

# 35. Schweizer Frauenlauf Bern 2021

## Ergebnisse

### Running 5km Frauen W50

| Rang | Name                     | Jg | Ort                 | Verein                | Zeit         | Abstand | min/km | Startnr | Overall |
|------|--------------------------|----|---------------------|-----------------------|--------------|---------|--------|---------|---------|
| 1.   | Rüegsegger Sonja         | 70 | Heimberg            | LSV Uetendorf         | <b>21:30</b> |         | 4:17   | 10615   | 12.     |
| 2.   | Zeller Corinne           | 68 | Weissenburg         | LSV Uetendorf/ Miz... | <b>23:00</b> | +1:30   | 4:35   | 50053   | 32.     |
| 3.   | Fischer Susanne          | 70 | Uerkheim            | Crossfire             | <b>23:55</b> | +2:25   | 4:46   | 10145   | 49.     |
| 4.   | Nacht Monika             | 68 | Oberwangen          | Hämpus Laufgruppe     | <b>24:10</b> | +2:40   | 4:49   | 30077   | 53.     |
| 5.   | Widmer Wiltrud           | 67 | Brienz BE           |                       | <b>24:18</b> | +2:48   | 4:51   | 20167   | 57.     |
| 6.   | Rellstab Gfeller Anna    | 70 | Sumiswald           | Anita active          | <b>24:20</b> | +2:50   | 4:51   | 10032   | 60.     |
| 7.   | Ulrich Katharina         | 67 | Worb                |                       | <b>24:29</b> | +2:59   | 4:53   | 20165   | 65.     |
| 8.   | Björnsen Claudia         | 69 | Schlattingen        |                       | <b>24:41</b> | +3:11   | 4:56   | 20524   | 73.     |
| 9.   | Bundi Christina          | 71 | Bern                |                       | <b>25:04</b> | +3:34   | 5:00   | 20776   | 91.     |
| 10.  | Junker Doris             | 71 | Rüfenacht BE        | smrun                 | <b>25:07</b> | +3:37   | 5:01   | 10152   | 93.     |
| 11.  | Yuille Catherine         | 70 | Ittigen             |                       | <b>25:35</b> | +4:05   | 5:06   | 10380   | 114.    |
| 12.  | Aeschlimann Karin Andrea | 71 | Faulensee           |                       | <b>25:40</b> | +4:10   | 5:07   | 10632   | 120.    |
| 13.  | Bundi Annetta            | 71 | Wabern              |                       | <b>26:04</b> | +4:34   | 5:12   | 20775   | 129.    |
| 14.  | Seematter Antoinette     | 69 | Gross               | LL drusberg           | <b>26:11</b> | +4:41   | 5:14   | 30143   | 134.    |
| 15.  | Zinniker Barbara         | 68 | Aarburg             | OLK Wiggertal         | <b>26:22</b> | +4:52   | 5:16   | 30547   | 146.    |
| 16.  | Lüthi Pascale            | 70 | Münchenbuchsee      |                       | <b>26:45</b> | +5:15   | 5:20   | 50068   | 185.    |
| 17.  | Thommen Prisca           | 68 | Hölstein            |                       | <b>26:53</b> | +5:23   | 5:22   | 30146   | 193.    |
| 18.  | Meienhofer Judith        | 67 | Langnau am Albis    | SSC Langnau am Al...  | <b>27:03</b> | +5:33   | 5:24   | 30212   | 207.    |
| 19.  | Werfeli Rahel            | 69 | Olten               |                       | <b>27:09</b> | +5:39   | 5:25   | 21380   | 210.    |
| 20.  | Parpan-Blaser Anne       | 70 | Fribourg            |                       | <b>27:16</b> | +5:46   | 5:27   | 40618   | 219.    |
| 21.  | Gallimore Corinna        | 69 | Jegenstorf          |                       | <b>27:16</b> | +5:46   | 5:27   | 10147   | 220.    |
| 22.  | Jung Trudy               | 68 | Bichwil             | LC Oberdorf           | <b>27:16</b> | +5:46   | 5:27   | 20839   | 222.    |
| 23.  | Gharbi-Zaugg Katrin      | 69 | Estavayer-le-Lac    | Triclub Estabroye     | <b>27:23</b> | +5:53   | 5:28   | 40397   | 226.    |
| 24.  | Dederichs Ursula         | 68 | Thun                | All Blacks Thun       | <b>27:28</b> | +5:58   | 5:29   | 30366   | 229.    |
