

# Steinhölzlilauflauf 2023

## Ergebnisse

### Hauptlauf Männer 30

| Rang | Name                | Jg | Ort             | Verein                  | Zeit           | Abstand | min/km | Startnr | Overall |
|------|---------------------|----|-----------------|-------------------------|----------------|---------|--------|---------|---------|
| 1.   | Kyburz Matthias     | 90 | Liebefeld       | LC Basel                | <b>34:14</b>   | --      | 3:15   | 1       | 1.      |
| 2.   | Pfanner Michael     | 87 | Sion            | MySport Trophy Bike     | <b>36:24</b>   | +2:10   | 3:27   | 490     | 6.      |
| 3.   | Lüthi Dimitri       | 89 | Bern            | STB                     | <b>37:23</b>   | +3:09   | 3:33   | 8       | 9.      |
| 4.   | Tefera Mekonen      | 92 | Nidau           |                         | <b>37:52</b>   | +3:38   | 3:36   | 2       | 10.     |
| 5.   | Zangger Ivo         | 93 | Bern            | STB                     | <b>38:09</b>   | +3:55   | 3:37   | 618     | 11.     |
| 6.   | Hess Martin         | 87 | Liebefeld       | Buschweg-Running-...    | <b>38:36</b>   | +4:22   | 3:40   | 377     | 12.     |
| 7.   | Hofer Daniel        | 86 | Liebistorf      |                         | <b>40:04</b>   | +5:50   | 3:48   | 383     | 17.     |
| 8.   | Kempf Andreas       | 88 | Wabern          | TSV Düringen            | <b>40:35</b>   | +6:21   | 3:51   | 1105    | 21.     |
| 9.   | Probst Jonas        | 85 | Bern            |                         | <b>41:03</b>   | +6:49   | 3:54   | 499     | 22.     |
| 10.  | Grandjean Jérémy    | 91 | Bern            |                         | <b>42:00</b>   | +7:46   | 3:59   | 356     | 25.     |
| 11.  | Schild Olivier      | 86 | Köniz           | LCA Bärn                | <b>42:10</b>   | +7:56   | 4:00   | 536     | 28.     |
| 12.  | Fischer Severin     | 86 | Bern            | Velo Gfeller Cycling... | <b>43:02</b>   | +8:48   | 4:05   | 326     | 33.     |
| 13.  | Zangger Adrian      | 91 | Orpund          |                         | <b>43:20</b>   | +9:06   | 4:07   | 617     | 34.     |
| 14.  | Samatar Mustafa     | 92 | Ittigen         |                         | <b>44:03</b>   | +9:49   | 4:11   | 519     | 39.     |
| 15.  | Portmann Kevin      | 89 | Heitenried      |                         | <b>44:15</b>   | +10:01  | 4:12   | 495     | 43.     |
| 16.  | Rutschi Raphael     | 87 | Köniz           | EGS                     | <b>44:30</b>   | +10:16  | 4:14   | 517     | 45.     |
| 17.  | Burkhalter Matthias | 88 | Ittigen         | LCA Bärn                | <b>45:18</b>   | +11:04  | 4:18   | 103     | 48.     |
| 18.  | Baumann Stefan      | 85 | Blumenstein     | TriTeam Steffisburg     | <b>45:43</b>   | +11:29  | 4:21   | 258     | 51.     |
| 19.  | Kohler Roger        | 90 | Schliern        |                         | <b>46:09</b>   | +11:55  | 4:23   | 415     | 54.     |
| 20.  | Arens Alex          | 89 | Bern            | STB                     | <b>46:42</b>   | +12:28  | 4:26   | 243     | 59.     |
| 21.  | Nöthiger Patrick    | 84 | Lenzburg        | BSC Wohlen              | <b>48:36</b>   | +14:22  | 4:37   | 474     | 64.     |
| 22.  | Vicari Philippe     | 90 | Liebefeld       |                         | <b>48:52</b>   | +14:38  | 4:39   | 592     | 65.     |
| 23.  | Häfliger Ruedi      | 87 | Urswil Hochdorf | BSC Wohlen              | <b>49:14</b>   | +15:00  | 4:41   | 361     | 69.     |
| 24.  | Pucci Alessandro    | 88 | Liebefeld       |                         | <b>49:19</b>   | +15:05  | 4:41   | 501     | 71.     |
