

# Steinhölzlilauflauf 2024

résultats

## Overall Hauptlauf Männer

| rang | nom                    | an | lieu          | club                   | temps        | écart  | min/km | dossard | catégorie |
|------|------------------------|----|---------------|------------------------|--------------|--------|--------|---------|-----------|
| 1.   | Kyburz Matthias        | 90 | Belp          | LC Basel               | <b>32:15</b> | --     | 3:04   | 1       | M30: 1.   |
| 2.   | Rolli Dominik          | 96 | Oberbalm      | STB-Leichtathletik     | <b>32:28</b> | +13    | 3:05   | 2       | M20: 1.   |
| 3.   | Kipchumba Brian        | 99 | Passy         |                        | <b>33:09</b> | +54    | 3:09   | 1133    | M20: 2.   |
| 4.   | Brown T-Roy            | 92 | Liebefeld     | STB                    | <b>34:36</b> | +2:21  | 3:17   | 1147    | M30: 2.   |
| 5.   | Durance Clement        | 90 | Niederwangen  | CAPOSS                 | <b>35:37</b> | +3:22  | 3:23   | 12      | M30: 3.   |
| 6.   | Hubmann Martin         | 89 | Liebefeld     | BTV Chur               | <b>35:50</b> | +3:35  | 3:24   | 16      | M30: 4.   |
| 7.   | Tefera Mekonen         | 92 | Nidau         |                        | <b>36:28</b> | +4:13  | 3:28   | 4       | M30: 5.   |
| 8.   | Hubmann Daniel         | 83 | Bremgarten BE |                        | <b>36:39</b> | +4:24  | 3:29   | 3       | M40: 1.   |
| 9.   | Schmutz Joël           | 00 | Bern          | OL Regio Burgdorf /... | <b>36:53</b> | +4:38  | 3:30   | 13      | M20: 3.   |
| 10.  | Heiniger Stéphane      | 79 | Cuarney       | US Yverdon             | <b>36:57</b> | +4:42  | 3:31   | 1134    | M40: 2.   |
| 11.  | Ritzmann Emanuel       | 96 | Ostermundigen | All Blacks Thun        | <b>37:19</b> | +5:04  | 3:33   | 135     | M20: 4.   |
| 12.  | Angelot Pierre         | 99 | Fribourg      | Biel/Bienne Athletics  | <b>37:22</b> | +5:07  | 3:33   | 231     | M20: 5.   |
| 13.  | Zangger Ivo            | 93 | Bern          | STB                    | <b>37:31</b> | +5:16  | 3:34   | 8       | M30: 6.   |
| 14.  | Kilchenmann Tobias     | 00 | Bern          | RSC Aaretal Münsin...  | <b>37:43</b> | +5:28  | 3:35   | 395     | M20: 6.   |
| 15.  | Leibundgut Philipp     | 95 | Schnottwil    | LeibundWohl Perso...   | <b>38:08</b> | +5:53  | 3:37   | 422     | M20: 7.   |
| 16.  | Fischer Christian      | 73 | Aarberg       | LCA Bärn               | <b>38:14</b> | +5:59  | 3:38   | 325     | M50: 1.   |
| 17.  | Kiener Leonard         | 95 | Bern          |                        | <b>38:16</b> | +6:01  | 3:38   | 392     | M20: 8.   |
| 18.  | Hirt Beni              | 80 | Bern          | Decomplex              | <b>38:22</b> | +6:07  | 3:39   | 373     | M40: 3.   |
| 19.  | Fazekas Siro           | 97 | Wallisellen   | TV Oerlikon            | <b>38:31</b> | +6:16  | 3:40   | 119     | M20: 9.   |
| 20.  | Hess Martin            | 87 | Liebefeld     | Buschwäg Bienis        | <b>38:49</b> | +6:34  | 3:41   | 370     | M30: 7.   |
| 21.  | Kolb Lars              | 91 | Kehrsatz      | STB                    | <b>38:59</b> | +6:44  | 3:42   | 1158    | M30: 8.   |
| 22.  | Grossenbacher Veit     | 08 | Lyss          |                        | <b>39:11</b> | +6:56  | 3:43   | 1140    | JugA: 1.  |
| 23.  | Tudo Marc              | 87 | Bern          |                        | <b>39:12</b> | +6:57  | 3:43   | 1131    | M30: 9.   |
| 24.  | Rüfenacht Tobias       | 89 | Bern          | Obstberger Rennbr...   | <b>39:12</b> | +6:57  | 3:43   | 526     | M30: 10.  |