| 25.  | Schneider Denise         | 69 | Hilterfingen        | All Blacks Thun       | <b>27:35</b> | +6:05   | 5:30   | 20610   | 236.    |
| 26.  | Lüthi Beatrice           | 71 | Gümmenen            |                       | <b>27:51</b> | +6:21   | 5:34   | 30535   | 252.    |
| 27.  | Loosli Sandra            | 68 | Langnau             |                       | <b>27:52</b> | +6:22   | 5:34   | 40268   | 256.    |
| 28.  | Pawluk Katrin            | 71 | Spiegel b. Bern     |                       | <b>28:00</b> | +6:30   | 5:35   | 50020   | 271.    |
| 29.  | Streit Claudia           | 71 | Stettlen            |                       | <b>28:19</b> | +6:49   | 5:39   | 40630   | 295.    |
| 30.  | Jakab Eva                | 70 | Zürich              |                       | <b>28:25</b> | +6:55   | 5:40   | 10353   | 305.    |
| 31.  | Frésard Susi             | 71 | Messen              |                       | <b>28:32</b> | +7:02   | 5:42   | 10346   | 312.    |
| 32.  | Jaberg Therese           | 67 | Belp                |                       | <b>28:33</b> | +7:03   | 5:42   | 40288   | 317.    |
| 33.  | Leuenberger Manuela Eva  | 68 | Bremgarten bei Bern |                       | <b>28:45</b> | +7:15   | 5:44   | 30029   | 339.    |
| 34.  | Gerber Anne              | 68 | Celerina            |                       | <b>28:52</b> | +7:22   | 5:46   | 40346   | 352.    |
| 35.  | Finance Michèle          | 71 | Therwil             |                       | <b>29:09</b> | +7:39   | 5:49   | 21357   | 384.    |
| 36.  | Girardier Annick         | 70 | Zürich              |                       | <b>29:11</b> | +7:41   | 5:50   | 20359   | 388.    |
| 37.  | Lüscher Barbara          | 71 | Herzogenbuchsee     |                       | <b>29:14</b> | +7:44   | 5:50   | 10025   | 390.    |
| 38.  | Eberhard Christa         | 67 | Uttigen             |                       | <b>29:20</b> | +7:50   | 5:52   | 40017   | 408.    |
| 39.  | Arn Monja                | 71 | Moosseedorf         |                       | <b>29:28</b> | +7:58   | 5:53   | 10979   | 419.    |
| 40.  | Studer Franziska         | 68 | Burgdorf            |                       | <b>29:32</b> | +8:02   | 5:54   | 20107   | 430.    |
| 41.  | Mani Susanne             | 68 | Gland               | La Foulée Glandoise   | <b>29:36</b> | +8:06   | 5:55   | 40074   | 442.    |
| 42.  | Angelelli Simone         | 67 | Gurmels             |                       | <b>29:41</b> | +8:11   | 5:56   | 40052   | 450.    |
| 43.  | Tanner-Bieri Claudia     | 67 | Flühli LU           | STV Escholzmatt       | <b>29:41</b> | +8:11   | 5:56   | 21322   | 452.    |
| 44.  | Andrist Suzanne          | 70 | Bern                |                       | <b>29:42</b> | +8:12   | 5:56   | 10084   | 455.    |
| 45.  | Maggiulli Valentina      | 71 | Bern                |                       | <b>29:47</b> | +8:17   | 5:57   | 20055   | 473.    |
| 46.  | Diem Miriam              | 69 | Gümmenen            |                       | <b>29:48</b> | +8:18   | 5:57   | 30059   | 474.    |
| 47.  | Kronenberg Corinna       | 67 | Boll                |                       | <b>29:59</b> | +8:29   | 5:59   | 20294   | 493.    |
| 48.  | Sprenger Monika          | 68 | Bassersdorf         |                       | <b>30:07</b> | +8:37   | 6:01   | 20611   | 508.    |
| 49.  | Künzler Silvia           | 71 | Bern                |                       | <b>30:08</b> | +8:38   | 6:01   | 40265   | 510.    |
| 50.  | Ganz Cornelia            | 68 | Schönenbuch         |                       | <b>30:17</b> | +8:47   | 6:03   | 20531   | 522.    |

