

33. Schweizer Frauenlauf Bern 2019

Ergebnisse

10km Running Frauen W40

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|-------------------------|----|-------------------|---------------------|--------------|---------|--------|---------|---------|
| 1. | Aeschbacher Daniela | 78 | Bärau | TVL Länggasse | 37:45 | | 3:46 | 112 | 3. |
| 2. | Knuchel Kathrin | 79 | Thun | All Blacks | 39:44 | +1:59 | 3:58 | 1204 | 9. |
| 3. | Hofer Monique | 78 | Tschugg | | 40:14 | +2:29 | 4:01 | 1258 | 11. |
| 4. | Killer Regine | 76 | Rüfenach AG | LSG Brogg | 41:50 | +4:05 | 4:11 | 1077 | 25. |
| 5. | von Bergen Rahel | 76 | Schattenhalb | Laufgruppe Willigen | 42:53 | +5:08 | 4:17 | 1159 | 35. |
| 6. | Rhyner Susanna | 75 | Elm | | 43:25 | +5:40 | 4:20 | 1120 | 42. |
| 7. | Wertli Beatrice | 76 | Bern | | 43:31 | +5:46 | 4:21 | 1162 | 45. |
| 8. | Clément Sandrine | 75 | Pâquier-Montbarry | SA Bulle | 43:44 | +5:59 | 4:22 | 1187 | 49. |
| 9. | Kümmel Anne | 77 | Basel | Mööh | 44:50 | +7:05 | 4:29 | 1207 | 78. |
| 10. | Burri Emmanuelle | 79 | Vessy | | 45:11 | +7:26 | 4:31 | 1184 | 85. |
| 11. | Oppliger Katja | 78 | Thürnen | Laufftreff | 45:22 | +7:37 | 4:32 | 2096 | 88. |
| 12. | Maarouf Teuscher Yvonne | 78 | Bern | STB | 45:31 | +7:46 | 4:33 | 1089 | 94. |
| 13. | Perren Marianne | 75 | Wichtrach | LSV Uetendorf | 45:58 | +8:13 | 4:35 | 1113 | 113. |
| 14. | Käppeli Valentina | 79 | Thierachern | | 46:02 | +8:17 | 4:36 | 1202 | 119. |
| 15. | Losser Petra | 76 | Uster | | 46:10 | +8:25 | 4:37 | 1086 | 126. |
| 16. | Reidy Isabelle | 77 | Schmitten FR | | 46:12 | +8:27 | 4:37 | 3156 | 128. |
| 17. | Liechti Corinne | 77 | Tramelan | | 46:13 | +8:28 | 4:37 | 2072 | 129. |
| 18. | Andreoli Melanie | 79 | Teufenthal AG | triclub aarau | 46:22 | +8:37 | 4:38 | 1010 | 134. |
| 19. | Rohrbach Manuela | 77 | Wabern | Roca | 46:23 | +8:38 | 4:38 | 1122 | 135. |
| 20. | Cavin Chantal | 78 | Bern | Plusport | 46:31 | +8:46 | 4:39 | 114 | 141. |
| 21. | Dadmal Nathalie | 77 | Zofingen | | 46:37 | +8:52 | 4:39 | 1034 | 145. |
| 22. | Muller Vanessa | 78 | Ostermündigen | | 46:56 | +9:11 | 4:41 | 1108 | 156. |
| 23. | Simmen-Arnold Priska | 78 | Flüelen | | 47:14 | +9:29 | 4:43 | 1242 | 162. |
| 24. | Töpken Skadi | 76 | Steffisburg | All Blacks Thun | 47:25 | +9:40 | 4:44 | 1247 | 174. |
| 25. | Haslebacher Silvia | 79 | Bern | | 47:31 | +9:46 | 4:45 | 1058 | 180. |
| 26. | Prange Ulrike | 79 | Bern | | 47:32 | +9:47 | 4:45 | 1116 | 182. |
| 27. | Sauter Maya | 75 | Bern | | 47:39 | +9:54 | 4:45 | 1124 | 187. |
| 28. | Voide Cathy | 76 | Sion | | 47:39 | +9:54 | 4:45 | 2201 | 188. |
| 29. | Chevrier Danielle | 76 | Sion | | 47:43 | +9:58 | 4:46 | 1031 | 191. |
| 30. | Banz Vanessa | 77 | Herrenschwanden | | 47:55 | +10:10 | 4:47 | 2004 | 198. |
| 31. | Scherrer-Zemp Eliane | 78 | Bazenheid | | 47:59 | +10:14 | 4:47 | 1237 | 203. |
| 32. | Gmür Madeleine | 76 | Niederwil SG | | 48:10 | +10:25 | 4:49 | 2156 | 211. |
| 33. | Seiler Susanne | 76 | Riniken | | 48:27 | +10:42 | 4:50 | 1142 | 228. |
| 34. | Luchsinger Heidi | 76 | Matt | | 48:30 | +10:45 | 4:51 | 1087 | 233. |
| 35. | Peralta Sarah | 75 | Kriens | Anita active | 48:33 | +10:48 | 4:51 | 3145 | 234. |
| 36. | Wehrlin-Schmidt Eltje | 75 | Efringen-Kirchen | Tokyo Connection | 48:39 | +10:54 | 4:51 | 1161 | 245. |
| 37. | Rieder Nicole | 78 | Ebmatingen | | 48:40 | +10:55 | 4:52 | 2105 | 247. |
| 38. | Dayi Hostettler Yelda | 75 | Kirchberg BE | | 48:42 | +10:57 | 4:52 | 2207 | 250. |
| 39. | Schneider Regula | 79 | Toffen | | 48:44 | +10:59 | 4:52 | 1138 | 254. |
| 40. | Müller-ledermann Simone | 79 | Solothurn | | 48:52 | +11:07 | 4:53 | 2090 | 266. |
| 41. | Novo Martina | 77 | Bern | | 48:58 | +11:13 | 4:53 | 2185 | 271. |
| 42. | Schwartz Hanna | 78 | Bern | | 49:00 | +11:15 | 4:54 | 2196 | 273. |
| 43. | Busslinger Francesca | 78 | Wettingen | | 49:02 | +11:17 | 4:54 | 1028 | 275. |
| 44. | Lorez Sandra | 76 | Fällanden | | 49:14 | +11:29 | 4:55 | 1085 | 290. |
| 45. | Born Beatrice | 79 | Bern | | 49:16 | +11:31 | 4:55 | 2011 | 292. |
| 46. | Schürch Corinna | 76 | Bösingen | Bösingen Ladys | 49:20 | +11:35 | 4:56 | 2122 | 297. |
| 47. | Rohrbach Helene | 77 | Bern | | 49:26 | +11:41 | 4:56 | 3293 | 304. |
| 48. | Carron Sabrina | 75 | Bern | | 49:28 | +11:43 | 4:56 | 2019 | 311. |
| 49. | Manser Mauricia | 76 | Weissbad | | 49:31 | +11:46 | 4:57 | 1091 | 316. |
| 50. | Boos-Hautmann Andrea | 79 | Benken SG | SC Diemberg | 49:36 | +11:51 | 4:57 | 1022 | 324. |

