

33. Schweizer Frauenlauf Bern 2019

résultats

5km Running Frauen W35

| rang | nom et prénom | an | lieu | club | temps | écart | min/km | dossard | overall |
|------|-------------------------|----|--------------------|-----------------------|--------------|-------|--------|---------|---------|
| 1. | Neuenschwander Maja | 80 | Rubigen | STBern Leichtathletik | 17:35 | | 3:31 | 1 | 4. |
| 2. | Lehmann Valérie | 80 | Liebefeld | gwp track team | 17:54 | +19 | 3:34 | 29 | 6. |
| 3. | Schwarz Andreina | 82 | Uster | LC Uster | 18:21 | +46 | 3:40 | 22 | 11. |
| 4. | Friedli Sarah | 82 | Roggliwil | | 19:13 | +1:38 | 3:50 | 21052 | 19. |
| 5. | Vogel Monika | 81 | Dottikon | TV Wohlen | 19:22 | +1:47 | 3:52 | 21176 | 22. |
| 6. | Meyer Stefanie | 84 | Zofingen | sportymum | 19:34 | +1:59 | 3:54 | 21112 | 27. |
| 7. | Wyrsh Christine | 81 | Sachseln | LA Alpnach | 19:52 | +2:17 | 3:58 | 21340 | 31. |
| 8. | Benz Sandrine | 84 | Steinach | Oberstufe Gossau SG | 19:52 | +2:17 | 3:58 | 21004 | 32. |
| 9. | Hernandez Cristina | 83 | Grenchen | Free Runners Grenchen | 20:36 | +3:01 | 4:07 | 21077 | 40. |
| 10. | Stoffel Andrea | 82 | Varen | Bayard Running Team | 20:41 | +3:06 | 4:08 | 21325 | 43. |
| 11. | Kaymaz Zibung Irene | 83 | Fribourg | LAT Sense | 21:02 | +3:27 | 4:12 | 21261 | 54. |
| 12. | Nicholson Pamela | 83 | Bern | | 21:19 | +3:44 | 4:15 | 21362 | 62. |
| 13. | Rieger Mirjam | 81 | Bern | | 21:35 | +4:00 | 4:19 | 21300 | 75. |
| 14. | Maillard Mirjam | 82 | Bösingen | | 21:53 | +4:18 | 4:22 | 21103 | 88. |
| 15. | Kern Anja | 83 | Aarau | | 22:01 | +4:26 | 4:24 | 21088 | 94. |
| 16. | Kistler Hadouba | 81 | Muri b. Bern | TVL | 22:25 | +4:50 | 4:29 | 21264 | 121. |
| 17. | Lendi Claudia | 82 | Wagen | | 22:33 | +4:58 | 4:30 | 21097 | 132. |
| 18. | Hufschmid Janine | 84 | Thun | | 22:46 | +5:11 | 4:33 | 24164 | 154. |
| 19. | Aeberhard Stephanie | 83 | Adelboden | runningcoach.me | 23:00 | +5:25 | 4:36 | 21011 | 173. |
| 20. | Gerber Tamara | 83 | Worblaufen | STB | 23:12 | +5:37 | 4:38 | 21233 | 186. |
| 21. | Nauer Ramona | 83 | Niedermuhlern | Längebärger Movers | 23:17 | +5:42 | 4:39 | 21117 | 190. |
| 22. | Pollinger Brigitte | 82 | St. Niklaus | | 23:30 | +5:55 | 4:42 | 22226 | 210. |
| 23. | Sudan Chimène | 80 | Cernier | | 23:35 | +6:00 | 4:43 | 21373 | 217. |
| 24. | Bienkowska Ewa | 81 | Bern | | 23:37 | +6:02 | 4:43 | 34271 | 220. |
| 25. | Thurnherr Barbara | 82 | Hedingen | DTV Hedingen | 23:50 | +6:15 | 4:46 | 21329 | 239. |
| 26. | Morales Isabel | 83 | Bern | STB | 23:54 | +6:19 | 4:46 | 21287 | 254. |
| 27. | Froidevaux Christina | 83 | Herbligen | | 24:01 | +6:26 | 4:48 | 31003 | 260. |
| 28. | Giger Ramona | 83 | Schänis | VC Maseltrangen | 24:24 | +6:49 | 4:52 | 21356 | 295. |
| 29. | Mörgeli Andrea | 82 | Hofstetten ZH | | 24:29 | +6:54 | 4:53 | 22200 | 303. |
| 30. | Mertenat Stéphanie | 82 | Rothenburg | | 24:39 | +7:04 | 4:55 | 25069 | 333. |
| 31. | Gisler Sabrina | 83 | 6003 | | 24:40 | +7:05 | 4:56 | 25065 | 337. |
| 32. | Schori Anja | 81 | Zollikofen | | 24:49 | +7:14 | 4:57 | 22447 | 359. |
| 33. | Wüthrich Tina | 80 | Rüegsbach | | 24:49 | +7:14 | 4:57 | 21193 | 361. |
| 34. | Murina Karin | 80 | Kirchberg BE | | 25:08 | +7:33 | 5:01 | 21289 | 414. |
| 35. | Messerli Nicole | 80 | Wattenwil | | 25:12 | +7:37 | 5:02 | 22417 | 418. |
| 36. | Feller-Hunkemöller Lena | 81 | Biel/Bienne | | 25:21 | +7:46 | 5:04 | 22085 | 440. |
| 37. | Häusler Daniela | 83 | Auswil | OLG Huttwil | 25:21 | +7:46 | 5:04 | 22389 | 442. |
| 38. | Ruepp Fabienne | 82 | Ettingen | | 25:25 | +7:50 | 5:05 | 30195 | 461. |
| 39. | Maurer Olivia | 81 | Oetwil a.d. Limmat | | 25:29 | +7:54 | 5:05 | 23408 | 471. |
| 40. | Vauthier Manon | 81 | Hinterkappelen | | 25:29 | +7:54 | 5:05 | 27244 | 473. |
| 41. | Hurábová Hana | 83 | Alchenflüh | | 25:32 | +7:57 | 5:06 | 22128 | 485. |
| 42. | Meier Martina | 83 | Bisikon | | 25:34 | +7:59 | 5:06 | 23409 | 488. |
| 43. | Ryf Beatrice | 82 | Eriswil | | 25:35 | +8:00 | 5:07 | 23437 | 493. |
| 44. | Bühlmann Christine | 83 | Heimberg | | 25:37 | +8:02 | 5:07 | 21219 | 498. |
| 45. | Mosimann Sybille | 80 | Gais | TV Gais | 25:38 | +8:03 | 5:07 | 22204 | 501. |
| 46. | Laug Michelle | 81 | Bern | | 26:03 | +8:28 | 5:12 | 25274 | 592. |
| 47. | Briones Daniela | 82 | Affoltern am Albis | | 26:06 | +8:31 | 5:13 | 69156 | 602. |
| 48. | Häfliger Nicole | 80 | Frick | | 26:08 | +8:33 | 5:13 | 25217 | 604. |
| 49. | Wicki Stephanie | 84 | Reigoldswil | Wicki | 26:09 | +8:34 | 5:13 | 24288 | 611. |
| 50. | Seferaj Dile | 83 | Schliern | | 26:10 | +8:35 | 5:14 | 22452 | 616. |

