

37. Schweizer Frauenlauf 2023

Ergebnisse

Running 5 km W30

| Rang | Name | Jg | Ort | Gruppe/Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|----------------------|----|-------------------|----------------------|--------------|---------|--------|---------|---------|
| 1. | Schlumpf Fabienne | 90 | Wetzikon | TG Hütten | 16:36 | -- | 3:19 | 1 | 3. |
| 2. | Vonlanthen Fabienne | 93 | Basadingen | LC Schaffhausen | 17:50 | +1:14 | 3:33 | 8 | 8. |
| 3. | Feyssa Meskerem | 91 | Aethiopien | Fredrala M | 18:01 | +1:25 | 3:36 | 10 | 10. |
| 4. | Schläpfer Andrina | 93 | Ittigen | | 18:02 | +1:26 | 3:36 | 18 | 11. |
| 5. | Mader Stefanie | 90 | Bern | | 20:12 | +3:36 | 4:02 | 21084 | 26. |
| 6. | Schwager Natalie | 91 | Hergiswil NW | | 20:27 | +3:51 | 4:05 | 59435 | 27. |
| 7. | Wortmann Esther | 93 | Ebnat-Kappel | | 21:44 | +5:08 | 4:20 | 21197 | 47. |
| 8. | Schnüriger Jeanine | 89 | Einsiedeln | trail-maniacs | 21:45 | +5:09 | 4:20 | 21112 | 48. |
| 9. | Kurz Ingrid | 91 | Bern | | 22:33 | +5:57 | 4:30 | 21074 | 68. |
| 10. | Pürro Jasmin | 91 | Ennetbürgen | Generali THSN | 22:39 | +6:03 | 4:31 | 21096 | 72. |
| 11. | Braun Rahel | 89 | Bern | | 22:42 | +6:06 | 4:32 | 21017 | 75. |
| 12. | Meili Aline | 92 | Jona | Trizo | 22:55 | +6:19 | 4:34 | 21176 | 84. |
| 13. | Mae Lisa Alessia | 93 | Zürich | | 23:18 | +6:42 | 4:39 | 21173 | 94. |
| 14. | Bruggmann Eva | 92 | Langnau i. E. | OS Pestalozzi | 23:24 | +6:48 | 4:40 | 25046 | 98. |
| 15. | Hartmann Nathalie | 91 | Eggenwil | TV Oerlikon | 23:48 | +7:12 | 4:45 | 21050 | 106. |
| 16. | Mekacher Stephanie | 91 | Bern | | 24:37 | +8:01 | 4:55 | 23151 | 150. |
| 17. | Brogli Stefanie | 91 | Buchs AG | | 24:49 | +8:13 | 4:57 | 21019 | 161. |
| 18. | Jäger Barbara | 89 | Buchs SG | Cicor Group | 25:28 | +8:52 | 5:05 | 21001 | 213. |
| 19. | Kasper Ursina | 90 | St. Gallen | | 25:36 | +9:00 | 5:07 | 21065 | 222. |
| 20. | Schärer Ronja | 91 | Sumiswald | | 25:40 | +9:04 | 5:07 | 23322 | 230. |
| 21. | Zwahlen Sarah | 93 | Münchenbuchsee | | 25:46 | +9:10 | 5:09 | 21199 | 241. |
| 22. | Antal Bernadett | 91 | Küsnacht ZH | | 25:47 | +9:11 | 5:09 | 59337 | 243. |
| 23. | Fiechter Roberta | 89 | Heimberg | fitmitroberta | 25:56 | +9:20 | 5:11 | 23070 | 251. |
