

# 10km SM Uster 2019

résultats

## 10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM  | rang | nom et prénom       | an | Nat   | Verein/Ort                    | temps        | écart | min/k | dossard | catégorie  |
|-----|------|---------------------|----|-------|-------------------------------|--------------|-------|-------|---------|------------|
| 1.  | 1.   | Rüttimann Eric      | 92 | SUI   | LC Uster                      | <b>29:44</b> |       | 2:58  | 15      | M: 1.      |
| 2.  | 2.   | Hadorn Joey         | 97 | SUI   | All Blacks Thun               | <b>29:50</b> | +06   | 2:58  | 295     | M: 2.      |
| 3.  | 3.   | Kuert Fabian        | 83 | SUI   | LV Langenthal                 | <b>29:52</b> | +08   | 2:59  | 13      | M35: 1.    |
| 4.  | 4.   | Brunet Sullivan     | 88 | SUI   | Stade Genève                  | <b>30:18</b> | +34   | 3:01  | 25      | M: 3.      |
| 5.  | 5.   | Marti Lukas         | 87 | SUI   | TV Länggasse Bern             | <b>30:24</b> | +40   | 3:02  | 23      | M: 4.      |
| 6.  | 6.   | Wägeli Patrik       | 91 | SUI   | LC Frauenfeld / MegaJoule     | <b>30:27</b> | +43   | 3:02  | 636     | M: 5.      |
| 7.  | 7.   | Kern Marco          | 87 | SUI   | LC Schaffhausen               | <b>30:33</b> | +49   | 3:03  | 14      | M: 6.      |
| 8.  | 8.   | Hernandez Ilias     | 93 | SUI   | Stade Genève                  | <b>30:46</b> | +1:02 | 3:04  | 684     | M: 7.      |
| 9.  | 9.   | Downs Fabe          | 86 | SUI   | LC Brühl                      | <b>30:48</b> | +1:04 | 3:04  | 213     | M: 8.      |
| 10. | 10.  | Hunt Jeremy         | 92 | SUI   | Team hoka suisse              | <b>30:57</b> | +1:13 | 3:05  | 685     | M: 9.      |
|     | 11.  | Brown T-Roy         | 92 | USA   | (Bern)                        | <b>31:02</b> | +1:18 | 3:05  | 169     | M: 10.     |
| 11. | 12.  | Salvisberg Florin   | 90 | SUI   | Trophy Bike Mysport           | <b>31:02</b> | +1:18 | 3:05  | 824     | M: 11.     |
| 12. | 13.  | Stalhandske Julien  | 00 | SUI   | Stade Genève                  | <b>31:03</b> | +1:19 | 3:06  | 577     | MJ U20: 1. |
| 13. | 14.  | Kempff Andreas      | 88 | SUI   | TSV Düringen                  | <b>31:04</b> | +1:20 | 3:06  | 357     | M: 13.     |
| 14. | 15.  | Schönenberger Urs   | 91 | SUI   | KTV Wil LA                    | <b>31:04</b> | +1:20 | 3:06  | 691     | M: 12.     |
| 15. | 16.  | Jäger Joaquim       | 96 | SUI   | Stade Genève                  | <b>31:05</b> | +1:21 | 3:06  | 329     | M: 14.     |
|     | 17.  | Tefera Mekonen      | 92 | ETH   | TV Länggasse Bern             | <b>31:17</b> | +1:33 | 3:07  | 601     | M: 15.     |
| 16. | 18.  | Jodidio Alexandre   | 90 | SUI   | CABV Martigny                 | <b>31:19</b> | +1:35 | 3:07  | 334     | M: 17.     |
| 17. | 19.  | Rolli Dominik       | 96 | SUI   | (Oberbalm)                    | <b>31:19</b> | +1:35 | 3:07  | 823     | M: 16.     |
|     | 20.  | Müller Dominic      | 89 | GER   | LC Schaffhausen               | <b>31:21</b> | +1:37 | 3:07  | 451     | M: 18.     |
| 18. | 21.  | Leboeuf François    | 85 | SUI   | CABV Martigny                 | <b>31:21</b> | +1:37 | 3:07  | 385     | M: 19.     |
| 19. | 22.  | Lustenberger Daniel | 92 | SUI   | LV Horw                       | <b>31:23</b> | +1:39 | 3:07  | 399     | M: 20.     |
| 20. | 23.  | Walss Manuel        | 97 | SUI   | TV Oerlikon                   | <b>31:27</b> | +1:43 | 3:08  | 639     | M: 21.     |
| 21. | 24.  | Cachelin Guillaume  | 96 | SUI   | Stade Genève                  | <b>31:30</b> | +1:46 | 3:08  | 801     | M: 22.     |
|     | 25.  | Mulugeta Gerezghier | 93 | ERI   | KTV Wil LA                    | <b>31:44</b> | +2:00 | 3:10  | 689     | M: 23.     |
| 22. | 26.  | Mengestabe Kiflay   | 93 | SUI   | TV Länggasse                  | <b>31:49</b> | +2:05 | 3:10  | 423     | M: 24.     |
| 23. | 27.  | Ruder Ludwig        | 91 | SUI   | LC Basel                      | <b>31:50</b> | +2:06 | 3:10  | 866     | M: 25.     |
| 24. | 28.  | Schouwey Jérémy     | 91 | SUI   | D-Team Scott                  | <b>31:52</b> | +2:08 | 3:10  | 548     | M: 26.     |
| 25. | 29.  | Hutterli Loris      | 86 | SUI   | LC Dübendorf                  | <b>31:52</b> | +2:08 | 3:10  | 322     | M: 27.     |
| 26. | 30.  | Besse Daniel        | 92 | SUI   | TV Oerlikon                   | <b>31:52</b> | +2:08 | 3:11  | 149     | M: 28.     |
| 27. | 31.  | Zehnder Fabian      | 87 | SUI   | TG Hütten                     | <b>31:54</b> | +2:10 | 3:11  | 669     | M: 29.     |
| 28. | 32.  | Vögtli Lukas        | 99 | SUI   | LC Basel                      | <b>32:02</b> | +2:18 | 3:11  | 629     | M: 30.     |
| 29. | 33.  | Morf Samuel         | 80 | SUI   | TV Oerlikon                   | <b>32:04</b> | +2:20 | 3:11  | 439     | M35: 2.    |
|     | 34.  | Lang Brian          | 89 | USA   | SWAP AT                       | <b>32:04</b> | +2:20 | 3:12  | 381     | M: 31.     |
| 30. | 35.  | Gmür Christopher    | 88 | SUI   | LC Rapperswil-Jona            | <b>32:05</b> | +2:21 | 3:12  | 272     | M: 32.     |
| 31. | 36.  | Amstutz Timon       | 87 | SUI   | 1987                          | <b>32:07</b> | +2:23 | 3:12  | 118     | M: 33.     |
| 32. | 37.  | Anrig Fabian        | 87 | SUI   | LC Uster                      | <b>32:09</b> | +2:25 | 3:12  | 123     | M: 34.     |
|     | 38.  | Delorenzi Roberto   | 97 |       | US Capriaschese               | <b>32:13</b> | +2:29 | 3:12  | 681     | M: 35.     |
| 33. | 39.  | Volery Yan          | 98 | SUI   | SA Bulle                      | <b>32:13</b> | +2:29 | 3:13  | 630     | M: 36.     |
| 34. | 40.  | Jauch Manfred       | 75 | SUI   | LC Altdorf                    | <b>32:13</b> | +2:29 | 3:13  | 331     | M40: 1.    |
|     | 41.  | Tareq Omar          | 92 | GER   | TuS Lörrach Stetten           | <b>32:26</b> | +2:42 | 3:14  | 599     | M: 37.     |
| 35. | 42.  | Ali Abdi Salam      | 02 | SO... | LC Uster                      | <b>32:33</b> | +2:49 | 3:14  | 112     | MJ U20: 2. |
| 36. | 43.  | Flückiger Armin     | 90 | SUI   | TV Oerlikon                   | <b>32:35</b> | +2:51 | 3:15  | 235     | M: 38.     |
| 37. | 44.  | Huwiler Thomas      | 89 | SUI   | Stade Genève                  | <b>32:41</b> | +2:57 | 3:15  | 323     | M: 39.     |
| 38. | 45.  | Marti Sven          | 84 | SUI   | LA Nidwalden                  | <b>32:48</b> | +3:04 | 3:16  | 409     | M35: 3.    |
| 39. | 46.  | Renner Roman        | 99 | SUI   | TSV 2001 Rotkreuz             | <b>32:48</b> | +3:04 | 3:16  | 496     | M: 40.     |
|     | 47.  | Schmauder Stefan    | 85 | GER   | Donnschtig Hüpfert Altstätten | <b>32:50</b> | +3:06 | 3:16  | 534     | M: 41.     |
| 40. | 48.  | Buccassi Derek      | 01 | SUI   | STB                           | <b>32:53</b> | +3:09 | 3:16  | 171     | MJ U20: 3. |
| 41. | 49.  | Marti Adrian        | 78 | SUI   | TV Oerlikon                   | <b>32:53</b> | +3:09 | 3:16  | 104     | M40: 2.    |

