

# Forchlauf 2025

résultats

## 7.4km Männer

| rang | nom                  | an | lieu             | temps        | écart | min/km | dossard | catégorie    |
|------|----------------------|----|------------------|--------------|-------|--------|---------|--------------|
| 1.   | Adam Mohamed         | 95 | Äthiopien        | <b>26:43</b> | --    | 3:36   | 1970    | M30: 1.      |
| 2.   | Debesay Biniam       | 89 | Zürich           | <b>26:45</b> | +02   | 3:36   | 2009    | M35: 1.      |
| 3.   | Whitcomb Ryan        | 09 | Colorado Springs | <b>27:35</b> | +52   | 3:43   | 3850    | Schüler: 1.  |
| 4.   | Liebrenz Alexander   | 08 | Oberrieden       | <b>27:36</b> | +53   | 3:43   | 527     | Schüler: 2.  |
| 5.   | Fiedler Ben          | 99 | Zürich           | <b>27:55</b> | +1:12 | 3:46   | 3234    | M25: 1.      |
| 6.   | Kläser Julian        | 82 | Meilen           | <b>28:23</b> | +1:40 | 3:50   | 3415    | M40: 1.      |
| 7.   | Knecht Benjamin      | 07 | Adliswil         | <b>28:28</b> | +1:45 | 3:50   | 3418    | U20M: 1.     |
| 8.   | Essah Mohammad       | 00 | Stallikon        | <b>29:17</b> | +2:34 | 3:57   | 2002    | M25: 2.      |
| 9.   | Linker Felix         | 95 | Zürich           | <b>29:38</b> | +2:55 | 4:00   | 2168    | M30: 2.      |
| 10.  | Duelli Luca          | 88 | Zürich           | <b>30:22</b> | +3:39 | 4:06   | 3206    | M35: 2.      |
| 11.  | Grandidier Albéric   | 09 | Zollikerberg     | <b>30:29</b> | +3:46 | 4:07   | 3302    | Schüler: 3.  |
| 12.  | Wehrli Daniel        | 97 | Zürich           | <b>30:43</b> | +4:00 | 4:09   | 2184    | M25: 3.      |
| 13.  | Binggeli Lionel      | 02 |                  | <b>30:50</b> | +4:07 | 4:09   | 2081    | M20: 1.      |
| 14.  | Brigger Gregor       | 81 |                  | <b>30:51</b> | +4:08 | 4:10   | 2084    | M40: 2.      |
| 15.  | Megrabian David      | 89 | Zürich           | <b>30:53</b> | +4:10 | 4:10   | 3527    | M35: 3.      |
| 16.  | Kellerhals Jan       | 81 |                  | <b>31:06</b> | +4:23 | 4:12   | 2099    | M40: 3.      |
| 17.  | Délèze Mathéo        | 09 | Erlenbach ZH     | <b>31:15</b> | +4:32 | 4:13   | 485     | Schüler: 4.  |
| 18.  | Koblet Thomas        | 81 | Zürich           | <b>31:16</b> | +4:33 | 4:13   | 3421    | M40: 4.      |
| 19.  | Rittiner Florian     | 84 | Zürich           | <b>31:34</b> | +4:51 | 4:15   | 3649    | M40: 5.      |
| 20.  | Calvano Giuseppe     | 95 |                  | <b>31:35</b> | +4:52 | 4:15   | 2088    | M30: 3.      |
| 21.  | Karimi Mortaza       | 02 | Stallikon        | <b>31:35</b> | +4:52 | 4:16   | 1979    | M20: 2.      |
| 22.  | Kimmerlin Louis      | 09 | Männedorf        | <b>31:37</b> | +4:54 | 4:16   | 269     | Schüler: 5.  |
| 23.  | Haydari Mahdi        | 87 | Zwillikon        | <b>31:43</b> | +5:00 | 4:17   | 1988    | M35: 4.      |
| 24.  | Maher Thomas         | 99 | Mellingen        | <b>31:46</b> | +5:03 | 4:17   | 3485    | M25: 4.      |
