

10km SM Uster 2019

Ergebnisse

10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM | Rang | Nachname Vorname | Jg | Nat | Verein/Ort | Zeit | Abstand | min/k | Startnr | Altersklasse |
|----|------|-------------------------|----|-----|------------------------------|--------------|---------|-------|---------|--------------|
| | 1. | 1. Rüttimann Eric | 92 | SUI | LC Uster | 29:44 | | 2:58 | 15 | M: 1. |
| | 2. | 2. Hadorn Joey | 97 | SUI | All Blacks Thun | 29:50 | +06 | 2:58 | 295 | M: 2. |
| | 3. | 3. Kuert Fabian | 83 | SUI | LV Langenthal | 29:52 | +08 | 2:59 | 13 | M35: 1. |
| | 4. | 4. Brunet Sullivan | 88 | SUI | Stade Genève | 30:18 | +34 | 3:01 | 25 | M: 3. |
| | 5. | 5. Marti Lukas | 87 | SUI | TV Länggasse Bern | 30:24 | +40 | 3:02 | 23 | M: 4. |
| | 6. | 6. Wägeli Patrik | 91 | SUI | LC Frauenfeld / MegaJoule | 30:27 | +43 | 3:02 | 636 | M: 5. |
| | 7. | 7. Kern Marco | 87 | SUI | LC Schaffhausen | 30:33 | +49 | 3:03 | 14 | M: 6. |
| | 8. | 8. Hernandez Ilias | 93 | SUI | Stade Genève | 30:46 | +1:02 | 3:04 | 684 | M: 7. |
| | 9. | 9. Downs Fabe | 86 | SUI | LC Brühl | 30:48 | +1:04 | 3:04 | 213 | M: 8. |
| | 10. | 10. Hunt Jeremy | 92 | SUI | Team hoka suisse | 30:57 | +1:13 | 3:05 | 685 | M: 9. |
| | 11. | 11. Brown T-Roy | 92 | USA | (Bern) | 31:02 | +1:18 | 3:05 | 169 | M: 10. |
| | 11. | 12. Salvisberg Florin | 90 | SUI | Trophy Bike Mysport | 31:02 | +1:18 | 3:05 | 824 | M: 11. |
| | 12. | 13. Stalhandske Julien | 00 | SUI | Stade Genève | 31:03 | +1:19 | 3:06 | 577 | MJ U20: 1. |
| | 13. | 14. Kempf Andreas | 88 | SUI | TSV Düringen | 31:04 | +1:20 | 3:06 | 357 | M: 13. |
| | 14. | 15. Schönenberger Urs | 91 | SUI | KTV Wil LA | 31:04 | +1:20 | 3:06 | 691 | M: 12. |
| | 15. | 16. Jäger Joaquim | 96 | SUI | Stade Genève | 31:05 | +1:21 | 3:06 | 329 | M: 14. |
| | | 17. Tefera Mekonen | 92 | ETH | TV Länggasse Bern | 31:17 | +1:33 | 3:07 | 601 | M: 15. |
| | 16. | 18. Jodidio Alexandre | 90 | SUI | CABV Martigny | 31:19 | +1:35 | 3:07 | 334 | M: 17. |
| | 17. | 19. Rolli Dominik | 96 | SUI | (Oberbalm) | 31:19 | +1:35 | 3:07 | 823 | M: 16. |
| | | 20. Müller Dominic | 89 | GER | LC Schaffhausen | 31:21 | +1:37 | 3:07 | 451 | M: 18. |
| | 18. | 21. Leboeuf François | 85 | SUI | CABV Martigny | 31:21 | +1:37 | 3:07 | 385 | M: 19. |
| | 19. | 22. Lustenberger Daniel | 92 | SUI | LV Horw | 31:23 | +1:39 | 3:07 | 399 | M: 20. |
| | 20. | 23. Walss Manuel | 97 | SUI | TV Oerlikon | 31:27 | +1:43 | 3:08 | 639 | M: 21. |
| | 21. | 24. Cachelin Guillaume | 96 | SUI | Stade Genève | 31:30 | +1:46 | 3:08 | 801 | M: 22. |
| | | 25. Mulugeta Gerezghier | 93 | ERI | KTV Wil LA | 31:44 | +2:00 | 3:10 | 689 | M: 23. |
| | 22. | 26. Mengestabe Kiflay | 93 | SUI | TV Länggasse | 31:49 | +2:05 | 3:10 | 423 | M: 24. |
| | 23. | 27. Ruder Ludwig | 91 | SUI | LC Basel | 31:50 | +2:06 | 3:10 | 866 | M: 25. |
| | 24. | 28. Schouwey Jérémy | 91 | SUI | D-Team Scott | 31:52 | +2:08 | 3:10 | 548 | M: 26. |
| | 25. | 29. Hutterli Loris | 86 | SUI | LC Dübendorf | 31:52 | +2:08 | 3:10 | 322 | M: 27. |
| | 26. | 30. Besse Daniel | 92 | SUI | TV Oerlikon | 31:52 | +2:08 | 3:11 | 149 | M: 28. |
| | 27. | 31. Zehnder Fabian | 87 | SUI | TG Hütten | 31:54 | +2:10 | 3:11 | 669 | M: 29. |
| | 28. | 32. Vögtli Lukas | 99 | SUI | LC Basel | 32:02 | +2:18 | 3:11 | 629 | M: 30. |
| | 29. | 33. Morf Samuel | 80 | SUI | TV Oerlikon | 32:04 | +2:20 | 3:11 | 439 | M35: 2. |
| | | 34. Lang Brian | 89 | USA | SWAP AT | 32:04 | +2:20 | 3:12 | 381 | M: 31. |
| | 30. | 35. Gmür Christopher | 88 | SUI | LC Rapperswil-Jona | 32:05 | +2:21 | 3:12 | 272 | M: 32. |
| | 31. | 36. Amstutz Timon | 87 | SUI | 1987 | 32:07 | +2:23 | 3:12 | 118 | M: 33. |
| | 32. | 37. Anrig Fabian | 87 | SUI | LC Uster | 32:09 | +2:25 | 3:12 | 123 | M: 34. |
| | | 38. Delorenzi Roberto | 97 | | US Capriaschese | 32:13 | +2:29 | 3:12 | 681 | M: 35. |
| | 33. | 39. Volery Yan | 98 | SUI | SA Bulle | 32:13 | +2:29 | 3:13 | 630 | M: 36. |
| | 34. | 40. Jauch Manfred | 75 | SUI | LC Altdorf | 32:13 | +2:29 | 3:13 | 331 | M40: 1. |
| | | 41. Tareq Omar | 92 | GER | TuS Lörrach Stetten | 32:26 | +2:42 | 3:14 | 599 | M: 37. |
| | 35. | 42. Ali Abdi Salam | 02 | SOM | LC Uster | 32:33 | +2:49 | 3:14 | 112 | MJ U20: 2. |
| | 36. | 43. Flückiger Armin | 90 | SUI | TV Oerlikon | 32:35 | +2:51 | 3:15 | 235 | M: 38. |
| | 37. | 44. Huwiler Thomas | 89 | SUI | Stade Genève | 32:41 | +2:57 | 3:15 | 323 | M: 39. |
| | 38. | 45. Marti Sven | 84 | SUI | LA Nidwalden | 32:48 | +3:04 | 3:16 | 409 | M35: 3. |
| | 39. | 46. Renner Roman | 99 | SUI | TSV 2001 Rotkreuz | 32:48 | +3:04 | 3:16 | 496 | M: 40. |
| | | 47. Schmauder Stefan | 85 | GER | Donnschtig Hüpfen Altstätten | 32:50 | +3:06 | 3:16 | 534 | M: 41. |
| | 40. | 48. Buccassi Derek | 01 | SUI | STB | 32:53 | +3:09 | 3:16 | 171 | MJ U20: 3. |
| | 41. | 49. Marti Adrian | 78 | SUI | TV Oerlikon | 32:53 | +3:09 | 3:16 | 104 | M40: 2. |