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## 10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM  | rang | nom et prénom       | an | Nat | Verein/Ort              | temps        | écart | min/k | dossard | catégorie  |
|-----|------|---------------------|----|-----|-------------------------|--------------|-------|-------|---------|------------|
| 42. | 50.  | Besse Jean-Claude   | 92 | SUI | TV Oerlikon             | <b>32:53</b> | +3:09 | 3:16  | 150     | M: 42.     |
| 43. | 51.  | Wegmann Sandro      | 82 | SUI | LC Uster                | <b>32:56</b> | +3:12 | 3:17  | 641     | M35: 4.    |
| 44. | 52.  | Da Silva Miguel     | 78 | SUI | FSG COLLONGE-BELLERIVE  | <b>32:57</b> | +3:13 | 3:17  | 194     | M40: 3.    |
| 45. | 53.  | Schüpbach Simon     | 97 | SUI | LR Gettnau              | <b>32:58</b> | +3:14 | 3:17  | 552     | M: 43.     |
|     | 54.  | Fouquet Meddy       | 91 | FRA | CEP Cortaillod          | <b>32:59</b> | +3:15 | 3:17  | 241     | M: 45.     |
| 46. | 55.  | Ulrich Stefan       | 96 | SUI | TG Hütten               | <b>33:01</b> | +3:17 | 3:17  | 615     | M: 44.     |
|     | 56.  | Pearce Mark         | 79 | GBR | Adliswil Rouleurs       | <b>33:03</b> | +3:19 | 3:17  | 834     | M40: 4.    |
|     | 57.  | Mahamad Husein      | 96 | ETH | LG TSV Galgenen         | <b>33:04</b> | +3:20 | 3:18  | 402     | M: 47.     |
| 47. | 58.  | Güdel Micha         | 90 | SUI | TV Länggasse            | <b>33:04</b> | +3:20 | 3:17  | 284     | M: 46.     |
| 48. | 59.  | Arnold Philipp      | 87 | SUI | LC Zürich               | <b>33:08</b> | +3:24 | 3:18  | 127     | M: 48.     |
| 49. | 60.  | Klopfenstein Diego  | 97 | SUI | Stade Genève            | <b>33:08</b> | +3:24 | 3:18  | 361     | M: 49.     |
| 50. | 61.  | Ismail Sebghatullah | 00 | AFG | SAL Lugano              | <b>33:12</b> | +3:28 | 3:18  | 327     | MJ U20: 4. |
| 51. | 62.  | Baumann Nando       | 96 | SUI | LC Brühl Leichtathletik | <b>33:13</b> | +3:29 | 3:18  | 136     | M: 50.     |
| 52. | 63.  | Gächter Janis       | 96 | SUI | LAV Glarus              | <b>33:16</b> | +3:32 | 3:19  | 255     | M: 52.     |
| 53. | 64.  | Urfer Jens          | 94 | SUI | All Blacks Thun         | <b>33:16</b> | +3:32 | 3:19  | 620     | M: 51.     |
| 54. | 65.  | Fleury Jérémie      | 98 | SUI | FSG Courroux            | <b>33:18</b> | +3:34 | 3:19  | 232     | M: 53.     |
| 55. | 66.  | Anderhalden Donnino | 84 | SUI | TV Oerlikon             | <b>33:18</b> | +3:34 | 3:19  | 119     | M35: 5.    |
| 56. | 67.  | Dolce Louis         | 99 | SUI | FSG Courroux            | <b>33:21</b> | +3:37 | 3:19  | 210     | M: 54.     |
| 57. | 68.  | Becker Ruedi        | 85 | SUI | Laufgruppe Cham         | <b>33:30</b> | +3:46 | 3:20  | 140     | M: 55.     |
|     | 69.  | Iselin Mathieu      | 83 | FRA | Trigether               | <b>33:31</b> | +3:47 | 3:20  | 814     | M35: 6.    |
| 58. | 70.  | Kälin Andreas       | 91 | SUI | gantrischbike.ch        | <b>33:32</b> | +3:48 | 3:20  | 344     | M: 56.     |
| 59. | 71.  | Blättler Mirko      | 96 | SUI | LA Nidwalden            | <b>33:33</b> | +3:49 | 3:21  | 156     | M: 57.     |
|     | 72.  | Colas Damien        | 87 | FRA | FSG Bassecourt          | <b>33:33</b> | +3:49 | 3:21  | 190     | M: 58.     |
| 60. | 73.  | Fux Fabian          | 01 | SUI | BCVS Mount Asics Team   | <b>33:34</b> | +3:50 | 3:21  | 832     | MJ U20: 5. |
| 61. | 74.  | Keller Marius       | 95 | SUI | BTV Aarau Athletics     | <b>33:35</b> | +3:51 | 3:21  | 356     | M: 59.     |
| 62. | 75.  | Pinto Ricardo       | 87 | SUI | Stade Genève            | <b>33:37</b> | +3:53 | 3:21  | 478     | M: 60.     |
| 63. | 76.  | Demoulin Edmond     | 02 | FRA | Stade Genève            | <b>33:39</b> | +3:55 | 3:21  | 205     | MJ U20: 6. |
|     | 77.  | Küng Manuel         | 87 |     | KTV Wil LA              | <b>33:46</b> | +4:02 | 3:22  | 687     | M: 62.     |
| 64. | 78.  | Girardet David      | 79 | SUI | Trilogie Sport          | <b>33:47</b> | +4:03 | 3:22  | 269     | M40: 6.    |
|     | 79.  | Schmidtke Claudio   | 93 | ITA | LC Schaffhausen         | <b>33:47</b> | +4:03 | 3:22  | 539     | M: 63.     |
| 65. | 80.  | Birrer Marco        | 99 | SUI | TV Oerlikon             | <b>33:47</b> | +4:03 | 3:22  | 153     | M: 61.     |
| 66. | 81.  | Castiglioni Luca    | 79 | SUI | TV Oerlikon             | <b>33:48</b> | +4:04 | 3:22  | 830     | M40: 5.    |
| 67. | 82.  | Morand Michael      | 83 | SUI | FSG Bassecourt          | <b>33:50</b> | +4:06 | 3:22  | 437     | M35: 7.    |
| 68. | 83.  | Hohl Christian      | 89 | SUI | LAS Old Boys Basel      | <b>33:50</b> | +4:06 | 3:22  | 312     | M: 64.     |
| 69. | 84.  | Bonjour Allan       | 91 | SUI | CEP Cortaillod          | <b>33:51</b> | +4:07 | 3:22  | 162     | M: 67.     |
| 70. | 85.  | Thomson Mark        | 70 | SUI | gantrischbike.ch        | <b>33:52</b> | +4:08 | 3:22  | 605     | M45: 1.    |
|     | 86.  | Larisch Balthasar   | 91 | GER | LC Uster                | <b>33:52</b> | +4:08 | 3:22  | 382     | M: 66.     |
| 71. | 87.  | Oppliger Julien     | 91 | SUI | (Montezillon)           | <b>33:52</b> | +4:08 | 3:22  | 466     | M: 65.     |
| 72. | 88.  | Derigo Dave         | 97 | SUI | GAB Bellinzona          | <b>33:53</b> | +4:09 | 3:22  | 207     | M: 68.     |
| 73. | 89.  | Lagerström Mark     | 77 | SUI | SV WIEDIKON             | <b>33:54</b> | +4:10 | 3:23  | 379     | M40: 7.    |
| 74. | 90.  | Schönenberger Simon | 87 | SUI | LC Brühl Leichtathletik | <b>33:54</b> | +4:10 | 3:23  | 546     | M: 69.     |
|     | 91.  | Haben Teklemichal   | 99 | ERI | Stade Genève            | <b>33:57</b> | +4:13 | 3:23  | 602     | M: 72.     |
| 75. | 92.  | Benninghoff Mathieu | 99 | SUI | Stade Genève            | <b>33:58</b> | +4:14 | 3:23  | 143     | M: 70.     |
| 76. | 93.  | Holer Luca          | 97 | SUI | LC Zürich               | <b>34:00</b> | +4:16 | 3:23  | 313     | M: 73.     |
| 77. | 94.  | Iten Enea           | 98 | SUI | USC                     | <b>34:00</b> | +4:16 | 3:23  | 328     | M: 71.     |
| 78. | 95.  | Frieden Thomas      | 69 | SUI | LSV Winterthur          | <b>34:00</b> | +4:16 | 3:23  | 246     | M50: 1.    |
| 79. | 96.  | Abächerli Andreas   | 85 | SUI | Ueli Koch Laufsport     | <b>34:00</b> | +4:16 | 3:23  | 102     | M: 75.     |
| 80. | 97.  | Rhyner Daniel       | 84 | SUI | All Blacks Thun         | <b>34:01</b> | +4:17 | 3:23  | 498     | M35: 8.    |
| 81. | 98.  | Marti Melvin        | 99 | SUI | LAR Binningen           | <b>34:02</b> | +4:18 | 3:23  | 407     | M: 74.     |

