

10km SM Uster 2019

results

Startzeit 16:30 Männlich

Diese Liste ist inoffiziell und gibt nur den Einlauf der entsprechenden Startgruppe wieder!

| rank | lastname | firstname | yob | Nat | Verein/Ort | time | diff | min/k | racenum | age group |
|------|---------------|-----------|-----|-----|---------------------------|--------------|-------|-------|---------|-------------|
| 1. | Mahamad | Husein | 96 | ETH | LG TSV Galgenen | 33:04 | | 3:18 | 402 | M: 47. |
| 2. | Abächerli | Andreas | 85 | SUI | Ueli Koch Laufsport | 34:00 | +56 | 3:23 | 102 | M: 75. |
| 3. | Kastu | Jussi | 80 | SUI | CCC | 34:11 | +1:07 | 3:24 | 349 | M35: 10. |
| 4. | Van Der Zon | Peter | 91 | NED | LR Gettnau | 34:17 | +1:13 | 3:25 | 625 | M: 83. |
| 5. | Meyer | Cedric | 98 | SUI | LG TSV Galgenen | 34:27 | +1:23 | 3:26 | 430 | M: 85. |
| 6. | Kalab | Heyleab | 96 | ERI | LAC TV Unterstrass | 34:32 | +1:28 | 3:26 | 343 | M: 87. |
| 7. | Cavadini | Enrico | 68 | SUI | Runner's Club Bellinzona | 34:33 | +1:29 | 3:27 | 831 | M50: 3. |
| 8. | Hüsler | Stefan | 79 | SUI | LC Schaffhausen | 34:43 | +1:39 | 3:27 | 813 | M40: 10. |
| 9. | Lustenberger | Richard | 98 | SUI | TG Hütten | 34:44 | +1:40 | 3:28 | 400 | M: 91. |
| 10. | Villiger | Roman | 89 | SUI | team professional | 34:50 | +1:46 | 3:28 | 626 | M: 92. |
| 11. | Schneble | Gerhard | 69 | GER | TV Gailingen | 34:54 | +1:50 | 3:29 | 867 | M50: 4. |
| 12. | Arnold | Lukas | 94 | SUI | LR Gettnau | 35:06 | +2:02 | 3:30 | 126 | M: 97. |
| 13. | Renggli | Tobias | 03 | SUI | LR Ebikon | 35:17 | +2:13 | 3:31 | 494 | MJ U20: 13. |
| 14. | Van Den Ende | Joost | 88 | NED | LC Basel | 35:31 | +2:27 | 3:32 | 622 | M: 100. |
| 15. | Witschi | Sébastien | 95 | SUI | FSG Alle | 35:36 | +2:32 | 3:33 | 655 | M: 101. |
| 16. | De Cristofano | Salvatore | 77 | ITA | Swiss master running | 35:38 | +2:34 | 3:33 | 803 | M40: 12. |
| 17. | Feuz | Thomas | 77 | SUI | All Blacks Thun | 35:44 | +2:40 | 3:34 | 229 | M40: 13. |
| 18. | Epp | Pius | 85 | SUI | Gerbersport | 35:45 | +2:41 | 3:34 | 807 | M: 104. |
| 19. | Stadelmann | Claude | 81 | SUI | (Pleigne) | 35:55 | +2:51 | 3:35 | 574 | M35: 19. |
| 20. | Christen | Isidor | 66 | SUI | LR Gettnau | 35:58 | +2:54 | 3:35 | 188 | M50: 6. |
| 21. | Tschudi | Christian | 91 | SUI | Tempo-Sport bikespeed.ch | 36:02 | +2:58 | 3:35 | 611 | M: 107. |
| 22. | Elvedi | Flavio | 83 | SUI | LR Gettnau | 36:08 | +3:04 | 3:36 | 219 | M35: 20. |
