
| 36. | Ganz David | 87 | Obstberger Rennbrote | 38:31 | +5:51 | 3:51 | 331 | Sen M: 24. |
| 37. | Haegeli Maxime | 98 | Lajoux | 38:38 | +5:58 | 3:51 | 1158 | Sen M: 25. |
| 38. | Wyss Benjamin | 89 | Alletfürdendaggel | 38:46 | +6:06 | 3:52 | 1002 | Sen M: 26. |
| 39. | G. Blanch Javier | 78 | LG gerbersport | 38:49 | +6:09 | 3:52 | 325 | Mas M: 12. |
| 40. | Baumann Beat | 74 | STB | 38:50 | +6:10 | 3:52 | 148 | Mas M: 13. |
| 41. | Zumbühl Sebastian | 91 | STB Running | 38:51 | +6:11 | 3:53 | 1041 | Sen M: 27. |
| 42. | Walker Manuel | 81 | All Blacks Thun/Loufträff Chö... | 38:59 | +6:19 | 3:53 | 956 | Mas M: 14. |
| 43. | Egli Nicolas | 00 | Aarwangen | 39:07 | +6:27 | 3:54 | 1188 | Sen M: 28. |
| 44. | Marques Alex | 88 | Chur | 39:09 | +6:29 | 3:54 | 588 | Sen M: 29. |
| 45. | Paul Ruslan | 84 | Loufträff Chöniz | 39:19 | +6:39 | 3:55 | 689 | Mas M: 15. |
| 46. | Roulin Philippe | 76 | CAG Farvagny | 39:22 | +6:42 | 3:56 | 768 | Mas M: 16. |
| 47. | Löffel Kimi | 06 | TV Zollikofen | 39:26 | +6:46 | 3:56 | 510... | Jun: 2. |
| 48. | Krausler Alexander | 90 | Dübendorf | 39:30 | +6:50 | 3:56 | 524 | Sen M: 30. |
| 49. | Pereira Marco | 78 | Zermatt | 39:40 | +7:00 | 3:57 | 1177 | Mas M: 17. |
| 50. | Stegerer Thomas | 79 | LAV Tübingen | 39:46 | +7:06 | 3:58 | 1169 | Mas M: 18. |

Run and Walk Bern 2024

results

Overall 10km Running Männer

| rank | name | job | Ort/Verein | time | diff | min/km | racenu | age group |
|------|-------------------------|-----|--------------------------------|-------|--------|--------|--------|------------|
| 51. | Steiner Bruno | 73 | Grosshöchstetten | 39:48 | +7:08 | 3:58 | 880 | Mas M: 19. |
| 52. | Nicca Mauro | 90 | STB | 39:48 | +7:08 | 3:58 | 653 | Sen M: 31. |
| 53. | Hosseini Hadi | 04 | Bern | 39:53 | +7:13 | 3:59 | 1119 | Sen M: 32. |
| 54. | Eitler Erwin | 90 | Liebefeld | 39:55 | +7:15 | 3:59 | 285 | Sen M: 33. |
| 55. | Bütikofer René | 71 | www.rad-werk.ch | 39:57 | +7:17 | 3:59 | 221 | Mas M: 20. |
| 56. | Blättler Beat | 76 | LACTV Unterstrass | 40:09 | +7:29 | 4:00 | 189 | Mas M: 21. |
| 57. | Wolf Remo | 86 | Rüeggisberg | 40:09 | +7:29 | 4:00 | 1180 | Sen M: 34. |
| 58. | Kramer Michael | 82 | Meyriez | 40:11 | +7:31 | 4:01 | 521 | Mas M: 22. |
| 59. | Yonas Sem | 01 | Zürich | 40:11 | +7:31 | 4:01 | 1107 | Sen M: 35. |
| 60. | Jenzer Stefan | 75 | Mentigslüüfer | 40:25 | +7:45 | 4:02 | 469 | Mas M: 23. |
| 61. | Bregeon Florian | 95 | Évian-les-Bains | 40:41 | +8:01 | 4:04 | 199 | Sen M: 36. |
| 62. | Bieri Michael | 92 | OL Laufental-Thierstein | 40:47 | +8:07 | 4:04 | 174 | Sen M: 37. |
| 63. | Strassmann Nils | 93 | STB Running | 40:54 | +8:14 | 4:05 | 1215 | Sen M: 38. |
| 64. | Huber Matia | 04 | Worblaufen | 40:56 | +8:16 | 4:05 | 445 | Sen M: 39. |
| 65. | Grossen André | 92 | Aeschi b. Spiez | 40:59 | +8:19 | 4:05 | 1183 | Sen M: 40. |
| 66. | Muzaffari Murtaza | 06 | Emmental International | 41:02 | +8:22 | 4:06 | 1114 | Jun: 3. |
| 67. | Mülhauser Alex | 82 | Tripl3 | 41:20 | +8:40 | 4:07 | 637 | Mas M: 24. |
| 68. | Oesterling Nils | 71 | PluSport Guide | 41:20 | +8:40 | 4:07 | 670 | Mas M: 25. |
| 69. | Peer Men | 98 | Bern | 41:23 | +8:43 | 4:08 | 691 | Sen M: 41. |
| 70. | Bühler Urs | 71 | TV Zollikofen | 41:24 | +8:44 | 4:08 | 214 | Mas M: 26. |
| 71. | Gillmann Ino | 93 | Bern | 41:26 | +8:46 | 4:08 | 1205 | Sen M: 42. |
| 72. | Barrelet David | 90 | RunningUnlimitedNeuchâtel | 41:29 | +8:49 | 4:08 | 139 | Sen M: 43. |
| 73. | Ritzmann Emanuel | 96 | Ostermundigen | 41:32 | +8:52 | 4:09 | 743 | Sen M: 44. |
| 74. | Iseli Marco | 80 | triteam Emmental | 41:34 | +8:54 | 4:09 | 458 | Mas M: 27. |
| 75. | Kramis Benjamin | 92 | Bern | 41:35 | +8:55 | 4:09 | 522 | Sen M: 45. |
| 76. | Rohrbach Robert | 85 | Rosshäusern | 41:40 | +9:00 | 4:09 | 751 | Sen M: 46. |
| 77. | Wissenburg Iwan | 74 | Belp | 41:42 | +9:02 | 4:10 | 984 | Mas M: 28. |
| 78. | Ritzmann Colin Jonathan | 96 | Northbern Running Club | 41:47 | +9:07 | 4:10 | 742 | Sen M: 47. |
| 79. | Nicol Sebastian | 94 | Zollikofen | 41:48 | +9:08 | 4:10 | 655 | Sen M: 48. |
| 80. | Müller Andreas | 88 | Obstberger Rennbrote | 41:59 | +9:19 | 4:11 | 1136 | Sen M: 49. |
| 81. | Peric David | 03 | Luzern | 42:12 | +9:32 | 4:13 | 694 | Sen M: 50. |
| 82. | Perrottet Pascal | 82 | Bern | 42:20 | +9:40 | 4:13 | 698 | Mas M: 29. |
| 83. | Fahrni Patric | 89 | SkinfitCrew | 42:23 | +9:43 | 4:14 | 291 | Sen M: 51. |
| 84. | Schärz Dominik | 84 | Mentigslüüfer | 42:24 | +9:44 | 4:14 | 805 | Mas M: 30. |
| 85. | Muradi Qutbuddin | 99 | Emmental International | 42:29 | +9:49 | 4:14 | 1112 | Sen M: 52. |
| 86. | Alder Bruno | 76 | Bern | 42:30 | +9:50 | 4:14 | 1152 | Mas M: 31. |
| 87. | Schertenleib Tom | 62 | LSV Uetendorf | 42:35 | +9:55 | 4:15 | 812 | Vet M: 1. |
| 88. | Beifuss Johannes | 85 | Schwyzzerörgelifründe Wiese... | 42:35 | +9:55 | 4:15 | 160 | Sen M: 53. |
| 89. | Koller Michael | 85 | Team Pacer | 42:37 | +9:57 | 4:15 | 511 | Sen M: 54. |
| 90. | Kabashi Arianit | 91 | Bern | 42:48 | +10:08 | 4:16 | 480 | Sen M: 55. |
| 91. | Kessler Adrian | 85 | LV | 42:50 | +10:10 | 4:16 | 492 | Sen M: 56. |
| 92. | Knutti Mike | 89 | Lyss | 42:51 | +10:11 | 4:17 | 504 | Sen M: 57. |
| 93. | von Allmen Stephan | 78 | CrossFit TB | 42:54 | +10:14 | 4:17 | 942 | Mas M: 32. |
| 94. | Walpen René | 66 | Laufftreff Thun | 42:56 | +10:16 | 4:17 | 511... | Mas M: 33. |
| 95. | Flückiger Serge | 77 | Schliern b. Köniz | 43:02 | +10:22 | 4:18 | 307 | Mas M: 34. |
| 96. | Stübi Christophe | 73 | Münchenbuchsee | 43:05 | +10:25 | 4:18 | 894 | Mas M: 35. |
| 97. | Baumann Markus | 74 | Bern | 43:18 | +10:38 | 4:19 | 151 | Mas M: 36. |
| 98. | Yusofe Shareza | 04 | Emmental International | 43:20 | +10:40 | 4:19 | 1117 | Sen M: 58. |
| 99. | Alizada Ali Khan | 01 | Emmental International | 43:21 | +10:41 | 4:20 | 1110 | Sen M: 59. |
| 100. | Sauerstein Matthias | 81 | Niederwangen BE | 43:21 | +10:41 | 4:20 | 796 | Mas M: 37. |