33. Schweizer Frauenlauf Bern 2019

résultats

5km Running Frauen W35

| rang | nom et prénom | an | lieu | club | temps | écart | min/km | dossard | overall |
|------|---------------------------|----|--------------------|-------------------------|--------------|--------|--------|---------|---------|
| 51. | Brand Anik | 83 | Oberwangen b. Bern | | 26:15 | +8:40 | 5:15 | 22062 | 636. |
| 52. | Schegg Mirjam | 84 | St. Gallen | | 26:17 | +8:42 | 5:15 | 23263 | 644. |
| 53. | Rudin Judith | 81 | Basel | Juma-Flitzer | 26:20 | +8:45 | 5:16 | 24434 | 656. |
| 54. | Jobin Michèle | 84 | Bellmund | | 26:20 | +8:45 | 5:16 | 22136 | 657. |
| 55. | Ruprecht Caroline | 80 | Zimmerwald | Längebärger Movers | 26:23 | +8:48 | 5:16 | 22437 | 673. |
| 56. | Bösiger Sarah | 84 | Algetshausen | LC Uzwil | 26:25 | +8:50 | 5:17 | 22061 | 680. |
| 57. | Meister Rahel | 84 | Heinrichswil | | 26:33 | +8:58 | 5:18 | 22190 | 714. |
| 58. | Furrer Manuela | 81 | Rain | | 26:33 | +8:58 | 5:18 | 22096 | 716. |
| 59. | Tanner Nicole | 80 | Beatenberg | | 26:42 | +9:07 | 5:20 | 23282 | 749. |
| 60. | Schmid Carol | 83 | Boll | | 26:52 | +9:17 | 5:22 | 27196 | 786. |
| 61. | Hettich Magda | 83 | Biglen | | 26:55 | +9:20 | 5:23 | 24369 | 798. |
| 62. | Schrofer Elseina | 81 | Lyss | | 26:57 | +9:22 | 5:23 | 23274 | 812. |
| 63. | Holdener Heidi | 81 | Rickenbach SZ | | 27:03 | +9:28 | 5:24 | 33082 | 846. |
| 64. | Valsecchi Doris | 83 | Erlinsbach SO | | 27:05 | +9:30 | 5:25 | 22314 | 854. |
| 65. | Serra Anelia Garcia | 84 | Kehrsatz | | 27:06 | +9:31 | 5:25 | 24261 | 860. |
| 66. | Gwerder Anita | 80 | Brunnen | | 27:06 | +9:31 | 5:25 | 24146 | 863. |
| 67. | Nydegger Christina | 83 | Villigen | | 27:16 | +9:41 | 5:27 | 24422 | 919. |
| 68. | Meier Marianne | 81 | Pfeffikon LU | | 27:17 | +9:42 | 5:27 | 25304 | 926. |
| 69. | Iseli Karin | 80 | Thunstetten | | 27:22 | +9:47 | 5:28 | 25241 | 941. |
| 70. | Guglya Leonila | 82 | Veyrier | | 27:29 | +9:54 | 5:29 | 21063 | 975. |
| 71. | Furrer Denise | 81 | Bern | | 27:32 | +9:57 | 5:30 | 23174 | 984. |
| 72. | Racine Marina | 82 | Gümligen | | 27:35 | +10:00 | 5:31 | 28324 | 998. |
| 73. | Schönfelder Christa | 82 | Zürich | | 27:37 | +10:02 | 5:31 | 24008 | 1008. |
| 74. | Startnummer 31367 | - | Aeschi b. Spiez | | 27:37 | +10:02 | 5:31 | 31367 | 1010. |
| 75. | Leske Simone | 83 | Strengelbach | | 27:39 | +10:04 | 5:31 | 23219 | 1017. |
| 76. | Hodel Miriam | 84 | Aarau | | 27:41 | +10:06 | 5:32 | 23194 | 1024. |
| 77. | Stingelin Carmen | 82 | Riggisberg | | 27:42 | +10:07 | 5:32 | 25431 | 1036. |
| 78. | Hürlimann Sonja | 80 | Pfaffnau | | 27:44 | +10:09 | 5:32 | 27063 | 1045. |
| 79. | Spindler Simone | 80 | Rüschlikon | | 27:48 | +10:13 | 5:33 | 22457 | 1076. |
| 80. | Elsig Rafaela | 80 | Ersigen | | 27:49 | +10:14 | 5:33 | 24111 | 1081. |
| 81. | Seewer-Steiner Janine | 81 | Leuk-Stadt | | 27:54 | +10:19 | 5:34 | 23277 | 1102. |
| 82. | Donatsch Sarah | 84 | Solothurn | Ypsomed Ag | 27:54 | +10:19 | 5:34 | 23339 | 1109. |
| 83. | Müller Diana | 81 | Bern | | 27:56 | +10:21 | 5:35 | 27188 | 1124. |
| 84. | Verones Cristina | 84 | Bern | | 27:56 | +10:21 | 5:35 | 25451 | 1126. |
| 85. | Schneider Cony | 80 | Wohlenschwil | | 27:58 | +10:23 | 5:35 | 30210 | 1144. |
| 86. | Weingart Andrea | 83 | Burgdorf | Schule Oberburg | 28:00 | +10:25 | 5:36 | 26036 | 1156. |
| 87. | Stähli Alexa | 81 | Burgdorf | Ypsomed | 28:02 | +10:27 | 5:36 | 23450 | 1168. |
| 88. | Raemy Monika | 82 | Schliern | | 28:03 | +10:28 | 5:36 | 23250 | 1171. |
| 89. | Frauendorfer Denise | 84 | Bern | Schweizerisches Rote... | 28:04 | +10:29 | 5:36 | 24124 | 1177. |
| 90. | Bula Monika | 81 | Rubigen | | 28:05 | +10:30 | 5:37 | 24330 | 1183. |
| 91. | Bernath Annina | 80 | Aarberg | | 28:08 | +10:33 | 5:37 | 25122 | 1199. |
| 92. | Schamaun Annaliese | 81 | Jenins | | 28:11 | +10:36 | 5:38 | 22263 | 1217. |
| 93. | Jambor Sabrina | 84 | Meilen | | 28:13 | +10:38 | 5:38 | 27065 | 1233. |
| 94. | Dubach Karin | 81 | Schötz | | 28:15 | +10:40 | 5:39 | 27043 | 1241. |
| 95. | Williner Esther | 81 | Bremgarten b. Bern | | 28:15 | +10:40 | 5:39 | 24490 | 1242. |
| 96. | Esseiva Vivianne | 81 | Bern | FDP Frauen | 28:15 | +10:40 | 5:39 | 26104 | 1243. |
| 97. | Ramseier Michaela | 80 | Langnau i. E. | | 28:16 | +10:41 | 5:39 | 24423 | 1255. |
| 98. | Vogel Catharina | 82 | Bern | STB | 28:17 | +10:42 | 5:39 | 27245 | 1258. |
| 99. | Boss Claudia | 84 | Ammerzwil BE | | 28:22 | +10:47 | 5:40 | 26069 | 1302. |
| 100. | Bissig-Schweitzer Eveline | 80 | Ennetbürgen | | 28:23 | +10:48 | 5:40 | 27148 | 1310. |