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Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM   | rang | nom et prénom           | an | Nat | Verein/Ort                   | temps        | écart | min/k | dossard | catégorie   |
|------|------|-------------------------|----|-----|------------------------------|--------------|-------|-------|---------|-------------|
| 82.  | 99.  | Engeler Marco           | 93 | SUI | SAL Lugano                   | <b>34:06</b> | +4:22 | 3:24  | 220     | M: 76.      |
| 83.  | 100. | Mennet Robin            | 01 | SUI | LC Basel                     | <b>34:06</b> | +4:22 | 3:24  | 424     | MJ U20: 7.  |
|      | 101. | Garcia Jorge            | 82 | ESP | (Wabern)                     | <b>34:08</b> | +4:24 | 3:24  | 809     | M35: 9.     |
| 84.  | 102. | Maffongelli Marco       | 88 | SUI | VIGOR Ligornetto             | <b>34:08</b> | +4:24 | 3:24  | 819     | M: 77.      |
| 85.  | 103. | Staubli Jan             | 85 | SUI | LC Uster / powerlab.ch       | <b>34:10</b> | +4:26 | 3:24  | 578     | M: 78.      |
| 86.  | 104. | Kastu Jussi             | 80 | SUI | CCC                          | <b>34:11</b> | +4:27 | 3:24  | 349     | M35: 10.    |
| 87.  | 105. | Marti Mickael           | 04 | SUI | TIP-TOP POLysport Bienne     | <b>34:11</b> | +4:27 | 3:24  | 408     | MJ U20: 8.  |
| 88.  | 106. | Wheeler Cecil           | 68 | SUI | Laufgruppe Cham              | <b>34:12</b> | +4:28 | 3:25  | 646     | M50: 2.     |
| 89.  | 107. | Renner Philipp          | 96 | SUI | TSV 2001 Rotkreuz            | <b>34:13</b> | +4:29 | 3:24  | 495     | M: 79.      |
| 90.  | 108. | Menzi Diego             | 85 | SUI | KTV Bütschwil                | <b>34:14</b> | +4:30 | 3:24  | 425     | M: 80.      |
| 91.  | 109. | Aeschlimann Gilles      | 79 | SUI | (Le Locle)                   | <b>34:15</b> | +4:31 | 3:24  | 108     | M40: 8.     |
| 92.  | 110. | Schönholzer Urs         | 72 | SUI | ST Bern                      | <b>34:15</b> | +4:31 | 3:25  | 547     | M45: 2.     |
| 93.  | 111. | Grosheny Philipp        | 89 | SUI | Home of Triathlon St. Moritz | <b>34:17</b> | +4:33 | 3:25  | 811     | M: 81.      |
|      | 112. | Van Der Zon Peter       | 91 | NED | LR Gettnau                   | <b>34:17</b> | +4:33 | 3:25  | 625     | M: 83.      |
| 94.  | 113. | Torche Julien           | 99 | SUI | Athletic Team Rechthalten    | <b>34:18</b> | +4:34 | 3:25  | 607     | M: 82.      |
| 95.  | 114. | Jeanmaire Yannick       | 84 | SUI | Stade Genève athlétisme      | <b>34:22</b> | +4:38 | 3:25  | 332     | M35: 11.    |
| 96.  | 115. | Favre Yves              | 00 | SUI | Running Team Prilly          | <b>34:24</b> | +4:40 | 3:25  | 226     | MJ U20: 9.  |
| 97.  | 116. | Baggenstos Tobias       | 92 | SUI | VC Gersau                    | <b>34:27</b> | +4:43 | 3:26  | 131     | M: 84.      |
| 98.  | 117. | Meyer Cedric            | 98 | SUI | LG TSV Galgenen              | <b>34:27</b> | +4:43 | 3:26  | 430     | M: 85.      |
| 99.  | 118. | Hürlimann Ramon         | 01 | SUI | LV Langenthal                | <b>34:31</b> | +4:47 | 3:26  | 320     | MJ U20: 10. |
|      | 119. | Kalab Heyleab           | 96 | ERI | LAC TV Unterstrass           | <b>34:32</b> | +4:48 | 3:26  | 343     | M: 87.      |
| 100. | 120. | Kostyuchenko Nikita     | 92 | SUI | LC Zürich                    | <b>34:32</b> | +4:48 | 3:26  | 368     | M: 86.      |
| 101. | 121. | Cavadini Enrico         | 68 | SUI | Runner's Club Bellinzona     | <b>34:33</b> | +4:49 | 3:27  | 831     | M50: 3.     |
| 102. | 122. | Delorenzi Marco         | 99 | SUI | USC/ Pini Factory Racing     | <b>34:39</b> | +4:55 | 3:27  | 680     | M: 88.      |
| 103. | 123. | Hüsler Stefan           | 79 | SUI | LC Schaffhausen              | <b>34:43</b> | +4:59 | 3:27  | 813     | M40: 10.    |
| 104. | 124. | Marani Tommaso          | 99 | SUI | SAL Lugano                   | <b>34:43</b> | +4:59 | 3:27  | 403     | M: 89.      |
|      | 125. | Nilis Daan              | 95 | BEL | (Zürich)                     | <b>34:44</b> | +5:00 | 3:27  | 456     | M: 90.      |
| 105. | 126. | Lustenberger Richard    | 98 | SUI | TG Hütten                    | <b>34:44</b> | +5:00 | 3:28  | 400     | M: 91.      |
| 106. | 127. | Marty Stefan            | 79 | SUI | Eroxswiss                    | <b>34:46</b> | +5:02 | 3:27  | 411     | M40: 9.     |
| 107. | 128. | Foley Jurgen Leo        | 84 | SUI | west limerick ac             | <b>34:49</b> | +5:05 | 3:28  | 237     | M35: 12.    |
| 108. | 129. | Villiger Roman          | 89 | SUI | team professional            | <b>34:50</b> | +5:06 | 3:28  | 626     | M: 92.      |
|      | 130. | Schneble Gerhard        | 69 | GER | TV Gailingen                 | <b>34:54</b> | +5:10 | 3:29  | 867     | M50: 4.     |
|      | 131. | Asghedom Hermon         | 97 | ERI | LAR Binningen                | <b>34:57</b> | +5:13 | 3:29  | 827     | M: 93.      |
|      | 132. | Gebrezgabiher Aron      | 97 | ERI | FSG Bassecourt               | <b>34:59</b> | +5:15 | 3:29  | 259     | M: 94.      |
| 109. | 133. | Hartmann Tian           | 83 | SUI | (Zürich)                     | <b>35:00</b> | +5:16 | 3:29  | 298     | M35: 13.    |
| 110. | 134. | Mathieu Michaël         | 82 | SUI | Stade Genève                 | <b>35:01</b> | +5:17 | 3:29  | 412     | M35: 14.    |
| 111. | 135. | Fleischmann Philip      | 93 | SUI | Leichtathletik Club Zurich   | <b>35:04</b> | +5:20 | 3:29  | 231     | M: 95.      |
| 112. | 136. | Arnold Lukas            | 94 | SUI | LR Gettnau                   | <b>35:06</b> | +5:22 | 3:30  | 126     | M: 97.      |
| 113. | 137. | Drittenbass Joel        | 92 | SUI | LC Brühl Leichtathletik      | <b>35:07</b> | +5:23 | 3:30  | 214     | M: 96.      |
| 114. | 138. | Beretta Piccoli Lorenzo | 81 | SUI | Frecce Gialle Malcantone     | <b>35:08</b> | +5:24 | 3:30  | 144     | M35: 15.    |
| 115. | 139. | Mettler Fabrice         | 01 | SUI | TV Herisau                   | <b>35:11</b> | +5:27 | 3:30  | 427     | MJ U20: 11. |
|      | 140. | Gross Fridolin          | 81 | GER | (Kaufungen)                  | <b>35:16</b> | +5:32 | 3:30  | 278     | M35: 16.    |
| 116. | 141. | Rüttimann Cyrill        | 02 | SUI | LC Meilen                    | <b>35:16</b> | +5:32 | 3:30  | 512     | MJ U20: 12. |
| 117. | 142. | Renggli Tobias          | 03 | SUI | LR Ebikon                    | <b>35:17</b> | +5:33 | 3:31  | 494     | MJ U20: 13. |
| 118. | 143. | Bachmann Ivo            | 75 | SUI | SC Diemberg smrun            | <b>35:18</b> | +5:34 | 3:31  | 130     | M40: 11.    |
| 119. | 144. | Schönenberger Matthias  | 87 | SUI | All Blacks Thun              | <b>35:22</b> | +5:38 | 3:31  | 545     | M: 98.      |
| 120. | 145. | Orlandi Yan             | 74 | SUI | FSG Bassecourt               | <b>35:24</b> | +5:40 | 3:32  | 468     | M45: 3.     |
| 121. | 146. | Camenzind Flurin        | 84 | SUI | SC Diemberg                  | <b>35:27</b> | +5:43 | 3:32  | 178     | M35: 17.    |
|      | 147. | Van Den Ende Joost      | 88 | NED | LC Basel                     | <b>35:31</b> | +5:47 | 3:32  | 622     | M: 100.     |

# 10km SM Uster 2019

résultats

## 10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM   | rang | nom et prénom            | an | Nat | Verein/Ort                | temps        | écart | min/k | dossard | catégorie   |
|------|------|--------------------------|----|-----|---------------------------|--------------|-------|-------|---------|-------------|
|      | 148. | Michiel Zersenay         | 98 | ERI | TV Riehen                 | <b>35:31</b> | +5:47 | 3:32  | 433     | M: 99.      |
| 122. | 149. | Perez De La Sota Gabriel | 80 | SUI | club debeu                | <b>35:34</b> | +5:50 | 3:32  | 690     | M35: 18.    |
| 123. | 150. | Witschi Sébastien        | 95 | SUI | FSG Alle                  | <b>35:36</b> | +5:52 | 3:33  | 655     | M: 101.     |
|      | 151. | Poschenrieder Dominik    | 89 | GER | TV Oerlikon               | <b>35:36</b> | +5:52 | 3:33  | 484     | M: 102.     |
|      | 152. | De Cristofano Salvatore  | 77 | ITA | Swiss master running      | <b>35:38</b> | +5:54 | 3:33  | 803     | M40: 12.    |
| 124. | 153. | Senn Oliver              | 69 | SUI | LAR TV Windisch           | <b>35:43</b> | +5:59 | 3:33  | 562     | M50: 5.     |
| 125. | 154. | Feuz Thomas              | 77 | SUI | All Blacks Thun           | <b>35:44</b> | +6:00 | 3:34  | 229     | M40: 13.    |
| 126. | 155. | Bouzon Daniel            | 72 | SUI | Team Bouzon / Elemenz     | <b>35:44</b> | +6:00 | 3:33  | 167     | M45: 4.     |
| 127. | 156. | Epp Pius                 | 85 | SUI | Gerbersport               | <b>35:45</b> | +6:01 | 3:34  | 807     | M: 104.     |
| 128. | 157. | Robin Antoine            | 93 | SUI | Stade Genève              | <b>35:46</b> | +6:02 | 3:34  | 503     | M: 103.     |
| 129. | 158. | Stadelmann Claude        | 81 | SUI | (Pleigne)                 | <b>35:55</b> | +6:11 | 3:35  | 574     | M35: 19.    |
| 130. | 159. | Klopfenstein Mattias     | 99 | SUI | Stade Genève              | <b>35:55</b> | +6:11 | 3:35  | 362     | M: 105.     |
| 131. | 160. | Christen Isidor          | 66 | SUI | LR Gettnau                | <b>35:58</b> | +6:14 | 3:35  | 188     | M50: 6.     |
| 132. | 161. | Bleiker Julian           | 98 | SUI | KTV Wil LA                | <b>36:00</b> | +6:16 | 3:35  | 679     | M: 106.     |
| 133. | 162. | Tschudi Christian        | 91 | SUI | Tempo-Sport bikespeed.ch  | <b>36:02</b> | +6:18 | 3:35  | 611     | M: 107.     |
|      | 163. | Isak Abel                | 02 | ERI | TV Riehen                 | <b>36:03</b> | +6:19 | 3:35  | 326     | MJ U20: 14. |
|      | 164. | Valente Stefano          | 87 | ITA | TV Oerlikon               | <b>36:04</b> | +6:20 | 3:36  | 621     | M: 108.     |
|      | 165. | Alizada Noor Mohammad    | 97 | AFG | 1997                      | <b>36:06</b> | +6:22 | 3:36  | 113     | M: 109.     |
| 134. | 166. | Elvedi Flavio            | 83 | SUI | LR Gettnau                | <b>36:08</b> | +6:24 | 3:36  | 219     | M35: 20.    |
| 135. | 167. | Aase Njaal               | 01 | SUI | LC Rafzerfeld             | <b>36:10</b> | +6:26 | 3:36  | 101     | MJ U20: 15. |
| 136. | 168. | Bernardi Tazio           | 93 | SUI | ST Bern Leichtathletik    | <b>36:11</b> | +6:27 | 3:36  | 147     | M: 110.     |
| 137. | 169. | Blum Lucca               | 96 | SUI | LVLangenthal              | <b>36:12</b> | +6:28 | 3:36  | 159     | M: 111.     |
| 138. | 170. | Althaus Reto             | 74 | SUI | (Zürich)                  | <b>36:12</b> | +6:28 | 3:36  | 115     | M45: 5.     |
| 139. | 171. | Heutschi Tobias          | 92 | SUI | (Menziken)                | <b>36:13</b> | +6:29 | 3:36  | 852     | M: 113.     |
| 140. | 172. | Heller Luca              | 94 | SUI | LAG Gossau                | <b>36:13</b> | +6:29 | 3:36  | 304     | M: 112.     |
| 141. | 173. | Amrein Manuel            | 00 | SUI | LR Gettnau                | <b>36:17</b> | +6:33 | 3:37  | 117     | MJ U20: 16. |
| 142. | 174. | Scriba Holger            | 82 | SUI | LAC TV Unterstrass        | <b>36:17</b> | +6:33 | 3:37  | 556     | M35: 21.    |
| 143. | 175. | Birchmeier Damien        | 96 | SUI | Sodibat                   | <b>36:20</b> | +6:36 | 3:37  | 152     | M: 114.     |
| 144. | 176. | Zraggen Aldo             | 83 | SUI | LC Dübendorf              | <b>36:22</b> | +6:38 | 3:37  | 671     | M35: 22.    |
| 145. | 177. | Studer Daniel            | 85 | SUI | (Grünigen)                | <b>36:29</b> | +6:45 | 3:38  | 835     | M: 115.     |
| 146. | 178. | Schärer Georg            | 78 | SUI | BTV Aarau                 | <b>36:33</b> | +6:49 | 3:38  | 525     | M40: 14.    |
|      | 179. | Ibrahim Miroan           | 90 | SYR | 1990                      | <b>36:37</b> | +6:53 | 3:39  | 324     | M: 116.     |
| 147. | 180. | Genovese Gaetano         | 59 | SUI | RC Bellinzona             | <b>36:37</b> | +6:53 | 3:39  | 262     | M60: 1.     |
| 148. | 181. | Hungerbühler Igor        | 00 | SUI | LC Frauenfeld             | <b>36:38</b> | +6:54 | 3:39  | 319     | MJ U20: 17. |
| 149. | 182. | Rotzetter Marc           | 00 | SUI | Athletic Team Rechthalten | <b>36:39</b> | +6:55 | 3:39  | 507     | MJ U20: 19. |
| 150. | 183. | Werder Dario             | 95 | SUI | LC Frauenfeld             | <b>36:40</b> | +6:56 | 3:39  | 643     | M: 117.     |
| 151. | 184. | Wild Yannic              | 01 | SUI | TV Oerlikon               | <b>36:40</b> | +6:56 | 3:39  | 650     | MJ U20: 18. |
| 152. | 185. | Roth Basil               | 76 | SUI | LAC TV Unterstrass        | <b>36:41</b> | +6:57 | 3:39  | 506     | M40: 15.    |
| 153. | 186. | Leibundgut Fritz         | 65 | SUI | Lauftreff Spiez           | <b>36:44</b> | +7:00 | 3:40  | 388     | M50: 7.     |
| 154. | 187. | Färber Philipp           | 66 | SUI | LC Meilen                 | <b>36:47</b> | +7:03 | 3:40  | 860     | M50: 8.     |
| 155. | 188. | Seiler Marcel            | 69 | SUI | TV Ringgenberg            | <b>36:49</b> | +7:05 | 3:40  | 558     | M50: 9.     |
| 156. | 189. | Alonso David             | 89 | SUI | AIN-EST ATHLETISME        | <b>36:49</b> | +7:05 | 3:40  | 114     | M: 118.     |
| 157. | 190. | Kienle Ralph             | 71 | SUI | TV Länggasse              | <b>36:52</b> | +7:08 | 3:40  | 358     | M45: 6.     |
| 158. | 191. | Nussbaum Simon           | 03 | SUI | White Tigers              | <b>36:54</b> | +7:10 | 3:41  | 458     | MJ U20: 20. |
| 159. | 192. | Blättler Beat            | 76 | SUI | LACTV Unterstrass         | <b>36:56</b> | +7:12 | 3:41  | 155     | M40: 16.    |
| 160. | 193. | Kneubühl Micha           | 99 | SUI | (Fraubrunnen)             | <b>37:00</b> | +7:16 | 3:41  | 363     | M: 119.     |
| 161. | 194. | Obrist Nick              | 97 | SUI | LV Langenthal             | <b>37:00</b> | +7:16 | 3:41  | 461     | M: 120.     |
| 162. | 195. | Bass Luca                | 98 | SUI | LC Regensdorf             | <b>37:00</b> | +7:16 | 3:41  | 135     | M: 121.     |
| 163. | 196. | Deiss Yanik              | 01 | SUI | LC Meilen                 | <b>37:05</b> | +7:21 | 3:42  | 204     | MJ U20: 21. |