| 25.  | Bütikofer Philipp      | 82 | Kernenried    | sm run                 | <b>39:22</b> | +7:07  | 3:44   | 1130    | M40: 4.   |
| 26.  | Wohler Ursin           | 06 | Spiez         | NSK Thun               | <b>39:40</b> | +7:25  | 3:46   | 634     | JugA: 2.  |
| 27.  | Eggenschwiler Bernhard | 85 | Zeiningen     |                        | <b>39:43</b> | +7:28  | 3:46   | 1145    | M30: 11.  |
| 28.  | Blunier Thomas         | 84 | Heimberg      | all blacks thun        | <b>39:43</b> | +7:28  | 3:46   | 1174    | M40: 5.   |
| 29.  | Probst Jonas           | 85 | Bern          |                        | <b>39:50</b> | +7:35  | 3:47   | 494     | M30: 12.  |
| 30.  | Felder Alain           | 88 | Zollikofen    | LCA Bärn               | <b>39:52</b> | +7:37  | 3:47   | 323     | M30: 13.  |
| 31.  | Huber Erich            | 81 | Rechthalten   | LAT Sense              | <b>40:03</b> | +7:48  | 3:48   | 377     | M40: 6.   |
| 32.  | Bühlmann Noah          | 99 | Sursee        | OLG Nidwalden+Ob...    | <b>40:26</b> | +8:11  | 3:50   | 276     | M20: 10.  |
| 33.  | Brügger Werner         | 75 | Giffers       | Athletic Team Recht... | <b>40:38</b> | +8:23  | 3:52   | 274     | M40: 7.   |
| 34.  | Bernardi Tazio         | 93 | Zollikofen    | STB Leichtathletik     | <b>40:40</b> | +8:25  | 3:52   | 10      | M30: 14.  |
| 35.  | Stürmer Kai            | 08 | Bern          |                        | <b>41:03</b> | +8:48  | 3:54   | 592     | JugA: 3.  |
| 36.  | Venez Sandro           | 92 | Zürich        | Rhone Runners          | <b>41:04</b> | +8:49  | 3:54   | 608     | M30: 15.  |
| 37.  | Borges Mario           | 77 | Malters       | SMRUN                  | <b>41:16</b> | +9:01  | 3:55   | 264     | M40: 8.   |
| 38.  | Von Känel Robin        | 98 | Bern          |                        | <b>41:21</b> | +9:06  | 3:56   | 1101    | M20: 11.  |
| 39.  | Zangger Adrian         | 91 | Orpund        |                        | <b>41:37</b> | +9:22  | 3:57   | 638     | M30: 16.  |
| 40.  | Pagani Livio           | 82 | Les Breuleux  | GS Franches-Monta...   | <b>41:41</b> | +9:26  | 3:58   | 428     | M40: 9.   |
| 41.  | Schild Oliver          | 86 | Köniz         | LCA Bärn               | <b>41:54</b> | +9:39  | 3:59   | 1126    | M30: 17.  |
| 42.  | Richner Matthias       | 05 | Fislisbach    | BTV Aarau Athletics    | <b>41:56</b> | +9:41  | 3:59   | 512     | JugA: 4.  |
| 43.  | Rutschi Raphael        | 87 | Köniz         | EGS                    | <b>42:02</b> | +9:47  | 4:00   | 1155    | M30: 18.  |
| 44.  | Etter Robert           | 70 | Schüpfen      | gerbersport            | <b>42:04</b> | +9:49  | 4:00   | 202     | M50: 2.   |
| 45.  | Baumgartner Janosh     | 03 | Gränichen     |                        | <b>42:25</b> | +10:10 | 4:02   | 249     | M20: 12.  |
| 46.  | Probst David           | 97 | Murten        | AC Murten              | <b>42:30</b> | +10:15 | 4:02   | 1166    | M20: 13.  |
| 47.  | Andrade Fernando       | 66 | Bern          |                        | <b>42:31</b> | +10:16 | 4:02   | 229     | M50: 3.   |
| 48.  | Spreiter Patric        | 79 | Rüfenacht BE  | STB / Giant            | <b>42:37</b> | +10:22 | 4:03   | 581     | M40: 10.  |
| 49.  | Löffel Kimi            | 06 | Zollikofen    | TV Zollikofen          | <b>42:39</b> | +10:24 | 4:03   | 430     | JugA: 5.  |
| 50.  | Jäger Ralf             | 82 | Bern          | STB Leichtathletik     | <b>42:45</b> | +10:30 | 4:04   | 385     | M40: 11.  |