| 23. | Bernardi | Tazio | 93 | SUI | ST Bern Leichtathletik | 36:11 | +3:07 | 3:36 | 147 | M: 110. |
| 24. | Althaus | Reto | 74 | SUI | (Zürich) | 36:12 | +3:08 | 3:36 | 115 | M45: 5. |
| 25. | Heutschi | Tobias | 92 | SUI | (Menziken) | 36:13 | +3:09 | 3:36 | 852 | M: 113. |
| 26. | Heller | Luca | 94 | SUI | LAG Gossau | 36:13 | +3:09 | 3:36 | 304 | M: 112. |
| 27. | Amrein | Manuel | 00 | SUI | LR Gettnau | 36:17 | +3:13 | 3:37 | 117 | MJ U20: 16. |
| 28. | Scriba | Holger | 82 | SUI | LAC TV Unterstrass | 36:17 | +3:13 | 3:37 | 556 | M35: 21. |
| 29. | Zraggen | Aldo | 83 | SUI | LC Dübendorf | 36:22 | +3:18 | 3:37 | 671 | M35: 22. |
| 30. | Studer | Daniel | 85 | SUI | (Grüningen) | 36:29 | +3:25 | 3:38 | 835 | M: 115. |
| 31. | Schärer | Georg | 78 | SUI | BTV Aarau | 36:33 | +3:29 | 3:38 | 525 | M40: 14. |
| 32. | Genovese | Gaetano | 59 | SUI | RC Bellinzona | 36:37 | +3:33 | 3:39 | 262 | M60: 1. |
| 33. | Rotzetter | Marc | 00 | SUI | Athletic Team Rechthalten | 36:39 | +3:35 | 3:39 | 507 | MJ U20: 19. |
| 34. | Roth | Basil | 76 | SUI | LAC TV Unterstrass | 36:41 | +3:37 | 3:39 | 506 | M40: 15. |
| 35. | Leibundgut | Fritz | 65 | SUI | Lauftreff Spiez | 36:44 | +3:40 | 3:40 | 388 | M50: 7. |
| 36. | Färber | Philipp | 66 | SUI | LC Meilen | 36:47 | +3:43 | 3:40 | 860 | M50: 8. |
| 37. | Seiler | Marcel | 69 | SUI | TV Ringgenberg | 36:49 | +3:45 | 3:40 | 558 | M50: 9. |
| 38. | Alonso | David | 89 | SUI | AIN-EST ATHLETISME | 36:49 | +3:45 | 3:40 | 114 | M: 118. |
| 39. | Kienle | Ralph | 71 | SUI | TV Länggasse | 36:52 | +3:48 | 3:40 | 358 | M45: 6. |
| 40. | Nussbaum | Simon | 03 | SUI | White Tigers | 36:54 | +3:50 | 3:41 | 458 | MJ U20: 20. |
| 41. | Blättler | Beat | 76 | SUI | LACTV Unterstrass | 36:56 | +3:52 | 3:41 | 155 | M40: 16. |
| 42. | Deiss | Yanik | 01 | SUI | LC Meilen | 37:05 | +4:01 | 3:42 | 204 | MJ U20: 21. |
| 43. | Peter | Peter | 66 | SUI | LC Meilen / smrun | 37:07 | +4:03 | 3:42 | 862 | M50: 10. |
| 44. | Alcalà | Adrià | 91 | ESP | LV Langenthal | 37:11 | +4:07 | 3:42 | 111 | M: 123. |
| 45. | Lüthi | Mike | 87 | SUI | LC Uster | 37:12 | +4:08 | 3:42 | 818 | M: 124. |
| 46. | Michel | Andrew | 89 | GBR | (Horgen) | 37:13 | +4:09 | 3:42 | 432 | M: 122. |
| 47. | Eggimann | Andreas | 82 | SUI | (Zürich) | 37:16 | +4:12 | 3:42 | 805 | M35: 23. |
| 48. | Carsten | Drilling | 72 | GER | TVL Bern | 37:18 | +4:14 | 3:43 | 181 | M45: 7. |
| 49. | Füglister | Dominik | 88 | SUI | LC Dübendorf | 37:23 | +4:19 | 3:43 | 864 | M: 125. |