| 24. | Bartolozzi Stéphanie | 91 | Brig | | 26:10 | +9:34 | 5:13 | 21150 | 279. |
| 25. | Jutzi Rebecca | 93 | Münsingen | | 26:17 | +9:41 | 5:15 | 25261 | 292. |
| 26. | Nocco Julia | 90 | Ittigen | | 26:26 | +9:50 | 5:17 | 25271 | 304. |
| 27. | Amacker Natalie | 93 | Mels | | 26:26 | +9:50 | 5:17 | 25093 | 306. |
| 28. | Müller Noemi | 92 | Kloten | | 26:26 | +9:50 | 5:17 | 25165 | 308. |
| 29. | Orellana Rocio | 92 | Winterthur | Fondation ART-THE... | 26:31 | +9:55 | 5:18 | 21145 | 313. |
| 30. | Keller Tanja | 89 | Aeschi b. Spiez | | 26:36 | +10:00 | 5:19 | 21067 | 320. |
| 31. | Wyss Clara | 92 | Bern | | 26:51 | +10:15 | 5:22 | 27192 | 342. |
| 32. | Valeri Mila | 93 | Grosshöchstetten | | 26:54 | +10:18 | 5:22 | 23233 | 348. |
| 33. | Rumo Michèle | 91 | Münsingen | | 26:56 | +10:20 | 5:23 | 26274 | 354. |
| 34. | Valeriano Jazmin | 93 | Worblaufen | | 26:56 | +10:20 | 5:23 | 23234 | 355. |
| 35. | Villiger Nicole | 92 | Luzern | Fondation ART-THE... | 26:56 | +10:20 | 5:23 | 21147 | 356. |
| 36. | Bisig Andrea | 91 | Trachslau | | 27:05 | +10:29 | 5:24 | 23031 | 379. |
| 37. | Olden Theresa | 90 | Chexbres | | 27:12 | +10:36 | 5:26 | 23167 | 393. |
| 38. | Aeschbacher Vanessa | 93 | Reinach BL | | 27:12 | +10:36 | 5:26 | 23011 | 395. |
| 39. | Stettler Sloane | 92 | La Chaux-de-Fonds | | 27:13 | +10:37 | 5:26 | 59375 | 397. |
| 40. | Räss Sarah | 91 | Bern | Ypsomed | 27:18 | +10:42 | 5:27 | 59319 | 405. |
| 41. | Stoffel Corinne | 92 | Zürich | | 27:19 | +10:43 | 5:27 | 23225 | 409. |
| 42. | Hürlimann Stefanie | 90 | Neuendorf | | 27:21 | +10:45 | 5:28 | 22055 | 415. |
| 43. | Bichsel Michèle | 90 | Solothurn | | 27:22 | +10:46 | 5:28 | 23258 | 419. |
| 44. | Frey Nicole | 90 | Aarburg | | 27:27 | +10:51 | 5:29 | 25117 | 435. |
| 45. | Walther Tamara | 90 | Neuenhof | | 27:27 | +10:51 | 5:29 | 23240 | 436. |
| 46. | Fierz Ronja | 93 | Männedorf | | 27:50 | +11:14 | 5:33 | 22037 | 504. |
| 47. | Egger Laura | 91 | Bern | | 27:51 | +11:15 | 5:34 | 59381 | 508. |
| 48. | Capuano Jessica | 92 | Liebefeld | | 27:52 | +11:16 | 5:34 | 27065 | 510. |
| 49. | Steffen Brigitte | 90 | Toffen | TV Gerzensee | 27:52 | +11:16 | 5:34 | 23221 | 512. |
| 50. | Müllener Sandra | 90 | Feutersoey | | 27:55 | +11:19 | 5:34 | 26249 | 523. |