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10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM | Rang | Nachname Vorname | Jg | Nat | Verein/Ort | Zeit | Abstand | min/k | Startnr | Altersklasse |
|-----|------|---------------------|----|-----|-------------------------|--------------|---------|-------|---------|--------------|
| 42. | 50. | Besse Jean-Claude | 92 | SUI | TV Oerlikon | 32:53 | +3:09 | 3:16 | 150 | M: 42. |
| 43. | 51. | Wegmann Sandro | 82 | SUI | LC Uster | 32:56 | +3:12 | 3:17 | 641 | M35: 4. |
| 44. | 52. | Da Silva Miguel | 78 | SUI | FSG COLLONGE-BELLERIVE | 32:57 | +3:13 | 3:17 | 194 | M40: 3. |
| 45. | 53. | Schüpbach Simon | 97 | SUI | LR Gettnau | 32:58 | +3:14 | 3:17 | 552 | M: 43. |
| | 54. | Fouquet Meddy | 91 | FRA | CEP Cortaillod | 32:59 | +3:15 | 3:17 | 241 | M: 45. |
| 46. | 55. | Ulrich Stefan | 96 | SUI | TG Hütten | 33:01 | +3:17 | 3:17 | 615 | M: 44. |
| | 56. | Pearce Mark | 79 | GBR | Adliswil Rouleurs | 33:03 | +3:19 | 3:17 | 834 | M40: 4. |
| | 57. | Mahamad Husein | 96 | ETH | LG TSV Galgenen | 33:04 | +3:20 | 3:18 | 402 | M: 47. |
| 47. | 58. | Güdel Micha | 90 | SUI | TV Länggasse | 33:04 | +3:20 | 3:17 | 284 | M: 46. |
| 48. | 59. | Arnold Philipp | 87 | SUI | LC Zürich | 33:08 | +3:24 | 3:18 | 127 | M: 48. |
| 49. | 60. | Klopfenstein Diego | 97 | SUI | Stade Genève | 33:08 | +3:24 | 3:18 | 361 | M: 49. |
| 50. | 61. | Ismail Sebghatullah | 00 | AFG | SAL Lugano | 33:12 | +3:28 | 3:18 | 327 | MJ U20: 4. |
| 51. | 62. | Baumann Nando | 96 | SUI | LC Brühl Leichtathletik | 33:13 | +3:29 | 3:18 | 136 | M: 50. |
| 52. | 63. | Gächter Janis | 96 | SUI | LAV Glarus | 33:16 | +3:32 | 3:19 | 255 | M: 52. |
| 53. | 64. | Urfer Jens | 94 | SUI | All Blacks Thun | 33:16 | +3:32 | 3:19 | 620 | M: 51. |
| 54. | 65. | Fleury Jérémie | 98 | SUI | FSG Courroux | 33:18 | +3:34 | 3:19 | 232 | M: 53. |
| 55. | 66. | Anderhalden Donnino | 84 | SUI | TV Oerlikon | 33:18 | +3:34 | 3:19 | 119 | M35: 5. |
| 56. | 67. | Dolce Louis | 99 | SUI | FSG Courroux | 33:21 | +3:37 | 3:19 | 210 | M: 54. |
| 57. | 68. | Becker Ruedi | 85 | SUI | Laufgruppe Cham | 33:30 | +3:46 | 3:20 | 140 | M: 55. |
| | 69. | Iselin Mathieu | 83 | FRA | Trigether | 33:31 | +3:47 | 3:20 | 814 | M35: 6. |
| 58. | 70. | Kälin Andreas | 91 | SUI | gantrischbike.ch | 33:32 | +3:48 | 3:20 | 344 | M: 56. |
| 59. | 71. | Blättler Mirko | 96 | SUI | LA Nidwalden | 33:33 | +3:49 | 3:21 | 156 | M: 57. |
| | 72. | Colas Damien | 87 | FRA | FSG Bassecourt | 33:33 | +3:49 | 3:21 | 190 | M: 58. |
| 60. | 73. | Fux Fabian | 01 | SUI | BCVS Mount Asics Team | 33:34 | +3:50 | 3:21 | 832 | MJ U20: 5. |
| 61. | 74. | Keller Marius | 95 | SUI | BTV Aarau Athletics | 33:35 | +3:51 | 3:21 | 356 | M: 59. |
| 62. | 75. | Pinto Ricardo | 87 | SUI | Stade Genève | 33:37 | +3:53 | 3:21 | 478 | M: 60. |
| 63. | 76. | Demoulin Edmond | 02 | FRA | Stade Genève | 33:39 | +3:55 | 3:21 | 205 | MJ U20: 6. |
| | 77. | Küng Manuel | 87 | | KTV Wil LA | 33:46 | +4:02 | 3:22 | 687 | M: 62. |
| 64. | 78. | Girardet David | 79 | SUI | Trilogie Sport | 33:47 | +4:03 | 3:22 | 269 | M40: 6. |
| | 79. | Schmidtke Claudio | 93 | ITA | LC Schaffhausen | 33:47 | +4:03 | 3:22 | 539 | M: 63. |
| 65. | 80. | Birrer Marco | 99 | SUI | TV Oerlikon | 33:47 | +4:03 | 3:22 | 153 | M: 61. |
| 66. | 81. | Castiglioni Luca | 79 | SUI | TV Oerlikon | 33:48 | +4:04 | 3:22 | 830 | M40: 5. |
| 67. | 82. | Morand Michael | 83 | SUI | FSG Bassecourt | 33:50 | +4:06 | 3:22 | 437 | M35: 7. |
| 68. | 83. | Hohl Christian | 89 | SUI | LAS Old Boys Basel | 33:50 | +4:06 | 3:22 | 312 | M: 64. |
| 69. | 84. | Bonjour Allan | 91 | SUI | CEP Cortaillod | 33:51 | +4:07 | 3:22 | 162 | M: 67. |
| 70. | 85. | Thomson Mark | 70 | SUI | gantrischbike.ch | 33:52 | +4:08 | 3:22 | 605 | M45: 1. |
| | 86. | Larisch Balthasar | 91 | GER | LC Uster | 33:52 | +4:08 | 3:22 | 382 | M: 66. |
| 71. | 87. | Oppliger Julien | 91 | SUI | (Montezillon) | 33:52 | +4:08 | 3:22 | 466 | M: 65. |
| 72. | 88. | Derigo Dave | 97 | SUI | GAB Bellinzona | 33:53 | +4:09 | 3:22 | 207 | M: 68. |
| 73. | 89. | Lagerström Mark | 77 | SUI | SV WIEDIKON | 33:54 | +4:10 | 3:23 | 379 | M40: 7. |
| 74. | 90. | Schönenberger Simon | 87 | SUI | LC Brühl Leichtathletik | 33:54 | +4:10 | 3:23 | 546 | M: 69. |
| | 91. | Haben Teklemichal | 99 | ERI | Stade Genève | 33:57 | +4:13 | 3:23 | 602 | M: 72. |
| 75. | 92. | Benninghoff Mathieu | 99 | SUI | Stade Genève | 33:58 | +4:14 | 3:23 | 143 | M: 70. |
| 76. | 93. | Holer Luca | 97 | SUI | LC Zürich | 34:00 | +4:16 | 3:23 | 313 | M: 73. |
| 77. | 94. | Iten Enea | 98 | SUI | USC | 34:00 | +4:16 | 3:23 | 328 | M: 71. |
| 78. | 95. | Frieden Thomas | 69 | SUI | LSV Winterthur | 34:00 | +4:16 | 3:23 | 246 | M50: 1. |
| 79. | 96. | Abächerli Andreas | 85 | SUI | Ueli Koch Laufsport | 34:00 | +4:16 | 3:23 | 102 | M: 75. |
| 80. | 97. | Rhyner Daniel | 84 | SUI | All Blacks Thun | 34:01 | +4:17 | 3:23 | 498 | M35: 8. |
| 81. | 98. | Marti Melvin | 99 | SUI | LAR Binningen | 34:02 | +4:18 | 3:23 | 407 | M: 74. |

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Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM | Rang | Nachname Vorname | Jg | Nat | Verein/Ort | Zeit | Abstand | min/k | Startnr | Altersklasse |
|------|------|-------------------------|----|-----|------------------------------|--------------|---------|-------|---------|--------------|
| 82. | 99. | Engeler Marco | 93 | SUI | SAL Lugano | 34:06 | +4:22 | 3:24 | 220 | M: 76. |
| 83. | 100. | Mennet Robin | 01 | SUI | LC Basel | 34:06 | +4:22 | 3:24 | 424 | MJ U20: 7. |
| | 101. | Garcia Jorge | 82 | ESP | (Wabern) | 34:08 | +4:24 | 3:24 | 809 | M35: 9. |
| 84. | 102. | Maffongelli Marco | 88 | SUI | VIGOR Ligornetto | 34:08 | +4:24 | 3:24 | 819 | M: 77. |
| 85. | 103. | Staubli Jan | 85 | SUI | LC Uster / powerlab.ch | 34:10 | +4:26 | 3:24 | 578 | M: 78. |
| 86. | 104. | Kastu Jussi | 80 | SUI | CCC | 34:11 | +4:27 | 3:24 | 349 | M35: 10. |
| 87. | 105. | Marti Mickael | 04 | SUI | TIP-TOP POLysport Bienne | 34:11 | +4:27 | 3:24 | 408 | MJ U20: 8. |
| 88. | 106. | Wheeler Cecil | 68 | SUI | Laufgruppe Cham | 34:12 | +4:28 | 3:25 | 646 | M50: 2. |
| 89. | 107. | Renner Philipp | 96 | SUI | TSV 2001 Rotkreuz | 34:13 | +4:29 | 3:24 | 495 | M: 79. |
| 90. | 108. | Menzi Diego | 85 | SUI | KTV Bütschwil | 34:14 | +4:30 | 3:24 | 425 | M: 80. |
| 91. | 109. | Aeschlimann Gilles | 79 | SUI | (Le Locle) | 34:15 | +4:31 | 3:24 | 108 | M40: 8. |
| 92. | 110. | Schönholzer Urs | 72 | SUI | ST Bern | 34:15 | +4:31 | 3:25 | 547 | M45: 2. |
| 93. | 111. | Grosheny Philipp | 89 | SUI | Home of Triathlon St. Moritz | 34:17 | +4:33 | 3:25 | 811 | M: 81. |
| | 112. | Van Der Zon Peter | 91 | NED | LR Gettnau | 34:17 | +4:33 | 3:25 | 625 | M: 83. |
| 94. | 113. | Torche Julien | 99 | SUI | Athletic Team Rechthalten | 34:18 | +4:34 | 3:25 | 607 | M: 82. |
| 95. | 114. | Jeanmaire Yannick | 84 | SUI | Stade Genève athlétisme | 34:22 | +4:38 | 3:25 | 332 | M35: 11. |
| 96. | 115. | Favre Yves | 00 | SUI | Running Team Prilly | 34:24 | +4:40 | 3:25 | 226 | MJ U20: 9. |
| 97. | 116. | Baggenstos Tobias | 92 | SUI | VC Gersau | 34:27 | +4:43 | 3:26 | 131 | M: 84. |
| 98. | 117. | Meyer Cedric | 98 | SUI | LG TSV Galgenen | 34:27 | +4:43 | 3:26 | 430 | M: 85. |
| 99. | 118. | Hürlimann Ramon | 01 | SUI | LV Langenthal | 34:31 | +4:47 | 3:26 | 320 | MJ U20: 10. |
| | 119. | Kalab Heyleab | 96 | ERI | LAC TV Unterstrass | 34:32 | +4:48 | 3:26 | 343 | M: 87. |
| 100. | 120. | Kostyuchenko Nikita | 92 | SUI | LC Zürich | 34:32 | +4:48 | 3:26 | 368 | M: 86. |
| 101. | 121. | Cavadini Enrico | 68 | SUI | Runner's Club Bellinzona | 34:33 | +4:49 | 3:27 | 831 | M50: 3. |
| 102. | 122. | Delorenzi Marco | 99 | SUI | USC/ Pini Factory Racing | 34:39 | +4:55 | 3:27 | 680 | M: 88. |
| 103. | 123. | Hüsler Stefan | 79 | SUI | LC Schaffhausen | 34:43 | +4:59 | 3:27 | 813 | M40: 10. |
| 104. | 124. | Marani Tommaso | 99 | SUI | SAL Lugano | 34:43 | +4:59 | 3:27 | 403 | M: 89. |
| | 125. | Nilis Daan | 95 | BEL | (Zürich) | 34:44 | +5:00 | 3:27 | 456 | M: 90. |
| 105. | 126. | Lustenberger Richard | 98 | SUI | TG Hütten | 34:44 | +5:00 | 3:28 | 400 | M: 91. |
| 106. | 127. | Marty Stefan | 79 | SUI | Eroxswiss | 34:46 | +5:02 | 3:27 | 411 | M40: 9. |
| 107. | 128. | Foley Jurgen Leo | 84 | SUI | west limerick ac | 34:49 | +5:05 | 3:28 | 237 | M35: 12. |
| 108. | 129. | Villiger Roman | 89 | SUI | team professional | 34:50 | +5:06 | 3:28 | 626 | M: 92. |
| | 130. | Schneble Gerhard | 69 | GER | TV Gailingen | 34:54 | +5:10 | 3:29 | 867 | M50: 4. |
| | 131. | Asghedom Hermon | 97 | ERI | LAR Binningen | 34:57 | +5:13 | 3:29 | 827 | M: 93. |
| | 132. | Gebrezgabiher Aron | 97 | ERI | FSG Bassecourt | 34:59 | +5:15 | 3:29 | 259 | M: 94. |
| 109. | 133. | Hartmann Tian | 83 | SUI | (Zürich) | 35:00 | +5:16 | 3:29 | 298 | M35: 13. |
| 110. | 134. | Mathieu Michaël | 82 | SUI | Stade Genève | 35:01 | +5:17 | 3:29 | 412 | M35: 14. |
| 111. | 135. | Fleischmann Philip | 93 | SUI | Leichtathletik Club Zurich | 35:04 | +5:20 | 3:29 | 231 | M: 95. |
| 112. | 136. | Arnold Lukas | 94 | SUI | LR Gettnau | 35:06 | +5:22 | 3:30 | 126 | M: 97. |
| 113. | 137. | Drittenbass Joel | 92 | SUI | LC Brühl Leichtathletik | 35:07 | +5:23 | 3:30 | 214 | M: 96. |
| 114. | 138. | Beretta Piccoli Lorenzo | 81 | SUI | Frecce Gialle Malcantone | 35:08 | +5:24 | 3:30 | 144 | M35: 15. |
| 115. | 139. | Mettler Fabrice | 01 | SUI | TV Herisau | 35:11 | +5:27 | 3:30 | 427 | MJ U20: 11. |
| | 140. | Gross Fridolin | 81 | GER | (Kaufungen) | 35:16 | +5:32 | 3:30 | 278 | M35: 16. |
| 116. | 141. | Rüttimann Cyrill | 02 | SUI | LC Meilen | 35:16 | +5:32 | 3:30 | 512 | MJ U20: 12. |
| 117. | 142. | Renggli Tobias | 03 | SUI | LR Ebikon | 35:17 | +5:33 | 3:31 | 494 | MJ U20: 13. |
| 118. | 143. | Bachmann Ivo | 75 | SUI | SC Diemberg smrun | 35:18 | +5:34 | 3:31 | 130 | M40: 11. |
| 119. | 144. | Schönenberger Matthias | 87 | SUI | All Blacks Thun | 35:22 | +5:38 | 3:31 | 545 | M: 98. |
| 120. | 145. | Orlandi Yan | 74 | SUI | FSG Bassecourt | 35:24 | +5:40 | 3:32 | 468 | M45: 3. |
| 121. | 146. | Camenzind Flurin | 84 | SUI | SC Diemberg | 35:27 | +5:43 | 3:32 | 178 | M35: 17. |
| | 147. | Van Den Ende Joost | 88 | NED | LC Basel | 35:31 | +5:47 | 3:32 | 622 | M: 100. |