Run and Walk Bern 2024

results

Overall 10km Running Männer

| rank | name | job | Ort/Verein | time | diff | min/km | racenu | age group |
|------|-------------------------|-----|-----------------------------------|-------|--------|--------|--------|------------|
| 101. | Demont Robert | 92 | Wabern | 43:25 | +10:45 | 4:20 | 259 | Sen M: 60. |
| 102. | Hofstetter Patrick | 69 | Adligenswil | 43:28 | +10:48 | 4:20 | 434 | Mas M: 38. |
| 103. | Venez Sandro | 92 | Rhone Runners | 43:28 | +10:48 | 4:20 | 928 | Sen M: 61. |
| 104. | Riedweg Jörg | 64 | Laufftreff Wangen an der Aare | 43:30 | +10:50 | 4:20 | 740 | Vet M: 2. |
| 105. | Heiniger Markus | 68 | LB-Training | 43:36 | +10:56 | 4:21 | 1170 | Mas M: 39. |
| 106. | Ehrler Guy | 78 | STB Running B | 43:37 | +10:57 | 4:21 | 284 | Mas M: 40. |
| 107. | Oestreicher Roman | 97 | Rubigen | 43:41 | +11:01 | 4:22 | 671 | Sen M: 62. |
| 108. | Danioth Maurice | 88 | Busswil BE | 43:47 | +11:07 | 4:22 | 251 | Sen M: 63. |
| 109. | Dietrich Fabian | 75 | Därlichen | 43:51 | +11:11 | 4:23 | 266 | Mas M: 41. |
| 110. | Wyss Christoph | 79 | Walkringen | 43:57 | +11:17 | 4:23 | 1003 | Mas M: 42. |
| 111. | Leser Simon | 96 | Bern | 44:02 | +11:22 | 4:24 | 559 | Sen M: 64. |
| 112. | Müller Dominik | 69 | Team Leyiani | 44:11 | +11:31 | 4:25 | 639 | Mas M: 43. |
| 113. | Eckert Marc | 82 | Team Pacer | 44:19 | +11:39 | 4:25 | 277 | Mas M: 44. |
| 114. | Stutz Sascha | 93 | Bern | 44:22 | +11:42 | 4:26 | 901 | Sen M: 65. |
| 115. | Müller Felix | 82 | Bern | 44:27 | +11:47 | 4:26 | 640 | Mas M: 45. |
| 116. | Roibal Jose | 65 | Granges-Paccot | 44:30 | +11:50 | 4:26 | 753 | Mas M: 46. |
| 117. | Aschwanden Markus | 68 | LSV Uetendorf | 44:33 | +11:53 | 4:27 | 1149 | Mas M: 47. |
| 118. | Jäggi Matthias | 80 | Roggwil | 44:34 | +11:54 | 4:27 | 463 | Mas M: 48. |
| 119. | Jampa 1376 | 85 | Biberist | 44:34 | +11:54 | 4:27 | 511... | Sen M: 66. |
| 120. | Wäfler Stefan | 85 | Spiez | 44:37 | +11:57 | 4:27 | 12 | Sen M: 67. |
| 121. | Wittwer David | 95 | Bern | 44:39 | +11:59 | 4:27 | 986 | Sen M: 68. |
| 122. | Edgerley Rob | 83 | Rapperswil-BE | 44:39 | +11:59 | 4:27 | 278 | Mas M: 49. |
| 123. | Schranz Fred | 59 | LSV Uetendorf | 44:40 | +12:00 | 4:27 | 842 | Vet M: 3. |
| 124. | Gosteli David | 89 | Thun | 44:42 | +12:02 | 4:28 | 367 | Sen M: 69. |
| 125. | Lottaz Tobias | 90 | CrossFit TB | 44:46 | +12:06 | 4:28 | 577 | Sen M: 70. |
| 126. | Huber Nicola | 06 | Fc Ostermundigen | 44:47 | +12:07 | 4:28 | 446 | Jun: 4. |
| 127. | Schafer Oliver | 82 | Ittigen | 44:54 | +12:14 | 4:29 | 1150 | Mas M: 50. |
| 128. | Zimmerli Lars | 77 | Herzogenbuchsee | 44:57 | +12:17 | 4:29 | 1031 | Mas M: 51. |
| 129. | Thüring Stefan | 73 | Laufen | 44:59 | +12:19 | 4:29 | 912 | Mas M: 52. |
| 130. | Christen Michael | 92 | Niederwangen b. Bern | 45:03 | +12:23 | 4:30 | 237 | Sen M: 71. |
| 131. | Chavannes Fabian | 91 | Schliern b. Köniz | 45:03 | +12:23 | 4:30 | 231 | Sen M: 72. |
| 132. | Boss Daniel | 68 | Intersport Rieben / Laufftreff... | 45:06 | +12:26 | 4:30 | 195 | Mas M: 53. |
| 133. | Zobrist Peter | 59 | Emmental International | 45:08 | +12:28 | 4:30 | 1118 | Vet M: 4. |
| 134. | Aebischer Yannick | 83 | Boxing Thérapie | 45:10 | +12:30 | 4:30 | 109 | Mas M: 54. |
| 135. | Schlup Patrick | 94 | Rapperswil | 45:13 | +12:33 | 4:31 | 822 | Sen M: 73. |
| 136. | Gagliardi Paolo Armando | 83 | Bern | 45:16 | +12:36 | 4:31 | 1218 | Mas M: 55. |
| 137. | König Sebastian | 84 | Team OX | 45:32 | +12:52 | 4:33 | 518 | Mas M: 56. |
| 138. | Schrittesser Hannes | 74 | Utzigen | 45:32 | +12:52 | 4:33 | 843 | Mas M: 57. |
| 139. | Brenzikofer Simon | 88 | All Blacks Thun | 45:34 | +12:54 | 4:33 | 200 | Sen M: 74. |
| 140. | von Au Dominic | 91 | LB-Training | 45:34 | +12:54 | 4:33 | 1159 | Sen M: 75. |
| 141. | Cavanna Davide | 84 | Bern | 45:38 | +12:58 | 4:33 | 227 | Mas M: 58. |
| 142. | Silva Afonso | 64 | Peseux | 45:41 | +13:01 | 4:34 | 865 | Vet M: 5. |
| 143. | Hörler Hannes | 71 | Bern | 45:42 | +13:02 | 4:34 | 436 | Mas M: 59. |
| 144. | Wüthrich Thomas | 61 | Laufftreff Thun | 45:45 | +13:05 | 4:34 | 998 | Vet M: 6. |
| 145. | Grolimund Raphaël | 79 | Make Me Run | 45:47 | +13:07 | 4:34 | 378 | Mas M: 60. |
| 146. | Uhlmann Thomas | 85 | Bern | 45:52 | +13:12 | 4:35 | 919 | Sen M: 76. |
| 147. | Aebischer Hubert | 70 | St. Antoni | 45:56 | +13:16 | 4:35 | 106 | Mas M: 61. |
| 148. | Schmuki Carlo | 69 | ol.biel.seeland | 45:58 | +13:18 | 4:35 | 829 | Mas M: 62. |
| 149. | Kunz Andi | 85 | Bern | 46:01 | +13:21 | 4:36 | 1185 | Sen M: 77. |
| 150. | Calavitta Marco | 75 | MC8 Running | 46:03 | +13:23 | 4:36 | 223 | Mas M: 63. |