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| rank | lastname | firstname | yob | Nat | Verein/Ort | time | diff | min/k | racenum | age group |
|------|-------------|---------------|-----|-----|-----------------------|--------------|-------|-------|---------|-------------|
| 50. | Kaufmann | Roger | 74 | SUI | LC Uster | 37:33 | +4:29 | 3:44 | 815 | M45: 8. |
| 51. | Uehle | Florian | 82 | SUI | Time Out Uster | 37:36 | +4:32 | 3:45 | 612 | M35: 24. |
| 52. | Kartje | Aaron | 00 | GER | TV Riehen | 37:38 | +4:34 | 3:45 | 348 | MJ U20: 22. |
| 53. | Roy | Alexandre | 82 | SUI | YanOrlandiRun | 37:44 | +4:40 | 3:45 | 508 | M35: 25. |
| 54. | Zeller | Yannick | 99 | SUI | gerbersport | 37:48 | +4:44 | 3:46 | 670 | M: 127. |
| 55. | Oser | Sven | 79 | SUI | LCB | 37:50 | +4:46 | 3:46 | 469 | M40: 17. |
| 56. | Koller | Stefan | 75 | SUI | Team CB | 37:55 | +4:51 | 3:47 | 817 | M40: 18. |
| 57. | Wyss | Markus | 70 | SUI | (Koppigen) | 37:57 | +4:53 | 3:47 | 665 | M45: 9. |
| 58. | Mozzini | Luca | 71 | SUI | RC Bellinzona | 38:00 | +4:56 | 3:47 | 443 | M45: 10. |
| 59. | Mattes | Martin | 65 | SUI | (Zürich) | 38:06 | +5:02 | 3:48 | 820 | M50: 11. |
| 60. | Brun | Hanspeter | 57 | SUI | LC Uster | 38:06 | +5:02 | 3:48 | 170 | M60: 2. |
| 61. | Strassmann | Nils | 93 | SUI | LAR TV Windisch | 38:08 | +5:04 | 3:48 | 585 | M: 129. |
| 62. | Stutz | Jan | 89 | SUI | TV Oerlikon | 38:13 | +5:09 | 3:48 | 592 | M: 130. |
| 63. | Keller | Alain | 68 | SUI | TV Länggasse Bern | 38:18 | +5:14 | 3:49 | 354 | M50: 12. |
| 64. | Gerber | Roger | 70 | SUI | Team Emmenlauf | 38:22 | +5:18 | 3:49 | 263 | M45: 11. |
| 65. | Gründler | Jonas | 94 | SUI | LC Uster | 38:22 | +5:18 | 3:49 | 281 | M: 131. |
| 66. | De Bellis | François | 53 | SUI | Swiss Masters Running | 38:23 | +5:19 | 3:50 | 200 | M65: 1. |
| 67. | Inauen | Dylan | 02 | SUI | Ic Brühl | 38:24 | +5:20 | 3:49 | 325 | MJ U20: 23. |
| 68. | Pravato | David | 72 | SUI | LAC TV Unterstrass | 38:24 | +5:20 | 3:49 | 485 | M45: 12. |
| 69. | Kammer | Adrian | 81 | SUI | LC Uster | 38:30 | +5:26 | 3:50 | 863 | M35: 26. |
| 70. | Fässler | Philipp | 74 | SUI | (Zürich) | 38:33 | +5:29 | 3:50 | 225 | M45: 14. |
| 71. | Günter | Stéphane | 72 | SUI | (Einigen) | 38:35 | +5:31 | 3:50 | 287 | M45: 13. |
| 72. | Bognanni | Luigi | 68 | ITA | tvu | 38:38 | +5:34 | 3:50 | 160 | M50: 13. |