| 25.  | Aublinger Christoph  | 90 | Zürich           | <b>31:48</b> | +5:05 | 4:17   | 3035    | M35: 5.      |
| 26.  | Jeger Clemens        | 94 | Zürich           | <b>31:49</b> | +5:06 | 4:17   | 3380    | M30: 4.      |
| 27.  | Haug Julian          | 96 | Zürich           | <b>31:57</b> | +5:14 | 4:18   | 3331    | M25: 5.      |
| 28.  | Rauber Stefan        | 73 | Küsnacht ZH      | <b>32:03</b> | +5:20 | 4:19   | 3633    | M50: 1.      |
| 29.  | Ineichen Dominic     | 09 | Küsnacht ZH      | <b>32:05</b> | +5:22 | 4:20   | 507     | Schüler: 6.  |
| 30.  | Denzler Lars         | 08 | Männedorf        | <b>32:06</b> | +5:23 | 4:20   | 487     | Schüler: 7.  |
| 31.  | Suter Michael        | 85 |                  | <b>32:14</b> | +5:31 | 4:21   | 2116    | M40: 6.      |
| 32.  | Fend Florian         | 09 | Thalwil          | <b>32:16</b> | +5:33 | 4:21   | 264     | Schüler: 8.  |
| 33.  | Strickler Yves       | 08 |                  | <b>33:18</b> | +6:35 | 4:29   | 560     | Schüler: 9.  |
| 34.  | Michael Eric         | 95 | Zürich           | <b>33:35</b> | +6:52 | 4:32   | 3540    | M30: 5.      |
| 35.  | Wirz Simon           | 05 | Zürich           | <b>33:37</b> | +6:54 | 4:32   | 3864    | M20: 3.      |
| 36.  | Stadler Robin        | 96 |                  | <b>33:39</b> | +6:56 | 4:32   | 2115    | M25: 6.      |
| 37.  | Tschopp Paul         | 01 |                  | <b>33:44</b> | +7:01 | 4:33   | 2118    | M20: 4.      |
| 38.  | Brüscheiler Mathias  | 61 | Zollikon         | <b>33:49</b> | +7:06 | 4:34   | 2175    | M60: 1.      |
| 39.  | Hunziker Roy         | 92 | Zürich           | <b>34:05</b> | +7:22 | 4:36   | 3366    | M30: 6.      |
| 40.  | Yari Rashid Ahmad    | 96 | Kemptthal        | <b>34:12</b> | +7:29 | 4:37   | 1969    | M25: 7.      |
| 41.  | Zieri Simon          | 78 |                  | <b>34:12</b> | +7:29 | 4:37   | 2125    | M45: 1.      |
| 42.  | Koller Mathias       | 09 | Rüschlikon       | <b>34:16</b> | +7:33 | 4:37   | 518     | Schüler: 10. |
| 43.  | Zanetti Marco        | 96 |                  | <b>34:17</b> | +7:34 | 4:37   | 2124    | M25: 8.      |
| 44.  | Moser Luis           | 93 | Meilen           | <b>34:24</b> | +7:41 | 4:38   | 3549    | M30: 7.      |
| 45.  | Koster Matthieu      | 07 | Küsnacht ZH      | <b>34:29</b> | +7:46 | 4:39   | 890     | U20M: 2.     |
| 46.  | Baumberger Andrin    | 08 | Zollikon         | <b>34:30</b> | +7:47 | 4:39   | 217     | Schüler: 11. |
| 47.  | Macauda Gianluca     | 88 | Zürich           | <b>34:34</b> | +7:51 | 4:40   | 3477    | M35: 6.      |
| 48.  | Abdullahi Ali Ismail | 98 | Zürich           | <b>34:35</b> | +7:52 | 4:40   | 2042    | M25: 9.      |
| 49.  | Meierhofer Joel      | 00 |                  | <b>34:37</b> | +7:54 | 4:40   | 2104    | M25: 10.     |
| 50.  | Brandalise Claudio   | 85 |                  | <b>34:50</b> | +8:07 | 4:42   | 2083    | M40: 7.      |

