

# Greifenseelauf 2019

## Ergebnisse

### 10km Nordic Walking

| Nachname Vorname       | Jg | Ort                  | Verein            | Zeit           | min/km | Startnr |
|------------------------|----|----------------------|-------------------|----------------|--------|---------|
| Aaltonen Janne         | 73 | Reinach AG           |                   | <b>1:13:41</b> | 7:22   | 18093   |
| Aeschbacher Corinne    | 71 | Aathal-Seegräben     |                   | <b>1:38:54</b> | 9:53   | 18094   |
| Affeltranger Daniel    | 68 | Winterthur           |                   | <b>1:35:32</b> | 9:33   | 18095   |
| Affeltranger Wongduan  | 66 | Winterthur           |                   | <b>1:34:58</b> | 9:29   | 18096   |
| Albrecht Doris         | 63 | Horgen               |                   | <b>1:45:26</b> | 10:32  | 18097   |
| Allenbach Iris         | 69 | Thierachern          |                   | <b>1:27:27</b> | 8:44   | 18098   |
| Allenspach Anita       | 63 | St. Gallen           |                   | <b>1:32:46</b> | 9:16   | 18099   |
| Althaus Peter          | 47 | Uetikon am See       |                   | <b>1:39:03</b> | 9:54   | 18100   |
| Amrein Anita           | 79 | Schänis              |                   | <b>1:41:42</b> | 10:10  | 18101   |
| Andjelkovic Mirjana    | 64 | Basel                |                   | <b>1:23:53</b> | 8:23   | 18102   |
| Anita Kälin            | 73 | Ricken               |                   | <b>1:30:42</b> | 9:04   | 18103   |
| Bächler Angelika       | 68 | Mönchaltorf          |                   | <b>1:31:44</b> | 9:10   | 18104   |
| Bächtold Elsbeth       | 44 | Volketswil           |                   | <b>1:35:34</b> | 9:33   | 18105   |
| Baeriswyl Stephanie    | 80 | Düdingen             |                   | <b>1:32:38</b> | 9:15   | 18106   |
| Baldegger Vera         | 71 | Adliswil             |                   | <b>1:37:27</b> | 9:44   | 18107   |
| Balli Delia            | 72 | Rüti b. Büren        |                   | <b>1:35:02</b> | 9:30   | 18108   |
| Balmer Toni            | 50 | Adlikon b.Regensdorf |                   | <b>1:39:34</b> | 9:57   | 18109   |
| Balsiger Esther        | 66 | Uhwiesen             |                   | <b>1:27:02</b> | 8:42   | 18110   |
| Bamert Reni            | 74 | Bubikon              |                   | <b>1:33:53</b> | 9:23   | 18111   |
| Bär Ruth               | 74 | Seltisberg           |                   | <b>1:35:51</b> | 9:35   | 18112   |
| Bärtschi Hugo          | 40 | Biel/Bienne          | smrun             | <b>1:35:39</b> | 9:33   | 18075   |
| Baumann Annette        | 82 | Thayngen             |                   | <b>1:32:44</b> | 9:16   | 18113   |
| Baumann Claudia        | 70 | Hirzel               |                   | <b>1:28:47</b> | 8:52   | 18114   |
| Baumeler Franz Gerhard | 59 | Oberlunkhofen        | Reusstal Jogger   |                |        | 18071   |
| Baumeler Marlis        | 64 | Oberlunkhofen        | Reusstal Jogger   | <b>1:21:25</b> | 8:08   | 18072   |
| Baumgartner Annemarie  | 59 | Lütisburg            |                   | <b>1:39:35</b> | 9:57   | 18115   |
| Baur Verena            | 57 | Zürich               |                   | <b>1:30:17</b> | 9:01   | 18116   |
| Bebie Ernst            | 69 | Trimmis              |                   | <b>1:47:16</b> | 10:43  | 18117   |
| Benzoni Luisa          | 50 | Morbio Inferiore     | Momo Walkers      | <b>1:34:55</b> | 9:29   | 18017   |
| Berardi Davide         | 44 | Thusis               |                   | <b>1:30:13</b> | 9:01   | 18118   |
| Berger Corinne         | 70 | Glattpark            |                   | <b>1:33:26</b> | 9:20   | 18119   |
| Bernardi Davide        | 76 | Carugate             | SMC Italy Running | <b>1:37:22</b> | 9:44   | 18007   |
| Bernauer Eugen         | 58 | Watt                 |                   | <b>1:17:12</b> | 7:43   | 18121   |
| Bernhard Helene        | 58 | Bellach              |                   | <b>1:32:21</b> | 9:14   | 18120   |
| Betschart Kurt         | 57 | Salmsach             |                   | <b>1:18:09</b> | 7:48   | 18122   |
| Bischof Luzia          | 60 | Gossau ZH            |                   | <b>1:34:08</b> | 9:24   | 18123   |
| Bischof Magdalena      | 62 | Riedt beiErlen       | smrun             | <b>1:25:00</b> | 8:29   | 18076   |
| Blaser Marlene         | 68 | Rafz                 |                   | <b>1:39:03</b> | 9:54   | 18124   |
| Blattmann Werner       | 61 | Richterswil          |                   | <b>1:11:54</b> | 7:11   | 18125   |
| Böni Albin             | 65 | Rothenhausen         |                   | <b>1:21:07</b> | 8:06   | 18127   |
| Böni Erika             | 78 | Thalwil              |                   | <b>1:41:42</b> | 10:10  | 18128   |
| Bosch Maria Josefa     | 66 | Unterkulm            |                   |                |        | 18129   |
| Bossart Werner         | 57 | Uster                |                   | <b>1:39:51</b> | 9:59   | 18130   |
| Bosshard Bernadette    | 69 | Lufingen             |                   | <b>1:32:50</b> | 9:16   | 18131   |
| Bottoni Gisela         | 49 | Castel San Pietro    | Momo Walkers      | <b>1:31:42</b> | 9:10   | 18018   |
| Brack Rita             | 60 | Freienstein          |                   | <b>1:41:26</b> | 10:08  | 18132   |
| Brack Roland           | 58 | Freienstein          |                   | <b>1:41:03</b> | 10:06  | 18133   |
| Brandstätter Gabi      | 64 | Rüti ZH              |                   | <b>1:29:56</b> | 8:59   | 18134   |
| Brechbühl Alfred       | 59 | Bern                 |                   |                |        | 18135   |
| Brennwald Nicole       | 91 | Mönchaltorf          |                   | <b>1:24:36</b> | 8:27   | 18136   |