Run and Walk Bern 2024

results

Overall 10km Running Männer

| rank | name | job | Ort/Verein | time | diff | min/km | racenu | age group |
|------|----------------------|-----|------------------------------|-------|--------|--------|--------|------------|
| 151. | Goldener Tobias | 90 | Bern | 46:06 | +13:26 | 4:36 | 364 | Sen M: 78. |
| 152. | Baumgartner Robert | 85 | Sumiswald | 46:10 | +13:30 | 4:36 | 1192 | Sen M: 79. |
| 153. | Vogel Kevin | 89 | Bern | 46:11 | +13:31 | 4:37 | 939 | Sen M: 80. |
| 154. | Marchese Sergio | 76 | Adliswil Rouleurs | 46:13 | +13:33 | 4:37 | 1195 | Mas M: 64. |
| 155. | Rezai Hadi | 00 | Bern | 46:17 | +13:37 | 4:37 | 736 | Sen M: 81. |
| 156. | Laky Daniel | 87 | Bern | 46:20 | +13:40 | 4:37 | 542 | Sen M: 82. |
| 157. | Flückiger Renato | 75 | Ittigen | 46:26 | +13:46 | 4:38 | 306 | Mas M: 65. |
| 158. | Wüthrich Patrick | 76 | Bern | 46:27 | +13:47 | 4:38 | 996 | Mas M: 66. |
| 159. | Bostock Roger | 72 | Münsingen | 46:31 | +13:51 | 4:39 | 1193 | Mas M: 67. |
| 160. | Decasper Mauro | 95 | Liebfeld | 46:34 | +13:54 | 4:39 | 254 | Sen M: 83. |
| 161. | Biland Marco | 86 | LAR TV Windisch | 46:35 | +13:55 | 4:39 | 180 | Sen M: 84. |
| 162. | Schmutz Nicolas | 02 | Krauchthal | 46:35 | +13:55 | 4:39 | 831 | Sen M: 85. |
| 163. | Gosteli Max | 57 | Obstberger Rennbrote | 46:38 | +13:58 | 4:39 | 368 | Vet M: 7. |
| 164. | Cometti Adrien | 98 | Neuchâtel | 46:41 | +14:01 | 4:40 | 240 | Sen M: 86. |
| 165. | Cavalli Steve | 89 | Schmitten FR | 46:43 | +14:03 | 4:40 | 226 | Sen M: 87. |
| 166. | Rüfenacht Stefan | 81 | Wabern | 46:44 | +14:04 | 4:40 | 776 | Mas M: 68. |
| 167. | Podzorski Joël | 91 | Bern | 46:47 | +14:07 | 4:40 | 712 | Sen M: 88. |
| 168. | Keller Sebastian | 83 | Bern | 46:51 | +14:11 | 4:41 | 489 | Mas M: 69. |
| 169. | Gerber Christian | 74 | Konolfingen | 46:55 | +14:15 | 4:41 | 1191 | Mas M: 70. |
| 170. | Frischknecht Gabriel | 94 | Unterlangenegg | 46:58 | +14:18 | 4:41 | 322 | Sen M: 89. |
| 171. | Bruni Mauro | 56 | arcowo RUNNERS | 46:59 | +14:19 | 4:41 | 207 | Vet M: 8. |
| 172. | Kolly Matthias | 80 | Bern | 47:02 | +14:22 | 4:42 | 513 | Mas M: 71. |
| 173. | Iseli Stefan | 89 | Zolliwood Running Team | 47:03 | +14:23 | 4:42 | 460 | Sen M: 90. |
| 174. | Louis Nicolas | 75 | Bern | 47:08 | +14:28 | 4:42 | 578 | Mas M: 72. |
| 175. | Grogg Robert | 71 | Urtenen-Schönbühl | 47:10 | +14:30 | 4:42 | 377 | Mas M: 73. |
| 176. | Gerber Kaspar | 79 | LCA Bärn | 47:14 | +14:34 | 4:43 | 350 | Mas M: 74. |
| 177. | Smolár Michal | 83 | Breza | 47:14 | +14:34 | 4:43 | 1165 | Mas M: 75. |
| 178. | Bachmann Daniel | 81 | Bern | 47:33 | +14:53 | 4:45 | 127 | Mas M: 76. |
| 179. | Schuler Steffen | 73 | (^_^) ... MUTANTE WIRELES... | 47:33 | +14:53 | 4:45 | 1141 | Mas M: 77. |
| 180. | Bangerter Andreas | 88 | Thun | 47:35 | +14:55 | 4:45 | 137 | Sen M: 91. |
| 181. | Miescher Christoph | 68 | Wabern | 47:43 | +15:03 | 4:46 | 616 | Mas M: 78. |
| 182. | Ziegler Alain | 59 | www.mssport.ch | 47:54 | +15:14 | 4:47 | 1026 | Vet M: 9. |
| 183. | Hutterer Beat | 83 | Coffee First | 47:58 | +15:18 | 4:47 | 455 | Mas M: 79. |
| 184. | Paganini Victor | 99 | Biel/Bienne | 48:04 | +15:24 | 4:48 | 684 | Sen M: 92. |
| 185. | Yeoh Jeremy | 95 | Bern | 48:04 | +15:24 | 4:48 | 1009 | Sen M: 93. |
| 186. | Heigl Andres | 74 | Bern | 48:10 | +15:30 | 4:48 | 412 | Mas M: 80. |
| 187. | Baumgartner Heinz | 62 | mirzwöi | 48:13 | +15:33 | 4:49 | 154 | Vet M: 10. |
| 188. | Gautschi Dominic | 95 | Sursee | 48:14 | +15:34 | 4:49 | 337 | Sen M: 94. |
| 189. | Wolter Joerg | 60 | Tri Club Solothurn | 48:15 | +15:35 | 4:49 | 988 | Vet M: 11. |
| 190. | Gerber René | 82 | Helgisried | 48:16 | +15:36 | 4:49 | 354 | Mas M: 81. |
| 191. | Himmati Abdullah | 03 | Emmental International | 48:19 | +15:39 | 4:49 | 1111 | Sen M: 95. |
| 192. | Müller Lionel | 05 | Burgdorf | 48:21 | +15:41 | 4:50 | 641 | Jun: 5. |
| 193. | Hürst Marcel | 94 | Steffisburg | 48:22 | +15:42 | 4:50 | 454 | Sen M: 96. |
| 194. | Dupasquier Cédric | 84 | Fribourg | 48:23 | +15:43 | 4:50 | 274 | Mas M: 82. |
| 195. | Moser Martin | 74 | Liebfeld | 48:27 | +15:47 | 4:50 | 628 | Mas M: 83. |
| 196. | Meier Beat | 64 | 3athlon Bern | 48:29 | +15:49 | 4:50 | 601 | Vet M: 12. |
| 197. | Matti Benjamin | 82 | Bern | 48:30 | +15:50 | 4:50 | 1154 | Mas M: 84. |
| 198. | Hänni Matthias | 77 | STB Running B | 48:31 | +15:51 | 4:51 | 400 | Mas M: 85. |
| 199. | Sollberger Lars | 82 | Inline Club Mittelland | 48:34 | +15:54 | 4:51 | 867 | Mas M: 86. |
| 200. | Bersier Lucien | 94 | Bern | 48:40 | +16:00 | 4:51 | 167 | Sen M: 97. |

