

# Greifenseelauf 2023

résultats

## 10km Nordic-Walking

| nom                       | an | lieu               | Groupe/club            | temps          | min/km | dossard |
|---------------------------|----|--------------------|------------------------|----------------|--------|---------|
| Aemisegger Alena          | 64 | Adlikon b.Regensdf |                        | <b>1:41:37</b> | 10:09  | 2262    |
| Aeschbacher Martina       | 65 | Siegershausen      |                        | <b>1:38:51</b> | 9:53   | 2264    |
| Aeschbacher Peter         | 65 | Siegershausen      |                        | <b>1:28:10</b> | 8:48   | 2265    |
| Affeltranger Daniel       | 68 | Winterthur         |                        | <b>1:36:09</b> | 9:36   | 2267    |
| Affeltranger Wongduan     | 66 | Winterthur         |                        | <b>1:29:17</b> | 8:55   | 2268    |
| Alvesalo Tanja            | 73 | Bäch SZ            |                        | <b>1:19:56</b> | 7:59   | 2289    |
| Amrein Anita              | 79 | Schänis            |                        | <b>1:35:48</b> | 9:34   | 5868    |
| Bächtold Elsbeth          | 44 | Volketswil         |                        | <b>1:45:24</b> | 10:32  | 5940    |
| Basso Daniela             | 59 | Como               | Nordic Walking Como    | <b>1:11:34</b> | 7:09   | 5433    |
| Baumann Kathrin           | 63 | Egg                |                        | <b>1:32:27</b> | 9:14   | 10046   |
| Baur Valeria              | 61 | Tann               | DTV Bubikon            | <b>1:22:15</b> | 8:13   | 5116    |
| Baur Verena               | 57 | Zürich             |                        | <b>1:34:32</b> | 9:27   | 6047    |
| Behringer-Bachmann Heidi  | 54 | Rudolfstetten      |                        | <b>1:56:49</b> | 11:40  | 2361    |
| Berger Ruedi              | 56 | Mönchaltorf        |                        | <b>1:28:52</b> | 8:53   | 6076    |
| Bernaschina Paola         | 63 | Riva San Vitale    | momo walkers           | <b>1:42:07</b> | 10:12  | 1134    |
| Bernhard Helene           | 58 | Bellach            |                        | <b>1:40:24</b> | 10:02  | 6088    |
| Bieri Andrea              | 70 | Roggwil            |                        | <b>1:20:20</b> | 8:01   | 6124    |
| Billiones Raquel          | 65 | Brüttisellen       |                        | <b>1:51:02</b> | 11:06  | 6134    |
| Bischof Luzia             | 60 | Gossau ZH          |                        | <b>1:28:30</b> | 8:50   | 6139    |
| Bodmer-Kallen Margrit     | 50 | Schaffhausen       |                        | <b>1:39:12</b> | 9:55   | 6184    |
| Borer Toni                | 46 | Adliswil           |                        | <b>1:24:08</b> | 8:24   | 2438    |
| Bosshard Bernadette       | 69 | Lufingen           | Frauenturnen Lufing... | <b>1:36:44</b> | 9:40   | 5152    |
| Bosshard Corinne          | 65 | Hadlikon           |                        | <b>1:43:15</b> | 10:19  | 2447    |
| Bottoni Gisela            | 49 | Castel San Pietro  | momo walkers           | <b>1:41:35</b> | 10:09  | 1135    |