# 35. Schweizer Frauenlauf Bern 2021

## Ergebnisse

### Running 5km Frauen W50

| Rang | Name                        | Jg | Ort                | Verein                  | Zeit         | Abstand | min/km | Startnr | Overall |
|------|-----------------------------|----|--------------------|-------------------------|--------------|---------|--------|---------|---------|
| 51.  | Schneeberger Susanne        | 71 | Häfelfingen        |                         | <b>30:19</b> | +8:49   | 6:03   | 30088   | 528.    |
| 52.  | Uhlmann Barbara             | 68 | Bern               |                         | <b>30:32</b> | +9:02   | 6:06   | 20074   | 556.    |
| 53.  | La Marra Tiziana            | 71 | Bremgarten b. Bern |                         | <b>30:33</b> | +9:03   | 6:06   | 40329   | 557.    |
| 54.  | Stucki-Rubin Ursula         | 68 | Münsingen          |                         | <b>30:36</b> | +9:06   | 6:07   | 30219   | 563.    |
| 55.  | Hamel Bettina               | 69 | Riehen             |                         | <b>30:39</b> | +9:09   | 6:07   | 30019   | 570.    |
| 56.  | Ruff Beatrice               | 68 | Langenthal         | LV Langenthal           | <b>31:04</b> | +9:34   | 6:12   | 20877   | 630.    |
| 57.  | Brugnoli Sandra             | 68 | Murten             | ACM                     | <b>31:40</b> | +10:10  | 6:19   | 10590   | 690.    |
| 58.  | Stähli Monika               | 71 | Steffisburg        |                         | <b>31:45</b> | +10:15  | 6:20   | 30218   | 703.    |
| 59.  | Furrer Dagmar               | 67 | Fieschertal        |                         | <b>31:53</b> | +10:23  | 6:22   | 30115   | 718.    |
| 60.  | Dubugnon Chantal            | 70 | Gimel              |                         | <b>31:55</b> | +10:25  | 6:22   | 10740   | 720.    |
| 61.  | Kiefer Martina              | 69 | Ittigen            |                         | <b>31:55</b> | +10:25  | 6:22   | 40532   | 721.    |
| 62.  | Messerli Anita              | 67 | Ringgenberg BE     |                         | <b>31:58</b> | +10:28  | 6:23   | 30125   | 728.    |
| 63.  | Bittel Cathrin              | 68 | Betten             |                         | <b>31:58</b> | +10:28  | 6:23   | 20116   | 729.    |
| 64.  | Bründler Elsbeth            | 69 | Luzern             |                         | <b>32:01</b> | +10:31  | 6:24   | 10591   | 736.    |
| 65.  | Liebold-Wenger Katharina    | 70 | Gerzensee          |                         | <b>32:05</b> | +10:35  | 6:24   | 20953   | 745.    |
| 66.  | Jüni Gaby                   | 68 | Rosshäusern        |                         | <b>32:15</b> | +10:45  | 6:26   | 30528   | 767.    |
| 67.  | Wiedmer Priska              | 70 | Worb               |                         | <b>32:17</b> | +10:47  | 6:27   | 40048   | 768.    |
| 68.  | Thorne Gesine               | 71 | Burgdorf           |                         | <b>32:22</b> | +10:52  | 6:28   | 20883   | 772.    |
| 69.  | Bürgisser Franziska         | 67 | Bischofszell       |                         | <b>32:22</b> | +10:52  | 6:28   | 10485   | 775.    |
| 70.  | Schmitz Bettina             | 71 | Ittigen            |                         | <b>32:23</b> | +10:53  | 6:28   | 10668   | 778.    |
| 71.  | Lötscher Isabella           | 71 | Rubigen            |                         | <b>32:28</b> | +10:58  | 6:29   | 20843   | 789.    |
| 72.  | Meisen Flurina              | 67 | Degersheim         |                         | <b>32:44</b> | +11:14  | 6:32   | 20156   | 810.    |
| 73.  | Bähler-Brasser Monika       | 71 | Gunten             |                         | <b>32:57</b> | +11:27  | 6:35   | 50089   | 841.    |
| 74.  | Fürst-König Miriam          | 71 | Rothrist           | Schule Oftringen        | <b>33:00</b> | +11:30  | 6:35   | 10602   | 849.    |
