

Greifenseelauf 2023

results

10km M 30

rank	name	yob	city	Group/club	time	diff	min/km	racenum	overall
1.	Lowiner Stephan	87	Affoltern am Albis	Impuls Triathlon	34:03	--	3:24	5202	4.
2.	Michael Gian-Luca	91	Zillis	BTV Chur	35:23	+1:20	3:32	5079	8.
3.	Fowler Kyle	92	Zurich	TV Oerlikon	35:53	+1:50	3:35	5722	12.
4.	Debesay Biniam	89	Zürich	Sportegration	36:10	+2:07	3:36	1156	14.
5.	Gebru Semere	86	Zürich	Sportegration	36:53	+2:50	3:41	1158	15.
6.	Boner Nico	88	Hinteregg		37:00	+2:57	3:41	6205	16.
7.	Foley Jurgen Leo	84	Rapperswil SG	Loolaba tri club, wes...	37:27	+3:24	3:44	5389	18.
8.	Oštrina Miroslav	86	Goldach		38:52	+4:49	3:53	3613	24.
9.	Mannweiler Marco	92	Schwerzenbach	Cycling Experience R...	38:58	+4:55	3:53	5103	25.
10.	Sägesser Fabian	91	Winterthur	finishers Winterthur	39:00	+4:57	3:53	5141	26.
11.	Koster Stefan	86	Teufen AR	LG TV Teufen	39:22	+5:19	3:56	2109	31.
12.	Lowiner Christian	87	Bülach		39:41	+5:38	3:58	8039	32.
13.	Bissig Lukas	89	Luzern	Reinhardt Runners	40:11	+6:08	4:01	5469	33.
14.	Muggli Frank	89	Urdorf		40:39	+6:36	4:03	3523	37.
15.	Kampf Raphael	89	Rothenburg	STV Sempach	41:04	+7:01	4:06	5581	38.
16.	von Borries Mark	85	Samstagern	Swiss Xplorer	41:22	+7:19	4:08	2193	42.
17.	Aellig Thomas	84	Uster		41:24	+7:21	4:08	5822	43.
18.	Doherty Ciaran	91	Zurich		41:27	+7:24	4:08	6620	44.
19.	Gabrieli Jonas	91	Pfäffikon		41:51	+7:48	4:11	2825	49.
20.	Siegenthaler Roger	89	Zofingen		42:03	+8:00	4:12	9232	51.
21.	Baumgartner Sven	91	Zürich	adidas Runners Züri...	42:44	+8:41	4:16	1042	58.
22.	Legentilhomme Geoffroy	89	Zürich		43:08	+9:05	4:18	7928	62.
23.	Flütsch Marcel	90	Zürich	Adidas Runners Zuri...	43:41	+9:38	4:22	2013	66.