33. Schweizer Frauenlauf Bern 2019

Ergebnisse

10km Running Frauen W40

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|------------------------|----|-------------------|--------------------------|--------------|---------|--------|---------|---------|
| 51. | Müller Monika | 75 | Ostermundigen | Bösingen Ladys | 49:38 | +11:53 | 4:57 | 2089 | 327. |
| 52. | Ziethe Ruth | 75 | Neuenegg | | 49:39 | +11:54 | 4:57 | 2135 | 330. |
| 53. | Dörflinger Nicole | 77 | Wettingen | | 49:39 | +11:54 | 4:57 | 3043 | 331. |
| 54. | Ruedin Caroline | 78 | Le Landeron | | 49:42 | +11:57 | 4:58 | 3164 | 334. |
| 55. | Hertenstein Simone | 77 | Liestal | Pacemaker | 49:50 | +12:05 | 4:59 | 69066 | 344. |
| 56. | Pfister Susanna | 75 | Hilterfingen | | 50:01 | +12:16 | 5:00 | 1114 | 360. |
| 57. | Gort Katja | 76 | Malans GR | | 50:01 | +12:16 | 5:00 | 10059 | 361. |
| 58. | Körner Christiane | 79 | Kirchdorf BE | | 50:04 | +12:19 | 5:00 | 3269 | 368. |
| 59. | Mérieult Nicole | 79 | Randogne | | 50:18 | +12:33 | 5:01 | 69077 | 390. |
| 60. | Kiefer Cornelia | 76 | Lausen | | 50:18 | +12:33 | 5:01 | 4079 | 391. |
| 61. | Rubin Mirjam | 75 | Arth | | 50:19 | +12:34 | 5:01 | 2107 | 393. |
| 62. | Sutovska Vanda | 77 | Uetendorf | | 50:26 | +12:41 | 5:02 | 4255 | 402. |
| 63. | Grieder Julia | 75 | Brugg AG | | 50:32 | +12:47 | 5:03 | 2159 | 414. |
| 64. | Rüegsegger Tanja | 77 | Brenzikofen | LSV Uetendorf | 50:36 | +12:51 | 5:03 | 3165 | 419. |
| 65. | Doser Romana | 79 | Kilchberg ZH | | 50:40 | +12:55 | 5:04 | 2026 | 428. |
| 66. | Jaquet Aurélie | 77 | La Chaux-de-Fonds | Cabinet Jaquet Team | 50:41 | +12:56 | 5:04 | 3260 | 429. |
| 67. | Dias Nicole | 78 | Burgdorf | | 50:41 | +12:56 | 5:04 | 2025 | 430. |
| 68. | Hemmer Anne-Françoise | 76 | Fribourg | | 50:44 | +12:59 | 5:04 | 4284 | 432. |
| 69. | Pletscher Melanie | 79 | Augst BL | | 51:04 | +13:19 | 5:06 | 2187 | 465. |
| 70. | Moser Balmer Mirjam | 77 | Bern | | 51:17 | +13:32 | 5:07 | 4291 | 491. |
| 71. | Schär Christina | 79 | Winterthur | | 51:24 | +13:39 | 5:08 | 3170 | 503. |
| 72. | Progin Karin | 77 | Vuadens | | 51:28 | +13:43 | 5:08 | 3151 | 508. |
| 73. | Aregger Esther | 79 | Wolhusen | | 51:38 | +13:53 | 5:09 | 5194 | 523. |
| 74. | Stebler Denise | 76 | Breitenbach | | 51:43 | +13:58 | 5:10 | 3187 | 531. |
| 75. | Pellandini Sonia | 77 | Belp | | 51:45 | +14:00 | 5:10 | 1224 | 533. |
| 76. | Stangl Nicole | 75 | Berikon | La Mutschellen | 51:53 | +14:08 | 5:11 | 2213 | 546. |
| 77. | Andriuet Flurina | 79 | Domat/Ems | | 52:05 | +14:20 | 5:12 | 4007 | 567. |
| 78. | Bossert Sonja | 77 | Langenthal | | 52:09 | +14:24 | 5:12 | 3024 | 573. |
| 79. | Graf Monika | 78 | Münchenbuchsee | | 52:13 | +14:28 | 5:13 | 3254 | 580. |
| 80. | Thibault Marlène | 75 | Wabern | | 52:20 | +14:35 | 5:14 | 3201 | 594. |
| 81. | Langensand Astrid | 78 | Giswil | | 52:27 | +14:42 | 5:14 | 4084 | 606. |
| 82. | Dempewolf Angela | 75 | Brügg BE | Europa Donna Schweiz | 52:30 | +14:45 | 5:15 | 7064 | 611. |
| 83. | Müller Sue | 77 | Herzogenbuchsee | LV Langenthal | 52:31 | +14:46 | 5:15 | 3281 | 612. |
| 84. | Gottspöner Marion | 75 | Visperterminen | Bayard Löffträff | 52:35 | +14:50 | 5:15 | 3064 | 623. |
| 85. | Rüegsegger Ürsi | 79 | Rosshäusern | | 52:37 | +14:52 | 5:15 | 3166 | 624. |
| 86. | Rommerskirchen Sabine | 78 | Bern | | 52:38 | +14:53 | 5:15 | 5133 | 631. |
| 87. | Haussener Brigitte | 76 | Lanzenhäusern | | 52:40 | +14:55 | 5:16 | 3076 | 638. |
| 88. | Rossi Laura | 75 | Kehrsatz | | 52:41 | +14:56 | 5:16 | 3294 | 642. |
| 89. | Hofmann Sara | 77 | Suberg | | 52:43 | +14:58 | 5:16 | 3258 | 646. |
| 90. | Schild Franziska | 77 | Bern | | 52:46 | +15:01 | 5:16 | 7248 | 649. |
| 91. | Blum Veronika | 75 | Fischbach LU | | 52:53 | +15:08 | 5:17 | 6044 | 664. |
| 92. | Fanghänel Kyra | 75 | Burgdorf | | 53:02 | +15:17 | 5:18 | 4204 | 675. |
| 93. | Cavelti Andrea | 79 | Mettmenstetten | | 53:03 | +15:18 | 5:18 | 4270 | 677. |
| 94. | Jordi Gisler Andrea | 76 | Schattdorf | | 53:09 | +15:24 | 5:18 | 4216 | 690. |
| 95. | Combertaldi Seraina | 77 | Zofingen | Oberstufe Rothrist (B... | 53:13 | +15:28 | 5:19 | 5223 | 702. |
| 96. | Haller Bertogg Corinne | 79 | Zürich | | 53:14 | +15:29 | 5:19 | 5072 | 703. |
| 97. | Blaser Doris | 75 | Bärau | | 53:17 | +15:32 | 5:19 | 5207 | 710. |
| 98. | Neuenschwander Carmen | 75 | Belp | TV Kehrsatz | 53:17 | +15:32 | 5:19 | 2094 | 712. |
| 99. | Arnold Nicole | 76 | Altdorf UR | | 53:22 | +15:37 | 5:20 | 4011 | 718. |
| 100. | Müller Véronique | 78 | Porrentruy | | 53:22 | +15:37 | 5:20 | 3141 | 719. |