| 73. | Schilling | Bernhard | 85 | SUI | TV Oerlikon | 38:41 | +5:37 | 3:51 | 531 | M: 132. |
| 74. | Uebersax | Dan | 69 | SUI | MegaJoule / smrun | 38:44 | +5:40 | 3:51 | 825 | M50: 14. |
| 75. | Lochmann | Thomas | 65 | SUI | LC Basel | 38:44 | +5:40 | 3:51 | 395 | M50: 15. |
| 76. | Kummer | David Florian | 01 | SUI | LV Langenthal | 38:45 | +5:41 | 3:52 | 371 | MJ U20: 24. |
| 77. | Bergmann | David | 01 | SUI | LV Albis | 38:49 | +5:45 | 3:52 | 146 | MJ U20: 25. |
| 78. | Elmer | Hannes | 89 | SUI | LAV Glarus | 38:49 | +5:45 | 3:52 | 851 | M: 134. |
| 79. | Blöchlinger | Michael | 77 | SUI | LC Uster | 38:50 | +5:46 | 3:52 | 158 | M40: 20. |
| 80. | Simoës | José Carlos | 59 | SUI | (Thônex) | 38:52 | +5:48 | 3:52 | 566 | M60: 3. |
| 81. | Deiss | Morris | 03 | SUI | (Hombrechtikon) | 38:55 | +5:51 | 3:53 | 203 | MJ U20: 26. |
| 82. | Pileggi | Andrea | 64 | ITA | SMRUN | 39:00 | +5:56 | 3:53 | 477 | M55: 3. |
| 83. | Clarysse | Bart | 69 | BEL | (Gockhausen) | 39:02 | +5:58 | 3:53 | 189 | M50: 16. |
| 84. | Cabdi | Maxamed Adan | 01 | ETH | TV Unterstrasse | 39:06 | +6:02 | 3:53 | 176 | MJ U20: 27. |
| 85. | Furrer | Michael | 80 | SUI | Trigether | 39:09 | +6:05 | 3:54 | 252 | M35: 27. |
| 86. | Schmid | Andreas | 65 | SUI | BTV Chur | 39:12 | +6:08 | 3:54 | 535 | M50: 17. |
| 87. | Gigon | Marc | 97 | SUI | FSG Alle | 39:12 | +6:08 | 3:54 | 267 | M: 135. |
| 88. | Schreiber | Simon | 73 | SUI | LAC TV Unterstrass | 39:13 | +6:09 | 3:54 | 549 | M45: 15. |
| 89. | Lerch | Alfred | 79 | SUI | GAB Bellinzona | 39:15 | +6:11 | 3:55 | 391 | M40: 21. |
| 90. | Callura | Arnoldo | 67 | SUI | (Ottenbach) | 39:15 | +6:11 | 3:55 | 873 | M50: 18. |
| 91. | Kägi | André | 64 | SUI | LAC TV Unterstrass | 39:24 | +6:20 | 3:55 | 341 | M55: 4. |
| 92. | Camiu | Roger | 84 | SUI | LC Zürich | 39:27 | +6:23 | 3:55 | 179 | M35: 28. |
| 93. | Weber | Raphael | 91 | SUI | (Langnau am Albis) | 39:33 | +6:29 | 3:56 | 853 | M: 136. |
| 94. | Hügli | Lukas | 99 | SUI | LV Langenthal | 39:33 | +6:29 | 3:56 | 318 | M: 137. |
| 95. | Pagani | Livio | 82 | SUI | GSFM/SMRUN | 39:35 | +6:31 | 3:56 | 470 | M35: 29. |
| 96. | Dambach | René | 69 | SUI | TV Oerlikon | 39:39 | +6:35 | 3:57 | 195 | M50: 19. |
| 97. | Krauer | Nicolas | 81 | SUI | 1981 | 39:39 | +6:35 | 3:57 | 369 | M35: 30. |
| 98. | Bossard | Thomas | 72 | SUI | LAC TV Unterstrass | 39:45 | +6:41 | 3:57 | 166 | M45: 16. |