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Ergebnisse

Running 5 km W30

| Rang | Name | Jg | Ort | Gruppe/Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|--------------------------|----|--------------------|------------------------|--------------|---------|--------|---------|---------|
| 51. | Buchs Iris | 93 | Lenk im Simmental | | 27:57 | +11:21 | 5:35 | 23041 | 530. |
| 52. | Metzger Anja | 92 | Schlieren | | 28:02 | +11:26 | 5:36 | 59356 | 546. |
| 53. | Aebi Nora | 91 | Trey | Club Soroptimist Br... | 28:02 | +11:26 | 5:36 | 26341 | 548. |
| 54. | Aebischer Jasmine | 91 | Bern | Rüschegg Heubach | 28:14 | +11:38 | 5:38 | 29016 | 573. |
| 55. | Böll Rebecca | 90 | Stetten AG | | 28:18 | +11:42 | 5:39 | 23032 | 581. |
| 56. | Quintus Anita Diana | 93 | Liebefeld | | 28:36 | +12:00 | 5:43 | 26263 | 632. |
| 57. | Schneider Livia | 92 | Frick | | 28:41 | +12:05 | 5:44 | 24229 | 650. |
| 58. | Chappuis Elise | 89 | Collombey | | 28:43 | +12:07 | 5:44 | 59595 | 658. |
| 59. | Meyer Lisa | 93 | Zweisimmen | | 28:47 | +12:11 | 5:45 | 25159 | 672. |
| 60. | Sejk Nicole | 90 | Spiegel b. Bern | FDP Frauen Bern | 28:48 | +12:12 | 5:45 | 28013 | 674. |
| 61. | Schweighoffer Reka | 92 | Basel | | 28:51 | +12:15 | 5:46 | 23211 | 691. |
| 62. | Balmer Meret | 93 | Bern | | 28:56 | +12:20 | 5:47 | 23022 | 707. |
| 63. | Franz Carmen | 91 | Aesch BL | | 28:57 | +12:21 | 5:47 | 27083 | 708. |
| 64. | Menezes Sofia | 89 | Marin-Epagnier | | 29:06 | +12:30 | 5:49 | 26242 | 740. |
| 65. | Hunkeler Priska | 90 | Sins | Fondation ART-THE... | 29:11 | +12:35 | 5:50 | 24311 | 754. |
| 66. | Balmer Alin | 91 | Samedan | | 29:14 | +12:38 | 5:50 | 23020 | 768. |
| 67. | Grossenbacher Barbara | 89 | Langenthal | | 29:19 | +12:43 | 5:51 | 22045 | 781. |
| 68. | Neuhaus Leina | 89 | Heimberg | | 29:33 | +12:57 | 5:54 | 27140 | 823. |
| 69. | Fischer-Schläfli Sarah | 91 | Egerkingen | | 29:37 | +13:01 | 5:55 | 23267 | 839. |
| 70. | Arcari Lara | 92 | Zürich | Pacemakers | 29:43 | +13:07 | 5:56 | 501 | 865. |
| 71. | Cano Caceres Maria Renee | 89 | Stettlen | | 29:46 | +13:10 | 5:57 | 25107 | 875. |
| 72. | Jörg Sandra | 91 | Zuchwil | | 29:50 | +13:14 | 5:57 | 23291 | 890. |
| 73. | Buser Nathalie | 89 | Bern | LCA Bärn | 29:51 | +13:15 | 5:58 | 25105 | 893. |