# Forchlauf 2025

résultats

## 7.4km Männer

| rang | nom                     | an | lieu             | temps        | écart  | min/km | dossard | catégorie    |
|------|-------------------------|----|------------------|--------------|--------|--------|---------|--------------|
| 51.  | Matter Ramin            | 09 | Rüschlikon       | <b>34:54</b> | +8:11  | 4:42   | 555     | Schüler: 12. |
| 52.  | Bernhard Lokah          | 97 |                  | <b>34:59</b> | +8:16  | 4:43   | 2080    | M25: 11.     |
| 53.  | Zuberbuehler Max        | 08 | Zollikon         | <b>35:03</b> | +8:20  | 4:44   | 363     | Schüler: 13. |
| 54.  | Hartmann Henri          | 08 | Küsnacht ZH      | <b>35:08</b> | +8:25  | 4:44   | 874     | Schüler: 14. |
| 55.  | Dittmar Luc             | 07 | Meilen           | <b>35:13</b> | +8:30  | 4:45   | 864     | U20M: 3.     |
| 56.  | Pfister Alex            | 09 | Meilen           | <b>35:13</b> | +8:30  | 4:45   | 1930    | Schüler: 15. |
| 57.  | Lagnaz Nael             | 08 | Küsnacht ZH      | <b>35:14</b> | +8:31  | 4:45   | 524     | Schüler: 16. |
| 58.  | Pfister Matthias        | 85 | Meilen           | <b>35:15</b> | +8:32  | 4:45   | 3614    | M40: 8.      |
| 59.  | Redaelli Leonardo       | 99 | Zürich           | <b>35:16</b> | +8:33  | 4:45   | 3636    | M25: 12.     |
| 60.  | Pereira Alexandre       | 94 | Pfaffhausen      | <b>35:21</b> | +8:38  | 4:46   | 2136    | M30: 8.      |
| 61.  | Wagner Eugen            | 09 | Zürich           | <b>35:28</b> | +8:45  | 4:47   | 361     | Schüler: 17. |
| 62.  | Vera Nieto Daniel       | 97 | Zürich           | <b>35:46</b> | +9:03  | 4:49   | 3819    | M25: 13.     |
| 63.  | Forth Kasimir           | 92 | Zürich           | <b>35:47</b> | +9:04  | 4:50   | 3247    | M30: 9.      |
| 64.  | Bischof Lorenz          | 97 | Zürich           | <b>36:03</b> | +9:20  | 4:52   | 3082    | M25: 14.     |
| 65.  | Panzeri Matteo          | 98 | Zürich           | <b>36:03</b> | +9:20  | 4:52   | 3598    | M25: 15.     |
| 66.  | Lenzlinger Romeo        | 09 |                  | <b>36:04</b> | +9:21  | 4:52   | 525     | Schüler: 18. |
| 67.  | Martin Thomas           | 88 | Zürich           | <b>36:04</b> | +9:21  | 4:52   | 3511    | M35: 7.      |
| 68.  | Mäkelä Leo              | 09 |                  | <b>36:07</b> | +9:24  | 4:52   | 549     | Schüler: 19. |
| 69.  | Leibacher Florian       | 85 |                  | <b>36:14</b> | +9:31  | 4:53   | 2103    | M40: 9.      |
| 70.  | Arnold Marc             | 94 | Zürich           | <b>36:18</b> | +9:35  | 4:54   | 3032    | M30: 10.     |
| 71.  | Ermanni Enrico          | 96 | Zürich           | <b>36:22</b> | +9:39  | 4:54   | 3220    | M25: 16.     |
| 72.  | Kiefer Caleb            | 08 | Mt. Washington   | <b>36:28</b> | +9:45  | 4:55   | 2194    | Schüler: 20. |
| 73.  | Gutknecht Tim           | 09 | Meilen           | <b>36:29</b> | +9:46  | 4:55   | 1923    | Schüler: 21. |
| 74.  | Lim Alex                | 87 | Zürich           | <b>36:33</b> | +9:50  | 4:56   | 3457    | M35: 8.      |