33. Schweizer Frauenlauf Bern 2019

Ergebnisse

10km Running Frauen W40

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|--------------------------|----|-------------------|---------------------|--------------|---------|--------|---------|---------|
| 101. | Wiederkehr Susan | 78 | Winterthur | | 53:22 | +15:37 | 5:20 | 3220 | 720. |
| 102. | Tognacca Claudia | 78 | Ostermundigen | | 53:24 | +15:39 | 5:20 | 4166 | 723. |
| 103. | Kunz Nicole | 77 | Weisslingen | | 53:31 | +15:46 | 5:21 | 69070 | 741. |
| 104. | Colak Safiye | 79 | Anglikon | | 53:32 | +15:47 | 5:21 | 2151 | 743. |
| 105. | Tüscher Sabine | 75 | Zuzwil | | 53:33 | +15:48 | 5:21 | 4259 | 744. |
| 106. | Luck Carmen | 77 | Wagen | SC Diemberg | 53:34 | +15:49 | 5:21 | 3122 | 745. |
| 107. | Steiner Gabriela | 77 | Innerberg | | 53:34 | +15:49 | 5:21 | 69297 | 746. |
| 108. | Niederhauser Maja | 78 | Wyssachen | | 53:35 | +15:50 | 5:21 | 2183 | 747. |
| 109. | Habegger Eveline | 79 | Oberdiessbach | | 53:38 | +15:53 | 5:21 | 5067 | 750. |
| 110. | Progin-Grangier Cécile | 76 | Vuadens | | 53:41 | +15:56 | 5:22 | 4293 | 760. |
| 111. | Ziegler-Winkler Vanessa | 78 | Mellingen | | 53:44 | +15:59 | 5:22 | 4182 | 767. |
| 112. | Schweizer Iris | 77 | Wynigen | | 53:44 | +15:59 | 5:22 | 4242 | 770. |
| 113. | Walpen-Salzman Daliah | 77 | Ried-Brig | | 53:46 | +16:01 | 5:22 | 7317 | 774. |
| 114. | Haymoz Claudia | 76 | Alterswil FR | | 53:48 | +16:03 | 5:22 | 6128 | 777. |
| 115. | Kaeser Corinne | 75 | Alterswil FR | | 53:48 | +16:03 | 5:22 | 6156 | 778. |
| 116. | Filliger-Renggli Chantal | 78 | Ufhusen | Laufftreff Willisau | 53:49 | +16:04 | 5:22 | 2034 | 783. |
| 117. | Gisler Martina | 77 | Schattdorf | | 53:49 | +16:04 | 5:22 | 5060 | 785. |
| 118. | Weibel Katrin | 79 | Dinhard | | 53:50 | +16:05 | 5:23 | 6326 | 787. |
| 119. | Meier Rahel | 76 | Bern | | 53:50 | +16:05 | 5:23 | 3279 | 788. |
| 120. | Lanz Simone | 75 | Luzern | | 53:51 | +16:06 | 5:23 | 3114 | 793. |
| 121. | Stringer Natalie | 75 | MuttENZ | | 53:52 | +16:07 | 5:23 | 3192 | 796. |
| 122. | Ergun Huerriyet | 75 | Monthey | | 53:53 | +16:08 | 5:23 | 4203 | 801. |
| 123. | Rickenbach Céline | 77 | Bazenheid | | 53:55 | +16:10 | 5:23 | 4124 | 810. |
| 124. | Nater Sansonnens Aurélie | 76 | Villars-sur-Glâne | | 53:59 | +16:14 | 5:23 | 6221 | 821. |
| 125. | Hunziker Beatrice | 75 | Spiez | Laufftreff Spiez | 54:08 | +16:23 | 5:24 | 3089 | 845. |
| 126. | Mathys Mirjam | 75 | Thun | All Blacks | 54:11 | +16:26 | 5:25 | 3130 | 851. |
| 127. | Brichet Delphine | 76 | Marly | | 54:14 | +16:29 | 5:25 | 2147 | 858. |
| 128. | Simon Antje | 77 | Bern | | 54:16 | +16:31 | 5:25 | 5150 | 863. |
| 129. | Kohler Shanti | 75 | Meiringen | LG Willigen | 54:19 | +16:34 | 5:25 | 3107 | 871. |
| 130. | Grossenbacher Denise | 77 | Thörigen | Ingold Rönners | 54:24 | +16:39 | 5:26 | 4054 | 885. |
| 131. | Marti Nicole | 79 | Oberramsern | | 54:31 | +16:46 | 5:27 | 3129 | 898. |
| 132. | Lechner Martina | 79 | Chur | | 54:33 | +16:48 | 5:27 | 6180 | 905. |
| 133. | Gfeller Cornelia | 79 | Heimenschwand | Löifu | 54:34 | +16:49 | 5:27 | 3062 | 907. |
| 134. | Perler Christine | 76 | Schmitten FR | | 54:35 | +16:50 | 5:27 | 69081 | 908. |
| 135. | Rest Rhea | 79 | Gossau SG | | 54:39 | +16:54 | 5:27 | 6235 | 916. |
| 136. | Pieren Maria | 78 | Adelboden | | 54:41 | +16:56 | 5:28 | 7357 | 918. |
| 137. | von Wartburg Karin | 76 | Bern | | 54:45 | +17:00 | 5:28 | 4173 | 931. |
| 138. | Teuffer Anita | 79 | Schüpfheim | | 54:50 | +17:05 | 5:29 | 4164 | 943. |
| 139. | Dietschi Pisani Simone | 79 | Zürich | | 54:53 | +17:08 | 5:29 | 7067 | 951. |
| 140. | Früh Katrina | 79 | Chur | | 54:55 | +17:10 | 5:29 | 6097 | 956. |
| 141. | Grieder Claudia | 77 | Lonay | | 54:55 | +17:10 | 5:29 | 4053 | 958. |
| 142. | Tsan-Tang Guojuan | 75 | Rüdtligen | | 54:56 | +17:11 | 5:29 | 10197 | 962. |
| 143. | Schärer Alice | 76 | Oberrohrdorf | OLG Cordoba | 54:57 | +17:12 | 5:29 | 3171 | 967. |
| 144. | Schmidt Angelina | 77 | Zürich | | 54:57 | +17:12 | 5:29 | 3176 | 968. |
| 145. | Götz Sandra | 75 | Dornach | | 54:59 | +17:14 | 5:29 | 3065 | 976. |
| 146. | Klauser Judith | 79 | Wahlendorf | | 54:59 | +17:14 | 5:29 | 8191 | 977. |
| 147. | Frei Claudia | 76 | Baden | | 55:00 | +17:15 | 5:30 | 3054 | 980. |
| 148. | Meister-Nygren Anna | 79 | Herzogenbuchsee | | 55:02 | +17:17 | 5:30 | 3132 | 982. |
| 149. | Krucker Brigitte | 75 | Bichelsee | | 55:05 | +17:20 | 5:30 | 6175 | 993. |
| 150. | Vadini Edith | 78 | Bichelsee | | 55:05 | +17:20 | 5:30 | 6313 | 994. |

33. Schweizer Frauenlauf Bern 2019

Ergebnisse

10km Running Frauen W40

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|--------------------------|----|-------------------|----------------------|--------------|---------|--------|---------|---------|
| 151. | Suter Therese | 75 | Solothurn | | 55:09 | +17:24 | 5:30 | 5161 | 1009. |
| 152. | Anneler Teodora | 77 | Zürich | | 55:10 | +17:25 | 5:31 | 5008 | 1011. |
| 153. | Vogel Isabel | 79 | Chur | Calanda Running Team | 55:12 | +17:27 | 5:31 | 4169 | 1015. |
| 154. | Petersen Regula | 78 | Bern | | 55:17 | +17:32 | 5:31 | 3286 | 1029. |
| 155. | Hasler Conny | 78 | Hermrigen | | 55:22 | +17:37 | 5:32 | 5073 | 1042. |
| 156. | Moor Cornelia | 78 | Zofingen | | 55:24 | +17:39 | 5:32 | 4102 | 1045. |
| 157. | Müller Elisabeth | 79 | Olten | LG Niederamt | 55:26 | +17:41 | 5:32 | 5118 | 1054. |
| 158. | Solèr Corinne | 75 | Wittenbach | Temposchnecken | 55:29 | +17:44 | 5:32 | 4154 | 1063. |
| 159. | Von Niederhäusern Céline | 75 | Tavannes | | 55:30 | +17:45 | 5:33 | 5342 | 1067. |
| 160. | Distel Olivia | 75 | Schüpfheim | | 55:30 | +17:45 | 5:33 | 4037 | 1070. |
| 161. | Monachon Céline | 76 | Courtelay | | 55:31 | +17:46 | 5:33 | 4290 | 1073. |
| 162. | Zahnd Bettina | 78 | Winterthur | | 55:31 | +17:46 | 5:33 | 3226 | 1074. |
| 163. | Mühlemann Claudia | 79 | Thun | | 55:33 | +17:48 | 5:33 | 6214 | 1078. |
| 164. | Rosat Carmen | 76 | Bern | | 55:33 | +17:48 | 5:33 | 5305 | 1081. |
| 165. | Steiner Sonja | 76 | Rüfenacht BE | | 55:33 | +17:48 | 5:33 | 4157 | 1084. |
| 166. | Häfliger Angi | 77 | Willisau | Laufftreff Willisau | 55:37 | +17:52 | 5:33 | 4060 | 1092. |
| 167. | Engel Therese | 75 | Grosshöchstetten | | 55:41 | +17:56 | 5:34 | 7340 | 1102. |
| 168. | Meyer Sibille | 79 | Gelterkinden | Laufftreff | 55:49 | +18:04 | 5:34 | 2083 | 1123. |
| 169. | Almeida Maria | 76 | Unterentfelden | | 55:58 | +18:13 | 5:35 | 6019 | 1145. |
| 170. | Rupp Claudia | 75 | Jegenstorf | | 56:02 | +18:17 | 5:36 | 5134 | 1151. |
| 171. | Rieder Annatina | 76 | Felsberg | | 56:08 | +18:23 | 5:36 | 6236 | 1169. |
| 172. | Jantsch Andrea | 76 | Liebefeld | | 56:11 | +18:26 | 5:37 | 3095 | 1178. |
| 173. | Wisler Gabriela | 76 | Signau | | 56:12 | +18:27 | 5:37 | 3306 | 1183. |
| 174. | Delafontaine Catherine | 76 | Bern | | 56:13 | +18:28 | 5:37 | 3035 | 1187. |
| 175. | Burkhard Conny | 78 | Frenkendorf | Bewegungscoaching | 56:14 | +18:29 | 5:37 | 5218 | 1189. |
| 176. | Veit Chloé | 75 | Basel | | 56:15 | +18:30 | 5:37 | 4260 | 1193. |
| 177. | Scheidegger Fabienne | 79 | Schliern b. Köniz | | 56:15 | +18:30 | 5:37 | 5136 | 1194. |
| 178. | Reichmuth Silvia | 78 | Arth | | 56:18 | +18:33 | 5:37 | 5129 | 1204. |
| 179. | Nef Sabina | 79 | Hemberg | | 56:19 | +18:34 | 5:37 | 4107 | 1207. |
| 180. | Stuck Martina | 79 | Bitsch | Bayard Löffträf | 56:21 | +18:36 | 5:38 | 5156 | 1212. |
| 181. | Thoma Monika | 76 | Kaltbrunn | | 56:28 | +18:43 | 5:38 | 7302 | 1236. |
| 182. | Brechbühl Manuela | 76 | Oberhelfenschwil | | 56:29 | +18:44 | 5:38 | 3026 | 1237. |
| 183. | Gerber Susanne | 78 | Langnau | OLG Skandia | 56:29 | +18:44 | 5:38 | 3251 | 1239. |
| 184. | Bozzolo Federica | 75 | Berikon | | 56:33 | +18:48 | 5:39 | 7041 | 1254. |
| 185. | Spiess Martina | 79 | Zürich | | 56:36 | +18:51 | 5:39 | 4297 | 1263. |
| 186. | Rolli Cornelia | 76 | Bätterkinden | | 56:49 | +19:04 | 5:40 | 7237 | 1302. |
| 187. | Walch Isabelle | 78 | Bern | | 56:50 | +19:05 | 5:41 | 8293 | 1310. |
| 188. | Lachat Susanne | 79 | Thun | | 56:54 | +19:09 | 5:41 | 7163 | 1323. |
| 189. | Iseli - Gómez Lorena | 78 | Niederhünigen | | 56:56 | +19:11 | 5:41 | 5085 | 1337. |
| 190. | Luginbühl Daniela | 79 | Frauenkappelen | TSV Frauenkappelen | 56:58 | +19:13 | 5:41 | 4090 | 1339. |
| 191. | Häberlin Sabine | 76 | Bern | STB Volley | 56:59 | +19:14 | 5:41 | 5068 | 1343. |
| 192. | Schwarzentruber Jolanda | 76 | Menznau | | 57:01 | +19:16 | 5:42 | 5320 | 1347. |
| 193. | Wyttenbach Sonja | 79 | Walkringen | | 57:02 | +19:17 | 5:42 | 8119 | 1349. |
| 194. | Grossenbacher Cornelia | 76 | Belp | | 57:05 | +19:20 | 5:42 | 8170 | 1357. |
| 195. | Mory Ducry Géraldine | 78 | Dompierre FR | | 57:08 | +19:23 | 5:42 | 7199 | 1370. |
| 196. | Crameri Sabrina | 76 | Biel-Benken BL | DonnschtigsDuo | 57:11 | +19:26 | 5:43 | 7059 | 1381. |
| 197. | Wallimann Rita | 77 | Stans | | 57:13 | +19:28 | 5:43 | 7315 | 1391. |
| 198. | Gobet-Papaux Carole | 79 | Avry-devant-Pont | CARC Romont | 57:14 | +19:29 | 5:43 | 7105 | 1394. |
| 199. | Wenzlaff Susanne | 75 | Basel | | 57:14 | +19:29 | 5:43 | 5343 | 1395. |
| 200. | Naef Sibylle | 76 | Eich | BTV Luzern | 57:17 | +19:32 | 5:43 | 4106 | 1404. |