Run and Walk Bern 2024

results

Overall 10km Running Männer

| rank | name | yob | Ort/Verein | time | diff | min/km | racenu | age group |
|------|-----------------------|-----|-------------------------------|-------|--------|--------|--------|-------------|
| 201. | Schwerzmann Yann | 98 | Bern | 48:40 | +16:00 | 4:51 | 849 | Sen M: 98. |
| 202. | Etter Jakob | 54 | run and Walk Kerzers | 48:41 | +16:01 | 4:52 | 289 | Vet M: 13. |
| 203. | Baumberger Marcel | 88 | Team Pacer | 48:42 | +16:02 | 4:52 | 1131 | Sen M: 99. |
| 204. | Zahnd Kevin | 90 | Wabern | 48:47 | +16:07 | 4:52 | 1011 | Sen M: 100. |
| 205. | Jompatong Pan | 75 | Willisau | 48:48 | +16:08 | 4:52 | 467 | Mas M: 87. |
| 206. | Paulin Andre | 68 | Möhlin | 48:48 | +16:08 | 4:52 | 690 | Mas M: 88. |
| 207. | Ali Zulfy | 83 | Zürich | 48:48 | +16:08 | 4:52 | 114 | Mas M: 89. |
| 208. | Hess Hanspeter | 89 | Münsingen | 48:48 | +16:08 | 4:52 | 423 | Sen M: 101. |
| 209. | Lehherr Reto | 82 | Bern | 48:50 | +16:10 | 4:52 | 552 | Mas M: 90. |
| 210. | Hänni Samuel | 98 | Bern | 48:53 | +16:13 | 4:53 | 401 | Sen M: 102. |
| 211. | Hitz Sascha | 75 | Ostermundigen | 48:54 | +16:14 | 4:53 | 430 | Mas M: 91. |
| 212. | Aeschlimann Martin | 64 | Heimberg | 48:55 | +16:15 | 4:53 | 112 | Vet M: 14. |
| 213. | Schneider Hugo | 66 | All Blacks Thun | 48:56 | +16:16 | 4:53 | 511... | Mas M: 92. |
| 214. | Pelicho Luis | 86 | Gex | 48:58 | +16:18 | 4:53 | 692 | Sen M: 103. |
| 215. | Hermidas Salim | 92 | Bern | 49:02 | +16:22 | 4:54 | 417 | Sen M: 104. |
| 216. | Dorizzi Aris | 94 | Ostermundigen | 49:03 | +16:23 | 4:54 | 269 | Sen M: 105. |
| 217. | Duss Marco | 89 | Langenthal | 49:05 | +16:25 | 4:54 | 276 | Sen M: 106. |
| 218. | Weldehaymanot Ahferom | 78 | Belp | 49:12 | +16:32 | 4:55 | 965 | Mas M: 93. |
| 219. | Huber Adrian | 72 | Bolligen | 49:12 | +16:32 | 4:55 | 443 | Mas M: 94. |
| 220. | Hänni Walter | 62 | Jumpin'Ghost Biel | 49:16 | +16:36 | 4:55 | 403 | Vet M: 15. |
| 221. | Frei Philipp | 79 | Laufgruppe Wynau | 49:17 | +16:37 | 4:55 | 315 | Mas M: 95. |
| 222. | Baumgartner Roger | 79 | Los Locos Spiez | 49:20 | +16:40 | 4:55 | 155 | Mas M: 96. |
| 223. | Meyer Pascal | 76 | STB Running | 49:20 | +16:40 | 4:55 | 612 | Mas M: 97. |
| 224. | Zerayakob Saimon | 03 | Belp | 49:27 | +16:47 | 4:56 | 1024 | Sen M: 107. |
| 225. | Speck Kevin | 94 | Burger King Running Club | 49:31 | +16:51 | 4:57 | 870 | Sen M: 108. |
| 226. | Ellenberger Rolf | 77 | Laufftreff Wangen an der Aare | 49:31 | +16:51 | 4:57 | 286 | Mas M: 98. |
| 227. | Gerber Patrick | 91 | Laufteam Emmental | 49:33 | +16:53 | 4:57 | 352 | Sen M: 109. |
| 228. | Gasser Yanik | 93 | Wabern | 49:34 | +16:54 | 4:57 | 334 | Sen M: 110. |
| 229. | Porto Rios Daniel | 83 | Bern | 49:34 | +16:54 | 4:57 | 714 | Mas M: 99. |
| 230. | Fitze Daniel | 92 | Bern | 49:39 | +16:59 | 4:57 | 302 | Sen M: 111. |
| 231. | Galliker Sandro | 87 | Bern | 49:42 | +17:02 | 4:58 | 330 | Sen M: 112. |
| 232. | Bakuba Jonathan | 87 | Berne | 49:47 | +17:07 | 4:58 | 132 | Sen M: 113. |
| 233. | Rutz Liam | 08 | Hosenruck | 49:50 | +17:10 | 4:58 | 786 | Jun: 6. |
| 234. | Ruffiner Alain | 85 | Saas-Grund | 49:52 | +17:12 | 4:59 | 780 | Sen M: 114. |
| 235. | Winklehner Thomas | 74 | Wolverine | 49:53 | +17:13 | 4:59 | 983 | Mas M: 100. |
| 236. | Schlegel Christian | 86 | Belp | 49:55 | +17:15 | 4:59 | 820 | Sen M: 115. |
| 237. | Piljic Dario | 93 | Emmenbrücke | 49:55 | +17:15 | 4:59 | 708 | Sen M: 116. |
| 238. | Hess Pablo | 80 | Bern | 49:57 | +17:17 | 4:59 | 424 | Mas M: 101. |
| 239. | Steinmann Daniel | 63 | Bern | 49:58 | +17:18 | 4:59 | 884 | Vet M: 16. |
| 240. | Bader Jan | 81 | Derendingen | 49:58 | +17:18 | 4:59 | 130 | Mas M: 102. |
| 241. | Bottinelli Lorenzo | 90 | Nidau | 49:59 | +17:19 | 4:59 | 196 | Sen M: 117. |
| 242. | José Perez | 63 | STB Leichtathletik | 50:06 | +17:26 | 5:00 | 474 | Vet M: 17. |
| 243. | Ruppen Olivier | 76 | Grenchen | 50:11 | +17:31 | 5:01 | 784 | Mas M: 103. |
| 244. | Siegrist Thomas | 65 | Niederwangen BE | 50:12 | +17:32 | 5:01 | 864 | Mas M: 104. |
| 245. | Bögershausen Malte | 77 | Lalden | 50:16 | +17:36 | 5:01 | 192 | Mas M: 105. |
| 246. | Furer Philipp | 87 | Wabern | 50:26 | +17:46 | 5:02 | 324 | Sen M: 118. |
| 247. | Brühlhart Reto | 89 | Neuenegg | 50:29 | +17:49 | 5:02 | 206 | Sen M: 119. |
| 248. | Salinas Pierre | 75 | Fribourg | 50:30 | +17:50 | 5:02 | 792 | Mas M: 106. |
| 249. | Britt Andreas | 68 | Bern | 50:35 | +17:55 | 5:03 | 203 | Mas M: 107. |
| 250. | Peter Marco Daniel | 83 | Securiton AG | 50:36 | +17:56 | 5:03 | 701 | Mas M: 108. |