# 10km SM Uster 2019

résultats

## 10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM   | rang | nom et prénom        | an | Nat | Verein/Ort            | temps        | écart | min/k | dossard | catégorie   |
|------|------|----------------------|----|-----|-----------------------|--------------|-------|-------|---------|-------------|
| 164. | 197. | Peter Peter          | 66 | SUI | LC Meilen / smrun     | <b>37:07</b> | +7:23 | 3:42  | 862     | M50: 10.    |
|      | 198. | Alcalà Adrià         | 91 | ESP | LV Langenthal         | <b>37:11</b> | +7:27 | 3:42  | 111     | M: 123.     |
| 165. | 199. | Lüthi Mike           | 87 | SUI | LC Uster              | <b>37:12</b> | +7:28 | 3:42  | 818     | M: 124.     |
|      | 200. | Michel Andrew        | 89 | GBR | (Horgen)              | <b>37:13</b> | +7:29 | 3:42  | 432     | M: 122.     |
| 166. | 201. | Oberti Marco         | 64 | SUI | smrun                 | <b>37:14</b> | +7:30 | 3:43  | 460     | M55: 1.     |
| 167. | 202. | Eggimann Andreas     | 82 | SUI | (Zürich)              | <b>37:16</b> | +7:32 | 3:42  | 805     | M35: 23.    |
|      | 203. | Carsten Drilling     | 72 | GER | TVL Bern              | <b>37:18</b> | +7:34 | 3:43  | 181     | M45: 7.     |
| 168. | 204. | Füglister Dominik    | 88 | SUI | LC Dübendorf          | <b>37:23</b> | +7:39 | 3:43  | 864     | M: 125.     |
| 169. | 205. | Appius Aeneas        | 60 | SUI | Team Swiss Emotions   | <b>37:24</b> | +7:40 | 3:43  | 124     | M55: 2.     |
| 170. | 206. | Muffler Dario        | 94 | SUI | LC Schaffhausen       | <b>37:27</b> | +7:43 | 3:44  | 445     | M: 126.     |
| 171. | 207. | Kaufmann Roger       | 74 | SUI | LC Uster              | <b>37:33</b> | +7:49 | 3:44  | 815     | M45: 8.     |
| 172. | 208. | Uehle Florian        | 82 | SUI | Time Out Uster        | <b>37:36</b> | +7:52 | 3:45  | 612     | M35: 24.    |
|      | 209. | Kartje Aaron         | 00 | GER | TV Riehen             | <b>37:38</b> | +7:54 | 3:45  | 348     | MJ U20: 22. |
| 173. | 210. | Roy Alexandre        | 82 | SUI | YanOrlandiRun         | <b>37:44</b> | +8:00 | 3:45  | 508     | M35: 25.    |
| 174. | 211. | Zeller Yannick       | 99 | SUI | gerbersport           | <b>37:48</b> | +8:04 | 3:46  | 670     | M: 127.     |
| 175. | 212. | Oser Sven            | 79 | SUI | LCB                   | <b>37:50</b> | +8:06 | 3:46  | 469     | M40: 17.    |
| 176. | 213. | Koller Stefan        | 75 | SUI | Team CB               | <b>37:55</b> | +8:11 | 3:47  | 817     | M40: 18.    |
| 177. | 214. | Wyss Markus          | 70 | SUI | (Koppigen)            | <b>37:57</b> | +8:13 | 3:47  | 665     | M45: 9.     |
| 178. | 215. | Mozzini Luca         | 71 | SUI | RC Bellinzona         | <b>38:00</b> | +8:16 | 3:47  | 443     | M45: 10.    |
|      | 216. | Weldekidan Tsegay    | 98 | ERI | FSG Bassecourt        | <b>38:06</b> | +8:22 | 3:48  | 642     | M: 128.     |
| 179. | 217. | Mattes Martin        | 65 | SUI | (Zürich)              | <b>38:06</b> | +8:22 | 3:48  | 820     | M50: 11.    |
| 180. | 218. | Brun Hanspeter       | 57 | SUI | LC Uster              | <b>38:06</b> | +8:22 | 3:48  | 170     | M60: 2.     |
| 181. | 219. | Strassmann Nils      | 93 | SUI | LAR TV Windisch       | <b>38:08</b> | +8:24 | 3:48  | 585     | M: 129.     |
|      | 220. | Herrera Vicente      | 77 | ESP | smrun / Correcaminos  | <b>38:10</b> | +8:26 | 3:48  | 305     | M40: 19.    |
| 182. | 221. | Stutz Jan            | 89 | SUI | TV Oerlikon           | <b>38:13</b> | +8:29 | 3:48  | 592     | M: 130.     |
| 183. | 222. | Keller Alain         | 68 | SUI | TV Länggasse Bern     | <b>38:18</b> | +8:34 | 3:49  | 354     | M50: 12.    |
| 184. | 223. | Gerber Roger         | 70 | SUI | Team Emmenlauf        | <b>38:22</b> | +8:38 | 3:49  | 263     | M45: 11.    |
| 185. | 224. | Gründler Jonas       | 94 | SUI | LC Uster              | <b>38:22</b> | +8:38 | 3:49  | 281     | M: 131.     |
| 186. | 225. | De Bellis François   | 53 | SUI | Swiss Masters Running | <b>38:23</b> | +8:39 | 3:50  | 200     | M65: 1.     |
| 187. | 226. | Inauen Dylan         | 02 | SUI | lc Brühl              | <b>38:24</b> | +8:40 | 3:49  | 325     | MJ U20: 23. |
| 188. | 227. | Pravato David        | 72 | SUI | LAC TV Unterstrass    | <b>38:24</b> | +8:40 | 3:49  | 485     | M45: 12.    |
| 189. | 228. | Kammer Adrian        | 81 | SUI | LC Uster              | <b>38:30</b> | +8:46 | 3:50  | 863     | M35: 26.    |
| 190. | 229. | Fässler Philipp      | 74 | SUI | (Zürich)              | <b>38:33</b> | +8:49 | 3:50  | 225     | M45: 14.    |
| 191. | 230. | Günter Stéphane      | 72 | SUI | (Einigen)             | <b>38:35</b> | +8:51 | 3:50  | 287     | M45: 13.    |
|      | 231. | Bognanni Luigi       | 68 | ITA | tvu                   | <b>38:38</b> | +8:54 | 3:50  | 160     | M50: 13.    |
| 192. | 232. | Schilling Bernhard   | 85 | SUI | TV Oerlikon           | <b>38:41</b> | +8:57 | 3:51  | 531     | M: 132.     |
| 193. | 233. | Uebersax Dan         | 69 | SUI | MegaJoule / smrun     | <b>38:44</b> | +9:00 | 3:51  | 825     | M50: 14.    |
| 194. | 234. | Lochmann Thomas      | 65 | SUI | LC Basel              | <b>38:44</b> | +9:00 | 3:51  | 395     | M50: 15.    |
| 195. | 235. | Kummer David Florian | 01 | SUI | LV Langenthal         | <b>38:45</b> | +9:01 | 3:52  | 371     | MJ U20: 24. |
|      | 236. | Bröker Marian        | 86 | GER | Lokomotive Neu Delhi  | <b>38:46</b> | +9:02 | 3:52  | 168     | M: 133.     |
| 196. | 237. | Bergmann David       | 01 | SUI | LV Albis              | <b>38:49</b> | +9:05 | 3:52  | 146     | MJ U20: 25. |
| 197. | 238. | Elmer Hannes         | 89 | SUI | LAV Glarus            | <b>38:49</b> | +9:05 | 3:52  | 851     | M: 134.     |
| 198. | 239. | Blöchliger Michael   | 77 | SUI | LC Uster              | <b>38:50</b> | +9:06 | 3:52  | 158     | M40: 20.    |
| 199. | 240. | Simoes José Carlos   | 59 | SUI | (Thônex)              | <b>38:52</b> | +9:08 | 3:52  | 566     | M60: 3.     |
| 200. | 241. | Deiss Morris         | 03 | SUI | (Hombrechtikon)       | <b>38:55</b> | +9:11 | 3:53  | 203     | MJ U20: 26. |
|      | 242. | Pileggi Andrea       | 64 | ITA | SMRUN                 | <b>39:00</b> | +9:16 | 3:53  | 477     | M55: 3.     |
|      | 243. | Clarysse Bart        | 69 | BEL | (Gockhausen)          | <b>39:02</b> | +9:18 | 3:53  | 189     | M50: 16.    |
| 201. | 244. | Cabdi Maxamed Adan   | 01 | ETH | TV Unterstrasse       | <b>39:06</b> | +9:22 | 3:53  | 176     | MJ U20: 27. |
| 202. | 245. | Furrer Michael       | 80 | SUI | Trigether             | <b>39:09</b> | +9:25 | 3:54  | 252     | M35: 27.    |