| 75.  | Schmid Marco            | 97 |                  | <b>36:40</b> | +9:57  | 4:57   | 2109    | M25: 17.     |
| 76.  | Tamasy Dano             | 64 | Zürich           | <b>36:55</b> | +10:12 | 4:59   | 3776    | M60: 2.      |
| 77.  | Wirz Paul               | 66 | Zürich           | <b>36:57</b> | +10:14 | 4:59   | 3863    | M55: 1.      |
| 78.  | Bischof Matthias        | 04 | Zürich           | <b>36:58</b> | +10:15 | 4:59   | 3084    | M20: 5.      |
| 79.  | Azizi Saifuddin         | 94 | Dübendorf        | <b>36:59</b> | +10:16 | 4:59   | 3039    | M30: 11.     |
| 80.  | Märk Urs                | 70 | Zollikon         | <b>37:08</b> | +10:25 | 5:00   | 3499    | M55: 2.      |
| 81.  | Barth Lennox            | 08 | Zürich           | <b>37:09</b> | +10:26 | 5:01   | 205     | Schüler: 22. |
| 82.  | Miljkovic-Brake Rhydian | 08 | Zürich           | <b>37:14</b> | +10:31 | 5:01   | 303     | Schüler: 23. |
| 83.  | Desmarquest Tanguy      | 80 | Zürich           | <b>37:14</b> | +10:31 | 5:01   | 3193    | M45: 2.      |
| 84.  | Senn Ulrich             | 61 | Zürich           | <b>37:15</b> | +10:32 | 5:01   | 3727    | M60: 3.      |
| 85.  | Buchwald Noah           | 98 | Bülach           | <b>37:21</b> | +10:38 | 5:02   | 3129    | M25: 18.     |
| 86.  | Hegglin Alexander       | 03 | Wila             | <b>37:22</b> | +10:39 | 5:02   | 3338    | M20: 6.      |
| 87.  | Marolf Valentin         | 75 | Rikon im Tösstal | <b>37:23</b> | +10:40 | 5:03   | 3503    | M50: 2.      |
| 88.  | Kaufmann Eskil          | 08 | Zürich           | <b>37:35</b> | +10:52 | 5:04   | 724     | Schüler: 24. |
| 89.  | Garcia Gabriel          | 99 | Zürich           | <b>37:49</b> | +11:06 | 5:06   | 3273    | M25: 19.     |
| 90.  | Decormis Andres         | 98 | Zürich           | <b>37:50</b> | +11:07 | 5:06   | 3186    | M25: 20.     |
| 91.  | Arancibia Victor        | 91 | Schlieren        | <b>37:56</b> | +11:13 | 5:07   | 3028    | M30: 12.     |
| 92.  | Chuffart Yves           | 08 | Zürich           | <b>38:00</b> | +11:17 | 5:07   | 241     | Schüler: 25. |
| 93.  | Bischof Louis           | 89 | Winterthur       | <b>38:01</b> | +11:18 | 5:08   | 3083    | M35: 9.      |
| 94.  | von Bergen Luk          | 81 | Meilen           | <b>38:05</b> | +11:22 | 5:08   | 3831    | M40: 10.     |
| 95.  | Groth Justus            | 08 | Küsnacht ZH      | <b>38:29</b> | +11:46 | 5:11   | 499     | Schüler: 26. |
| 96.  | Gasser Lukas            | 08 | Uerikon          | <b>38:30</b> | +11:47 | 5:12   | 866     | Schüler: 27. |
| 97.  | Zimmermann Jonas        | 98 | Zürich           | <b>38:31</b> | +11:48 | 5:12   | 3885    | M25: 21.     |
| 98.  | Sidler Tizian           | 09 | Küsnacht         | <b>38:32</b> | +11:49 | 5:12   | 558     | Schüler: 28. |
| 99.  | Zurbuchen Beat          | 96 | Zürich           | <b>38:44</b> | +12:01 | 5:13   | 2146    | M25: 22.     |
| 100. | Rickenbacher Benjamin   | 92 | Zürich           | <b>38:45</b> | +12:02 | 5:14   | 3647    | M30: 13.     |