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10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM | Rang | Nachname Vorname | Jg | Nat | Verein/Ort | Zeit | Abstand | min/k | Startnr | Altersklasse |
|------|------|--------------------------|----|-----|---------------------------|--------------|---------|-------|---------|--------------|
| | 148. | Michiel Zersenay | 98 | ERI | TV Riehen | 35:31 | +5:47 | 3:32 | 433 | M: 99. |
| 122. | 149. | Perez De La Sota Gabriel | 80 | SUI | club debeu | 35:34 | +5:50 | 3:32 | 690 | M35: 18. |
| 123. | 150. | Witschi Sébastien | 95 | SUI | FSG Alle | 35:36 | +5:52 | 3:33 | 655 | M: 101. |
| | 151. | Poschenrieder Dominik | 89 | GER | TV Oerlikon | 35:36 | +5:52 | 3:33 | 484 | M: 102. |
| | 152. | De Cristofano Salvatore | 77 | ITA | Swiss master running | 35:38 | +5:54 | 3:33 | 803 | M40: 12. |
| 124. | 153. | Senn Oliver | 69 | SUI | LAR TV Windisch | 35:43 | +5:59 | 3:33 | 562 | M50: 5. |
| 125. | 154. | Feuz Thomas | 77 | SUI | All Blacks Thun | 35:44 | +6:00 | 3:34 | 229 | M40: 13. |
| 126. | 155. | Bouzon Daniel | 72 | SUI | Team Bouzon / Elemenz | 35:44 | +6:00 | 3:33 | 167 | M45: 4. |
| 127. | 156. | Epp Pius | 85 | SUI | Gerbersport | 35:45 | +6:01 | 3:34 | 807 | M: 104. |
| 128. | 157. | Robin Antoine | 93 | SUI | Stade Genève | 35:46 | +6:02 | 3:34 | 503 | M: 103. |
| 129. | 158. | Stadelmann Claude | 81 | SUI | (Pleigne) | 35:55 | +6:11 | 3:35 | 574 | M35: 19. |
| 130. | 159. | Klopfenstein Mattias | 99 | SUI | Stade Genève | 35:55 | +6:11 | 3:35 | 362 | M: 105. |
| 131. | 160. | Christen Isidor | 66 | SUI | LR Gettnau | 35:58 | +6:14 | 3:35 | 188 | M50: 6. |
| 132. | 161. | Bleiker Julian | 98 | SUI | KTV Wil LA | 36:00 | +6:16 | 3:35 | 679 | M: 106. |
| 133. | 162. | Tschudi Christian | 91 | SUI | Tempo-Sport bikespeed.ch | 36:02 | +6:18 | 3:35 | 611 | M: 107. |
| | 163. | Isak Abel | 02 | ERI | TV Riehen | 36:03 | +6:19 | 3:35 | 326 | MJ U20: 14. |
| | 164. | Valente Stefano | 87 | ITA | TV Oerlikon | 36:04 | +6:20 | 3:36 | 621 | M: 108. |
| | 165. | Alizada Noor Mohammad | 97 | AFG | 1997 | 36:06 | +6:22 | 3:36 | 113 | M: 109. |
| 134. | 166. | Elvedi Flavio | 83 | SUI | LR Gettnau | 36:08 | +6:24 | 3:36 | 219 | M35: 20. |
| 135. | 167. | Aase Njaal | 01 | SUI | LC Rafzerfeld | 36:10 | +6:26 | 3:36 | 101 | MJ U20: 15. |
| 136. | 168. | Bernardi Tazio | 93 | SUI | ST Bern Leichtathletik | 36:11 | +6:27 | 3:36 | 147 | M: 110. |
| 137. | 169. | Blum Lucca | 96 | SUI | LVLangenthal | 36:12 | +6:28 | 3:36 | 159 | M: 111. |
| 138. | 170. | Althaus Reto | 74 | SUI | (Zürich) | 36:12 | +6:28 | 3:36 | 115 | M45: 5. |
| 139. | 171. | Heutschi Tobias | 92 | SUI | (Menziken) | 36:13 | +6:29 | 3:36 | 852 | M: 113. |
| 140. | 172. | Heller Luca | 94 | SUI | LAG Gossau | 36:13 | +6:29 | 3:36 | 304 | M: 112. |
| 141. | 173. | Amrein Manuel | 00 | SUI | LR Gettnau | 36:17 | +6:33 | 3:37 | 117 | MJ U20: 16. |
| 142. | 174. | Scriba Holger | 82 | SUI | LAC TV Unterstrass | 36:17 | +6:33 | 3:37 | 556 | M35: 21. |
| 143. | 175. | Birchmeier Damien | 96 | SUI | Sodibat | 36:20 | +6:36 | 3:37 | 152 | M: 114. |
| 144. | 176. | Zraggen Aldo | 83 | SUI | LC Dübendorf | 36:22 | +6:38 | 3:37 | 671 | M35: 22. |
| 145. | 177. | Studer Daniel | 85 | SUI | (Grünigen) | 36:29 | +6:45 | 3:38 | 835 | M: 115. |
| 146. | 178. | Schärer Georg | 78 | SUI | BTV Aarau | 36:33 | +6:49 | 3:38 | 525 | M40: 14. |
| | 179. | Ibrahim Miroan | 90 | SYR | 1990 | 36:37 | +6:53 | 3:39 | 324 | M: 116. |
| 147. | 180. | Genovese Gaetano | 59 | SUI | RC Bellinzona | 36:37 | +6:53 | 3:39 | 262 | M60: 1. |
| 148. | 181. | Hungerbühler Igor | 00 | SUI | LC Frauenfeld | 36:38 | +6:54 | 3:39 | 319 | MJ U20: 17. |
| 149. | 182. | Rotzetter Marc | 00 | SUI | Athletic Team Rechthalten | 36:39 | +6:55 | 3:39 | 507 | MJ U20: 19. |
| 150. | 183. | Werder Dario | 95 | SUI | LC Frauenfeld | 36:40 | +6:56 | 3:39 | 643 | M: 117. |
| 151. | 184. | Wild Yannic | 01 | SUI | TV Oerlikon | 36:40 | +6:56 | 3:39 | 650 | MJ U20: 18. |
| 152. | 185. | Roth Basil | 76 | SUI | LAC TV Unterstrass | 36:41 | +6:57 | 3:39 | 506 | M40: 15. |
| 153. | 186. | Leibundgut Fritz | 65 | SUI | Laufftreff Spiez | 36:44 | +7:00 | 3:40 | 388 | M50: 7. |
| 154. | 187. | Färber Philipp | 66 | SUI | LC Meilen | 36:47 | +7:03 | 3:40 | 860 | M50: 8. |
| 155. | 188. | Seiler Marcel | 69 | SUI | TV Ringgenberg | 36:49 | +7:05 | 3:40 | 558 | M50: 9. |
| 156. | 189. | Alonso David | 89 | SUI | AIN-EST ATHLETISME | 36:49 | +7:05 | 3:40 | 114 | M: 118. |
| 157. | 190. | Kienle Ralph | 71 | SUI | TV Länggasse | 36:52 | +7:08 | 3:40 | 358 | M45: 6. |
| 158. | 191. | Nussbaum Simon | 03 | SUI | White Tigers | 36:54 | +7:10 | 3:41 | 458 | MJ U20: 20. |
| 159. | 192. | Blättler Beat | 76 | SUI | LACTV Unterstrass | 36:56 | +7:12 | 3:41 | 155 | M40: 16. |
| 160. | 193. | Kneubühl Micha | 99 | SUI | (Fraubrunnen) | 37:00 | +7:16 | 3:41 | 363 | M: 119. |
| 161. | 194. | Obrist Nick | 97 | SUI | LV Langenthal | 37:00 | +7:16 | 3:41 | 461 | M: 120. |
| 162. | 195. | Bass Luca | 98 | SUI | LC Regensdorf | 37:00 | +7:16 | 3:41 | 135 | M: 121. |
| 163. | 196. | Deiss Yanik | 01 | SUI | LC Meilen | 37:05 | +7:21 | 3:42 | 204 | MJ U20: 21. |