# 10km SM Uster 2019

résultats

## 10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM   | rang | nom et prénom       | an | Nat   | Verein/Ort              | temps        | écart  | min/k | dossard | catégorie   |
|------|------|---------------------|----|-------|-------------------------|--------------|--------|-------|---------|-------------|
| 203. | 246. | Schmid Andreas      | 65 | SUI   | BTV Chur                | <b>39:12</b> | +9:28  | 3:54  | 535     | M50: 17.    |
| 204. | 247. | Gigon Marc          | 97 | SUI   | FSG Alle                | <b>39:12</b> | +9:28  | 3:54  | 267     | M: 135.     |
| 205. | 248. | Schreiber Simon     | 73 | SUI   | LAC TV Unterstrass      | <b>39:13</b> | +9:29  | 3:54  | 549     | M45: 15.    |
| 206. | 249. | Lerch Alfred        | 79 | SUI   | GAB Bellinzona          | <b>39:15</b> | +9:31  | 3:55  | 391     | M40: 21.    |
| 207. | 250. | Callura Arnoldo     | 67 | SUI   | (Ottenbach)             | <b>39:15</b> | +9:31  | 3:55  | 873     | M50: 18.    |
| 208. | 251. | Kägi André          | 64 | SUI   | LAC TV Unterstrass      | <b>39:24</b> | +9:40  | 3:55  | 341     | M55: 4.     |
| 209. | 252. | Camiu Roger         | 84 | SUI   | LC Zürich               | <b>39:27</b> | +9:43  | 3:55  | 179     | M35: 28.    |
| 210. | 253. | Weber Raphael       | 91 | SUI   | (Langnau am Albis)      | <b>39:33</b> | +9:49  | 3:56  | 853     | M: 136.     |
| 211. | 254. | Hügli Lukas         | 99 | SUI   | LV Langenthal           | <b>39:33</b> | +9:49  | 3:56  | 318     | M: 137.     |
| 212. | 255. | Pagani Livio        | 82 | SUI   | GSFM/SMRUN              | <b>39:35</b> | +9:51  | 3:56  | 470     | M35: 29.    |
| 213. | 256. | Dambach René        | 69 | SUI   | TV Oerlikon             | <b>39:39</b> | +9:55  | 3:57  | 195     | M50: 19.    |
| 214. | 257. | Krauer Nicolas      | 81 | SUI   | 1981                    | <b>39:39</b> | +9:55  | 3:57  | 369     | M35: 30.    |
| 215. | 258. | Bossard Thomas      | 72 | SUI   | LAC TV Unterstrass      | <b>39:45</b> | +10:01 | 3:57  | 166     | M45: 16.    |
|      | 259. | Alaux Timothée      | 90 | GER   | (Zürich)                | <b>39:46</b> | +10:02 | 3:57  | 109     | M: 138.     |
| 216. | 260. | Frey Urs            | 45 | SUI   | (Riehen)                | <b>39:47</b> | +10:03 | 3:58  | 245     | M70: 1.     |
| 217. | 261. | Mosimann Walter     | 64 | SUI   | Salming Athlet          | <b>39:51</b> | +10:07 | 3:58  | 441     | M55: 5.     |
| 218. | 262. | Hindermann Marco    | 89 | SUI   | (Winterthur)            | <b>40:01</b> | +10:17 | 3:59  | 307     | M: 139.     |
|      | 263. | Czap Mark           | 86 | HU... | (Walenstadt)            | <b>40:04</b> | +10:20 | 3:59  | 193     | M: 140.     |
| 219. | 264. | Denoth Roman        | 78 | SUI   | LAC TV Unterstrass      | <b>40:04</b> | +10:20 | 3:59  | 206     | M40: 22.    |
| 220. | 265. | Bekk Oscar          | 66 | SUI   | LAC TVU                 | <b>40:07</b> | +10:23 | 4:00  | 142     | M50: 20.    |
| 221. | 266. | Oppliger Rolf       | 71 | SUI   | (Oberlunkhofen)         | <b>40:08</b> | +10:24 | 3:59  | 467     | M45: 17.    |
| 222. | 267. | Christen Cedric     | 93 | SUI   | Hobbyverein             | <b>40:09</b> | +10:25 | 4:00  | 187     | M: 141.     |
|      | 268. | Fusco Ivano         | 78 | ITA   | VC Bubendorf            | <b>40:16</b> | +10:32 | 4:00  | 254     | M40: 23.    |
|      | 269. | Solomon Samuel      | 98 | ERI   | FSG Bassecourt          | <b>40:16</b> | +10:32 | 4:01  | 568     | M: 142.     |
| 223. | 270. | Zurkirchen Julian   | 82 | SUI   | (Uster)                 | <b>40:16</b> | +10:32 | 4:01  | 676     | M35: 31.    |
| 224. | 271. | Gerber Tobias       | 03 | SUI   | LC Brühl Leichtathletik | <b>40:17</b> | +10:33 | 4:01  | 264     | MJ U20: 28. |
| 225. | 272. | Probst David        | 97 | SUI   | AC Murten               | <b>40:20</b> | +10:36 | 4:01  | 875     | M: 143.     |
| 226. | 273. | Chassot Frédéric    | 89 | SUI   | Monsieur                | <b>40:21</b> | +10:37 | 4:01  | 184     | M: 145.     |
| 227. | 274. | Spiewok Mike        | 60 | SUI   | 3star cats Wallisellen  | <b>40:22</b> | +10:38 | 4:01  | 571     | M55: 6.     |
| 228. | 275. | Sidler Sepp         | 57 | SUI   | LT Einsiedeln           | <b>40:24</b> | +10:40 | 4:01  | 564     | M60: 4.     |
| 229. | 276. | Stutz Julian        | 91 | SUI   | (Carona)                | <b>40:25</b> | +10:41 | 4:01  | 593     | M: 144.     |
|      | 277. | Fudali Witold       | 83 | POL   | (Zürich)                | <b>40:27</b> | +10:43 | 4:02  | 251     | M35: 32.    |
| 230. | 278. | Bourtzakis Emiliios | 71 | SUI   | LC Uster                | <b>40:30</b> | +10:46 | 4:02  | 847     | M45: 18.    |
|      | 279. | Bizzozero Paolo     | 87 | DJI   | Freeradicals            | <b>40:40</b> | +10:56 | 4:03  | 829     | M: 146.     |
| 231. | 280. | Büchler Markus      | 86 | SUI   | TriRebels Suisse        | <b>40:40</b> | +10:56 | 4:03  | 173     | M: 147.     |
| 232. | 281. | Winter Michael      | 83 | SUI   | (Bözen)                 | <b>40:42</b> | +10:58 | 4:03  | 653     | M35: 33.    |
| 233. | 282. | Halter Fabio        | 04 | SUI   | LC Brühl Leichtathletik | <b>40:42</b> | +10:58 | 4:03  | 297     | MJ U20: 29. |
| 234. | 283. | Thalmann Balthasar  | 76 | SUI   | (Uster)                 | <b>40:44</b> | +11:00 | 4:03  | 603     | M40: 24.    |
|      | 284. | Queyreau Guido      | 75 | GER   | LG Hohenfels            | <b>40:52</b> | +11:08 | 4:04  | 487     | M40: 25.    |
|      | 285. | Barbieri Marco      | 82 | ITA   | GAB bellinzona          | <b>40:54</b> | +11:10 | 4:05  | 133     | M35: 34.    |
| 235. | 286. | Rutz Ernst          | 67 | SUI   | Ashia Runners Kamerun   | <b>40:56</b> | +11:12 | 4:05  | 513     | M50: 21.    |
| 236. | 287. | Gschwend Peter      | 52 | SUI   | run and smile           | <b>40:57</b> | +11:13 | 4:05  | 283     | M65: 2.     |
|      | 288. | Dathe Markus        | 74 | GER   | LG Hohenfels            | <b>41:00</b> | +11:16 | 4:05  | 196     | M45: 19.    |
| 237. | 289. | Figoutz Wolfgang    | 65 | SUI   | LG Glarus               | <b>41:01</b> | +11:17 | 4:05  | 841     | M50: 22.    |
| 238. | 290. | Bächli Christoph    | 92 | SUI   | LSG Brugg               | <b>41:05</b> | +11:21 | 4:05  | 129     | M: 148.     |
|      | 291. | Arvidsson Per       | 81 | SWE   | AR Zürich               | <b>41:06</b> | +11:22 | 4:05  | 128     | M35: 35.    |
| 239. | 292. | Pirali Gianni       | 59 | SUI   | (Rotkreuz)              | <b>41:06</b> | +11:22 | 4:05  | 479     | M60: 5.     |
| 240. | 293. | Hübner Thomas       | 65 | SUI   | Huebi Running           | <b>41:06</b> | +11:22 | 4:06  | 846     | M50: 23.    |
| 241. | 294. | Odermatt Benjamin   | 83 | SUI   | (Bubikon)               | <b>41:08</b> | +11:24 | 4:06  | 463     | M35: 37.    |