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|------|--------------|--------------|-----|-----|---------------------------------|--------------|--------|-------|---------|-------------|
| 99. | Alaux | Timothée | 90 | GER | (Zürich) | 39:46 | +6:42 | 3:57 | 109 | M: 138. |
| 100. | Frey | Urs | 45 | SUI | (Riehen) | 39:47 | +6:43 | 3:58 | 245 | M70: 1. |
| 101. | Mosimann | Walter | 64 | SUI | Salming Athlet | 39:51 | +6:47 | 3:58 | 441 | M55: 5. |
| 102. | Hindermann | Marco | 89 | SUI | (Winterthur) | 40:01 | +6:57 | 3:59 | 307 | M: 139. |
| 103. | Czap | Mark | 86 | HUN | (Walenstadt) | 40:04 | +7:00 | 3:59 | 193 | M: 140. |
| 104. | Denoth | Roman | 78 | SUI | LAC TV Unterstrass | 40:04 | +7:00 | 3:59 | 206 | M40: 22. |
| 105. | Bekk | Oscar | 66 | SUI | LAC TVU | 40:07 | +7:03 | 4:00 | 142 | M50: 20. |
| 106. | Oppliger | Rolf | 71 | SUI | (Oberlunkhofen) | 40:08 | +7:04 | 3:59 | 467 | M45: 17. |
| 107. | Christen | Cedric | 93 | SUI | Hobbyverein | 40:09 | +7:05 | 4:00 | 187 | M: 141. |
| 108. | Fusco | Ivano | 78 | ITA | VC Bubendorf | 40:16 | +7:12 | 4:00 | 254 | M40: 23. |
| 109. | Gerber | Tobias | 03 | SUI | LC Brühl Leichtathletik | 40:17 | +7:13 | 4:01 | 264 | MJ U20: 28. |
| 110. | Probst | David | 97 | SUI | AC Murten | 40:20 | +7:16 | 4:01 | 875 | M: 143. |
| 111. | Chassot | Frédéric | 89 | SUI | Monsieur | 40:21 | +7:17 | 4:01 | 184 | M: 145. |
| 112. | Sidler | Sepp | 57 | SUI | LT Einsiedeln | 40:24 | +7:20 | 4:01 | 564 | M60: 4. |
| 113. | Stutz | Julian | 91 | SUI | (Carona) | 40:25 | +7:21 | 4:01 | 593 | M: 144. |
| 114. | Bizzozero | Paolo | 87 | DJI | Freeradicals | 40:40 | +7:36 | 4:03 | 829 | M: 146. |
| 115. | Büchler | Markus | 86 | SUI | TriRebels Suisse | 40:40 | +7:36 | 4:03 | 173 | M: 147. |
| 116. | Halter | Fabio | 04 | SUI | LC Brühl Leichtathletik | 40:42 | +7:38 | 4:03 | 297 | MJ U20: 29. |
| 117. | Thalmann | Balthasar | 76 | SUI | (Uster) | 40:44 | +7:40 | 4:03 | 603 | M40: 24. |
| 118. | Queyreau | Guido | 75 | GER | LG Hohenfels | 40:52 | +7:48 | 4:04 | 487 | M40: 25. |
| 119. | Barbieri | Marco | 82 | ITA | GAB bellinzona | 40:54 | +7:50 | 4:05 | 133 | M35: 34. |
| 120. | Dathe | Markus | 74 | GER | LG Hohenfels | 41:00 | +7:56 | 4:05 | 196 | M45: 19. |
| 121. | Bächli | Christoph | 92 | SUI | LSG Brugg | 41:05 | +8:01 | 4:05 | 129 | M: 148. |
| 122. | Arvidsson | Per | 81 | SWE | AR Zürich | 41:06 | +8:02 | 4:05 | 128 | M35: 35. |