| Braschler Sabrina         | 89 | Hirzel             |                        | <b>1:25:15</b> | 8:31   | 2456    |
| Brechbühl Alfred          | 59 | Wallbach           |                        | <b>1:36:41</b> | 9:40   | 2459    |
| Brülisauer Marlene        | 61 | Rehetobel          |                        | <b>1:43:07</b> | 10:18  | 6306    |
| Brunner Hans              | 44 | Fehraltorf         |                        | <b>2:01:56</b> | 12:11  | 2472    |
| Brunner Regula            | 68 | Riva San Vitale    | momo walkers           | <b>1:42:07</b> | 10:12  | 1136    |
| Brütsch Markus            | 54 | Ramsen             |                        | <b>1:35:54</b> | 9:35   | 6330    |
| Brütsch Patricia          | 56 | Ramsen             |                        | <b>1:35:54</b> | 9:35   | 6331    |
| Büchel Esther             | 51 | Sulgen             |                        | <b>1:46:33</b> | 10:39  | 2482    |
| Büchel Heinz &            | 63 | Dällikon           |                        | <b>1:30:44</b> | 9:04   | 6340    |
| Burkhalter Priska         | 73 | Uster              |                        | <b>1:26:36</b> | 8:39   | 6377    |
| Cucco Nicoletta           | 73 | Saltrio            | momo walkers           | <b>1:53:46</b> | 11:22  | 1137    |
| Däpp Peter                | 59 | Zürich             |                        | <b>1:19:37</b> | 7:57   | 6535    |
| Drewicz Bozena            | 67 | Zurich             |                        | <b>2:13:14</b> | 13:19  | 6640    |
| Epper-Rechsteiner Jrene   | 65 | Wil SG             |                        | <b>1:43:06</b> | 10:18  | 12421   |
| Erne Myrta                | 59 | Wettingen          | SV Lägern Wettingen    | <b>1:41:23</b> | 10:08  | 5585    |
| Fäh Claudia               | 74 | Gossau ZH          |                        | <b>1:20:56</b> | 8:05   | 6786    |
| Fasola Raffaella          | 69 | Como               | Nordic Walking Como    | <b>1:15:53</b> | 7:35   | 5434    |
| Feldmann Charlotte        | 57 | Löhningen          |                        | <b>1:22:15</b> | 8:13   | 6815    |
| Feusi Claudia             | 63 | Wiesendangen       |                        | <b>1:35:11</b> | 9:31   | 6827    |
| Finsterle Rosy            | 53 | Aathal-Seegräben   |                        | <b>1:34:47</b> | 9:28   | 6839    |
| Fischli Grazia            | 61 | Reinach BL         |                        | <b>1:37:08</b> | 9:42   | 6854    |
| Flecklin Eicher Christina | 58 | Urdorf             |                        | <b>1:41:50</b> | 10:10  | 6859    |
| Francica Marinella        | 59 | Rancate            | momo walkers           | <b>1:50:28</b> | 11:02  | 1138    |
| Frangi Jane               | 61 | Mezzovico          |                        | <b>1:37:16</b> | 9:43   | 6893    |
| Gabler Karin              | 73 | Volketswil         |                        | <b>2:12:02</b> | 13:12  | 6964    |
| Galmarini Barbara         | 70 | Arzo               | momo walkers           | <b>1:50:28</b> | 11:02  | 1139    |