33. Schweizer Frauenlauf Bern 2019

résultats

5km Running Frauen W35

| rang | nom et prénom | an | lieu | club | temps | écart | min/km | dossard | overall |
|------|--------------------------|----|--------------------|------------------------|--------------|--------|--------|---------|---------|
| 101. | Chédel Mélanie | 81 | Renan BE | | 28:24 | +10:49 | 5:40 | 30060 | 1319. |
| 102. | Wermelinger Patricia | 83 | Ortschwaben | | 28:25 | +10:50 | 5:41 | 24472 | 1326. |
| 103. | Langensand Keller Evelyn | 83 | Sitterdorf | | 28:26 | +10:51 | 5:41 | 23397 | 1332. |
| 104. | Flury Erika | 80 | Rickenbach SO | | 28:26 | +10:51 | 5:41 | 24122 | 1340. |
| 105. | Fries Isabelle | 80 | Seengen | | 28:27 | +10:52 | 5:41 | 24126 | 1343. |
| 106. | Vujotic Ksenija | 84 | Bern | | 28:27 | +10:52 | 5:41 | 23487 | 1346. |
| 107. | Pesotska Tatyana | 84 | Malters | | 28:31 | +10:56 | 5:42 | 28123 | 1371. |
| 108. | Tolo Tabea | 83 | Ipsach | | 28:35 | +11:00 | 5:43 | 22308 | 1419. |
| 109. | Meryem Sandra | 80 | Thun | Unihockey Berner Ob... | 28:38 | +11:03 | 5:43 | 22193 | 1435. |
| 110. | Schmid Manuela | 80 | Rubigen | | 28:43 | +11:08 | 5:44 | 25390 | 1474. |
| 111. | Iseli Patricia | 84 | Spiez | | 28:44 | +11:09 | 5:44 | 25242 | 1483. |
| 112. | Hofer Angela | 83 | Bern | | 28:45 | +11:10 | 5:45 | 21358 | 1488. |
| 113. | Steiger Radmila | 80 | Meilen | | 28:45 | +11:10 | 5:45 | 27128 | 1489. |
| 114. | Spirig Corinne | 83 | Zürich | | 28:46 | +11:11 | 5:45 | 26446 | 1493. |
| 115. | Häusler Renate | 82 | Sumiswald | | 28:47 | +11:12 | 5:45 | 24361 | 1499. |
| 116. | Krähenbühl Daniela | 80 | Trubschachen | | 28:49 | +11:14 | 5:45 | 24389 | 1522. |
| 117. | Tadesse Emnet | 83 | Bolligen | | 28:50 | +11:15 | 5:46 | 22305 | 1525. |
| 118. | Tschanz Regula | 84 | Bern | | 28:50 | +11:15 | 5:46 | 26252 | 1526. |
| 119. | Currit Sophie | 83 | Môtiers NE | | 28:50 | +11:15 | 5:46 | 30067 | 1531. |
| 120. | Hübscher Nazan | 81 | Bern | The Hübschers | 28:51 | +11:16 | 5:46 | 24377 | 1534. |
| 121. | Grob Barbara | 80 | Mellingen | | 28:54 | +11:19 | 5:46 | 30098 | 1548. |
| 122. | Fankhauser Bea | 80 | Thundorf | | 28:55 | +11:20 | 5:47 | 27221 | 1552. |
| 123. | Stauffer Mirjam | 83 | Orpund | | 28:58 | +11:23 | 5:47 | 31379 | 1573. |
| 124. | Wetter Susanna | 80 | Suhr | | 29:01 | +11:26 | 5:48 | 27210 | 1590. |
| 125. | Röllli Fabienne | 81 | Mellikon | | 29:02 | +11:27 | 5:48 | 24226 | 1592. |
| 126. | Helwig Jasmin | 84 | Gümmenen | | 29:07 | +11:32 | 5:49 | 25229 | 1637. |
| 127. | Jäger Barbara | 82 | Naters | | 29:07 | +11:32 | 5:49 | 27064 | 1645. |
| 128. | Bill Sonja | 80 | Münchenbuchsee | | 29:08 | +11:33 | 5:49 | 24074 | 1651. |
| 129. | De Iorio Isabelle | 84 | Bern | | 29:09 | +11:34 | 5:49 | 27158 | 1659. |
| 130. | Vogt Corine | 81 | Rüti b. Büren | | 29:10 | +11:35 | 5:50 | 30237 | 1661. |
| 131. | Meyer Fabienne | 80 | Reinach BL | Mir jogge Bärn | 29:13 | +11:38 | 5:50 | 23233 | 1683. |
| 132. | Caba Zoraya | 84 | Grenchen | | 29:15 | +11:40 | 5:51 | 29038 | 1696. |
| 133. | Schwyn Alexandra | 84 | Schaffhausen | | 29:15 | +11:40 | 5:51 | 24453 | 1698. |
| 134. | Joeris Irene | 80 | Rupperswil | | 29:18 | +11:43 | 5:51 | 30353 | 1725. |
| 135. | Grande Lenka | 81 | Münchenbuchsee | | 29:19 | +11:44 | 5:51 | 28237 | 1734. |
| 136. | Edel Claudia | 81 | Davos Dorf | | 29:20 | +11:45 | 5:52 | 23165 | 1740. |
| 137. | Scheu Guajana Isabella | 82 | Aarburg | | 29:20 | +11:45 | 5:52 | 34215 | 1744. |
| 138. | Almeida Sonia | 81 | Marin-Epagnier | | 29:21 | +11:46 | 5:52 | 30028 | 1750. |
| 139. | Rudolf von Rohr Regina | 81 | Kestenholz | | 29:21 | +11:46 | 5:52 | 25374 | 1751. |
| 140. | Dosch Rina | 83 | Thun | | 29:24 | +11:49 | 5:52 | 25161 | 1771. |
| 141. | Brügger Sandra | 84 | Rubigen | | 29:24 | +11:49 | 5:52 | 30297 | 1772. |
| 142. | Eberle Christina | 82 | OberhasliOberhasli | | 29:30 | +11:55 | 5:54 | 30077 | 1807. |
| 143. | Robertini Claudia | 81 | Wabern | | 29:30 | +11:55 | 5:54 | 24224 | 1811. |
| 144. | Ersöz-Dayi Eda | 82 | Kirchberg BE | | 29:33 | +11:58 | 5:54 | 27220 | 1833. |
| 145. | Fuhrer-Hirsbrunner Karin | 81 | Mattstetten | SSCM | 29:34 | +11:59 | 5:54 | 28062 | 1845. |
| 146. | Schneiter Sabine | 81 | Mattstetten | | 29:35 | +12:00 | 5:55 | 28144 | 1854. |
| 147. | Betschart Sabine | 83 | Schwyz | STV Gersau | 29:36 | +12:01 | 5:55 | 24069 | 1868. |
| 148. | Gutzwiller Joanna | 84 | Mörschwil | | 29:40 | +12:05 | 5:56 | 24145 | 1899. |
| 149. | Obert Nicole | 84 | Burgdorf | | 29:42 | +12:07 | 5:56 | 27189 | 1911. |
| 150. | Lehmann Joelle | 82 | 3400 Burgdorf | | 29:42 | +12:07 | 5:56 | 30371 | 1912. |