| 25.  | Grünwald David      | 87 | Visp            |                         | <b>49:41</b>   | +15:27  | 4:43   | 359     | 75.     |
| 26.  | Müller Christoph    | 86 | Biel/Bienne     | Jogging Biel- Bienne    | <b>49:56</b>   | +15:42  | 4:45   | 470     | 80.     |
| 27.  | Risch Lino          | 93 | Bern            | STB                     | <b>51:07</b>   | +16:53  | 4:52   | 510     | 86.     |
| 28.  | Huber Jonas         | 90 | Münsingen       |                         | <b>51:23</b>   | +17:09  | 4:53   | 388     | 88.     |
| 29.  | Bigler Gilles       | 84 | Biel/Bienne     | ColdFitBern             | <b>52:00</b>   | +17:46  | 4:57   | 270     | 90.     |
| 30.  | Zbinden Martin      | 86 | Gasel           | Massage Köniz           | <b>52:28</b>   | +18:14  | 4:59   | 619     | 91.     |
| 31.  | Kunz Andi           | 85 | Bern            |                         | <b>52:33</b>   | +18:19  | 5:00   | 428     | 92.     |
| 32.  | Beck Mirco          | 91 | Glattbrugg      |                         | <b>53:00</b>   | +18:46  | 5:02   | 260     | 96.     |
| 33.  | Mahler Roman        | 86 | Bern            |                         | <b>54:03</b>   | +19:49  | 5:08   | 450     | 101.    |
| 34.  | Ramseier Christoph  | 86 | Wohlen bei Bern |                         | <b>55:43</b>   | +21:29  | 5:18   | 503     | 110.    |
| 35.  | Schneider Michael   | 86 | Kehrsatz        |                         | <b>55:52</b>   | +21:38  | 5:19   | 547     | 111.    |
| 36.  | Sutter Lukas        | 86 | Bern            |                         | <b>57:25</b>   | +23:11  | 5:28   | 583     | 125.    |
| 37.  | Buser Marc          | 87 | Bern            | LCA Bärn                | <b>57:42</b>   | +23:28  | 5:29   | 294     | 126.    |
| 38.  | Vogt Michael        | 86 | Bern            |                         | <b>58:21</b>   | +24:07  | 5:33   | 595     | 128.    |
| 39.  | Loforti Vincenzo    | 84 | Liebefeld       |                         | <b>1:04:17</b> | +30:03  | 6:07   | 443     | 151.    |
| 40.  | Schaffer Christoph  | 84 | Stettlen        |                         | <b>1:07:04</b> | +32:50  | 6:23   | 523     | 160.    |
| 41.  | Martens Christian   | 85 | Gwatt (Thun)    | swiss-german-club.ch    | <b>1:11:08</b> | +36:54  | 6:46   | 119     | 164.    |

### DNS

|                 |    |               |  |                      |  |  |  |     |  |
|-----------------|----|---------------|--|----------------------|--|--|--|-----|--|
| Bolliger Cyrill | 89 | Bern          |  |                      |  |  |  | 278 |  |
| Ganz David      | 87 | Bern          |  | Obstberger Rennbr... |  |  |  | 340 |  |
| Lehmann Michael | 91 | Bern          |  |                      |  |  |  | 435 |  |
| Mahler Silvan   | 84 | Wünnewil      |  | msfg                 |  |  |  | 451 |  |
| Porfido Janick  | 88 | Fraubrunnen   |  |                      |  |  |  | 494 |  |
| Wacher Tim      | 84 | Langnau i. E. |  |                      |  |  |  | 603 |  |
| Mahder Yonas    | 85 | Kehrsatz      |  |                      |  |  |  | 615 |  |

# Steinhölzlilauflauf 2023

## Ergebnisse

### Hauptlauf Männer 30

| Rang | Name         | Jg | Ort  | Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|--------------|----|------|--------|------|---------|--------|---------|---------|
| DNS  |              |    |      |        |      |         |        |         |         |
|      | Zryd Yannick | 91 | Bern |        |      |         |        | 628     |         |

#49 Teilnehmende