

# Greifenseelauf 2023

résultats

## 5.5km Frauen und Männer

| nom                         | an | lieu                   | Groupe/club            | temps          | min/km | dossard |
|-----------------------------|----|------------------------|------------------------|----------------|--------|---------|
| Abegg Andrea                | 78 | Uster                  | TC Uster               | <b>36:17</b>   | 6:35   | 5603    |
| Abegg Livio                 | 07 | Uster                  |                        | <b>29:54</b>   | 5:26   | 5794    |
| Abraham Milka               | 03 | Kehrsatz               | Generali Running Fa... | <b>26:08</b>   | 4:45   | 1081    |
| Ackermann Orsi              | 74 | Uster                  |                        | <b>39:01</b>   | 7:05   | 5809    |
| Aemisegger Sabrina Laris... | 99 | Adlikon bei Regensdorf |                        | <b>47:12</b>   | 8:34   | 2263    |
| Aeschlimann Denise          | 79 | Pfäffikon ZH           |                        | <b>34:58</b>   | 6:21   | 5828    |
| Affeltranger Roman          | 99 | Uster                  | Charitylauf Werkhei... | <b>51:20</b>   | 9:19   | 1003    |
| Alfaro Yansi                | 80 | Glattbrugg             |                        | <b>41:01</b>   | 7:27   | 5843    |
| Allmendinger Carlos         | 80 | Zürich                 |                        | <b>34:26</b>   | 6:15   | 5851    |
| Altenburger Nicole          | 73 | Dürnten                |                        | <b>39:27</b>   | 7:10   | 5852    |
| Amsler Monika               | 66 | Stäfa                  |                        | <b>45:48</b>   | 8:19   | 5872    |
| Andjelkovic Mirjana         | 64 | Basel                  |                        | <b>51:26</b>   | 9:20   | 5880    |
| Artho Stefan                | 72 | Neuhaus SG             |                        | <b>35:55</b>   | 6:31   | 12519   |
| Avgeris Catia               | 80 | Zürich                 |                        | <b>39:26</b>   | 7:10   | 5913    |
| Bächli Simon                | 91 | Uster                  |                        | <b>32:32</b>   | 5:54   | 5924    |
| Baertschi Simmi             | 88 | Petit-Lancy            |                        | <b>38:20</b>   | 6:58   | 2323    |
| Baltisberger Tanja          | 86 | Langenthal             |                        | <b>40:57</b>   | 7:26   | 5974    |
| Bannwart Tanja              | 97 | Effretikon             |                        | <b>44:35</b>   | 8:06   | 5981    |
| Barden Christine            | 76 | Embrach                |                        | <b>46:10</b>   | 8:23   | 5987    |
| Bauer Julia                 | 90 | Zürich                 |                        | <b>43:18</b>   | 7:52   | 6011    |
| Baumann Rolf                | 45 | Sulgen071              |                        | <b>49:10</b>   | 8:56   | 6026    |
| Baumgartner Esther          | 81 | Pfungen                |                        | <b>43:39</b>   | 7:56   | 2348    |
| Bechtiger Jan               | 72 | Nänikon                |                        | <b>37:38</b>   | 6:50   | 12523   |
| Betschart Laura             | 96 | Wattwil                |                        | <b>30:43</b>   | 5:34   | 6101    |
| Betschart Renato            | 63 | Thusis                 |                        | <b>33:49</b>   | 6:08   | 6103    |
| Bianchi Sandro              | 54 | Winterthur             |                        | <b>44:18</b>   | 8:03   | 2391    |
| Bianco Rita                 | 66 | Regensdorf             |                        | <b>35:13</b>   | 6:24   | 2392    |
| Bieder Sonya                | 78 | Dübendorf              | 3star cats wallisellen | <b>31:22</b>   | 5:42   | 5026    |
| Bigler Bruno                | 86 | Dübendorf              |                        | <b>31:50</b>   | 5:47   | 6129    |
| Binakaj Narti               | 94 | Klingnau               |                        | <b>47:17</b>   | 8:35   | 6135    |
| Bischoff Fabian             | 83 | Uster                  |                        | <b>1:09:46</b> | 12:40  | 4317    |
| Bizzini Luca                | 99 | Erlenbach              |                        | <b>36:49</b>   | 6:41   | 6149    |
| Blaettler Nadine            | 78 | Zürich                 |                        | <b>49:50</b>   | 9:03   | 6151    |
| Blanke Carmen               | 65 | Toffen                 |                        | <b>43:36</b>   | 7:55   | 2416    |
| Bleckwehl Silke             | 78 | Weil am Rhein          |                        | <b>42:46</b>   | 7:46   | 6165    |
| Bloch Laura                 | 93 | Uster                  | Charitylauf Werkhei... | <b>1:06:16</b> | 12:02  | 1005    |
| Bloch Olga                  | 59 | Buchs                  | Charitylauf Werkhei... | <b>1:06:16</b> | 12:02  | 1006    |
| Bonato Dario                | 65 | Uster                  |                        | <b>35:45</b>   | 6:29   | 12534   |
| Bonhage Ursula              | 69 | Stäfa                  | Fondation ART-THE...   | <b>40:35</b>   | 7:22   | 1033    |
| Bonhomme Luc                | 72 | Volketswil             |                        | <b>32:59</b>   | 5:59   | 6206    |
| Borowski Zbigniew           | 80 | Biel                   |                        | <b>29:46</b>   | 5:24   | 6221    |
| Bösch Beatrice              | 54 | Birmensdorf ZH         |                        | <b>39:51</b>   | 7:14   | 6223    |
| Bosio Gabriele              | 83 | Zürich                 |                        | <b>35:39</b>   | 6:28   | 6227    |
| Bothner Fabio               | 94 | Bad Friedrichshall     |                        | <b>27:28</b>   | 4:59   | 6241    |
| Bourgnon Pierre             | 46 | Basel                  |                        | <b>52:22</b>   | 9:31   | 6249    |
| Braun Andreas               | 75 | Pfäffikon ZH           |                        | <b>36:43</b>   | 6:40   | 10061   |
| Bravin Andrea               | 78 | Dübendorf              |                        | <b>47:17</b>   | 8:35   | 6269    |
| Brencicova Jana             | 80 | Dietlikon              |                        | <b>40:14</b>   | 7:18   | 6278    |
| Brencicova Lenka            | 05 | Dietlikon              |                        | <b>39:54</b>   | 7:15   | 6279    |
| Bruder Claudia              | 87 | Bergdietikon           |                        | <b>46:04</b>   | 8:22   | 6296    |

