

Steinhölzlilauflauf 2024

résultats

Overall Hauptlauf Frauen

| rang | nom | an | lieu | club | temps | écart | min/km | dossard | catégorie |
|------|-----------------------------|----|----------------|-------------------------|--------------|--------|--------|---------|-----------|
| 1. | Belay Addisalem | 95 | Passy | Athlé St - Julien 74 | 39:14 | -- | 3:44 | 1132 | F20: 1. |
| 2. | Aebersold Simona | 98 | Brügg BE | OL Biel Seeland | 39:28 | +14 | 3:45 | 6 | F20: 2. |
| 3. | Burch Selina | 97 | Zollikofen | LA Nidwalden/Acher... | 40:09 | +55 | 3:49 | 5 | F20: 3. |
| 4. | Berchtold Rachel | 80 | Bern | | 41:00 | +1:46 | 3:54 | 7 | F40: 1. |
| 5. | Fuhrer Priska | 85 | Bern | LCA Bärn /tripl3.ch | 41:05 | +1:51 | 3:54 | 15 | F30: 1. |
| 6. | Aeschbacher Daniela | 78 | Bärau | TV Länggasse Bern /... | 41:11 | +1:57 | 3:55 | 220 | F40: 2. |
| 7. | Aebi Marion | 93 | Liebefeld | OLG Herzogenbuchs... | 41:16 | +2:02 | 3:55 | 14 | F30: 2. |
| 8. | Mathis Leonie | 06 | Beckenried | OLG Nidwalden+Ob... | 41:33 | +2:19 | 3:57 | 446 | JugA: 1. |
| 9. | Heimlicher Teres | 85 | Rechthalten | Athletic Team Recht... | 42:26 | +3:12 | 4:02 | 366 | F30: 3. |
| 10. | Meili Rahel | 90 | Liebefeld | STB Leichtathletik | 42:43 | +3:29 | 4:04 | 11 | F30: 4. |
| 11. | Fischer-Schertenleib Mic... | 91 | Bern | | 43:40 | +4:26 | 4:09 | 326 | F30: 5. |
| 12. | Hüppi Linda | 88 | Brügg BE | Jogging Biel-Bienne... | 44:18 | +5:04 | 4:13 | 381 | F30: 6. |
| 13. | Hannesen Nafissa | 73 | Marly | CA Marly / smrun | 44:41 | +5:27 | 4:15 | 358 | F50: 1. |
| 14. | Haueter Ines | 70 | Riedholz | | 45:08 | +5:54 | 4:17 | 363 | F50: 2. |
| 15. | Lüthi Jasmin | 93 | Bellach | | 46:10 | +6:56 | 4:23 | 434 | F30: 7. |
| 16. | Mathis Aline | 03 | Beckenried | OLG Nidwalden+Ob... | 46:14 | +7:00 | 4:24 | 445 | F20: 4. |
| 17. | Kuster Claudia | 81 | Liebefeld | | 46:25 | +7:11 | 4:25 | 414 | F40: 3. |
| 18. | Abgottspon Chantal | 90 | Biel/Bienne | | 46:27 | +7:13 | 4:25 | 217 | F30: 8. |
| 19. | Rohrbach Manuela | 77 | Wabern | STB Running | 46:45 | +7:31 | 4:27 | 517 | F40: 4. |
| 20. | Schär Natascha | 82 | Oberbipp | Laufftreff Wangen an... | 46:46 | +7:32 | 4:27 | 539 | F40: 5. |
| 21. | Aeberhard Andrea | 76 | Bern | STB | 47:32 | +8:18 | 4:31 | 219 | F40: 6. |
| 22. | Pape Juillard Chantal | 71 | Damvant | FSG ALLE | 47:41 | +8:27 | 4:32 | 1146 | F50: 3. |
| 23. | Ulmer Cornelia | 83 | Steffisburg | All blacks thun | 47:57 | +8:43 | 4:33 | 605 | F40: 7. |