Run and Walk Bern 2024

results

Overall 10km Running Männer

| rank | name | job | Ort/Verein | time | diff | min/km | racenu | age group |
|------|-------------------------|-----|-------------------------|-------|--------|--------|--------|-------------|
| 251. | Celi Silvio | 76 | Joggingclub Vaudoise | 50:37 | +17:57 | 5:03 | 228 | Mas M: 109. |
| 252. | Schauelberger Erich | 79 | Fehrltorf | 50:41 | +18:01 | 5:04 | 807 | Mas M: 110. |
| 253. | Gerber Patrick | 85 | Schwarzenburg | 50:54 | +18:14 | 5:05 | 353 | Sen M: 120. |
| 254. | Wenger Patrik | 83 | Thun | 50:55 | +18:15 | 5:05 | 970 | Mas M: 111. |
| 255. | Habegger Flurin | 91 | Bern | 50:57 | +18:17 | 5:05 | 392 | Sen M: 121. |
| 256. | Minotti Olivier | 77 | Köniz | 50:58 | +18:18 | 5:05 | 620 | Mas M: 112. |
| 257. | Bachmann Daniel | 82 | City Circle Solothurn | 51:01 | +18:21 | 5:06 | 511... | Mas M: 113. |
| 258. | Mösch David | 68 | Bern | 51:03 | +18:23 | 5:06 | 626 | Mas M: 114. |
| 259. | Yaqobi Rasool | 03 | Emmental International | 51:08 | +18:28 | 5:06 | 1116 | Sen M: 122. |
| 260. | Carron Frédéric | 84 | Ostermundigen | 51:13 | +18:33 | 5:07 | 1203 | Mas M: 115. |
| 261. | Chheng Rithy | 80 | Bern | 51:16 | +18:36 | 5:07 | 234 | Mas M: 116. |
| 262. | Hitham Sultan | 79 | Stb Leichtathletik | 51:20 | +18:40 | 5:07 | 428 | Mas M: 117. |
| 263. | Gassmann Rolf | 65 | STB Running B | 51:21 | +18:41 | 5:08 | 335 | Mas M: 118. |
| 264. | Walter Roland | 78 | Wabern | 51:23 | +18:43 | 5:08 | 958 | Mas M: 119. |
| 265. | Nasiri Matin | 01 | Emmental International | 51:26 | +18:46 | 5:08 | 1115 | Sen M: 123. |
| 266. | Petris Reto | 69 | Bern | 51:29 | +18:49 | 5:08 | 702 | Mas M: 120. |
| 267. | Menis Raphaël | 85 | Moutier | 51:30 | +18:50 | 5:08 | 1211 | Sen M: 124. |
| 268. | Cohen Eshchar | 76 | Bern | 51:33 | +18:53 | 5:09 | 238 | Mas M: 121. |
| 269. | Le Cottonnec Aymeric | 88 | Make Me Run | 51:34 | +18:54 | 5:09 | 549 | Sen M: 125. |
| 270. | Lirgg Uli | 56 | Cloros Team | 51:38 | +18:58 | 5:09 | 570 | Vet M: 18. |
| 271. | Zimmermann Benj | 81 | FW DER | 51:38 | +18:58 | 5:09 | 1033 | Mas M: 122. |
| 272. | Durrer Toni | 61 | www.rad-werk.ch | 51:47 | +19:07 | 5:10 | 275 | Vet M: 19. |
| 273. | Jakob Herbert | 80 | Worb | 51:48 | +19:08 | 5:10 | 466 | Mas M: 123. |
| 274. | Ballestri Yuri | 76 | Bern | 51:49 | +19:09 | 5:10 | 134 | Mas M: 124. |
| 275. | Siegrist Fabian | 75 | Suhr | 51:52 | +19:12 | 5:11 | 863 | Mas M: 125. |
| 276. | Bernasconi Mirco | 70 | Spiegel b. Bern | 51:53 | +19:13 | 5:11 | 1106 | Mas M: 126. |
| 277. | Bergel Alexandre | 78 | Bern | 51:53 | +19:13 | 5:11 | 164 | Mas M: 127. |
| 278. | Hintermann Felix | 69 | HAFLinger | 51:58 | +19:18 | 5:11 | 426 | Mas M: 128. |
| 279. | Kamal Abbas Mohamed | 84 | Münsingen | 51:59 | +19:19 | 5:11 | 483 | Mas M: 129. |
| 280. | Mühlemann Dennis | 94 | Uetendorf | 52:01 | +19:21 | 5:12 | 635 | Sen M: 126. |
| 281. | Koltys Arkadiusz | 82 | Liebfeld | 52:03 | +19:23 | 5:12 | 515 | Mas M: 130. |
| 282. | Steffen Raphael | 97 | Langenthal | 52:12 | +19:32 | 5:13 | 879 | Sen M: 127. |
| 283. | Aebi Remo | 02 | Ittigen | 52:13 | +19:33 | 5:13 | 105 | Sen M: 128. |
| 284. | Stucki Dominik | 77 | Bremgarten b. Bern | 52:16 | +19:36 | 5:13 | 895 | Mas M: 131. |
| 285. | Bigler Gilles | 84 | Biel/Bienne | 52:18 | +19:38 | 5:13 | 178 | Mas M: 132. |
| 286. | König Niklaus | 68 | Lanzenhäusern | 52:22 | +19:42 | 5:14 | 516 | Mas M: 133. |
| 287. | Graf Thomas | 86 | Wabern | 52:22 | +19:42 | 5:14 | 371 | Sen M: 129. |
| 288. | Hänni Simon | 91 | Waschbärenbande | 52:22 | +19:42 | 5:14 | 402 | Sen M: 130. |
| 289. | Messer Daniel | 82 | Ministry Of Silly Walks | 52:24 | +19:44 | 5:14 | 608 | Mas M: 134. |
| 290. | von der Forst Alexander | 67 | Posieux | 52:24 | +19:44 | 5:14 | 946 | Mas M: 135. |
| 291. | Nauli Martin | 69 | Pfäffikon ZH | 52:34 | +19:54 | 5:15 | 651 | Mas M: 136. |
| 292. | Gubler Reto | 71 | Illnau | 52:34 | +19:54 | 5:15 | 384 | Mas M: 137. |
| 293. | Hartmann Ludovic | 77 | Giffers | 52:41 | +20:01 | 5:16 | 406 | Mas M: 138. |
| 294. | Uribe Antonio | 72 | Reinach | 52:59 | +20:19 | 5:17 | 921 | Mas M: 139. |
| 295. | Daum Michel | 73 | Bern | 53:02 | +20:22 | 5:18 | 1108 | Mas M: 140. |
| 296. | Amstutz Jan | 93 | Niederscherli | 53:02 | +20:22 | 5:18 | 117 | Sen M: 131. |
| 297. | Viotto Damiano | 89 | Thun | 53:06 | +20:26 | 5:18 | 937 | Sen M: 132. |
| 298. | Geissbühler Ramon | 91 | Bern | 53:10 | +20:30 | 5:18 | 338 | Sen M: 133. |
| 299. | Schmidhalter Marco | 93 | Bern | 53:24 | +20:44 | 5:20 | 825 | Sen M: 134. |
| 300. | Moser Roland | 75 | Boll | 53:28 | +20:48 | 5:20 | 631 | Mas M: 141. |

Run and Walk Bern 2024

results

Overall 10km Running Männer

| rank | name | yob | Ort/Verein | time | diff | min/km | racenu | age group |
|------|------------------------|-----|-----------------------|-------|--------|--------|--------|-------------|
| 301. | Villanueva Felix | 70 | Lätti | 53:30 | +20:50 | 5:20 | 936 | Mas M: 142. |
| 302. | Schlunegger Yves | 61 | Gerzensee | 53:30 | +20:50 | 5:20 | 821 | Vet M: 20. |
| 303. | Libron Francis Anthony | 88 | Basel | 53:37 | +20:57 | 5:21 | 565 | Sen M: 135. |
| 304. | Marti Haohua | 07 | Worblaufen | 53:38 | +20:58 | 5:21 | 590 | Jun: 7. |
| 305. | Siegenthaler Martin | 98 | Bowil | 53:40 | +21:00 | 5:21 | 861 | Sen M: 136. |
| 306. | Eggenschwiler Yanik | 96 | Belp Schützen | 53:42 | +21:02 | 5:22 | 279 | Sen M: 137. |
| 307. | Kneubühl Stefan | 69 | Schliern | 53:43 | +21:03 | 5:22 | 501 | Mas M: 143. |
| 308. | Graf Patric | 83 | Merligen | 53:44 | +21:04 | 5:22 | 370 | Mas M: 144. |
| 309. | Toma Octavian | 72 | anAesthetics | 53:45 | +21:05 | 5:22 | 1164 | Mas M: 145. |
| 310. | Ith Markus | 72 | Murten | 53:47 | +21:07 | 5:22 | 1147 | Mas M: 146. |
| 311. | Haldemann Ralf | 62 | Krauchthal | 53:53 | +21:13 | 5:23 | 396 | Vet M: 21. |
| 312. | Vignal Grégoire | 76 | Bern | 53:59 | +21:19 | 5:23 | 935 | Mas M: 147. |
| 313. | Rellstab Christoph | 69 | Münchenbuchsee | 53:59 | +21:19 | 5:23 | 731 | Mas M: 148. |
| 314. | von Känel Hanspeter | 66 | Laufftreff Spiez | 54:00 | +21:20 | 5:23 | 947 | Mas M: 149. |
| 315. | Schwarz Volker | 67 | LCA Bärn | 54:02 | +21:22 | 5:24 | 846 | Mas M: 150. |
| 316. | Zwahlen Thomas | 67 | STB Running | 54:06 | +21:26 | 5:24 | 1049 | Mas M: 151. |
| 317. | Fiorini Francesco | 88 | Bern | 54:10 | +21:30 | 5:24 | 299 | Sen M: 138. |
| 318. | Gempeler Stefan | 73 | Moosseedorf | 54:15 | +21:35 | 5:25 | 342 | Mas M: 152. |
| 319. | Derivaz Christian | 77 | Ardon | 54:23 | +21:43 | 5:26 | 260 | Mas M: 153. |
| 320. | Nyffenegger Lorenz | 63 | Burgdorf | 54:26 | +21:46 | 5:26 | 664 | Vet M: 22. |
| 321. | Schulz Jonas | 90 | Bern | 54:29 | +21:49 | 5:26 | 844 | Sen M: 139. |
| 322. | Zbinden Peter | 59 | Laufftreff Spiez | 54:38 | +21:58 | 5:27 | 1020 | Vet M: 23. |
| 323. | Bucher Alexander | 74 | Bern | 54:41 | +22:01 | 5:28 | 210 | Mas M: 154. |
| 324. | Wild Stefan | 83 | City Circle Solothurn | 54:42 | +22:02 | 5:28 | 980 | Mas M: 155. |
| 325. | Rodriguez Georg | 83 | Bern | 54:44 | +22:04 | 5:28 | 748 | Mas M: 156. |
| 326. | Messerli Roland | 76 | Zollikofen | 55:02 | +22:22 | 5:30 | 609 | Mas M: 157. |
| 327. | Baumeler Michael | 78 | Mehlsecken | 55:05 | +22:25 | 5:30 | 153 | Mas M: 158. |
| 328. | Fiorini Guido | 56 | ASD KM Sport Verona | 55:08 | +22:28 | 5:30 | 300 | Vet M: 24. |
| 329. | Mosimann Heinz | 53 | Meyriez | 55:09 | +22:29 | 5:30 | 633 | Vet M: 25. |
| 330. | Meyer Florian | 73 | Wynau | 55:13 | +22:33 | 5:31 | 610 | Mas M: 159. |
| 331. | Rudeck Stefan | 63 | STB Running | 55:14 | +22:34 | 5:31 | 770 | Vet M: 26. |
| 332. | Karlen Adrian | 86 | Thun | 55:18 | +22:38 | 5:31 | 485 | Sen M: 140. |
| 333. | Nanzer Remo | 75 | Wabern | 55:22 | +22:42 | 5:32 | 650 | Mas M: 160. |
| 334. | Chevreau Julien | 83 | Lausanne | 55:27 | +22:47 | 5:32 | 233 | Mas M: 161. |
| 335. | Bast Sascha | 92 | Grafenried | 55:30 | +22:50 | 5:32 | 146 | Sen M: 141. |
| 336. | Stark Jonathan | 86 | Fribourg | 55:35 | +22:55 | 5:33 | 876 | Sen M: 142. |
| 337. | Zabe-Kühn Martin | 64 | Ostermundigen | 55:36 | +22:56 | 5:33 | 1010 | Vet M: 27. |
| 338. | Jiménez Carlos | 74 | Urtenen-Schönbühl | 55:43 | +23:03 | 5:34 | 471 | Mas M: 162. |
| 339. | Burgschweiger Carsten | 79 | Neuenegg | 55:45 | +23:05 | 5:34 | 1899 | Mas M: 163. |
| 340. | Gertsch Lars | 93 | Steffisburg | 55:53 | +23:13 | 5:35 | 356 | Sen M: 143. |
| 341. | Zurbrügg Thomas | 89 | Bern | 56:02 | +23:22 | 5:36 | 1042 | Sen M: 144. |
| 342. | Strieben Thomas | 70 | Toffen | 56:02 | +23:22 | 5:36 | 892 | Mas M: 164. |
| 343. | Vonk Edo | 73 | Gümligen | 56:12 | +23:32 | 5:37 | 950 | Mas M: 165. |
| 344. | Schweingruber Stefan | 86 | Villars-sur-Glâne | 56:19 | +23:39 | 5:37 | 847 | Sen M: 145. |
| 345. | Allemand Dominic | 82 | Kirchlindach | 56:26 | +23:46 | 5:38 | 1196 | Mas M: 166. |
| 346. | Nacht Yves | 90 | Bern | 56:26 | +23:46 | 5:38 | 648 | Sen M: 146. |
| 347. | Beer Lukas | 85 | Wabern | 56:30 | +23:50 | 5:38 | 159 | Sen M: 147. |
| 348. | Gerber Samuel | 76 | Bern | 56:33 | +23:53 | 5:39 | 355 | Mas M: 167. |
| 349. | Burchianti Nino | 91 | Ouzo United | 56:35 | +23:55 | 5:39 | 216 | Sen M: 148. |
| 350. | Rüegsegger Fritz | 50 | STB | 56:40 | +24:00 | 5:39 | 774 | Vet M: 28. |