| 74. | Zahler Antoinette | 89 | Süderen | | 29:51 | +13:15 | 5:58 | 26334 | 895. |
| 75. | Abukar Asra | 93 | Biel/Bienne | | 29:52 | +13:16 | 5:58 | 29208 | 900. |
| 76. | Haudenschild Meret | 93 | Bern | Museumsquartier Be... | 30:01 | +13:25 | 6:00 | 23005 | 932. |
| 77. | Meier Andrea | 91 | Aarau Rohr | | 30:02 | +13:26 | 6:00 | 23147 | 934. |
| 78. | von Flüe Sandra | 91 | Bern | | 30:02 | +13:26 | 6:00 | 29301 | 939. |
| 79. | Bock Laura | 89 | Mühleberg | | 30:04 | +13:28 | 6:00 | 27048 | 945. |
| 80. | Dimou Maria | 90 | Bern | | 30:05 | +13:29 | 6:00 | 59378 | 948. |
| 81. | Roth Angela | 89 | Bern | | 30:05 | +13:29 | 6:00 | 27153 | 949. |
| 82. | Aus der Au Jeannette | 91 | Weinfelden | | 30:10 | +13:34 | 6:01 | 23019 | 968. |
| 83. | Siegenthaler Mirjam | 90 | Wichtrach | | 30:10 | +13:34 | 6:01 | 23217 | 970. |
| 84. | Besmer Paula | 91 | Dietikon | | 30:12 | +13:36 | 6:02 | 23029 | 979. |
| 85. | Schwab Rebekka | 91 | Busswil BE | | 30:13 | +13:37 | 6:02 | 24341 | 988. |
| 86. | Winterhalder Isabelle | 89 | Bremgarten b. Bern | | 30:13 | +13:37 | 6:02 | 29309 | 989. |
| 87. | Lehmann Rahel | 91 | Schnottwil | Ypsomed | 30:14 | +13:38 | 6:02 | 59393 | 991. |
| 88. | Spillmann Jennifer | 93 | Mellingen | | 30:16 | +13:40 | 6:03 | 59387 | 1001. |
| 89. | Graff Anna-Lucia | 90 | Bern | | 30:17 | +13:41 | 6:03 | 59388 | 1004. |
| 90. | Neuenschwander Marina | 91 | Reinach BL | | 30:22 | +13:46 | 6:04 | 24191 | 1017. |
| 91. | Oberli Daniela | 90 | Hinterkappelen | | 30:25 | +13:49 | 6:04 | 28217 | 1029. |
| 92. | Kocher Juliane | 92 | Biel/Bienne | | 30:26 | +13:50 | 6:05 | 25263 | 1031. |
| 93. | Anner Sarah | 91 | Frauenfeld | | 30:35 | +13:59 | 6:06 | 23014 | 1058. |
| 94. | Spiess Ursula | 91 | Bern | | 30:37 | +14:01 | 6:07 | 28283 | 1065. |
| 95. | Hunziker Daniela | 92 | Wangen b. Olten | | 30:38 | +14:02 | 6:07 | 24129 | 1066. |
| 96. | Jutzi Stefanie | 93 | Obergoldbach | | 30:40 | +14:04 | 6:07 | 27109 | 1077. |
| 97. | Cantin Laetitia | 89 | Dompierre | | 30:43 | +14:07 | 6:08 | 26149 | 1093. |
| 98. | Jansson Kristina | 89 | Brügg BE | | 30:47 | +14:11 | 6:09 | 24137 | 1107. |
| 99. | Cogliati Elisabetta | 93 | Bern | | 30:55 | +14:19 | 6:10 | 27069 | 1140. |
| 100. | Villiger Stefanie | 92 | Auw | Fondation ART-THE... | 30:59 | +14:23 | 6:11 | 24312 | 1158. |