24.	Wegner Michael	92	Dübendorf		43:58	+9:55	4:23	9779	69.
25.	Häring Stefan	85	Volketswil		44:40	+10:37	4:27	7249	80.
26.	Hirnschall Christoph	90	Zürich		44:43	+10:40	4:28	7358	82.
27.	Roussel Alex	86	Zug		44:56	+10:53	4:29	3786	85.
28.	Hindermann Marco	89	Winterthur	finishers Winterthur	44:57	+10:54	4:29	5140	86.
29.	Villiger Roger	88	Volketswil	FC Volketswil	45:09	+11:06	4:30	10000	90.
30.	Amato Stefan	88	Stäfa		45:18	+11:15	4:31	12121	93.
31.	Rüger Maximilian	92	Zürich		45:32	+11:29	4:33	12120	96.
32.	Huber Tobias	87	Dübendorf		45:32	+11:29	4:33	7450	97.
33.	Huber Beat	91	Winterthur		45:56	+11:53	4:35	7429	106.
34.	Meshcharakou Dzmitry	89	Bremgarten AG		46:14	+12:11	4:37	8233	111.
35.	Klöti Cyril	85	Neuchâtel		46:22	+12:19	4:38	7712	113.
36.	Schnyder Pascal	90	Winterthur		46:26	+12:23	4:38	9113	114.
37.	Abegglen Kevin	91	Interlaken		46:27	+12:24	4:38	2254	116.
38.	Houit Thomas	86	Zürich	Trigether	46:46	+12:43	4:40	2222	121.
39.	Gmünder Tim	88	Uster		46:49	+12:46	4:40	7071	124.
40.	Sylvain Usai	91	Küsnacht ZH		46:50	+12:47	4:40	9499	125.
41.	Henry Nathaniel	93	Zürich		46:50	+12:47	4:40	7304	126.
42.	Siminski Igor	92	Zürich		46:54	+12:51	4:41	9246	129.
43.	Neeser Sidney	89	Nänikon	Charitylauf Werkhei...	46:57	+12:54	4:41	1024	132.
44.	El Nashar Sharif	88	Zürich		46:58	+12:55	4:41	2704	133.
45.	Iftime Valentin	86	Zürich		47:08	+13:05	4:42	7494	134.
46.	Donner Silvan	90	Grüningen	Dnjepr Dnjepropetr...	47:10	+13:07	4:42	5115	135.
47.	Lombard Julien	86	Zurich	Zürich Fronrunners	47:25	+13:22	4:44	5786	137.
48.	Stierli Daniel	91	Sins		47:31	+13:28	4:45	9410	138.
49.	Pagani Sasha	93	Zürich	SVAM Muggio	47:32	+13:29	4:45	5589	139.
50.	Dolder Pascal	86	Rheinsulz		47:32	+13:29	4:45	6624	141.