Run and Walk Bern 2024

results

Overall 10km Running Männer

| rank | name | yob | Ort/Verein | time | diff | min/km | racenu | age group |
|------|------------------------|-----|--------------------------------|---------|--------|--------|--------|-------------|
| 351. | Rhunke Pascal | 95 | Burgdorf | 56:41 | +24:01 | 5:40 | 737 | Sen M: 149. |
| 352. | Rüetschi David | 73 | Münsingen | 56:43 | +24:03 | 5:40 | 775 | Mas M: 168. |
| 353. | Rösner Ingmar | 81 | Straight Edge Run Club | 56:48 | +24:08 | 5:40 | 756 | Mas M: 169. |
| 354. | Krebs Hansjoerg | 57 | Niederwangen BE | 56:51 | +24:11 | 5:41 | 525 | Vet M: 29. |
| 355. | Müller Sandro | 83 | Spiez | 56:53 | +24:13 | 5:41 | 644 | Mas M: 170. |
| 356. | Loosli Fabian | 94 | Burgdorf | 56:54 | +24:14 | 5:41 | 574 | Sen M: 150. |
| 357. | Gasser Thomas | 65 | Stettlen | 56:59 | +24:19 | 5:41 | 333 | Mas M: 171. |
| 358. | Wyss Andreas | 86 | TV Worben | 57:02 | +24:22 | 5:42 | 1000 | Sen M: 151. |
| 359. | Schoenenweid Martin | 82 | Corminboeuf | 57:10 | +24:30 | 5:42 | 838 | Mas M: 172. |
| 360. | Bigler David | 85 | Limpach | 57:12 | +24:32 | 5:43 | 177 | Sen M: 152. |
| 361. | Capitani Mario | 88 | Allmendingen b. Bern | 57:12 | +24:32 | 5:43 | 224 | Sen M: 153. |
| 362. | Oberholzer Peter | 70 | Swiss Marathonis Running Te... | 57:16 | +24:36 | 5:43 | 665 | Mas M: 173. |
| 363. | Von Allmen Simon | 79 | Bern | 57:18 | +24:38 | 5:43 | 941 | Mas M: 174. |
| 364. | Collet Laurent | 80 | CAG Farvagny | 58:09 | +25:29 | 5:48 | 239 | Mas M: 175. |
| 365. | Siegenthaler Bruno | 71 | Oberdiessbach | 58:12 | +25:32 | 5:49 | 859 | Mas M: 176. |
| 366. | Wälchli Mathias | 02 | Grünen | 58:16 | +25:36 | 5:49 | 955 | Sen M: 154. |
| 367. | Iseli Cédric | 86 | Sursee | 58:18 | +25:38 | 5:49 | 457 | Sen M: 155. |
| 368. | Möri Patrick | 93 | Murten | 58:18 | +25:38 | 5:49 | 625 | Sen M: 156. |
| 369. | Bhend Reto | 71 | Ittigen | 58:26 | +25:46 | 5:50 | 171 | Mas M: 177. |
| 370. | Stocker Patrick | 77 | Muri AG | 58:28 | +25:48 | 5:50 | 888 | Mas M: 178. |
| 371. | Montenegro Jean-Pierre | 93 | Lausanne | 58:34 | +25:54 | 5:51 | 623 | Sen M: 157. |
| 372. | Hug Daniel | 64 | Bern | 58:34 | +25:54 | 5:51 | 450 | Vet M: 30. |
| 373. | Tonini Axel | 74 | Bern | 58:34 | +25:54 | 5:51 | 915 | Mas M: 179. |
| 374. | Müller Philippe | 65 | Bützberg | 58:41 | +26:01 | 5:52 | 642 | Mas M: 180. |
| 375. | Knutti Stefan | 94 | Spiez | 58:43 | +26:03 | 5:52 | 505 | Sen M: 158. |
| 376. | Gygax Michael | 87 | Ittigen | 58:48 | +26:08 | 5:52 | 387 | Sen M: 159. |
| 377. | Mathis Angelo | 62 | STB Running C | 58:52 | +26:12 | 5:53 | 1167 | Vet M: 31. |
| 378. | Kiser Jimmy | 65 | Neuenkirch | 58:55 | +26:15 | 5:53 | 497 | Mas M: 181. |
| 379. | Eremia Radu | 65 | Crans-Montana | 58:56 | +26:16 | 5:53 | 287 | Mas M: 182. |
| 380. | Hönicke Roland | 80 | Cooprunners | 58:56 | +26:16 | 5:53 | 435 | Mas M: 183. |
| 381. | Egger Daniel | 69 | Schliern | 58:58 | +26:18 | 5:53 | 280 | Mas M: 184. |
| 382. | Heini Mario | 68 | Niederscherli | 58:58 | +26:18 | 5:53 | 415 | Mas M: 185. |
| 383. | Bouvard Röschu | 66 | Liebefeld | 58:59 | +26:19 | 5:53 | 197 | Mas M: 186. |
| 384. | Moser Peter | 66 | Loufträff Neuenegg | 59:02 | +26:22 | 5:54 | 630 | Mas M: 187. |
| 385. | Müri Hannes | 67 | Emmental International | 59:13 | +26:33 | 5:55 | 1113 | Mas M: 188. |
| 386. | Gysin Manuel | 88 | Jegenstorf | 59:13 | +26:33 | 5:55 | 389 | Sen M: 160. |
| 387. | Seiler Tobias | 82 | Thun | 59:17 | +26:37 | 5:55 | 856 | Mas M: 189. |
| 388. | Zbinden Marius | 50 | LAT Sense | 59:24 | +26:44 | 5:56 | 1019 | Vet M: 32. |
| 389. | Bärtsch Ramon | 92 | Bern | 59:26 | +26:46 | 5:56 | 141 | Sen M: 161. |
| 390. | Häner Maximilian | 05 | Mühlethurnen | 59:27 | +26:47 | 5:56 | 399 | Jun: 8. |
| 391. | Meyer Hans | 60 | Heimenschwand | 59:34 | +26:54 | 5:57 | 611 | Vet M: 33. |
| 392. | Malack Sebastian | 75 | Bern | 59:35 | +26:55 | 5:57 | 584 | Mas M: 190. |
| 393. | Sciarra Daniel | 73 | Ostermundigen | 59:40 | +27:00 | 5:57 | 851 | Mas M: 191. |
| 394. | Kälin Simon | 64 | LAC TV Unterstrass | 59:47 | +27:07 | 5:58 | 482 | Vet M: 34. |
| 395. | Kiener Sam | 49 | All Blacks Thun | 1:00:01 | +27:21 | 6:00 | 493 | Vet M: 35. |
| 396. | Locher Ivan | 00 | Zollbrück | 1:00:10 | +27:30 | 6:00 | 571 | Sen M: 162. |
| 397. | Schneiter Theo | 56 | Laufftreff Thun | 1:00:13 | +27:33 | 6:01 | 835 | Vet M: 36. |
| 398. | Wepfer Markus | 56 | Biel/Bienne | 1:00:32 | +27:52 | 6:03 | 972 | Vet M: 37. |
| 399. | Jaeggi Jürg | 69 | Free Runners Grenchen | 1:00:47 | +28:07 | 6:04 | 462 | Mas M: 192. |
| 400. | Zehntner Christoph | 46 | Bäriswil | 1:00:49 | +28:09 | 6:04 | 1022 | Vet M: 38. |

