

37. Schweizer Frauenlauf 2023

Ergebnisse

Running 10 km W55

| Rang | Name | Jg | Ort | Gruppe/Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|----------------------------|----|-------------------|-------------------------|--------------|---------|--------|---------|---------|
| 1. | Schillig-Planzer Stefanie | 67 | Altdorf UR | | 46:29 | -- | 4:38 | 1155 | 79. |
| 2. | Zuber Susanne | 68 | Luzern | | 46:45 | +16 | 4:40 | 1162 | 88. |
| 3. | Belk Brigitte | 68 | Courlevon | | 47:35 | +1:06 | 4:45 | 1120 | 121. |
| 4. | Cohen Rachel | 68 | Kirchberg BE | | 47:43 | +1:14 | 4:46 | 2009 | 123. |
| 5. | Karajiannis Jolanda | 66 | Köniz | | 48:21 | +1:52 | 4:50 | 1049 | 135. |
| 6. | Frefel Monika | 67 | Frauenfeld | MegaJoule/LSV Frau... | 48:31 | +2:02 | 4:51 | 2090 | 146. |
| 7. | Luginbühl Gabi | 67 | Horboden | Laufftreff Spiez | 48:44 | +2:15 | 4:52 | 1063 | 156. |
| 8. | Nussli-Rohrer Beatrice | 66 | Burgdorf | | 49:15 | +2:46 | 4:55 | 2053 | 177. |
| 9. | Dreher Sandrine | 67 | Juvigny | | 51:15 | +4:46 | 5:07 | 1124 | 271. |
| 10. | Pulfer Chenux Beatrice | 67 | Erlach | | 51:44 | +5:15 | 5:10 | 2059 | 293. |
| 11. | Zürcher Kathrin | 68 | Röthenbach | | 51:47 | +5:18 | 5:10 | 3126 | 296. |
| 12. | Burkard Vreni | 67 | Rickenbach LU | | 52:07 | +5:38 | 5:12 | 3011 | 310. |
| 13. | Wuersch Karin | 67 | Wabern | | 52:51 | +6:22 | 5:17 | 1161 | 358. |
| 14. | Hauser Claudia | 65 | Herrliberg | | 52:57 | +6:28 | 5:17 | 2027 | 366. |
| 15. | Delfosse Janice | 65 | Jegenstorf | | 53:16 | +6:47 | 5:19 | 4120 | 401. |
| 16. | Herren Esther | 68 | Lurtigen | TV Bösinggen | 53:40 | +7:11 | 5:21 | 3051 | 434. |
| 17. | Honegger Charlotte | 66 | Uster | | 53:44 | +7:15 | 5:22 | 4124 | 438. |
| 18. | Meili Beatrice | 65 | Knonau | Gut-tut-gut | 53:54 | +7:25 | 5:23 | 5262 | 452. |
| 19. | Achermann Schwizer Esth... | 66 | Reiden | Swiss Laufftreff Reiden | 54:42 | +8:13 | 5:28 | 6012 | 512. |
| 20. | Diethelm Barbara | 65 | Zäziwil | | 54:45 | +8:16 | 5:28 | 3019 | 518. |
| 21. | Leuenberger Margrit | 64 | Melchnau | LV Langenthal | 54:50 | +8:21 | 5:28 | 5255 | 521. |
| 22. | Studer Regula | 68 | Schweiz | | 54:50 | +8:21 | 5:28 | 2076 | 522. |
| 23. | Kessler Maya | 65 | Grüsch | | 54:57 | +8:28 | 5:29 | 3059 | 536. |
| 24. | Jakober Heidi | 68 | Alpnach Dorf | | 54:58 | +8:29 | 5:29 | 3140 | 540. |
| 25. | Schär Cornelia | 67 | Aegerten | | 54:59 | +8:30 | 5:29 | 7225 | 542. |
| 26. | Kaufmann Silvia | 65 | Lausanne | footing club Lausanne | 55:00 | +8:31 | 5:29 | 6128 | 545. |
| 27. | Müller Anne | 66 | Bern | STB Running | 55:04 | +8:35 | 5:30 | 5115 | 551. |
| 28. | Ming Andrea | 68 | Pfaffnau | Swiss Laufftreff Reiden | 55:31 | +9:02 | 5:33 | 6173 | 589. |
| 29. | Sägesser Judith | 64 | Bern | | 55:52 | +9:23 | 5:35 | 4081 | 619. |
| 30. | Helbling Hildi | 68 | Schänis | | 55:57 | +9:28 | 5:35 | 4044 | 628. |
| 31. | Zanini Judith | 68 | Oberwil-Lieli | | 56:01 | +9:32 | 5:36 | 7290 | 633. |
| 32. | Schneider Monica | 64 | Kilchberg ZH | | 56:12 | +9:43 | 5:37 | 3107 | 655. |
| 33. | Sanchez Duerig Rosa | 68 | Adliswil | | 56:17 | +9:48 | 5:37 | 3098 | 661. |
| 34. | Carlen Cornelia | 64 | Reckingen | Die Mitte Frauen Sc... | 56:18 | +9:49 | 5:37 | 7002 | 662. |
| 35. | Hari Ellen | 67 | Reichenbach i. K. | | 56:18 | +9:49 | 5:37 | 3046 | 663. |
| 36. | Waber Brigitte | 65 | Ostermundigen | | 56:24 | +9:55 | 5:38 | 4100 | 671. |
| 37. | Gehlken Susanne | 68 | Stettlen | | 56:26 | +9:57 | 5:38 | 5057 | 673. |
| 38. | Maag Bernhard Ingrid | 68 | Stallikon | | 56:29 | +10:00 | 5:38 | 5108 | 681. |
| 39. | Arnold Rita | 67 | St. Erhard | | 56:42 | +10:13 | 5:40 | 5003 | 701. |
| 40. | Steinacher Patrizia Flavia | 67 | Küttigen | | 56:42 | +10:13 | 5:40 | 5159 | 702. |
| 41. | Jäckel Annette | 67 | Thörishaus | | 56:46 | +10:17 | 5:40 | 5087 | 708. |
| 42. | Gallachi Pasqualine | 68 | Basel-Stadt | Die Mitte Frauen Sc... | 57:18 | +10:49 | 5:43 | 2001 | 762. |
| 43. | Metzler-Arnold Ruth | 64 | Appenzell | Die Mitte Frauen Sc... | 57:19 | +10:50 | 5:43 | 2002 | 767. |
| 44. | Feri Yvonne | 66 | Wettingen | | 57:26 | +10:57 | 5:44 | 6061 | 780. |
| 45. | Freudenberg Karen | 67 | Bern | | 57:59 | +11:30 | 5:47 | 6068 | 832. |
| 46. | Cano Chantal | 67 | Malleray-Bévilard | | 58:00 | +11:31 | 5:47 | 9241 | 834. |
| 47. | Erb Maja | 66 | Winterthur | | 58:04 | +11:35 | 5:48 | 5049 | 841. |
| 48. | Thommen Prisca | 68 | Hölstein | | 58:07 | +11:38 | 5:48 | 5287 | 853. |
| 49. | Kunz Liselotte | 66 | Hindelbank | | 58:09 | +11:40 | 5:48 | 4128 | 855. |
| 50. | Metzger Beatrice | 66 | Waldstatt | | 58:17 | +11:48 | 5:49 | 6171 | 875. |