33. Schweizer Frauenlauf Bern 2019

Ergebnisse

10km Running Frauen W40

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|------------------------|----|--------------------|----------------------|--------------|---------|--------|---------|---------|
| 201. | Liefert Vera | 77 | Luzern | BTV Luzern | 57:17 | +19:32 | 5:43 | 4088 | 1405. |
| 202. | Tschümperlin Brigitte | 75 | Fraubrunnen | | 57:25 | +19:40 | 5:44 | 5173 | 1421. |
| 203. | Schuler Sabine | 76 | Zürich | | 57:26 | +19:41 | 5:44 | 6263 | 1425. |
| 204. | Marti Markéta | 75 | Oftringen | | 57:42 | +19:57 | 5:46 | 5108 | 1468. |
| 205. | Kapoor Sarika | 78 | Zürich | | 57:44 | +19:59 | 5:46 | 1260 | 1473. |
| 206. | Merkli Nicole | 77 | Wettingen | | 57:46 | +20:01 | 5:46 | 4099 | 1476. |
| 207. | Gwinner Simone | 78 | Port | | 57:49 | +20:04 | 5:46 | 4056 | 1485. |
| 208. | Käufeler Mirjam | 77 | Davos Platz | | 57:53 | +20:08 | 5:47 | 7151 | 1499. |
| 209. | Cavelti-Egger Mélanie | 78 | Chur | | 57:54 | +20:09 | 5:47 | 6064 | 1504. |
| 210. | Schori Christine | 77 | Brügg BE | Europa Donna Schweiz | 57:55 | +20:10 | 5:47 | 7262 | 1514. |
| 211. | Chevrolet Karen | 79 | Delémont | | 57:57 | +20:12 | 5:47 | 7339 | 1524. |
| 212. | Mathys Sonja | 79 | Oberstocken | | 58:00 | +20:15 | 5:48 | 5357 | 1537. |
| 213. | Künzi Silvia | 77 | Belp | | 58:03 | +20:18 | 5:48 | 6177 | 1546. |
| 214. | Riederer Priska | 76 | Landquart | | 58:09 | +20:24 | 5:48 | 7231 | 1565. |
| 215. | Buri Petra | 76 | Olten | | 58:10 | +20:25 | 5:49 | 4195 | 1568. |
| 216. | Stuedler Monika | 75 | Giswil | | 58:12 | +20:27 | 5:49 | 10304 | 1576. |
| 217. | Canete Beatriz | 78 | Yverdon-les-Bains | USY Yverdon | 58:13 | +20:28 | 5:49 | 7051 | 1577. |
| 218. | Kaspar Mägie | 79 | Bern | | 58:17 | +20:32 | 5:49 | 9169 | 1591. |
| 219. | Surace Emiliana | 78 | Firenze | | 58:22 | +20:37 | 5:50 | 69104 | 1605. |
| 220. | Kolb Sonja | 75 | Boll | | 58:23 | +20:38 | 5:50 | 10088 | 1608. |
| 221. | Schuler Lucia | 77 | Schattdorf | | 58:24 | +20:39 | 5:50 | 5318 | 1614. |
| 222. | Meier Wuethrich Monika | 75 | Bern | | 58:24 | +20:39 | 5:50 | 4097 | 1615. |
| 223. | Meile Nutthikan | 75 | Ostermundigen | Migrosfitness | 58:25 | +20:40 | 5:50 | 8074 | 1618. |
| 224. | Misic Jelena | 79 | Studen BE | | 58:25 | +20:40 | 5:50 | 10276 | 1625. |
| 225. | Thomet Ursula | 75 | Bern | | 58:26 | +20:41 | 5:50 | 4165 | 1630. |
| 226. | Ambühl Daniela | 77 | Bern | | 58:30 | +20:45 | 5:51 | 4006 | 1642. |
| 227. | Koller Angela | 76 | Langnau am Albis | | 58:31 | +20:46 | 5:51 | 6171 | 1650. |
| 228. | Schmid Martina | 79 | Bubikon | | 58:31 | +20:46 | 5:51 | 4139 | 1651. |
| 229. | Wyder Elisete | 76 | Worblaufen | | 58:34 | +20:49 | 5:51 | 7332 | 1667. |
| 230. | Baumann Marretta Nora | 79 | Bern | | 58:36 | +20:51 | 5:51 | 6029 | 1672. |
| 231. | Isler Trix | 76 | Staufen | | 58:36 | +20:51 | 5:51 | 7142 | 1673. |
| 232. | Gisler-Püntener Evelyn | 78 | Schattdorf | | 58:37 | +20:52 | 5:51 | 7099 | 1674. |
| 233. | Schuler-Arnold Nadia | 78 | Bürglen UR | | 58:37 | +20:52 | 5:51 | 6264 | 1676. |
| 234. | Steiner Sonja | 77 | Brittnau | | 58:37 | +20:52 | 5:51 | 5331 | 1677. |
| 235. | Besancon Nathalie | 75 | Nidau | | 58:39 | +20:54 | 5:51 | 69097 | 1688. |
| 236. | Guggisberg Michaela | 78 | Faoug | | 58:41 | +20:56 | 5:52 | 7343 | 1698. |
| 237. | John Irene | 77 | Sargans | | 58:43 | +20:58 | 5:52 | 8059 | 1703. |
| 238. | Aeschbacher Sonja | 75 | Hasle bei Burgdorf | | 58:43 | +20:58 | 5:52 | 9003 | 1704. |
| 239. | Christof Yvonne | 75 | GalmizGalmiz | | 58:50 | +21:05 | 5:53 | 3032 | 1719. |
| 240. | Bilang Sonja | 78 | Buchs ZH | | 58:50 | +21:05 | 5:53 | 8133 | 1723. |
| 241. | Stäheli Justine | 78 | Bern | | 58:55 | +21:10 | 5:53 | 9128 | 1738. |
| 242. | Kleibl Trix | 75 | Obstalden | | 58:56 | +21:11 | 5:53 | 6166 | 1739. |
| 243. | Schwaar Laetitia | 79 | Finsterhennen | | 58:59 | +21:14 | 5:53 | 10297 | 1749. |
| 244. | Chapuis Caroline | 77 | Neuchâtel | | 59:00 | +21:15 | 5:54 | 7053 | 1755. |
| 245. | Zuber Sandra | 77 | Bern | | 59:01 | +21:16 | 5:54 | 5350 | 1759. |
| 246. | Lutz Conny | 75 | Wittenbach | Team Erlenholz | 59:02 | +21:17 | 5:54 | 5106 | 1762. |
| 247. | Seewer Ria | 76 | Hondrich | | 59:03 | +21:18 | 5:54 | 7267 | 1765. |
| 248. | Siegrist Franziska | 75 | Ostermundigen | | 59:04 | +21:19 | 5:54 | 10168 | 1767. |
| 249. | Gerber Karin | 76 | Biembach | | 59:04 | +21:19 | 5:54 | 4050 | 1768. |
| 250. | Flückiger Iris | 77 | Bern | | 59:14 | +21:29 | 5:55 | 4044 | 1803. |

