

Steinhölzlilauflauf 2019

results

Walking

| lastname | firstname | yob | city | club | time | min/km | racenu | Runde1 | Runde2 |
|----------------|------------|-----|--------------------|-------------------------|----------------|--------|--------|--------|--------|
| Aebi | Sabine | 64 | Liebefeld | | 41:51 | 8:22 | 1002 | 13:07 | 28:44 |
| Albrecht | Christiane | 78 | Gümligen | | 46:51 | 9:22 | 161 | 14:39 | 32:11 |
| Beutler | Ramona | 95 | Schwarzenburg | Stiftung Bernaville | 1:00:44 | 12:08 | 198 | 18:50 | 41:54 |
| Bigler | Brigitte | 62 | Rüdtligen | | 44:40 | 8:56 | 1247 | 13:43 | 30:56 |
| Brechbühl | Alfred | 59 | Bern | Nordic-Walking-Tea... | 43:43 | 8:44 | 215 | 13:27 | 30:16 |
| Bumbach | Rene | 54 | Spreitenbach | smrun | 42:15 | 8:27 | 229 | 12:58 | 29:16 |
| Burri | Markus | 59 | Ostermundigen | Nordic-Walking-Tea... | 38:06 | 7:37 | 233 | 11:12 | 26:54 |
| Burri | Theresia | 47 | Mühleberg | Lauftreff Mühleberg | 49:46 | 9:57 | 234 | 15:11 | 34:34 |
| Caviezel | Ulla | 52 | Domat/Ems | smrun | 41:09 | 8:13 | 243 | 12:36 | 28:33 |
| Christen | Ellen | 65 | Obermumpf | | 47:12 | 9:26 | 246 | 13:56 | 33:16 |
| Collenberg | Ursula | 48 | Zürich | smrun | 39:31 | 7:54 | 248 | 12:09 | 27:21 |
| Dähler | Anita | 63 | Frauenkappelen | Nordic-Walking-Tea... | 49:01 | 9:48 | 249 | 14:36 | 34:25 |
| Fankhauser | Yvonne | 45 | Balsthal | smrun | 42:13 | 8:26 | 274 | 12:57 | 29:15 |
| Flück | Simone | 95 | Schwarzenburg | Stiftung Bernaville | 1:00:43 | 12:08 | 288 | 18:48 | 41:55 |
| Fritschi | Johann | 37 | Ostermundigen | | 56:12 | 11:14 | 296 | 16:29 | 39:42 |
| Fuhrer | Valeria | 67 | Ueberstorf | Raiffeisenbank Schwa... | 48:28 | 9:41 | 1023 | 14:41 | 33:46 |
| Furini-Melcher | Daniela | 68 | Locarno | SPLocarnese | | | 299 | | |
| Gurtner | Tatjana | 96 | Wünnewil | Raiffeisenbank Schwa... | 48:28 | 9:41 | 1028 | 14:48 | 33:40 |
| Hess | Rico | 72 | Bern | 4 gegen MS | 1:03:31 | 12:42 | 334 | 18:19 | 45:12 |
| Hiltbrunner | Larysa | 77 | Stettlen | | 46:49 | 9:21 | 335 | 14:38 | 32:11 |
| Hirschi | Adelheid | 50 | Thun | | 44:19 | 8:51 | 342 | 13:32 | 30:47 |
| Hirschi | Heidi | | Thun | | | | 344 | | |
| Hirschi | Herbert | 46 | Thun | | 44:34 | 8:54 | 345 | 13:43 | 30:51 |
| Howald | Peter | 46 | Biel/Bienne | smrun | | | 358 | | |
| Hoz-Hug | Christine | 60 | Herrenschwanden | smrun | 48:29 | 9:41 | 359 | 14:44 | 33:45 |
| Hunziker | Katja | 76 | Ueberstorf | Raiffeisenbank Schwa... | 48:29 | 9:41 | 1033 | 14:41 | 33:48 |
| Itten | Thomas | 72 | Steffisburg | | 35:14 | 7:02 | 376 | 10:42 | 24:31 |
| Kernen | Markus | 62 | Reutigen | Lauf Team Thun | | | 392 | | |