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résultats

## Overall Hauptlauf Männer

| rang | nom                         | an | lieu               | club                    | temps        | écart  | min/km | dossard | catégorie |
|------|-----------------------------|----|--------------------|-------------------------|--------------|--------|--------|---------|-----------|
| 51.  | Ribeiro Albino              | 68 | Thun               | smrun / Lauftreff Th... | <b>43:04</b> | +10:49 | 4:06   | 511     | M50: 4.   |
| 52.  | Seiler Marcel               | 69 | Reichenbach i. K.  | TV Ringgenberg          | <b>43:18</b> | +11:03 | 4:07   | 571     | M50: 5.   |
| 53.  | Reis Victor                 | 64 | Payerne            | CA PORTUGAIS FRIB...    | <b>43:21</b> | +11:06 | 4:07   | 507     | M60: 1.   |
| 54.  | Schütz Michael              | 94 | Bern               | New Roots               | <b>43:23</b> | +11:08 | 4:07   | 568     | M30: 19.  |
| 55.  | Nicca Mauro                 | 90 | Bern               | STB                     | <b>43:26</b> | +11:11 | 4:08   | 1167    | M30: 20.  |
| 56.  | Ganz David                  | 87 | Bern               | Obstberger Rennbr...    | <b>43:32</b> | +11:17 | 4:08   | 335     | M30: 21.  |
| 57.  | Genna Gian Sandro           | 81 | Gümligen           | Laufteam Thun           | <b>43:39</b> | +11:24 | 4:09   | 125     | M40: 12.  |
| 58.  | Hegg Hansjörg               | 66 | Ipsach             | Jogging Biel-Bienne...  | <b>43:54</b> | +11:39 | 4:10   | 365     | M50: 6.   |
| 59.  | Häberli Sandro              | 92 | Bern               |                         | <b>44:00</b> | +11:45 | 4:11   | 52236   | M30: 22.  |
| 60.  | Schertenleib Beat           | 63 | Heimberg           | tripl3.ch               | <b>44:01</b> | +11:46 | 4:11   | 544     | M60: 2.   |
| 61.  | Marti Sven                  | 07 | Busswil b. Büren   |                         | <b>44:02</b> | +11:47 | 4:11   | 1141    | JugA: 6.  |
| 62.  | Riedweg Jörg                | 64 | Heimenhausen       | Lauftreff Wangen an...  | <b>44:21</b> | +12:06 | 4:13   | 515     | M60: 3.   |
| 63.  | Brugnara Yuri               | 83 | Bern               |                         | <b>44:25</b> | +12:10 | 4:13   | 275     | M40: 13.  |
| 64.  | Wider Yannick               | 04 | Tentlingen         | Athletic Team Recht...  | <b>44:25</b> | +12:10 | 4:13   | 1107    | M20: 14.  |
| 65.  | Hüni Fabian                 | 99 | Seftigen           | OLG Thun                | <b>44:29</b> | +12:14 | 4:14   | 380     | M20: 15.  |
| 66.  | Shergold Oliver             | 70 | Bolligen           |                         | <b>44:32</b> | +12:17 | 4:14   | 575     | M50: 7.   |
| 67.  | Balmer Tobias               | 76 | Hinterkappelen     | STB running             | <b>44:39</b> | +12:24 | 4:15   | 242     | M40: 14.  |
| 68.  | Meyer Christian             | 94 | Schliern bei Köniz | LCA Bärn                | <b>44:43</b> | +12:28 | 4:15   | 455     | M30: 23.  |
| 69.  | Miccoli Alexandre           | 93 | Wabern             |                         | <b>44:48</b> | +12:33 | 4:15   | 457     | M30: 24.  |
| 70.  | Zeller Ivo                  | 01 | Bern               | gerbersport             | <b>44:59</b> | +12:44 | 4:16   | 205     | M20: 16.  |
| 71.  | Glauser Pascal              | 91 | Liebefeld          |                         | <b>45:13</b> | +12:58 | 4:18   | 1177    | M30: 25.  |
| 72.  | Schmid Roger                | 82 | Aarau Rohr         | smrun                   | <b>45:34</b> | +13:19 | 4:20   | 554     | M40: 15.  |
| 73.  | Thurairajah Thileepan       | 89 | Bern               |                         | <b>45:42</b> | +13:27 | 4:21   | 600     | M30: 26.  |
| 74.  | Richner Stephan             | 73 | Fislisbach         |                         | <b>45:50</b> | +13:35 | 4:21   | 513     | M50: 8.   |