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| Gassmann Silvia             | 63 | Pfäffikon ZH    |                        | <b>1:34:43</b> | 9:28   | 2851    |
| Gfeller Albert              | 45 | Bellach         | Fraso Ranch 007        | <b>1:29:42</b> | 8:58   | 2048    |
| Graf Jacqueline             | 72 | Uster           |                        | <b>2:01:41</b> | 12:10  | 12423   |
| Gut Andrea                  | 71 | Gossau ZH       |                        | <b>1:20:56</b> | 8:05   | 7175    |
| Hahn-Ackermann Beatrice     | 72 | Niederdorf      |                        | <b>1:35:07</b> | 9:30   | 7221    |
| Hänni Barbara               | 60 | Rüegsauschachen | smrun                  | <b>1:48:41</b> | 10:52  | 12004   |
| Härdi Sauter Carmen         | 63 | Volketswil      |                        | <b>1:38:23</b> | 9:50   | 2976    |
| Hartmann-Fischli Madelei... | 71 | Kaltbrunn       |                        | <b>1:33:07</b> | 9:18   | 2984    |
| Hauser Margrit              | 63 | Hirzel          |                        | <b>1:25:15</b> | 8:31   | 2993    |
| Heyder Sabrina              | 86 | Zürich          | Rheumaliga Schweiz     | <b>1:53:10</b> | 11:18  | 5474    |
| Hinden Werner               | 51 | Sulgen          |                        | <b>1:46:18</b> | 10:37  | 3014    |
| Höfemeier Iryna             | 65 | Besazio         | momo walkers           | <b>1:50:25</b> | 11:02  | 1140    |
| Honegger Erika              | 71 | Bülach          |                        | <b>1:24:22</b> | 8:26   | 7406    |
| Hoz-Hug Christine           | 60 | Emmetten NW     | smrun                  | <b>1:52:11</b> | 11:13  | 5528    |
| Huber Tabea                 | 61 | Hinwil          |                        | <b>1:19:27</b> | 7:56   | 7448    |
| Huser René                  | 66 | Zürich          | Swisscom Move!         | <b>1:23:40</b> | 8:21   | 1205    |
| Jäger Katja                 | 69 | Gündisau        |                        | <b>1:49:21</b> | 10:56  | 7544    |
| Jäger Marcus                | 69 | Gündisau        |                        | <b>1:49:22</b> | 10:56  | 7545    |
| Kappeler Karin              | 70 | Lenggenwil      |                        | <b>1:27:36</b> | 8:45   | 3149    |
| Kleesattel Heinrich         | 41 | Zürich          |                        | <b>1:41:34</b> | 10:09  | 7700    |
| Kluser Rachel               | 74 | Glis            | Live is life           | <b>1:29:23</b> | 8:56   | 10011   |
| Knöpfli Monika              | 66 | Torgon          |                        | <b>1:41:58</b> | 10:11  | 7730    |
| Knubel Claudia              | 70 | Watt            |                        | <b>1:18:58</b> | 7:53   | 7731    |
| Koch Cäcilia                | 59 | Sommeri         |                        | <b>1:21:52</b> | 8:11   | 3213    |
| Kohler Ursula               | 49 | Wiesendangen    |                        | <b>1:26:57</b> | 8:41   | 7742    |
| Landolt Fridolin            | 56 | Zürich          |                        | <b>1:19:35</b> | 7:57   | 7892    |
| Lelli Patrick               | 64 | Emmenbrücke     |                        | <b>1:14:13</b> | 7:25   | 3321    |
| Liebl Beate                 | 64 | Oetwil am See   |                        | <b>1:28:29</b> | 8:50   | 7975    |
| Liechti Irène               | 58 | Hittnau         |                        | <b>2:00:59</b> | 12:05  | 7979    |
| Liggenstorfer Corina        | 95 | Roggwil TG      | STV Roggwil            | <b>1:26:44</b> | 8:40   | 2187    |
| Londero Eliana              | 59 | Melano          | momo walkers           | <b>1:42:07</b> | 10:12  | 1141    |
| Lüthi Kurt W.               | 50 | Bern            | STB-Walking-Team       | <b>1:22:55</b> | 8:17   | 5568    |
| Mäder Ruth                  | 71 | Horgen          | smrun                  | <b>1:21:17</b> | 8:07   | 5530    |
| Mangone Susan               | 67 | Volketswil      |                        | <b>2:12:02</b> | 13:12  | 8107    |
| Marcos Silvia               | 77 | Lufingen        | Frauenturnen Lufing... | <b>1:36:17</b> | 9:37   | 5153    |
| Mastrantoni Dimitra         | 77 | Zurich          |                        | <b>1:35:42</b> | 9:34   | 3423    |
| Meier Brigitta              | 49 | Chur            |                        | <b>1:41:48</b> | 10:10  | 8182    |
| Meli René                   | 64 | Seuzach         |                        | <b>1:15:42</b> | 7:34   | 3467    |
| Meyer Roland                | 59 | Scherz          |                        | <b>1:19:24</b> | 7:56   | 8256    |
| Moser Markus                | 64 | Safenwil        |                        | <b>1:28:30</b> | 8:50   | 8322    |
| Nietlispach Nicole          | 70 | Wangen b. Olten |                        | <b>1:41:10</b> | 10:06  | 3573    |
| Overtoom Sandra             | 66 | Winterthur      |                        | <b>1:35:11</b> | 9:31   | 8543    |
| Palumbo Cornelia            | 58 | Wettingen       | SV Lägern Wettingen    | <b>1:46:46</b> | 10:40  | 5586    |
| Pedersen Else-Marie         | 53 | Schwerzenbach   |                        | <b>1:42:37</b> | 10:15  | 8577    |
| Pinnow Juergen              | 58 | Wil SG          |                        | <b>1:25:50</b> | 8:34   | 8647    |
| Pitocchi Sandra             | 68 | Wald ZH         |                        | <b>1:41:30</b> | 10:08  | 4320    |
| Rainer Monika               | 71 | Nänikon         |                        | <b>1:26:31</b> | 8:39   | 8707    |
| Rebellius Ulrike            | 66 | Meilen          |                        | <b>1:32:37</b> | 9:15   | 3718    |
| Reich Esther                | 65 | Waldstatt       |                        | <b>1:24:46</b> | 8:28   | 3724    |
| Richle Franziska            | 65 | Klingnau        |                        | <b>1:36:43</b> | 9:40   | 8774    |