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Running 10 km W55

| Rang | Name | Jg | Ort | Gruppe/Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|-------------------------|----|-------------------|--------------------------|----------------|---------|--------|---------|---------|
| 51. | Zurschmiede Susanne | 65 | Matten b.l. | | 58:20 | +11:51 | 5:49 | 6274 | 881. |
| 52. | Remund Daniela | 68 | Spiegel bei Bern | | 58:20 | +11:51 | 5:49 | 5128 | 883. |
| 53. | Ritler-Rieder Adeline | 68 | Kippel | --- | 58:24 | +11:55 | 5:50 | 5272 | 897. |
| 54. | Gigon Delphine | 68 | Yverdon-les-Bains | | 58:42 | +12:13 | 5:52 | 5222 | 938. |
| 55. | Ramser Mariella | 68 | Yverdon-les-Bains | | 59:09 | +12:40 | 5:54 | 5269 | 993. |
| 56. | Spieß Traudel | 66 | Rothenthurm | | 59:10 | +12:41 | 5:54 | 7248 | 997. |
| 57. | Kempff Heidi | 64 | Luzern | | 59:16 | +12:47 | 5:55 | 7142 | 1010. |
| 58. | Meyer-Wilmes Christel | 64 | Münsingen | Laufteam Münsingen | 59:26 | +12:57 | 5:56 | 4064 | 1030. |
| 59. | Rüegg Beatrice | 67 | Rüti ZH | | 59:28 | +12:59 | 5:56 | 5135 | 1042. |
| 60. | Blum Angela | 68 | Winterthur | | 59:29 | +13:00 | 5:56 | 5017 | 1043. |
| 61. | Walti Franziska | 67 | Lenzburg | | 59:33 | +13:04 | 5:57 | 6256 | 1056. |
| 62. | Da Costa Lisette | 68 | Liestal | smrun/Lsvb | 59:34 | +13:05 | 5:57 | 5036 | 1062. |
| 63. | Spörri Maya | 67 | Siblingen | | 59:39 | +13:10 | 5:57 | 7249 | 1071. |
| 64. | Köpfer Franziska | 68 | Kleindietwil | | 59:41 | +13:12 | 5:58 | 6138 | 1074. |
| 65. | Wiedmer Karin | 66 | Aesch BL | Laufträff Birsegg Aes... | 59:53 | +13:24 | 5:59 | 6262 | 1093. |
| 66. | Righetti Doris | 68 | Zufikon | | 1:00:09 | +13:40 | 6:00 | 7214 | 1119. |
| 67. | Häfliger-Kunz Priska | 68 | Mauensee | | 1:00:10 | +13:41 | 6:00 | 6092 | 1121. |
| 68. | Hochstrasser Denise | 65 | Oberrohrdorf | | 1:00:15 | +13:46 | 6:01 | 6102 | 1126. |
| 69. | Elmer Ursula | 67 | Ennenda | LG Glarus | 1:00:16 | +13:47 | 6:01 | 8058 | 1128. |
| 70. | Schneebeli Ruth | 64 | Ottenbach | | 1:00:22 | +13:53 | 6:02 | 5143 | 1137. |
| 71. | Roten Irène | 64 | Bern | | 1:00:44 | +14:15 | 6:04 | 6199 | 1155. |
| 72. | Kilian Gabriela | 65 | Füllinsdorf | Laufftreff Sissach | 1:00:54 | +14:25 | 6:05 | 8132 | 1171. |
| 73. | Bonvin Laetitia | 68 | Bern | | 1:01:04 | +14:35 | 6:06 | 10210 | 1193. |
| 74. | Bezold Sabine | 67 | St. Gallen | | 1:01:05 | +14:36 | 6:06 | 9234 | 1199. |