37. Schweizer Frauenlauf 2023

Ergebnisse

Running 5 km W30

| Rang | Name | Jg | Ort | Gruppe/Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|----------------------------|----|-------------------|-------------------------|--------------|---------|--------|---------|---------|
| 101. | Russo Michela | 89 | Chézard-St-Martin | | 31:02 | +14:26 | 6:12 | 26277 | 1173. |
| 102. | Riedi Jacqueline | 93 | Bern | | 31:03 | +14:27 | 6:12 | 59599 | 1174. |
| 103. | Moser Nicole | 89 | Signau | | 31:08 | +14:32 | 6:13 | 26248 | 1197. |
| 104. | Loat Simone | 90 | Kandersteg | | 31:10 | +14:34 | 6:13 | 24328 | 1202. |
| 105. | Moret Fabienne | 92 | Solothurn | | 31:16 | +14:40 | 6:15 | 23311 | 1233. |
| 106. | Siegenthaler Irina | 89 | Mühleberg | Mrs.Sporty Bern Brei... | 31:16 | +14:40 | 6:15 | 24344 | 1235. |
| 107. | Charbonney Virginie | 90 | Corcelles-Payerne | | 31:23 | +14:47 | 6:16 | 26152 | 1252. |
| 108. | Joray Aline | 89 | Ittigen | | 31:32 | +14:56 | 6:18 | 30073 | 1284. |
| 109. | Bernardino Fernandes Mi... | 91 | Châtelaine | | 31:45 | +15:09 | 6:20 | 28051 | 1337. |
| 110. | Schmid Sibille | 90 | Bern | | 31:46 | +15:10 | 6:21 | 23203 | 1344. |
| 111. | Fritsche Lara | 91 | Zürich | | 31:47 | +15:11 | 6:21 | 25119 | 1347. |
| 112. | Grossrieder Marie-Louise | 90 | Bern | | 31:49 | +15:13 | 6:21 | 10065 | 1354. |
| 113. | Saner Nathalie | 93 | Hägendorf | | 31:50 | +15:14 | 6:21 | 28260 | 1356. |
| 114. | Marti Jana Jenny | 91 | Basel | | 31:52 | +15:16 | 6:22 | 23145 | 1364. |
| 115. | Bieri Mirjam | 92 | Bern | | 32:02 | +15:26 | 6:24 | 29051 | 1390. |
| 116. | Stäger Isabel | 91 | Unterseen | | 32:05 | +15:29 | 6:24 | 28286 | 1406. |
| 117. | Schwarz Eva | 92 | Bern | | 32:05 | +15:29 | 6:24 | 59399 | 1408. |
| 118. | Maurer Miriam | 89 | Mülchi | | 32:18 | +15:42 | 6:27 | 24329 | 1453. |
| 119. | Vonarburg Jasmin | 91 | Felsberg | | 32:20 | +15:44 | 6:27 | 27180 | 1464. |
| 120. | Soria Adeline | 93 | Saignelégier | | 32:21 | +15:45 | 6:28 | 31321 | 1470. |
| 121. | Trachsel Belinda | 93 | Boswil | | 32:32 | +15:56 | 6:30 | 28305 | 1510. |
| 122. | Lerch Nina Malika | 90 | Liebefeld | | 32:32 | +15:56 | 6:30 | 24166 | 1511. |
| 123. | Tschopp-Eiriz Sofia | 91 | Seltisberg | | 32:34 | +15:58 | 6:30 | 29191 | 1523. |
| 124. | Hofmann Elena | 92 | Bern | | 32:38 | +16:02 | 6:31 | 26192 | 1544. |
| 125. | Wist Sophie | 90 | Bern | | 32:39 | +16:03 | 6:31 | 24294 | 1546. |
| 126. | Bertschy Valérie | 91 | Belp | | 32:40 | +16:04 | 6:31 | 27207 | 1548. |
| 127. | Vekic Jasmina | 89 | Nidau | | 32:40 | +16:04 | 6:31 | 28313 | 1550. |
| 128. | Stoffel Rahel | 91 | Bern | | 32:41 | +16:05 | 6:32 | 28289 | 1552. |
| 129. | Dermont Riccarda | 92 | Einsiedeln | | 32:45 | +16:09 | 6:32 | 29230 | 1570. |
| 130. | Sunic Matea | 92 | Bern | | 32:51 | +16:15 | 6:34 | 26305 | 1587. |
| 131. | Zaccagnino Marie | 90 | Bern | | 32:58 | +16:22 | 6:35 | 26333 | 1611. |
| 132. | Joho Katrin | 89 | Bern | | 33:01 | +16:25 | 6:36 | 25138 | 1626. |
| 133. | Hofer Simona | 92 | Bern | | 33:02 | +16:26 | 6:36 | 24122 | 1631. |
| 134. | Schmuki Franziska | 91 | Bern | | 33:09 | +16:33 | 6:37 | 27294 | 1660. |
| 135. | Feller Daniela | 91 | Ostermundigen | FDP Frauen Bern | 33:16 | +16:40 | 6:39 | 28009 | 1690. |
| 136. | Peter Debora | 93 | Oensingen | | 33:18 | +16:42 | 6:39 | 28232 | 1695. |
| 137. | Etienne Caroline | 91 | Cornol | | 33:26 | +16:50 | 6:41 | 27077 | 1709. |
| 138. | Schumacher Nina | 92 | Lyss | | 33:29 | +16:53 | 6:41 | 24233 | 1718. |
| 139. | Walker Jennifer | 92 | Niederwangen | | 33:36 | +17:00 | 6:43 | 25201 | 1739. |
| 140. | Weber Lea | 90 | Bern | | 33:38 | +17:02 | 6:43 | 24283 | 1748. |
| 141. | Custer Nicole | 90 | Liebefeld | | 33:38 | +17:02 | 6:43 | 28087 | 1754. |
| 142. | Gassmann Anja | 92 | Obernau | | 33:48 | +17:12 | 6:45 | 28112 | 1779. |
| 143. | Käser Julia | 93 | Biel/Bienne | | 33:51 | +17:15 | 6:46 | 26211 | 1785. |
| 144. | Balmer Thalita | 93 | Biel | | 33:51 | +17:15 | 6:46 | 26128 | 1786. |
| 145. | Morandi Rachel | 89 | Léchelles | | 33:59 | +17:23 | 6:47 | 25161 | 1807. |
| 146. | Akker Vénice | 93 | Bern | | 34:00 | +17:24 | 6:47 | 31048 | 1808. |
| 147. | Hogervorst Jeanet | 92 | Bern | | 34:00 | +17:24 | 6:47 | 31128 | 1809. |
| 148. | Uhlmann Anja | 89 | Bern | | 34:02 | +17:26 | 6:48 | 30158 | 1819. |
| 149. | Chatagny Marie | 91 | La Roche FR | | 34:26 | +17:50 | 6:53 | 28081 | 1893. |
| 150. | Edelmann Angelika | 90 | Münchenbuchsee | OS Pestalozzi | 34:33 | +17:57 | 6:54 | 25049 | 1913. |