# Greifenseelauf 2019

## Ergebnisse

### 10km Nordic Walking

| Nachname Vorname        | Jg | Ort              | Verein                       | Zeit           | min/km | Startnr |
|-------------------------|----|------------------|------------------------------|----------------|--------|---------|
| Britt Andrea            | 73 | Wolfhausen       |                              | <b>1:32:47</b> | 9:16   | 18137   |
| Broce Miriam            | 39 | Panama           |                              | <b>1:59:37</b> | 11:57  | 18138   |
| Brönnimann Carine       | 74 | Lohn SH          |                              | <b>1:47:20</b> | 10:43  | 18139   |
| Broquet Rein Anne       | 72 | Uznach           | Goldengirls                  | <b>1:14:35</b> | 7:27   | 18045   |
| Brozio Rosmarie         | 41 | Russikon         |                              | <b>1:35:18</b> | 9:31   | 18140   |
| Bruegger Natascha       | 95 | Thun             |                              | <b>1:54:27</b> | 11:26  | 18141   |
| Brügger Melanie         | 92 | Winterthur       |                              |                |        | 18142   |
| Brügger Rosmarie        | 70 | Winterthur       |                              | <b>1:46:03</b> | 10:36  | 18143   |
| Brügger Yvonne          | 73 | Frutigen         |                              | <b>1:31:39</b> | 9:09   | 18144   |
| Brülisauer Marlene      | 61 | Rehetobel        |                              | <b>1:35:46</b> | 9:34   | 18145   |
| Brunner Martin          | 68 | Riva San Vitale  | MOMO Walkers                 | <b>1:32:09</b> | 9:12   | 18064   |
| Brunner Regula          | 68 | Riva San Vitale  | Momo Walkers                 | <b>1:32:08</b> | 9:12   | 18065   |
| Brütsch Claudia         | 71 | Wolfhausen       |                              | <b>1:25:20</b> | 8:31   | 18146   |
| Bryner Rolf             | 45 | Stettlen         | LCA Bärn                     | <b>1:31:14</b> | 9:07   | 18058   |
| Büchel Heinz            | 63 | Dällikon         |                              | <b>1:25:33</b> | 8:33   | 18147   |
| Bühler Mireille         | 82 | Corcelles NE     |                              | <b>1:36:43</b> | 9:40   | 18148   |
| Bühlmann Simone         | 73 | Buochs           |                              | <b>1:28:56</b> | 8:53   | 18149   |
| Bührer Yvonne           | 74 | Buch SH          |                              | <b>1:47:19</b> | 10:43  | 18150   |
| Bürgi Elvira            | 71 | Zürich           |                              | <b>1:29:05</b> | 8:54   | 18151   |
| Buri Jacqueline         | 64 | Münchwilen TG    |                              | <b>1:43:05</b> | 10:18  | 18152   |
| Burkhalter Daniela      | 80 | Villeret         |                              | <b>1:25:43</b> | 8:34   | 18153   |
| Burkhalter Heidi        | 47 | Capolago         | Momo Walkers                 | <b>1:32:08</b> | 9:12   | 18066   |
| Burri Anja              | 90 | Heitenried       |                              | <b>1:32:39</b> | 9:15   | 18154   |
| Burri Monika            | 68 | Egerkingen       |                              | <b>2:03:49</b> | 12:22  | 18155   |
