

Steinhölzlilauflauf 2018

results

Hauptlauf Männer 40

rank	lastname	firstname	yob	city	club	time	diff	min/km	racenu	Startrunde	Runde1	Runde2	Runde3	overall
1.	Kiptoo	Mark	76	Eldoret/Kenia	Kenia Defence Forces (KDF)	32:36		3:15	4	1:11	10:46	10:23	10:14	1.
2.	Wicki	Peter	76	Bern	SISU	37:35	+4:59	3:45	1236	1:18	11:56	12:13	12:07	11.
3.	Roulier	Gilbert	72	Oberthal	ol norska	38:44	+6:08	3:52	525	1:22	12:17	12:33	12:31	15.
4.	Kellerhals	Thomas	74	Bern		39:26	+6:49	3:56	1040	1:22	12:36	12:46	12:41	22.
5.	Iseli	Lukas	78	Bern	TnT Racing Team	39:26	+6:50	3:56	1036	1:27	12:28	12:44	12:47	24.
6.	Gafner	Lukas	75	Homburg b. Thun		39:31	+6:55	3:57	1247	1:28	12:30	12:45	12:48	25.
7.	Krähemann	Andreas	76	Konolfingen	STB	39:37	+7:01	3:57	369	1:26	12:23	12:50	12:57	27.
8.	Gerber	Roger	70	Biberist	Team Emmenlauf	41:24	+8:48	4:08	264	1:22	12:48	13:35	13:38	36.
8.	Oesterling	Nils	71	Gümligen	LG Gerbersport	41:24	+8:48	4:08	485	1:34	13:09	13:17	13:22	36.
10.	Fischer	Georg	69	Bern	LG Gerbersport	41:58	+9:22	4:11	237	1:28	13:13	13:36	13:40	41.
11.	de Roche	Rafael	76	Steffisburg		42:22	+9:46	4:14	197	1:22	12:44	14:09	14:05	46.
12.	Heutschi	Remo	75	Lüterkofen-Ichert		42:37	+10:01	4:15	1148	1:28	13:12	13:55	14:00	49.
13.	Alig-Jacobson	Danny	72	Bern	Bern Hash House Harriers	42:42	+10:06	4:16	1233	1:29	13:23	13:54	13:55	52.
14.	Tanner	Reto	72	Liebefeld	NSC Gantrisch	42:46	+10:10	4:16	1153	1:33	13:23	13:53	13:55	53.
15.	Pipe	Distel	73	Einigen	distelpipe.ch	43:09	+10:33	4:18	1055	1:34	13:50	13:56	13:47	57.
16.	Fischer	Erich	78	Spiegel b. Bern		43:17	+10:41	4:19	236	1:34	13:39	13:54	14:09	58.
17.	Sieber	Daniel	76	Scharnachtal	Lauftreff Spiez	43:59	+11:23	4:23	1070	1:30	13:47	14:20	14:21	61.
18.	Agga	Brahim	75	Wangen an der Aare		44:29	+11:53	4:26	1225	1:35	13:50	14:24	14:38	67.
19.	Kübli	Ulrich	74	Ostermundigen		45:02	+12:26	4:30	1203	1:39	14:22	14:28	14:32	72.
20.	Barth	Stefan	77	Gasel		45:20	+12:44	4:32	1141	1:36	14:38	14:51	14:14	75.
21.	Angehern	Marcel	77	St. Gallen		45:29	+12:53	4:32	1096	1:38	14:17	14:52	14:41	79.
22.	Steffen	Edi	73	Lengnau BE	Free Runners Grenchen/ Laufträf...	46:34	+13:58	4:39	617	1:37	14:48	15:16	14:52	84.
23.	Trotta	Sergio	76	Neuenkirch	LR Mosnang/smrun	46:36	+13:59	4:39	653	1:35	14:30	15:04	15:24	85.
24.	Gertsch	Marcel	78	Wengen	OK Abendlauf Wengen	46:39	+14:02	4:39	266	1:35	14:25	15:07	15:31	86.
25.	Burger	Simon	70	Münsingen		47:02	+14:26	4:42	1024	1:57	15:22	15:01	14:41	93.
26.	Moser	Martin	74	Liebefeld		47:43	+15:07	4:46	454	1:41	14:56	15:10	15:55	100.
27.	Rucci	Urs	77	Aarau	I tue ou chli äleini	47:45	+15:09	4:46	1062	1:49	14:51	15:44	15:20	101.
28.	Karajiannis	Alexandros	69	Köniz		47:56	+15:20	4:47	347	1:33	14:47	15:41	15:54	102.
29.	Zbinden	Ueli	71	Schwarzenburg	UHU Rüscheegg	48:02	+15:26	4:48	720	1:47	15:14	15:31	15:28	105.
30.	Capponi	Norman	70	Adliswil		48:08	+15:32	4:48	179	1:40	15:06	15:43	15:38	106.