| 24. | Nussbaumer Yvonne | 84 | Wiedlisbach | Laufftreff Wangen an... | 48:17 | +9:03 | 4:35 | 481 | F40: 8. |
| 25. | Probst Sophie | 00 | Bern | | 48:19 | +9:05 | 4:36 | 495 | F20: 5. |
| 26. | Kaufmann Monika | 58 | Muhlen | smrun | 48:42 | +9:28 | 4:38 | 1160 | F60: 1. |
| 27. | Traina Manuela | 82 | Schwarzsee | Athletic Team Recht... | 48:51 | +9:37 | 4:39 | 1135 | F40: 9. |
| 28. | Pihlajaviita-Gugel Sariitta | 69 | Belp | Interbroc | 49:14 | +10:00 | 4:41 | 490 | F50: 4. |
| 29. | Rieder Corina | 96 | Liebefeld | | 49:27 | +10:13 | 4:42 | 514 | F20: 6. |
| 30. | Tanner Christine | 64 | Azmoos | Lauf-Treff Buchs / s... | 49:58 | +10:44 | 4:45 | 594 | F60: 2. |
| 31. | Schmid Dajana | 87 | Köniz | | 50:05 | +10:51 | 4:46 | 552 | F30: 9. |
| 32. | Bärtschi Doris | 79 | Mühleberg | TSV Frauenkappelen... | 50:08 | +10:54 | 4:46 | 101 | F40: 10. |
| 33. | Borner Rebecca | 92 | Aarau | | 50:40 | +11:26 | 4:49 | 265 | F30: 10. |
| 34. | de Brot Simone | 82 | Bern | | 50:42 | +11:28 | 4:49 | 301 | F40: 11. |
| 35. | Frias Annic | 99 | Lätti | STB Leichtathletik | 51:00 | +11:46 | 4:51 | 331 | F20: 7. |
| 36. | Möllers Annika | 96 | Bern | | 51:00 | +11:46 | 4:51 | 461 | F20: 8. |
| 37. | Buob Priska | 62 | Luzern | WeRun Luzern / FRI... | 51:57 | +12:43 | 4:56 | 278 | F60: 3. |
| 38. | Keller Jacqueline | 62 | Gebenstorf | sm run / LG Horn | 52:59 | +13:45 | 5:02 | 1164 | F60: 4. |
| 39. | Lehmann Sandra | 84 | Jegenstorf | STB | 52:59 | +13:45 | 5:02 | 420 | F40: 12. |
| 40. | Dürst Stucki Mirjam | 83 | Bern | | 53:13 | +13:59 | 5:04 | 117 | F40: 13. |
| 41. | Kuhn Jaël | 04 | Köniz | LCA Bern | 53:29 | +14:15 | 5:05 | 408 | F20: 9. |
| 42. | Ummel Susanne | 59 | Suhr | smrun | 54:00 | +14:46 | 5:08 | 607 | F60: 5. |
| 43. | Remy-De Vito Giuseppina | 59 | Marly | smrun | 54:20 | +15:06 | 5:10 | 509 | F60: 6. |
| 44. | Hess Sarah | 93 | Münchenbuchsee | | 54:56 | +15:42 | 5:13 | 1186 | F30: 11. |
| 45. | Hänzi Rhea | 98 | Meikirch | | 54:59 | +15:45 | 5:14 | 361 | F20: 10. |
| 46. | Huser Bea | 67 | Luzern | trail-maniacs | 55:10 | +15:56 | 5:15 | 382 | F50: 5. |
| 47. | Moser Balmer Mirjam | 77 | Bern | STB B | 55:14 | +16:00 | 5:15 | 466 | F40: 14. |
| 48. | Stengel Ann-Katrin | 80 | Wabern | | 55:17 | +16:03 | 5:15 | 137 | F40: 15. |
| 49. | Zuber Helen | 61 | St. Gallen | sm run, lc uzwil | 55:21 | +16:07 | 5:16 | 645 | F60: 7. |
| 50. | Baumgartner Stefanie | 74 | Bern | STB | 55:23 | +16:09 | 5:16 | 250 | F50: 6. |