| 75.  | Erb Sylvia                  | 68 | Münchenbuchsee     |                         | <b>33:02</b> | +11:32  | 6:36   | 10047   | 857.    |
| 76.  | Oberholzer Jolanda          | 67 | Oberkirch          |                         | <b>33:05</b> | +11:35  | 6:36   | 20693   | 865.    |
| 77.  | Pfäffli Regula              | 70 | Aarberg            |                         | <b>33:05</b> | +11:35  | 6:36   | 20403   | 866.    |
| 78.  | Späti Christina             | 71 | Zürich             |                         | <b>33:10</b> | +11:40  | 6:37   | 10932   | 872.    |
| 79.  | Neiger Petra                | 71 | Kägiswil           |                         | <b>33:11</b> | +11:41  | 6:38   | 21312   | 877.    |
| 80.  | Wüthrich Barbara            | 71 | Schüpbach          |                         | <b>33:24</b> | +11:54  | 6:40   | 20459   | 909.    |
| 81.  | Cavalli Michele             | 68 | Füllinsdorf        |                         | <b>33:25</b> | +11:55  | 6:40   | 21434   | 911.    |
| 82.  | Kauz Christine              | 70 | Burgdorf           |                         | <b>33:27</b> | +11:57  | 6:41   | 10296   | 914.    |
| 83.  | Rohrbach Elna               | 68 | Bubendorf          |                         | <b>33:34</b> | +12:04  | 6:42   | 10110   | 926.    |
| 84.  | Rota Fabia                  | 67 | Wangen an der Aare | Laufftreff Wangen an... | <b>33:34</b> | +12:04  | 6:42   | 21083   | 927.    |
| 85.  | Tellenbach-Cassina Ellade   | 71 | Winterthur         |                         | <b>33:38</b> | +12:08  | 6:43   | 21429   | 934.    |
| 86.  | Albert Gisela               | 67 | Bern               |                         | <b>33:51</b> | +12:21  | 6:46   | 10177   | 949.    |
| 87.  | Stammach Verena             | 71 | Münchenbuchsee     |                         | <b>33:56</b> | +12:26  | 6:47   | 10120   | 957.    |
| 88.  | Bieri Susanne               | 70 | Langenthal         | STV Escholzmatt         | <b>34:09</b> | +12:39  | 6:49   | 21293   | 979.    |
| 89.  | Ambuehl Franziska           | 69 | Bern               |                         | <b>34:13</b> | +12:43  | 6:50   | 20124   | 982.    |
| 90.  | Schifferli Katja            | 71 | Liebefeld          |                         | <b>34:27</b> | +12:57  | 6:53   | 20608   | 1003.   |
| 91.  | Wittwer-Lischetti Sandra    | 68 | Wallenbuch         |                         | <b>34:27</b> | +12:57  | 6:53   | 20885   | 1006.   |
| 92.  | Häni Marlene                | 69 | Kirchlindach       |                         | <b>34:37</b> | +13:07  | 6:55   | 30299   | 1029.   |
| 93.  | Burkhalter Esther           | 67 | Langendorf         | Laufftreff Solothurn    | <b>34:42</b> | +13:12  | 6:56   | 21333   | 1037.   |
| 94.  | Marti Monika                | 71 | Hindelbank         |                         | <b>34:43</b> | +13:13  | 6:56   | 10303   | 1040.   |
| 95.  | Bucher Daniela              | 70 | Neerach            |                         | <b>34:45</b> | +13:15  | 6:56   | 10040   | 1042.   |
| 96.  | Müller Claudia              | 70 | Aesch LU           |                         | <b>34:57</b> | +13:27  | 6:59   | 20796   | 1063.   |
| 97.  | Buser Franziska             | 71 | Grindelwald        |                         | <b>34:57</b> | +13:27  | 6:59   | 40060   | 1064.   |
| 98.  | Dannecker Katja             | 71 | Bern               |                         | <b>35:00</b> | +13:30  | 6:59   | 10143   | 1066.   |
| 99.  | Kempf Daniela               | 71 | Gümligen           |                         | <b>35:05</b> | +13:35  | 7:00   | 20293   | 1070.   |
| 100. | Lehmann Hertig Sibylle P... | 67 | Hasle-Rüegsau      |                         | <b>35:30</b> | +14:00  | 7:05   | 20090   | 1096.   |