Run and Walk Bern 2024

results

Overall 10km Running Männer

| rank | name | yob | Ort/Verein | time | diff | min/km | racenu | age group |
|------|------------------------|-----|--------------------|---------|--------|--------|--------|-------------|
| 401. | Borer Daniel | 65 | Mörigen | 1:00:54 | +28:14 | 6:05 | 193 | Mas M: 193. |
| 402. | Rossi Ivan | 93 | Bern | 1:01:02 | +28:22 | 6:06 | 757 | Sen M: 163. |
| 403. | Monney Vincent | 89 | Morges | 1:01:10 | +28:30 | 6:06 | 622 | Sen M: 164. |
| 404. | Krouzel Stefan | 74 | Wabern | 1:01:14 | +28:34 | 6:07 | 1212 | Mas M: 194. |
| 405. | Noth Daniel | 68 | Wünnewil | 1:01:20 | +28:40 | 6:07 | 660 | Mas M: 195. |
| 406. | Yambay Ilyas | 86 | Bern | 1:01:28 | +28:48 | 6:08 | 1008 | Sen M: 165. |
| 407. | Varonier Daniel | 76 | Varen | 1:01:31 | +28:51 | 6:09 | 926 | Mas M: 196. |
| 408. | Vetsch Sacha | 74 | Burgdorf | 1:02:07 | +29:27 | 6:12 | 932 | Mas M: 197. |
| 409. | Flückiger Jürg | 75 | Worben | 1:02:10 | +29:30 | 6:12 | 305 | Mas M: 198. |
| 410. | Rohrbach Marco | 98 | Oberdiessbach | 1:02:23 | +29:43 | 6:14 | 750 | Sen M: 166. |
| 411. | Sanginisi Antonio | 68 | Münchenbuchsee | 1:02:27 | +29:47 | 6:14 | 795 | Mas M: 199. |
| 412. | Bartkevics Maris | 86 | Bern | 1:02:32 | +29:52 | 6:15 | 140 | Sen M: 167. |
| 413. | Gattlen Sascha | 96 | Bürchen | 1:02:34 | +29:54 | 6:15 | 336 | Sen M: 168. |
| 414. | Rickli Urs Martin | 85 | Thun | 1:02:49 | +30:09 | 6:16 | 1101 | Sen M: 169. |
| 415. | Buri-Ritter Werner | 59 | Sädubach Runners | 1:02:54 | +30:14 | 6:17 | 217 | Vet M: 39. |
| 416. | Dietschy Beat | 50 | Hämpus | 1:02:58 | +30:18 | 6:17 | 267 | Vet M: 40. |
| 417. | Dubois Thierry | 69 | Vétroz | 1:03:00 | +30:20 | 6:17 | 271 | Mas M: 200. |
| 418. | Mauerhofer Beat | 66 | Laupen BE | 1:03:07 | +30:27 | 6:18 | 595 | Mas M: 201. |
| 419. | Robyr Roger | 80 | Zollikofen | 1:03:10 | +30:30 | 6:18 | 746 | Mas M: 202. |
| 420. | Baker Mark | 90 | Bern | 1:03:28 | +30:48 | 6:20 | 131 | Sen M: 170. |
| 421. | Meier Markus Andreas | 67 | Ittigen | 1:03:31 | +30:51 | 6:21 | 602 | Mas M: 203. |
| 422. | Walther Hanspeter | 50 | Utzenstorf | 1:04:11 | +31:31 | 6:25 | 1172 | Vet M: 41. |
| 423. | Seiler Alain | 67 | Bösingen | 1:04:12 | +31:32 | 6:25 | 853 | Mas M: 204. |
| 424. | Stöckli Markus | 69 | Langnau i.E. | 1:04:13 | +31:33 | 6:25 | 1125 | Mas M: 205. |
| 425. | Raphael Heimo | 80 | arcowo RUNNERS | 1:05:31 | +32:51 | 6:33 | 726 | Mas M: 206. |
| 426. | Di Biase Antonio | 86 | Steffisburg | 1:05:50 | +33:10 | 6:34 | 264 | Sen M: 171. |
| 427. | König Roger | 63 | Frauenkappelen | 1:06:43 | +34:03 | 6:40 | 517 | Vet M: 42. |
| 428. | Mury Luis | 93 | Genève | 1:07:09 | +34:29 | 6:42 | 647 | Sen M: 172. |
| 429. | Roten Lucien | 87 | R&R | 1:07:10 | +34:30 | 6:42 | 758 | Sen M: 173. |
| 430. | McEvoy Noel | 60 | Ittigen | 1:07:40 | +35:00 | 6:45 | 1109 | Vet M: 43. |
| 431. | Herren Manuel | 93 | Bern | 1:07:41 | +35:01 | 6:46 | 419 | Sen M: 174. |
| 432. | Link Horst | 54 | Ittigen | 1:08:02 | +35:22 | 6:48 | 569 | Vet M: 44. |
| 433. | Zigerlig Marc | 73 | Uetendorf | 1:08:25 | +35:45 | 6:50 | 1029 | Mas M: 207. |
| 434. | Triantafillou Christos | 68 | Bern | 1:09:47 | +37:07 | 6:58 | 1178 | Mas M: 208. |
| 435. | Lauper Jürg | 65 | Bern | 1:10:31 | +37:51 | 7:03 | 1144 | Mas M: 209. |
| 436. | Gilgen Fabian | 88 | Burgdorf | 1:10:58 | +38:18 | 7:05 | 360 | Sen M: 175. |
| 437. | Lukatskyi Oleksandr | 85 | Hindelbank | 1:11:45 | +39:05 | 7:10 | 580 | Sen M: 176. |
| 438. | Benker Michael | 65 | Bern | 1:12:13 | +39:33 | 7:13 | 162 | Mas M: 210. |
| 439. | Archinal Brian | 86 | Bern | 1:12:15 | +39:35 | 7:13 | 120 | Sen M: 177. |
| 440. | Mc Court Ruairí | 93 | Bern | 1:13:12 | +40:32 | 7:19 | 600 | Sen M: 178. |
| 441. | Gerwer Armin | 47 | Smrun | 1:13:27 | +40:47 | 7:20 | 357 | Vet M: 45. |
| 442. | Salzmann Antonio | 77 | Thörigen | 1:14:06 | +41:26 | 7:24 | 793 | Mas M: 211. |
| 443. | Sipeki David | 95 | Bern | 1:14:13 | +41:33 | 7:25 | 866 | Sen M: 179. |
| 444. | Sutter Manuel | 93 | Bern | 1:16:10 | +43:30 | 7:36 | 903 | Sen M: 180. |
| 445. | Hadorn Daniel | 90 | Solothurn | 1:16:33 | +43:53 | 7:39 | 393 | Sen M: 181. |
| 446. | Hausmann Gerhard | 58 | Bern | 1:16:53 | +44:13 | 7:41 | 408 | Vet M: 46. |
| 447. | Franzini Manuel | 95 | Schoggi Eili | 1:18:21 | +45:41 | 7:50 | 313 | Sen M: 182. |
| 448. | Berthoud Markus | 70 | bachtelfloehe_7077 | 1:18:25 | +45:45 | 7:50 | 168 | Mas M: 212. |
| 449. | Seiler Beat | 49 | Bern | 1:24:05 | +51:25 | 8:24 | 1199 | Vet M: 47. |