33. Schweizer Frauenlauf Bern 2019

résultats

5km Running Frauen W35

| rang | nom et prénom | an | lieu | club | temps | écart | min/km | dossard | overall |
|------|----------------------|----|------------------|-----------------|--------------|--------|--------|---------|---------|
| 151. | Uebersax Daniela | 82 | Bäretswil | | 29:44 | +12:09 | 5:56 | 28171 | 1922. |
| 152. | Lerch Marina | 83 | Zürich | | 29:45 | +12:10 | 5:57 | 30375 | 1934. |
| 153. | Lagler Beatrice | 82 | Bonstetten | | 29:47 | +12:12 | 5:57 | 34143 | 1945. |
| 154. | Glarner Ursula | 80 | Meiringen | | 29:48 | +12:13 | 5:57 | 29130 | 1957. |
| 155. | Stierli Patricia | 81 | Berikon | | 29:50 | +12:15 | 5:58 | 30226 | 1964. |
| 156. | Fischer Anita | 84 | Malters | | 29:52 | +12:17 | 5:58 | 28056 | 1979. |
| 157. | Frey Melanie | 82 | Bützberg | | 30:00 | +12:25 | 6:00 | 24346 | 2033. |
| 158. | Lichtenegger Claudia | 84 | Aarburg | | 30:00 | +12:25 | 6:00 | 34151 | 2036. |
| 159. | Heller Barbara | 84 | Langenthal | | 30:03 | +12:28 | 6:00 | 30341 | 2049. |
| 160. | Mollet Carole | 83 | Unterramsern | | 30:04 | +12:29 | 6:00 | 27186 | 2063. |
| 161. | Koller Katja | 82 | Egolzwil | | 30:05 | +12:30 | 6:01 | 26171 | 2074. |
| 162. | Lottaz Tamaris | 84 | Bern | | 30:08 | +12:33 | 6:01 | 27076 | 2092. |
| 163. | Chalaková Svetla | 84 | Bern | | 30:09 | +12:34 | 6:01 | 30311 | 2102. |
| 164. | Mathys Ingrid | 81 | Effingen | | 30:09 | +12:34 | 6:01 | 30158 | 2103. |
| 165. | Bänziger Sandra | 82 | Altbüron | | 30:17 | +12:42 | 6:03 | 30276 | 2163. |
| 166. | Ritzmann Rahel | 83 | Gelterkinden | | 30:19 | +12:44 | 6:03 | 29095 | 2176. |
| 167. | Lochmatter Sandra | 80 | Naters | keiner | 30:20 | +12:45 | 6:04 | 28106 | 2181. |
| 168. | Lottaz Tanja | 83 | Bern | | 30:22 | +12:47 | 6:04 | 27077 | 2201. |
| 169. | Zaugg Rickli Sibylle | 81 | Thörigen | | 30:22 | +12:47 | 6:04 | 26486 | 2205. |
| 170. | Grädel Eva | 84 | Bern | | 30:23 | +12:48 | 6:04 | 25210 | 2209. |
| 171. | Hässig Andrea | 80 | Dietikon | | 30:23 | +12:48 | 6:04 | 27060 | 2211. |
| 172. | Koch Andrea | 81 | Berikon | | 30:33 | +12:58 | 6:06 | 30121 | 2293. |
| 173. | Hämmerli Daniela | 84 | Zollikofen | | 30:34 | +12:59 | 6:06 | 28081 | 2308. |
| 174. | Bieli Melanie | 82 | Visp | | 30:34 | +12:59 | 6:06 | 30039 | 2316. |
| 175. | Fawer Sina | 80 | BernBern | | 30:35 | +13:00 | 6:07 | 27160 | 2320. |
| 176. | Imhof Tanja | 83 | Raron | | 30:37 | +13:02 | 6:07 | 29067 | 2339. |
| 177. | Clemenz Karin | 80 | Raron | | 30:37 | +13:02 | 6:07 | 29040 | 2342. |
| 178. | Imoberdorf Sonja | 81 | Bern | | 30:39 | +13:04 | 6:07 | 23201 | 2353. |
| 179. | Hiltbrunner Denise | 81 | Langnau i. E. | | 30:39 | +13:04 | 6:07 | 24155 | 2360. |
| 180. | Lurati Martina | 84 | Bern | | 30:47 | +13:12 | 6:09 | 27078 | 2405. |
| 181. | Schneider Amalia | 82 | Buchs AG | | 30:49 | +13:14 | 6:09 | 28326 | 2411. |
| 182. | Prete Michèle | 80 | Horw | | 30:52 | +13:17 | 6:10 | 34188 | 2438. |
| 183. | Hess Barbara | 84 | Lyss | | 30:53 | +13:18 | 6:10 | 28246 | 2439. |
| 184. | Köhler Andrea Sophie | 81 | Greng | | 30:53 | +13:18 | 6:10 | 29139 | 2440. |
| 185. | Maring Sabrina | 84 | Zollikofen | | 30:53 | +13:18 | 6:10 | 30156 | 2446. |
| 186. | Christen Esther | 83 | Bern | | 30:56 | +13:21 | 6:11 | 30061 | 2478. |
| 187. | Schüpbach Séverine | 81 | Münsingen | | 30:59 | +13:24 | 6:11 | 29168 | 2499. |
| 188. | Fluri Regina | 83 | Laupersdorf | | 30:59 | +13:24 | 6:11 | 31147 | 2503. |
| 189. | Niederberger Sarah | 80 | Brügg BE | | 31:06 | +13:31 | 6:13 | 30400 | 2558. |
| 190. | Fellenberg Anna | 84 | Bern | | 31:10 | +13:35 | 6:14 | 25178 | 2601. |
| 191. | Bielmann Tamara | 84 | Granges - Paccot | | 31:10 | +13:35 | 6:14 | 26294 | 2606. |
| 192. | Maurer Sandra | 80 | Brügg BE | | 31:12 | +13:37 | 6:14 | 26399 | 2616. |
| 193. | Kupryienka Iryna | 81 | Horgen | | 31:12 | +13:37 | 6:14 | 30136 | 2621. |
| 194. | Zürcher Susanne | 80 | Oberthal | | 31:14 | +13:39 | 6:14 | 25486 | 2630. |
| 195. | Murer Milena | 84 | Beckenried | | 31:14 | +13:39 | 6:14 | 34177 | 2632. |
| 196. | Caione Caroline | 82 | Orpund | | 31:17 | +13:42 | 6:15 | 31109 | 2667. |
| 197. | Mischler Bettina | 81 | Nebikon | | 31:17 | +13:42 | 6:15 | 25323 | 2670. |
| 198. | Geser Jasmin | 80 | Winterthur | Eva's Haarsalon | 31:18 | +13:43 | 6:15 | 28233 | 2680. |
| 199. | Gasser Judith | 82 | Bern | | 31:19 | +13:44 | 6:15 | 28066 | 2684. |
| 200. | Trede Aline | 83 | Bern | #TeamTrede | 31:19 | +13:44 | 6:15 | 28169 | 2686. |