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| SM | Rang | Nachname Vorname | Jg | Nat | Verein/Ort | Zeit | Abstand | min/k | Startnr | Altersklasse |
|------|------|----------------------|----|-----|-----------------------|--------------|---------|-------|---------|--------------|
| 164. | 197. | Peter Peter | 66 | SUI | LC Meilen / smrun | 37:07 | +7:23 | 3:42 | 862 | M50: 10. |
| | 198. | Alcalà Adrià | 91 | ESP | LV Langenthal | 37:11 | +7:27 | 3:42 | 111 | M: 123. |
| 165. | 199. | Lüthi Mike | 87 | SUI | LC Uster | 37:12 | +7:28 | 3:42 | 818 | M: 124. |
| | 200. | Michel Andrew | 89 | GBR | (Horgen) | 37:13 | +7:29 | 3:42 | 432 | M: 122. |
| 166. | 201. | Oberti Marco | 64 | SUI | smrun | 37:14 | +7:30 | 3:43 | 460 | M55: 1. |
| 167. | 202. | Eggimann Andreas | 82 | SUI | (Zürich) | 37:16 | +7:32 | 3:42 | 805 | M35: 23. |
| | 203. | Carsten Drilling | 72 | GER | TVL Bern | 37:18 | +7:34 | 3:43 | 181 | M45: 7. |
| 168. | 204. | Füglister Dominik | 88 | SUI | LC Dübendorf | 37:23 | +7:39 | 3:43 | 864 | M: 125. |
| 169. | 205. | Appius Aeneas | 60 | SUI | Team Swiss Emotions | 37:24 | +7:40 | 3:43 | 124 | M55: 2. |
| 170. | 206. | Muffler Dario | 94 | SUI | LC Schaffhausen | 37:27 | +7:43 | 3:44 | 445 | M: 126. |
| 171. | 207. | Kaufmann Roger | 74 | SUI | LC Uster | 37:33 | +7:49 | 3:44 | 815 | M45: 8. |
| 172. | 208. | Uehle Florian | 82 | SUI | Time Out Uster | 37:36 | +7:52 | 3:45 | 612 | M35: 24. |
| | 209. | Kartje Aaron | 00 | GER | TV Riehen | 37:38 | +7:54 | 3:45 | 348 | MJ U20: 22. |
| 173. | 210. | Roy Alexandre | 82 | SUI | YanOrlandiRun | 37:44 | +8:00 | 3:45 | 508 | M35: 25. |
| 174. | 211. | Zeller Yannick | 99 | SUI | gerbersport | 37:48 | +8:04 | 3:46 | 670 | M: 127. |
| 175. | 212. | Oser Sven | 79 | SUI | LCB | 37:50 | +8:06 | 3:46 | 469 | M40: 17. |
| 176. | 213. | Koller Stefan | 75 | SUI | Team CB | 37:55 | +8:11 | 3:47 | 817 | M40: 18. |
| 177. | 214. | Wyss Markus | 70 | SUI | (Koppigen) | 37:57 | +8:13 | 3:47 | 665 | M45: 9. |
| 178. | 215. | Mozzini Luca | 71 | SUI | RC Bellinzona | 38:00 | +8:16 | 3:47 | 443 | M45: 10. |
| | 216. | Weldekidan Tsegay | 98 | ERI | FSG Bassecourt | 38:06 | +8:22 | 3:48 | 642 | M: 128. |
| 179. | 217. | Mattes Martin | 65 | SUI | (Zürich) | 38:06 | +8:22 | 3:48 | 820 | M50: 11. |
| 180. | 218. | Brun Hanspeter | 57 | SUI | LC Uster | 38:06 | +8:22 | 3:48 | 170 | M60: 2. |
| 181. | 219. | Strassmann Nils | 93 | SUI | LAR TV Windisch | 38:08 | +8:24 | 3:48 | 585 | M: 129. |
| | 220. | Herrera Vicente | 77 | ESP | smrun / Correcaminos | 38:10 | +8:26 | 3:48 | 305 | M40: 19. |
| 182. | 221. | Stutz Jan | 89 | SUI | TV Oerlikon | 38:13 | +8:29 | 3:48 | 592 | M: 130. |
| 183. | 222. | Keller Alain | 68 | SUI | TV Länggasse Bern | 38:18 | +8:34 | 3:49 | 354 | M50: 12. |
| 184. | 223. | Gerber Roger | 70 | SUI | Team Emmenlauf | 38:22 | +8:38 | 3:49 | 263 | M45: 11. |
| 185. | 224. | Gründler Jonas | 94 | SUI | LC Uster | 38:22 | +8:38 | 3:49 | 281 | M: 131. |
| 186. | 225. | De Bellis François | 53 | SUI | Swiss Masters Running | 38:23 | +8:39 | 3:50 | 200 | M65: 1. |
| 187. | 226. | Inauen Dylan | 02 | SUI | lc Brühl | 38:24 | +8:40 | 3:49 | 325 | MJ U20: 23. |
| 188. | 227. | Pravato David | 72 | SUI | LAC TV Unterstrass | 38:24 | +8:40 | 3:49 | 485 | M45: 12. |
| 189. | 228. | Kammer Adrian | 81 | SUI | LC Uster | 38:30 | +8:46 | 3:50 | 863 | M35: 26. |
| 190. | 229. | Fässler Philipp | 74 | SUI | (Zürich) | 38:33 | +8:49 | 3:50 | 225 | M45: 14. |
| 191. | 230. | Günter Stéphane | 72 | SUI | (Einigen) | 38:35 | +8:51 | 3:50 | 287 | M45: 13. |
| | 231. | Bognanni Luigi | 68 | ITA | tvu | 38:38 | +8:54 | 3:50 | 160 | M50: 13. |
| 192. | 232. | Schilling Bernhard | 85 | SUI | TV Oerlikon | 38:41 | +8:57 | 3:51 | 531 | M: 132. |
| 193. | 233. | Uebersax Dan | 69 | SUI | MegaJoule / smrun | 38:44 | +9:00 | 3:51 | 825 | M50: 14. |
| 194. | 234. | Lochmann Thomas | 65 | SUI | LC Basel | 38:44 | +9:00 | 3:51 | 395 | M50: 15. |
| 195. | 235. | Kummer David Florian | 01 | SUI | LV Langenthal | 38:45 | +9:01 | 3:52 | 371 | MJ U20: 24. |
| | 236. | Bröker Marian | 86 | GER | Lokomotive Neu Delhi | 38:46 | +9:02 | 3:52 | 168 | M: 133. |
| 196. | 237. | Bergmann David | 01 | SUI | LV Albis | 38:49 | +9:05 | 3:52 | 146 | MJ U20: 25. |
| 197. | 238. | Elmer Hannes | 89 | SUI | LAV Glarus | 38:49 | +9:05 | 3:52 | 851 | M: 134. |
| 198. | 239. | Blöchliger Michael | 77 | SUI | LC Uster | 38:50 | +9:06 | 3:52 | 158 | M40: 20. |
| 199. | 240. | Simoes José Carlos | 59 | SUI | (Thônex) | 38:52 | +9:08 | 3:52 | 566 | M60: 3. |
| 200. | 241. | Deiss Morris | 03 | SUI | (Hombrechtikon) | 38:55 | +9:11 | 3:53 | 203 | MJ U20: 26. |
| | 242. | Pileggi Andrea | 64 | ITA | SMRUN | 39:00 | +9:16 | 3:53 | 477 | M55: 3. |
| | 243. | Clarysse Bart | 69 | BEL | (Gockhausen) | 39:02 | +9:18 | 3:53 | 189 | M50: 16. |
| 201. | 244. | Cabdi Maxamed Adan | 01 | ETH | TV Unterstrasse | 39:06 | +9:22 | 3:53 | 176 | MJ U20: 27. |
| 202. | 245. | Furrer Michael | 80 | SUI | Trigether | 39:09 | +9:25 | 3:54 | 252 | M35: 27. |