| 75.  | Imfeld Lukas                | 80 | Heimberg           |                         | <b>45:58</b> | +13:43 | 4:22   | 383     | M40: 16.  |
| 76.  | Bachmann Daniel             | 74 | Lanzenhäusern      | CA PORTUGAIS FRIB...    | <b>46:10</b> | +13:55 | 4:23   | 1105    | M50: 9.   |
| 77.  | Lüthi Klemens               | 63 | Halten             | TV Oekingen-Halten      | <b>46:10</b> | +13:55 | 4:23   | 435     | M60: 4.   |
| 78.  | Dietrich Fabian             | 75 | Därlichen          |                         | <b>46:14</b> | +13:59 | 4:24   | 305     | M40: 17.  |
| 79.  | Sauerstein Matthias         | 81 | Niederwangen BE    |                         | <b>46:27</b> | +14:12 | 4:25   | 531     | M40: 18.  |
| 80.  | Flückiger Serge             | 77 | Schliern b. Köniz  |                         | <b>46:32</b> | +14:17 | 4:25   | 121     | M40: 19.  |
| 81.  | Terreaux Bernard            | 52 | Vuisternens-Ogoz   | Smrun / CAG Farva...    | <b>46:39</b> | +14:24 | 4:26   | 1165    | M70: 1.   |
| 82.  | Gerber Roger                | 70 | Biberist           | Team EmmenLauf          | <b>46:47</b> | +14:32 | 4:27   | 339     | M50: 10.  |
| 83.  | Smolár Michal               | 83 | Breza              | BREZA                   | <b>46:51</b> | +14:36 | 4:27   | 1104    | M40: 20.  |
| 84.  | Kunz Andi                   | 85 | Bern               |                         | <b>46:52</b> | +14:37 | 4:27   | 413     | M30: 27.  |
| 85.  | Wittwer Christian           | 85 | Belp               |                         | <b>46:54</b> | +14:39 | 4:27   | 1143    | M30: 28.  |
| 86.  | de Roche Rafael             | 76 | Steffisburg        |                         | <b>47:02</b> | +14:47 | 4:28   | 113     | M40: 21.  |
| 87.  | Bläsi Siegfried             | 70 | Unterseen          |                         | <b>47:15</b> | +15:00 | 4:29   | 257     | M50: 11.  |
| 88.  | Danioth Maurice             | 88 | Stettlen           |                         | <b>47:15</b> | +15:00 | 4:29   | 298     | M30: 29.  |
| 89.  | Schild Thomas               | 67 | Belp               |                         | <b>47:17</b> | +15:02 | 4:30   | 550     | M50: 12.  |
| 90.  | Bucher Oliver               | 74 | Bern               |                         | <b>47:17</b> | +15:02 | 4:30   | 1189    | M50: 13.  |
| 91.  | Krähenbühl Filip            | 92 | Bern               |                         | <b>47:21</b> | +15:06 | 4:30   | 403     | M30: 30.  |
| 92.  | Nüesch Tobias               | 89 | Bern               |                         | <b>47:24</b> | +15:09 | 4:30   | 479     | M30: 31.  |
| 93.  | Streicher Gruber Dominik    | 68 | Basel              | smrun                   | <b>47:27</b> | +15:12 | 4:31   | 589     | M50: 14.  |
| 94.  | Müller Christoph            | 86 | Biel/Bienne        | Jogging Biel-Bienne...  | <b>47:34</b> | +15:19 | 4:31   | 472     | M30: 32.  |
| 95.  | von Niederhäusern Peter     | 77 | Schwarzenburg      |                         | <b>47:52</b> | +15:37 | 4:33   | 622     | M40: 22.  |
| 96.  | Schnettler Fernández Dav... | 92 | Bern               |                         | <b>48:00</b> | +15:45 | 4:34   | 1185    | M30: 33.  |
| 97.  | Seydoux Roger               | 66 | Echarlens          | SABulle - SMRUN         | <b>48:37</b> | +16:22 | 4:37   | 574     | M50: 15.  |
| 98.  | Sidler Sepp                 | 57 | Einsiedeln         | smrun                   | <b>48:39</b> | +16:24 | 4:37   | 1180    | M60: 5.   |
| 99.  | Pucci Alessandro            | 88 | Bern               |                         | <b>48:45</b> | +16:30 | 4:38   | 497     | M30: 34.  |
| 100. | Blaser Benjamin             | 89 | Montreux           |                         | <b>48:52</b> | +16:37 | 4:39   | 255     | M30: 35.  |