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51.	Stutz Kevin	91	Luzern		47:41	+13:38	4:46	9474	144.
52.	Walser Rinaldo	84	Wallisellen		48:00	+13:57	4:47	4180	151.
53.	Garcia Moreno German	85	Volketswil		48:17	+14:14	4:49	2842	158.
54.	Zanon Fabio	88	Zürich		48:20	+14:17	4:49	4271	160.
55.	Bischoff Stefan	86	Brüttisellen		48:21	+14:18	4:50	2411	161.
56.	Russ Tom	92	Winterthur		48:23	+14:20	4:50	8907	162.
57.	Mörgeli Marco	88	Winterthur		48:32	+14:29	4:51	8310	166.
58.	Lorne Stuart	85	Zürich		48:41	+14:38	4:52	8036	168.
59.	Eiken Oystein	84	Zürich		48:44	+14:41	4:52	2701	170.
60.	Steiner Philipp	86	Ibach		49:04	+15:01	4:54	4004	177.
61.	Willi Joel	93	Zürich		49:25	+15:22	4:56	4233	185.
62.	Iten Silvan	93	Bern		49:55	+15:52	4:59	7527	202.
63.	Truocchio Gianfranco	86	Greifensee		50:05	+16:02	5:00	9589	206.
64.	Hefti Stefan	84	Riedern	LAV Glarus	50:07	+16:04	5:00	5286	207.
65.	Huber Markus	87	Zürich		50:20	+16:17	5:01	7437	212.
66.	Lindegger Reto	87	Dübendorf		50:26	+16:23	5:02	3343	213.
67.	Chabraoui Salim	88	Zurich		50:36	+16:33	5:03	6464	214.
68.	Haghighi Erfan	85	Wallisellen		50:36	+16:33	5:03	2960	215.
69.	Pertschy Elias	90	Uster		50:43	+16:40	5:04	8601	216.
70.	Vieira Gabriel	87	Turbenthal		50:47	+16:44	5:04	4134	218.
71.	Erhardt Julian	92	Bern		50:48	+16:45	5:04	6750	219.
72.	Businger-Berther G�r�me	84	Igis		50:56	+16:53	5:05	2519	220.
73.	Ahrend Jan - Marten	89	Z�rich		50:58	+16:55	5:05	12067	221.
74.	Nelson Taylor	92	Konstanz		51:04	+17:01	5:06	8434	223.
75.	Rodriguez Manuel	85	Adliswil		51:08	+17:05	5:06	8820	225.
76.	N�f Tobias	86	Kreuzlingen		51:10	+17:07	5:06	8414	228.
77.	Kerschbaum Marco	88	Z�rich		51:11	+17:08	5:07	12052	230.
78.	Theodorou Aggelos	86	Zurich		51:15	+17:12	5:07	9541	232.
79.	Hertig Damian	92	Zollikofen		51:18	+17:15	5:07	7324	233.
80.	Eyer Michael	85	Niederweningen		51:22	+17:19	5:08	6776	237.
81.	Ito Gaku	90	Z�rich		51:22	+17:19	5:08	7528	238.
82.	Schiess Patrick	87	Weisslingen		51:24	+17:21	5:08	9029	240.
83.	Mene Alejandro	91	Zurich		51:36	+17:33	5:09	8225	244.
84.	Gregor Martin	84	Rotkreuz		51:39	+17:36	5:09	7111	246.
85.	Kashitsyn Roman	87	Pf�ffikon ZH		51:59	+17:56	5:11	7633	257.
86.	Richiedei Ludovic	90	Euseigne		52:09	+18:06	5:12	3743	260.
87.	Moore Evan	84	Zurich		52:32	+18:29	5:15	8302	269.
88.	St�rzinger Alex	91	Z�rich		52:35	+18:32	5:15	9470	272.
89.	Wagner Damian	90	Dietlikon	Team Speedy	52:51	+18:48	5:17	2205	277.
90.	Werder Marco	84	Z�rich		52:56	+18:53	5:17	9810	279.
91.	Cavegn Nico	90	Wil	G�rkis R�nning Cl�b	53:08	+19:05	5:18	2057	284.
92.	Kuonen Benjamin	89	Bronschhofen	G�rki 2	53:08	+19:05	5:18	2056	285.
93.	Bom Stefan	90	Zuerich		53:09	+19:06	5:18	6199	286.
94.	Carlson Andrew	92	Z�rich		53:17	+19:14	5:19	6432	290.
95.	Nazari Ehsanullah	91	Z�rich		53:24	+19:21	5:20	720	294.
96.	Bl�chlinger Dario	88	Pf�ffikon ZH		53:32	+19:29	5:21	6171	303.
97.	Heller Daniel	86	Seon	Migros-Marketing	53:43	+19:40	5:22	1110	305.
98.	Panzer Christoph	86	Effretikon		53:46	+19:43	5:22	8560	306.
99.	Albrecht Felipe	84	Basel	Tahi Crossfit	54:02	+19:59	5:24	2194	319.
100.	Junghanns Sascha	87	Z�rich	Swan Runners 2023	54:11	+20:08	5:25	1179	322.