33. Schweizer Frauenlauf Bern 2019

résultats

5km Running Frauen W35

| rang | nom et prénom | an | lieu | club | temps | écart | min/km | dossard | overall |
|------|---------------------|----|-----------------|----------------------|--------------|--------|--------|---------|---------|
| 201. | Ryser Claudia | 80 | Selzach | | 31:20 | +13:45 | 6:16 | 30197 | 2694. |
| 202. | Wiedenhöfer Romy | 80 | Buchberg | | 31:20 | +13:45 | 6:16 | 31420 | 2698. |
| 203. | Blaser Monika | 82 | Bern | | 31:21 | +13:46 | 6:16 | 27031 | 2703. |
| 204. | Stadelmann Denise | 80 | Unterägeri | Kanti Zug | 31:23 | +13:48 | 6:16 | 25424 | 2709. |
| 205. | Alfaro Yansi | 80 | Glattbrugg | | 31:24 | +13:49 | 6:16 | 31446 | 2721. |
| 206. | Neuhaus Melanie | 83 | Konolfingen | | 31:28 | +13:53 | 6:17 | 29084 | 2759. |
| 207. | Rohrbach Alexandra | 81 | Hinterkappelen | | 31:29 | +13:54 | 6:17 | 32296 | 2763. |
| 208. | Sawyer Chiarina | 80 | Neuenegg | | 31:29 | +13:54 | 6:17 | 24238 | 2764. |
| 209. | Gloor Regine | 81 | Küttigen | | 31:29 | +13:54 | 6:17 | 28234 | 2766. |
| 210. | Leu Evelyne | 83 | Konolfingen | | 31:30 | +13:55 | 6:18 | 29075 | 2772. |
| 211. | Åström Cecilia | 82 | Bern | | 31:30 | +13:55 | 6:18 | 29119 | 2774. |
| 212. | Puric Elma | 83 | Mollis | | 31:32 | +13:57 | 6:18 | 31318 | 2789. |
| 213. | Prompakdee Lamyai | 83 | Grenchen | | 31:32 | +13:57 | 6:18 | 29092 | 2791. |
| 214. | Herzig Melina | 82 | Zollikon | | 31:34 | +13:59 | 6:18 | 29059 | 2804. |
| 215. | Baumgartner Madlen | 82 | Koppigen | | 31:35 | +14:00 | 6:19 | 28027 | 2810. |
| 216. | Wäny Helen | 84 | Spiegel b. Bern | | 31:35 | +14:00 | 6:19 | 28176 | 2811. |
| 217. | André Céline | 80 | Monnaz | | 31:36 | +14:01 | 6:19 | 32196 | 2819. |
| 218. | Greber Heidi | 83 | Zell LU | | 31:41 | +14:06 | 6:20 | 32243 | 2849. |
| 219. | Erne Janine | 84 | Möriken | | 31:41 | +14:06 | 6:20 | 69051 | 2852. |
| 220. | Stucki Sandra | 81 | Zollbrück | Turnverein Zollbrück | 31:46 | +14:11 | 6:21 | 33261 | 2888. |
| 221. | Niznik Joanna | 80 | Brenzikofen | | 31:48 | +14:13 | 6:21 | 31302 | 2899. |
| 222. | Lehmann Eliane | 83 | Konolfingen | | 31:49 | +14:14 | 6:21 | 69173 | 2907. |
| 223. | Hallenbarter Nancy | 81 | Engelberg | | 31:50 | +14:15 | 6:22 | 28239 | 2913. |
| 224. | Vogt Jeanette | 80 | Baden | | 31:51 | +14:16 | 6:22 | 25454 | 2922. |
| 225. | Fürst Carmen | 82 | Gunzgen | STV Murgenthal | 31:52 | +14:17 | 6:22 | 27050 | 2925. |
| 226. | Von Allmen Stefanie | 82 | Vordemwald | | 31:52 | +14:17 | 6:22 | 27139 | 2927. |
| 227. | Wüthrich Rita | 83 | Herrenschwanden | | 31:53 | +14:18 | 6:22 | 25472 | 2930. |
| 228. | Ogideh Diana | 81 | Neuchâtel | | 31:57 | +14:22 | 6:23 | 34411 | 2964. |
| 229. | Lingg Yvonne | 83 | Dietikon | | 31:58 | +14:23 | 6:23 | 27074 | 2976. |
| 230. | Gellert Elena | 81 | Sursee | | 32:00 | +14:25 | 6:24 | 25203 | 2997. |
| 231. | Schlesinger Livia | 81 | Heiden | | 32:02 | +14:27 | 6:24 | 31354 | 3006. |
| 232. | Pfister Silvia | 82 | Ostermundigen | | 32:06 | +14:31 | 6:25 | 28124 | 3033. |
| 233. | Lobsiger Esther | 82 | Steffisburg | | 32:06 | +14:31 | 6:25 | 29077 | 3034. |
| 234. | Herzog Yvonne | 80 | Hornussen | Deafladies | 32:07 | +14:32 | 6:25 | 32094 | 3045. |
| 235. | Spiegel Patricia | 83 | Niederbuchsiten | | 32:09 | +14:34 | 6:25 | 24266 | 3055. |
| 236. | Spori Melanie | 80 | Brig | | 32:13 | +14:38 | 6:26 | 28150 | 3088. |
| 237. | Weber Simone | 83 | Steinhausen | | 32:16 | +14:41 | 6:27 | 28178 | 3106. |
| 238. | Wenger Tanja | 81 | Obernau | | 32:18 | +14:43 | 6:27 | 28313 | 3122. |
| 239. | Züger Barbara | 81 | Bern | | 32:24 | +14:49 | 6:28 | 33280 | 3170. |
| 240. | Vonplon Ester | 80 | Castrisch | JO Castrisch | 32:25 | +14:50 | 6:29 | 27140 | 3182. |
| 241. | Gervasi Martina | 80 | Wabern | | 32:25 | +14:50 | 6:29 | 28070 | 3185. |
| 242. | Frey Rebecca | 83 | Itingen | | 32:26 | +14:51 | 6:29 | 32075 | 3194. |
| 243. | Breu Nina | 81 | Zürich | | 32:29 | +14:54 | 6:29 | 32049 | 3209. |
| 244. | Riedi Astrid | 81 | Bern | | 32:32 | +14:57 | 6:30 | 25358 | 3222. |
| 245. | Meier Ayu | 82 | Bettlach | | 32:32 | +14:57 | 6:30 | 30160 | 3227. |
| 246. | Marti Brigitte | 83 | Bern | | 32:35 | +15:00 | 6:31 | 28108 | 3234. |
| 247. | Kübler Alexandra | 80 | Zürich | Chäfi-Girls | 32:40 | +15:05 | 6:32 | 27178 | 3264. |
| 248. | Hinder Sonja | 81 | Wil SG | | 32:47 | +15:12 | 6:33 | 31203 | 3324. |
| 249. | Lüdi Brigitte | 81 | Langnau i. E. | | 32:49 | +15:14 | 6:33 | 30148 | 3338. |
| 250. | Mischler Ramona | 84 | Olten | Sisters | 32:49 | +15:14 | 6:33 | 25324 | 3339. |