Steinhölzlilauflauf 2018

results

Hauptlauf Männer 40

rank	lastname	firstname	yob	city	club	time	diff	min/km	racenu	Startrunde	Runde1	Runde2	Runde3	overall
31.	Obrecht	Matthias	76	Liebefeld		48:09	+15:33	4:48	481	1:58	15:39	15:34	14:58	107.
32.	Schmutz	Martin	75	Burgdorf		48:25	+15:48	4:50	577	1:50	14:56	15:37	16:00	109.
33.	Conconi	Jonathan	74	Bern	Podisti Momò	48:27	+15:51	4:50	189	1:48	15:08	15:43	15:47	111.
34.	Häusler	Orvil	76	Bern		48:43	+16:07	4:52	1035	1:45	15:13	15:44	15:58	114.
35.	Böhm	Markus	77	Liebefeld		48:47	+16:11	4:52	155	1:39	15:13	15:50	16:03	115.
36.	Vallotton	Philippe	75	Wabern		48:55	+16:19	4:53	664	1:49	15:40	15:42	15:43	117.
37.	Schäkel	Pascal	76	Lützelflüh	TV Lützelflüh Athletics	49:12	+16:36	4:55	548	1:49	15:26	15:59	15:57	121.
38.	Volery	Sacha	78	Kleingurmels		49:22	+16:46	4:56	1145	1:53	15:45	15:51	15:52	122.
39.	Werder	Cornel	70	Lätti		49:32	+16:56	4:57	688	1:46	15:35	16:08	16:02	124.
40.	Funk	Michael	71	Bern		50:14	+17:38	5:01	253	1:55	16:13	16:08	15:57	132.
41.	Bernasconi	Mirco	70	Spiegel b. Bern		50:41	+18:05	5:04	145	1:52	16:06	16:37	16:04	133.
42.	Lutz	Juan	76	Kehrsatz		51:30	+18:54	5:09	405	1:51	16:20	16:36	16:42	139.
43.	Bronz	Manuel	78	Tenero		52:02	+19:26	5:12	1022	1:59	16:22	16:50	16:49	144.
44.	Märki	Lars	77	Krauchthal		52:25	+19:49	5:14	412	1:52	16:54	16:50	16:48	151.
45.	Lyhme	Lars	77	Liebefeld		52:43	+20:07	5:16	407	2:04	17:52	16:42	16:04	153.
46.	Winklehner	Thomas	74	Bremgarten b. Bern	Wolverine	52:49	+20:13	5:16	1083	1:51	16:53	17:19	16:44	154.
47.	Eichenberger	Patrik	75	Bern		53:49	+21:13	5:22	217	1:59	16:40	17:20	17:48	164.
48.	Klötgen	Willy	75	Liebefeld	FC Matilda	54:09	+21:33	5:24	362	1:53	16:46	17:39	17:51	166.
49.	Bernasconi	Albano	72	Bern	Cyclists-Club Bern	54:44	+22:08	5:28	142	2:03	17:15	17:48	17:37	167.
50.	Gysi von Wartburg	Reto	72	Bern		56:10	+23:33	5:37	286	2:03	18:04	18:06	17:56	179.
51.	Siegrist	Fabian	75	Suhr		56:23	+23:47	5:38	1134	2:02	17:16	18:43	18:21	180.
52.	Kundert	Marc	69	Steffisburg		57:19	+24:43	5:43	1007	2:04	18:01	18:32	18:41	186.
53.	Streit	Peter	75	Ostermundigen	Bärner Chiubigigle	58:24	+25:48	5:50	1234	2:03	18:09	18:41	19:30	195.
54.	Gabler	Mathias	73	Zürich		1:01:55	+29:19	6:11	256	2:05	19:31	20:00	20:19	206.

DNS

Bläsi	Siegfried	70	Unterseen						154					
Haller	Marc	72	Sutz						289					
Roche	Alvarez	Dante	71	Steffisburg					520					
Sekinger	Bruno	78	Zufikon	LR - Wohlen / SMRUN					593					

Steinhölzlilaufl 2018

results

Hauptlauf Männer 40

rank	lastname	firstname	yob	city	club	time	diff	min/km	racenu	Startrunde	Runde1	Runde2	Runde3	overall
------	----------	-----------	-----	------	------	------	------	--------	--------	------------	--------	--------	--------	---------

#58 participants