

# Steinhölzlilauflauf 2018

results

## Hauptlauf Männer 30

rank	lastname	firstname	yob	city	club	time	diff	min/km	racenu	Startrunde	Runde1	Runde2	Runde3	overall
1.	Kempf	Andreas	88	Wabern	TSV Düringen	<b>33:35</b>		3:21	2	1:10	10:46	10:49	10:48	4.
2.	Garcia	Jorge	82	Wabern	Ryffel Running	<b>34:54</b>	+1:18	3:29	3	1:14	11:06	11:18	11:14	7.
3.	Zahnd	Simon	82	Riggisberg	gantrischbike.ch	<b>35:07</b>	+1:31	3:30	1088	1:14	11:06	11:19	11:27	8.
4.	Rutschi	Oliver	83	Liebefeld	Race Team Malle	<b>37:53</b>	+4:17	3:47	1139	1:26	12:12	12:13	12:00	12.
5.	Epp	Pius	85	Bern	LG Gerbersport	<b>38:05</b>	+4:29	3:48	221	1:18	12:00	12:28	12:18	13.
6.	Felder	Alain	88	Bern	LCA Bärn	<b>38:34</b>	+4:58	3:51	1150	1:17	12:02	12:32	12:41	14.
7.	Joos	Marc	87	Basel		<b>38:44</b>	+5:09	3:52	1151	1:16	12:03	12:40	12:44	15.
8.	Hess	Hans Rudolf	84	Langnau i. E.		<b>39:06</b>	+5:31	3:54	300	1:29	12:30	12:35	12:31	19.
9.	Marocchi	Jordi	85	Solothurn	-	<b>39:52</b>	+6:16	3:59	413	1:22	12:34	12:54	13:02	29.
10.	Bodmer	Flo	82	Grasswil	LC Thomas Fehr	<b>39:53</b>	+6:17	3:59	1238	1:26	12:44	13:04	12:36	30.
11.	Rufener	Marc	83	Belp	LG Gerbersport	<b>41:43</b>	+8:07	4:10	535	1:29	13:11	13:36	13:25	39.
12.	Blatter	Beat	81	Zimmerwald	Tripl 3	<b>41:44</b>	+8:08	4:10	1208	1:29	13:04	13:41	13:29	40.
13.	Portmann	Peter	82	Bern	4feet	<b>42:09</b>	+8:34	4:12	497	1:29	13:22	13:39	13:39	42.
14.	Bapst	John	83	La Corbaz	CA Farvagny / MAHU	<b>42:16</b>	+8:40	4:13	126	1:33	13:12	13:40	13:50	44.
15.	Rutschi	Raphael	87	Köniz	EGS Aareläufer	<b>42:21</b>	+8:45	4:14	1235	1:38	13:35	13:31	13:35	45.
16.	Renel	Damien	82	Forel (Lavaux)		<b>42:22</b>	+8:46	4:14	1058	1:30	13:28	13:47	13:36	46.
17.	Lanz	Yves	82	Thun	i tue chli für mi	<b>42:28</b>	+8:52	4:14	382	1:29	13:18	13:55	13:45	48.
18.	Genna	Gian Sandro	81	Muri b. Bern	Laufteam Thun	<b>42:38</b>	+9:03	4:15	1242	1:29	13:46	14:05	13:17	50.
19.	Schneider	Marc	80	Bern		<b>43:06</b>	+9:30	4:18	581	1:28	13:22	14:08	14:07	56.
20.	Schenk	Dennis	83	Bern		<b>44:01</b>	+10:25	4:24	554	1:35	13:43	14:36	14:06	62.
21.	Mischler	Reto	81	Bern	LCA Bärn	<b>44:41</b>	+11:05	4:28	442	1:49	14:05	14:26	14:20	68.
22.	Wielgus	Jan	81	Wabern		<b>44:47</b>	+11:11	4:28	1081	1:30	14:09	14:35	14:32	69.
23.	Stettler	Marco	83	Uetligen		<b>45:06</b>	+11:30	4:30	1091	1:38	14:24	14:34	14:28	73.
24.	Tschui	Manuel	81	Wichtrach		<b>45:24</b>	+11:48	4:32	656	1:38	14:12	14:35	14:57	76.
25.	Wettstein	Markus	83	Russikon	LC Uster/smrn	<b>46:00</b>	+12:24	4:36	1014	1:39	14:13	15:10	14:56	80.
26.	Jenny	Roland	81	Belp		<b>46:22</b>	+12:46	4:38	340	1:47	14:40	15:06	14:48	81.
27.	Eckert	Marc	82	Frutigen		<b>46:27</b>	+12:51	4:38	206	1:36	14:38	15:07	15:06	82.
28.	Ramseier	Christoph	86	Bern	S+R Running Team	<b>46:33</b>	+12:57	4:39	506	1:46	14:37	15:01	15:08	83.
29.	Neuhaus	Tobias	86	Bern		<b>46:43</b>	+13:07	4:40	470	1:49	15:09	15:04	14:39	89.
30.	Knappe	Matthias	80	Niederscherli	Malle Race Team	<b>46:43</b>	+13:07	4:40	1221	1:40	15:09	15:01	14:52	90.