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Overall Hauptlauf Frauen

| rang | nom | an | lieu | club | temps | écart | min/km | dossard | catégorie |
|------|------------------------|----|--------------|-------------------------|----------------|--------|--------|---------|-----------|
| 51. | Caluori Seraina | 03 | Liebefeld | | 55:37 | +16:23 | 5:17 | 1128 | F20: 11. |
| 52. | Ruffiner Caroline | 88 | Saas-Grund | STB B | 55:41 | +16:27 | 5:18 | 1161 | F30: 12. |
| 53. | Delgado Fatima | 83 | Wikon | | 55:53 | +16:39 | 5:19 | 303 | F40: 16. |
| 54. | Schneider Osman Carole | 72 | Bern | | 56:16 | +17:02 | 5:21 | 559 | F50: 7. |
| 55. | Lüthi Lara Milena | 91 | Zürich | | 56:16 | +17:02 | 5:21 | 436 | F30: 13. |
| 56. | Messer Sandra | 87 | Gampelen | trip13.ch | 56:23 | +17:09 | 5:22 | 453 | F30: 14. |
| 57. | Wüthrich Leonie | 98 | Uttigen | | 57:00 | +17:46 | 5:25 | 636 | F20: 12. |
| 58. | Chheng Sovary | 83 | Bern | | 57:03 | +17:49 | 5:25 | 293 | F40: 17. |
| 59. | Ruckstuhl Christina | 96 | Zürich | | 57:11 | +17:57 | 5:26 | 524 | F20: 13. |
| 60. | Graf Anne-Sophie | 96 | Bern | | 57:13 | +17:59 | 5:26 | 344 | F20: 14. |
| 61. | Spahr Annina | 91 | Münsingen | | 57:25 | +18:11 | 5:28 | 579 | F30: 15. |
| 62. | Truttmann Regula | 76 | Bern | | 57:37 | +18:23 | 5:29 | 602 | F40: 18. |
| 63. | Bernhard Esther | 65 | Schlieren | | 57:39 | +18:25 | 5:29 | 103 | F50: 8. |
| 64. | Berger Helena | 75 | Bern | | 57:46 | +18:32 | 5:30 | 1162 | F40: 19. |
| 65. | Minder Sabrina | 93 | Münsingen | | 57:51 | +18:37 | 5:30 | 459 | F30: 16. |
| 66. | Bühlmann Rahel | 80 | Bern | STB B | 57:54 | +18:40 | 5:30 | 277 | F40: 20. |
| 67. | Koller Susanne | 75 | Zug | sm run | 57:57 | +18:43 | 5:31 | 401 | F40: 21. |
| 68. | Thiel Anja | 85 | Bern | | 57:58 | +18:44 | 5:31 | 598 | F30: 17. |
| 69. | Hess Dominique | 87 | Liebefeld | Buschweg Bienis | 58:10 | +18:56 | 5:32 | 369 | F30: 18. |
| 70. | Junker Doris | 71 | Rüfenacht BE | smrun | 58:24 | +19:10 | 5:33 | 389 | F50: 9. |
| 71. | Lörtscher Jennifer | 98 | Bern | | 58:26 | +19:12 | 5:33 | 432 | F20: 15. |
| 72. | Schultheiss Mathilda | 94 | Ponthaux | | 58:27 | +19:13 | 5:33 | 1103 | F30: 19. |
| 73. | Ledniowska Malwina | 87 | Bern | | 58:28 | +19:14 | 5:34 | 418 | F30: 20. |
| 74. | Bur Sereina | 76 | Bern | | 58:39 | +19:25 | 5:35 | 107 | F40: 22. |