| 123. | Pirali | Gianni | 59 | SUI | (Rotkreuz) | 41:06 | +8:02 | 4:05 | 479 | M60: 5. |
| 124. | Muff | Andreas | 03 | SUI | LG TSV Galgenen | 41:09 | +8:05 | 4:06 | 444 | MJ U20: 30. |
| 125. | Wettstein | Markus | 83 | SUI | smrun, LC Uster | 41:11 | +8:07 | 4:06 | 871 | M35: 36. |
| 126. | Gröflin | Roland | 65 | SUI | Laufsport Heinz | 41:11 | +8:07 | 4:06 | 833 | M50: 24. |
| 127. | Von Känel | Christoph | 59 | SUI | All Blacks Thun | 41:16 | +8:12 | 4:06 | 634 | M60: 6. |
| 128. | Herrmann | Peter | 78 | SUI | (Schaffhausen) | 41:24 | +8:20 | 4:07 | 306 | M40: 26. |
| 129. | Peter | Adrian | 67 | SUI | LAC TV Unterstrass | 41:29 | +8:25 | 4:07 | 473 | M50: 25. |
| 130. | Hug | Peter | 58 | SUI | LC Meilen | 41:36 | +8:32 | 4:08 | 317 | M60: 7. |
| 131. | Adarraga | Rodrigo | 61 | SUI | Swiss master athleticcss | 41:53 | +8:49 | 4:10 | 103 | M55: 7. |
| 132. | Oppliger | Daniel | 57 | SUI | CA Courtelary | 41:55 | +8:51 | 4:10 | 465 | M60: 8. |
| 133. | Mottola | Salvatore | 66 | ITA | smrun | 42:26 | +9:22 | 4:13 | 442 | M50: 28. |
| 134. | Gnädinger | Walter | 52 | SUI | Whats App Runners Schaffhaus... | 42:30 | +9:26 | 4:14 | 865 | M65: 4. |
| 135. | Fölmli | Rolf | 59 | SUI | GS Immensee | 42:41 | +9:37 | 4:15 | 240 | M60: 9. |
| 136. | Biland | Marco | 86 | SUI | LAR Windisch | 42:44 | +9:40 | 4:15 | 858 | M: 151. |
| 137. | White | William | 87 | SUI | LCZ | 42:46 | +9:42 | 4:15 | 694 | M: 152. |
| 138. | Zarantonello | Michael | 73 | SUI | TV Riehen | 43:06 | +10:02 | 4:17 | 666 | M45: 22. |
| 139. | Janssen | Arthur | 77 | SUI | (Uster) | 43:06 | +10:02 | 4:17 | 330 | M40: 29. |
| 140. | Zwahlen | Jürg | 58 | SUI | (Port) | 43:27 | +10:23 | 4:19 | 677 | M60: 10. |
| 141. | Pütz | Markus | 65 | GER | (Turgi) | 43:27 | +10:23 | 4:19 | 486 | M50: 31. |
| 142. | Beckers | Pierre | 91 | BEL | La Côte Runners | 43:30 | +10:26 | 4:20 | 141 | M: 156. |
| 143. | Bayo | Kebba | 60 | SUI | SMRUN | 43:30 | +10:26 | 4:20 | 139 | M55: 11. |
| 144. | Uldry | Jean- Daniel | 71 | SUI | Tri Macron | 43:42 | +10:38 | 4:21 | 854 | M45: 23. |
| 145. | Kamm | Meinrad | 65 | SUI | LG Glarus | 43:44 | +10:40 | 4:21 | 345 | M50: 32. |
| 146. | Rusch | Stefan | 67 | SUI | (Wetzikon ZH) | 44:52 | +11:48 | 4:28 | 510 | M50: 37. |
| 147. | Fuchs | Armin | 56 | SUI | LC Basel | 45:22 | +12:18 | 4:31 | 250 | M60: 12. |