# 10km SM Uster 2019

résultats

## 10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM   | rang | nom et prénom         | an | Nat | Verein/Ort                      | temps        | écart  | min/k | dossard | catégorie   |
|------|------|-----------------------|----|-----|---------------------------------|--------------|--------|-------|---------|-------------|
| 242. | 295. | Muff Andreas          | 03 | SUI | LG TSV Galgenen                 | <b>41:09</b> | +11:25 | 4:06  | 444     | MJ U20: 30. |
| 243. | 296. | Wettstein Markus      | 83 | SUI | smrun, LC Uster                 | <b>41:11</b> | +11:27 | 4:06  | 871     | M35: 36.    |
| 244. | 297. | Gröflin Roland        | 65 | SUI | Laufsport Heinz                 | <b>41:11</b> | +11:27 | 4:06  | 833     | M50: 24.    |
| 245. | 298. | Von Känel Christoph   | 59 | SUI | All Blacks Thun                 | <b>41:16</b> | +11:32 | 4:06  | 634     | M60: 6.     |
| 246. | 299. | Herrmann Peter        | 78 | SUI | (Schaffhausen)                  | <b>41:24</b> | +11:40 | 4:07  | 306     | M40: 26.    |
| 247. | 300. | Peter Adrian          | 67 | SUI | LAC TV Unterstrass              | <b>41:29</b> | +11:45 | 4:07  | 473     | M50: 25.    |
| 248. | 301. | Hug Peter             | 58 | SUI | LC Meilen                       | <b>41:36</b> | +11:52 | 4:08  | 317     | M60: 7.     |
| 249. | 302. | Taboada Francisco     | 76 | SUI | FSG Bassecourt                  | <b>41:44</b> | +12:00 | 4:09  | 597     | M40: 27.    |
| 250. | 303. | Molle Willy           | 91 | SUI | CA Ambilly                      | <b>41:44</b> | +12:00 | 4:09  | 435     | M: 149.     |
| 251. | 304. | Adarraga Rodrigo      | 61 | SUI | Swiss master athleticss         | <b>41:53</b> | +12:09 | 4:10  | 103     | M55: 7.     |
| 252. | 305. | Holzinger Adrian      | 67 | SUI | (Greifensee)                    | <b>41:54</b> | +12:10 | 4:11  | 314     | M50: 26.    |
| 253. | 306. | Oppliger Daniel       | 57 | SUI | CA Courtelary                   | <b>41:55</b> | +12:11 | 4:10  | 465     | M60: 8.     |
| 254. | 307. | Näf Roman             | 91 | SUI | TV Bubikon                      | <b>41:56</b> | +12:12 | 4:10  | 453     | M: 150.     |
|      | 308. | Musolf Marco          | 68 | GER | (Rüti ZHRüti)                   | <b>42:12</b> | +12:28 | 4:12  | 452     | M50: 27.    |
| 255. | 309. | Schöb Benno           | 73 | SUI | (Gossau /ZH)                    | <b>42:14</b> | +12:30 | 4:12  | 544     | M45: 20.    |
| 256. | 310. | Jossi Andreas         | 72 | SUI | LC Pleasuredome                 | <b>42:22</b> | +12:38 | 4:13  | 336     | M45: 21.    |
| 257. | 311. | Schindler Christoph   | 54 | SUI | Frecce Gialle Malcantone        | <b>42:23</b> | +12:39 | 4:13  | 532     | M65: 3.     |
|      | 312. | Mottola Salvatore     | 66 | ITA | smrun                           | <b>42:26</b> | +12:42 | 4:13  | 442     | M50: 28.    |
|      | 313. | L'Hôte Antoine        | 05 | FRA | 3starcats                       | <b>42:29</b> | +12:45 | 4:14  | 859     | MJ U20: 31. |
| 258. | 314. | Gnädingler Walter     | 52 | SUI | Whats App Runners Schaffhaus... | <b>42:30</b> | +12:46 | 4:14  | 865     | M65: 4.     |
| 259. | 315. | Wild-Eck Stephan      | 63 | SUI | TV Oerlikon                     | <b>42:38</b> | +12:54 | 4:15  | 651     | M55: 8.     |
| 260. | 316. | Aquillon Achille      | 79 | SUI | (Grand-Lancy)                   | <b>42:39</b> | +12:55 | 4:15  | 125     | M40: 28.    |
| 261. | 317. | Hauenstein Fabio      | 02 | SUI | LV Albis                        | <b>42:40</b> | +12:56 | 4:15  | 299     | MJ U20: 32. |
| 262. | 318. | Fölmli Rolf           | 59 | SUI | GS Immensee                     | <b>42:41</b> | +12:57 | 4:15  | 240     | M60: 9.     |
| 263. | 319. | Biland Marco          | 86 | SUI | LAR Windisch                    | <b>42:44</b> | +13:00 | 4:15  | 858     | M: 151.     |
| 264. | 320. | White William         | 87 | SUI | LCZ                             | <b>42:46</b> | +13:02 | 4:15  | 694     | M: 152.     |
| 265. | 321. | Suana David           | 81 | SUI | (Zürich)                        | <b>42:49</b> | +13:05 | 4:16  | 594     | M35: 39.    |
| 266. | 322. | Rieder Lucas          | 67 | SUI | LC Uster                        | <b>42:49</b> | +13:05 | 4:16  | 821     | M50: 29.    |
| 267. | 323. | Engelhardt André      | 63 | SUI | Scuderia Engelhardt             | <b>42:52</b> | +13:08 | 4:16  | 221     | M55: 9.     |
| 268. | 324. | Arnold Oliver         | 83 | SUI | Adidas Runners Zürich           | <b>42:53</b> | +13:09 | 4:16  | 838     | M35: 38.    |
| 269. | 325. | Bernasconi Rocco      | 90 | SUI | (Bellinzona)                    | <b>42:55</b> | +13:11 | 4:17  | 828     | M: 153.     |
| 270. | 326. | Schulz Martin         | 91 | SUI | (Gossau ZH)                     | <b>43:05</b> | +13:21 | 4:17  | 550     | M: 154.     |
| 271. | 327. | Zarantonello Michael  | 73 | SUI | TV Riehen                       | <b>43:06</b> | +13:22 | 4:17  | 666     | M45: 22.    |
| 272. | 328. | Janssen Arthur        | 77 | SUI | (Uster)                         | <b>43:06</b> | +13:22 | 4:17  | 330     | M40: 29.    |
| 273. | 329. | Portmann Christian    | 96 | SUI | (Emmenbrücke)                   | <b>43:06</b> | +13:22 | 4:18  | 483     | M: 155.     |
|      | 330. | Schmid Peter          | 63 | GER | TRIZO                           | <b>43:07</b> | +13:23 | 4:18  | 536     | M55: 10.    |
|      | 331. | Schunke Mathias       | 77 | GER | Sportfreunde Zürich             | <b>43:10</b> | +13:26 | 4:18  | 551     | M40: 30.    |
| 274. | 332. | Lichtenberger Andreas | 82 | SUI | (Zürich)                        | <b>43:12</b> | +13:28 | 4:18  | 392     | M35: 40.    |
| 275. | 333. | Krieger Peter         | 78 | SUI | smrun                           | <b>43:15</b> | +13:31 | 4:19  | 370     | M40: 31.    |
| 276. | 334. | Schafer Antoine       | 77 | SUI | (Hüttikon)                      | <b>43:17</b> | +13:33 | 4:19  | 844     | M40: 32.    |
| 277. | 335. | von Känel Hanspeter   | 66 | SUI | Lauftreff Spiez                 | <b>43:19</b> | +13:35 | 4:19  | 635     | M50: 30.    |
| 278. | 336. | Zwahlen Jürg          | 58 | SUI | (Port)                          | <b>43:27</b> | +13:43 | 4:19  | 677     | M60: 10.    |
|      | 337. | Pütz Markus           | 65 | GER | (Turgi)                         | <b>43:27</b> | +13:43 | 4:19  | 486     | M50: 31.    |
|      | 338. | Beckers Pierre        | 91 | BEL | La Côte Runners                 | <b>43:30</b> | +13:46 | 4:20  | 141     | M: 156.     |
| 279. | 339. | Bayo Kebba            | 60 | SUI | SMRUN                           | <b>43:30</b> | +13:46 | 4:20  | 139     | M55: 11.    |
| 280. | 340. | Uldry Jean- Daniel    | 71 | SUI | Tri Macron                      | <b>43:42</b> | +13:58 | 4:21  | 854     | M45: 23.    |
| 281. | 341. | Ummel Beat            | 60 | SUI | BTV Aarau Athletics             | <b>43:43</b> | +13:59 | 4:21  | 616     | M55: 12.    |
| 282. | 342. | Kamm Meinrad          | 65 | SUI | LG Glarus                       | <b>43:44</b> | +14:00 | 4:21  | 345     | M50: 32.    |
| 283. | 343. | Hafen Andreas         | 72 | SUI | TV Oberglatt /smrun             | <b>43:51</b> | +14:07 | 4:22  | 845     | M45: 25.    |

# 10km SM Uster 2019

résultats

## 10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM   | rang | nom et prénom     | an | Nat | Verein/Ort                | temps        | écart  | min/k | dossard | catégorie   |
|------|------|-------------------|----|-----|---------------------------|--------------|--------|-------|---------|-------------|
| 284. | 344. | Molnar Peter      | 74 | SUI | (Neftenbach)              | <b>43:53</b> | +14:09 | 4:22  | 436     | M45: 24.    |
| 285. | 345. | Hirschi Werner    | 52 | SUI | LC Uzwil                  | <b>43:55</b> | +14:11 | 4:23  | 308     | M65: 5.     |
| 286. | 346. | Zwinggi Uster     | 66 | SUI | Stadtverwaltung Uster     | <b>43:56</b> | +14:12 | 4:22  | 678     | M50: 33.    |
| 287. | 347. | Renaud Matthias   | 83 | SUI | (Lenzburg)                | <b>44:05</b> | +14:21 | 4:23  | 493     | M35: 41.    |
| 288. | 348. | Paine Anthony     | 79 | SUI | (Berikon)                 | <b>44:13</b> | +14:29 | 4:24  | 471     | M40: 33.    |
| 289. | 349. | Barp Eros         | 68 | SUI | (Umiken)                  | <b>44:17</b> | +14:33 | 4:25  | 134     | M50: 34.    |
| 290. | 350. | Fournier David    | 69 | SUI | David Fournier challenges | <b>44:24</b> | +14:40 | 4:26  | 242     | M50: 35.    |
| 291. | 351. | Wagner Elmar      | 60 | SUI | (Hinteregg)               | <b>44:25</b> | +14:41 | 4:25  | 693     | M55: 13.    |
| 292. | 352. | Wyser Lars        | 98 | SUI | Tempo Sport Thalwil       | <b>44:27</b> | +14:43 | 4:26  | 661     | M: 157.     |
|      | 353. | Serra Aurelio     | 73 | ITA | (Regensdorf)              | <b>44:40</b> | +14:56 | 4:27  | 840     | M45: 26.    |
| 293. | 354. | Grob Christian    | 69 | SUI | smrun                     | <b>44:49</b> | +15:05 | 4:28  | 277     | M50: 36.    |
| 294. | 355. | Willi Robert      | 59 | SUI | (Wolfhausen)              | <b>44:52</b> | +15:08 | 4:28  | 652     | M60: 11.    |
| 295. | 356. | Rusch Stefan      | 67 | SUI | (Wetzikon ZH)             | <b>44:52</b> | +15:08 | 4:28  | 510     | M50: 37.    |
| 296. | 357. | Koller Ivo        | 80 | SUI | Polysportverein Zürich    | <b>45:04</b> | +15:20 | 4:29  | 366     | M35: 42.    |
| 297. | 358. | von Mering Tobias | 02 | SUI | TV Oerlikon               | <b>45:06</b> | +15:22 | 4:30  | 836     | MJ U20: 33. |
| 298. | 359. | Rainer Harry      | 70 | SUI | SC Nänikon                | <b>45:07</b> | +15:23 | 4:29  | 489     | M45: 27.    |
| 299. | 360. | Thoma Remo        | 77 | SUI | LC Uster                  | <b>45:12</b> | +15:28 | 4:30  | 604     | M40: 34.    |
|      | 361. | Risbridger Ryan   | 81 | GBR | (Dietlikon)               | <b>45:13</b> | +15:29 | 4:30  | 502     | M35: 43.    |
| 300. | 362. | Hurschler Hans    | 64 | SUI | (Buonas)                  | <b>45:14</b> | +15:30 | 4:30  | 321     | M55: 14.    |
|      | 363. | L'Hôte Arnaud     | 72 | FRA | TCZ                       | <b>45:15</b> | +15:31 | 4:31  | 857     | M45: 28.    |
| 301. | 364. | Heer Marco        | 94 | SUI | 1994                      | <b>45:15</b> | +15:31 | 4:31  | 300     | M: 158.     |
| 302. | 365. | Stoffel Roger     | 62 | SUI | SC Visperterminen         | <b>45:20</b> | +15:36 | 4:31  | 584     | M55: 15.    |
| 303. | 366. | Fuchs Armin       | 56 | SUI | LC Basel                  | <b>45:22</b> | +15:38 | 4:31  | 250     | M60: 12.    |
| 304. | 367. | Kast Daniel       | 80 | SUI | (Wetzikon ZH)             | <b>45:24</b> | +15:40 | 4:31  | 848     | M35: 44.    |
| 305. | 368. | Huber Edi         | 55 | SUI | Laufträff Rappi-Jona      | <b>45:27</b> | +15:43 | 4:31  | 812     | M60: 13.    |
| 306. | 369. | Baumgartner Roger | 83 | SUI | (Uznach)                  | <b>45:33</b> | +15:49 | 4:32  | 137     | M35: 45.    |
| 307. | 370. | Vogel Michael     | 85 | SUI | (Winterthur)              | <b>45:36</b> | +15:52 | 4:33  | 627     | M: 159.     |
| 308. | 371. | Kuster Matthias   | 60 | SUI | LAC TV Unterstrass        | <b>45:49</b> | +16:05 | 4:34  | 378     | M55: 16.    |
|      | 372. | Peach Tom         | 79 | GBR | (Uster)                   | <b>45:51</b> | +16:07 | 4:33  | 472     | M40: 35.    |
| 309. | 373. | Reber Markus      | 54 | SUI | STB                       | <b>45:51</b> | +16:07 | 4:34  | 839     | M65: 6.     |
| 310. | 374. | Sekinger Bruno    | 78 | SUI | LR-Wohlen / SMRUN         | <b>46:05</b> | +16:21 | 4:35  | 560     | M40: 36.    |
| 311. | 375. | Mengelt Daniel    | 66 | SUI | (Affoltern am Albis)      | <b>46:15</b> | +16:31 | 4:37  | 688     | M50: 39.    |
|      | 376. | Vispetri Toni     | 79 | ITA | Tri Rebels                | <b>46:17</b> | +16:33 | 4:37  | 849     | M40: 37.    |
|      | 377. | Senn Jürgen       | 65 | GER | LG Hohenfels              | <b>46:19</b> | +16:35 | 4:37  | 561     | M50: 40.    |
| 312. | 378. | Freiburghaus René | 54 | SUI | All Blacks Thun           | <b>46:20</b> | +16:36 | 4:37  | 244     | M65: 7.     |
| 313. | 379. | Meyer Dirk        | 68 | SUI | Cityrunning.ch            | <b>46:22</b> | +16:38 | 4:36  | 431     | M50: 38.    |
| 314. | 380. | Gassmann Peter    | 49 | SUI | SMRUN                     | <b>46:31</b> | +16:47 | 4:38  | 258     | M70: 2.     |
| 315. | 381. | Linder Markus     | 55 | SUI | (Lungern OW)              | <b>46:37</b> | +16:53 | 4:38  | 393     | M60: 14.    |
| 316. | 382. | Stadelmann Thomas | 84 | SUI | KTV Wil LA                | <b>46:46</b> | +17:02 | 4:39  | 692     | M35: 46.    |
| 317. | 383. | Sutter Andi       | 56 | SUI | LAC TV Unterstrass        | <b>46:55</b> | +17:11 | 4:40  | 595     | M60: 15.    |
| 318. | 384. | Vom Brocke Thomas | 68 | SUI | Emmenläufer Biberist      | <b>46:55</b> | +17:11 | 4:40  | 861     | M50: 41.    |
| 319. | 385. | Knobel Wilfried   | 58 | SUI | TV Unterstrass            | <b>47:03</b> | +17:19 | 4:41  | 850     | M60: 16.    |
| 320. | 386. | Wirth Fredy       | 49 | SUI | Run Fit Thurgau           | <b>47:07</b> | +17:23 | 4:41  | 654     | M70: 3.     |
| 321. | 387. | Dattrino Sergio   | 47 | SUI | RC Bellinzona             | <b>47:09</b> | +17:25 | 4:42  | 198     | M70: 4.     |
| 322. | 388. | Guggisberg Willi  | 53 | SUI | smrun                     | <b>47:16</b> | +17:32 | 4:42  | 285     | M65: 8.     |
|      | 389. | Seitz Jürg        | 59 | GER | smrun                     | <b>47:37</b> | +17:53 | 4:44  | 559     | M60: 17.    |
| 323. | 390. | Kieser Röne       | 61 | SUI | SC Nänikon                | <b>47:45</b> | +18:01 | 4:45  | 359     | M55: 17.    |
| 324. | 391. | Gasser Patrick    | 66 | SUI | (Nunningen)               | <b>47:46</b> | +18:02 | 4:45  | 257     | M50: 42.    |
| 325. | 392. | Mettler Paul      | 59 | SUI | smrun                     | <b>47:48</b> | +18:04 | 4:46  | 429     | M60: 18.    |