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résultats

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| rang | nom                 | an | lieu             | club                   | temps        | écart  | min/km | dossard | catégorie |
|------|---------------------|----|------------------|------------------------|--------------|--------|--------|---------|-----------|
| 101. | Weedon Russ         | 74 | Boll             |                        | <b>49:15</b> | +17:00 | 4:41   | 627     | M50: 16.  |
| 102. | Küffer Roger        | 74 | Riggisberg       |                        | <b>49:16</b> | +17:01 | 4:41   | 407     | M50: 17.  |
| 103. | Balmer Philipp      | 75 | Bern             |                        | <b>49:39</b> | +17:24 | 4:43   | 241     | M40: 23.  |
| 104. | Werder Cornel       | 70 | Lätti            |                        | <b>49:41</b> | +17:26 | 4:43   | 629     | M50: 18.  |
| 105. | Mc Court Ruairí     | 93 | Bern             |                        | <b>49:42</b> | +17:27 | 4:43   | 448     | M30: 36.  |
| 106. | Zimmermann Henrik   | 94 | Liebefeld        |                        | <b>49:43</b> | +17:28 | 4:44   | 644     | M30: 37.  |
| 107. | Ambrosi Josua       | 72 | Schlosswil       | STB B                  | <b>49:44</b> | +17:29 | 4:44   | 226     | M50: 19.  |
| 108. | Camenisch Christoph | 75 | Bremgarten       |                        | <b>49:46</b> | +17:31 | 4:44   | 1142    | M40: 24.  |
| 109. | Müller Lionel       | 05 | Burgdorf         |                        | <b>50:14</b> | +17:59 | 4:47   | 1173    | JugA: 7.  |
| 110. | Müller Dominik      | 69 | Bern             | Team Leyiani           | <b>50:18</b> | +18:03 | 4:47   | 473     | M50: 20.  |
| 111. | Holenweger Thomas   | 79 | Männedorf        |                        | <b>50:28</b> | +18:13 | 4:48   | 129     | M40: 25.  |
| 112. | Ummel Beat          | 60 | Suhr             | smrun                  | <b>50:35</b> | +18:20 | 4:49   | 606     | M60: 6.   |
| 113. | Krieger Peter       | 78 | Zufikon          | smrun                  | <b>50:37</b> | +18:22 | 4:49   | 1170    | M40: 26.  |
| 114. | Stern Michael       | 95 | Jaberg           |                        | <b>50:40</b> | +18:25 | 4:49   | 586     | M20: 17.  |
| 115. | Blatter Andreas     | 86 | Thun             |                        | <b>50:45</b> | +18:30 | 4:49   | 258     | M30: 38.  |
| 116. | Roth Patrick        | 86 | Liebefeld        |                        | <b>51:05</b> | +18:50 | 4:51   | 519     | M30: 39.  |
| 117. | Monney Martin       | 99 | Zollikofen       |                        | <b>51:08</b> | +18:53 | 4:52   | 463     | M20: 18.  |
| 118. | Mottola Salvatore   | 66 | Basel            | smrun                  | <b>51:13</b> | +18:58 | 4:52   | 469     | M50: 21.  |
| 119. | Von Känel Christoph | 59 | Frutigen         | All Blacks Thun        | <b>51:16</b> | +19:01 | 4:52   | 620     | M60: 7.   |
| 120. | Schneider Hugo      | 66 | Hilterfingen     | All Blacks Thun        | <b>51:19</b> | +19:04 | 4:53   | 558     | M50: 22.  |
| 121. | Schmidt Michael     | 72 | Muri b. Bern     | gerbersport            | <b>51:28</b> | +19:13 | 4:54   | 203     | M50: 23.  |
| 122. | Kocher Andre        | 71 | Dieterswil       | MMP                    | <b>51:31</b> | +19:16 | 4:54   | 397     | M50: 24.  |
| 123. | Weissmüller Markus  | 60 | Neuenegg         | Laufträff Neuenegg     | <b>51:44</b> | +19:29 | 4:55   | 139     | M60: 8.   |
| 124. | Mettler Paul        | 59 | Gossau SG        | smrun                  | <b>51:53</b> | +19:38 | 4:56   | 454     | M60: 9.   |
| 125. | Bigler Gilles       | 84 | Biel/Bienne      | ColdFitBern            | <b>51:56</b> | +19:41 | 4:56   | 253     | M40: 27.  |
| 126. | Bringold Andreas    | 64 | Beinwil SO       | LG Niederbipp          | <b>52:06</b> | +19:51 | 4:57   | 230     | M60: 10.  |
| 127. | Lüthi Reto          | 90 | Bern             |                        | <b>52:09</b> | +19:54 | 4:57   | 437     | M30: 40.  |
| 128. | Bischof Andreas     | 68 | Neuhofen         | smrun                  | <b>52:15</b> | +20:00 | 4:58   | 1110    | M50: 25.  |
| 129. | Schacher Christian  | 55 | Däniken SO       | LG Niederamt/smrun     | <b>52:17</b> | +20:02 | 4:58   | 1136    | M60: 11.  |
| 130. | Bohnenblust Michael | 75 | Wichtrach        | RSC Aaretal Münsin...  | <b>52:19</b> | +20:04 | 4:58   | 263     | M40: 28.  |
| 131. | Breny Pascal        | 92 | Langenthal       | Team Bäse / Farnere... | <b>52:27</b> | +20:12 | 4:59   | 105     | M30: 41.  |
| 132. | Locher Florian      | 79 | Hägendorf        | LSG Olten-Gäu          | <b>52:35</b> | +20:20 | 5:00   | 429     | M40: 29.  |
| 133. | Beer Richard        | 05 | Mattstetten      |                        | <b>52:39</b> | +20:24 | 5:00   | 251     | JugA: 8.  |
| 134. | Gerber Patrick      | 91 | Grosshöchstetten | Laufteam Emmental...   | <b>52:42</b> | +20:27 | 5:01   | 127     | M30: 42.  |
| 135. | Uhlmann Hans        | 62 | Glashütten       | Veloclub Murgenthal    | <b>52:53</b> | +20:38 | 5:02   | 604     | M60: 12.  |
| 136. | Hübscher Walter     | 56 | Liebefeld        |                        | <b>53:08</b> | +20:53 | 5:03   | 378     | M60: 13.  |
| 137. | Hirschi Werner      | 52 | Waldkirch        | smrun/LC Uzwil         | <b>53:11</b> | +20:56 | 5:03   | 372     | M70: 2.   |
| 138. | Calame Louis        | 52 | Lausanne         | Seniors de Coubertin   | <b>53:17</b> | +21:02 | 5:04   | 285     | M70: 3.   |
| 139. | Gul Hadin Gulab     | 05 | Lätti            |                        | <b>53:21</b> | +21:06 | 5:04   | 1138    | JugA: 9.  |
| 140. | Zimmermann Markus   | 80 | Bern             | Hämpus Laufgruppe      | <b>53:31</b> | +21:16 | 5:05   | 1157    | M40: 30.  |
| 141. | Steffen Edi         | 73 | Lengnau BE       | Free Runners Gren...   | <b>53:33</b> | +21:18 | 5:05   | 583     | M50: 26.  |
| 142. | Muhmenthaler Stefan | 60 | Bern             |                        | <b>53:34</b> | +21:19 | 5:06   | 470     | M60: 14.  |
| 143. | Schönholzer Fabian  | 07 | Ittigen          | TV Bolligen            | <b>53:46</b> | +21:31 | 5:07   | 1152    | JugA: 10. |
| 144. | Arnold Hans-Peter   | 59 | Wimmis           |                        | <b>53:51</b> | +21:36 | 5:07   | 232     | M60: 15.  |
| 145. | Anliker Dominic     | 92 | Suhr             | STB Running B / Fre... | <b>54:00</b> | +21:45 | 5:08   | 1178    | M30: 43.  |
| 146. | Felten Jasper       | 82 | Liebefeld        |                        | <b>54:13</b> | +21:58 | 5:09   | 324     | M40: 31.  |
| 147. | Gysel Martin        | 84 | Ostermundigen    |                        | <b>54:19</b> | +22:04 | 5:10   | 353     | M40: 32.  |
| 148. | Baumann Philipp     | 85 | Liebefeld        | PPT                    | <b>54:19</b> | +22:04 | 5:10   | 248     | M30: 44.  |
| 149. | Winkelmann Laurin   | 00 | Bern             |                        | <b>54:24</b> | +22:09 | 5:10   | 1129    | M20: 19.  |
| 150. | Schmid Daniel       | 62 | Seedorf BE       |                        | <b>54:26</b> | +22:11 | 5:11   | 553     | M60: 16.  |