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Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM | Rang | Nachname Vorname | Jg | Nat | Verein/Ort | Zeit | Abstand | min/k | Startnr | Altersklasse |
|------|------|--------------------|----|-----|-------------------------|--------------|---------|-------|---------|--------------|
| 203. | 246. | Schmid Andreas | 65 | SUI | BTV Chur | 39:12 | +9:28 | 3:54 | 535 | M50: 17. |
| 204. | 247. | Gigon Marc | 97 | SUI | FSG Alle | 39:12 | +9:28 | 3:54 | 267 | M: 135. |
| 205. | 248. | Schreiber Simon | 73 | SUI | LAC TV Unterstrass | 39:13 | +9:29 | 3:54 | 549 | M45: 15. |
| 206. | 249. | Lerch Alfred | 79 | SUI | GAB Bellinzona | 39:15 | +9:31 | 3:55 | 391 | M40: 21. |
| 207. | 250. | Callura Arnoldo | 67 | SUI | (Ottenbach) | 39:15 | +9:31 | 3:55 | 873 | M50: 18. |
| 208. | 251. | Kägi André | 64 | SUI | LAC TV Unterstrass | 39:24 | +9:40 | 3:55 | 341 | M55: 4. |
| 209. | 252. | Camiu Roger | 84 | SUI | LC Zürich | 39:27 | +9:43 | 3:55 | 179 | M35: 28. |
| 210. | 253. | Weber Raphael | 91 | SUI | (Langnau am Albis) | 39:33 | +9:49 | 3:56 | 853 | M: 136. |
| 211. | 254. | Hügli Lukas | 99 | SUI | LV Langenthal | 39:33 | +9:49 | 3:56 | 318 | M: 137. |
| 212. | 255. | Pagani Livio | 82 | SUI | GSFM/SMRUN | 39:35 | +9:51 | 3:56 | 470 | M35: 29. |
| 213. | 256. | Dambach René | 69 | SUI | TV Oerlikon | 39:39 | +9:55 | 3:57 | 195 | M50: 19. |
| 214. | 257. | Krauer Nicolas | 81 | SUI | 1981 | 39:39 | +9:55 | 3:57 | 369 | M35: 30. |
| 215. | 258. | Bossard Thomas | 72 | SUI | LAC TV Unterstrass | 39:45 | +10:01 | 3:57 | 166 | M45: 16. |
| | 259. | Alaux Timothée | 90 | GER | (Zürich) | 39:46 | +10:02 | 3:57 | 109 | M: 138. |
| 216. | 260. | Frey Urs | 45 | SUI | (Riehen) | 39:47 | +10:03 | 3:58 | 245 | M70: 1. |
| 217. | 261. | Mosimann Walter | 64 | SUI | Salming Athlet | 39:51 | +10:07 | 3:58 | 441 | M55: 5. |
| 218. | 262. | Hindermann Marco | 89 | SUI | (Winterthur) | 40:01 | +10:17 | 3:59 | 307 | M: 139. |
| | 263. | Czap Mark | 86 | HUN | (Walenstadt) | 40:04 | +10:20 | 3:59 | 193 | M: 140. |
| 219. | 264. | Denoth Roman | 78 | SUI | LAC TV Unterstrass | 40:04 | +10:20 | 3:59 | 206 | M40: 22. |
| 220. | 265. | Bekk Oscar | 66 | SUI | LAC TVU | 40:07 | +10:23 | 4:00 | 142 | M50: 20. |
| 221. | 266. | Oppliger Rolf | 71 | SUI | (Oberlunkhofen) | 40:08 | +10:24 | 3:59 | 467 | M45: 17. |
| 222. | 267. | Christen Cedric | 93 | SUI | Hobbyverein | 40:09 | +10:25 | 4:00 | 187 | M: 141. |
| | 268. | Fusco Ivano | 78 | ITA | VC Bubendorf | 40:16 | +10:32 | 4:00 | 254 | M40: 23. |
| | 269. | Solomon Samuel | 98 | ERI | FSG Bassecourt | 40:16 | +10:32 | 4:01 | 568 | M: 142. |
| 223. | 270. | Zurkirchen Julian | 82 | SUI | (Uster) | 40:16 | +10:32 | 4:01 | 676 | M35: 31. |
| 224. | 271. | Gerber Tobias | 03 | SUI | LC Brühl Leichtathletik | 40:17 | +10:33 | 4:01 | 264 | MJ U20: 28. |
| 225. | 272. | Probst David | 97 | SUI | AC Murten | 40:20 | +10:36 | 4:01 | 875 | M: 143. |
| 226. | 273. | Chassot Frédéric | 89 | SUI | Monsieur | 40:21 | +10:37 | 4:01 | 184 | M: 145. |
| 227. | 274. | Spiewok Mike | 60 | SUI | 3star cats Wallisellen | 40:22 | +10:38 | 4:01 | 571 | M55: 6. |
| 228. | 275. | Sidler Sepp | 57 | SUI | LT Einsiedeln | 40:24 | +10:40 | 4:01 | 564 | M60: 4. |
| 229. | 276. | Stutz Julian | 91 | SUI | (Carona) | 40:25 | +10:41 | 4:01 | 593 | M: 144. |
| | 277. | Fudali Witold | 83 | POL | (Zürich) | 40:27 | +10:43 | 4:02 | 251 | M35: 32. |
| 230. | 278. | Bourtzakis Emilios | 71 | SUI | LC Uster | 40:30 | +10:46 | 4:02 | 847 | M45: 18. |
| | 279. | Bizzozero Paolo | 87 | DJI | Freeradicals | 40:40 | +10:56 | 4:03 | 829 | M: 146. |
| 231. | 280. | Büchler Markus | 86 | SUI | TriRebels Suisse | 40:40 | +10:56 | 4:03 | 173 | M: 147. |
| 232. | 281. | Winter Michael | 83 | SUI | (Bözen) | 40:42 | +10:58 | 4:03 | 653 | M35: 33. |
| 233. | 282. | Halter Fabio | 04 | SUI | LC Brühl Leichtathletik | 40:42 | +10:58 | 4:03 | 297 | MJ U20: 29. |
| 234. | 283. | Thalmann Balthasar | 76 | SUI | (Uster) | 40:44 | +11:00 | 4:03 | 603 | M40: 24. |
| | 284. | Queyreau Guido | 75 | GER | LG Hohenfels | 40:52 | +11:08 | 4:04 | 487 | M40: 25. |
| | 285. | Barbieri Marco | 82 | ITA | GAB bellinzona | 40:54 | +11:10 | 4:05 | 133 | M35: 34. |
| 235. | 286. | Rutz Ernst | 67 | SUI | Ashia Runners Kamerun | 40:56 | +11:12 | 4:05 | 513 | M50: 21. |
| 236. | 287. | Gschwend Peter | 52 | SUI | run and smile | 40:57 | +11:13 | 4:05 | 283 | M65: 2. |
| | 288. | Dathe Markus | 74 | GER | LG Hohenfels | 41:00 | +11:16 | 4:05 | 196 | M45: 19. |
| 237. | 289. | Figoutz Wolfgang | 65 | SUI | LG Glarus | 41:01 | +11:17 | 4:05 | 841 | M50: 22. |
| 238. | 290. | Bächli Christoph | 92 | SUI | LSG Brugg | 41:05 | +11:21 | 4:05 | 129 | M: 148. |
| | 291. | Arvidsson Per | 81 | SWE | AR Zürich | 41:06 | +11:22 | 4:05 | 128 | M35: 35. |
| 239. | 292. | Pirali Gianni | 59 | SUI | (Rotkreuz) | 41:06 | +11:22 | 4:05 | 479 | M60: 5. |
| 240. | 293. | Hübner Thomas | 65 | SUI | Huebi Running | 41:06 | +11:22 | 4:06 | 846 | M50: 23. |
| 241. | 294. | Odermatt Benjamin | 83 | SUI | (Bubikon) | 41:08 | +11:24 | 4:06 | 463 | M35: 37. |