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101.	Mcveigh Daniel	90	Zürich	Alexion	54:20	+20:17	5:25	1056	327.
102.	Polvora Pedro	87	Zürich		54:30	+20:27	5:26	8664	331.
103.	Deubelbeiss Roman	86	Ebmatingen		54:33	+20:30	5:27	6579	333.
104.	Beeler Reto	85	Winterthur		54:34	+20:31	5:27	6055	335.
105.	Biedermann Michael	85	Grafstal		54:37	+20:34	5:27	6118	336.
106.	Kasperczyk Jakub	92	Küsnacht ZH		54:39	+20:36	5:27	7635	337.
107.	Jockers Christoph	90	Zürich	Swiss Prime Site	54:39	+20:36	5:27	5594	338.
108.	von Dach Renato	90	Adliswil		54:45	+20:42	5:28	9706	340.
109.	Lemaire Arnaud	88	Uezwil		54:46	+20:43	5:28	7940	342.
110.	Kocevski Ivan	92	Oetwil am See	Tassi del Malcantone	55:05	+21:02	5:30	5602	354.
111.	Lleshi Florjan	92	Dieitkon	SAR TEAM	55:22	+21:19	5:32	1151	368.
112.	Meier Alain	88	Zürich		55:34	+21:31	5:33	3440	376.
113.	Roger Roger	90	Langenthal		55:34	+21:31	5:33	8824	378.
114.	Dutler Stefan	87	Sulzbach		55:40	+21:37	5:33	2681	384.
115.	Siegenthaler Pascal	87	Sursee		55:51	+21:48	5:35	9231	391.
116.	Nüesch Renato	90	Spreitenbach		56:03	+22:00	5:36	8481	394.
117.	Friedli Adrian	86	Uster		56:05	+22:02	5:36	6928	396.
118.	Schmid Michael	88	Wettingen		56:08	+22:05	5:36	9068	397.
119.	Geiger Kevin	91	Brugg AG		56:10	+22:07	5:36	7023	402.
120.	Frank Andi	86	Kreuzlingen		56:14	+22:11	5:37	6895	405.
121.	Müller Gabriel	84	Goldach		56:15	+22:12	5:37	8356	406.
122.	Buannic Yann	86	Uster		56:19	+22:16	5:37	6336	410.
123.	Blöchliger Ivan	85	Uster		56:28	+22:25	5:38	6172	415.
124.	Sternberg Michel	84	Uster		56:49	+22:46	5:40	9398	427.
125.	Meinen Nalet	91	Bern	Überbleibsel	57:02	+22:59	5:42	2239	438.
126.	Ritzel Alexander	84	Ingolstadt		57:07	+23:04	5:42	8809	441.
127.	Steiner Patrick	84	Uster		57:23	+23:20	5:44	4003	447.
128.	Yakutovich Aliaksandr	90	Dübendorf		57:34	+23:31	5:45	10186	452.
129.	Kalofolias Vasilis	87	Zürich		57:38	+23:35	5:45	7617	456.
130.	Britt Tobias	93	Zürich		57:38	+23:35	5:45	6284	457.
131.	Nourollah Amir	86	Zürich	Takeda Pharmaceuti...	57:39	+23:36	5:45	1248	458.
132.	Marti Roger	84	Fällanden		57:44	+23:41	5:46	12012	460.
133.	Bryner Dario	90	Zürich		57:52	+23:49	5:47	6334	466.
134.	Noack Martin	87	Uster		57:59	+23:56	5:47	8467	469.
135.	Barrett John	92	Bern		58:09	+24:06	5:48	5995	476.
136.	Keiser Ramon	87	Sins	Fondation ART-THE...	58:17	+24:14	5:49	1038	481.
137.	Bertschi Seraphim	90	Zürich		58:18	+24:15	5:49	12068	483.
138.	Freitas Jorge	90	Kloten		58:20	+24:17	5:49	6914	485.
139.	Kaiser Fabian	87	Uitikon Waldegg		58:36	+24:33	5:51	3141	493.
140.	Baath Theo	89	Wernetshausen		58:57	+24:54	5:53	5919	508.
141.	Santana Renato	93	Kloten		59:03	+25:00	5:54	3818	515.
142.	Dürst Jonas	88	Jona		59:08	+25:05	5:54	12126	521.
143.	Buschor Daniel	85	Affoltern am Albis		59:09	+25:06	5:54	2516	523.
144.	Wolff Georg	92	Winterthur		59:11	+25:08	5:55	12038	524.
145.	Hubmann Thierry	91	Murten		59:13	+25:10	5:55	3070	526.
146.	Orlando Adrian	92	Hinwil		59:28	+25:25	5:56	8525	533.
147.	Stirnimann Rolf	93	Zürich		59:30	+25:27	5:56	4014	534.
148.	Sagace Mauro	88	Uster		59:30	+25:27	5:56	3810	535.
149.	Kratz Tobias	88	Zürich	Migros-Marketing	59:32	+25:29	5:57	1112	537.
150.	Regez Cedric	91	Zürich		59:32	+25:29	5:57	8734	538.