33. Schweizer Frauenlauf Bern 2019

Ergebnisse

10km Running Frauen W40

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|-------------------------|----|-------------------|---------------|----------------|---------|--------|---------|---------|
| 251. | Santillana Bernardete | 78 | Holderbank AG | | 59:19 | +21:34 | 5:55 | 6250 | 1820. |
| 252. | Pestalozzi Muriel | 76 | Dietikon | | 59:20 | +21:35 | 5:56 | 9102 | 1823. |
| 253. | Simmen Karin | 78 | Altdorf UR | | 59:21 | +21:36 | 5:56 | 7272 | 1827. |
| 254. | Hirsig Andrea | 75 | Iseltwald | | 59:24 | +21:39 | 5:56 | 6133 | 1841. |
| 255. | Rutz Saskia | 78 | Hosenruck | Pacemaker | 59:25 | +21:40 | 5:56 | 6366 | 1851. |
| 256. | Bichsel Christine | 77 | Neuenegg | | 59:28 | +21:43 | 5:56 | 5205 | 1857. |
| 257. | Rüegg Riccarda | 75 | Chur | | 59:30 | +21:45 | 5:57 | 7238 | 1867. |
| 258. | Dätwyler Manuela | 79 | Gontenschwil | | 59:33 | +21:48 | 5:57 | 13134 | 1879. |
| 259. | Kneubühler Verena | 76 | Zell LU | GO FOR FUN | 59:35 | +21:50 | 5:57 | 11077 | 1887. |
| 260. | Hertig Ursina | 77 | Gossau ZH | | 59:41 | +21:56 | 5:58 | 10075 | 1901. |
| 261. | Berger Alisa | 78 | Zürich | | 59:41 | +21:56 | 5:58 | 5017 | 1902. |
| 262. | Steiner Martina | 78 | Ernetschwil | | 59:58 | +22:13 | 5:59 | 7282 | 1958. |
| 263. | Malacarne Marisa | 79 | Zürich | | 59:58 | +22:13 | 5:59 | 6192 | 1960. |
| 264. | Rizzoli Tanja | 76 | Hittnau | | 1:00:03 | +22:18 | 6:00 | 6240 | 1974. |
| 265. | Zbinden Carole | 79 | Bulle | | 1:00:06 | +22:21 | 6:00 | 11226 | 1977. |
| 266. | Kramer Cornelia | 78 | Herrenschwanden | | 1:00:17 | +22:32 | 6:01 | 8197 | 2004. |
| 267. | Reichen Andrea | 79 | Wettingen | | 1:00:18 | +22:33 | 6:01 | 6232 | 2010. |
| 268. | Wüest-Furrer Ursula | 76 | Beromünster | | 1:00:19 | +22:34 | 6:01 | 5183 | 2014. |
| 269. | Hasegawa Madoka | 79 | Bern | | 1:00:19 | +22:34 | 6:01 | 10253 | 2015. |
| 270. | Rindlisbacher Yvonne | 78 | Wittenbach | | 1:00:20 | +22:35 | 6:02 | 12141 | 2019. |
| 271. | Manguito Vanessa | 79 | Corsier-sur-Vevey | | 1:00:21 | +22:36 | 6:02 | 6193 | 2020. |
| 272. | Gianella Vanessa | 78 | Bern | | 1:00:21 | +22:36 | 6:02 | 5057 | 2021. |
| 273. | Schär Barbara | 78 | Bern | | 1:00:27 | +22:42 | 6:02 | 8250 | 2034. |
| 274. | Pfister Andrea | 79 | Wangen ZH | | 1:00:27 | +22:42 | 6:02 | 69033 | 2037. |
| 275. | Zenhäusern Sylvie | 77 | Sierre | | 1:00:27 | +22:42 | 6:02 | 13124 | 2039. |
| 276. | Igel Stephanie | 78 | Klingnau | | 1:00:30 | +22:45 | 6:03 | 11067 | 2049. |
| 277. | Büdenbender Saskia | 77 | Bern | | 1:00:30 | +22:45 | 6:03 | 10236 | 2050. |
| 278. | Brander Nicole | 75 | Appenzell | | 1:00:32 | +22:47 | 6:03 | 69083 | 2053. |
| 279. | Zbinden Corinne | 77 | Wabern | STB | 1:00:34 | +22:49 | 6:03 | 5349 | 2064. |
| 280. | Aggeler Anita | 79 | St. Gallen | | 1:00:43 | +22:58 | 6:04 | 8122 | 2082. |
| 281. | Alonso Tamara | 77 | Luzern | | 1:00:44 | +22:59 | 6:04 | 13004 | 2085. |
| 282. | Ochsenbein Melanie | 75 | Halten | | 1:00:45 | +23:00 | 6:04 | 6224 | 2086. |
| 283. | Cottet Eva | 75 | Siviriez | | 1:00:46 | +23:01 | 6:04 | 9160 | 2088. |
| 284. | Petrini Kleiner Claudia | 75 | Comano | Gold Savosa | 1:00:48 | +23:03 | 6:04 | 8235 | 2093. |
| 285. | Lemp Karin | 75 | Oberbipp | | 1:00:48 | +23:03 | 6:04 | 8068 | 2094. |
| 286. | Benoit Kathrin | 78 | Colombier NE | RUN Neuchâtel | 1:00:53 | +23:08 | 6:05 | 7030 | 2104. |
| 287. | Wavre Sandrine | 79 | Colombier NE | | 1:00:54 | +23:09 | 6:05 | 7319 | 2105. |
| 288. | Hornung Yvonne | 76 | Sibingen | | 1:00:54 | +23:09 | 6:05 | 9050 | 2111. |
| 289. | Grossenbacher Rahel | 75 | Therwil | | 1:00:56 | +23:11 | 6:05 | 11177 | 2117. |
| 290. | Jaussi Anita | 76 | Kernenried | | 1:00:57 | +23:12 | 6:05 | 8180 | 2120. |
| 291. | Paschoud Sandra | 76 | Corminboeuf | CA Belfaux | 1:00:59 | +23:14 | 6:05 | 7214 | 2122. |
| 292. | Keller Gabriela | 79 | Wohlenschwil | | 1:01:07 | +23:22 | 6:06 | 11073 | 2140. |
| 293. | Schraven Janna | 78 | Zürich | | 1:01:07 | +23:22 | 6:06 | 7264 | 2141. |
| 294. | Holzer Franziska | 76 | Kandersteg | | 1:01:08 | +23:23 | 6:06 | 10258 | 2142. |
| 295. | Ilg Simone | 79 | Pratteln | | 1:01:08 | +23:23 | 6:06 | 11186 | 2143. |
| 296. | Günthard Olga | 78 | Studen BE | | 1:01:16 | +23:31 | 6:07 | 12058 | 2157. |
| 297. | Stock Nicole | 75 | Appenzell | | 1:01:20 | +23:35 | 6:08 | 7284 | 2166. |
| 298. | Meyer Annatina | 77 | Greifensee | | 1:01:24 | +23:39 | 6:08 | 10110 | 2177. |
| 299. | Ammann Kinga | 79 | Unterseen | | 1:01:24 | +23:39 | 6:08 | 8004 | 2178. |
| 300. | Eicher Chantal | 76 | Bern | | 1:01:26 | +23:41 | 6:08 | 9162 | 2183. |