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Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM | Rang | Nachname Vorname | Jg | Nat | Verein/Ort | Zeit | Abstand | min/k | Startnr | Altersklasse |
|------|------|-----------------------|----|-----|---------------------------------|--------------|---------|-------|---------|--------------|
| 242. | 295. | Muff Andreas | 03 | SUI | LG TSV Galgenen | 41:09 | +11:25 | 4:06 | 444 | MJ U20: 30. |
| 243. | 296. | Wettstein Markus | 83 | SUI | smrun, LC Uster | 41:11 | +11:27 | 4:06 | 871 | M35: 36. |
| 244. | 297. | Gröflin Roland | 65 | SUI | Laufsport Heinz | 41:11 | +11:27 | 4:06 | 833 | M50: 24. |
| 245. | 298. | Von Känel Christoph | 59 | SUI | All Blacks Thun | 41:16 | +11:32 | 4:06 | 634 | M60: 6. |
| 246. | 299. | Herrmann Peter | 78 | SUI | (Schaffhausen) | 41:24 | +11:40 | 4:07 | 306 | M40: 26. |
| 247. | 300. | Peter Adrian | 67 | SUI | LAC TV Unterstrass | 41:29 | +11:45 | 4:07 | 473 | M50: 25. |
| 248. | 301. | Hug Peter | 58 | SUI | LC Meilen | 41:36 | +11:52 | 4:08 | 317 | M60: 7. |
| 249. | 302. | Taboada Francisco | 76 | SUI | FSG Bassecourt | 41:44 | +12:00 | 4:09 | 597 | M40: 27. |
| 250. | 303. | Molle Willy | 91 | SUI | CA Ambilly | 41:44 | +12:00 | 4:09 | 435 | M: 149. |
| 251. | 304. | Adarraga Rodrigo | 61 | SUI | Swiss master athleticss | 41:53 | +12:09 | 4:10 | 103 | M55: 7. |
| 252. | 305. | Holzinger Adrian | 67 | SUI | (Greifensee) | 41:54 | +12:10 | 4:11 | 314 | M50: 26. |
| 253. | 306. | Oppliger Daniel | 57 | SUI | CA Courtelary | 41:55 | +12:11 | 4:10 | 465 | M60: 8. |
| 254. | 307. | Näf Roman | 91 | SUI | TV Bubikon | 41:56 | +12:12 | 4:10 | 453 | M: 150. |
| | 308. | Musolf Marco | 68 | GER | (Rüti ZHRüti) | 42:12 | +12:28 | 4:12 | 452 | M50: 27. |
| 255. | 309. | Schöb Benno | 73 | SUI | (Gossau /ZH) | 42:14 | +12:30 | 4:12 | 544 | M45: 20. |
| 256. | 310. | Jossi Andreas | 72 | SUI | LC Pleasuredome | 42:22 | +12:38 | 4:13 | 336 | M45: 21. |
| 257. | 311. | Schindler Christoph | 54 | SUI | Frecce Gialle Malcantone | 42:23 | +12:39 | 4:13 | 532 | M65: 3. |
| | 312. | Mottola Salvatore | 66 | ITA | smrun | 42:26 | +12:42 | 4:13 | 442 | M50: 28. |
| | 313. | L'Hôte Antoine | 05 | FRA | 3starcats | 42:29 | +12:45 | 4:14 | 859 | MJ U20: 31. |
| 258. | 314. | Gnädingler Walter | 52 | SUI | Whats App Runners Schaffhaus... | 42:30 | +12:46 | 4:14 | 865 | M65: 4. |
| 259. | 315. | Wild-Eck Stephan | 63 | SUI | TV Oerlikon | 42:38 | +12:54 | 4:15 | 651 | M55: 8. |
| 260. | 316. | Aquillon Achille | 79 | SUI | (Grand-Lancy) | 42:39 | +12:55 | 4:15 | 125 | M40: 28. |
| 261. | 317. | Hauenstein Fabio | 02 | SUI | LV Albis | 42:40 | +12:56 | 4:15 | 299 | MJ U20: 32. |
| 262. | 318. | Fölmli Rolf | 59 | SUI | GS Immensee | 42:41 | +12:57 | 4:15 | 240 | M60: 9. |
| 263. | 319. | Biland Marco | 86 | SUI | LAR Windisch | 42:44 | +13:00 | 4:15 | 858 | M: 151. |
| 264. | 320. | White William | 87 | SUI | LCZ | 42:46 | +13:02 | 4:15 | 694 | M: 152. |
| 265. | 321. | Suana David | 81 | SUI | (Zürich) | 42:49 | +13:05 | 4:16 | 594 | M35: 39. |
| 266. | 322. | Rieder Lucas | 67 | SUI | LC Uster | 42:49 | +13:05 | 4:16 | 821 | M50: 29. |
| 267. | 323. | Engelhardt André | 63 | SUI | Scuderia Engelhardt | 42:52 | +13:08 | 4:16 | 221 | M55: 9. |
| 268. | 324. | Arnold Oliver | 83 | SUI | Adidas Runners Zürich | 42:53 | +13:09 | 4:16 | 838 | M35: 38. |
| 269. | 325. | Bernasconi Rocco | 90 | SUI | (Bellinzona) | 42:55 | +13:11 | 4:17 | 828 | M: 153. |
| 270. | 326. | Schulz Martin | 91 | SUI | (Gossau ZH) | 43:05 | +13:21 | 4:17 | 550 | M: 154. |
| 271. | 327. | Zarantonello Michael | 73 | SUI | TV Riehen | 43:06 | +13:22 | 4:17 | 666 | M45: 22. |
| 272. | 328. | Janssen Arthur | 77 | SUI | (Uster) | 43:06 | +13:22 | 4:17 | 330 | M40: 29. |
| 273. | 329. | Portmann Christian | 96 | SUI | (Emmenbrücke) | 43:06 | +13:22 | 4:18 | 483 | M: 155. |
| | 330. | Schmid Peter | 63 | GER | TRIZO | 43:07 | +13:23 | 4:18 | 536 | M55: 10. |
| | 331. | Schunke Mathias | 77 | GER | Sportfreunde Zürich | 43:10 | +13:26 | 4:18 | 551 | M40: 30. |
| 274. | 332. | Lichtenberger Andreas | 82 | SUI | (Zürich) | 43:12 | +13:28 | 4:18 | 392 | M35: 40. |
| 275. | 333. | Krieger Peter | 78 | SUI | smrun | 43:15 | +13:31 | 4:19 | 370 | M40: 31. |
| 276. | 334. | Schafer Antoine | 77 | SUI | (Hüttikon) | 43:17 | +13:33 | 4:19 | 844 | M40: 32. |
| 277. | 335. | von Känel Hanspeter | 66 | SUI | Lauftreff Spiez | 43:19 | +13:35 | 4:19 | 635 | M50: 30. |
| 278. | 336. | Zwahlen Jürg | 58 | SUI | (Port) | 43:27 | +13:43 | 4:19 | 677 | M60: 10. |
| | 337. | Pütz Markus | 65 | GER | (Turgi) | 43:27 | +13:43 | 4:19 | 486 | M50: 31. |
| | 338. | Beckers Pierre | 91 | BEL | La Côte Runners | 43:30 | +13:46 | 4:20 | 141 | M: 156. |
| 279. | 339. | Bayo Kebba | 60 | SUI | SMRUN | 43:30 | +13:46 | 4:20 | 139 | M55: 11. |
| 280. | 340. | Uldry Jean- Daniel | 71 | SUI | Tri Macron | 43:42 | +13:58 | 4:21 | 854 | M45: 23. |
| 281. | 341. | Ummel Beat | 60 | SUI | BTV Aarau Athletics | 43:43 | +13:59 | 4:21 | 616 | M55: 12. |
| 282. | 342. | Kamm Meinrad | 65 | SUI | LG Glarus | 43:44 | +14:00 | 4:21 | 345 | M50: 32. |
| 283. | 343. | Hafen Andreas | 72 | SUI | TV Oberglatt /smrun | 43:51 | +14:07 | 4:22 | 845 | M45: 25. |

10km SM Uster 2019

Ergebnisse

10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM | Rang | Nachname Vorname | Jg | Nat | Verein/Ort | Zeit | Abstand | min/k | Startnr | Altersklasse |
|------|------|-------------------|----|-----|---------------------------|--------------|---------|-------|---------|--------------|
| 284. | 344. | Molnar Peter | 74 | SUI | (Neftenbach) | 43:53 | +14:09 | 4:22 | 436 | M45: 24. |
| 285. | 345. | Hirschi Werner | 52 | SUI | LC Uzwil | 43:55 | +14:11 | 4:23 | 308 | M65: 5. |
| 286. | 346. | Zwinggi Uster | 66 | SUI | Stadtverwaltung Uster | 43:56 | +14:12 | 4:22 | 678 | M50: 33. |
| 287. | 347. | Renaud Matthias | 83 | SUI | (Lenzburg) | 44:05 | +14:21 | 4:23 | 493 | M35: 41. |
| 288. | 348. | Paine Anthony | 79 | SUI | (Berikon) | 44:13 | +14:29 | 4:24 | 471 | M40: 33. |
| 289. | 349. | Barp Eros | 68 | SUI | (Umiken) | 44:17 | +14:33 | 4:25 | 134 | M50: 34. |
| 290. | 350. | Fournier David | 69 | SUI | David Fournier challenges | 44:24 | +14:40 | 4:26 | 242 | M50: 35. |
| 291. | 351. | Wagner Elmar | 60 | SUI | (Hinteregg) | 44:25 | +14:41 | 4:25 | 693 | M55: 13. |
| 292. | 352. | Wyser Lars | 98 | SUI | Tempo Sport Thalwil | 44:27 | +14:43 | 4:26 | 661 | M: 157. |
| | 353. | Serra Aurelio | 73 | ITA | (Regensdorf) | 44:40 | +14:56 | 4:27 | 840 | M45: 26. |
| 293. | 354. | Grob Christian | 69 | SUI | smrun | 44:49 | +15:05 | 4:28 | 277 | M50: 36. |
| 294. | 355. | Willi Robert | 59 | SUI | (Wolfhausen) | 44:52 | +15:08 | 4:28 | 652 | M60: 11. |
| 295. | 356. | Rusch Stefan | 67 | SUI | (Wetzikon ZH) | 44:52 | +15:08 | 4:28 | 510 | M50: 37. |
| 296. | 357. | Koller Ivo | 80 | SUI | Polysportverein Zürich | 45:04 | +15:20 | 4:29 | 366 | M35: 42. |
| 297. | 358. | von Mering Tobias | 02 | SUI | TV Oerlikon | 45:06 | +15:22 | 4:30 | 836 | MJ U20: 33. |
| 298. | 359. | Rainer Harry | 70 | SUI | SC Nänikon | 45:07 | +15:23 | 4:29 | 489 | M45: 27. |
| 299. | 360. | Thoma Remo | 77 | SUI | LC Uster | 45:12 | +15:28 | 4:30 | 604 | M40: 34. |
| | 361. | Risbridger Ryan | 81 | GBR | (Dietlikon) | 45:13 | +15:29 | 4:30 | 502 | M35: 43. |
| 300. | 362. | Hurschler Hans | 64 | SUI | (Buonas) | 45:14 | +15:30 | 4:30 | 321 | M55: 14. |
| | 363. | L'Hôte Arnaud | 72 | FRA | TCZ | 45:15 | +15:31 | 4:31 | 857 | M45: 28. |
| 301. | 364. | Heer Marco | 94 | SUI | 1994 | 45:15 | +15:31 | 4:31 | 300 | M: 158. |
| 302. | 365. | Stoffel Roger | 62 | SUI | SC Visperterminen | 45:20 | +15:36 | 4:31 | 584 | M55: 15. |
| 303. | 366. | Fuchs Armin | 56 | SUI | LC Basel | 45:22 | +15:38 | 4:31 | 250 | M60: 12. |
| 304. | 367. | Kast Daniel | 80 | SUI | (Wetzikon ZH) | 45:24 | +15:40 | 4:31 | 848 | M35: 44. |
| 305. | 368. | Huber Edi | 55 | SUI | Laufräff Rappi-Jona | 45:27 | +15:43 | 4:31 | 812 | M60: 13. |
| 306. | 369. | Baumgartner Roger | 83 | SUI | (Uznach) | 45:33 | +15:49 | 4:32 | 137 | M35: 45. |
| 307. | 370. | Vogel Michael | 85 | SUI | (Winterthur) | 45:36 | +15:52 | 4:33 | 627 | M: 159. |
| 308. | 371. | Kuster Matthias | 60 | SUI | LAC TV Unterstrass | 45:49 | +16:05 | 4:34 | 378 | M55: 16. |
| | 372. | Peach Tom | 79 | GBR | (Uster) | 45:51 | +16:07 | 4:33 | 472 | M40: 35. |
| 309. | 373. | Reber Markus | 54 | SUI | STB | 45:51 | +16:07 | 4:34 | 839 | M65: 6. |
| 310. | 374. | Sekinger Bruno | 78 | SUI | LR-Wohlen / SMRUN | 46:05 | +16:21 | 4:35 | 560 | M40: 36. |
| 311. | 375. | Mengelt Daniel | 66 | SUI | (Affoltern am Albis) | 46:15 | +16:31 | 4:37 | 688 | M50: 39. |
| | 376. | Vispetri Toni | 79 | ITA | Tri Rebels | 46:17 | +16:33 | 4:37 | 849 | M40: 37. |
| | 377. | Senn Jürgen | 65 | GER | LG Hohenfels | 46:19 | +16:35 | 4:37 | 561 | M50: 40. |
| 312. | 378. | Freiburghaus René | 54 | SUI | All Blacks Thun | 46:20 | +16:36 | 4:37 | 244 | M65: 7. |
| 313. | 379. | Meyer Dirk | 68 | SUI | Cityrunning.ch | 46:22 | +16:38 | 4:36 | 431 | M50: 38. |
| 314. | 380. | Gassmann Peter | 49 | SUI | SMRUN | 46:31 | +16:47 | 4:38 | 258 | M70: 2. |
| 315. | 381. | Linder Markus | 55 | SUI | (Lungern OW) | 46:37 | +16:53 | 4:38 | 393 | M60: 14. |
| 316. | 382. | Stadelmann Thomas | 84 | SUI | KTV Wil LA | 46:46 | +17:02 | 4:39 | 692 | M35: 46. |
| 317. | 383. | Sutter Andi | 56 | SUI | LAC TV Unterstrass | 46:55 | +17:11 | 4:40 | 595 | M60: 15. |
| 318. | 384. | Vom Brocke Thomas | 68 | SUI | Emmenläufer Biberist | 46:55 | +17:11 | 4:40 | 861 | M50: 41. |
| 319. | 385. | Knobel Wilfried | 58 | SUI | TV Unterstrass | 47:03 | +17:19 | 4:41 | 850 | M60: 16. |
| 320. | 386. | Wirth Fredy | 49 | SUI | Run Fit Thurgau | 47:07 | +17:23 | 4:41 | 654 | M70: 3. |
| 321. | 387. | Dattrino Sergio | 47 | SUI | RC Bellinzona | 47:09 | +17:25 | 4:42 | 198 | M70: 4. |
| 322. | 388. | Guggisberg Willi | 53 | SUI | smrun | 47:16 | +17:32 | 4:42 | 285 | M65: 8. |
| | 389. | Seitz Jürg | 59 | GER | smrun | 47:37 | +17:53 | 4:44 | 559 | M60: 17. |
| 323. | 390. | Kieser Röne | 61 | SUI | SC Nänikon | 47:45 | +18:01 | 4:45 | 359 | M55: 17. |
| 324. | 391. | Gasser Patrick | 66 | SUI | (Nunningen) | 47:46 | +18:02 | 4:45 | 257 | M50: 42. |
| 325. | 392. | Mettler Paul | 59 | SUI | smrun | 47:48 | +18:04 | 4:46 | 429 | M60: 18. |