| 75. | Primmaz Sylvie | 68 | Miex | | 1:01:15 | +14:46 | 6:07 | 7203 | 1217. |
| 76. | Ehsam Cornelia | 64 | Hölstein | | 1:01:26 | +14:57 | 6:08 | 7067 | 1229. |
| 77. | Kordeuter Christiane | 68 | Pfäffikon SZ | | 1:01:28 | +14:59 | 6:08 | 7153 | 1235. |
| 78. | Acher Susanne | 68 | Lyss | | 1:01:46 | +15:17 | 6:10 | 4111 | 1263. |
| 79. | Gurtner Susanne | 65 | Sachseln | FSK Grossteil | 1:01:53 | +15:24 | 6:11 | 3039 | 1275. |
| 80. | Iseli Barbara | 64 | Bern | | 1:02:07 | +15:38 | 6:12 | 8121 | 1297. |
| 81. | Fürst Jeannette | 66 | Schönenwerd | | 1:02:18 | +15:49 | 6:13 | 9253 | 1311. |
| 82. | Bressoud Alexandra | 68 | Fully | | 1:02:32 | +16:03 | 6:15 | 7038 | 1339. |
| 83. | Graf Marianne | 67 | Häutligen | Laufteam Münsingen | 1:02:39 | +16:10 | 6:15 | 6081 | 1353. |
| 84. | Hug Rita | 66 | Schwanden GL | Laufgruppe Glarus | 1:02:54 | +16:25 | 6:17 | 7121 | 1378. |
| 85. | Ruff Beatrice | 68 | Langenthal | LV Langenthal | 1:02:58 | +16:29 | 6:17 | 8187 | 1389. |
| 86. | Giovanelli Sylvia | 66 | Reutigen | | 1:03:16 | +16:47 | 6:19 | 9256 | 1415. |
| 87. | Dumont Colette | 68 | Murten | Athletic Fitness Murt... | 1:03:19 | +16:50 | 6:19 | 7066 | 1421. |
| 88. | Lira Chevrier Elisabete | 66 | Lausanne | | 1:03:39 | +17:10 | 6:21 | 9126 | 1444. |
| 89. | Ulbert Ingrid | 66 | Wängi | Laufftreff Wängi | 1:03:39 | +17:10 | 6:21 | 7266 | 1445. |
| 89. | Werder Ursi | 66 | Wängi | Laufftreff Wängi | 1:03:39 | +17:10 | 6:21 | 7280 | 1445. |
| 91. | Vindice Manuella | 67 | Fleurier | | 1:03:55 | +17:26 | 6:23 | 6249 | 1465. |
| 92. | Wagner Clarissa | 66 | Muri b. Bern | | 1:03:55 | +17:26 | 6:23 | 8235 | 1466. |
| 93. | Obrecht Astrid | 66 | Jenins | | 1:04:00 | +17:31 | 6:23 | 8166 | 1476. |
| 94. | Strucker Marianne | 66 | Männedorf | | 1:04:04 | +17:35 | 6:24 | 10276 | 1480. |
| 95. | Zeller Anja | 67 | Zuerich | | 1:04:04 | +17:35 | 6:24 | 8249 | 1481. |
| 96. | Bühlmann Tabea | 65 | Wallisellen | | 1:04:18 | +17:49 | 6:25 | 10213 | 1505. |
| 97. | Walpen Josianne | 65 | Wabern | | 1:04:25 | +17:56 | 6:26 | 7276 | 1515. |
| 98. | Hophan Karin | 67 | Glarus | Pacemakers | 1:04:27 | +17:58 | 6:26 | 507 | 1521. |
| 99. | Ruedin Anja | 67 | Gland | Foulée Glandoise | 1:04:42 | +18:13 | 6:28 | 9173 | 1536. |
| 100. | Espi Pilar | 64 | Bellinzona | RC Bellinzona | 1:04:48 | +18:19 | 6:28 | 7075 | 1543. |