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résultats

## 5.5km Frauen und Männer

| nom                 | an | lieu               | Groupe/club           | temps          | min/km | dossard |
|---------------------|----|--------------------|-----------------------|----------------|--------|---------|
| Brugger Elsbeth     | 61 | Gontenschwil       |                       | <b>35:36</b>   | 6:28   | 2468    |
| Brun Anita          | 66 | Entlebuch          | Skiclub Entlebuch     | <b>35:43</b>   | 6:29   | 2164    |
| Brun Niklaus        | 65 | Entlebuch          | Ski-Club Entlebuch    | <b>35:43</b>   | 6:29   | 2165    |
| Brunner Fabienne    | 02 | Wilten B. Wollerau |                       | <b>54:19</b>   | 9:52   | 6318    |
| Brunner Sibylle     | 76 | Uster              |                       | <b>35:29</b>   | 6:27   | 2478    |
| Brzobohata Jarmila  | 91 | Uster              |                       | <b>40:32</b>   | 7:22   | 6335    |
| Bucher Bruno        | 48 | Vira (Gambarogno)  |                       | <b>46:01</b>   | 8:21   | 6342    |
| Büchi Bettina       | 93 | Uster              |                       | <b>39:12</b>   | 7:07   | 6344    |
| Bumbach Rene        | 54 | Spreitenbach       | smrun                 | <b>48:03</b>   | 8:44   | 2166    |
| Buner Rebecca       | 84 | Gutenswil          |                       | <b>37:12</b>   | 6:45   | 6367    |
| Burkhalter Nadine   | 03 | Uster              |                       | <b>38:37</b>   | 7:01   | 6376    |
| Burkhardt Nadja     | 96 | Hünenberg See      |                       | <b>34:45</b>   | 6:19   | 2511    |
| Buser Roger         | 67 | Münchenstein       |                       | <b>52:31</b>   | 9:32   | 6388    |
| Camenzind Manuela   | 83 | Illnau             |                       | <b>30:48</b>   | 5:35   | 6407    |
| Camenzind Samira    | 99 | Arth               | Swiss Prime Site      | <b>39:46</b>   | 7:13   | 2191    |
| Cao Vanessa         | 69 | Uster              |                       | <b>38:03</b>   | 6:54   | 6417    |
| Caracciolo Nadja    | 79 | Mönchaltorf        |                       | <b>39:14</b>   | 7:07   | 6425    |
| Cardozo Melissa     | 92 | Dietikon           |                       | <b>35:20</b>   | 6:25   | 6426    |
| Carrillo Tanja      | 92 | Rombach            |                       | <b>34:01</b>   | 6:10   | 2546    |
| Cartwright Kat      | 06 | Riedikon           |                       | <b>50:42</b>   | 9:13   | 6439    |
| Castro Ines         | 84 | Zürich             |                       | <b>41:38</b>   | 7:34   | 6449    |
| Cattin Cynthia      | 87 | Oberglatt ZH       |                       | <b>44:52</b>   | 8:09   | 6453    |
| Caviezel Nicole     | 84 | Bad Ragaz          |                       | <b>33:30</b>   | 6:05   | 12530   |
| Centrone Marina     | 74 | Bülach             |                       | <b>50:28</b>   | 9:10   | 6457    |
| Chambers Mari       | 98 | Wallisellen        |                       | <b>47:00</b>   | 8:32   | 6467    |
| Cocchiero Luca      | 78 | Effretikon         |                       | <b>39:20</b>   | 7:09   | 1260    |
| Cocchiero Rossella  | 78 | Effretikon         | Ultraschallflitzer    | <b>39:21</b>   | 7:09   | 1261    |
| Collenberg Ursula   | 48 | Zürich             | smrun                 | <b>49:28</b>   | 8:59   | 5526    |
| Conrad Margrit      | 53 | Langenthal         |                       | <b>43:56</b>   | 7:59   | 2586    |
| Cotovanu Vasile     | 78 | Zürich             |                       | <b>34:25</b>   | 6:15   | 6510    |
| Cui Heng            | 82 | Ostermundigen      | Swisscom Move!        | <b>42:24</b>   | 7:42   | 1195    |
| Cutler Sandra       | 58 | Uitikon-Waldegg    |                       | <b>44:29</b>   | 8:05   | 2596    |
| Dao Quynh           | 83 | Zurich             |                       | <b>38:35</b>   | 7:00   | 2603    |
| De Leonardis Andrea | 78 | Stäfa              |                       | <b>46:20</b>   | 8:25   | 2608    |
| De Silva Roshan     | 72 | Beinwil            | Swisscom Move!        | <b>34:14</b>   | 6:13   | 1197    |
| Derendinger Beat    | 62 | Biberist           |                       | <b>38:29</b>   | 6:59   | 6569    |
| Desax Caroline      | 79 | Stäfa              | Team Regine Sauter    | <b>46:44</b>   | 8:29   | 5620    |
| Disch Tanja         | 78 | Chur               |                       | <b>39:06</b>   | 7:06   | 2652    |
| Dittli Sabrina      | 83 | Uster              | TC Uster              | <b>27:55</b>   | 5:04   | 5606    |
| Dolgos Zsofia       | 86 | Wallisellen        |                       | <b>39:20</b>   | 7:08   | 6627    |
| Drissi Rima         | 87 | Zürich             |                       | <b>36:07</b>   | 6:33   | 12529   |
| Dsouza Dolcy        | 78 | Wallisellen        | Takeda Pharmaceuti... | <b>1:02:03</b> | 11:16  | 1240    |
| Eberle Franziska    | 82 | Fehraltorf         |                       | <b>37:54</b>   | 6:53   | 6673    |
| Engeler Seraina     | 07 | Winterthur         |                       | <b>45:40</b>   | 8:18   | 6736    |
| Engeler Thomas      | 75 | Winterthur         |                       | <b>45:41</b>   | 8:18   | 6737    |
| Enseroth Nathalie   | 95 | Bern               |                       | <b>34:00</b>   | 6:10   | 6740    |
| Erhardt Tobias      | 82 | Basel              |                       | <b>28:41</b>   | 5:12   | 2722    |
| Erni Margrit        | 71 | Uitikon Waldegg    |                       | <b>46:48</b>   | 8:30   | 6757    |
| Escuadra Shasen     | 97 | Hinwil             |                       | <b>54:00</b>   | 9:49   | 6764    |
| Essah Mohammad      | 00 | Zürich             | Sportegration         | <b>23:58</b>   | 4:21   | 1157    |

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résultats

## 5.5km Frauen und Männer

| nom                      | an | lieu               | Groupe/club           | temps          | min/km | dossard |
|--------------------------|----|--------------------|-----------------------|----------------|--------|---------|
| Evren Asra               | 92 | Volketswil         |                       | <b>44:51</b>   | 8:09   | 6775    |
| Ezzema Eric              | 73 | Eglisau            |                       | <b>33:03</b>   | 6:00   | 6777    |
| Fabian Julia             | 94 | Wallisellen        |                       | <b>37:21</b>   | 6:47   | 6781    |
| Falcone Helen            | 71 | Zürich             |                       | <b>33:09</b>   | 6:01   | 6788    |
| Fankhauser Yvonne        | 45 | Balsthal           | smrun                 | <b>52:07</b>   | 9:28   | 2168    |
| Fatio Didier             | 83 | Männedorf          | Team Regine Sauter    | <b>46:42</b>   | 8:29   | 5621    |
| Fehlmann Valerie         | 94 | Arlesheim          | TVA                   | <b>27:11</b>   | 4:56   | 12520   |
| Fellmann Janine          | 69 | Schötz             |                       | <b>36:04</b>   | 6:33   | 6818    |
| Fernandes de Mendonca... | 70 | Wallisellen        | Takeda Pharmaceuti... | <b>43:06</b>   | 7:50   | 1242    |
| Feusi Claudia            | 78 | Niederhasli        |                       | <b>31:46</b>   | 5:46   | 6826    |
| Figi Yaima               | 80 | Rapperswil SG      |                       | <b>36:06</b>   | 6:33   | 12515   |
| Fink Peter               | 48 | Adliswil           |                       | <b>29:36</b>   | 5:22   | 6838    |
| Fischer Luzia            | 81 | Mönchaltorf        | Memyselfandl          | <b>37:23</b>   | 6:47   | 5421    |
| Flück Urs                | 66 | Zürich             | LCZ                   | <b>41:02</b>   | 7:27   | 5369    |
| Flückiger Peter          | 76 | Zürich             |                       | <b>46:42</b>   | 8:29   | 6865    |
| Flückiger Stefan         | 60 | Stäfa              | Fondation ART-THE...  | <b>40:34</b>   | 7:22   | 1035    |
| Fontelas Daniela         | 74 | Zurich             |                       | <b>52:45</b>   | 9:35   | 6884    |
| Franconi Franky          | 80 | Zürich             |                       | <b>38:37</b>   | 7:01   | 10077   |
| Frank Daniela            | 82 | Bassersdorf        |                       | <b>44:22</b>   | 8:03   | 2788    |
| Freidel Dominique        | 02 | Uster              |                       | <b>44:38</b>   | 8:06   | 6913    |
| Frey Anja                | 90 | Luzern             |                       | <b>42:04</b>   | 7:38   | 10080   |
| Frey Deborah             | 95 | Bülach             |                       | <b>49:11</b>   | 8:56   | 6921    |
| Frey Hanspeter           | 54 | Dielsdorf          |                       | <b>39:58</b>   | 7:15   | 6923    |
| Frey Rebecca             | 83 | Itingen            |                       | <b>44:51</b>   | 8:09   | 6924    |
| Fritz Cristina           | 57 | Bäretswil          |                       | <b>46:57</b>   | 8:32   | 6935    |
| Galetic Ivana            | 73 | Allschwil          |                       | <b>51:26</b>   | 9:20   | 6977    |
| Galijan Andrea           | 02 | Fischbach-Göslikon |                       | <b>37:01</b>   | 6:43   | 6978    |
| Garcia Martina           | 76 | Uster              |                       | <b>35:30</b>   | 6:27   | 2841    |
| Gass David               | 00 | Regensberg         |                       | <b>34:17</b>   | 6:13   | 2849    |
| Gäumann Anna-Katharina   | 60 | Engi               | Glarona Runners Ne... | <b>44:29</b>   | 8:05   | 5169    |
| Gavazi Scholl Merita     | 76 | Uster              |                       | <b>44:52</b>   | 8:09   | 7013    |
| Geel Immanuel            | 91 | Zürich             |                       | <b>34:00</b>   | 6:10   | 7014    |
| Gehrig Julia             | 94 | Zürich             |                       | <b>34:00</b>   | 6:10   | 7018    |
| Geiselmann Patricia      | 05 | Oetwil am See      |                       | <b>30:17</b>   | 5:30   | 7026    |
| Gennari Jvan             | 51 | Zürich             |                       | <b>1:03:34</b> | 11:33  | 7030    |
| Gentile Giselda          | 82 | Zürich             |                       | <b>44:07</b>   | 8:01   | 2866    |
| Gerber Lydia             | 52 | Adetswil           |                       | <b>56:11</b>   | 10:12  | 7034    |
| Giang Tu-Menn            | 88 | Zürich             | Migros-Marketing      | <b>52:34</b>   | 9:33   | 1107    |
| Giger Ladina             | 99 | Ettenhausen TG     |                       | <b>41:12</b>   | 7:29   | 2879    |
| Giger Marlies            | 76 | Unterterzen        |                       | <b>32:39</b>   | 5:56   | 7056    |
| Gisler Melanie           | 96 | Libingen           |                       | <b>33:36</b>   | 6:06   | 2883    |
| Göbel Jan                | 79 | Adliswil           | ZüriFit Adliswil      | <b>36:28</b>   | 6:37   | 5788    |
| Gobet Laura              | 88 | Zürich             |                       | <b>39:41</b>   | 7:12   | 7074    |
| Gomez Jose               | 74 | Hedingen           |                       | <b>34:19</b>   | 6:14   | 7087    |
| Gomringer Sandra         | 71 | Winkel             |                       | <b>36:03</b>   | 6:33   | 7088    |
| Greuter Eva              | 80 | Nefenbach          |                       | <b>32:46</b>   | 5:57   | 12528   |
| Grossheutschi Ursula     | 78 | Hofstetten SO      |                       | <b>41:00</b>   | 7:27   | 12512   |
| Gruber Maria             | 76 | Fraubrunnen        | Seegrundwüehler       | <b>39:25</b>   | 7:09   | 2161    |
| Gubelmann Nadia          | 01 | Gähwil             |                       | <b>42:31</b>   | 7:43   | 2940    |
| Guldimann Pia            | 60 | Zürich             |                       | <b>44:28</b>   | 8:05   | 7165    |