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| Rinaldi Claudia         | 68 | Saltrio VA      | momo walkers           | <b>1:53:45</b> | 11:22  | 1142    |
| Rindlisbacher Pit       | 70 | Rorbas          |                        | <b>1:22:00</b> | 8:11   | 3751    |
| Rizzi Giorgio           | 56 | Como            | Nordic Walking Como    | <b>1:21:22</b> | 8:08   | 5435    |
| Römer Kristine          | 59 | Erlangen        |                        | <b>1:41:33</b> | 10:09  | 8836    |
| Ronner Elena            | 78 | Rapperswil SG   |                        | <b>1:24:47</b> | 8:28   | 8837    |
| Rosiello Anna           | 72 | Mendrisio       | momo walkers           | <b>1:50:26</b> | 11:02  | 1143    |
| Sancin Darko            | 59 | Greifensee      | Milandia               | <b>1:42:53</b> | 10:17  | 2126    |
| Sauter Ingrid           | 69 | Wiesendangen    |                        | <b>1:35:11</b> | 9:31   | 8966    |
| Schatzmann Ursula       | 65 | Spreitenbach    |                        | <b>1:52:11</b> | 11:13  | 9000    |
| Scheiwiller Lotti       | 65 | Bülach          |                        | <b>1:24:22</b> | 8:26   | 9005    |
| Schmid Max              | 48 | Untersiggenthal | LG Horn                | <b>1:44:52</b> | 10:29  | 2108    |
| Schoch Christine        | 69 | Mägenwil        |                        | <b>1:36:43</b> | 9:40   | 9114    |
| Schumacher Gabi         | 68 | Gossau ZH       |                        | <b>1:29:50</b> | 8:58   | 9154    |
| Schürch Thomas          | 69 | Mönchaltorf     |                        | <b>1:24:49</b> | 8:28   | 9162    |
| Schwank Dominique       | 63 | Zürich          | Rheumaliga Schweiz     | <b>1:53:10</b> | 11:18  | 5475    |
| Sevieri Julien          | 87 | Riedikon        |                        | <b>2:07:26</b> | 12:44  | 3933    |
| Specht Brigitte         | 62 | Esslingen       |                        | <b>1:38:21</b> | 9:50   | 9305    |
| Spiegel Peter           | 48 | Esslingen       | smrun                  | <b>2:54:34</b> | 17:27  | 5534    |
| Spring Franziska        | 70 | Aarberg         | smrun                  | <b>2:00:28</b> | 12:02  | 5535    |
| Stahel Yvonne           | 72 | Nürensdorf      |                        | <b>1:29:39</b> | 8:57   | 9335    |
| Stech Veronica          | 54 | Ramsen          |                        | <b>1:35:53</b> | 9:35   | 9358    |
| Stickel Melanie         | 74 | Zürich          |                        | <b>1:37:18</b> | 9:43   | 9408    |
| Stössel Irmgard         | 64 | Uster           |                        | <b>1:22:23</b> | 8:14   | 9438    |
| Sutter Brigitte         | 63 | Horgen          |                        | <b>1:39:15</b> | 9:55   | 10173   |
| Tettamanti Pia          | 59 | Domat/Ems       |                        | <b>1:35:48</b> | 9:34   | 9530    |
| Thalmann Hans           | 41 | Uster           |                        | <b>1:49:08</b> | 10:54  | 4063    |
| Trost Daniela           | 73 | Wettingen       | SV Lägern Wettingen    | <b>1:46:38</b> | 10:39  | 5587    |
| Uhlman Brigitte         | 67 | Zürich          | Rheumaliga Schweiz     | <b>1:53:10</b> | 11:18  | 5476    |
| Vetter Yolanda          | 73 | Jona            |                        | <b>1:33:53</b> | 9:23   | 9657    |
| Vincenz-Sgier Mierta    | 52 | Andiast         |                        | <b>1:30:02</b> | 9:00   | 9672    |
| Walder Magdalena        | 57 | Kloten          | LSV Kloten Bassersd... | <b>1:23:54</b> | 8:23   | 5400    |
| Walter Roland           | 69 | Berg am Irchel  |                        | <b>1:27:55</b> | 8:47   | 4181    |
| Wanner Christian        | 70 | Henggart        |                        | <b>1:27:53</b> | 8:47   | 12422   |
| Weber Madeleine         | 54 | Oetwil am See   |                        | <b>1:26:56</b> | 8:41   | 9764    |
| Weiler Werner           | 47 | Müllheim Dorf   |                        | <b>1:30:37</b> | 9:03   | 4203    |
| Wilfinger Alex          | 46 | Walenstadt      |                        | <b>1:16:37</b> | 7:39   | 4231    |
| Wolfensberger Annemarie | 50 | Oetwil am See   | smrun                  | <b>1:32:21</b> | 9:14   | 5537    |
| Zambetti Manuela        | 71 | Bellach         |                        | <b>1:43:03</b> | 10:18  | 9920    |