37. Schweizer Frauenlauf 2023

Ergebnisse

Running 5 km W30

| Rang | Name | Jg | Ort | Gruppe/Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|-----------------------|----|--------------------|----------------------|--------------|---------|--------|---------|---------|
| 151. | Maurer Ramona | 89 | Wattenwil | | 34:43 | +18:07 | 6:56 | 30099 | 1947. |
| 152. | Scheiwiler Anna | 89 | Bern | | 35:04 | +18:28 | 7:00 | 30125 | 2008. |
| 153. | Piaget-Rossel Lamia | 92 | Neuchâtel | | 35:10 | +18:34 | 7:01 | 28235 | 2022. |
| 154. | Dörig Laura | 90 | St. Gallen | | 35:12 | +18:36 | 7:02 | 26160 | 2038. |
| 155. | Cuzzucoli Milena | 90 | Bern | | 35:25 | +18:49 | 7:04 | 27071 | 2067. |
| 156. | Egger Irina | 92 | Prilly | | 35:25 | +18:49 | 7:04 | 59360 | 2072. |
| 157. | Berger Tamara | 91 | Konolfingen | | 35:28 | +18:52 | 7:05 | 30182 | 2077. |
| 158. | Kunz Melanie | 89 | Zofingen | | 35:33 | +18:57 | 7:06 | 29120 | 2100. |
| 159. | Schenk Cindy | 91 | Bern | | 35:34 | +18:58 | 7:06 | 29277 | 2108. |
| 160. | Tschirren Mélodie | 89 | Loveresse | | 35:35 | +18:59 | 7:06 | 31246 | 2111. |
| 161. | Wilhelm Julia | 93 | Bönigen | | 35:37 | +19:01 | 7:07 | 28335 | 2119. |
| 162. | Amez-Droz Agnès | 89 | Bottens | | 35:44 | +19:08 | 7:08 | 29211 | 2137. |
| 163. | Römer Nigina | 93 | Lyss | | 35:47 | +19:11 | 7:09 | 29160 | 2140. |
| 164. | Karpowska Dagmara | 90 | Horgen | | 35:50 | +19:14 | 7:09 | 31138 | 2153. |
| 165. | Beck Anina | 90 | Thörigen | | 35:51 | +19:15 | 7:10 | 30181 | 2155. |
| 166. | Ingold Alexandra | 91 | Krauchthal | | 35:55 | +19:19 | 7:10 | 29106 | 2161. |
| 167. | Freiburghaus Carole | 91 | Köniz | | 36:09 | +19:33 | 7:13 | 30044 | 2207. |
| 168. | Schneider Mirjam | 90 | Brig | | 36:10 | +19:34 | 7:13 | 24230 | 2209. |
| 169. | Giroud Fiona | 90 | Fribourg | | 36:17 | +19:41 | 7:15 | 28119 | 2226. |
| 170. | Liechti Eveline | 89 | Schwanden i. E. | | 36:22 | +19:46 | 7:16 | 29129 | 2242. |
| 171. | Dick Alexandra | 90 | Embd | | 36:25 | +19:49 | 7:16 | 31289 | 2253. |
| 172. | Brunner Mirja | 92 | Muri b. Bern | | 36:25 | +19:49 | 7:16 | 31074 | 2256. |
| 173. | Gwerder-Waber Martina | 91 | Muotathal | | 36:30 | +19:54 | 7:17 | 26187 | 2267. |
| 174. | Deubelbeiss Salome | 89 | Teufenthal AG | | 36:40 | +20:04 | 7:19 | 31288 | 2284. |