33. Schweizer Frauenlauf Bern 2019

Ergebnisse

10km Running Frauen W40

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|---------------------------|----|------------------------|--------------------------|----------------|---------|--------|---------|---------|
| 301. | Berger-Zumbühl Mariette | 75 | Disentis/Mustér | | 1:01:31 | +23:46 | 6:09 | 9015 | 2195. |
| 302. | Nyffeler Barbara | 76 | Steffisburg | | 1:01:33 | +23:48 | 6:09 | 7206 | 2199. |
| 303. | Wittwer Claudia | 79 | SteffisburgSteffisburg | | 1:01:34 | +23:49 | 6:09 | 10215 | 2205. |
| 304. | Eggimann Daniela | 79 | Huttwil | | 1:01:48 | +24:03 | 6:10 | 5233 | 2239. |
| 305. | Erdir Sibylle | 77 | Baden | | 1:01:48 | +24:03 | 6:10 | 7081 | 2241. |
| 306. | Hauschild Carolin | 75 | Luzern | | 1:01:51 | +24:06 | 6:11 | 5075 | 2244. |
| 307. | Torchetti Eleonora | 78 | Stettlen | | 1:01:52 | +24:07 | 6:11 | 13113 | 2247. |
| 308. | Dietrich Sabine | 76 | Therwil | | 1:01:53 | +24:08 | 6:11 | 12232 | 2249. |
| 309. | Scholl Eveline | 76 | Pieterlen | | 1:01:53 | +24:08 | 6:11 | 7260 | 2251. |
| 310. | Stürmer Anita | 75 | Bern | Women's Hope Intern... | 1:01:55 | +24:10 | 6:11 | 10186 | 2258. |
| 311. | Lienberger Michèle | 75 | Schaffhausen | Katzenhaus Schaffhau... | 1:01:58 | +24:13 | 6:11 | 8208 | 2260. |
| 312. | Domenghino Caroline | 78 | Rüfenacht BE | | 1:01:59 | +24:14 | 6:11 | 5229 | 2265. |
| 313. | Del Valle Mattsson Verena | 77 | Palézieux | | 1:01:59 | +24:14 | 6:11 | 10039 | 2266. |
| 314. | Yagihashi Fumiko | 75 | Bern | | 1:01:59 | +24:14 | 6:11 | 10321 | 2267. |
| 315. | Bingoto-Maeder Patricia | 79 | Remetschwil | | 1:02:01 | +24:16 | 6:12 | 6041 | 2274. |
| 316. | Kwak Grace | 77 | Zürich | | 1:02:07 | +24:22 | 6:12 | 8067 | 2286. |
| 317. | Wojacek Nadja | 76 | Bern | | 1:02:13 | +24:28 | 6:13 | 8117 | 2299. |
| 318. | Tschopp Cherez | 76 | Remetschwil | | 1:02:16 | +24:31 | 6:13 | 6311 | 2305. |
| 319. | Maldonado Palacios Mon... | 78 | Bern | | 1:02:17 | +24:32 | 6:13 | 2085 | 2310. |
| 320. | Wassmer Christine | 78 | Wangenried | TOBS | 1:02:18 | +24:33 | 6:13 | 10315 | 2311. |
| 321. | Eggimann Cornelia | 76 | Sumiswald | sumia | 1:02:20 | +24:35 | 6:14 | 8153 | 2319. |
| 322. | Gisler Susanne | 78 | Bürglen UR | | 1:02:25 | +24:40 | 6:14 | 7098 | 2329. |
| 323. | Gribi Ursula | 76 | Worben | | 1:02:26 | +24:41 | 6:14 | 6115 | 2338. |
| 324. | Zimmermann Sandra | 78 | Stans | | 1:02:28 | +24:43 | 6:14 | 7335 | 2344. |
| 325. | Megert Mara | 78 | Münsingen | | 1:02:30 | +24:45 | 6:15 | 5110 | 2350. |
| 326. | Hediger Nicole | 76 | San Rafael | | 1:02:35 | +24:50 | 6:15 | 5077 | 2361. |
| 327. | Räber-Ditaranto Patrizia | 76 | Gais | Antara im Schopf | 1:02:36 | +24:51 | 6:15 | 11106 | 2363. |
| 328. | Lachat Clerc Martine | 78 | Rueyres-st-Laurent | | 1:02:36 | +24:51 | 6:15 | 13147 | 2367. |
| 329. | Brühlhart Sibile | 77 | Rossens FR | Les Spritzeuses du Gi... | 1:02:37 | +24:52 | 6:15 | 69084 | 2368. |
| 330. | Bütikofer Karin | 77 | Kernenried | | 1:02:39 | +24:54 | 6:15 | 8144 | 2374. |
| 331. | Prontera Laure | 78 | Yverdon-les-Bains | Thor | 1:02:41 | +24:56 | 6:16 | 7223 | 2379. |
| 332. | Weber Lauren | 79 | Seedorf BE | | 1:02:44 | +24:59 | 6:16 | 6323 | 2392. |
| 333. | Ivanova Daniela | 79 | Bern | | 1:02:45 | +25:00 | 6:16 | 8057 | 2398. |
| 334. | Keller Nicole | 77 | St. Gallenst.gallen | | 1:02:47 | +25:02 | 6:16 | 5262 | 2404. |
| 335. | Acklin Janine | 78 | Luterbach | | 1:03:01 | +25:16 | 6:18 | 9002 | 2446. |
| 336. | Muggli Bettina | 76 | Oetwil am See | | 1:03:09 | +25:24 | 6:18 | 9092 | 2469. |
| 337. | Leuenberger Salome | 79 | Kirchberg SG | | 1:03:10 | +25:25 | 6:19 | 8069 | 2471. |
| 338. | Michel- Rüegg Claudia | 76 | Melchtal | | 1:03:14 | +25:29 | 6:19 | 13070 | 2480. |
| 339. | Collin Carole | 75 | Liebefeld | | 1:03:19 | +25:34 | 6:19 | 6069 | 2487. |
| 340. | Siegrist Daniela | 78 | Liebefeld | | 1:03:24 | +25:39 | 6:20 | 10167 | 2501. |
| 341. | Rizzi Colette | 75 | Gams | | 1:03:25 | +25:40 | 6:20 | 8241 | 2504. |
| 342. | Tresch Claudia | 79 | Andermatt | | 1:03:25 | +25:40 | 6:20 | 11140 | 2505. |
| 343. | Hänni-Freudiger Muriel | 78 | Münchenbuchsee | | 1:03:28 | +25:43 | 6:20 | 8175 | 2509. |
| 344. | Gundi Claudia | 78 | Naters | | 1:03:32 | +25:47 | 6:21 | 7111 | 2521. |
| 345. | Frei Deborah | 78 | Bern | | 1:03:33 | +25:48 | 6:21 | 8036 | 2524. |
| 346. | Fontanella Sara | 79 | Zürich | | 1:03:34 | +25:49 | 6:21 | 8160 | 2526. |
| 347. | Gyger Marianne | 75 | Rolle | | 1:03:38 | +25:53 | 6:21 | 11234 | 2529. |
| 348. | Chantal Wehrli-Calmels | 75 | Wabern | | 1:03:40 | +25:55 | 6:22 | 12225 | 2536. |
| 349. | Simonin Céline | 78 | Malleray-Bévilard | | 1:03:43 | +25:58 | 6:22 | 7362 | 2542. |
| 350. | Stofer Karin | 76 | Rothenburg | | 1:03:43 | +25:58 | 6:22 | 7286 | 2543. |