# Greifenseelauf 2023

résultats

## 5.5km Frauen und Männer

| nom                      | an | lieu             | Groupe/club             | temps          | min/km | dossard |
|--------------------------|----|------------------|-------------------------|----------------|--------|---------|
| Güntensperger Michael    | 94 | Jona             |                         | <b>27:12</b>   | 4:56   | 7170    |
| Haefeli Jenny            | 82 | Zürich           |                         | <b>30:57</b>   | 5:37   | 2955    |
| Hamdani Imen Estelle     | 91 | Zurich           | Oracle                  | <b>42:46</b>   | 7:46   | 5450    |
| Hanna Janine             | 65 | Mönchaltorf      |                         | <b>1:01:56</b> | 11:15  | 7245    |
| Hartenbach Daniel        | 94 | Rapperswil SG    |                         | <b>34:19</b>   | 6:14   | 7252    |
| Hasanagic Enis           | 76 | Zürich           |                         | <b>27:47</b>   | 5:02   | 2985    |
| Hasler Andrina           | 98 | Winterthur       |                         | <b>36:58</b>   | 6:43   | 7263    |
| Hass Lu                  | 07 | Luzern           | LC Luzern               | <b>20:55</b>   | 3:48   | 5295    |
| Hauri Monika             | 71 | Werrikon         |                         | <b>38:02</b>   | 6:54   | 7273    |
| Henseler Christina       | 93 | Zürich           |                         | <b>40:40</b>   | 7:23   | 3006    |
| Hertach Sabine           | 80 | Zürich           |                         | <b>37:59</b>   | 6:54   | 7321    |
| Herter Esther            | 51 | Dübendorf        |                         | <b>37:01</b>   | 6:43   | 7323    |
| Hess Albert              | 65 | Uster            |                         | <b>39:32</b>   | 7:11   | 7331    |
| Hiltebrand Vicky         | 89 | Pfäffikon ZH     |                         | <b>36:54</b>   | 6:42   | 7349    |
| Hinnen Andrea            | 83 | Volketswil       |                         | <b>37:59</b>   | 6:54   | 7350    |
| Hippenmeyer Valentina    | 02 | Richterswil      |                         | <b>33:12</b>   | 6:02   | 7355    |
| Hmyria Alla              | 88 | Watt             |                         | <b>36:47</b>   | 6:41   | 7369    |
| Hofmann Heidi            | 74 | Uster            |                         | <b>34:38</b>   | 6:17   | 7385    |
| Holenstein Matthias      | 72 | Horgen           |                         | <b>41:08</b>   | 7:28   | 3033    |
| Holenstein-Gasser Andrea | 78 | Horgen           |                         | <b>41:08</b>   | 7:28   | 3035    |
| Hort Sina                | 97 | Dällikon         |                         | <b>41:59</b>   | 7:37   | 7416    |
| Hostettler Peter         | 57 | Uster            | Charitylauf Werkhei...  | <b>1:05:53</b> | 11:58  | 1013    |
| Huber Rita               | 70 | Appenzell        |                         | <b>48:50</b>   | 8:52   | 7441    |
| Huber Sebastian          | 91 | Pfäffikon ZH     |                         | <b>36:54</b>   | 6:42   | 7445    |
| Hug Karin                | 70 | Sirnach          |                         | <b>39:33</b>   | 7:11   | 7458    |
| Hug Sibylle              | 99 | Heiden           |                         | <b>36:20</b>   | 6:36   | 7460    |
| Hüsser Oskar             | 58 | Zug              |                         | <b>34:39</b>   | 6:17   | 7485    |
| Isler Nadine             | 03 | Meilen           |                         | <b>35:03</b>   | 6:22   | 3107    |
| Isler Sandra             | 70 | Meilen           |                         | <b>35:04</b>   | 6:22   | 7524    |
| Jabornegg Nadine         | 01 | Wilten b. Wil    |                         | <b>30:51</b>   | 5:36   | 7531    |
| Jann Maria               | 92 | Riedikon         |                         | <b>45:12</b>   | 8:12   | 7551    |
| Jansen Colin             | 00 | Ittigen          |                         | <b>40:35</b>   | 7:22   | 7553    |
| João da Silva Inês       | 90 | Uster            |                         | <b>38:42</b>   | 7:02   | 7569    |
| João da Silva Sara       | 85 | Basel            |                         | <b>37:46</b>   | 6:51   | 7570    |
| Kalwey Renate            | 65 | Datteln          |                         | <b>48:35</b>   | 8:49   | 7618    |
| Kämpfen Beat             | 76 | Egg b. Zürich    |                         | <b>49:35</b>   | 9:00   | 7620    |
| Kämpfen Monika           | 75 | Egg              |                         | <b>49:37</b>   | 9:01   | 7622    |
| Kämpfer Beat             | 69 | Uster            |                         | <b>35:51</b>   | 6:30   | 3147    |
| Kannangarage Mahesh      | 84 | Zurich           | swiss srilankan Asso... | <b>34:46</b>   | 6:19   | 5596    |
| Kappeler Désirée         | 96 | Wil              |                         | <b>35:58</b>   | 6:32   | 7624    |
| Kappenberger Peter       | 73 | Zürich           |                         | <b>29:22</b>   | 5:20   | 7625    |
| Keller Monika            | 69 | Küttigen         |                         | <b>39:12</b>   | 7:07   | 3171    |
| Kiss Zsuzsanna           | 82 | Grüt (Gossau ZH) |                         | <b>42:24</b>   | 7:42   | 3190    |
| Klaessen Hetty           | 67 | Uster            | Charitylauf Werkhei...  | <b>1:18:22</b> | 14:14  | 1015    |
| Kleger Gabriela          | 75 | Rickenbach Sulz  |                         | <b>44:14</b>   | 8:02   | 7702    |
| Knechtle Rolf            | 61 | Adliswil         |                         | <b>33:11</b>   | 6:01   | 7723    |
| Koch Adrian              | 94 | Zug              |                         | <b>33:38</b>   | 6:06   | 3212    |
| Koch Nadine              | 86 | Nänikon          | Charitylauf Werkhei...  | <b>39:46</b>   | 7:13   | 1016    |
| Köhl Thomas              | 71 | Uster            | Charitylauf Werkhei...  | <b>1:18:27</b> | 14:15  | 1018    |
| Kohli Alex               | 56 | Uster            |                         | <b>40:18</b>   | 7:19   | 7743    |