| 175. | Liechti Nadine | 90 | Schwarzenburg | | 36:41 | +20:05 | 7:20 | 30091 | 2285. |
| 176. | Büttiker Stephanie | 89 | Pfaffnau | | 36:47 | +20:11 | 7:21 | 25106 | 2300. |
| 177. | Wenger Sandra | 91 | Liebefeld | | 36:51 | +20:15 | 7:22 | 29305 | 2305. |
| 178. | Dörig Kathrin | 92 | Winterthur | | 36:51 | +20:15 | 7:22 | 26159 | 2306. |
| 179. | Frei Stephanie | 91 | Wabern | | 36:51 | +20:15 | 7:22 | 59494 | 2309. |
| 180. | Ackermann Miriam | 90 | Wabern | | 36:54 | +20:18 | 7:22 | 30179 | 2314. |
| 181. | Torti Aline | 93 | Rebeuvelier | | 37:09 | +20:33 | 7:25 | 24254 | 2341. |
| 182. | Höhener Stefanie | 91 | Bern | | 37:10 | +20:34 | 7:25 | 30068 | 2342. |
| 183. | Andrade Maria | 91 | Zürich | Adidas Runners Zü... | 37:18 | +20:42 | 7:27 | 59476 | 2359. |
| 184. | Oberli Cornelia | 89 | Wichtrach | | 37:18 | +20:42 | 7:27 | 27142 | 2361. |
| 185. | Petoletti Charlotte | 93 | Dangio | | 37:25 | +20:49 | 7:28 | 26260 | 2370. |
| 186. | Scherrer Samantha | 90 | Widen | | 37:28 | +20:52 | 7:29 | 26281 | 2379. |
| 187. | Weber Katharina | 92 | Bern | | 37:29 | +20:53 | 7:29 | 21135 | 2382. |
| 188. | Tondo Shirin | 89 | Ennenda | | 37:29 | +20:53 | 7:29 | 30153 | 2388. |
| 189. | Frey Sarah | 91 | Solothurn | | 37:36 | +21:00 | 7:31 | 30045 | 2411. |
| 190. | Poschung Beatrice | 90 | Zweisimmen | | 37:41 | +21:05 | 7:32 | 31186 | 2425. |
| 191. | Grieder Katrin | 92 | Stilli | DTV Mandach | 37:42 | +21:06 | 7:32 | 28001 | 2426. |
| 192. | Jaccard-D'Avola Manon | 92 | Thun | | 37:50 | +21:14 | 7:33 | 21058 | 2443. |
| 193. | Meisser Fabia | 93 | Bern | | 37:52 | +21:16 | 7:34 | 30102 | 2444. |
| 194. | Widmer Natalie | 92 | Biel/Bienne | | 38:01 | +21:25 | 7:36 | 31256 | 2459. |
| 195. | Knöri Anita | 92 | Matten(St.Stephan) | | 38:14 | +21:38 | 7:38 | 24326 | 2473. |
| 196. | Hediger Svenia | 93 | Kerzers | | 38:33 | +21:57 | 7:42 | 30059 | 2492. |
| 197. | Giulsum Albertovna | 91 | Bern | | 38:38 | +22:02 | 7:43 | 59418 | 2497. |
| 198. | Roth-Wölfli Mirjam | 92 | Kölliken | | 38:43 | +22:07 | 7:44 | 29161 | 2506. |
| 199. | Walther Bianca | 92 | Bern | | 38:45 | +22:09 | 7:44 | 31324 | 2509. |
| 200. | Roth Daniela | 91 | Frenkendorf | | 38:54 | +22:18 | 7:46 | 28249 | 2528. |