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Ergebnisse

Running 10 km W55

| Rang | Name | Jg | Ort | Gruppe/Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|---------------------------|----|-------------------|---------------------|----------------|---------|--------|---------|---------|
| 101. | Zehnder Gabi | 67 | Wängi | Lauffteff Wängi | 1:04:51 | +18:22 | 6:29 | 7291 | 1547. |
| 102. | Gerber Heidi | 67 | Lyssach | | 1:04:59 | +18:30 | 6:29 | 8272 | 1558. |
| 103. | Débieux Romaine | 68 | Gland | | 1:05:02 | +18:33 | 6:30 | 10221 | 1561. |
| 104. | Hegglin Alexandra | 66 | Unterägeri | | 1:05:04 | +18:35 | 6:30 | 7108 | 1564. |
| 105. | Kesseli Christa | 65 | Zug | | 1:05:05 | +18:36 | 6:30 | 8131 | 1567. |
| 106. | Bolliger Sabine | 65 | Bern | | 1:05:07 | +18:38 | 6:30 | 9023 | 1570. |
| 107. | Hayoz Jannick | 68 | Les Cullayes | | 1:05:15 | +18:46 | 6:31 | 8107 | 1579. |
| 108. | Lüthi Claudia | 64 | Aesch ZH | | 1:05:29 | +19:00 | 6:32 | 59106 | 1586. |
| 109. | Portner Rita | 67 | Ostermundigen | STB Running | 1:05:30 | +19:01 | 6:32 | 7202 | 1587. |
| 110. | Altorfer Pia | 66 | Mittelhäusern | | 1:05:31 | +19:02 | 6:33 | 8012 | 1590. |
| 111. | Remund Anna Barbara | 64 | Bern | | 1:05:39 | +19:10 | 6:33 | 59033 | 1600. |
| 112. | Dubuis Véronique | 68 | Savièse | | 1:05:44 | +19:15 | 6:34 | 7064 | 1605. |
| 113. | Steiner Ruth | 64 | Oftringen | | 1:05:52 | +19:23 | 6:35 | 7255 | 1611. |
| 114. | Arni Alexandra | 67 | Basel | LC Basem | 1:06:02 | +19:33 | 6:36 | 7016 | 1623. |
| 115. | Foronda Maribelle | 68 | Zürich | | 1:06:06 | +19:37 | 6:36 | 9251 | 1629. |
| 116. | Puhl Silvia | 65 | Kollbrunn | LSV Winterthur | 1:06:12 | +19:43 | 6:37 | 8288 | 1639. |
| 117. | Grunder Agnes | 66 | Boll | Kraftakt | 1:06:17 | +19:48 | 6:37 | 9258 | 1641. |
| 118. | Cejka-Larsson Anna | 64 | Birmensdorf ZH | | 1:06:29 | +20:00 | 6:38 | 9033 | 1651. |
| 119. | Michel Christina | 68 | Herrenschwanden | | 1:06:35 | +20:06 | 6:39 | 9139 | 1661. |
| 120. | Boyer Chardonnens Chan... | 64 | Onnens FR | | 1:06:36 | +20:07 | 6:39 | 8260 | 1667. |
| 121. | Schneiter Doris | 66 | Neuenegg | | 1:06:48 | +20:19 | 6:40 | 10162 | 1676. |
| 122. | Scheidegger Claudia | 65 | Schänis | LG Benken | 1:06:50 | +20:21 | 6:40 | 6212 | 1677. |
| 123. | Gerber Marianne | 66 | Biglen | | 1:06:58 | +20:29 | 6:41 | 9060 | 1686. |