# 35. Schweizer Frauenlauf Bern 2021

## Ergebnisse

### Running 5km Frauen W50

| Rang | Name                     | Jg | Ort                  | Verein                 | Zeit         | Abstand | min/km | Startnr | Overall |
|------|--------------------------|----|----------------------|------------------------|--------------|---------|--------|---------|---------|
| 101. | Keller Monika            | 69 | Küttigen             |                        | <b>35:37</b> | +14:07  | 7:07   | 40423   | 1111.   |
| 102. | Bühler-Sidler Fänzi      | 68 | Tscherlach           |                        | <b>35:41</b> | +14:11  | 7:08   | 20774   | 1119.   |
| 103. | Schneider Barbara        | 67 | Niederwangen         |                        | <b>35:41</b> | +14:11  | 7:08   | 20804   | 1120.   |
| 104. | Kramer Calabretti Silvia | 71 | Rheinfelden          |                        | <b>35:51</b> | +14:21  | 7:10   | 30160   | 1135.   |
| 105. | Schwendener Nicole       | 68 | Düdingen             |                        | <b>35:53</b> | +14:23  | 7:10   | 10117   | 1138.   |
| 106. | Kühn Ulrike              | 70 | Ostermundigen        | zahnspangen-bern.ch    | <b>36:00</b> | +14:30  | 7:11   | 50070   | 1145.   |
| 107. | Vitaliano Evelyn         | 68 | Matten b. Interlaken |                        | <b>36:10</b> | +14:40  | 7:13   | 40453   | 1159.   |
| 108. | Morf Doris               | 68 | Frenkendorf          |                        | <b>36:13</b> | +14:43  | 7:14   | 50043   | 1162.   |
| 109. | Menzi Ines               | 70 | Giebenach            |                        | <b>36:40</b> | +15:10  | 7:19   | 21435   | 1184.   |
| 110. | Kernen Sabine            | 67 | Bern                 |                        | <b>36:57</b> | +15:27  | 7:23   | 20087   | 1198.   |
| 111. | Santos Africa            | 68 | Untersiggenthal      |                        | <b>36:59</b> | +15:29  | 7:23   | 10074   | 1202.   |
| 112. | Jobin Manuela            | 71 | Gränichen            |                        | <b>37:16</b> | +15:46  | 7:27   | 30276   | 1224.   |
| 113. | Koppitz Verena           | 69 | Bern                 |                        | <b>37:31</b> | +16:01  | 7:30   | 10180   | 1243.   |
| 114. | Brons Eline              | 69 | Malans GR            |                        | <b>37:46</b> | +16:16  | 7:33   | 20719   | 1252.   |
| 115. | Rüfenacht Sonja          | 69 | Burgdorf             |                        | <b>38:02</b> | +16:32  | 7:36   | 20447   | 1265.   |
| 116. | Deppeler-Gfeller Monika  | 68 | Tegerfelden          |                        | <b>38:05</b> | +16:35  | 7:36   | 40154   | 1268.   |
| 117. | Portmann Helene          | 67 | Düdingen             |                        | <b>38:07</b> | +16:37  | 7:37   | 10107   | 1271.   |
| 118. | Kuza Gabi                | 69 | Kerns                | Team FitSport          | <b>38:22</b> | +16:52  | 7:40   | 20565   | 1279.   |
| 119. | Omran-Marty Karin        | 70 | Wislikofen           |                        | <b>38:29</b> | +16:59  | 7:41   | 49283   | 1293.   |
| 120. | Von Gunten Silvia        | 68 | Thun                 | samrun                 | <b>38:34</b> | +17:04  | 7:42   | 40496   | 1294.   |
| 121. | Alder Karin              | 69 | Engelberg            |                        | <b>38:35</b> | +17:05  | 7:42   | 40369   | 1298.   |
| 122. | Imboden Natalie          | 68 | Bern                 |                        | <b>38:38</b> | +17:08  | 7:43   | 10010   | 1299.   |
| 123. | Morach Anita             | 71 | Aarberg              |                        | <b>38:55</b> | +17:25  | 7:46   | 40333   | 1311.   |
| 124. | Schüpbach Gertraud       | 69 | Stettlen             |                        | <b>38:55</b> | +17:25  | 7:46   | 10321   | 1313.   |
| 125. | Aebi Daniela             | 71 | Pany                 |                        | <b>38:58</b> | +17:28  | 7:47   | 20176   | 1316.   |
| 126. | Sturny Sandra            | 69 | Bern                 |                        | <b>40:58</b> | +19:28  | 8:11   | 40406   | 1356.   |
| 127. | Sager Patrizia           | 70 | Bern                 |                        | <b>41:02</b> | +19:32  | 8:12   | 40412   | 1358.   |
| 128. | Rüger Karin              | 70 | Maggingen/Macolin    |                        | <b>41:06</b> | +19:36  | 8:13   | 10472   | 1359.   |
| 129. | Lütolf Sie Regula        | 69 | Spiegel b. Bern      |                        | <b>41:38</b> | +20:08  | 8:19   | 50085   | 1370.   |
| 130. | Malär Andrea             | 71 | Rüti ZH              |                        | <b>42:32</b> | +21:02  | 8:30   | 20545   | 1381.   |
| 131. | Cattin Martina           | 69 | Boudevilliers        |                        | <b>43:26</b> | +21:56  | 8:41   | 30518   | 1389.   |
| 132. | Matthias Heike           | 71 | Bad Nenndorf         | Skigemeinschaft Sch... | <b>43:28</b> | +21:58  | 8:41   | 40027   | 1390.   |
| 133. | Nagel Silke              | 67 | Ostermundigen        |                        | <b>43:42</b> | +22:12  | 8:44   | 10404   | 1393.   |
| 134. | Casciero Bourras Katja   | 69 | Zollikofen           |                        | <b>46:16</b> | +24:46  | 9:15   | 30499   | 1405.   |
| 135. | Schmitt Corinne          | 70 | Olten                |                        | <b>46:53</b> | +25:23  | 9:22   | 10617   | 1411.   |
| 136. | Bosshard Christa         | 71 | Bern                 |                        | <b>49:33</b> | +28:03  | 9:54   | 40394   | 1420.   |
| 137. | Bohren Françoise         | 67 | Diesse               |                        | <b>50:29</b> | +28:59  | 10:05  | 30315   | 1424.   |