# Steinhölzlilauflauf 2024

résultats

## Overall Hauptlauf Männer

| rang | nom                  | an | lieu              | club               | temps          | écart  | min/km | dossard | catégorie |
|------|----------------------|----|-------------------|--------------------|----------------|--------|--------|---------|-----------|
| 151. | Tanner Joscha        | 99 | Hochdorf          |                    | <b>54:34</b>   | +22:19 | 5:11   | 595     | M20: 20.  |
| 152. | Peter Marco Daniel   | 83 | Ittigen           | STB                | <b>54:36</b>   | +22:21 | 5:11   | 486     | M40: 33.  |
| 153. | Schweizer Adrian     | 84 | Wettswil          |                    | <b>54:38</b>   | +22:23 | 5:12   | 1181    | M40: 34.  |
| 154. | Hess Thomas          | 92 | Münchenbuchsee    |                    | <b>54:57</b>   | +22:42 | 5:13   | 52234   | M30: 45.  |
| 155. | Fuss Beat            | 68 | Eggiwil           |                    | <b>54:59</b>   | +22:44 | 5:14   | 334     | M50: 27.  |
| 156. | Manz Remo            | 91 | Schliern b. Köniz |                    | <b>55:00</b>   | +22:45 | 5:14   | 441     | M30: 46.  |
| 157. | Grünig Peter         | 55 | Riggisberg        |                    | <b>55:04</b>   | +22:49 | 5:14   | 350     | M60: 17.  |
| 158. | Zillig Stefan        | 80 | Bern              | Skyrunners Bern    | <b>55:04</b>   | +22:49 | 5:14   | 643     | M40: 35.  |
| 159. | Fogliato Giovanni    | 80 | Bern              |                    | <b>55:36</b>   | +23:21 | 5:17   | 1187    | M40: 36.  |
| 160. | Krummenacher Andreas | 77 | Bern              |                    | <b>55:38</b>   | +23:23 | 5:17   | 1124    | M40: 37.  |
| 161. | Ramseier Christoph   | 86 | Wohlen bei Bern   |                    | <b>55:48</b>   | +23:33 | 5:18   | 501     | M30: 47.  |
| 162. | Bohnenblust Martin   | 68 | Trub              |                    | <b>55:53</b>   | +23:38 | 5:19   | 262     | M50: 28.  |
| 163. | Albert David         | 72 | Bern              |                    | <b>55:59</b>   | +23:44 | 5:19   | 222     | M50: 29.  |
| 164. | Chheng Rithy         | 80 | Bern              |                    | <b>56:03</b>   | +23:48 | 5:20   | 292     | M40: 38.  |
| 165. | Kummer Stefan        | 82 | Fahrweid          | smrun              | <b>56:09</b>   | +23:54 | 5:20   | 131     | M40: 39.  |
| 166. | Bartkevics Maris     | 86 | Bern              |                    | <b>56:09</b>   | +23:54 | 5:20   | 247     | M30: 48.  |
| 167. | Kuncke Levi          | 09 | Münsingen         | Laufteam Münsingen | <b>56:10</b>   | +23:55 | 5:20   | 409     | JugA: 11. |
| 168. | Moser Roland         | 75 | Gwatt (Thun)      | STB Running C      | <b>56:13</b>   | +23:58 | 5:21   | 467     | M40: 40.  |
| 169. | Reusser Chris        | 91 | Bern              |                    | <b>56:23</b>   | +24:08 | 5:22   | 510     | M30: 49.  |
| 170. | Prager Mathias       | 80 | Liebefeld         |                    | <b>56:36</b>   | +24:21 | 5:23   | 493     | M40: 41.  |
| 171. | Stritt Karl          | 50 | Tafers            | LAT Sense /smrun   | <b>56:40</b>   | +24:25 | 5:23   | 590     | M70: 4.   |
| 172. | von Gunten Dimitri   | 87 | Neuenegg          |                    | <b>56:43</b>   | +24:28 | 5:24   | 617     | M30: 50.  |
| 173. | Ruchti Brian         | 88 | Liebefeld         |                    | <b>56:45</b>   | +24:30 | 5:24   | 523     | M30: 51.  |
| 174. | Kuncke Stefan        | 67 | Münsingen         | Laufteam Münsingen | <b>56:52</b>   | +24:37 | 5:24   | 410     | M50: 30.  |
| 175. | Ramseier Andreas     | 88 | Bern              |                    | <b>57:06</b>   | +24:51 | 5:26   | 1123    | M30: 52.  |
| 176. | Lewis Rob            | 81 | Liebefeld         |                    | <b>57:08</b>   | +24:53 | 5:26   | 1156    | M40: 42.  |
| 177. | Egger Tobias         | 95 | Nidau             |                    | <b>57:11</b>   | +24:56 | 5:26   | 310     | M20: 21.  |
| 178. | Allemand Dominic     | 82 | Kirchlindach      |                    | <b>57:12</b>   | +24:57 | 5:26   | 223     | M40: 43.  |
| 179. | Hug Jannik           | 00 | Bern              |                    | <b>57:16</b>   | +25:01 | 5:27   | 379     | M20: 22.  |
| 180. | Spahr Thomas         | 56 | Rüfenacht BE      | STB / SMRUN        | <b>57:19</b>   | +25:04 | 5:27   | 580     | M60: 18.  |
| 181. | Sciarra Daniel       | 73 | Ostermundigen     |                    | <b>57:21</b>   | +25:06 | 5:27   | 570     | M50: 31.  |
| 182. | Wyss Andreas         | 86 | Bern              | TV Worben          | <b>57:25</b>   | +25:10 | 5:28   | 637     | M30: 53.  |
| 183. | Rudeck Stefan        | 63 | Bern              | STB Running B      | <b>57:33</b>   | +25:18 | 5:28   | 525     | M60: 19.  |
| 184. | Stettler Andre       | 74 | Eggiwil           | Crazy Bike         | <b>57:38</b>   | +25:23 | 5:29   | 587     | M50: 32.  |
| 185. | Schmid Adrian        | 70 | Bern              |                    | <b>58:14</b>   | +25:59 | 5:32   | 1163    | M50: 33.  |
| 186. | Geissbühler Daniel   | 63 | Liebefeld         |                    | <b>58:25</b>   | +26:10 | 5:33   | 337     | M60: 20.  |
| 187. | Stürmer Matthias     | 80 | Bern              |                    | <b>58:56</b>   | +26:41 | 5:36   | 1169    | M40: 44.  |
| 188. | Eremia Radu          | 65 | Crans-Montana     |                    | <b>59:00</b>   | +26:45 | 5:37   | 320     | M50: 34.  |
| 189. | Schreier Philipp     | 84 | Blätterkinden     |                    | <b>59:01</b>   | +26:46 | 5:37   | 1171    | M40: 45.  |
| 190. | Marti Christoph      | 77 | Schliern b. Köniz |                    | <b>59:08</b>   | +26:53 | 5:37   | 443     | M40: 46.  |
| 191. | Des Ligneris Clifton | 82 | Bern              |                    | <b>59:22</b>   | +27:07 | 5:39   | 304     | M40: 47.  |
| 192. | Von Allmen Simon     | 79 | Bern              |                    | <b>59:33</b>   | +27:18 | 5:40   | 615     | M40: 48.  |
| 193. | Asdourian Bruno      | 78 | Bern              | STB Running B      | <b>59:37</b>   | +27:22 | 5:40   | 1144    | M40: 49.  |
| 194. | Verardi Donato       | 84 | Liebefeld         |                    | <b>59:37</b>   | +27:22 | 5:40   | 609     | M40: 50.  |
| 195. | Rupp Markus          | 53 | Gossau            | sm run             | <b>59:41</b>   | +27:26 | 5:41   | 527     | M70: 5.   |
| 196. | Bleisch Robert       | 54 | Glarus            | LG Glarus          | <b>59:46</b>   | +27:31 | 5:41   | 259     | M70: 6.   |
| 197. | Loforti Vincenzo     | 84 | Liebefeld         |                    | <b>59:57</b>   | +27:42 | 5:42   | 431     | M40: 51.  |
| 198. | Pellejero Angel      | 61 | Thun              |                    | <b>1:00:02</b> | +27:47 | 5:42   | 484     | M60: 21.  |
| 199. | Guggisberg Willi     | 53 | Worblaufen        | smrun              | <b>1:00:22</b> | +28:07 | 5:44   | 351     | M70: 7.   |
| 200. | Mäder Walter         | 51 | Courgevaux        |                    | <b>1:00:25</b> | +28:10 | 5:45   | 52235   | M70: 8.   |