| 75. | Kneubühl Sara | 01 | Schliern | | 58:46 | +19:32 | 5:35 | 396 | F20: 16. |
| 76. | Rutschmann Kim | 05 | Berikon | | 59:03 | +19:49 | 5:37 | 528 | JugA: 2. |
| 77. | Schenk Therese | 57 | Steffisburg | Laufteam Thun | 59:14 | +20:00 | 5:38 | 543 | F60: 8. |
| 78. | Wolf Michelle | 93 | Bern | | 59:30 | +20:16 | 5:39 | 141 | F30: 21. |
| 79. | Jakob Monica | 81 | Liebefeld | | 59:37 | +20:23 | 5:40 | 386 | F40: 23. |
| 80. | Kilchenmann Muriel | 97 | Bern | STB | 1:00:00 | +20:46 | 5:42 | 1122 | F20: 17. |
| 81. | Birrer Gaby | 50 | Nidau | Jogging Biel-Bienne... | 1:00:09 | +20:55 | 5:43 | 254 | F70: 1. |
| 82. | Ehimare Widmer Brave | 75 | Schöftland | | 1:00:46 | +21:32 | 5:47 | 313 | F40: 24. |
| 83. | Schuhmann Elsbeth | 66 | Merligen | | 1:00:46 | +21:32 | 5:47 | 565 | F50: 10. |
| 84. | Grossmann Tanja | 92 | Luzern, LU | | 1:00:48 | +21:34 | 5:47 | 349 | F30: 22. |
| 85. | Baer Ursula | 67 | Hägendorf | smrun | 1:00:54 | +21:40 | 5:47 | 237 | F50: 11. |
| 86. | Saner Wanda | 72 | Wabern | STB Running C | 1:00:59 | +21:45 | 5:48 | 530 | F50: 12. |
| 87. | Niederhauser Maja | 78 | Langenthal | 4feet der Bernerlauf... | 1:01:03 | +21:49 | 5:48 | 133 | F40: 25. |
| 88. | Waber Sarah | 00 | Bern | | 1:01:22 | +22:08 | 5:50 | 623 | F20: 18. |
| 89. | Wittwer Nadine | 92 | Wabern | trail-maniacs | 1:01:40 | +22:26 | 5:52 | 633 | F30: 23. |
| 90. | Bouquet Christiane | 63 | Ste-Croix | | 1:01:52 | +22:38 | 5:53 | 268 | F60: 9. |
| 91. | Meier Eveline | 79 | Lengnau BE | Free Runners Grenc... | 1:02:06 | +22:52 | 5:54 | 449 | F40: 26. |
| 92. | Meyer-Wilmes Christel | 64 | Münsingen | Laufteam Münsingen | 1:02:13 | +22:59 | 5:55 | 456 | F60: 10. |
| 93. | Kronenberg Gina | 92 | Willisau | | 1:02:36 | +23:22 | 5:57 | 405 | F30: 24. |
| 94. | Fasel Denise | 75 | Liebefeld | | 1:02:57 | +23:43 | 5:59 | 322 | F40: 27. |
| 95. | Schibli Gaby | 53 | Steg VS | | 1:03:12 | +23:58 | 6:01 | 548 | F70: 2. |
| 96. | Degoumois Morgane | 05 | Meyriez | | 1:03:22 | +24:08 | 6:02 | 302 | JugA: 3. |
| 97. | Levina Tatiana | 80 | Zollikon | smrun | 1:04:08 | +24:54 | 6:06 | 425 | F40: 28. |
| 98. | Ledermann Livia | 97 | Zollikofen | | 1:04:14 | +25:00 | 6:06 | 417 | F20: 19. |
| 99. | Engammare Valérie | 79 | Bern | | 1:04:23 | +25:09 | 6:07 | 318 | F40: 29. |
| 100. | Pruneddu Marta | 79 | Muri b. Bern | | 1:04:24 | +25:10 | 6:07 | 496 | F40: 30. |

