Forchlauf 2023

results

7.4 Kilometer Senioren M40

rank	name	yob	city	time	diff	min/km	racenum	Gesamtrang
1.	Mellaerts Randy	81	Birmensdorf ZH	**31:44**	--	4:17	1394	12.
2.	Frei Tobias	83		**31:57**	+13	4:19	544	13.
3.	de Jong Rogier	83	Zürich	**32:24**	+40	4:22	1120	17.
4.	Cardanobile Stefano	80	Kilchberg ZH	**34:09**	+2:25	4:36	1092	29.
5.	Floris Joël	81	Uster	**37:08**	+5:24	5:01	1174	54.
6.	Henguely Patrick	79		**37:54**	+6:10	5:07	565	60.
7.	Constam Thomas	79		**39:29**	+7:45	5:20	523	77.
8.	Guillier Pierre	82	Zürich	**40:59**	+9:15	5:32	1227	87.
9.	Degruyter Wim	82	Zurich	**42:00**	+10:16	5:40	1122	92.
10.	Brügger Lukas	82	Zürich	**42:30**	+10:46	5:44	1756	93.
11.	Ferrari-Fidel Frederick	83	Dübendorf	**42:48**	+11:04	5:46	1757	97.
12.	Impagliazzo Vito	80	Wallisellen	**45:32**	+13:48	6:09	1293	119.

DNS

	Bärtschi Sandro	79					487	

#13 participants