# Steinhölzlilauflauf 2024

## résultats

### Overall Hauptlauf Männer

| rang | nom                   | an | lieu              | club                    | temps          | écart  | min/km | dossard | catégorie |
|------|-----------------------|----|-------------------|-------------------------|----------------|--------|--------|---------|-----------|
| 201. | De Benedictis Dario   | 76 | Wabern            |                         | <b>1:00:27</b> | +28:12 | 5:45   | 300     | M40: 52.  |
| 202. | Remy Charles-Henri    | 53 | Marly             | smrun                   | <b>1:00:32</b> | +28:17 | 5:45   | 508     | M70: 9.   |
| 203. | Schibli Armin         | 46 | Steg VS           |                         | <b>1:00:57</b> | +28:42 | 5:48   | 547     | M70: 10.  |
| 204. | Sipeki David          | 95 | Bern              |                         | <b>1:01:07</b> | +28:52 | 5:49   | 578     | M20: 23.  |
| 205. | Kundert Marc          | 69 | Steffisburg       | Laufftreff Thun         | <b>1:01:14</b> | +28:59 | 5:49   | 412     | M50: 35.  |
| 206. | Kilchenmann Michael   | 62 | Münsingen         | ol norska               | <b>1:01:37</b> | +29:22 | 5:52   | 394     | M60: 22.  |
| 207. | Stump Martin          | 61 | Steffisburg       |                         | <b>1:02:05</b> | +29:50 | 5:54   | 591     | M60: 23.  |
| 208. | Schmid Daniel         | 67 | Bern              |                         | <b>1:02:14</b> | +29:59 | 5:55   | 1176    | M50: 36.  |
| 209. | Kiener Sam            | 49 | Kaufdorf          | all blacks thun         | <b>1:02:15</b> | +30:00 | 5:55   | 393     | M70: 11.  |
| 210. | Schaffer Christoph    | 84 | Stettlen          |                         | <b>1:02:20</b> | +30:05 | 5:56   | 534     | M40: 53.  |
| 211. | Bandel Jan            | 92 | Willisau          |                         | <b>1:02:36</b> | +30:21 | 5:57   | 243     | M30: 54.  |
| 212. | Tschilar Sven         | 12 | Gampelen          |                         | <b>1:02:42</b> | +30:27 | 5:58   | 603     | JugA: 12. |
| 213. | Bächler Günther       | 53 | Liebefeld         |                         | <b>1:02:44</b> | +30:29 | 5:58   | 234     | M70: 12.  |
| 214. | Tonini Axel           | 74 | Bern              |                         | <b>1:03:03</b> | +30:48 | 6:00   | 601     | M50: 37.  |
| 215. | Zuber Ralf            | 60 | St. Gallen        | sm run, lc uzwil        | <b>1:03:08</b> | +30:53 | 6:00   | 646     | M60: 24.  |
| 216. | Kern Manuel           | 94 | Niederwangen      |                         | <b>1:03:08</b> | +30:53 | 6:00   | 1150    | M30: 55.  |
| 217. | Gafner Manuel         | 95 | Bern              |                         | <b>1:03:09</b> | +30:54 | 6:00   | 123     | M20: 24.  |
| 218. | von Allmen Leandro    | 06 | Urtenen-Schönbühl | BBZ-CFP Biel            | <b>1:03:20</b> | +31:05 | 6:01   | 614     | JugA: 13. |
| 219. | Wiedemeier Hans       | 45 | Gebenstorf        | smrun / LG Horn         | <b>1:03:26</b> | +31:11 | 6:02   | 631     | M70: 13.  |
| 220. | Chavailleaz Bernardin | 43 | Ecuvillens        | CAG Fravagny/smrun      | <b>1:03:42</b> | +31:27 | 6:03   | 290     | M80: 1.   |
| 221. | Eschenbach Jens-Uwe   | 84 | Thun              | All Blacks Thun         | <b>1:04:17</b> | +32:02 | 6:07   | 321     | M40: 54.  |
| 222. | Weissmüller Pesche    | 77 | Oey               |                         | <b>1:04:19</b> | +32:04 | 6:07   | 628     | M40: 55.  |
| 223. | von Gunten Hans       | 44 | Thun              | smrun                   | <b>1:04:39</b> | +32:24 | 6:09   | 618     | M80: 2.   |
| 224. | Chassot Laurent       | 97 | Liebefeld         |                         | <b>1:04:47</b> | +32:32 | 6:10   | 289     | M20: 25.  |
| 225. | Bouvard Röschu        | 66 | Liebefeld         |                         | <b>1:04:52</b> | +32:37 | 6:10   | 270     | M50: 38.  |
| 226. | Deschwanden Andi      | 70 | Hinteregg         | 4feet der Bernerlauf... | <b>1:05:04</b> | +32:49 | 6:11   | 115     | M50: 39.  |
| 227. | Zdenek Elias          | 79 | Liebefeld         | Ceska skola Bärn        | <b>1:05:31</b> | +33:16 | 6:14   | 1106    | M40: 56.  |
| 228. | Schär Jürg            | 48 | Riggisberg        | STB Running C           | <b>1:05:36</b> | +33:21 | 6:14   | 538     | M70: 14.  |
| 229. | Baeriswyl Gilbert     | 54 | Matran            |                         | <b>1:06:17</b> | +34:02 | 6:18   | 238     | M70: 15.  |
| 230. | Stocker Xaver         | 48 | Niederbipp        | LG Niederbipp / smr...  | <b>1:07:55</b> | +35:40 | 6:28   | 588     | M70: 16.  |
| 231. | Widmer Paul           | 39 | Effretikon        | smrun                   | <b>1:08:13</b> | +35:58 | 6:29   | 630     | M80: 3.   |
| 232. | Jaza Amin             | 96 | Kerzers           |                         | <b>1:09:38</b> | +37:23 | 6:37   | 1109    | M20: 26.  |
| 233. | Aurette Philippe      | 76 | Romanel           | Cm Cour Lausanne        | <b>1:13:15</b> | +41:00 | 6:58   | 1148    | M40: 57.  |
| 234. | Caviezel Claudio      | 55 | Münchenbuchsee    |                         | <b>1:14:19</b> | +42:04 | 7:04   | 286     | M60: 25.  |
| 235. | Buser Franz           | 63 | Rüfenacht BE      | sm-run /STB Runnin...   | <b>1:14:29</b> | +42:14 | 7:05   | 282     | M60: 26.  |
| 236. | Leserf Gottlieb       | 38 | Uster             | smrun / LC Uster        | <b>1:21:54</b> | +49:39 | 7:47   | 423     | M80: 4.   |
| 237. | Nivola Gianpaolo      | 66 | Luzern            | smrun                   | <b>1:23:06</b> | +50:51 | 7:54   | 478     | M50: 40.  |