10km SM Uster 2019

Ergebnisse

10km SM 2019 Männlich

Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM | Rang | Nachname Vorname | Jg | Nat | Verein/Ort | Zeit | Abstand | min/k | Startnr | Altersklasse |
|------|------|--------------------------|----|-----|---------------------------|----------------|---------|-------|---------|--------------|
| 326. | 393. | Carluccio Nicola | 57 | SUI | LAC TV Unterstrass | 47:53 | +18:09 | 4:46 | 180 | M60: 19. |
| 327. | 394. | Merki Andreas | 98 | SUI | Herr | 48:05 | +18:21 | 4:48 | 426 | M: 160. |
| | 395. | Pfaff Konstantin | 02 | GER | EVO rennt | 48:13 | +18:29 | 4:48 | 474 | MJ U20: 34. |
| | 396. | Southam Christopher | 62 | GBR | (Küsnacht ZH) | 48:23 | +18:39 | 4:49 | 570 | M55: 18. |
| | 397. | Diamantopoulos Dionysios | 85 | GRE | (Thalwil) | 48:26 | +18:42 | 4:49 | 804 | M: 161. |
| 328. | 398. | Donatsch Daniel | 81 | SUI | (Zug) | 48:28 | +18:44 | 4:50 | 212 | M35: 47. |
| 329. | 399. | Spillmann Peter | 73 | SUI | (Dübendorf) | 48:36 | +18:52 | 4:50 | 572 | M45: 29. |
| 330. | 400. | Känzig Dario | 70 | SUI | YanOrlandiRun | 49:00 | +19:16 | 4:53 | 347 | M45: 30. |
| 331. | 401. | von Gunten Hans | 44 | SUI | smrun | 49:06 | +19:22 | 4:53 | 632 | M75: 1. |
| 332. | 402. | Maurer Urs | 54 | SUI | Lauftreff Spiez | 49:11 | +19:27 | 4:54 | 416 | M65: 9. |
| | 403. | Frasca Claudio | 76 | ITA | (Uster) | 49:14 | +19:30 | 4:54 | 837 | M40: 38. |
| | 404. | Roman Pascal | 72 | | (Bassersdorf) | 49:15 | +19:31 | 4:55 | 505 | M45: 31. |
| 333. | 405. | Jud Markus | 58 | SUI | LC Uster | 49:19 | +19:35 | 4:55 | 337 | M60: 20. |
| 334. | 406. | Rusterholz Marcel | 84 | SUI | (Hochfelden) | 49:20 | +19:36 | 4:54 | 511 | M35: 48. |
| 335. | 407. | Keigel Hansruedi | 45 | SUI | SMRUN | 49:20 | +19:36 | 4:55 | 352 | M70: 5. |
| 336. | 408. | Kundert Hanspeter | 44 | SUI | Lauftreff Thun/smrun | 49:25 | +19:41 | 4:55 | 373 | M75: 2. |
| 337. | 409. | Keller Christian | 72 | SUI | (Männedorf) | 49:28 | +19:44 | 4:55 | 355 | M45: 32. |
| 338. | 410. | Stricker René | 50 | SUI | sm run | 49:34 | +19:50 | 4:56 | 586 | M65: 10. |
| 339. | 411. | Scarcella Giovanni | 63 | SUI | SMRUN / LR Mosnang | 49:43 | +19:59 | 4:57 | 522 | M55: 19. |
| 340. | 412. | Henzen Hans | 58 | SUI | (Tübach) | 49:49 | +20:05 | 4:58 | 855 | M60: 21. |
| 341. | 413. | Marti Urs | 68 | SUI | Time Out Uster | 49:51 | +20:07 | 4:58 | 410 | M50: 43. |
| 342. | 414. | Decorvet Herbert | 66 | SUI | TV Bösinggen | 49:55 | +20:11 | 4:58 | 201 | M50: 44. |
| 343. | 415. | Andrist Bernhard | 46 | SUI | smrun | 50:02 | +20:18 | 4:59 | 121 | M70: 6. |
| 344. | 416. | Casutt Robert | 53 | SUI | (Grafstal) | 50:15 | +20:31 | 5:00 | 843 | M65: 11. |
| 345. | 417. | Chavaillaz Bernardin | 43 | SUI | SMRUN | 50:16 | +20:32 | 4:59 | 185 | M75: 3. |
| 346. | 418. | Schmidlin Moritz | 99 | SUI | Herr | 50:21 | +20:37 | 5:00 | 537 | M: 162. |
| 347. | 419. | Widmer Paul | 39 | SUI | smrun | 50:30 | +20:46 | 5:01 | 648 | M75: 4. |
| 348. | 420. | Fürst Roman | 87 | SUI | (Uster) | 50:36 | +20:52 | 5:02 | 253 | M: 163. |
| 349. | 421. | Gwerder Albin | 56 | SUI | Team Horseshoe | 50:51 | +21:07 | 5:04 | 288 | M60: 22. |
| 350. | 422. | Wyser Norbert | 56 | SUI | Tempo Sport Thalwil | 51:18 | +21:34 | 5:07 | 663 | M60: 23. |
| 351. | 423. | Zuber Ralf | 60 | SUI | SMRUN/LC UZWIL | 51:35 | +21:51 | 5:08 | 675 | M55: 20. |
| 352. | 424. | Wolfensperger Andy | 72 | SUI | SC Nänikon | 52:15 | +22:31 | 5:12 | 656 | M45: 33. |
| 353. | 425. | Marti Lenny | 03 | SUI | (Grüt (Gossau ZH)) | 52:21 | +22:37 | 5:13 | 406 | MJ U20: 35. |
| | 426. | Sablone Gregorio | 37 | ITA | SM Runners | 53:13 | +23:29 | 5:18 | 515 | M75: 5. |
| | 427. | Cernicchiaro Fabio | 69 | ITA | (Wetzikon ZH) | 54:01 | +24:17 | 5:23 | 183 | M50: 45. |
| 354. | 428. | Tomezzoli Carlo | 53 | SUI | LAC TV Unterstrass | 54:13 | +24:29 | 5:24 | 606 | M65: 12. |
| 355. | 429. | Rhyner Hans Kaspar | 44 | SUI | LAC TV Unterstrass, smrun | 54:14 | +24:30 | 5:24 | 499 | M75: 6. |
| | 430. | Tatransky Jake | 84 | SVK | (Zurich) | 54:44 | +25:00 | 5:27 | 600 | M35: 49. |
| | 431. | Sennett Carl | 65 | GBR | (Uster) | 55:10 | +25:26 | 5:29 | 842 | M50: 46. |
| 356. | 432. | Buser Franz | 63 | SUI | sm-run | 55:52 | +26:08 | 5:34 | 175 | M55: 21. |
| 357. | 433. | Egli Dominik | 86 | SUI | (Zürich) | 57:13 | +27:29 | 5:42 | 806 | M: 164. |
| 358. | 434. | Anderhalden Toni | 38 | SUI | SM RUN | 58:00 | +28:16 | 5:46 | 120 | M75: 7. |
| 359. | 435. | Gattlen Edward | 82 | SUI | (Zürich) | 58:09 | +28:25 | 5:47 | 810 | M35: 50. |
| 360. | 436. | Gerwer Armin | 47 | SUI | smrun | 59:02 | +29:18 | 5:53 | 266 | M70: 7. |
| 361. | 437. | Studhalter Franz | 44 | SUI | (Oberwil BL) | 59:03 | +29:19 | 5:52 | 588 | M75: 8. |
| 362. | 438. | Pfister Rolf | 57 | SUI | smrun | 59:49 | +30:05 | 5:57 | 475 | M60: 24. |
| 363. | 439. | Zuber Benno | 60 | SUI | (Randa) | 1:00:03 | +30:19 | 5:59 | 673 | M55: 22. |
| 364. | 440. | Glauser Ruedi | 45 | SUI | Lsg-Brugg | 1:03:23 | +33:39 | 6:19 | 270 | M70: 8. |
| | 441. | Nivola Gianpaolo | 66 | ITA | smrun | 1:06:42 | +36:58 | 6:38 | 457 | M50: 47. |