# Greifenseelauf 2023

résultats

## 5.5km Frauen und Männer

| nom                    | an | lieu          | Groupe/club            | temps          | min/km | dossard |
|------------------------|----|---------------|------------------------|----------------|--------|---------|
| Kohli Renate           | 59 | Uster         |                        | <b>39:46</b>   | 7:13   | 7744    |
| Kossmann Ellen         | 00 | Zürich        |                        | <b>42:04</b>   | 7:38   | 7767    |
| Krumdieck Erik         | 68 | Zürich        |                        | <b>38:55</b>   | 7:04   | 12506   |
| Krumdieck Yannick      | 06 | Zürich        |                        | <b>29:32</b>   | 5:22   | 12507   |
| Kübler Annette         | 62 | Adliswil      |                        | <b>34:04</b>   | 6:11   | 7816    |
| Kübli Nadine           | 87 | Grünen        |                        | <b>30:27</b>   | 5:32   | 3250    |
| Kugler Irène           | 63 | Bassersdorf   |                        | <b>37:14</b>   | 6:46   | 7823    |
| Kuhn Alexander         | 76 | Bamberg       |                        | <b>32:37</b>   | 5:55   | 7825    |
| Künniger Kiran         | 03 | Uster         |                        | <b>34:47</b>   | 6:19   | 7845    |
| Künzer Denise          | 71 | Bülach        |                        | <b>38:38</b>   | 7:01   | 3266    |
| Künzli Joana           | 97 | Sirnach       |                        | <b>35:59</b>   | 6:32   | 7862    |
| Kurmann Rafael         | 91 | Zürich        |                        | <b>32:51</b>   | 5:58   | 7866    |
| Kurmann Thais          | 91 | Zürich        |                        | <b>40:10</b>   | 7:18   | 7867    |
| Laim Viktoria          | 87 | Chur          |                        | <b>51:27</b>   | 9:21   | 3290    |
| Lamia Jareeporn        | 67 | Greifensee    |                        | <b>43:15</b>   | 7:51   | 7885    |
| Landolt Dominik        | 05 | Näfels        |                        | <b>38:03</b>   | 6:54   | 7890    |
| Landolt Elfi           | 68 | Freienbach    |                        | <b>54:20</b>   | 9:52   | 7891    |
| Lanner Jolanda         | 79 | Wallisellen   |                        | <b>47:37</b>   | 8:39   | 7906    |
| Lanz Vroni             | 71 | Eriswil       |                        | <b>46:40</b>   | 8:29   | 7910    |
| Laterza Prisca         | 78 | Hunzenschwil  |                        | <b>36:19</b>   | 6:36   | 7916    |
| Lauper Jacqueline      | 88 | Bern          |                        | <b>36:12</b>   | 6:34   | 7920    |
| Lehner Andreas         | 76 | Winterthur    |                        | <b>37:17</b>   | 6:46   | 7931    |
| Lembo Patrick          | 88 | Kinshasa      |                        | <b>25:06</b>   | 4:33   | 7941    |
| Lenherr Claudia        | 89 | Wattwil       |                        | <b>33:23</b>   | 6:04   | 3323    |
| Leuenberger Lena       | 87 | Hofstetten ZH |                        | <b>1:02:03</b> | 11:16  | 3331    |
| Leuenberger Nico       | 83 | Hofstetten ZH |                        | <b>1:02:02</b> | 11:16  | 3333    |
| Lindenmann Brigitte    | 68 | Winkel        |                        | <b>38:15</b>   | 6:57   | 7988    |
| Lobry Michael          | 73 | Winterthur    |                        | <b>37:38</b>   | 6:50   | 8007    |
| Locatelli-Ruoss Andrea | 70 | Walenstadt    | Logüwa                 | <b>43:49</b>   | 7:57   | 1099    |
| Lochmutter Rui         | 74 | Uster         |                        | <b>40:26</b>   | 7:20   | 8011    |
| Löpfe Atieno           | 82 | Zürich        |                        | <b>31:52</b>   | 5:47   | 8029    |
| Lörtscher Jeanette     | 83 | Zürich        |                        | <b>40:43</b>   | 7:24   | 3354    |
| Loustalot Bettina      | 57 | Pfaffhausen   | Charitylauf Werkhei... | <b>51:30</b>   | 9:21   | 1020    |
| Lüscher Dominique      | 85 | Zürich        |                        | <b>32:45</b>   | 5:57   | 3368    |
| Lussi Loris            | 97 | Uster         |                        | <b>42:10</b>   | 7:39   | 8061    |
| Maag Felix             | 70 | Meilen        | LAC TV Unterstrass     | <b>34:04</b>   | 6:11   | 5260    |
| Maegerle Silvia        | 74 | Uster         |                        | <b>41:44</b>   | 7:35   | 8079    |
| Mahdi Haidari          | 87 | Zürich        | Sportegration          | <b>24:10</b>   | 4:23   | 1160    |
| Mailvaganam Luxana     | 97 | Olten         |                        | <b>45:40</b>   | 8:18   | 8089    |
| Maksyagina Natalia     | 74 | Ebmatingen    |                        | <b>43:53</b>   | 7:58   | 8093    |
| Maritz Olivia          | 96 | Zürich        |                        | <b>37:00</b>   | 6:43   | 10119   |
| Martin Othmar          | 48 | Uster         |                        | <b>34:58</b>   | 6:21   | 8135    |
| Massaro Armando        | 75 | Egg           |                        | <b>37:12</b>   | 6:45   | 8143    |
| Massaro Sabrina        | 93 | Herrliberg    |                        | <b>38:00</b>   | 6:54   | 8144    |
| Maurer Christoph       | 73 | Hinwil        | Ultraschallflitzer     | <b>33:38</b>   | 6:06   | 1262    |
| Maurer Sandy           | 77 | Hinwil        | Ultraschallflitzer     | <b>36:23</b>   | 6:36   | 1263    |
| Maurhofer Roland       | 70 | Männedorf     | Team Regine Sauter     | <b>46:44</b>   | 8:29   | 12516   |
| Mazzei Ruben           | 80 | Urdorf        |                        | <b>38:58</b>   | 7:05   | 8165    |
| Meier Claudia          | 75 | Wangen SZ     |                        | <b>32:00</b>   | 5:49   | 3445    |
| Meier Corinne          | 66 | Stäfa         |                        | <b>33:33</b>   | 6:05   | 8185    |