# Forchlauf 2025

résultats

## 7.4km Männer

| rang | nom                     | an | lieu             | temps        | écart  | min/km | dossard | catégorie    |
|------|-------------------------|----|------------------|--------------|--------|--------|---------|--------------|
| 101. | Guler Luca              | 95 |                  | <b>38:54</b> | +12:11 | 5:15   | 2096    | M30: 14.     |
| 102. | Senn Severin            | 01 | Zürich           | <b>39:01</b> | +12:18 | 5:16   | 3726    | M20: 7.      |
| 103. | Volken Luca             | 94 |                  | <b>39:11</b> | +12:28 | 5:17   | 2119    | M30: 15.     |
| 104. | Fabris Giacomo          | 98 | Zürich           | <b>39:17</b> | +12:34 | 5:18   | 3225    | M25: 23.     |
| 105. | Müller Robin            | 83 | Zürich           | <b>39:23</b> | +12:40 | 5:19   | 3559    | M40: 11.     |
| 106. | Rouilly Florent         | 96 | Zürich           | <b>39:27</b> | +12:44 | 5:19   | 3663    | M25: 24.     |
| 107. | Eberhard Marlon         | 09 | Männedorf        | <b>39:27</b> | +12:44 | 5:19   | 1921    | Schüler: 29. |
| 108. | Weber Michel            | 70 |                  | <b>39:29</b> | +12:46 | 5:20   | 2120    | M55: 3.      |
| 109. | Sommer Alexander        | 89 |                  | <b>39:43</b> | +13:00 | 5:22   | 2114    | M35: 10.     |
| 110. | Haiss Sebastian         | 97 | Zürich           | <b>39:51</b> | +13:08 | 5:22   | 2166    | M25: 25.     |
| 111. | Béguelin Simon          | 09 | Langnau am Albis | <b>39:58</b> | +13:15 | 5:23   | 226     | Schüler: 30. |
| 112. | Fruci Gianluca          | 96 |                  | <b>39:58</b> | +13:15 | 5:24   | 2094    | M25: 26.     |
| 113. | Bachofner Patrick       | 73 | Uitikon Waldegg  | <b>40:07</b> | +13:24 | 5:25   | 3042    | M50: 3.      |
| 114. | Kraus Jonas             | 90 | Horgen           | <b>40:09</b> | +13:26 | 5:25   | 3431    | M35: 11.     |
| 115. | Kruhlou Raman           | 09 | Wolfhausen       | <b>40:09</b> | +13:26 | 5:25   | 271     | Schüler: 31. |
| 116. | Somieski Matteo         | 08 | Oberrieden       | <b>40:09</b> | +13:26 | 5:25   | 340     | Schüler: 32. |
| 117. | Warmuz Jakub            | 92 | Zürich           | <b>40:13</b> | +13:30 | 5:25   | 2145    | M30: 16.     |
| 118. | Seritan Andrei          | 98 | Zürich           | <b>40:14</b> | +13:31 | 5:26   | 2143    | M25: 27.     |
| 119. | Leander Seifeddine      | 92 | Turgi            | <b>40:33</b> | +13:50 | 5:28   | 3448    | M30: 17.     |
| 120. | Villarroel Loyola Diego | 92 | Zürich           | <b>40:33</b> | +13:50 | 5:28   | 3823    | M30: 18.     |
| 121. | Hähni Marcel            | 70 | Samstagern       | <b>40:45</b> | +14:02 | 5:30   | 3323    | M55: 4.      |
| 122. | Schmidlin Martin        | 63 | Nänikon          | <b>40:51</b> | +14:08 | 5:31   | 3705    | M60: 4.      |
| 123. | Gerster Dominique       | 74 | Zürich           | <b>40:51</b> | +14:08 | 5:31   | 160     | M50: 4.      |
| 124. | Wyss Benjamin           | 93 |                  | <b>40:54</b> | +14:11 | 5:31   | 2123    | M30: 19.     |