33. Schweizer Frauenlauf Bern 2019

résultats

5km Running Frauen W35

| rang | nom et prénom | an | lieu | club | temps | écart | min/km | dossard | overall |
|------|-------------------------|----|-------------------|-------------------------|--------------|--------|--------|---------|---------|
| 251. | Hernandez Lourdes | 80 | Ostermundigen | | 32:56 | +15:21 | 6:35 | 30106 | 3373. |
| 252. | Eng Veronica | 81 | Olten | | 32:56 | +15:21 | 6:35 | 25168 | 3378. |
| 253. | Bartlome Nadja | 84 | Lyssach | SC Oensingen Lions | 32:58 | +15:23 | 6:35 | 25113 | 3391. |
| 254. | Schegg Claudia | 82 | Märwil | OL Regio Wil | 32:59 | +15:24 | 6:35 | 24241 | 3398. |
| 255. | Jäggi Rita | 82 | Kleinbödingen | | 33:07 | +15:32 | 6:37 | 29069 | 3444. |
| 256. | Wiesli Irina | 83 | Wängi | FTV Wängi | 33:08 | +15:33 | 6:37 | 31421 | 3451. |
| 257. | Jamusci Sabrina | 83 | Kleingurmels | | 33:09 | +15:34 | 6:37 | 32255 | 3456. |
| 258. | Mischler Sarah | 82 | Aarberg | Sisters | 33:10 | +15:35 | 6:38 | 25325 | 3462. |
| 259. | Baeriswyl Romy | 80 | Wünnewil | | 33:12 | +15:37 | 6:38 | 30273 | 3477. |
| 260. | Klopfenstein Olivia | 84 | Lenk im Simmental | | 33:15 | +15:40 | 6:39 | 30120 | 3492. |
| 261. | Näf Hana | 80 | Lenk im Simmental | | 33:16 | +15:41 | 6:39 | 30170 | 3493. |
| 262. | Thöni Rita | 81 | Stierva | | 33:17 | +15:42 | 6:39 | 33264 | 3500. |
| 263. | Bernardi Berry Giuliane | 81 | Suhr | | 33:18 | +15:43 | 6:39 | 25121 | 3508. |
| 264. | Ruckstuhl Vera | 84 | Niederdorf | | 33:19 | +15:44 | 6:39 | 31341 | 3517. |
| 265. | Schumacher Viola | 82 | Baar | | 33:21 | +15:46 | 6:40 | 33157 | 3527. |
| 266. | Sassi Manuela | 80 | Rafz | | 33:22 | +15:47 | 6:40 | 34362 | 3537. |
| 267. | Schranz Priscilla | 82 | Bern | | 33:23 | +15:48 | 6:40 | 31364 | 3538. |
| 268. | Meier-Ineichen Monika | 83 | Dottikon | | 33:23 | +15:48 | 6:40 | 29080 | 3542. |
| 269. | Folini Flavia | 80 | Ettiswil | | 33:23 | +15:48 | 6:40 | 29047 | 3543. |
| 270. | Salzmann-Walpen Petra | 81 | Glis | | 33:27 | +15:52 | 6:41 | 31344 | 3570. |
| 271. | Sadeghi Christina | 84 | Bellach | | 33:29 | +15:54 | 6:41 | 28325 | 3578. |
| 272. | Locher Sitz Silja | 82 | Bern | | 33:30 | +15:55 | 6:42 | 31462 | 3590. |
| 273. | Sutter Yvonne | 80 | Schmerikon | | 33:31 | +15:56 | 6:42 | 25436 | 3596. |
| 274. | Selb Angela | 81 | Worben | | 33:32 | +15:57 | 6:42 | 32314 | 3606. |
| 275. | Juranovic Kristina | 82 | Bösingen | | 33:33 | +15:58 | 6:42 | 34122 | 3607. |
| 276. | Humbert Lise | 82 | Bern | Best friends brunnen | 33:33 | +15:58 | 6:42 | 31458 | 3609. |
| 277. | Schmocker Marianne | 81 | Steffisburg | | 33:35 | +16:00 | 6:43 | 33258 | 3619. |
| 278. | Menoud Rosy | 80 | Sâles (Gruyère) | | 33:36 | +16:01 | 6:43 | 27084 | 3623. |
| 279. | Rudin Ursina | 84 | Bern | | 33:39 | +16:04 | 6:43 | 23255 | 3639. |
| 280. | Eichenberger Kim | 80 | Grafenried | | 33:42 | +16:07 | 6:44 | 32063 | 3653. |
| 281. | Jehle Manuela | 80 | Zürich | Kanti Wettingen | 33:44 | +16:09 | 6:44 | 24005 | 3668. |
| 282. | Breidenbach Jessica | 81 | Bassersdorf | | 33:50 | +16:15 | 6:46 | 33030 | 3692. |
| 283. | Candela Andrea | 84 | Bern | | 33:50 | +16:15 | 6:46 | 29121 | 3694. |
| 284. | Allenbach Özlem | 80 | BurgdorfBurgdorf | | 33:52 | +16:17 | 6:46 | 34011 | 3705. |
| 285. | Hebeisen Fabienne | 80 | Bern | | 33:52 | +16:17 | 6:46 | 23189 | 3708. |
| 286. | Jacot Simone | 84 | Gerzensee | | 33:53 | +16:18 | 6:46 | 31222 | 3716. |
| 287. | Bieler Renata | 82 | Baar | | 34:01 | +16:26 | 6:48 | 26062 | 3752. |
| 288. | Bangerter Céline | 80 | Estavayer-le-Lac | | 34:02 | +16:27 | 6:48 | 26287 | 3757. |
| 289. | Beutler Noémie | 81 | Estavayer-le-Lac | | 34:03 | +16:28 | 6:48 | 26293 | 3763. |
| 290. | Holenweg Daniela | 81 | Büron | | 34:04 | +16:29 | 6:48 | 28248 | 3775. |
| 291. | Santin Cristina | 83 | Münsingen | | 34:12 | +16:37 | 6:50 | 31470 | 3803. |
| 292. | Geel Marit | 83 | Aarau | | 34:13 | +16:38 | 6:50 | 30335 | 3809. |
| 293. | Aebi Melanie | 84 | Bern | | 34:18 | +16:43 | 6:51 | 31049 | 3824. |
| 294. | Canobbio Andrea | 80 | Grossaffoltern | | 34:20 | +16:45 | 6:52 | 33037 | 3832. |
| 295. | Suter Stephanie | 84 | Mels | | 34:21 | +16:46 | 6:52 | 33168 | 3836. |
| 296. | Fricker Aurelia | 83 | Kilchberg ZH | | 34:22 | +16:47 | 6:52 | 30330 | 3846. |
| 297. | Maurin Claire | 83 | La Chaux-de-Fonds | Cross Club La Chaux-... | 34:23 | +16:48 | 6:52 | 34333 | 3847. |
| 298. | Maeder Stefanie | 82 | Rapperswil | | 34:30 | +16:55 | 6:54 | 33106 | 3875. |
| 299. | Vukovic-Rohrbach Tina | 83 | Münchenbuchsee | Team Red Cross | 34:35 | +17:00 | 6:55 | 34251 | 3890. |
| 300. | Ehrler Franziska | 81 | Bern | | 34:37 | +17:02 | 6:55 | 32062 | 3906. |