# 10km SM Uster 2019

résultats

## 10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM   | rang | nom et prénom            | an | Nat | Verein/Ort                | temps          | écart  | min/k | dossard | catégorie   |
|------|------|--------------------------|----|-----|---------------------------|----------------|--------|-------|---------|-------------|
| 326. | 393. | Carluccio Nicola         | 57 | SUI | LAC TV Unterstrass        | <b>47:53</b>   | +18:09 | 4:46  | 180     | M60: 19.    |
| 327. | 394. | Merki Andreas            | 98 | SUI | Herr                      | <b>48:05</b>   | +18:21 | 4:48  | 426     | M: 160.     |
|      | 395. | Pfaff Konstantin         | 02 | GER | EVO rennt                 | <b>48:13</b>   | +18:29 | 4:48  | 474     | MJ U20: 34. |
|      | 396. | Southam Christopher      | 62 | GBR | (Küsnacht ZH)             | <b>48:23</b>   | +18:39 | 4:49  | 570     | M55: 18.    |
|      | 397. | Diamantopoulos Dionysios | 85 | GRE | (Thalwil)                 | <b>48:26</b>   | +18:42 | 4:49  | 804     | M: 161.     |
| 328. | 398. | Donatsch Daniel          | 81 | SUI | (Zug)                     | <b>48:28</b>   | +18:44 | 4:50  | 212     | M35: 47.    |
| 329. | 399. | Spillmann Peter          | 73 | SUI | (Dübendorf)               | <b>48:36</b>   | +18:52 | 4:50  | 572     | M45: 29.    |
| 330. | 400. | Känzig Dario             | 70 | SUI | YanOrlandiRun             | <b>49:00</b>   | +19:16 | 4:53  | 347     | M45: 30.    |
| 331. | 401. | von Gunten Hans          | 44 | SUI | smrun                     | <b>49:06</b>   | +19:22 | 4:53  | 632     | M75: 1.     |
| 332. | 402. | Maurer Urs               | 54 | SUI | Lauftreff Spiez           | <b>49:11</b>   | +19:27 | 4:54  | 416     | M65: 9.     |
|      | 403. | Frasca Claudio           | 76 | ITA | (Uster)                   | <b>49:14</b>   | +19:30 | 4:54  | 837     | M40: 38.    |
|      | 404. | Roman Pascal             | 72 |     | (Bassersdorf)             | <b>49:15</b>   | +19:31 | 4:55  | 505     | M45: 31.    |
| 333. | 405. | Jud Markus               | 58 | SUI | LC Uster                  | <b>49:19</b>   | +19:35 | 4:55  | 337     | M60: 20.    |
| 334. | 406. | Rusterholz Marcel        | 84 | SUI | (Hochfelden)              | <b>49:20</b>   | +19:36 | 4:54  | 511     | M35: 48.    |
| 335. | 407. | Keigel Hansruedi         | 45 | SUI | SMRUN                     | <b>49:20</b>   | +19:36 | 4:55  | 352     | M70: 5.     |
| 336. | 408. | Kundert Hanspeter        | 44 | SUI | Lauftreff Thun/smrun      | <b>49:25</b>   | +19:41 | 4:55  | 373     | M75: 2.     |
| 337. | 409. | Keller Christian         | 72 | SUI | (Männedorf)               | <b>49:28</b>   | +19:44 | 4:55  | 355     | M45: 32.    |
| 338. | 410. | Stricker René            | 50 | SUI | sm run                    | <b>49:34</b>   | +19:50 | 4:56  | 586     | M65: 10.    |
| 339. | 411. | Scarcella Giovanni       | 63 | SUI | SMRUN / LR Mosnang        | <b>49:43</b>   | +19:59 | 4:57  | 522     | M55: 19.    |
| 340. | 412. | Henzen Hans              | 58 | SUI | (Tübach)                  | <b>49:49</b>   | +20:05 | 4:58  | 855     | M60: 21.    |
| 341. | 413. | Marti Urs                | 68 | SUI | Time Out Uster            | <b>49:51</b>   | +20:07 | 4:58  | 410     | M50: 43.    |
| 342. | 414. | Decorvet Herbert         | 66 | SUI | TV Bösinggen              | <b>49:55</b>   | +20:11 | 4:58  | 201     | M50: 44.    |
| 343. | 415. | Andrist Bernhard         | 46 | SUI | smrun                     | <b>50:02</b>   | +20:18 | 4:59  | 121     | M70: 6.     |
| 344. | 416. | Casutt Robert            | 53 | SUI | (Grafstal)                | <b>50:15</b>   | +20:31 | 5:00  | 843     | M65: 11.    |
| 345. | 417. | Chavaillaz Bernardin     | 43 | SUI | SMRUN                     | <b>50:16</b>   | +20:32 | 4:59  | 185     | M75: 3.     |
| 346. | 418. | Schmidlin Moritz         | 99 | SUI | Herr                      | <b>50:21</b>   | +20:37 | 5:00  | 537     | M: 162.     |
| 347. | 419. | Widmer Paul              | 39 | SUI | smrun                     | <b>50:30</b>   | +20:46 | 5:01  | 648     | M75: 4.     |
| 348. | 420. | Fürst Roman              | 87 | SUI | (Uster)                   | <b>50:36</b>   | +20:52 | 5:02  | 253     | M: 163.     |
| 349. | 421. | Gwerder Albin            | 56 | SUI | Team Horseshoe            | <b>50:51</b>   | +21:07 | 5:04  | 288     | M60: 22.    |
| 350. | 422. | Wyser Norbert            | 56 | SUI | Tempo Sport Thalwil       | <b>51:18</b>   | +21:34 | 5:07  | 663     | M60: 23.    |
| 351. | 423. | Zuber Ralf               | 60 | SUI | SMRUN/LC UZWIL            | <b>51:35</b>   | +21:51 | 5:08  | 675     | M55: 20.    |
| 352. | 424. | Wolfensperger Andy       | 72 | SUI | SC Nänikon                | <b>52:15</b>   | +22:31 | 5:12  | 656     | M45: 33.    |
| 353. | 425. | Marti Lenny              | 03 | SUI | (Grüt (Gossau ZH))        | <b>52:21</b>   | +22:37 | 5:13  | 406     | MJ U20: 35. |
|      | 426. | Sablone Gregorio         | 37 | ITA | SM Runners                | <b>53:13</b>   | +23:29 | 5:18  | 515     | M75: 5.     |
|      | 427. | Cernicchiaro Fabio       | 69 | ITA | (Wetzikon ZH)             | <b>54:01</b>   | +24:17 | 5:23  | 183     | M50: 45.    |
| 354. | 428. | Tomezzoli Carlo          | 53 | SUI | LAC TV Unterstrass        | <b>54:13</b>   | +24:29 | 5:24  | 606     | M65: 12.    |
| 355. | 429. | Rhyner Hans Kaspar       | 44 | SUI | LAC TV Unterstrass, smrun | <b>54:14</b>   | +24:30 | 5:24  | 499     | M75: 6.     |
|      | 430. | Tatransky Jake           | 84 | SVK | (Zurich)                  | <b>54:44</b>   | +25:00 | 5:27  | 600     | M35: 49.    |
|      | 431. | Sennett Carl             | 65 | GBR | (Uster)                   | <b>55:10</b>   | +25:26 | 5:29  | 842     | M50: 46.    |
| 356. | 432. | Buser Franz              | 63 | SUI | sm-run                    | <b>55:52</b>   | +26:08 | 5:34  | 175     | M55: 21.    |
| 357. | 433. | Egli Dominik             | 86 | SUI | (Zürich)                  | <b>57:13</b>   | +27:29 | 5:42  | 806     | M: 164.     |
| 358. | 434. | Anderhalden Toni         | 38 | SUI | SM RUN                    | <b>58:00</b>   | +28:16 | 5:46  | 120     | M75: 7.     |
| 359. | 435. | Gattlen Edward           | 82 | SUI | (Zürich)                  | <b>58:09</b>   | +28:25 | 5:47  | 810     | M35: 50.    |
| 360. | 436. | Gerwer Armin             | 47 | SUI | smrun                     | <b>59:02</b>   | +29:18 | 5:53  | 266     | M70: 7.     |
| 361. | 437. | Studhalter Franz         | 44 | SUI | (Oberwil BL)              | <b>59:03</b>   | +29:19 | 5:52  | 588     | M75: 8.     |
| 362. | 438. | Pfister Rolf             | 57 | SUI | smrun                     | <b>59:49</b>   | +30:05 | 5:57  | 475     | M60: 24.    |
| 363. | 439. | Zuber Benno              | 60 | SUI | (Randa)                   | <b>1:00:03</b> | +30:19 | 5:59  | 673     | M55: 22.    |
| 364. | 440. | Glauser Ruedi            | 45 | SUI | Lsg-Brugg                 | <b>1:03:23</b> | +33:39 | 6:19  | 270     | M70: 8.     |
|      | 441. | Nivola Gianpaolo         | 66 | ITA | smrun                     | <b>1:06:42</b> | +36:58 | 6:38  | 457     | M50: 47.    |