| 125. | Kieser Röne             | 61 | Adetswil         | <b>41:06</b> | +14:23 | 5:33   | 3411    | M60: 5.      |
| 126. | Peterhans Robert        | 58 | Zürich           | <b>41:08</b> | +14:25 | 5:33   | 3611    | M65: 1.      |
| 127. | Buchmeier Yuri          | 95 |                  | <b>41:20</b> | +14:37 | 5:35   | 2086    | M30: 20.     |
| 128. | Schmid Samuel           | 81 | Zürich           | <b>41:21</b> | +14:38 | 5:35   | 3702    | M40: 12.     |
| 129. | Edgecumbe Jeremy        | 92 |                  | <b>41:47</b> | +15:04 | 5:38   | 2090    | M30: 21.     |
| 130. | Müller Eduard           | 87 | Zürich           | <b>41:48</b> | +15:05 | 5:38   | 3556    | M35: 12.     |
| 131. | Furger Nino             | 08 | Küsnacht ZH      | <b>41:50</b> | +15:07 | 5:39   | 491     | Schüler: 33. |
| 132. | Bleesz Fabian           | 95 |                  | <b>41:52</b> | +15:09 | 5:39   | 2082    | M30: 22.     |
| 133. | Palenzona Kassra        | 93 | Zürich           | <b>41:52</b> | +15:09 | 5:39   | 3595    | M30: 23.     |
| 134. | Junghans Sven           | 97 |                  | <b>41:53</b> | +15:10 | 5:39   | 2098    | M25: 28.     |
| 135. | Stettler Philip         | 93 | Zürich           | <b>41:59</b> | +15:16 | 5:40   | 3753    | M30: 24.     |
| 136. | Seiler-Weber Dario      | 87 |                  | <b>42:04</b> | +15:21 | 5:41   | 2112    | M35: 13.     |
| 137. | Wolfensperger Andy      | 72 | Nänikon          | <b>42:05</b> | +15:22 | 5:41   | 3866    | M50: 5.      |
| 138. | Bläsi Lionel            | 99 | Zürich           | <b>42:22</b> | +15:39 | 5:43   | 3089    | M25: 29.     |
| 139. | Indergand Martin        | 75 | Zürich           | <b>42:29</b> | +15:46 | 5:44   | 3372    | M50: 6.      |
| 140. | Maizar Karim            | 78 | Zürich           | <b>42:34</b> | +15:51 | 5:45   | 1977    | M45: 3.      |
| 141. | Haldimann Frédéric      | 69 | Zürich           | <b>42:38</b> | +15:55 | 5:45   | 2174    | M55: 5.      |
| 142. | Herzog Darius           | 08 | Küsnacht ZH      | <b>42:39</b> | +15:56 | 5:45   | 505     | Schüler: 34. |
| 143. | Sahak Iqbal             | 09 | Richterswil      | <b>42:41</b> | +15:58 | 5:46   | 1972    | Schüler: 35. |
| 144. | Alkozai Niamatullah     | 09 | Richterswil      | <b>42:46</b> | +16:03 | 5:46   | 2026    | Schüler: 36. |
| 145. | Maag Lukas              | 08 | Uetikon am See   | <b>42:52</b> | +16:09 | 5:47   | 534     | Schüler: 37. |
| 146. | Kaufmann Gallus         | 97 | Zürich           | <b>42:59</b> | +16:16 | 5:48   | 3403    | M25: 30.     |
| 147. | Arnold Jonas            | 94 | Zürich           | <b>43:12</b> | +16:29 | 5:50   | 3031    | M30: 25.     |
| 148. | Eggerling Christian     | 76 | Zürich           | <b>43:17</b> | +16:34 | 5:50   | 2199    | M45: 4.      |
| 149. | Pont Tuset Jordi        | 84 | Uitikon Waldegg  | <b>43:18</b> | +16:35 | 5:50   | 3622    | M40: 13.     |
| 150. | Marti Benjamin          | 08 |                  | <b>43:22</b> | +16:39 | 5:51   | 554     | Schüler: 38. |