33. Schweizer Frauenlauf Bern 2019

résultats

5km Running Frauen W35

| rang | nom et prénom | an | lieu | club | temps | écart | min/km | dossard | overall |
|------|---------------------------|----|-----------------------|---------------------------|--------------|--------|--------|---------|---------|
| 301. | Züger-Gubser Barbara | 80 | Linthal | LG Glarus | 34:39 | +17:04 | 6:55 | 30473 | 3916. |
| 302. | Gianolini Francesca | 84 | Zürich | | 34:41 | +17:06 | 6:56 | 28071 | 3925. |
| 303. | Muminovic Envera | 84 | Lausanne | | 34:43 | +17:08 | 6:56 | 34176 | 3931. |
| 304. | Schnell Barbara | 84 | Zwillikon | | 34:43 | +17:08 | 6:56 | 32154 | 3932. |
| 305. | Wiedmer Alexandra | 81 | Bern | | 34:47 | +17:12 | 6:57 | 33279 | 3946. |
| 306. | Oggier Sereina | 83 | Bern | | 34:48 | +17:13 | 6:57 | 28119 | 3949. |
| 307. | Langhart Eliane | 81 | ChurChur | | 34:50 | +17:15 | 6:58 | 31253 | 3958. |
| 308. | Hennen Nina | 83 | Bern | | 34:52 | +17:17 | 6:58 | 31197 | 3962. |
| 309. | Meraglia Natalie | 82 | Uttwil | | 34:52 | +17:17 | 6:58 | 25309 | 3967. |
| 310. | Schaer Karina | 81 | Villars-sur-Glâne | | 34:53 | +17:18 | 6:58 | 33254 | 3969. |
| 311. | Jungi Valerie | 82 | Lüterkofen-Ichertswil | | 34:54 | +17:19 | 6:58 | 32259 | 3975. |
| 312. | Locher Barbara | 80 | Thun | | 34:54 | +17:19 | 6:58 | 30377 | 3976. |
| 313. | Marty Janine | 84 | Hermetschwil-Staffeln | | 34:56 | +17:21 | 6:59 | 32119 | 3986. |
| 314. | Broglin Mélanie | 81 | Courroux | | 34:56 | +17:21 | 6:59 | 32209 | 3987. |
| 315. | Husson-Stengel Camille | 82 | Yens | Soroptimist Lausanne | 34:57 | +17:22 | 6:59 | 34116 | 3989. |
| 316. | Mora Alexandra | 84 | Muri b. Bern | | 34:59 | +17:24 | 6:59 | 29157 | 3997. |
| 317. | Fillistorf Carmen | 80 | Giffers | | 34:59 | +17:24 | 6:59 | 28055 | 4000. |
| 318. | Scherzinger Judith | 83 | Gossau | | 35:00 | +17:25 | 7:00 | 28296 | 4004. |
| 319. | Chavez Monica | 81 | Ostermundigen | | 35:01 | +17:26 | 7:00 | 24095 | 4011. |
| 320. | Stephani Nicole | 84 | Sarmenstorf | | 35:03 | +17:28 | 7:00 | 33162 | 4014. |
| 321. | Trchsel Romina | 82 | Signau | | 35:03 | +17:28 | 7:00 | 30453 | 4016. |
| 322. | Klopfenstein Sandra | 84 | Einsiedeln | | 35:04 | +17:29 | 7:00 | 34125 | 4024. |
| 323. | Kern Silja | 81 | Zürich | | 35:08 | +17:33 | 7:01 | 31236 | 4036. |
| 324. | Dost Kai-Inga | 83 | Bern | | 35:08 | +17:33 | 7:01 | 25162 | 4037. |
| 325. | Riedwyl Susanne | 81 | Oberhünigen | | 35:10 | +17:35 | 7:02 | 31329 | 4048. |
| 326. | Balmer Favre Melanie | 80 | Ayent | | 35:10 | +17:35 | 7:02 | 32030 | 4050. |
| 327. | Steiger Cornelia | 83 | Zürich | | 35:20 | +17:45 | 7:04 | 31382 | 4089. |
| 328. | Winter Birgit | 83 | Winterthur | | 35:25 | +17:50 | 7:05 | 31046 | 4108. |
| 329. | Fuhrer Franziska | 81 | Thun | | 35:26 | +17:51 | 7:05 | 34078 | 4110. |
| 330. | Caduff Sereina | 84 | Oberglatt ZH | | 35:27 | +17:52 | 7:05 | 31036 | 4117. |
| 331. | Holzner Franziska | 80 | Bern | | 35:28 | +17:53 | 7:05 | 31210 | 4119. |
| 332. | Joss Angela | 84 | Schlosswil | | 35:29 | +17:54 | 7:05 | 34320 | 4123. |
| 333. | Qerimi Xhevahire | 84 | Kirchberg BE | Aldi Kirchberg | 35:29 | +17:54 | 7:05 | 28288 | 4127. |
| 334. | Früh Schori Eveline | 81 | Sonnental | | 35:30 | +17:55 | 7:06 | 34077 | 4129. |
| 335. | Hämmerli Daniela | 83 | Thun | | 35:32 | +17:57 | 7:06 | 32087 | 4137. |
| 336. | Häfliger Diana | 81 | Wilchingen | | 35:32 | +17:57 | 7:06 | 32085 | 4142. |
| 337. | Probst Perrine | 81 | Bern | | 35:34 | +17:59 | 7:06 | 33247 | 4147. |
| 338. | Gortchacow Elise | 83 | Wabern | | 35:36 | +18:01 | 7:07 | 31171 | 4156. |
| 339. | Glatz Capucine | 83 | Bern | | 35:36 | +18:01 | 7:07 | 31169 | 4157. |
| 340. | Haggenmüller-Kupper Fa... | 80 | Hägendorf | | 35:37 | +18:02 | 7:07 | 31185 | 4162. |
| 341. | Wingeier Michaela | 80 | Röthenbach | | 35:37 | +18:02 | 7:07 | 31423 | 4163. |
| 342. | Weiss Claudia | 80 | Urdorf | | 35:44 | +18:09 | 7:08 | 29183 | 4183. |
| 343. | Allemann Isabel | 80 | Arisdorf | | 35:44 | +18:09 | 7:08 | 28319 | 4185. |
| 344. | Dittmar Tine | 80 | Basel | | 35:47 | +18:12 | 7:09 | 31124 | 4191. |
| 345. | Favre Valérie | 81 | Oberburg | SBK | 35:48 | +18:13 | 7:09 | 30087 | 4197. |
| 346. | Güntert Mirjam | 82 | Neuendorf | | 35:48 | +18:13 | 7:09 | 29193 | 4201. |
| 347. | Faeh Ivannia | 84 | Bremgarten b. Bern | | 35:48 | +18:13 | 7:09 | 26324 | 4203. |
| 348. | Nesterenko Yuliya | 80 | Zollikofen | Interkultureller Fraue... | 35:51 | +18:16 | 7:10 | 33122 | 4215. |
| 349. | Stebler Mirjam | 82 | Lotzwil | | 35:53 | +18:18 | 7:10 | 31380 | 4221. |
| 350. | Enderli Melanie | 84 | Wil | Kuoni | 35:56 | +18:21 | 7:11 | 23167 | 4233. |

33. Schweizer Frauenlauf Bern 2019

résultats

5km Running Frauen W35

| rang | nom et prénom | an | lieu | club | temps | écart | min/km | dossard | overall |
|------|-------------------------|----|--------------------|---------------------|--------------|--------|--------|---------|---------|
| 351. | Crameri Ursina | 83 | Sils im Domleschg | | 35:59 | +18:24 | 7:11 | 30316 | 4245. |
| 352. | Bühler Tania | 84 | Bern | | 36:00 | +18:25 | 7:12 | 31102 | 4252. |
| 353. | Koller Sylvie | 80 | Courchapoix | | 36:03 | +18:28 | 7:12 | 31242 | 4261. |
| 354. | Buerki Laure | 80 | Courchapoix | | 36:04 | +18:29 | 7:12 | 31098 | 4265. |
| 355. | Häni Dominice | 83 | Zürich | | 36:07 | +18:32 | 7:13 | 26133 | 4273. |
| 356. | Regli Mirjam | 80 | Spiringen | | 36:10 | +18:35 | 7:14 | 34192 | 4282. |
| 357. | Murer Petra | 80 | Bürglen UR | | 36:11 | +18:36 | 7:14 | 34178 | 4286. |
| 358. | Ntep Mara Hardyne | 80 | Bolligen | | 36:14 | +18:39 | 7:14 | 26409 | 4290. |
| 359. | Käslin Rita | 80 | Beckenried | | 36:15 | +18:40 | 7:15 | 32264 | 4295. |
| 360. | Trüby Corinne | 84 | Widen | | 36:16 | +18:41 | 7:15 | 23459 | 4296. |
| 361. | Gerber Beatrice | 84 | Zollbrück | | 36:17 | +18:42 | 7:15 | 31161 | 4304. |
| 362. | Wüthrich Kathrin | 80 | Herbligen | | 36:23 | +18:48 | 7:16 | 31015 | 4329. |
| 363. | Eggimann Ramona | 83 | Schafisheim | | 36:40 | +19:05 | 7:20 | 69030 | 4377. |
| 364. | Flückiger Sandrine | 80 | Aegerten | | 36:47 | +19:12 | 7:21 | 28058 | 4405. |
| 365. | Roth Irène Prudence | 84 | Düdingen | | 36:56 | +19:21 | 7:23 | 32298 | 4432. |
| 366. | Beck Jeanine | 80 | Neuendorf | | 36:58 | +19:23 | 7:23 | 32035 | 4437. |
| 367. | Eberhard Ursula | 82 | Brunnenenthal | | 36:59 | +19:24 | 7:23 | 33052 | 4442. |
| 368. | Bucio Irendy | 81 | Solothurn | | 37:00 | +19:25 | 7:24 | 33283 | 4447. |
| 369. | Bolliger Sonja | 80 | Aarburg | | 37:05 | +19:30 | 7:25 | 32042 | 4462. |
| 370. | Lorez Astrid | 81 | Tartar | | 37:13 | +19:38 | 7:26 | 31268 | 4477. |
| 371. | Grogg Denise | 84 | Selzach | | 37:19 | +19:44 | 7:27 | 33074 | 4495. |
| 372. | Ruf Sabine | 81 | Obersteckholz | | 37:22 | +19:47 | 7:28 | 34207 | 4505. |
| 373. | Ott Monika | 80 | Rothrist | | 37:29 | +19:54 | 7:29 | 32132 | 4518. |
| 374. | Alves Marques Marcia | 81 | Sugiez | | 37:30 | +19:55 | 7:30 | 30030 | 4519. |
| 375. | Grosjean Anaïs | 84 | Lausanne | | 37:40 | +20:05 | 7:32 | 33075 | 4540. |
| 376. | Buchs Emilie | 80 | Courtedoux | | 37:40 | +20:05 | 7:32 | 33033 | 4541. |
| 377. | Reber Sarah | 81 | Bern | | 37:47 | +20:12 | 7:33 | 32141 | 4554. |
| 378. | Pittet Stéphanie | 83 | Romont FR | | 38:02 | +20:27 | 7:36 | 33131 | 4576. |
| 379. | Bachofner-Vavros Jasmin | 81 | Basel | | 38:03 | +20:28 | 7:36 | 26284 | 4580. |
| 380. | Dätwyler Yvonne | 80 | Unterentfelden | | 38:07 | +20:32 | 7:37 | 34053 | 4590. |
| 381. | Pettinaro Tamara | 82 | Bern | | 38:12 | +20:37 | 7:38 | 34184 | 4598. |
| 382. | Faddi Alexandra | 84 | Ostermundigen | | 38:14 | +20:39 | 7:38 | 30327 | 4606. |
| 383. | Kamm Anita | 81 | Filzbach | | 38:15 | +20:40 | 7:39 | 32262 | 4607. |
| 384. | Merz Michelle | 84 | Münchenbuchsee | | 38:25 | +20:50 | 7:41 | 31289 | 4627. |
| 385. | Garcia Barros Anke | 82 | Bremgarten b. Bern | | 38:27 | +20:52 | 7:41 | 33203 | 4630. |
| 386. | Wanner Angela | 82 | Rüti b. Büren | Poweringyou to run | 38:38 | +21:03 | 7:43 | 24467 | 4643. |
| 387. | Jolidon Blurette | 84 | Vicques | | 38:53 | +21:18 | 7:46 | 34318 | 4664. |
| 388. | Binjos Meliha | 83 | Sion | | 39:01 | +21:26 | 7:48 | 32041 | 4671. |
| 389. | Favot Sandrine | 83 | Thônex | | 39:04 | +21:29 | 7:48 | 32066 | 4683. |
| 390. | Fisch-Altman Sibylle | 81 | Ueberstorf | | 39:04 | +21:29 | 7:48 | 34070 | 4686. |
| 391. | Luginbühl Sabine | 82 | Effretikon | | 39:04 | +21:29 | 7:48 | 29078 | 4687. |
| 392. | Böttcher Madleen | 81 | Belp | | 39:11 | +21:36 | 7:50 | 34278 | 4704. |
| 393. | Ukaj Francika | 83 | Wil SG | | 39:26 | +21:51 | 7:53 | 34246 | 4722. |
| 394. | Mayer Manuela | 84 | Walzenhausen | | 39:29 | +21:54 | 7:53 | 34163 | 4727. |
| 395. | Straubhaar Natalie | 84 | Höfen b. Thun | | 39:33 | +21:58 | 7:54 | 34240 | 4729. |
| 396. | Wache Kathleen | 83 | Bern | | 39:36 | +22:01 | 7:55 | 34252 | 4731. |
| 397. | Huber Ursula | 81 | Gossau SG | | 39:40 | +22:05 | 7:56 | 26493 | 4735. |
| 398. | Knecht Daniela | 81 | Bern | | 39:43 | +22:08 | 7:56 | 32105 | 4736. |
| 399. | Wyss Martina | 84 | Thun | | 39:59 | +22:24 | 7:59 | 34260 | 4761. |
| 400. | Canepa Nicole | 80 | TavannesTavannes | Athletisme Tavannes | 40:05 | +22:30 | 8:01 | 34044 | 4769. |