Run and Walk Bern 2024

results

Overall 10km Running Männer

| rank | name | job | Ort/Verein | time | diff | min/km | racenu | age group |
|-----------------|-------------------------|-----|-----------------------------|------|------|--------|--------|-----------|
| nicht gestartet | | | | | | | | |
| | Arni Christoph | 86 | Muri Bei Bern | | | | 121 | Sen M |
| | Asdourian Bruno | 78 | STB | | | | 123 | Mas M |
| | Bieri Elias | 96 | Bern | | | | 173 | Sen M |
| | Couchoud Jean-Baptiste | 80 | Ostermundigen | | | | 243 | Mas M |
| | da Silva Nuno | 82 | Ittigen | | | | 246 | Mas M |
| | D'Angelo Markus | 67 | Köniz | | | | 250 | Mas M |
| | Däppen Günter | 43 | Laufteam Thun LSV Uetendorf | | | | 253 | Vet M |
| | Des Ligneris Clifton | 82 | Bern | | | | 261 | Mas M |
| | Dietiker Christian | 92 | Wetzikon ZH | | | | 265 | Sen M |
| | Dinca Emanuele | 62 | Zermatt | | | | 268 | Vet M |
| | Eggimann Bruno | 59 | Bäriswil BE | | | | 282 | Vet M |
| | Flühmann Marc | 72 | Bern | | | | 308 | Mas M |
| | Frei Fabio | 94 | Olten | | | | 314 | Sen M |
| | Freiburghaus Simon | 87 | Bern | | | | 316 | Sen M |
| | Frey Christian | 82 | Balsthal | | | | 318 | Mas M |
| | Friedli Thomas Karl | 67 | Belp | | | | 320 | Mas M |
| | Gabler Mathias | 73 | Zürich | | | | 326 | Mas M |
| | Gagesch Johannes | 84 | Riehen | | | | 327 | Mas M |
| | Geisse Stefan | 71 | Bern | | | | 339 | Mas M |
| | Goebbels Nico | 74 | Biberist | | | | 362 | Mas M |
| | Gross Roland | 85 | Brüttelen | | | | 380 | Sen M |
| | Grunder Dario | 02 | Boll | | | | 383 | Sen M |
| | Gysin Patrick | 83 | Oftringen | | | | 391 | Mas M |
| | Head Stephen | 75 | Spiegel b. Bern | | | | 411 | Mas M |
| | Hostettler Andreas | 77 | Zimmerwald | | | | 438 | Mas M |
| | Hugi Florian | 96 | Langenthal | | | | 452 | Sen M |
| | Ismajli Blert | 02 | Gerlafingen | | | | 461 | Sen M |
| | Jütte Stephan | 83 | Bern | | | | 479 | Mas M |
| | Krebs Thomas | 69 | Pohlern | | | | 526 | Mas M |
| | Krüger Hannes | 92 | Stuttgart | | | | 527 | Sen M |
| | Krüger Stefan | 86 | Basel | | | | 528 | Sen M |
| | Kunz Reto | 96 | Lyss | | | | 535 | Sen M |
| | Laubscher Ivo | 77 | Grosshöchstetten | | | | 547 | Mas M |
| | Leuenberger Bruno | 59 | Belp | | | | 562 | Vet M |
| | Liechti Roger | 84 | Bern | | | | 567 | Mas M |
| | Ludwig Bernardo Eduardo | 99 | Zürich | | | | 579 | Sen M |
| | Martens Christian | 85 | swiss-german-club.ch | | | | 589 | Sen M |
| | Maurer Benjamin | 00 | Spiez | | | | 596 | Sen M |
| | Maurer Jonas | 88 | Bern | | | | 598 | Sen M |
| | Moser Sascha | 86 | Steffisburg | | | | 632 | Sen M |
| | Naef Peter | 58 | Thun | | | | 649 | Vet M |
| | Nivola Gianpaolo | 66 | smrun | | | | 659 | Mas M |
| | Oestreicher Yves | 96 | Escholzmatt | | | | 672 | Sen M |
| | Oswald Martin | 76 | Lyss | | | | 679 | Mas M |
| | Parente Rocco | 90 | Burninglegs Bern | | | | 688 | Sen M |
| | Pellejero Angel | 61 | Thun | | | | 693 | Vet M |
| | Perini Lionel | 82 | Ostermundigen | | | | 695 | Mas M |
| | Rohrer Basil | 89 | Bern | | | | 752 | Sen M |

Run and Walk Bern 2024

results

Overall 10km Running Männer

| rank | name | job | Ort/Verein | time | diff | min/km | racenu | age group |
|-----------------|----------------------------|-----|--------------------|------|------|--------|--------|-----------|
| nicht gestartet | | | | | | | | |
| | Roth Beat | 81 | stuetz.be | | | | 759 | Mas M |
| | Rothen Raffael | 91 | Pieterlen | | | | 761 | Sen M |
| | Röthlisberger Alain Patric | 67 | The Röthlisbergers | | | | 764 | Mas M |
| | Saurer Christian | 75 | Aeschlen | | | | 797 | Mas M |
| | Schärer Mark | 72 | Bern | | | | 804 | Mas M |
| | Schmidlin Tobias | 81 | Wahlen | | | | 826 | Mas M |
| | Schorro Ewald | 63 | Fribourg | | | | 840 | Vet M |
| | Seewer Bernhard | 73 | Bern | | | | 852 | Mas M |
| | Siegenthaler Mauro | 85 | Ittigen | | | | 862 | Sen M |
| | Soltermann Aaron | 94 | Ittigen | | | | 868 | Sen M |
| | Stadelmann Marc | 76 | Neuenegg | | | | 874 | Mas M |
| | Telbois Brice | 82 | LCA Bärn | | | | 907 | Mas M |
| | Thürler Michael | 86 | Pieterlen | | | | 913 | Sen M |
| | Van Uum Daan | 91 | Nidau | | | | 924 | Sen M |
| | Vetsch-Reuteler Michael | 85 | Stettlen | | | | 933 | Sen M |
| | Walser Marcel | 65 | runningtrainer.ch | | | | 957 | Mas M |
| | Weissmüller Marc | 91 | Loufträff Chöniz | | | | 963 | Sen M |
| | Wermuth Thomas | 99 | Gümligen | | | | 974 | Sen M |
| | Wicki Sandro | 96 | Bern | | | | 976 | Sen M |
| | Wittwer Charly | 65 | Thun | | | | 985 | Mas M |
| | Wüthrich Lukas | 99 | Flamatt | | | | 994 | Sen M |
| | Wüthrich Mike | 83 | Bern | | | | 995 | Mas M |
| | Wyss Andreas | 67 | Gerlafingen | | | | 1001 | Mas M |
| | Z'Graggen Werner | 71 | Muri b. Bern | | | | 1025 | Mas M |
| | Ramadani Qendrim | 92 | Hinterkappelen | | | | 1127 | Sen M |
| | Gashi Jon | 92 | Bern | | | | 1128 | Sen M |
| | Hussein Nojan | 92 | Bern | | | | 1133 | Sen M |
| | Dang Thai Hoc | 93 | Bern | | | | 1134 | Sen M |
| | Rodrigues da Silva Óscar | 79 | Worblaufen | | | | 1163 | Mas M |
| | Fischer Heinz | 63 | Moosseedorf | | | | 1174 | Vet M |

#527 participants