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151.	Micheroli Yves	89	Oberurnen	The Four Horsemen	59:39	+25:36	5:57	5645	544.
152.	Kiguel Nicolas	88	Schönenberg		59:43	+25:40	5:58	7681	547.
153.	Scheller Theo	93	Jona		59:47	+25:44	5:58	9010	550.
154.	de Chaillé Henry	84	Gockhausen		59:52	+25:49	5:59	6543	552.
155.	Takahiro Saekio	85	Edogawa	Swan Runners 2023	1:00:00	+25:57	5:59	1189	557.
156.	Dias Duraes Pedro	93	Wohlen AG		1:00:17	+26:14	6:01	2641	565.
157.	Zuppiger Quirin	93	Zürich		1:00:58	+26:55	6:05	9986	573.
158.	Aquillon Aurèle	90	Zürich		1:01:10	+27:07	6:06	5892	578.
159.	Tan Emanuel	93	Wittenbach		1:01:16	+27:13	6:07	9507	581.
160.	Reynes David	84	Giswil		1:01:22	+27:19	6:08	8768	584.
161.	Demuth Fabian	90	Zürich		1:01:23	+27:20	6:08	2628	586.
162.	Meier Michael	87	Schwanden GL		1:01:30	+27:27	6:08	3454	593.
163.	Wohler Dario	84	Zürich		1:01:31	+27:28	6:09	12016	595.
164.	Marcano Mario	92	Uster	Swisscom Move!	1:01:50	+27:47	6:10	1210	609.
165.	Soares Pellosi Fabio	93	Winterthur		1:01:57	+27:54	6:11	9270	611.
166.	Galceran Enric	87	Meilen		1:02:01	+27:58	6:12	2832	612.
167.	Ferpozzi Jeffrey	93	Zürich		1:02:03	+28:00	6:12	12039	614.
168.	Helbling Michael	85	Fehraltorf		1:02:09	+28:06	6:12	7298	618.
169.	Hodel Pius	91	Biglen		1:02:10	+28:07	6:12	7371	620.
170.	Emaury Florian	87	Zurich		1:02:20	+28:17	6:13	6724	622.
171.	Villares Gustavo	88	Zurich		1:02:21	+28:18	6:14	9665	623.
172.	Baumann Michael	88	Spreitenbach		1:02:33	+28:30	6:15	12123	629.
173.	Aparicio Daniel	85	Uster		1:02:35	+28:32	6:15	5891	630.
174.	Bee Mario	89	Uster	Swan Runners 2023	1:02:47	+28:44	6:16	1174	632.
175.	Huller Maxim	84	Zürich		1:02:56	+28:53	6:17	7472	640.
176.	Chicharro Mariano	89	Zurich		1:03:13	+29:10	6:19	10068	650.
177.	Good Michael	90	Dübendorf	Bananemugger	1:03:13	+29:10	6:19	5059	651.
178.	Startnummer 12119	88	Romanshorn		1:03:41	+29:38	6:22	12119	662.
179.	Kohlert Simon	90	Winterthur		1:03:42	+29:39	6:22	10102	665.
180.	Landolt Adrian	85	Eglisau		1:03:43	+29:40	6:22	7889	666.
181.	Hervieu Cedric	92	Zürich		1:03:45	+29:42	6:22	7328	667.
182.	Weber Michael	84	Wolfhausen		1:03:54	+29:51	6:23	9766	671.
183.	Reichen Christoph	84	Basel		1:04:06	+30:03	6:24	8740	679.
184.	Ebersold Marcel	86	Effretikon		1:04:30	+30:27	6:26	6678	684.
185.	Schatz Remo	91	Winterthur		1:04:45	+30:42	6:28	8999	689.
186.	Frey Dominik	87	Weisslingen		1:04:54	+30:51	6:29	12098	697.
187.	Rabensteiner Stefan	84	Bassersdorf		1:04:55	+30:52	6:29	3704	698.
188.	Garofalo Francesco	84	Zürich		1:05:08	+31:05	6:30	2844	703.
189.	Münger Pascal	85	Volketswil		1:05:11	+31:08	6:31	8389	704.
190.	Kuhn Manuel	91	Winterthur		1:05:12	+31:09	6:31	12007	705.
191.	Fananas Diego	86	Winterthur		1:05:19	+31:16	6:31	2737	709.
192.	Good Joshua	93	Zürich		1:05:21	+31:18	6:32	10085	711.
193.	Bähler Jörg	92	Tann		1:05:30	+31:27	6:32	12108	714.
194.	Keller Gabriel	87	Gähwil		1:05:37	+31:34	6:33	3168	718.
195.	Han Michel	86	Hünenberg See		1:05:41	+31:38	6:34	7235	720.
196.	Messmer Luzian	92	Wermatswil		1:05:42	+31:39	6:34	3479	721.
197.	Michienzi Luca	92	Zürich		1:05:54	+31:51	6:35	3489	725.
198.	Vergeer Gerhard	88	Pretoria	Swan Runners 2023	1:05:56	+31:53	6:35	1190	726.
199.	Epifanio Alex	93	Dottikon		1:06:06	+32:03	6:36	6743	728.
200.	Lenggenhager Thomas	87	Brüttsellen		1:06:17	+32:14	6:37	7948	731.