| 124. | Schlatter Sonya | 64 | Zürich | | 1:07:10 | +20:41 | 6:42 | 5276 | 1697. |
| 125. | Kummer Verena | 66 | Kleindietwil | | 1:07:19 | +20:50 | 6:43 | 6143 | 1710. |
| 126. | Ahlberg Kleiterp Noelle | 68 | Oberrieden | | 1:07:35 | +21:06 | 6:45 | 9230 | 1724. |
| 127. | Michel Marianne | 68 | Auenstein | | 1:08:09 | +21:40 | 6:48 | 8155 | 1760. |
| 128. | Wäfler Anna | 65 | Gerlafingen | Lauffräff Solothurn | 1:08:12 | +21:43 | 6:49 | 9302 | 1772. |
| 129. | Bigler Regina | 68 | Worb | | 1:08:32 | +22:03 | 6:51 | 8031 | 1795. |
| 130. | Urbanek Regula | 65 | Biel/Bienne | | 1:08:39 | +22:10 | 6:51 | 10187 | 1797. |
| 131. | Ciglia Isabelle | 67 | Meggen | | 1:08:59 | +22:30 | 6:53 | 10034 | 1814. |
| 132. | Sterel Saskia | 65 | Winterthur | | 1:09:28 | +22:59 | 6:56 | 59176 | 1833. |
| 133. | Irniger Anita | 66 | Ennenda | LG Glarus | 1:10:22 | +23:53 | 7:02 | 10083 | 1881. |
| 134. | Bauer Bettina | 65 | Teufen AR | | 1:10:38 | +24:09 | 7:03 | 7022 | 1893. |
| 135. | Zumbrunnen Véronique | 66 | Belfaux | | 1:11:04 | +24:35 | 7:06 | 9306 | 1903. |
| 136. | Marković Ružica | 64 | Luzern | | 1:11:13 | +24:44 | 7:07 | 4060 | 1909. |
| 137. | Van Duffelen Lucia | 68 | Uster | | 1:11:48 | +25:19 | 7:10 | 5169 | 1926. |
| 138. | Stalder Cornelia | 68 | Oberdorf SO | | 1:11:49 | +25:20 | 7:10 | 10173 | 1927. |
| 139. | Niederhauser Kathrin | 64 | Burgdorf | | 1:12:24 | +25:55 | 7:14 | 10135 | 1938. |
| 140. | Amiet Ziegler Victoria | 66 | Zürich | | 1:12:43 | +26:14 | 7:16 | 9011 | 1947. |
| 141. | Giger Martha Luisa | 65 | St. Gallen | | 1:13:17 | +26:48 | 7:19 | 9255 | 1961. |
| 142. | Frossard Sophie | 68 | Strasbourg | | 1:13:23 | +26:54 | 7:20 | 7299 | 1965. |
| 143. | Berlincourt Pascale | 65 | Orvin | | 1:13:47 | +27:18 | 7:22 | 7027 | 1970. |
| 144. | Schweiger Petra | 66 | Jonen | | 1:14:42 | +28:13 | 7:28 | 10169 | 1988. |
| 145. | Rudin Karin | 64 | Bern | | 1:15:41 | +29:12 | 7:34 | 10150 | 2001. |
| 146. | Wenzler Danielle | 67 | Schliern b. Köniz | | 1:15:50 | +29:21 | 7:34 | 9214 | 2004. |
| 147. | Stocker Angelika | 66 | Sattel | | 1:16:19 | +29:50 | 7:37 | 10179 | 2007. |
| 148. | Fischer Iris | 66 | Uster | | 1:17:19 | +30:50 | 7:43 | 9053 | 2018. |
| 149. | Pinton Lucia | 66 | Richterswil | | 1:17:49 | +31:20 | 7:46 | 10143 | 2020. |
| 150. | Mathis Rosa Anna | 64 | Wabern | STB | 1:19:24 | +32:55 | 7:56 | 10115 | 2029. |

