

Steinhölzlilauflauf 2019

results

Hauptlauf Männer 30

rank	lastname	firstname	yob	city	club	time	diff	min/km	racenu	Startrunde	Runde1	Runde2	Runde3	overall
1.	Lehmann	Adrian	89	Langenthal	LV Langenthal	34:54		3:17	3	1:12	11:15	11:23	11:02	1.
2.	Kempf	Andreas	88	Wabern	TSV Düringen	36:40	+1:46	3:27	1037	1:12	11:29	11:56	12:02	3.
3.	Rutschi	Oliver	83	Liebefeld	Race Team Malle	39:40	+4:46	3:44	1094	1:23	12:36	12:48	12:52	7.
4.	Rhyner	Daniel	84	Thun	All Blacks	40:25	+5:31	3:48	121	1:24	12:46	13:03	13:10	12.
5.	Käser	Jürg	85	Köniz	RSC Aaretal Münsingen	40:43	+5:49	3:50	389	1:22	12:51	13:14	13:15	15.
6.	Hess	Hans Rudolf	84	Langnau i. E.		41:16	+6:21	3:53	333	1:31	13:05	13:21	13:17	18.
7.	Hirt	Beni	80	Bern	Decomplic	42:24	+7:29	4:00	1108	1:24	13:24	13:52	13:43	27.
8.	Portmann	Peter	82	Bern	4feet	42:56	+8:01	4:03	119	1:29	13:29	13:53	14:03	32.
9.	Genna	Gian Sandro	81	Muri b. Bern	Laufteam Thun	43:22	+8:28	4:05	112	1:29	13:40	14:01	14:11	38.
10.	Perrin	Damian	81	Bern	Papival-Bergamont-Grand-Raid	43:50	+8:55	4:08	1133	1:21	13:45	14:18	14:24	39.
11.	Horber	Markus	83	Stettlen		43:55	+9:00	4:08	355	1:28	13:32	14:28	14:25	41.
12.	Bürki	Lucien	87	Bern	TV Länggasse	45:38	+10:44	4:18	1266	1:34	14:22	14:46	14:54	57.
13.	Mischler	Reto	81	Bern	LCA Bärn	45:48	+10:53	4:19	1265	1:44	14:39	14:45	14:38	58.
14.	Stettler	Marco	83	Uetligen		47:53	+12:59	4:31	133	1:31	15:00	15:31	15:50	74.
15.	Schmid	Michael	86	Bern		49:39	+14:44	4:41	1067	1:45	15:34	16:03	16:16	81.
16.	Schwab	Philippe Stanislav	88	Bern		50:20	+15:25	4:44	1068	1:54	16:25	16:23	15:36	84.
17.	Schafer	Oliver	82	Ittigen		50:20	+15:26	4:44	125	1:53	17:01	16:20	15:05	85.
18.	Baumann	Philipp	85	Liebefeld	PPT	50:37	+15:42	4:46	183	1:51	16:31	16:25	15:49	88.
19.	Jenny	Roland	81	Belp		50:37	+15:43	4:46	1034	1:41	15:47	16:43	16:26	89.
20.	Brennecke	Felix	89	Wabern		51:09	+16:14	4:49	217	1:44	15:45	16:56	16:43	93.
21.	Sazpinar	Ali	84	Bern		51:21	+16:26	4:50	536	1:51	16:30	16:25	16:33	95.
22.	Luchsinger	Yves	85	Lyss		52:08	+17:14	4:55	1235	1:45	16:32	17:05	16:46	105.
23.	Ramseier	Christoph	86	Bern		52:41	+17:46	4:58	1255	1:47	16:26	17:09	17:18	108.
24.	Schweizer	Jonas	82	Bern		52:56	+18:01	4:59	584	1:54	16:58	17:14	16:49	111.
25.	Barrio	Ismael Lars	86	Bern		53:03	+18:08	5:00	1004	1:56	16:35	16:53	17:38	113.
26.	Heigenhauser	Benedikt	88	Bern		53:12	+18:17	5:01	1031	1:59	16:28	17:08	17:35	116.
27.	Neuhaus	Tobias	86	Bern		53:45	+18:51	5:04	480	1:56	17:06	17:23	17:19	121.
28.	Abraha	Million	84	Bern		54:09	+19:14	5:06	1291	1:49	16:36	17:25	18:18	124.
29.	Fares	Michael	88	Liebefeld		54:12	+19:17	5:06	275	1:56	17:02	17:37	17:36	125.
30.	Staudenmann	Adrian	83	Uttigen	LSV Uetendorf	54:29	+19:35	5:08	1262	1:49	17:07	17:52	17:40	126.

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31.	Dunkel	Samuel	80	Bern	Defeated Dunderdon	54:56	+20:02	5:11	259	1:48	17:19	17:50	17:58	131.
32.	Brenner	Sven	88	Salgesch		56:04	+21:09	5:17	219	2:05	18:17	18:31	17:10	138.
33.	Rutschi	Jürg	82	Belp		56:33	+21:39	5:20	1058	2:01	17:13	18:22	18:56	141.
34.	Hutterer	Beat	83	Nidau		56:37	+21:42	5:20	366	2:03	17:59	18:21	18:13	142.
35.	Wälchli	Christoph	82	Bern		57:05	+22:11	5:23	648	2:11	18:34	18:27	17:51	144.
36.	von Niederhäusern	Philippe	81	Bern		57:20	+22:26	5:24	642	2:11	18:35	18:27	18:07	146.
37.	Nave	Boas	87	Bern		58:11	+23:17	5:29	1053	1:56	16:53	19:11	20:09	151.
38.	Bürki	Pascal	83	Bern		58:49	+23:55	5:32	1137	1:52	18:35	19:35	18:45	155.
39.	Zimmermann	Patrick	80	Kehrsatz		1:00:22	+25:28	5:41	676	2:12	19:10	19:34	19:24	163.
40.	Amaral	Paulo	84	Zürich		1:00:43	+25:48	5:43	1003	1:39	18:54	19:59	20:10	167.
41.	Schaffer	Christoph	84	Stettlen		1:06:29	+31:34	6:16	537	2:14	20:38	21:22	22:13	179.
42.	Ferreira	José	81	Brügg		1:08:16	+33:21	6:26	110	2:18	21:01	22:04	22:51	182.

DNS

Bodmer	Flo	82	Seeberg	LC Thomas Fehr	206									
Lognowicz	Martin	83	Bern		1089									
Lombriser	Gabriel	81	Bern	STBern	1045									
Rothen	Michael	83	Gümmenen		123									
Schenk	Dennis	83	Bern		545									
Van Berkel	Jan	86	Dielsdorf		4									
Wick	Daniel	80	Kiesen		654									
Zbinden	David	86	Flamatt		673									

#50 participants