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31.	Kummer	Stefan	82	Fahrweid	smrun	<b>47:19</b>	+13:44	4:43	371	1:24	14:30	15:40	15:44	94.
32.	Sazpinar	Ali	84	Bern		<b>48:34</b>	+14:58	4:51	543	1:57	15:40	15:40	15:16	113.
33.	Baumann	Philipp	85	Liebefeld	PPT	<b>48:52</b>	+15:16	4:53	133	1:57	15:40	15:43	15:30	116.
34.	Boner	Bruno	82	Seedorf BE		<b>49:11</b>	+15:35	4:55	1237	1:50	15:01	15:51	16:28	120.
35.	Nombela	Escobar Alfonso	79	Bern		<b>49:36</b>	+16:00	4:57	478	1:51	15:26	16:03	16:14	125.
36.	Hutterer	Beat	83	Nidau		<b>49:40</b>	+16:04	4:58	325	1:52	15:36	15:59	16:12	127.
37.	Bieri	Sascha	83	Biel/Bienne	DTSwiss Factory Squad	<b>49:47</b>	+16:11	4:58	149	1:52	15:45	16:08	16:02	129.
38.	Schönholzer	Christian	81	Seedorf BE		<b>51:59</b>	+18:23	5:11	586	1:59	16:53	16:47	16:18	142.
39.	Wyss	Andreas	86	Bern	TV Worben	<b>52:58</b>	+19:23	5:17	708	1:56	16:49	16:58	17:14	155.
40.	Schlegel	Jonathan	87	Bern		<b>53:20</b>	+19:44	5:20	566	2:07	17:26	16:56	16:49	160.
41.	Simon	Yannick	80	Lyss		<b>53:37</b>	+20:01	5:21	605	2:12	17:20	16:55	17:08	162.
42.	Arnold	Franco	86	Bern		<b>54:48</b>	+21:12	5:28	121	1:58	16:48	17:51	18:09	168.
43.	Schiegg	Fabian	87	Bern		<b>55:12</b>	+21:36	5:31	560	2:05	18:03	17:53	17:10	170.
44.	Wälchli	Christoph	82	Bern		<b>55:27</b>	+21:51	5:32	1079	2:11	18:14	17:39	17:22	174.
44.	von Niederhäusern	Philippe	81	Bern		<b>55:27</b>	+21:51	5:32	1078	2:11	18:14	17:38	17:22	174.
46.	Eggenschwiler	Raphael	81	Murten		<b>55:51</b>	+22:15	5:35	209	1:56	16:50	18:15	18:48	176.
47.	Pfäffli	Timo	86	Bern		<b>56:33</b>	+22:58	5:39	1053	2:04	18:14	18:08	18:06	182.
48.	Roux	Yves	82	Schmitten FR	Raiffeisenbank Schwarzwasser	<b>58:43</b>	+25:08	5:52	527	1:57	17:45	19:07	19:53	196.
49.	Ferreira	José	81	Brügg BE		<b>59:04</b>	+25:28	5:54	233	2:12	19:36	18:54	18:20	197.
50.	Jordi	Mathias	84	StettlenStettlen	TV Stettlen	<b>59:51</b>	+26:15	5:59	344	2:14	18:40	19:23	19:32	200.
51.	Schaffer	Christoph	84	Stettlen		<b>59:51</b>	+26:15	5:59	545	2:14	18:40	19:23	19:32	201.
52.	Noti	Stefan	80	Bern		<b>1:01:04</b>	+27:28	6:06	1094	2:08	19:15	19:50	19:50	204.
53.	Brönnimann	Urs	82	Bern		<b>1:01:49</b>	+28:13	6:10	162	2:04	19:23	20:04	20:16	205.

## DNS

Gagliardi	Paolo	83	Bern						1002					
Graf	Stefan	79	Thun	All Blacks Thun					275					
Haslebacher	Yanik	88	Steffisburg						293					
Lognowicz	Martin	83	Bern						395					
Mattioli	Manuel	88	Thun						421					

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DNS														
	Maurer	Michael	80	Reichenbach i. K.	All Blacks Thun				423					
	Niederhäuser	Daniel	83	Wattenwil	Laufftreff Thun				475					
	Roulin	Olivier	85	Bern	Hillbilly Running Club				1061					

#61 participants