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Ergebnisse

Running 10 km W55

| Rang | Name | Jg | Ort | Gruppe/Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|-------------------|----|-----------------|---------------|----------------|---------|--------|---------|---------|
| 151. | Hosner Katrin | 64 | Herzogenbuchsee | | 1:19:58 | +33:29 | 7:59 | 10235 | 2032. |
| 152. | Amsler Monika | 66 | Stäfa | | 1:20:15 | +33:46 | 8:01 | 10007 | 2034. |
| 153. | Bourban Carmel | 65 | Brignon | | 1:20:49 | +34:20 | 8:04 | 4007 | 2044. |
| 154. | Girard Nathalie | 67 | Bulle | | 1:23:31 | +37:02 | 8:21 | 6076 | 2053. |
| 155. | von Gunten Silvia | 68 | Thun | smrun | 1:30:09 | +43:40 | 9:00 | 9301 | 2062. |

Dalmazi

| | | | | | | | | | |
|------|--------------|----|-------------|--|--------------|-------|------|------|--|
| 156. | Aegler Katja | 67 | Thierachern | | 27:28 | +5:22 | 5:29 | 4112 | |
|------|--------------|----|-------------|--|--------------|-------|------|------|--|

Helvetiaplatz

| | | | | | | | | | |
|------|------------------|----|----------|--|--------------|-------|------|------|--|
| 157. | Tschumi Nathalie | 64 | Tavannes | | 11:07 | +2:57 | 5:50 | 9296 | |
|------|------------------|----|----------|--|--------------|-------|------|------|--|

DNS

| | | | | | | | | | |
|--|---------------------|----|---------|--|--|--|--|------|--|
| | Helwig Claudia | 67 | Neuheim | | | | | 6099 | |
| | Kaufmann Anita | 66 | Basel | | | | | 6127 | |
| | Schneeberger Katrin | 67 | Bern | | | | | 6224 | |

#160 Teilnehmende