# Forchlauf 2025

résultats

## 7.4km Männer

| rang | nom                   | an | lieu            | temps        | écart  | min/km | dossard | catégorie    |
|------|-----------------------|----|-----------------|--------------|--------|--------|---------|--------------|
| 151. | Caduff Ivo            | 92 | Zürich          | <b>43:35</b> | +16:52 | 5:53   | 3142    | M30: 26.     |
| 152. | Martens Peter         | 87 | Fällanden       | <b>43:35</b> | +16:52 | 5:53   | 3506    | M35: 14.     |
| 153. | Cavallo Fynn          | 08 | Küsnacht ZHacht | <b>43:51</b> | +17:08 | 5:55   | 482     | Schüler: 39. |
| 154. | Schäppi Ninian        | 09 | Zumikon         | <b>43:52</b> | +17:09 | 5:55   | 323     | Schüler: 40. |
| 155. | Huber Andreas         | 64 | Zürich          | <b>43:58</b> | +17:15 | 5:56   | 3361    | M60: 6.      |
| 156. | Breckheimer Luca      | 08 | Zollikon        | <b>44:32</b> | +17:49 | 6:01   | 229     | Schüler: 41. |
| 157. | Kim Hwa Young         | 91 | Zürich          | <b>44:42</b> | +17:59 | 6:02   | 3413    | M30: 27.     |
| 158. | Meile Urs             | 53 | Zürich          | <b>44:43</b> | +18:00 | 6:02   | 3533    | M70: 1.      |
| 159. | Buschor Dario         | 99 |                 | <b>45:05</b> | +18:22 | 6:05   | 2087    | M25: 31.     |
| 160. | Canadea Elia          | 02 |                 | <b>45:11</b> | +18:28 | 6:06   | 2089    | M20: 8.      |
| 161. | Kozbur Damian         | 86 | Zürich          | <b>45:19</b> | +18:36 | 6:07   | 2135    | M35: 15.     |
| 162. | Andersen Espen        | 89 |                 | <b>45:25</b> | +18:42 | 6:08   | 2078    | M35: 16.     |
| 163. | Keller Laurin         | 08 |                 | <b>45:25</b> | +18:42 | 6:08   | 717     | Schüler: 42. |
| 164. | Tang Kevin            | 95 | Zürich          | <b>45:29</b> | +18:46 | 6:08   | 3778    | M30: 28.     |
| 165. | Izlamaj Altin         | 00 |                 | <b>45:30</b> | +18:47 | 6:08   | 2097    | M25: 32.     |
| 166. | Senn Joshua           | 09 | Stäfa           | <b>45:38</b> | +18:55 | 6:09   | 1956    | Schüler: 43. |
| 167. | Kartum Jamyang        | 03 | Wallisellen     | <b>45:42</b> | +18:59 | 6:10   | 1978    | M20: 9.      |
| 168. | Presti Vito           | 08 | Meilen          | <b>45:52</b> | +19:09 | 6:11   | 319     | Schüler: 44. |
| 169. | Hofele Matthijs       | 98 | Rotterdam       | <b>45:54</b> | +19:11 | 6:12   | 3356    | M25: 33.     |
| 170. | de Jong Anne Merel    | 01 | Neukirch        | <b>46:25</b> | +19:42 | 6:16   | 3183    | M20: 10.     |
| 171. | Diener Kevin          | 89 | Zürich          | <b>46:29</b> | +19:46 | 6:16   | 148     | M35: 17.     |
| 172. | Allgäuer Michael      | 66 | Zürich          | <b>46:36</b> | +19:53 | 6:17   | 3018    | M55: 6.      |
| 173. | Allgäuer Julian       | 96 | Zürich          | <b>46:36</b> | +19:53 | 6:17   | 3017    | M25: 34.     |
| 174. | Presti Ennio          | 06 | Meilen          | <b>46:46</b> | +20:03 | 6:19   | 2151    | U20M: 4.     |
| 175. | Andermatt Adrian      | 92 |                 | <b>47:25</b> | +20:42 | 6:24   | 2077    | M30: 29.     |
| 176. | Hands Thomas          | 90 | Zürich          | <b>47:33</b> | +20:50 | 6:25   | 2147    | M35: 18.     |
| 177. | Thomann Benjamin      | 97 |                 | <b>47:46</b> | +21:03 | 6:27   | 2117    | M25: 35.     |
| 178. | Wernli Marc           | 95 |                 | <b>47:46</b> | +21:03 | 6:27   | 2122    | M30: 30.     |
| 179. | Müller Adrian         | 90 | Zürich          | <b>47:52</b> | +21:09 | 6:28   | 3554    | M35: 19.     |
| 180. | Biancaniello Giuliano | 90 | Freienbach      | <b>48:09</b> | +21:26 | 6:30   | 3073    | M35: 20.     |
| 181. | Meier Damian          | 92 | Bassersdorf     | <b>48:11</b> | +21:28 | 6:30   | 3529    | M30: 31.     |
| 182. | Bag Görkem            | 92 | Bassersdorf     | <b>48:13</b> | +21:30 | 6:30   | 3045    | M30: 32.     |
| 183. | Merlino Francesco     | 80 | Zürich          | <b>48:30</b> | +21:47 | 6:33   | 3536    | M45: 5.      |
| 184. | Bag Gökhan            | 91 | Zürich          | <b>48:58</b> | +22:15 | 6:36   | 3044    | M30: 33.     |
| 185. | Pires Tiago           | 85 | Zürich          | <b>49:02</b> | +22:19 | 6:37   | 3616    | M40: 14.     |
| 186. | Eberhard Hans Peter   | 76 | Männedorf       | <b>49:05</b> | +22:22 | 6:37   | 3209    | M45: 6.      |
| 187. | Moser Claude          | 61 | Meilen          | <b>49:19</b> | +22:36 | 6:39   | 3548    | M60: 7.      |
| 188. | Danziger Ron          | 08 | Thalwil         | <b>49:28</b> | +22:45 | 6:40   | 242     | Schüler: 45. |
| 189. | Bischof Harald        | 57 | Zürich          | <b>49:31</b> | +22:48 | 6:41   | 3080    | M65: 2.      |
| 190. | Luethi Timon          | 94 | Solothurn       | <b>49:43</b> | +23:00 | 6:42   | 3474    | M30: 34.     |
| 191. | Rüegg Nerino Nicolo   | 06 | Chur            | <b>49:44</b> | +23:01 | 6:43   | 3667    | U20M: 5.     |
| 192. | Rüegg Roc-Andrea      | 95 | Zürich          | <b>49:44</b> | +23:01 | 6:43   | 3668    | M30: 35.     |
| 193. | Stock Roman           | 92 | Reichenburg     | <b>49:45</b> | +23:02 | 6:43   | 3757    | M30: 36.     |
| 194. | Maréchal Simon        | 97 | Zürich          | <b>49:49</b> | +23:06 | 6:43   | 3498    | M25: 36.     |
| 195. | Eckstein Camille      | 08 | Zollikon        | <b>49:54</b> | +23:11 | 6:44   | 256     | Schüler: 46. |
| 196. | Matzinger Thomas      | 58 | Volketswil      | <b>50:24</b> | +23:41 | 6:48   | 3520    | M65: 3.      |
| 197. | Sonntag Sebastian     | 88 | Oltten          | <b>50:27</b> | +23:44 | 6:48   | 2156    | M35: 21.     |
| 198. | Frischknecht Steve    | 92 | Dietfurt        | <b>51:08</b> | +24:25 | 6:54   | 3258    | M30: 37.     |
| 199. | Torriani Stefano      | 80 | Zürich          | <b>51:29</b> | +24:46 | 6:57   | 3788    | M45: 7.      |
| 200. | Freeman Mark          | 54 | Küsnacht ZH     | <b>52:07</b> | +25:24 | 7:02   | 3250    | M70: 2.      |