# Greifenseelauf 2023

résultats

## 5.5km Frauen und Männer

| nom                       | an | lieu            | Groupe/club            | temps          | min/km | dossard |
|---------------------------|----|-----------------|------------------------|----------------|--------|---------|
| Meier Karin               | 90 | Nänikon         |                        | <b>35:45</b>   | 6:29   | 8194    |
| Meile Noemi               | 91 | Greifensee      |                        | <b>37:49</b>   | 6:52   | 8214    |
| Meili Christine           | 75 | Fehraltorf      |                        | <b>38:52</b>   | 7:03   | 12524   |
| Meister Rahel             | 04 | Uster           |                        | <b>27:46</b>   | 5:02   | 3465    |
| Mesmer Max                | 66 | Birsfelden      |                        | <b>52:31</b>   | 9:32   | 3477    |
| Meyer Bernd               | 61 | Uetliberg       |                        | <b>36:15</b>   | 6:35   | 8244    |
| Mischek Mandy             | 79 | Reiden          |                        | <b>34:15</b>   | 6:13   | 12501   |
| Möckli Sibille            | 78 | Thalwil         |                        | <b>38:53</b>   | 7:04   | 3498    |
| Möllenev Matthias         | 60 | Uster           |                        | <b>36:29</b>   | 6:37   | 3502    |
| Montagna Stefania         | 75 | Birmensdorf ZH  |                        | <b>42:23</b>   | 7:42   | 8300    |
| Moos Elena                | 97 | Zug             |                        | <b>33:38</b>   | 6:06   | 3506    |
| Mor Pedro                 | 69 | Männedorf       |                        | <b>46:43</b>   | 8:29   | 8303    |
| Morales Isabel            | 83 | Bern            | STB                    | <b>31:25</b>   | 5:42   | 5565    |
| Morar Dharmesh            | 68 | Wallisellen     | Takeda Pharmaceuti...  | <b>42:52</b>   | 7:47   | 12517   |
| Morelli Manuela           | 77 | Schwerzenbach   |                        | <b>1:01:17</b> | 11:08  | 8306    |
| Morelli Mauro             | 71 | Schwerzenbach   |                        | <b>37:26</b>   | 6:48   | 8307    |
| Moreno Jordi              | 76 | Zürich          |                        | <b>38:43</b>   | 7:02   | 8308    |
| Morganti Chiara           | 93 | Gränichen       |                        | <b>52:32</b>   | 9:32   | 8309    |
| Moser Ernst               | 58 | Ottikon         |                        | <b>34:53</b>   | 6:20   | 8319    |
| Moser Mirjam              | 87 | Zweisimmen      |                        | <b>33:00</b>   | 5:59   | 8324    |
| Motschi Evelyn            | 00 | Zürich          |                        | <b>35:06</b>   | 6:22   | 8330    |
| Motschi Lisa              | 01 | Zürich          |                        | <b>29:35</b>   | 5:22   | 8331    |
| Müller Bruno              | 63 | Unterägeri      |                        | <b>32:09</b>   | 5:50   | 3533    |
| Müller Jasmin             | 01 | Dübendorf       |                        | <b>40:47</b>   | 7:24   | 12538   |
| Müller Karen              | 85 | Thalwil         |                        | <b>38:44</b>   | 7:02   | 3538    |
| Müller Melanie            | 94 | Bülach          |                        | <b>34:44</b>   | 6:18   | 8366    |
| Müller Nathalie           | 87 | Uster           | Charitylauf Werkhei... | <b>1:15:14</b> | 13:40  | 1021    |
| Müller Sigrunn            | 64 | Zumikon         |                        | <b>30:46</b>   | 5:35   | 12531   |
| Müller Synniva            | 99 | Zumikon         |                        | <b>34:43</b>   | 6:18   | 12532   |
| Mundschin Mirjam          | 81 | Uster           |                        | <b>42:24</b>   | 7:42   | 8384    |
| Mundwyler Diana           | 95 | Uster           |                        | <b>40:14</b>   | 7:18   | 8385    |
| Münger Isabel             | 87 | Volketswil      |                        | <b>47:37</b>   | 8:39   | 8387    |
| Musiari Anastasia         | 87 | Baar            |                        | <b>34:04</b>   | 6:11   | 8404    |
| Muster Marvin             | 00 | Flamatt         |                        | <b>41:14</b>   | 7:29   | 8406    |
| Navaratnam Sujivan        | 98 | Uster           | Charitylauf Werkhei... | <b>1:15:44</b> | 13:46  | 1023    |
| Navarro Franziska         | 73 | Arni-Islisberg  |                        | <b>31:31</b>   | 5:43   | 3560    |
| Nef Jan                   | 99 | Uster           | Charitylauf Werkhei... | <b>1:06:07</b> | 12:01  | 1025    |
| Nerko Paulina             | 79 | Uster           |                        | <b>35:07</b>   | 6:23   | 8435    |
| Neva Carr                 | 06 | Neuhaus         |                        | <b>32:33</b>   | 5:55   | 8440    |
| Nguyen Quynh              | 83 | Zug             |                        | <b>39:02</b>   | 7:05   | 3569    |
| Ngwane Killky Ekyuoge     | 96 | Zürich          | Sportegration          | <b>24:30</b>   | 4:27   | 1164    |
| Niafiadava Anya           | 88 | Oberengstrungen |                        | <b>37:01</b>   | 6:43   | 8444    |
| Nick Marcel               | 88 | Zürich          |                        | <b>34:55</b>   | 6:20   | 8446    |
| Nierhoff Leander Akihiro  | 07 | Bad Ragaz       |                        | <b>34:09</b>   | 6:12   | 8449    |
| Nierhoff-Matsuzaki Yukiko | 66 | Bad Ragaz       |                        | <b>31:00</b>   | 5:38   | 8450    |
| Niyonkuru Justin          | 98 | Zürich          | Sportegration          | <b>24:30</b>   | 4:27   | 1165    |
| Norverto Lucia            | 85 | Fällanden       |                        | <b>47:15</b>   | 8:35   | 8470    |
| Nowak Christian           | 82 | Zürich          |                        | <b>35:14</b>   | 6:24   | 10130   |
| Nüesch Margaret           | 56 | Spreitenbach    |                        | <b>1:20:44</b> | 14:40  | 8477    |
| Obenaus Sarah             | 88 | Liebefeld       |                        | <b>49:24</b>   | 8:58   | 3587    |

# Greifenseelauf 2023

résultats

## 5.5km Frauen und Männer

| nom                      | an | lieu               | Groupe/club      | temps          | min/km | dossard |
|--------------------------|----|--------------------|------------------|----------------|--------|---------|
| Odermatt Thomas          | 92 | Gränichen          |                  | <b>52:32</b>   | 9:33   | 8505    |
| Oliapuram Jimmy          | 92 | Effretikon         |                  | <b>29:40</b>   | 5:23   | 8514    |
| Oppliger Angela          | 91 | Zürich             |                  | <b>41:34</b>   | 7:33   | 8522    |
| Paglia Patrizia          | 69 | Zürich             |                  | <b>58:46</b>   | 10:40  | 8549    |
| Pardeshi Anantrao        | 89 | Dietikon           | Cembra           | <b>32:41</b>   | 5:56   | 1070    |
| Pedrini Pamela           | 79 | Opfikon            |                  | <b>38:03</b>   | 6:55   | 8580    |
| Pejcha Martina           | 62 | Neftenbach         |                  | <b>52:33</b>   | 9:33   | 3643    |
| Pente Charlotte          | 65 | Zürich             |                  | <b>35:53</b>   | 6:31   | 8592    |
| Per Gregor               | 79 | Zurich             |                  | <b>49:53</b>   | 9:04   | 8594    |
| Perez Laura              | 76 | Zürich             |                  | <b>37:59</b>   | 6:54   | 8597    |
| Pfister Elisabetta       | 86 | Zürich             |                  | <b>38:38</b>   | 7:01   | 3662    |
| Pfister Nadine           | 98 | Uster              |                  | <b>39:33</b>   | 7:11   | 3665    |
| Pineider Eva             | 05 | Niederrohrdorf     |                  | <b>33:50</b>   | 6:08   | 8646    |
| Pinnow Mirjam            | 95 | Wohlen             | Migros-Marketing | <b>37:58</b>   | 6:54   | 1121    |
| Pinto Huayra             | 90 | Zürich             |                  | <b>1:06:19</b> | 12:03  | 8648    |
| Piras Davide             | 77 | Glattpark          |                  | <b>32:55</b>   | 5:58   | 3678    |
| Podgorny Regula          | 54 | Pfäffikon ZH       |                  | <b>1:00:45</b> | 11:02  | 12511   |
| Pont Tuset Jordi         | 84 | Uitikon Waldegg    |                  | <b>27:32</b>   | 5:00   | 10138   |
| Preisig Laura            | 85 | Neuhausen          |                  | <b>30:54</b>   | 5:37   | 8672    |
| Preisig Romy             | 56 | Herisau            |                  | <b>38:00</b>   | 6:54   | 8673    |
| Probst Johan             | 04 | Ottenbach          |                  | <b>32:09</b>   | 5:50   | 8683    |
| Qadri Jawed              | 98 | Zürich             | Sportegration    | <b>25:58</b>   | 4:43   | 1166    |
| Qualmann Caterina        | 76 | Wallisellen        |                  | <b>38:07</b>   | 6:55   | 8695    |
| Qualmann Thomas          | 77 | Wallisellen        |                  | <b>38:09</b>   | 6:56   | 8696    |
| Rädler Lucie             | 86 | Uster              |                  | <b>47:27</b>   | 8:37   | 8704    |
| Raths Eveline            | 72 | Domat/Ems          |                  | <b>41:12</b>   | 7:29   | 8722    |
| Ravizza Martin           | 80 | Uster              |                  | <b>38:04</b>   | 6:55   | 8725    |
| Ravnjak Marija           | 01 | Regensdorf         |                  | <b>41:02</b>   | 7:27   | 8727    |
| Rebhan Henriette         | 82 | Maur               |                  | <b>32:45</b>   | 5:57   | 10141   |
| Reid Grant               | 74 | Dübendorf          |                  | <b>36:48</b>   | 6:41   | 3727    |
| Rey Michelle             | 97 | Dübendorf          |                  | <b>39:03</b>   | 7:05   | 8765    |
| Rickli Grace             | 96 | Uster              |                  | <b>42:10</b>   | 7:39   | 8782    |
| Riedtmann Helen          | 88 | Zürich             |                  | <b>32:36</b>   | 5:55   | 8786    |
| Ritter Cécile            | 40 | Affoltern a Albis  |                  | <b>55:54</b>   | 10:09  | 3754    |
| Rizzello Roberto         | 64 | Dübendorf          |                  | <b>40:47</b>   | 7:24   | 12537   |
| Rohr Markus              | 43 | Eglisau            |                  | <b>43:11</b>   | 7:51   | 8829    |
| Ruberto Evelyne          | 78 | Birmensdorf ZH     |                  | <b>32:52</b>   | 5:58   | 8865    |
| Rüeger Ronnie            | 73 | Holzhäusern        |                  | <b>28:03</b>   | 5:05   | 8877    |
| Rüegg Fabienne           | 83 | Wilten b. Wil      |                  | <b>28:03</b>   | 5:05   | 8880    |
| Rühli Eliane             | 76 | Emmenbrücke        | LC Emmenstrand   | <b>30:53</b>   | 5:36   | 12535   |
| Russ Alina               | 85 | Zürich             |                  | <b>44:06</b>   | 8:00   | 8906    |
| Rynda Marc               | 86 | Boswil             |                  | <b>34:17</b>   | 6:13   | 12527   |
| Ryser Armin              | 70 | Glarus             |                  | <b>32:26</b>   | 5:53   | 8922    |
| Ryser-Arpagaus Catharina | 70 | Glarus             |                  | <b>1:07:16</b> | 12:13  | 8926    |
| Saccomanno-Meyer Salo... | 90 | Oftringen          |                  | <b>43:22</b>   | 7:52   | 10151   |
| Sägesser Tiziana         | 78 | Uster              |                  | <b>39:12</b>   | 7:07   | 8936    |
| Salati Elsa              | 92 | Felben-Wellhausen  |                  | <b>38:57</b>   | 7:04   | 8945    |
| Samala Jayanth           | 94 | Dietikon           | Cembra           | <b>45:20</b>   | 8:14   | 1074    |
| Sandmeier Judith         | 54 | Oberurnen          |                  | <b>38:51</b>   | 7:03   | 8958    |
| Santillana Rodrigo       | 83 | Affoltern am Albis |                  | <b>38:35</b>   | 7:00   | 8960    |