10km SM Uster 2019

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Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM | Rang | Nachname Vorname | Jg | Nat | Verein/Ort | Zeit | Abstand | min/k | Startnr | Altersklasse |
|------|------|------------------|----|-----|------------------------|----------------|---------|-------|---------|--------------|
| 365. | 442. | Trüssel Bruno | 44 | SUI | TV Niederhasli / smrun | 1:12:13 | +42:29 | 7:11 | 610 | M75: 9. |
| | 443. | Rofe Isak | 76 | ISR | (Zürich) | 1:16:35 | +46:51 | 7:38 | 822 | M40: 39. |

8000m

| | | | | | | |
|------|-----------------|----|-----|--------------|--------------|-----|
| 444. | Berthold Leon | 00 | SUI | TV Arlesheim | 26:36 | 148 |
| 445. | Günter Jonas | 00 | SUI | FSG Courroux | 27:19 | 286 |
| 446. | Mortier Stefan | 83 | SUI | LK Zug | 29:10 | 856 |
| 447. | Husseini Mesbah | 95 | AFG | Träffpunkt | 38:52 | 686 |

7646m

| | | | | | | |
|------|---------------|----|-----|--------------|--------------|-----|
| 448. | Cancela Anaël | 00 | SUI | Stade Genève | 25:56 | 802 |
| 449. | Kabis Erwin | 39 | SUI | smrun | 48:45 | 340 |

7144m

| | | | | | | |
|------|------------------|----|-----|------------------------|--------------|-----|
| 450. | Oliveira Narciso | 57 | SUI | FSG COLLONGE-BELLERIVE | 30:05 | 464 |
|------|------------------|----|-----|------------------------|--------------|-----|

5856m

| | | | | | | |
|------|-----------------|----|-----|----------------|--------------|-----|
| 451. | Cornillie Yves | 99 | SUI | LR Gettnau | 18:37 | 191 |
| 452. | Gossauer Jens | 93 | SUI | LC Uster | 18:44 | 274 |
| 453. | Wyss Colin | 95 | SUI | 1995 | 19:16 | 664 |
| 454. | Sackmann Julian | 97 | SUI | TG Hütten | 19:56 | 516 |
| 455. | Schweizer Ramon | 90 | SUI | LV Winterthur | 21:10 | 555 |
| 456. | Stübi Fabio | 00 | SUI | TV Zofingen LA | 21:12 | 587 |
| 457. | Bühler Jürg | 55 | SUI | smrun | 24:42 | 174 |
| 458. | Fuchs Raphael | 84 | SUI | LC Basel | 26:05 | 808 |
| 459. | Huber Erwin | 41 | | smrun | 43:16 | 315 |

5000m

| | | | | | | |
|------|---------------------|----|-----|--------------------|--------------|-----|
| 460. | Stauffer Christophe | 71 | SUI | CEP Cortaillod | 15:45 | 579 |
| 461. | Melo Artur | 96 | SUI | TG Hütten | 17:14 | 422 |
| 462. | Albuquerque Bruno | 82 | SUI | La Côte Runners | 18:12 | 110 |
| 463. | Greenwood Tony | 57 | GBR | Blackburn Harriers | 19:52 | 276 |
| 464. | Wopmann Marco | 87 | SUI | (Möhlin) | 20:30 | 826 |
| 465. | Ulrich Josef | 65 | SUI | (Luzern) | 20:50 | 869 |
| 466. | Dolce Rocco | 62 | SUI | FSG Courroux | 21:15 | 211 |

3712m

| | | | | | | |
|------|-----------------|----|-----|----------------------------|--------------|-----|
| 467. | Furui Binyam | 98 | ERI | STB | 11:25 | 682 |
| 468. | Kölle Bjarne | 99 | SUI | Leichtathletik Club Zürich | 11:40 | 364 |
| 469. | Sium Tedros | 00 | ERI | TV Riehen | 12:32 | 567 |
| 470. | Föhn Sigi | 60 | SUI | LC Meilen / smrun | 13:33 | 236 |
| 471. | Kocher Benjamin | 86 | SUI | VC Hittnau | 14:22 | 816 |
| 472. | Keehnen Stefan | 83 | SUI | LAC TV Unterstrass | 14:23 | 350 |
| 473. | Dayer Nicolas | 92 | SUI | (Lausanne) | 15:32 | 199 |
| 474. | Ernst René | 60 | SUI | LC Basel | 15:37 | 224 |
| 475. | Frieros Santos | 76 | ESP | (Uster) | 18:36 | 248 |

10km SM Uster 2019

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Wertung und Rangierung erfolgen nach der Bruttozeit (ab Startschuss)

| SM | Rang | Nachname Vorname | Jg | Nat | Verein/Ort | Zeit | Abstand | min/k | Startnr | Altersklasse |
|--------------|------|---------------------|----|-----|----------------------------|--------------|---------|-------|---------|--------------|
| 3357m | | | | | | | | | | |
| | 476. | Cortez Fernando | 64 | SUI | FSG COLLONGE-BELLERIVE | 12:11 | | | 192 | |
| | 477. | Gygax Martin | 53 | SUI | smrun | 16:26 | | | 289 | |
| | 478. | Graf Rolf | 60 | SUI | sitzstudio.ch / smrun | 17:07 | | | 275 | |
| 2856m | | | | | | | | | | |
| | 479. | Bucher Pascal | 89 | SUI | LC Regensdorf | 09:25 | | | 172 | |
| 0354m | | | | | | | | | | |
| | 480. | Leimgruber Jörg | 63 | SUI | Smrun | 01:56 | | | 389 | |
| DNS | | | | | | | | | | |
| | | Bohren Yves | 75 | SUI | LAC TV Unterstrass | | | | 161 | |
| | | Eggenberger Michael | 77 | SUI | Schaad Nordic Sports | | | | 216 | |
| | | Eicher Beni | 77 | SUI | (Grenchen) | | | | 218 | |
| | | Fleury Julien | 89 | SUI | Passion Running | | | | 233 | |
| | | Fölmlli Angus | 96 | SUI | TSV 2001 Rotkreuz | | | | 238 | |
| | | Frisenda Marco | 74 | SUI | (Tübach) | | | | 249 | |
| | | Gomez Jose | 87 | ESP | (Uzwil) | | | | 273 | |
| | | Grüniger Yves | 87 | SUI | (Wolfhausen) | | | | 282 | |
| | | Hegner Daniel | 00 | SUI | LG TSV Galgenen | | | | 301 | |
| | | Hegner Norbert | 65 | SUI | LG TSV Galgenen | | | | 302 | |
| | | Hochuli Jan | 95 | SUI | (Adetswil) | | | | 309 | |
| | | Hofstetter Mauricio | 80 | SUI | (Oensingen) | | | | 311 | |
| | | Joos Ulisses | 85 | SUI | BTV Chur | | | | 335 | |
| | | Kaiser Fabien | 02 | SUI | STB Leichtathletik | | | | 342 | |
| | | Kürt Matthias | 81 | SUI | TV Oerlikon | | | | 376 | |
| | | Lüscher Romain | 96 | SUI | Lausanne-Sport Athlétisme | | | | 398 | |
| | | Lüthi Heinz | 64 | SUI | LC Uster | | | | 401 | |
| | | Meier Kurt | 49 | SUI | Swiss Masters Running | | | | 418 | |
| | | Müller Benjamin | 91 | SUI | skinfitcrew / OL Regio Wil | | | | 449 | |
| | | Neuser Sam | 85 | LUX | TV Oerlikon | | | | 454 | |
| | | Reich Dominik | 98 | SUI | LC Regensdorf | | | | 492 | |
| | | Rutz Michael | 77 | SUI | (Schmerikon) | | | | 514 | |
| | | Samà Marco | 75 | SUI | (Rüti) | | | | 520 | |
| | | Schneider Jürgen | 45 | SUI | swiss masters running | | | | 540 | |
| | | Schneider Pascal | 99 | SUI | LAR Bischofszell | | | | 542 | |
| | | Wernli Erwin | 57 | SUI | Lsg Brugg | | | | 644 | |
| | | Zaruba Fabian | 99 | SUI | (Uitikon Waldegg) | | | | 667 | |
| | | Zbinden Patrick | 96 | SUI | LC Brühl Leichtathletik | | | | 668 | |

#508 Teilnehmende