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| rank | lastname | firstname | yob | Nat | Verein/Ort | time | diff | min/k | racenum | age group |
|------|------------|-----------|-----|-----|----------------------|--------------|--------|-------|---------|-----------|
| 148. | Kuster | Matthias | 60 | SUI | LAC TV Unterstrass | 45:49 | +12:45 | 4:34 | 378 | M55: 16. |
| 149. | Vom Brocke | Thomas | 68 | SUI | Emmenläufer Biberist | 46:55 | +13:51 | 4:40 | 861 | M50: 41. |

8000m

| | | | | | | | | | | |
|------|----------|--------|----|-----|------------|--------------|--|--|-----|--|
| 150. | Husseini | Mesbah | 95 | AFG | Träffpunkt | 38:52 | | | 686 | |
|------|----------|--------|----|-----|------------|--------------|--|--|-----|--|

7144m

| | | | | | | | | | | |
|------|----------|---------|----|-----|------------------------|--------------|--|--|-----|--|
| 151. | Oliveira | Narciso | 57 | SUI | FSG COLLONGE-BELLERIVE | 30:05 | | | 464 | |
|------|----------|---------|----|-----|------------------------|--------------|--|--|-----|--|

5856m

| | | | | | | | | | | |
|------|----------|---------|----|-----|----------------|--------------|--|--|-----|--|
| 152. | Sackmann | Julian | 97 | SUI | TG Hütten | 19:56 | | | 516 | |
| 153. | Stübi | Fabio | 00 | SUI | TV Zofingen LA | 21:12 | | | 587 | |
| 154. | Fuchs | Raphael | 84 | SUI | LC Basel | 26:05 | | | 808 | |

5000m

| | | | | | | | | | | |
|------|-------------|-------|----|-----|--------------------|--------------|--|--|-----|--|
| 155. | Melo | Artur | 96 | SUI | TG Hütten | 17:14 | | | 422 | |
| 156. | Albuquerque | Bruno | 82 | SUI | La Côte Runners | 18:12 | | | 110 | |
| 157. | Greenwood | Tony | 57 | GBR | Blackburn Harriers | 19:52 | | | 276 | |
| 158. | Wopmann | Marco | 87 | SUI | (Möhlin) | 20:30 | | | 826 | |
| 159. | Ulrich | Josef | 65 | SUI | (Luzern) | 20:50 | | | 869 | |

3712m

| | | | | | | | | | | |
|------|---------|----------|----|-----|--------------------|--------------|--|--|-----|--|
| 160. | Kocher | Benjamin | 86 | SUI | VC Hittnau | 14:22 | | | 816 | |
| 161. | Keehnen | Stefan | 83 | SUI | LAC TV Unterstrass | 14:23 | | | 350 | |
| 162. | Daye | Nicolas | 92 | SUI | (Lausanne) | 15:32 | | | 199 | |

3357m

| | | | | | | | | | | |
|------|--------|----------|----|-----|------------------------|--------------|--|--|-----|--|
| 163. | Cortez | Fernando | 64 | SUI | FSG COLLONGE-BELLERIVE | 12:11 | | | 192 | |
|------|--------|----------|----|-----|------------------------|--------------|--|--|-----|--|

DNS

| | | | | | | | | | | |
|--|---------|----------|----|-----|----------------------------|--|--|--|-----|--|
| | Hegner | Daniel | 00 | SUI | LG TSV Galgenen | | | | 301 | |
| | Hegner | Norbert | 65 | SUI | LG TSV Galgenen | | | | 302 | |
| | Hochuli | Jan | 95 | SUI | (Adetswil) | | | | 309 | |
| | Müller | Benjamin | 91 | SUI | skinfitcrew / OL Regio Wil | | | | 449 | |
| | Rutz | Michael | 77 | SUI | (Schmerikon) | | | | 514 | |

#168 participants