# Greifenseelauf 2023

résultats

## 5.5km Frauen und Männer

| nom                      | an | lieu         | Groupe/club            | temps        | min/km | dossard |
|--------------------------|----|--------------|------------------------|--------------|--------|---------|
| Santo Cani               | 68 | Volketswil   |                        | <b>32:00</b> | 5:48   | 8961    |
| Sauter Kubasch Stephanie | 74 | Winterthur   |                        | <b>32:28</b> | 5:54   | 3819    |
| Sauter Regine            | 66 | Männedorf    | Team Regine Sauter     | <b>46:41</b> | 8:29   | 5623    |
| Schaden Bernhard         | 67 | Freienstein  |                        | <b>28:33</b> | 5:11   | 8974    |
| Schäfer Laura            | 96 | Bern 8       |                        | <b>28:05</b> | 5:06   | 3826    |
| Schafroth Marianne       | 64 | Winterthur   |                        | <b>43:41</b> | 7:56   | 8984    |
| Schiess Dominik          | 91 | Uster        |                        | <b>32:24</b> | 5:53   | 3853    |
| Schläppi Tina            | 96 | Uster        |                        | <b>34:30</b> | 6:16   | 9041    |
| Schmid Brigitta          | 60 | Winterthur   |                        | <b>34:58</b> | 6:21   | 9055    |
| Schmid Dani              | 69 | Altendorf    | KTV Altendorf          | <b>27:47</b> | 5:03   | 2075    |
| Schmid Fleur             | 92 | Uster        | Charitylauf Werkhei... | <b>51:30</b> | 9:21   | 1028    |
| Schmid Michael           | 76 | Männedorf    | Team Regine Sauter     | <b>46:40</b> | 8:29   | 5624    |
| Schmid Sarina            | 05 | Altendorf    | KTV Altendorf          | <b>27:47</b> | 5:03   | 2076    |
| Schneider Christina      | 69 | Dübendorf    |                        | <b>42:10</b> | 7:39   | 9093    |
| Schneider Luca           | 94 | Bülach       |                        | <b>32:39</b> | 5:56   | 9095    |
| Schneider Selina         | 97 | Uster        |                        | <b>31:51</b> | 5:47   | 9100    |
| Schneiter Sabine         | 75 | Bülach       |                        | <b>37:05</b> | 6:44   | 3880    |
| Schoch HansPeter         | 84 | Dietikon     |                        | <b>35:20</b> | 6:25   | 9115    |
| Scholl Christoph         | 44 | Dinhard      |                        | <b>42:49</b> | 7:47   | 3887    |
| Schürer Andreas          | 74 | Männedorf    | Team Regine Sauter     | <b>46:42</b> | 8:29   | 5625    |
| Schwindenhammer Julie    | 83 | Zürich       |                        | <b>37:54</b> | 6:53   | 12513   |
| Seiler Beat              | 49 | Bern         |                        | <b>45:16</b> | 8:13   | 9189    |
| Seiler Celine            | 95 | Dübendorf    |                        | <b>39:03</b> | 7:05   | 3927    |
| Semytkivska Nina         | 83 | Rümlang      |                        | <b>35:03</b> | 6:22   | 9195    |
| Sharma Meenakshi         | 83 | Gutenswil    |                        | <b>41:32</b> | 7:32   | 9220    |
| Siemer Pascal            | 91 | Wil SG       |                        | <b>42:15</b> | 7:40   | 12521   |
| Simon Marius             | 81 | Zürich       |                        | <b>26:24</b> | 4:47   | 9249    |
| Sitnik Tetiana           | 82 | Zumikon      |                        | <b>36:44</b> | 6:40   | 9259    |
| Snippe Claudia Josephine | 77 | Sarnen       |                        | <b>55:15</b> | 10:02  | 12540   |
| Sokler Per Andreja       | 78 | Zürich       |                        | <b>49:54</b> | 9:04   | 9277    |
| Sommer Ursula            | 56 | Zollikerberg |                        | <b>53:04</b> | 9:38   | 3962    |
| Sonderegger Zaky Karin   | 62 | Niederglatt  | #RunRorestRun          | <b>31:01</b> | 5:38   | 5017    |
| Spaltenstein Melina      | 06 | Zürich       |                        | <b>47:29</b> | 8:37   | 9301    |
| Spörri Martina           | 85 | Uster        |                        | <b>34:50</b> | 6:19   | 10161   |
| Staub Jürg               | 60 | Gockhausen   |                        | <b>40:02</b> | 7:16   | 12536   |
| Steuri Sandra            | 84 | Mönchaltorf  |                        | <b>45:09</b> | 8:12   | 9403    |
| Stomeo Nico              | 93 | Urdorf       |                        | <b>42:19</b> | 7:41   | 9430    |
| Stomeo Sabrina           | 90 | Urdorf       |                        | <b>45:01</b> | 8:11   | 9431    |
| Stone Jason              | 73 | Adliswil     |                        | <b>40:17</b> | 7:19   | 9432    |
| Stone Louise             | 72 | Adliswil     |                        | <b>39:56</b> | 7:15   | 9433    |
| Stupf Benjamin           | 06 | Stäfa        | Fondation ART-THE...   | <b>39:47</b> | 7:13   | 1039    |
| Stupf Isabelle           | 03 | Stäfa        | Fondation ART-THE...   | <b>39:46</b> | 7:13   | 1040    |
| Stutz Fernando           | 82 | Suhr         | Swisscom Move!         | <b>44:31</b> | 8:05   | 1228    |
| Svanberg Emilia          | 03 | Meilen       |                        | <b>30:38</b> | 5:34   | 9497    |
| Syz Anja                 | 99 | Maschwanden  |                        | <b>41:59</b> | 7:37   | 4045    |
| Talabér Livia Eva        | 90 | Bubikon      |                        | <b>48:25</b> | 8:48   | 4051    |
| Tancredi Fabio           | 92 | Zürich       |                        | <b>34:29</b> | 6:16   | 9508    |
| Teampitsch Fabio         | 03 | Winterthur   |                        | <b>43:00</b> | 7:49   | 9523    |
| Terakita Akira           | 67 | Wallisellen  | Takeda Pharmaceuti...  | <b>42:21</b> | 7:41   | 1255    |
| Tesfay Haymanot          | 97 | Uster        |                        | <b>30:08</b> | 5:28   | 12539   |