| Burri Theresia          | 47 | Mühleberg        | Lauftreff Mühleberg          | <b>1:36:02</b> | 9:36   | 18055   |
| Candrian Annelise       | 56 | Zürich           |                              | <b>1:31:59</b> | 9:11   | 39008   |
| Capaul Petra            | 73 | Bern             |                              | <b>1:38:08</b> | 9:48   | 18156   |
| Carranza Eva            | 83 | Zug              |                              | <b>1:36:10</b> | 9:36   | 18016   |
| Cencic Manuela          | 76 | Münchenbuchsee   |                              | <b>1:14:47</b> | 7:28   | 18157   |
| Ceppi Anna              | 57 | Besazio          | momo walkers                 | <b>1:48:07</b> | 10:48  | 18067   |
| Cloetta Marlen          | 42 | Rivera           |                              | <b>1:48:09</b> | 10:48  | 18158   |
| Colloi Sara Maria       | 69 |                  | SMC Italy Running            | <b>1:22:03</b> | 8:12   | 18008   |
| Coppa Giovanna          | 69 | Novazzano        | Momo Walkers                 | <b>1:38:33</b> | 9:51   | 18019   |
| Coppa Luigi             | 69 | Novazzano        | Momo Walkers                 | <b>1:38:32</b> | 9:51   | 18020   |
| Cristiano Rocchina      | 68 | Saltrio          | momo Walkers                 | <b>1:29:48</b> | 8:58   | 18021   |
| Crivelli Fiorenza       | 58 | Morbio Inferiore | Momo Walkers                 | <b>1:35:35</b> | 9:33   | 18022   |
| Dadò Enrica             | 69 | Faido            |                              | <b>1:26:43</b> | 8:40   | 18159   |
| Daetwiler Brigitta      | 63 | Schinznach Dorf  |                              | <b>1:38:28</b> | 9:50   | 18160   |
| Dähler Anita            | 63 | Frauenkappelen   |                              | <b>1:30:24</b> | 9:02   | 18161   |
| Daum Sonja              | 65 | Biel             |                              | <b>1:30:32</b> | 9:03   | 18162   |
| Deák Irén               | 45 |                  | Sprint-Futóklub Tatabánya... | <b>1:31:39</b> | 9:09   | 18002   |
| Derungs Franziska       | 78 | Landquart        |                              | <b>1:27:29</b> | 8:44   | 18163   |
| Dettwiler Maja          | 79 | Bubendorf        |                              | <b>1:35:50</b> | 9:34   | 18164   |
| Dettwiler Nicole        | 78 | Arlesheim        |                              | <b>1:42:03</b> | 10:12  | 18165   |
| Di Lonardo Natalia      | 79 | Bellach          |                              | <b>1:30:15</b> | 9:01   | 18166   |
| Domide Marianne         | 68 | Uster            |                              | <b>1:28:07</b> | 8:48   | 18167   |
| Ebi - Schmidt Bettina   | 70 | Riva San Vitale  | Momo walkers                 | <b>1:23:44</b> | 8:22   | 18023   |
| Egger Olaf              | 50 | Hintereggen      |                              | <b>1:26:43</b> | 8:40   | 18168   |
| Engler Vera             | 91 | Zürich           |                              | <b>1:52:06</b> | 11:12  | 14364   |
| Epper Rechsteiner Jrene | 65 | Wil SG           |                              | <b>1:35:46</b> | 9:34   | 18169   |