# Forchlauf 2025

résultats

## 7.4km Männer

| rang | nom                  | an | lieu               | temps          | écart  | min/km | dossard | catégorie    |
|------|----------------------|----|--------------------|----------------|--------|--------|---------|--------------|
| 201. | Lopez Manuel         | 80 | Uster              | <b>52:17</b>   | +25:34 | 7:03   | 3465    | M45: 8.      |
| 202. | Hagn Gerhard         | 71 | Bertschikon Gossau | <b>53:23</b>   | +26:40 | 7:12   | 3322    | M50: 7.      |
| 203. | Van Lunteren Tim     | 08 | Gattikon           | <b>53:43</b>   | +27:00 | 7:15   | 360     | Schüler: 47. |
| 204. | Schwarzen Maximilian | 08 | Küsnacht ZH        | <b>54:26</b>   | +27:43 | 7:21   | 327     | Schüler: 48. |
| 205. | Capozzi Pierluigi    | 76 | Uster              | <b>54:59</b>   | +28:16 | 7:25   | 3147    | M45: 9.      |
| 206. | Burri Nick           | 01 | Zürich             | <b>55:47</b>   | +29:04 | 7:32   | 3137    | M20: 11.     |
| 207. | Zana Jean-Philippe   | 75 | Zürich             | <b>57:12</b>   | +30:29 | 7:43   | 3876    | M50: 8.      |
| 208. | Hautle Nicola        | 82 | Zürich             | <b>58:04</b>   | +31:21 | 7:50   | 3335    | M40: 15.     |
| 209. | Beckert Paul         | 92 | Zürich             | <b>58:05</b>   | +31:22 | 7:50   | 3061    | M30: 38.     |
| 210. | Martinelli Lino      | 08 | Zürich             | <b>58:21</b>   | +31:38 | 7:53   | 289     | Schüler: 49. |
| 211. | Fernandez Manuel     | 39 |                    | <b>1:02:34</b> | +35:51 | 8:27   | 3897    | M80: 1.      |
| 212. | Gontijo Guilherme    | 93 | Überaba - MG       | <b>1:04:27</b> | +37:44 | 8:42   | 3297    | M30: 39.     |
| 213. | Meer Nicolas         | 95 | Wallisellen        | <b>1:05:49</b> | +39:06 | 8:53   | 3525    | M30: 40.     |

## DNS

|                            |    |                |  |  |  |  |      |         |
|----------------------------|----|----------------|--|--|--|--|------|---------|
| Lodoe Khetsün              | 09 | Herrliberg     |  |  |  |  | 530  | Schüler |
| Machavariani Shalva        | 08 | Küsnacht ZH    |  |  |  |  | 544  | Schüler |
| Mbazoa Nicolas             | 08 | Küsnacht ZH    |  |  |  |  | 556  | Schüler |
| Scot Aldo                  | 09 | Erlenbach ZH   |  |  |  |  | 557  | Schüler |
| Sieber Dominik             | 88 |                |  |  |  |  | 2113 | M35     |
| Amevor Philip              | 99 | Zürich         |  |  |  |  | 3022 | M25     |
| Cabrera Jiménez Richard... | 93 | Zürich         |  |  |  |  | 3140 | M30     |
| Crotta Giorgio             | 94 | Zürich         |  |  |  |  | 3175 | M30     |
| Di Natale Stefano          | 77 | Uetikon am See |  |  |  |  | 3197 | M45     |
| Nappi Andrea               | 00 | Zürich         |  |  |  |  | 3565 | M25     |
| Nyffenegger Arne           | 03 | Zürich         |  |  |  |  | 3584 | M20     |
| Pedersen Peter             | 95 | Zürich         |  |  |  |  | 3607 | M30     |
| Rouiller Robin             | 07 | Rossens FR     |  |  |  |  | 3662 | U20M    |
| Shami Pour Shayan          | 90 | Zürich         |  |  |  |  | 3730 | M35     |
| Shavit-Zepeda Aviv         | 94 | Zürich         |  |  |  |  | 3733 | M30     |
| Wirz Jan                   | 04 | Zürich         |  |  |  |  | 3862 | M20     |
| Yang Ming                  | 98 | Zürich         |  |  |  |  | 3873 | M25     |
| Z'Rotz Michael             | 82 | Birmenstorf AG |  |  |  |  | 3887 | M40     |
| Zuber Benno                | 60 | Visp           |  |  |  |  | 3888 | M65     |
| Zweifel Daniel             | 75 | Zürich         |  |  |  |  | 3891 | M50     |

#233 participants