## Greifensee

|                  |    |             |  |              |      |      |
|------------------|----|-------------|--|--------------|------|------|
| Blattmann Werner | 61 | Richterswil |  | <b>14:41</b> | 6:40 | 6163 |
|------------------|----|-------------|--|--------------|------|------|

## DNS

|                   |    |              |                     |  |  |      |
|-------------------|----|--------------|---------------------|--|--|------|
| Bärtschi Hugo     | 40 | Biel/Bienne  | smrun               |  |  | 5524 |
| Egger Olaf        | 50 | Hinteregg    |                     |  |  | 6690 |
| Epper Jrene       | 65 | Wil SG       |                     |  |  | 6745 |
| Joss Erika        | 55 | 8606 Nänikon |                     |  |  | 7581 |
| Mühlestein Helene | 80 | Zürich       |                     |  |  | 8341 |
| Prizio Maurizio   | 65 | Winterthur   |                     |  |  | 8682 |
| Ris Nicole        | 71 | Deitingen    | Kimi Club Deitingen |  |  | 5227 |

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| DNS              |    |           |                     |       |        |         |
| Schättin Noémi   | 02 | Uster     |                     |       |        | 8998    |
| Stambach Monique | 56 | Sargans   | smrun               |       |        | 2173    |
| Suozzi Agnes     | 52 | Uster     |                     |       |        | 9486    |
| Wittwer Markus   | 78 | Deitingen | Kimi Club Deitingen |       |        | 5228    |

#150 participants