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Ergebnisse

Running 5 km W30

| Rang | Name | Jg | Ort | Gruppe/Verein | Zeit | Abstand | min/km | Startnr | Overall |
|------|----------------------|----|-----------------|------------------------|--------------|---------|--------|---------|---------|
| 201. | Cordey Cecile | 92 | Wabern | | 39:14 | +22:38 | 7:50 | 30033 | 2550. |
| 202. | Hiltbrunner Annatina | 89 | Bern | | 39:14 | +22:38 | 7:50 | 30065 | 2551. |
| 203. | Häubi Sandra | 93 | Niederwangen BE | GS-EJPD Frauenpow... | 39:30 | +22:54 | 7:53 | 29006 | 2567. |
| 204. | Graf Mirjam | 91 | Bern | Flexoffice Ladies | 39:33 | +22:57 | 7:54 | 29003 | 2570. |
| 205. | Asghar Sobia | 93 | Fribourg | FBBG | 39:38 | +23:02 | 7:55 | 24015 | 2574. |
| 206. | Fringeli Daniela | 90 | Oberentfelden | | 39:46 | +23:10 | 7:57 | 21159 | 2585. |
| 207. | Mannino Sarah | 93 | St-Blaise | Cicor Group | 40:00 | +23:24 | 7:59 | 26004 | 2593. |
| 208. | Bekri Asli | 91 | Bettlach | | 40:46 | +24:10 | 8:09 | 59447 | 2620. |
| 209. | Küng Jasmin | 93 | Eschenbach SG | | 41:48 | +25:12 | 8:21 | 31144 | 2647. |
| 210. | Wirth Mara | 93 | Thun | | 41:53 | +25:17 | 8:22 | 28337 | 2651. |
| 211. | Ahmed Laila | 93 | Bern | | 41:56 | +25:20 | 8:23 | 30002 | 2653. |
| 212. | Heyduga Sina | 90 | Lausen | | 42:55 | +26:19 | 8:34 | 31125 | 2678. |
| 213. | Hodel Nadia | 91 | Wil | Oberstufe Lerchenfe... | 43:02 | +26:26 | 8:36 | 26097 | 2680. |
| 214. | Wüthrich Judith | 92 | Schwarzenburg | | 43:24 | +26:48 | 8:40 | 31325 | 2694. |
| 215. | Wollensack Lea | 92 | Bern | | 44:09 | +27:33 | 8:49 | 28342 | 2706. |
| 216. | Brouze Iris | 89 | Les Evouettes | Swiss Female Ortho... | 44:48 | +28:12 | 8:57 | 31073 | 2713. |
| 217. | Caroli Alizee | 91 | Bevilard | GSMB | 45:33 | +28:57 | 9:06 | 59413 | 2726. |
| 218. | Juillerat Shreela | 92 | Corgémont | | 51:54 | +35:18 | 10:22 | 59310 | 2763. |

DNS

| | | | | | | | | | |
|-----------------------|----|------------------------|--|--|--|--|--|-------|--|
| Kälin Manuela | 91 | Zürich | | | | | | 21062 | |
| Ulrich Viviane | 91 | Biel/Bienne | | | | | | 21194 | |
| Mühlemann Lea | 92 | Wettingen | | | | | | 24189 | |
| Muralt Larissa | 91 | Oberhofen am Thuers... | | | | | | 25269 | |
| Pose Chiara | 93 | Niederwangen b. Bern | | | | | | 26262 | |
| Vizeli Fabienne | 93 | Bern | | | | | | 26319 | |
| Gfeller Stephanie | 93 | Zürich | | | | | | 29089 | |
| Radi Emona | 93 | Affoltern am Albis | | | | | | 29273 | |
| Szepesi Sophie | 91 | Basel | | | | | | 29297 | |
| Tolaj Blinera | 91 | Bern | | | | | | 30149 | |
| Rindlisbacher Martina | 89 | Boltigen | | | | | | 31198 | |
| Reinert Anja | 89 | Roggwil | | | | | | 59320 | |

#230 Teilnehmende