# Greifenseelauf 2023

résultats

## 5.5km Frauen und Männer

| nom                      | an | lieu                | Groupe/club            | temps          | min/km | dossard |
|--------------------------|----|---------------------|------------------------|----------------|--------|---------|
| Thakare Hemant           | 89 | Dietikon            | Cembra                 | <b>47:12</b>   | 8:34   | 1078    |
| Thalmann Sven            | 99 | Aarau               |                        | <b>33:12</b>   | 6:02   | 9537    |
| Thür Patrick             | 81 | Rumlikon            |                        | <b>32:06</b>   | 5:50   | 9556    |
| Thurnherr Bruno          | 75 | Möhlín              |                        | <b>44:11</b>   | 8:01   | 10176   |
| Tomaszewski Mark         | 99 | Oberglatt ZH        |                        | <b>32:27</b>   | 5:53   | 10177   |
| Tonon Paolo              | 67 | Dübendorf           | Charitylauf Werkhei... | <b>1:18:10</b> | 14:12  | 1029    |
| Tothova Jasmina          | 07 | Utzigen             |                        | <b>40:32</b>   | 7:22   | 9570    |
| Trüb Claudia             | 84 | Wetzikon ZH         |                        | <b>34:35</b>   | 6:17   | 4092    |
| Trummer Lea              | 91 | Andhausen           |                        | <b>44:31</b>   | 8:05   | 12505   |
| Trutmann Tetiana         | 90 | Watt                |                        | <b>36:47</b>   | 6:41   | 9594    |
| Tschopp Aline            | 96 | Luzern              | Migros-Marketing       | <b>53:59</b>   | 9:48   | 1132    |
| Uhlmann Tanja            | 83 | Bülach              |                        | <b>50:32</b>   | 9:11   | 4105    |
| Van Erp Catharina        | 69 | Uster               | Charitylauf Werkhei... | <b>1:15:15</b> | 13:40  | 1031    |
| Vanoaica Danusia         | 78 | Zurich              |                        | <b>41:24</b>   | 7:31   | 9635    |
| Veerkamp Elisabeth       | 58 | Datteln             |                        | <b>48:34</b>   | 8:49   | 9645    |
| Verrey Anaïs             | 92 | Zürich              |                        | <b>43:18</b>   | 7:52   | 9654    |
| Vock Roland              | 60 | Spiegel b. Bern     |                        | <b>38:24</b>   | 6:58   | 4142    |
| von Känel Michelle       | 89 | Neuenegg            | Haselnussteppich       | <b>42:19</b>   | 7:41   | 5185    |
| von Lüdinghausen Kristin | 80 | Moenchaltorf        |                        | <b>43:39</b>   | 7:56   | 4154    |
| von Wyl Tabea            | 99 | Zürich              |                        | <b>28:45</b>   | 5:13   | 9716    |
| Waldispühl Markus        | 90 | Kriessern           |                        | <b>28:53</b>   | 5:14   | 9732    |
| Walton Tina              | 72 | Volketswil          |                        | <b>41:02</b>   | 7:27   | 9745    |
| Wäppling Julia           | 99 | Wangen-Brüttisellen |                        | <b>36:56</b>   | 6:42   | 9749    |
| Waser Melanie            | 76 | Rüti                |                        | <b>35:38</b>   | 6:28   | 9751    |
| Weiss Aileen             | 04 | Meilen              |                        | <b>41:49</b>   | 7:36   | 10183   |
| Weissenböck Lisa         | 90 | Zürich-Manegg       | Migros-Marketing       | <b>40:18</b>   | 7:19   | 1133    |
| Wetzel Monika            | 71 | Schlieren           |                        | <b>41:27</b>   | 7:32   | 4217    |
| White Beata              | 82 | Wallisellen         |                        | <b>36:25</b>   | 6:37   | 4218    |
| Wichmann Tina            | 84 | Buttikon            | Charitylauf Werkhei... | <b>1:05:53</b> | 11:58  | 1032    |
| Wieland Susanne          | 60 | Glarus              |                        | <b>1:07:16</b> | 12:13  | 9830    |
| Wiesli Adrienne          | 99 | Hittnau             |                        | <b>52:47</b>   | 9:35   | 9833    |
| Wiesli Deborah           | 94 | Richterswil         |                        | <b>45:12</b>   | 8:13   | 9834    |
| Wiesli Jacqueline        | 64 | Hittnau             |                        | <b>52:21</b>   | 9:30   | 9835    |
| Wigger Daniel            | 65 | Neftenbach          |                        | <b>52:33</b>   | 9:33   | 4230    |
| Wild Yael                | 02 | Illnau              |                        | <b>35:35</b>   | 6:28   | 9841    |
| Wildi Anita              | 81 | Zürich              |                        | <b>35:14</b>   | 6:24   | 10185   |
| Wildi Traugott           | 51 | Untersiggenthal     | Sikinga                | <b>37:55</b>   | 6:53   | 10014   |
| Willrodt Silke           | 69 | Uster               |                        | <b>31:24</b>   | 5:42   | 9847    |
| Wittwer Lawan            | 72 | Wetzikon ZH         |                        | <b>43:23</b>   | 7:53   | 4243    |
| Wolf Vanessa             | 87 | Fehraltorf          | Takeda Pharmaceuti...  | <b>46:05</b>   | 8:22   | 1258    |
| Wolfensberger Karl       | 65 | Winterthur          |                        | <b>41:09</b>   | 7:28   | 9871    |
| Wolfisberg Karin         | 73 | Sarnen              |                        | <b>36:23</b>   | 6:36   | 4246    |
| Worni Svenja             | 03 | MuttENZ             |                        | <b>34:09</b>   | 6:12   | 4249    |
| Wulfhard Sarah           | 80 | Wallbach            |                        | <b>35:32</b>   | 6:27   | 4251    |
| Wydler Marc              | 78 | Bachenbülach        |                        | <b>35:02</b>   | 6:22   | 9897    |
| Yari Rashid              | 96 | Zürich              | Sportegration          | <b>25:14</b>   | 4:35   | 1172    |
| Yelpale Sudhakar         | 90 | Dietikon            | Cembra                 | <b>38:49</b>   | 7:03   | 1079    |
| Zbinden Beatrice         | 60 | Winterthur          |                        | <b>57:14</b>   | 10:24  | 4276    |
| Zbinden Olivia           | 90 | Lentigny            |                        | <b>44:31</b>   | 8:05   | 9929    |
| Zbinden Stéphanie        | 87 | Roches BE           |                        | <b>46:58</b>   | 8:32   | 9930    |

# Greifenseelauf 2023

résultats

## 5.5km Frauen und Männer

| nom                | an | lieu        | Groupe/club  | temps          | min/km | dossard |
|--------------------|----|-------------|--------------|----------------|--------|---------|
| Zhang Luca         | 07 | Uster       |              | <b>35:54</b>   | 6:31   | 9948    |
| Zihlmann Roger     | 66 | Forch       |              | <b>1:06:19</b> | 12:03  | 4286    |
| Zimmermann David   | 86 | Schlieren   |              | <b>27:31</b>   | 5:00   | 12525   |
| Zimmermann Patrick | 73 | Rothrist    | LSV Rothrist | <b>36:05</b>   | 6:33   | 5404    |
| Zuber Martin       | 58 | Bassersdorf |              | <b>40:39</b>   | 7:23   | 9973    |
| Zuffellato Daniel  | 78 | Fällanden   |              | <b>40:54</b>   | 7:26   | 9974    |
| Zürcher Elsbeth    | 62 | Schöffland  |              | <b>42:32</b>   | 7:43   | 4310    |
| Zutt Mia           | 07 | Wolfhausen  |              | <b>32:09</b>   | 5:50   | 9992    |
| Zweifel Sanya      | 05 | Filzbach    |              | <b>38:02</b>   | 6:54   | 9995    |
| Zweifel Stella     | 87 | Wiezikon    |              | <b>42:15</b>   | 7:40   | 12522   |

### Gestartet

|                   |    |                  |  |  |  |       |
|-------------------|----|------------------|--|--|--|-------|
| Ammann Barbara    | 60 | Zürich           |  |  |  | 2290  |
| Zimmermann Monika | 75 | Aathal-Seegräben |  |  |  | 12503 |