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201.	Lutz Philippe	93	Zürich		1:06:47	+32:44	6:40	8066	737.
202.	Swanepoel Ian	89	Pretoria	Swan Runners 2023	1:06:51	+32:48	6:41	1188	738.
203.	Pfrunder Lorenz	86	Zürich		1:06:53	+32:50	6:41	3669	742.
204.	Trentin Kevin	89	Benglen		1:06:56	+32:53	6:41	4085	743.
205.	Benetti Mickael	86	Binz		1:06:59	+32:56	6:41	6064	744.
206.	Kiss Peter	84	Uster		1:06:59	+32:56	6:41	7690	745.
207.	Brandmair Gregor	85	Egg		1:07:18	+33:15	6:43	6258	752.
208.	Batista Sergio	84	São Bernardo do cam...	Swan Runners 2023	1:07:26	+33:23	6:44	1173	753.
209.	Hug Sebastian	90	Zürich		1:07:33	+33:30	6:45	3074	757.
210.	Villiger Dominik	91	Uster		1:07:59	+33:56	6:47	9667	762.
211.	Winterstein Yannick	90	Zürich		1:08:08	+34:05	6:48	4235	770.
212.	Cheng Cloud	89	Beijing	Swan Runners 2023	1:08:18	+34:15	6:49	1176	774.
213.	Köpp Sebastian	87	Rorschach		1:08:36	+34:33	6:51	3229	780.
214.	Kaufmann Sascha	92	Uster		1:08:48	+34:45	6:52	7645	788.
215.	Haase Sebastian	87	Langwiesen		1:08:53	+34:50	6:53	10091	789.
216.	Kerschbaum Dominik	86	Winterthur		1:09:02	+34:59	6:54	7672	790.
217.	Lobenstein Sebastian	88	Effretikon		1:09:13	+35:10	6:55	8006	792.
218.	Krattiger Lukas	91	Amlikon-Bissegg		1:09:31	+35:28	6:57	3238	795.
219.	Hostettler Beat	89	Schwarzenburg		1:09:45	+35:42	6:58	3051	800.
220.	Sedleger Kevin	93	Volketswil		1:09:53	+35:50	6:59	3924	805.
221.	Ravi Teja Alluri	87	Urdorf	Cembra	1:09:58	+35:55	6:59	1073	806.
222.	Fardin Iman	87	Regensdorf		1:09:58	+35:55	6:59	2743	807.
223.	Ahmetovic Muhamed	84	Zürich		1:10:06	+36:03	7:00	2271	809.
224.	Diz Fernández Roland	89	Zürich		1:10:13	+36:10	7:01	6605	812.
225.	Schenk Samuel	92	Grosshöchstetten	Bierregler	1:10:14	+36:11	7:01	5066	813.
226.	Rotondo Claudio	88	Winterthur		1:10:45	+36:42	7:04	8857	818.
227.	Zurbuchen Simon	89	Amlikon-Bissegg		1:11:03	+37:00	7:06	4309	822.
228.	Huber Sacha	84	Zurich		1:11:03	+37:00	7:06	7443	824.
229.	Trajkov John	93	Glattpark		1:11:06	+37:03	7:06	9573	828.
230.	Mogavero Raffaele	90	Winterthur		1:11:27	+37:24	7:08	8292	832.
231.	Baur Alex	90	Saland		1:11:34	+37:31	7:09	12019	833.
232.	Eickenbusch Philip	86	Zürich		1:12:28	+38:25	7:14	6707	844.
233.	Kunz Robin	93	Zürich		1:12:51	+38:48	7:17	7852	849.
234.	Herrmann Samuel	86	Wald ZH		1:12:52	+38:49	7:17	7316	850.
235.	Gadient Mike	87	Salmsach		1:13:51	+39:48	7:23	2828	860.
236.	Abdelfattah Amr	91	Volketswil		1:15:00	+40:57	7:29	5790	870.
237.	Malaquias Nuno	92	Winterthur		1:15:10	+41:07	7:30	8097	872.
238.	Figeat Jocelyn	90	Zürich		1:15:11	+41:08	7:31	6835	874.
239.	Meffray Kevin	90	Volketswil		1:15:12	+41:09	7:31	8175	875.
240.	Fernandez Javier	92	Adliswil		1:15:20	+41:17	7:31	2758	876.
241.	Neuhaus Lukas	91	Bonstetten		1:15:32	+41:29	7:33	8438	881.
242.	Tantallidis Andreas	86	Uster		1:16:05	+42:02	7:36	9516	884.
243.	Grosswiler Simon	89	Fällanden		1:16:18	+42:15	7:37	7133	888.
244.	Achermann Yves	90	Rotkreuz		1:16:43	+42:40	7:40	5803	890.
245.	Lazzaro Emanuele	84	Uster		1:18:43	+44:40	7:52	12005	901.
246.	Chakrovarty Shankhoneer	89	Kloten		1:19:01	+44:58	7:54	6466	905.
247.	D'amico Luca	92	Uster	Charitylauf Werkhei...	1:20:19	+46:16	8:01	1010	910.
248.	Cortes-Fuentes Adriano	92	Brüttisellen		1:20:53	+46:50	8:05	6503	911.
249.	Haag Jürg	93	Wallisellen		1:21:12	+47:09	8:07	7194	913.
250.	Pascal Wagner	89	Würenlos		1:21:24	+47:21	8:08	8565	915.