33. Schweizer Frauenlauf Bern 2019

résultats

5km Running Frauen W35

| rang | nom et prénom | an | lieu | club | temps | écart | min/km | dossard | overall |
|------|------------------|----|-------------------|-----------|--------------|--------|--------|---------|---------|
| 401. | Gmür Rahel | 80 | Wängi | FTV Wängi | 40:30 | +22:55 | 8:06 | 34092 | 4793. |
| 402. | Gauder Nicole | 83 | Villnachern | | 40:44 | +23:09 | 8:08 | 34085 | 4809. |
| 403. | Wächter Martina | 82 | Villnachern | | 40:44 | +23:09 | 8:08 | 34253 | 4810. |
| 404. | Léonard Kathleen | 84 | Bern | | 41:39 | +24:04 | 8:19 | 29148 | 4846. |
| 405. | Sahli Katrin | 82 | Oberburg | | 41:39 | +24:04 | 8:19 | 33146 | 4847. |
| 406. | Jamshidi Atefeh | 80 | Bronschhofen | | 41:43 | +24:08 | 8:20 | 34119 | 4850. |
| 407. | Eisenhut Monika | 81 | Flawil | | 42:00 | +24:25 | 8:24 | 33197 | 4858. |
| 408. | Ummel Carine | 84 | La Chaux-de-Fonds | | 42:41 | +25:06 | 8:32 | 34376 | 4872. |
| 409. | Wyss Manuela | 84 | Niederscherli | | 46:50 | +29:15 | 9:22 | 32188 | 4944. |
| 410. | Frey Mirjam | 81 | Buttisholz | | 47:35 | +30:00 | 9:31 | 26114 | 4948. |
| 411. | Zingg Sharon | 82 | Holderbank AG | | 48:14 | +30:39 | 9:38 | 31439 | 4949. |

DNS

| | | | | | | | | | |
|-------------------------|----|------------------|--------|--|--|--|--|-------|--|
| Walpen Beatrice | 80 | Ulrichen | | | | | | 7316 | |
| Worku Tsige | 82 | Bern | | | | | | 21189 | |
| Probst Isabella | 81 | Arlesheim | | | | | | 23248 | |
| Ghielmetti Giulia | 84 | Zürich | | | | | | 23353 | |
| Rüfenacht Tanja | 84 | BernBern | | | | | | 24488 | |
| Fuchs Marianne | 80 | Thun | | | | | | 25193 | |
| Rebetez Daniela | 81 | Ettingen | | | | | | 25352 | |
| Siegrist Andrea | 82 | Meisterschwanden | | | | | | 25410 | |
| Zurfluh Christina | 82 | Seedorf UR | | | | | | 25487 | |
| Zimmermann Manuela | 84 | Thunstetten | | | | | | 26272 | |
| Anderegg Denise | 81 | Laufen | | | | | | 27026 | |
| Schwaninger Susanne | 80 | Herisau | | | | | | 27241 | |
| Habermacher Nicole | 81 | Auw | | | | | | 28079 | |
| Hiltbrunner-Hofer Anita | 82 | Oberfrittenbach | | | | | | 28086 | |
| Steiner Renate | 81 | Burgdorf | | | | | | 29105 | |
| Schären Daniela | 84 | Moosseedorf | | | | | | 29164 | |
| Erb Susanne | 80 | Thun | | | | | | 30082 | |
| Yildiz Sevda | 83 | Brittnau | Migros | | | | | 30251 | |
| Zürcher Priska | 84 | Thun | | | | | | 30262 | |
| Bertschi Jasmin | 82 | Uerkheim | | | | | | 31073 | |
| Bossert Michelle | 84 | Gelterkinden | | | | | | 31088 | |
| Fuchs Marianne | 80 | Thun | | | | | | 31153 | |
| Giess-Herzog Jolanda | 82 | Eiken | | | | | | 31166 | |
| Hintermeister Simone | 80 | Nidau | | | | | | 31204 | |
| Zbinden Claudia | 81 | Münsingen | | | | | | 31436 | |
| Betschart Maria | 84 | Steinen | | | | | | 32039 | |
| Haldemann Murièle | 82 | Worben | | | | | | 32086 | |
| Ettlin Yvonne | 84 | Kerns | | | | | | 32228 | |
| Aellig Rita | 80 | Therwil | | | | | | 33013 | |
| Liechti Susanne | 84 | Thun | | | | | | 33102 | |
| De Paola Clementina | 80 | Niederuzwil | | | | | | 34054 | |
| Lanz Sandra | 84 | Dietikon | | | | | | 34146 | |
| ---- | | | | | | | | 34263 | |
| Gubler Franziska | 81 | Uvrier | | | | | | 34310 | |
| Vaudroz Tamara | 81 | Gurzelen | | | | | | 34378 | |

#446 participants