| Lehmann | Fredy | 53 | Heimberg | | 39:28 | 7:53 | 423 | 12:12 | 27:15 |
| Linn | Heinz | 43 | Kirchberg BE | | 39:29 | 7:53 | 430 | 12:06 | 27:22 |
| Lüthi | Kurt.W. | 50 | Bern | Nordic-Walking-Tea... | 40:30 | 8:06 | 435 | 12:30 | 27:59 |
| Lüthi | Simon | 76 | Schliern bei Köniz | 4 gegen MS | 1:03:30 | 12:42 | 436 | 18:18 | 45:11 |
| Lüthi | Willi | 37 | Bünzen | smrun / LR Wohlen | 53:19 | 10:39 | 1115 | 16:24 | 36:54 |
| Marti | Beat | 42 | Spiegel b. Bern | smrun | 44:39 | 8:55 | 440 | 13:48 | 30:50 |
| Mohr | Franziska | 73 | Schwarzenburg | Stiftung Bernaville | 1:01:17 | 12:15 | 463 | 19:10 | 42:07 |
| Mosimann | Monika | 50 | Emmenbrücke | smrun | 39:32 | 7:54 | 467 | 12:10 | 27:22 |
| Parrella | Antonietta | 69 | Liebefeld | | 43:49 | 8:45 | 492 | 13:32 | 30:17 |
| Puccinno | Antonella | 65 | Liebefeld | | 49:46 | 9:57 | 495 | 15:35 | 34:10 |
| Ramseyer | Ursula | 49 | Niederwangen BE | Sensetal | 40:18 | 8:03 | 500 | 12:09 | 28:08 |
| Reber | Hanspeter | 44 | Thun | smrun | 45:29 | 9:05 | 1056 | 13:45 | 31:44 |
| Rentsch | Diana | 68 | Wileroltigen | MI-KA Sports | 45:48 | 9:09 | 506 | 14:03 | 31:44 |
| Rohrbach | Claudine | 66 | Wileroltigen | Lauftreff Mühleberg | 46:32 | 9:18 | 520 | 13:51 | 32:41 |
| Scherz | Christoph | 53 | Köniz | Nordic-Walking-Tea... | 41:13 | 8:14 | 552 | 12:35 | 28:38 |
| Schneider | Kristin | 84 | Weiach | | 41:26 | 8:17 | 568 | 12:19 | 29:06 |
| Sclabas | Dario | 60 | Kirchberg BE | | 47:48 | 9:33 | 1222 | 16:07 | 31:41 |
| Sonderegger | Romeo | 52 | Weiach | | 42:45 | 8:33 | 591 | 12:48 | 29:56 |
| Stalder | Hansjürg | 58 | Schwarzenburg | Stiftung Bernaville | 1:01:20 | 12:16 | 595 | 19:11 | 42:09 |
| Streit | Christine | 70 | Seedorf BE | MI-KA Sports | 49:13 | 9:50 | 608 | 14:43 | 34:29 |
| Studer | Bernadette | 34 | Hägendorf | | | | 616 | | |
| Thomet | Weber Maya | 63 | Mühleberg | Lauftreff Mühleberg | 43:55 | 8:47 | 619 | 13:41 | 30:14 |

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|-----------|-----------|-----|--------------|-------------------------|----------------|--------|--------|--------|--------|
| Tormen | Laura | 54 | Kriens | smrun | 1:03:28 | 12:41 | 626 | 19:29 | 43:58 |
| Tschannen | Melanie | 96 | Schmitten FR | Raiffeisenbank Schwa... | 48:28 | 9:41 | 1072 | 14:45 | 33:42 |
| Vetsch | Ernst | 40 | St. Gallen | smrun | 46:45 | 9:21 | 634 | 14:25 | 32:20 |
| Weber | Helmut | 52 | Bern | Nordic-Walking-Tea... | 46:51 | 9:22 | 650 | 13:51 | 33:00 |
| Weiler | Hanni | 40 | Hoffeld | smrun / Waffenlaufgr... | 53:17 | 10:39 | 1116 | 16:24 | 36:53 |
| Ziegler | Monika | 58 | Beromünster | | | | 675 | | |

#56 participants