33. Schweizer Frauenlauf Bern 2019

Ergebnisse

10km Running Frauen W40

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|---------------------------|----|--------------------|----------------------|----------------|---------|--------|---------|---------|
| 351. | Torchetti Loredana | 76 | Jegenstorf | | 1:03:47 | +26:02 | 6:22 | 9195 | 2548. |
| 352. | Bonderer Armella | 76 | Steinebrunn | | 1:03:48 | +26:03 | 6:22 | 11025 | 2550. |
| 353. | Messerli Karin | 76 | Biel/Bienne | | 1:03:48 | +26:03 | 6:22 | 6204 | 2551. |
| 354. | Hofer Monica | 78 | MuttENZ | | 1:03:51 | +26:06 | 6:23 | 7129 | 2558. |
| 355. | Ringgenberg Manuela | 78 | Therwil | | 1:04:03 | +26:18 | 6:24 | 7233 | 2583. |
| 356. | Lao Pearl | 79 | Zollikon | | 1:04:05 | +26:20 | 6:24 | 6179 | 2588. |
| 357. | Mack Julia | 78 | St. Gallen | | 1:04:09 | +26:24 | 6:24 | 6190 | 2597. |
| 358. | Mlynek Anja | 79 | St. Gallen | | 1:04:10 | +26:25 | 6:25 | 6208 | 2599. |
| 359. | Mathys Karin | 76 | Bern | | 1:04:11 | +26:26 | 6:25 | 10106 | 2601. |
| 360. | Weber Monica | 79 | Orvin | | 1:04:14 | +26:29 | 6:25 | 10317 | 2608. |
| 361. | Müller Claudia | 75 | Pfäffikon ZH | | 1:04:20 | +26:35 | 6:26 | 10115 | 2622. |
| 362. | Mühlebach Theres | 78 | Bern | Verein Blind-Jogging | 1:04:27 | +26:42 | 6:26 | 11229 | 2637. |
| 363. | Arnold Patrizia | 78 | Rubigen | | 1:04:28 | +26:43 | 6:26 | 10005 | 2640. |
| 364. | Vuilliomonet Maira | 79 | Neuchâtel | | 1:04:30 | +26:45 | 6:27 | 13118 | 2648. |
| 365. | Caluori Annette | 78 | Igis | | 1:04:31 | +26:46 | 6:27 | 11162 | 2651. |
| 366. | Ebert Sonja | 76 | Lausanne | Soroptimist Lausanne | 1:04:34 | +26:49 | 6:27 | 11038 | 2658. |
| 367. | Cantwell Caoimhe | 76 | Montherod | | 1:04:35 | +26:50 | 6:27 | 8146 | 2662. |
| 368. | Möschler Marlène | 75 | Orpund | EUROPA DONNA Sch... | 1:04:38 | +26:53 | 6:27 | 10277 | 2667. |
| 369. | Loher Marion | 77 | St. Gallen | | 1:04:38 | +26:53 | 6:27 | 10095 | 2669. |
| 370. | Meier Monika | 79 | Hölstein | | 1:04:43 | +26:58 | 6:28 | 9086 | 2677. |
| 371. | Varga Bosshard Caroline | 77 | Hittnau | | 1:04:58 | +27:13 | 6:29 | 12180 | 2714. |
| 372. | Stüwe Paisano Alexandra | 79 | Klosters | | 1:05:11 | +27:26 | 6:31 | 9194 | 2743. |
| 373. | Dahinden Franziska | 75 | Jona | | 1:05:13 | +27:28 | 6:31 | 9025 | 2746. |
| 374. | Vogt Katarina | 75 | Wettingen | | 1:05:14 | +27:29 | 6:31 | 7311 | 2748. |
| 375. | Brunner Judith | 76 | Langendorf | | 1:05:18 | +27:33 | 6:31 | 11028 | 2756. |
| 376. | Minnig Claudia | 76 | Lenk im Simmental | | 1:05:18 | +27:33 | 6:31 | 7353 | 2757. |
| 377. | Hofstetter Karin | 76 | Grenchen | | 1:05:20 | +27:35 | 6:32 | 12069 | 2760. |
| 378. | Boscacci Nadja | 75 | Lentigny | | 1:05:23 | +27:38 | 6:32 | 8136 | 2763. |
| 379. | Voisard Jona | 77 | Neyruz FR | | 1:05:23 | +27:38 | 6:32 | 8286 | 2764. |
| 380. | Campi Graciana | 75 | Spiegel b. Bern | | 1:05:31 | +27:46 | 6:33 | 11163 | 2770. |
| 381. | Meyer Silvia | 75 | Zufikon | meyer5.ch | 1:05:34 | +27:49 | 6:33 | 8077 | 2775. |
| 382. | Ray Erica | 78 | Lutry | | 1:05:39 | +27:54 | 6:33 | 10133 | 2785. |
| 383. | Gassmann Marie-Laure | 77 | Cormondreche | | 1:05:41 | +27:56 | 6:34 | 10055 | 2790. |
| 384. | Schaller Gianna | 76 | Aarau | | 1:05:41 | +27:56 | 6:34 | 7245 | 2791. |
| 385. | Lalive Dominique | 76 | Chavannes-Renens | | 1:05:42 | +27:57 | 6:34 | 5101 | 2794. |
| 386. | Hegglin Iris | 76 | Schnottwil | | 1:05:46 | +28:01 | 6:34 | 12062 | 2805. |
| 387. | Marañón Itziar | 77 | Bern | | 1:05:50 | +28:05 | 6:35 | 10101 | 2810. |
| 388. | Moran Noelia | 77 | Bern | | 1:05:50 | +28:05 | 6:35 | 10112 | 2811. |
| 389. | Storchenegger Anna | 79 | Zürich | | 1:05:54 | +28:09 | 6:35 | 7289 | 2822. |
| 390. | Sheikh Samira | 78 | Hölstein | | 1:05:59 | +28:14 | 6:35 | 11124 | 2827. |
| 391. | Birrer Daniela | 75 | Kottwil | | 1:06:00 | +28:15 | 6:36 | 11021 | 2830. |
| 392. | Gyger Gülli | 79 | Luzern | | 1:06:02 | +28:17 | 6:36 | 9044 | 2835. |
| 393. | Sauvage Pasche Noemie | 78 | Biel/Bienne | | 1:06:10 | +28:25 | 6:37 | 10152 | 2841. |
| 394. | Croll Maya | 75 | Schliern | | 1:06:12 | +28:27 | 6:37 | 10037 | 2845. |
| 395. | Andreoli Claudia | 77 | Bern | | 1:06:14 | +28:29 | 6:37 | 10002 | 2849. |
| 396. | Metthez Sammarruco Flo... | 77 | Meinisberg | | 1:06:21 | +28:36 | 6:38 | 12116 | 2862. |
| 397. | Oechslin Astrid | 79 | Bremgarten b. Bern | | 1:06:21 | +28:36 | 6:38 | 11095 | 2863. |
| 398. | Erb Aline | 75 | Zürich | | 1:06:25 | +28:40 | 6:38 | 8029 | 2870. |
| 399. | Ritzenthaler Daniela | 78 | Bern | | 1:06:32 | +28:47 | 6:39 | 10140 | 2886. |
| 400. | Künsch Brigitte | 78 | Grasswil | | 1:06:43 | +28:58 | 6:40 | 11195 | 2903. |