Greifenseelauf 2023

results

10km M 30

rank	name	yob	city	Group/club	time	diff	min/km	racenum	overall
251.	Limani Kastriot	93	Wetzikon		1:25:10	+51:07	8:30	7985	924.
252.	von Ah Sacha	85	Obfelden	Datasport	1:34:29	+1:00:26	9:26	5106	932.
253.	Lastovka Johannes	89	Zürich		1:43:24	+1:09:21	10:20	7914	934.

Greifensee

254.	Gudkov Nikolay	90	Zurich		13:07	+6:49	5:57	7154	
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DNS

	Davesne Léo	85	Zürich	Swisscom Move!				1196	
	Richerzhagen Nils	91	Au ZH	Swisscom Move!				1219	
	Weber Daniel	88	Zollikon	Swisscom Move!				1232	
	Benner Christoph	91	Zürich					2365	
	Diggelmann Beda	93	Zürich					2648	
	Dumazet Nicolas	87	Zurich					2675	
	Kaushik Aditya	89	Zürich					3159	
	Kläy Elias	92	Baar					3197	
	Queetz Björn	89	Zürich					3700	
	Rowan Drew	85	Zug					3787	
	Schwartz Etienne	86	Zumikon					3917	
	Stevan Sebastien	85	Gland					4008	
	Zobrist Manuel	87	Volketswil					4296	
	Gassmann Christian	84	Wallisellen	Go Bine Go				5173	
	Diaspero Leandro	84	Uster	Oracle				5449	
	Venetz Sandro	92	Zürich	Rhone Runners				5477	
	Adriano Alexandre	89	Uster					5818	
	Baia Alessandro	85	Wallisellen					5962	
	Hodel Sandro	88	Zürich					7372	
	Jarion Grégory	90	Hedingen					7555	
	Jobin Marc	89	Zürich					7571	
	Kaiser Nico	90	Zürich					7608	
	Loser Michael	87	Winterthur					8037	
	Michel Fabio	84	Zug					8260	
	Mujakic Denis	85	Dierikon					8342	
	Reutimann Markus	85	Adlikon					8764	
	Szöllösi Miklos	87	Volketswil					9501	
	Vega Frank	87	Zürich					9646	
	von Niederhäusern Thom...	88	Zürich					9710	
	Zbinden Dominik	91	Zürich					9927	
	Qin Alex	86	Beijing					10140	

#285 participants