### DNS

|                        |    |                    |                       |  |  |      |
|------------------------|----|--------------------|-----------------------|--|--|------|
| André Maurice          | 71 | Zürich             |                       |  |  | 5881 |
| Asafovs Marats         | 07 | Greifensee         |                       |  |  | 5903 |
| Asanin Elena           | 76 | Zürich             |                       |  |  | 2306 |
| Balchius Isabela       | 92 | Stäfa              |                       |  |  | 5965 |
| Bärtsch Petra          | 97 | Zürich             |                       |  |  | 6000 |
| Battaglia Denise       | 67 | Winterthur         |                       |  |  | 2341 |
| Boner Livia            | 02 | Erlenbach ZH       |                       |  |  | 6204 |
| Bono Valerie           | 90 | Hombrechtikon      |                       |  |  | 6208 |
| Botoroaga Madalina     | 82 | Zurich             | Takeda Pharmaceuti... |  |  | 1238 |
| Brand Janine           | 95 | Dällikon           |                       |  |  | 6255 |
| Büeler Sarah           | 96 | Dübendorf          |                       |  |  | 2487 |
| Bütler Yves            | 91 | Rapperswil         |                       |  |  | 6392 |
| Cagirgan Michaela      | 70 | Ruggell            |                       |  |  | 2527 |
| Camiña Ana             | 76 | Zollikon           |                       |  |  | 6409 |
| Cattori Valentino      | 69 | Flims-Dorf         |                       |  |  | 2552 |
| Columberg Gieri        | 66 | Zürich             | Yolo                  |  |  | 1269 |
| Dogaru Vlad            | 87 | Uitikon Waldegg    |                       |  |  | 6617 |
| Dolnicek Daniel        | 81 | Zürich             |                       |  |  | 2661 |
| Echle Sandro           | 91 | Bertschikon Gossau |                       |  |  | 2687 |
| Ezzema Saskia          | 82 | Eglisau            |                       |  |  | 6778 |
| Fiedler Claudius       | 65 | Uster              | H2U                   |  |  | 5183 |
| Fleisch Margot         | 57 | Zürich             |                       |  |  | 2778 |
| Flückiger Claudia Maya | 60 | Schaffhausen       |                       |  |  | 6863 |
| Flückiger Urs          | 58 | Schaffhausen       |                       |  |  | 6866 |
| Franzsiak Merz         | 87 | Zürich             | Migros-Marketing      |  |  | 1106 |
| Fuchs Sandra           | 84 | Winkel b/Bülach    |                       |  |  | 6949 |
| Gabriel Martina        | 94 | Maur               |                       |  |  | 6965 |
| Gallasz Gustav         | 68 | Wädenswil          |                       |  |  | 6979 |
| Gallasz Orsolya        | 79 | Wädenswil          |                       |  |  | 6980 |
| Galli Shayade          | 90 | Bern               |                       |  |  | 6986 |
| Gerum Johanna          | 77 | Zumikon            |                       |  |  | 2875 |
| Gromilic Elma          | 03 | Männedorf          | Team Regine Sauter    |  |  | 5622 |
| Guggisberg Simon       | 97 | Bern               |                       |  |  | 7155 |
| Hintze Aliah           | 07 | Frauenfeld         |                       |  |  | 7352 |

# Greifenseelauf 2023

résultats

## 5.5km Frauen und Männer

| nom                       | an | lieu             | Groupe/club            | temps | min/km | dossard |
|---------------------------|----|------------------|------------------------|-------|--------|---------|
| <b>DNS</b>                |    |                  |                        |       |        |         |
| Hintze Joel               | 02 | Aadorf           |                        |       |        | 7353    |
| Horon Grzegorz            | 59 | Ostermundigen    |                        |       |        | 7414    |
| Jackwerth Janet           | 78 | Dübendorf        |                        |       |        | 3113    |
| Jeanmaire Florence        | 94 | Dübendorf        |                        |       |        | 7562    |
| Junker Peter              | 43 | Egg ZH           |                        |       |        | 3135    |
| Junker Sandra             | 94 | Zöllikofen       |                        |       |        | 3136    |
| Keller Carla              | 82 | Kilchberg ZH     |                        |       |        | 3165    |
| Klincke Juliane           | 90 | Zürich           |                        |       |        | 7708    |
| Landolt Monica            | 80 | Eglisau          |                        |       |        | 7893    |
| Läseke Dorthe             | 69 | Adliswil         |                        |       |        | 12509   |
| Lehnherr Christine        | 81 | Wimmis           |                        |       |        | 7936    |
| Lüscher Lisa              | 03 | Grosshöchstetten |                        |       |        | 3370    |
| Maj Jennifer              | 92 | Winterthur       | Migros-Marketing       |       |        | 1114    |
| Mannukuzhiyil Julia       | 82 | Biel             |                        |       |        | 3409    |
| Massaro Yvonne            | 85 | Egg bei Zürich   |                        |       |        | 8145    |
| Matter Andrea             | 88 | Murten           |                        |       |        | 3427    |
| Mauro Theresa             | 90 | Herzogenbuchsee  |                        |       |        | 3431    |
| Minder Salome             | 75 | Ormalingen       |                        |       |        | 8276    |
| Monnot Aurélie            | 02 | Liebefeld        |                        |       |        | 3503    |
| Oberholzer Susanna        | 80 | Egg b. Zürich    |                        |       |        | 3590    |
| Omri Rivlin               | 99 | Haifa            |                        |       |        | 8517    |
| Pfister Timon             | 71 | Andelfingen      |                        |       |        | 3667    |
| Ponomarev Vitaly          | 88 | Zürich           |                        |       |        | 3683    |
| Prem Marc                 | 88 | Bertschikon      |                        |       |        | 3692    |
| Pruneddu Marta            | 79 | Kilchberg ZH     | Triathlon Club Zürich  |       |        | 2218    |
| Ram Regula                | 66 | Zürich           |                        |       |        | 8709    |
| Ramseier David            | 88 | Winterthur       |                        |       |        | 8715    |
| Reichenbacher David       | 81 | Niederwangen BE  |                        |       |        | 8742    |
| Roggenkemper Werner       | 56 | Schmerikon       |                        |       |        | 8825    |
| Rohner André              | 63 | Uster            | Charitylauf Werkhei... |       |        | 1026    |
| Rosales Nicole            | 89 | Winterthur       |                        |       |        | 8838    |
| Röthlisberger Sina        | 00 | Illnau           |                        |       |        | 8856    |
| Sakipi Leonora            | 96 | Wetzikon         |                        |       |        | 8942    |
| Schäfer Gion              | 07 | Bern 8           |                        |       |        | 3825    |
| Schaub Theo               | 61 | Zumikon          | GC Ruder Sektion       |       |        | 2054    |
| Schumacher Sabine         | 70 | Bilten           |                        |       |        | 9155    |
| Schürer de Queiroz Ama... | 83 | Zürich           |                        |       |        | 3913    |
| Scotti Riccardo           | 79 | Zwillikon        | Swisscom Move!         |       |        | 1224    |
| Shamshieva Alexandra      | 06 | Benglen          |                        |       |        | 9219    |
| Share Wendy               | 74 | Zumikon          |                        |       |        | 3934    |
| Shivam Shivam             | 94 | Zürich           | Cembra                 |       |        | 1076    |
| Sönmez Hüseyin            | 79 | Brüttisellen     |                        |       |        | 9293    |
| Spörri Elisabeth          | 60 | Hinwil           |                        |       |        | 9320    |
| Stalder Dominique         | 82 | Zürich           |                        |       |        | 3979    |
| Theismann Mahlia          | 94 | Dübendorf        |                        |       |        | 9540    |
| Vasey Kirsten             | 73 | Neuhaus SG       |                        |       |        | 9640    |
| Ward Clare                | 82 | Dübendorf        |                        |       |        | 9750    |
| Wehrli Ruhana             | 03 | Hagenbuch ZH     |                        |       |        | 9784    |

# Greifenseelauf 2023

résultats

## 5.5km Frauen und Männer

| nom                 | an | lieu       | Groupe/club | temps | min/km | dossard |
|---------------------|----|------------|-------------|-------|--------|---------|
| DNS                 |    |            |             |       |        |         |
| Wetzel Christine    | 81 | Zürich     |             |       |        | 4215    |
| Wille Janine        | 73 | Winterthur |             |       |        | 9844    |
| Wolff Casado Víctor | 87 | Zürich     |             |       |        | 9872    |

#547 participants