# 10km SM Uster 2019

résultats

## 10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM   | rang | nom et prénom | an | Nat | Verein/Ort             | temps          | écart  | min/k | dossard | catégorie |
|------|------|---------------|----|-----|------------------------|----------------|--------|-------|---------|-----------|
| 365. | 442. | Trüssel Bruno | 44 | SUI | TV Niederhasli / smrun | <b>1:12:13</b> | +42:29 | 7:11  | 610     | M75: 9.   |
|      | 443. | Rofe Isak     | 76 | ISR | (Zürich)               | <b>1:16:35</b> | +46:51 | 7:38  | 822     | M40: 39.  |

### 8000m

|      |                 |    |     |              |              |     |
|------|-----------------|----|-----|--------------|--------------|-----|
| 444. | Berthold Leon   | 00 | SUI | TV Arlesheim | <b>26:36</b> | 148 |
| 445. | Günter Jonas    | 00 | SUI | FSG Courroux | <b>27:19</b> | 286 |
| 446. | Mortier Stefan  | 83 | SUI | LK Zug       | <b>29:10</b> | 856 |
| 447. | Husseini Mesbah | 95 | AFG | Träffpunkt   | <b>38:52</b> | 686 |

### 7646m

|      |               |    |     |              |              |     |
|------|---------------|----|-----|--------------|--------------|-----|
| 448. | Cancela Anaël | 00 | SUI | Stade Genève | <b>25:56</b> | 802 |
| 449. | Kabis Erwin   | 39 | SUI | smrun        | <b>48:45</b> | 340 |

### 7144m

|      |                  |    |     |                        |              |     |
|------|------------------|----|-----|------------------------|--------------|-----|
| 450. | Oliveira Narciso | 57 | SUI | FSG COLLONGE-BELLERIVE | <b>30:05</b> | 464 |
|------|------------------|----|-----|------------------------|--------------|-----|

### 5856m

|      |                 |    |     |                |              |     |
|------|-----------------|----|-----|----------------|--------------|-----|
| 451. | Cornillie Yves  | 99 | SUI | LR Gettnau     | <b>18:37</b> | 191 |
| 452. | Gossauer Jens   | 93 | SUI | LC Uster       | <b>18:44</b> | 274 |
| 453. | Wyss Colin      | 95 | SUI | 1995           | <b>19:16</b> | 664 |
| 454. | Sackmann Julian | 97 | SUI | TG Hütten      | <b>19:56</b> | 516 |
| 455. | Schweizer Ramon | 90 | SUI | LV Winterthur  | <b>21:10</b> | 555 |
| 456. | Stübi Fabio     | 00 | SUI | TV Zofingen LA | <b>21:12</b> | 587 |
| 457. | Bühler Jürg     | 55 | SUI | smrun          | <b>24:42</b> | 174 |
| 458. | Fuchs Raphael   | 84 | SUI | LC Basel       | <b>26:05</b> | 808 |
| 459. | Huber Erwin     | 41 |     | smrun          | <b>43:16</b> | 315 |

### 5000m

|      |                     |    |     |                    |              |     |
|------|---------------------|----|-----|--------------------|--------------|-----|
| 460. | Stauffer Christophe | 71 | SUI | CEP Cortaillod     | <b>15:45</b> | 579 |
| 461. | Melo Artur          | 96 | SUI | TG Hütten          | <b>17:14</b> | 422 |
| 462. | Albuquerque Bruno   | 82 | SUI | La Côte Runners    | <b>18:12</b> | 110 |
| 463. | Greenwood Tony      | 57 | GBR | Blackburn Harriers | <b>19:52</b> | 276 |
| 464. | Wopmann Marco       | 87 | SUI | (Möhlin)           | <b>20:30</b> | 826 |
| 465. | Ulrich Josef        | 65 | SUI | (Luzern)           | <b>20:50</b> | 869 |
| 466. | Dolce Rocco         | 62 | SUI | FSG Courroux       | <b>21:15</b> | 211 |

### 3712m

|      |                 |    |     |                            |              |     |
|------|-----------------|----|-----|----------------------------|--------------|-----|
| 467. | Furui Binyam    | 98 | ERI | STB                        | <b>11:25</b> | 682 |
| 468. | Kölle Bjarne    | 99 | SUI | Leichtathletik Club Zürich | <b>11:40</b> | 364 |
| 469. | Sium Tedros     | 00 | ERI | TV Riehen                  | <b>12:32</b> | 567 |
| 470. | Föhn Sigi       | 60 | SUI | LC Meilen / smrun          | <b>13:33</b> | 236 |
| 471. | Kocher Benjamin | 86 | SUI | VC Hittnau                 | <b>14:22</b> | 816 |
| 472. | Keehnen Stefan  | 83 | SUI | LAC TV Unterstrass         | <b>14:23</b> | 350 |
| 473. | Dayer Nicolas   | 92 | SUI | (Lausanne)                 | <b>15:32</b> | 199 |
| 474. | Ernst René      | 60 | SUI | LC Basel                   | <b>15:37</b> | 224 |
| 475. | Frieros Santos  | 76 | ESP | (Uster)                    | <b>18:36</b> | 248 |

# 10km SM Uster 2019

résultats

## 10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM           | rang | nom et prénom       | an | Nat | Verein/Ort                 | temps        | écart | min/k | dossard | catégorie |
|--------------|------|---------------------|----|-----|----------------------------|--------------|-------|-------|---------|-----------|
| <b>3357m</b> |      |                     |    |     |                            |              |       |       |         |           |
|              | 476. | Cortez Fernando     | 64 | SUI | FSG COLLONGE-BELLERIVE     | <b>12:11</b> |       |       | 192     |           |
|              | 477. | Gygax Martin        | 53 | SUI | smrun                      | <b>16:26</b> |       |       | 289     |           |
|              | 478. | Graf Rolf           | 60 | SUI | sitzstudio.ch / smrun      | <b>17:07</b> |       |       | 275     |           |
| <b>2856m</b> |      |                     |    |     |                            |              |       |       |         |           |
|              | 479. | Bucher Pascal       | 89 | SUI | LC Regensdorf              | <b>09:25</b> |       |       | 172     |           |
| <b>0354m</b> |      |                     |    |     |                            |              |       |       |         |           |
|              | 480. | Leimgruber Jörg     | 63 | SUI | Smrun                      | <b>01:56</b> |       |       | 389     |           |
| <b>DNS</b>   |      |                     |    |     |                            |              |       |       |         |           |
|              |      | Bohren Yves         | 75 | SUI | LAC TV Unterstrass         |              |       |       | 161     |           |
|              |      | Eggenberger Michael | 77 | SUI | Schaad Nordic Sports       |              |       |       | 216     |           |
|              |      | Eicher Beni         | 77 | SUI | (Grenchen)                 |              |       |       | 218     |           |
|              |      | Fleury Julien       | 89 | SUI | Passion Running            |              |       |       | 233     |           |
|              |      | Fölmlli Angus       | 96 | SUI | TSV 2001 Rotkreuz          |              |       |       | 238     |           |
|              |      | Frisenda Marco      | 74 | SUI | (Tübach)                   |              |       |       | 249     |           |
|              |      | Gomez Jose          | 87 | ESP | (Uzwil)                    |              |       |       | 273     |           |
|              |      | Grüniger Yves       | 87 | SUI | (Wolfhausen)               |              |       |       | 282     |           |
|              |      | Hegner Daniel       | 00 | SUI | LG TSV Galgenen            |              |       |       | 301     |           |
|              |      | Hegner Norbert      | 65 | SUI | LG TSV Galgenen            |              |       |       | 302     |           |
|              |      | Hochuli Jan         | 95 | SUI | (Adetswil)                 |              |       |       | 309     |           |
|              |      | Hofstetter Mauricio | 80 | SUI | (Oensingen)                |              |       |       | 311     |           |
|              |      | Joos Ulisses        | 85 | SUI | BTV Chur                   |              |       |       | 335     |           |
|              |      | Kaiser Fabien       | 02 | SUI | STB Leichtathletik         |              |       |       | 342     |           |
|              |      | Kürt Matthias       | 81 | SUI | TV Oerlikon                |              |       |       | 376     |           |
|              |      | Lüscher Romain      | 96 | SUI | Lausanne-Sport Athlétisme  |              |       |       | 398     |           |
|              |      | Lüthi Heinz         | 64 | SUI | LC Uster                   |              |       |       | 401     |           |
|              |      | Meier Kurt          | 49 | SUI | Swiss Masters Running      |              |       |       | 418     |           |
|              |      | Müller Benjamin     | 91 | SUI | skinfitcrew / OL Regio Wil |              |       |       | 449     |           |
|              |      | Neuser Sam          | 85 | LUX | TV Oerlikon                |              |       |       | 454     |           |
|              |      | Reich Dominik       | 98 | SUI | LC Regensdorf              |              |       |       | 492     |           |
|              |      | Rutz Michael        | 77 | SUI | (Schmerikon)               |              |       |       | 514     |           |
|              |      | Samà Marco          | 75 | SUI | (Rüti)                     |              |       |       | 520     |           |
|              |      | Schneider Jürgen    | 45 | SUI | swiss masters running      |              |       |       | 540     |           |
|              |      | Schneider Pascal    | 99 | SUI | LAR Bischofszell           |              |       |       | 542     |           |
|              |      | Wernli Erwin        | 57 | SUI | Lsg Brugg                  |              |       |       | 644     |           |
|              |      | Zaruba Fabian       | 99 | SUI | (Uitikon Waldegg)          |              |       |       | 667     |           |
|              |      | Zbinden Patrick     | 96 | SUI | LC Brühl Leichtathletik    |              |       |       | 668     |           |

#508 participants