### Runde 1

|      |              |    |      |          |              |       |      |     |          |
|------|--------------|----|------|----------|--------------|-------|------|-----|----------|
| 238. | Blaser Loris | 99 | Bern | LCA Bärn | <b>14:53</b> | +4:05 | 4:14 | 256 | M20: 27. |
|------|--------------|----|------|----------|--------------|-------|------|-----|----------|

### Preview Runde 1

|      |               |    |     |              |              |       |      |     |           |
|------|---------------|----|-----|--------------|--------------|-------|------|-----|-----------|
| 239. | Villard Marou | 06 | Ins | BBZ-CFP Biel | <b>15:49</b> | +5:38 | 4:47 | 610 | JugA: 14. |
|------|---------------|----|-----|--------------|--------------|-------|------|-----|-----------|

### DNS

|                     |    |         |          |  |  |  |  |     |     |
|---------------------|----|---------|----------|--|--|--|--|-----|-----|
| Wicki Peter         | 76 | Bern    | STB      |  |  |  |  | 9   | M40 |
| Burkhalter Matthias | 88 | Ittigen | LCA Bärn |  |  |  |  | 109 | M30 |
| Castrischer Adrian  | 90 | Bern    |          |  |  |  |  | 111 | M30 |
| Baier Julian        | 96 | Bern    |          |  |  |  |  | 239 | M20 |
| Baker Mark          | 90 | Bern    |          |  |  |  |  | 240 | M30 |

# Steinhölzlilaufl 2024

résultats

## Overall Hauptlauf Männer

| rang | nom                  | an | lieu          | club                     | temps | écart | min/km | dossard | catégorie |
|------|----------------------|----|---------------|--------------------------|-------|-------|--------|---------|-----------|
| DNS  |                      |    |               |                          |       |       |        |         |           |
|      | De Bastiani Maurizio | 58 | Langenthal    |                          |       |       |        | 299     | M60       |
|      | Freiburghaus René    | 54 | Kandersteg    | Smrun                    |       |       |        | 330     | M70       |
|      | Friedli Thomas Karl  | 67 | Belp          |                          |       |       |        | 332     | M50       |
|      | Gmeiner Matthias     | 67 | Münsingen     |                          |       |       |        | 341     | M50       |
|      | Herzig Peter         | 80 | Basel         |                          |       |       |        | 368     | M40       |
|      | Kohler Taino         | 11 | Thun          | fun and run Thun         |       |       |        | 400     | JugA      |
|      | Kübli Ueli           | 74 | Ostermundigen | STB running              |       |       |        | 406     | M50       |
|      | Kundert Hanspeter    | 44 | Steffisburg   | smrun / Laufftreff Th... |       |       |        | 411     | M80       |
|      | Lörtscher Lenny      | 04 | Faulensee     | LV Thun                  |       |       |        | 433     | M20       |
|      | Mäder Janic          | 95 | Bern          |                          |       |       |        | 440     | M20       |
|      | Marbach Joël         | 78 | Kehrsatz      |                          |       |       |        | 442     | M40       |
|      | Meier Pascal         | 63 | Bern          |                          |       |       |        | 450     | M60       |
|      | Rehmann Thomas       | 62 | Brugg AG      | smrun                    |       |       |        | 506     | M60       |
|      | Schnyder Roger       | 62 | Köniz         | runningCOACH             |       |       |        | 561     | M60       |
|      | Schwander Daniel     | 70 | Richterswil   |                          |       |       |        | 569     | M50       |
|      | Sekinger Bruno       | 78 | Zufikon       | SMRUN                    |       |       |        | 572     | M40       |
|      | Zbinden Peter        | 59 | Spiez         | Laufftreff Spiez         |       |       |        | 640     | M60       |

#261 participants