Steinhölzlilaufl 2024

résultats

Overall Hauptlauf Frauen

| rang | nom | an | lieu | club | temps | écart | min/km | dossard | catégorie |
|------|---------------------------|----|-----------------|-------------------------|----------------|--------|--------|---------|-----------|
| 101. | Amacher Nadine | 91 | Bern | | 1:04:30 | +25:16 | 6:08 | 225 | F30: 25. |
| 102. | Schneider Denise | 69 | Hilterfingen | all blacks thun | 1:04:33 | +25:19 | 6:08 | 557 | F50: 13. |
| 103. | Häubi Jela | 96 | Niederwangen BE | | 1:04:34 | +25:20 | 6:08 | 362 | F20: 20. |
| 104. | Sommer Christelle | 86 | Bern | | 1:04:49 | +25:35 | 6:10 | 1190 | F30: 26. |
| 105. | Hofer Ramona | 88 | Aarwangen | | 1:05:20 | +26:06 | 6:13 | 374 | F30: 27. |
| 106. | Anderegg Ramona | 89 | Aarwangen | | 1:05:20 | +26:06 | 6:13 | 228 | F30: 28. |
| 107. | Schaub Claudia | 69 | Winterthur | smrun | 1:06:04 | +26:50 | 6:17 | 540 | F50: 14. |
| 108. | Roth Seraina | 83 | Liebefeld | | 1:06:13 | +26:59 | 6:18 | 520 | F40: 31. |
| 109. | Rutschmann Pia | 08 | Berikon | | 1:06:22 | +27:08 | 6:19 | 529 | JugA: 4. |
| 110. | Acher Susanne | 68 | Lyss | | 1:07:07 | +27:53 | 6:23 | 218 | F50: 15. |
| 111. | El Jaddar Marlis | 76 | Liestal | | 1:08:17 | +29:03 | 6:30 | 317 | F40: 32. |
| 112. | Cesare Daniela Spyridoula | 72 | Adliswil | smrun / SSC Sihltale... | 1:09:10 | +29:56 | 6:35 | 288 | F50: 16. |
| 113. | Pinho Christine | 70 | Farvagny | smrun | 1:09:27 | +30:13 | 6:36 | 491 | F50: 17. |
| 114. | Scheuss Evelyne | 55 | Däniken | LG Niederamt/smrun | 1:14:34 | +35:20 | 7:06 | 1137 | F60: 11. |
| 115. | Tan Siew | 46 | Dietikon | smrun | 1:17:30 | +38:16 | 7:22 | 593 | F70: 3. |

Runde 1

| | | | | | | | | | |
|------|----------------|----|-----------------|----------------------|--------------|-------|------|-----|----------|
| 116. | Sestito Luzia | 69 | Untersiggenthal | sitzstudio.ch, smrun | 17:04 | +4:01 | 4:52 | 573 | F50: 18. |
| 117. | Bangerter Maja | 75 | Neuenegg | | 22:09 | +9:06 | 6:19 | 245 | F40: 33. |

DNS

| | | | | | | | | | |
|--------------------|----|-----------------|-----------------|--|--|--|--|------|------|
| Merlin Chloe | 85 | Münsingen | | | | | | 201 | F30 |
| Flessenkämper Maud | 98 | Bern | | | | | | 328 | F20 |
| Haas Rita | 90 | Niederwangen BE | | | | | | 355 | F30 |
| Jarmicki Leonie | 09 | Matten | TV Matten | | | | | 387 | JugA |
| Minnier Mirjam | 78 | Bätterkinden | | | | | | 460 | F40 |
| Quinche Isabelle | 88 | Köniz | | | | | | 500 | F30 |
| Schädeli Jana | 96 | Münchenbuchsee | | | | | | 532 | F20 |
| Scheuner Daniela | 82 | Dieterswil | | | | | | 545 | F40 |
| Vogel Sara-Maria | 02 | Glis | LC Scharnachtal | | | | | 611 | F20 |
| Clemetson Caroline | 76 | Bern | | | | | | 1125 | F40 |

#127 participants