33. Schweizer Frauenlauf Bern 2019

Ergebnisse

10km Running Frauen W40

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|------------------------|----|-----------------------|--------------------|----------------|---------|--------|---------|---------|
| 401. | Wirth Karin | 75 | Grasswil | | 1:06:44 | +28:59 | 6:40 | 11151 | 2904. |
| 402. | Saito Wild Cinthia | 78 | Wohlen AG | | 1:06:50 | +29:05 | 6:41 | 11117 | 2906. |
| 403. | Doutaz Cidalia | 79 | Corminboeuf | | 1:07:16 | +29:31 | 6:43 | 12233 | 2931. |
| 404. | Gross Ariane | 76 | Studen BE | | 1:07:16 | +29:31 | 6:43 | 10061 | 2932. |
| 405. | Grosclaude Barbara | 77 | Troistorrents | T-R-T | 1:07:22 | +29:37 | 6:44 | 8045 | 2938. |
| 406. | Hoppeler Stephanie | 79 | Liebistorf | | 1:07:23 | +29:38 | 6:44 | 9166 | 2942. |
| 407. | Wildhaber Bettina | 76 | Walenstadt | Heidiland Runners | 1:07:37 | +29:52 | 6:45 | 12194 | 2962. |
| 408. | Bless Ursi | 75 | Wangs | | 1:07:46 | +30:01 | 6:46 | 7037 | 2977. |
| 409. | Andri Stefania | 77 | Domat/Ems | | 1:07:52 | +30:07 | 6:47 | 11157 | 2990. |
| 410. | Canciani Andrea | 78 | Dübendorf | Keine | 1:08:09 | +30:24 | 6:48 | 12035 | 3009. |
| 411. | Pellicoli Monica | 75 | Sargans | Soroptimist | 1:08:12 | +30:27 | 6:49 | 10124 | 3010. |
| 412. | Wyss Corinne | 78 | Bern | | 1:08:16 | +30:31 | 6:49 | 10217 | 3014. |
| 413. | Stauffiger Helen | 77 | Bassersdorf | | 1:08:17 | +30:32 | 6:49 | 7364 | 3015. |
| 414. | Studer Raffaella | 78 | Kestenholz | | 1:08:18 | +30:33 | 6:49 | 11218 | 3017. |
| 415. | Moffa Irene | 78 | Bern | | 1:08:29 | +30:44 | 6:50 | 12117 | 3031. |
| 416. | Bendiner Bettina | 78 | Zürich | | 1:08:29 | +30:44 | 6:50 | 13009 | 3032. |
| 417. | Herrmann Fabiola | 79 | Wabern | | 1:08:51 | +31:06 | 6:53 | 13049 | 3063. |
| 418. | Moser Denise | 77 | Murten | | 1:08:52 | +31:07 | 6:53 | 12260 | 3066. |
| 419. | Ziegler Maya | 75 | Zürich | | 1:08:53 | +31:08 | 6:53 | 10221 | 3067. |
| 420. | Murroni Barbara | 76 | Frutigen | | 1:09:10 | +31:25 | 6:55 | 10010 | 3090. |
| 421. | Wulliamoz Tatiana | 78 | Jongny | | 1:09:18 | +31:33 | 6:55 | 12281 | 3102. |
| 422. | Manson Marie-Hélène | 75 | Yverdon-les-Bains | | 1:09:45 | +32:00 | 6:58 | 11198 | 3133. |
| 423. | Leipert Claudia | 79 | Niederweningen | Forest Fitness | 1:09:47 | +32:02 | 6:58 | 13148 | 3137. |
| 424. | Wirahpati Meta | 75 | Lucens | Clos des Sens 1522 | 1:10:15 | +32:30 | 7:01 | 12196 | 3166. |
| 425. | Gisler Ingrid | 78 | Attinghausen | | 1:10:17 | +32:32 | 7:01 | 13044 | 3171. |
| 426. | Fässler Nicole | 78 | Büron | | 1:10:56 | +33:11 | 7:05 | 3052 | 3193. |
| 427. | Gmür Silvia | 77 | Niederurnen | | 1:11:11 | +33:26 | 7:07 | 7104 | 3216. |
| 428. | Furrer Virginie | 78 | Studen BE | les Misstinguettes | 1:11:28 | +33:43 | 7:08 | 10053 | 3227. |
| 429. | Alder Simone | 75 | Gossau SG | | 1:11:31 | +33:46 | 7:09 | 13002 | 3229. |
| 430. | Wilson Patricia | 75 | Schönenberg ZH | | 1:11:48 | +34:03 | 7:10 | 6339 | 3240. |
| 431. | Huguenot Sarah | 77 | Rueyres-Saint-Laurent | | 1:11:56 | +34:11 | 7:11 | 13143 | 3244. |
| 432. | Stopper Claudia | 76 | Winterthur | | 1:12:03 | +34:18 | 7:12 | 7288 | 3252. |
| 433. | Todosijevic Sladjana | 79 | Blonay | | 1:12:04 | +34:19 | 7:12 | 11139 | 3253. |
| 434. | Anrig Marina | 76 | Sargans | | 1:12:08 | +34:23 | 7:12 | 10004 | 3257. |
| 435. | Moldovan Luminita | 77 | Bern | | 1:12:15 | +34:30 | 7:13 | 8332 | 3264. |
| 436. | Obrist Yeliz | 79 | Oeschgen | | 1:12:25 | +34:40 | 7:14 | 12129 | 3271. |
| 437. | Lerjen Marcuzzi Magali | 78 | Le Châble | | 1:12:45 | +35:00 | 7:16 | 7350 | 3279. |
| 438. | Crudo Peggy | 75 | Dietikon | | 1:13:01 | +35:16 | 7:18 | 12040 | 3288. |
| 439. | Zerroug Karima | 77 | Bern | | 1:14:17 | +36:32 | 7:25 | 12284 | 3316. |
| 440. | Lutz Sophie | 79 | Tuggen | | 1:14:53 | +37:08 | 7:29 | 12108 | 3332. |
| 441. | Lauper Barbara | 77 | Lovens FR | | 1:15:45 | +38:00 | 7:34 | 13063 | 3343. |
| 442. | Chapuis Anne | 76 | Marsens | | 1:15:46 | +38:01 | 7:34 | 13029 | 3344. |
| 443. | Isenschmid Nathalie | 78 | Uster | 1978 | 1:15:52 | +38:07 | 7:35 | 12075 | 3347. |
| 444. | Bollinger Monika | 79 | Kestenholz | | 1:16:33 | +38:48 | 7:39 | 13019 | 3355. |
| 445. | Grossmann Kirsten | 77 | Oberengstringen | | 1:17:13 | +39:28 | 7:43 | 13139 | 3364. |
| 446. | Bischofberger Simone | 75 | Bäch SZ | | 1:18:01 | +40:16 | 7:48 | 13016 | 3372. |
| 447. | Mraule Michèle | 79 | Zürich | | 1:18:01 | +40:16 | 7:48 | 13072 | 3373. |
| 448. | Frick Sandra | 77 | Goldach | | 1:20:22 | +42:37 | 8:02 | 13038 | 3390. |
| 449. | Lück Sandra | 76 | Wohlen AG | | 1:21:23 | +43:38 | 8:08 | 11084 | 3395. |
| 450. | Bolliger Beatrice | 76 | Kaltbrunn | | 1:22:24 | +44:39 | 8:14 | 8014 | 3405. |

33. Schweizer Frauenlauf Bern 2019

Ergebnisse

10km Running Frauen W40

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|------------------|----|------------|--------|----------------|---------|--------|---------|---------|
| 451. | Kronberger Pia | 79 | Kloten | | 1:24:07 | +46:22 | 8:24 | 12252 | 3408. |
| 452. | Nugent Bronwyn | 75 | Hölstein | | 1:31:35 | +53:50 | 9:09 | 13075 | 3415. |
| 453. | Zimmerli Eveline | 79 | Langenthal | | 1:32:57 | +55:12 | 9:17 | 2137 | 3417. |

Casino

| | | | | | | | | | |
|------|----------------|----|------------------|--|--------------|--|--|------|--|
| 454. | Nilda Siegrist | 75 | Meisterschwanden | | 57:07 | | | 2184 | |
|------|----------------|----|------------------|--|--------------|--|--|------|--|

Helvetiaplatz KM 1.9

| | | | | | | | | | |
|------|----------------|----|--------|--|--------------|--|--|------|--|
| 455. | Caminada Petra | 76 | Winkel | | 09:49 | | | 3239 | |
|------|----------------|----|--------|--|--------------|--|--|------|--|

DNS

| | | | | | | | | | |
|--|--------------------------|----|--------------------|-----------------|--|--|--|-------|--|
| | Besse Barras Camille | 78 | Sierre | | | | | 1016 | |
| | Gysel Priska | 77 | Jegenstorf | Gymriege | | | | 1055 | |
| | Schild-Leuthold Juliette | 78 | Köniz | | | | | 1130 | |
| | Meier Anita | 77 | Noflen | | | | | 1217 | |
| | Wissing Corinne | 76 | Belp | STB | | | | 1252 | |
| | Rouiller Claire -Lise | 76 | Trélex | | | | | 1267 | |
| | Burren Katja | 76 | Gasel | | | | | 2018 | |
| | Bärtschi Beatrice | 78 | Zäziwil | | | | | 2145 | |
| | Dähler Steffi | 79 | Ostermundigen | | | | | 3034 | |
| | Riedwyl Nadja | 76 | Wabern | | | | | 3158 | |
| | Vonlanthen Carole | 77 | Kleinbödingen | Bösingen Ladys | | | | 3212 | |
| | Walther Claudia | 79 | Grindelwald | | | | | 3216 | |
| | Dubois Florence | 76 | Les Marecottes | | | | | 4039 | |
| | Pfrunder Stephanie | 77 | Basel | | | | | 4113 | |
| | Prod'Hom Joëlle | 75 | La Tour-de-Peilz | | | | | 4117 | |
| | Hausheer Andrea | 77 | Rotkreuz | | | | | 4281 | |
| | Abplanalp Nicole | 76 | Beromünster | Stv Beromünster | | | | 5005 | |
| | Studer Annette | 75 | Luzern | | | | | 5157 | |
| | Bönzli Pia | 79 | Herrenschwanden | | | | | 5212 | |
| | Kemba Clarisse | 79 | Bossonnens | | | | | 5263 | |
| | Schwendner Daniela | 76 | Schmiedrued | | | | | 5321 | |
| | Aschwanden Beatrix | 76 | Bern | | | | | 6024 | |
| | Axiak Flammer Shannon | 76 | Bremgarten b. Bern | | | | | 6027 | |
| | Boxler Daniela | 78 | Aarau | | | | | 6050 | |
| | Tremblet Johanna | 77 | Bernex | | | | | 6310 | |
| | Weideli - Krapf Claudia | 75 | Kirchberg SG | | | | | 6327 | |
| | Weibel Maurer Caroline | 77 | Wabern | | | | | 7322 | |
| | Iseli Silvia | 76 | Uetendorf | | | | | 8056 | |
| | Melillo Susi | 78 | St. Gallen | | | | | 8075 | |
| | Riedwyl Katrin | 75 | Seftigen | | | | | 9109 | |
| | Steiger Andrea | 79 | Rheinfelden | | | | | 10179 | |
| | Bachthaler Carola | 77 | Rheinfelden | | | | | 11011 | |
| | Meier Nina | 75 | Langnau i. E. | | | | | 11202 | |
| | Aeberhard Simone | 79 | Köniz | | | | | 12002 | |
| | Lauper Karin | 75 | Kloten | | | | | 13064 | |

#490 Teilnehmende