### DNS

|                    |    |                      |  |       |
|--------------------|----|----------------------|--|-------|
| Acher Susanne      | 68 | Bonfol / JU          |  | 20567 |
| Suter Sandra       | 70 | Uttigen              |  | 20852 |
| Hofer Monika       | 67 | Schwanden Im Emme... |  | 21074 |
| Krähenbühl Karin   | 70 | Lotzwil              |  | 30159 |
| Ammann Barbara     | 70 | Oberrieden           |  | 30202 |
| Boos Franziska     | 71 | Rüti ZH              |  | 40055 |
| Anderhalden Sandra | 69 | Hochwald             |  | 49007 |
| Bürgi Patricia     | 69 | Jegenstorf           |  | 49054 |
| Flück Astrid       | 67 | Muttenz              |  | 49103 |
| Kaeser Marianne    | 67 | Fribourg             |  | 49197 |
| Läber Yvonne       | 69 | Stansstad            |  | 49232 |

# 35. Schweizer Frauenlauf Bern 2021

## Ergebnisse

### Running 5km Frauen W50

| Rang | Name              | Jg | Ort        | Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|-------------------|----|------------|--------|------|---------|--------|---------|---------|
| DNS  |                   |    |            |        |      |         |        |         |         |
|      | Lüthi Nicole      | 70 | Heimisbach |        |      |         |        | 49248   |         |
|      | Moser Ruth        | 67 | Zürich     |        |      |         |        | 49273   |         |
|      | Rüger Andrea      | 70 | Meiringen  |        |      |         |        | 49334   |         |
|      | Schneiders Priska | 71 | Wald ZH    |        |      |         |        | 49356   |         |
|      | Ziegler Monika    | 67 | Bern       |        |      |         |        | 49440   |         |

#153 Teilnehmende