

# Forchlauf 2023

## results

### 7.4 Kilometer Seniorinnen W30

| rank | name                 | yob | city        | time           | diff   | min/km | racenum | Gesamtrang |
|------|----------------------|-----|-------------|----------------|--------|--------|---------|------------|
| 1.   | Vollenweider Tanja   | 91  | Zürich      | <b>32:38</b>   | --     | 4:24   | 1654    | 3.         |
| 2.   | Lutz Katja           | 92  | Zürich      | <b>34:32</b>   | +1:54  | 4:39   | 1752    | 6.         |
| 3.   | Flükiger Lea         | 93  | Zürich      | <b>36:10</b>   | +3:32  | 4:53   | 1175    | 8.         |
| 4.   | Di Martino Katharina | 89  | Zürich      | <b>36:15</b>   | +3:37  | 4:53   | 1137    | 9.         |
| 5.   | Helfenstein Lea      | 89  | Oberwil     | <b>37:55</b>   | +5:17  | 5:07   | 1255    | 15.        |
| 6.   | Weiss Susanne        | 90  | Urdorf      | <b>41:43</b>   | +9:05  | 5:38   | 1670    | 30.        |
| 7.   | Sharifi Roxana       | 92  | Zürich      | <b>42:28</b>   | +9:50  | 5:44   | 1566    | 33.        |
| 8.   | Plüss Marianne       | 90  | Grabs       | <b>42:40</b>   | +10:02 | 5:45   | 1473    | 34.        |
| 9.   | Näf Paulina          | 92  | Winterthur  | <b>43:52</b>   | +11:14 | 5:55   | 1427    | 42.        |
| 10.  | Huber Patrizia       | 92  | Zürich      | <b>44:40</b>   | +12:02 | 6:02   | 1279    | 48.        |
| 11.  | Polich Pascale       | 89  | Zürich      | <b>44:43</b>   | +12:05 | 6:02   | 1475    | 50.        |
| 12.  | Matzinger Deborah    | 92  | Zürich      | <b>45:00</b>   | +12:22 | 6:04   | 1742    | 55.        |
| 13.  | Oom Catarina         | 91  | Zürich      | <b>45:49</b>   | +13:11 | 6:11   | 1443    | 64.        |
| 14.  | Müller Elizabeth     | 93  | Zürich      | <b>45:52</b>   | +13:14 | 6:11   | 1416    | 65.        |
| 15.  | Hofer Andrea         | 90  | Zürich      | <b>46:11</b>   | +13:33 | 6:14   | 1266    | 68.        |
| 16.  | Trachsel Charlotte   | 90  | Zürich      | <b>46:50</b>   | +14:12 | 6:19   | 1619    | 77.        |
| 17.  | Bezemer Fabienne     | 92  | Zürich      | <b>46:55</b>   | +14:17 | 6:20   | 1045    | 78.        |
| 18.  | Micheloud Charlotte  | 93  | Zürich      | <b>48:28</b>   | +15:50 | 6:32   | 1403    | 91.        |
| 19.  | Van De Wiel Hester   | 90  | Zürich      | <b>48:33</b>   | +15:55 | 6:33   | 1635    | 92.        |
| 20.  | Decuypere Elodie     | 90  | Zürich      | <b>49:40</b>   | +17:02 | 6:42   | 1121    | 96.        |
| 21.  | Li Meiyu             | 93  | Zürich      | <b>51:00</b>   | +18:22 | 6:53   | 1351    | 104.       |
| 22.  | Tak Batoul           | 92  | Zürich      | <b>51:44</b>   | +19:06 | 6:59   | 973     | 110.       |
| 23.  | Liu Wenjiao          | 89  | Zürich      | <b>52:10</b>   | +19:32 | 7:02   | 1356    | 116.       |
| 24.  | Iglesias Maria       | 93  | Zürich      | <b>55:30</b>   | +22:52 | 7:29   | 1291    | 133.       |
| 25.  | Knoch Cadri          | 91  | Zürich      | <b>57:05</b>   | +24:27 | 7:42   | 1323    | 137.       |
| 26.  | Rosso Marianna       | 92  | Wallisellen | <b>1:03:29</b> | +30:51 | 8:34   | 1497    | 147.       |

#### DNS

|  |                         |    |        |  |  |  |      |  |
|--|-------------------------|----|--------|--|--|--|------|--|
|  | Diaconescu Anca Isabela | 92 | Zürich |  |  |  | 1138 |  |
|  | Gronskaya Elena         | 89 | Zürich |  |  |  | 1222 |  |

#28 participants