# Greifenseelauf 2019

## Ergebnisse

### 10km Nordic Walking

| Nachname Vorname     | Jg | Ort                | Verein                       | Zeit           | min/km | Startnr |
|----------------------|----|--------------------|------------------------------|----------------|--------|---------|
| Erne Myrta           | 59 | Wettingen          | SV Lägern Turnerinnen        | <b>1:39:09</b> | 9:54   | 18086   |
| Erni Martina         | 68 | Wolfhausen         | FTV Wolfhausen               | <b>1:29:00</b> | 8:53   | 18039   |
| Fabregat Nadine      | 90 | Zürich             |                              | <b>1:38:52</b> | 9:53   | 18170   |
| Fäh Claudia          | 74 | Gossau ZH          |                              | <b>1:19:19</b> | 7:55   | 18171   |
| Fässler Sandra       | 77 | Adliswil           | Sihltaler Sportclub          | <b>1:37:28</b> | 9:44   | 18073   |
| Fawer Gabriel        | 83 | Ostermundigen      |                              | <b>1:35:00</b> | 9:29   | 18172   |
| Fawer Oliver         | 66 | Bellach            |                              | <b>1:22:11</b> | 8:13   | 18173   |
| Fawer Pia            | 67 | Bellach            |                              | <b>1:28:16</b> | 8:49   | 18174   |
| Felber Heike         | 67 | Bülach             |                              | <b>1:35:01</b> | 9:30   | 18175   |
| Feldmann Charlotte   | 57 | Löhningen          |                              | <b>1:15:31</b> | 7:33   | 18176   |
| Fent Mafalda         | 65 | Bronschhofen       | FentVital                    | <b>1:24:13</b> | 8:25   | 18030   |
| Finsterle Rosy       | 53 | Aathal-Seegräben   |                              | <b>1:33:04</b> | 9:18   | 18177   |
| Fischli Verena       | 69 | Oberurnen          | Frauenriege Niederurnen      | <b>1:24:54</b> | 8:29   | 18036   |
| Fleischmann Cornelia | 65 | Lachen SZ          |                              | <b>1:30:10</b> | 9:00   | 18178   |
| Flepp Ursula         | 51 | Ilanz              |                              | <b>1:31:29</b> | 9:08   | 18179   |
| Föllmi Nicole        | 72 | Bern               |                              |                |        | 18180   |
| Forster Astrid       | 62 | Meilen             | Sport Treff Meilen           |                |        | 18084   |
| Forte Giovanni       | 70 | Carugate           | SMC Italy Running            | <b>1:39:04</b> | 9:54   | 18009   |
| Frangi Jane          | 61 | Mezzovico          |                              | <b>1:27:37</b> | 8:45   | 18181   |
| Frey Hansruedi       | 52 | Rüschlikon         | SSC Langnau a. A.            | <b>1:20:31</b> | 8:03   | 18085   |
| Fröhlicher Jeannette | 45 | Tagelswangen       |                              | <b>1:31:57</b> | 9:11   | 18182   |
| Fuchs Sandra         | 70 | Brugg AG           |                              | <b>1:35:25</b> | 9:32   | 18183   |
| Gabler Karin         | 73 | Volketswil         |                              | <b>1:33:50</b> | 9:22   | 18184   |
| Galetic Ivana        | 73 | Allschwil          |                              | <b>1:18:33</b> | 7:51   | 18185   |
| Gassmann Prisca      | 63 | Horgen             |                              | <b>1:29:51</b> | 8:59   | 18187   |
| Gees Maria           | 50 | Affoltern am Albis |                              |                |        | 18188   |
| Gelencsér János      | 62 |                    | Sprint-Futóklub Tatabánya... | <b>1:34:27</b> | 9:26   | 39081   |
| Gelencsér Mária      | 60 |                    | Sprint-Futóklub Tatabánya... | <b>1:27:36</b> | 8:45   | 39080   |
| Gerber Corina        | 83 | Jona               |                              | <b>1:33:57</b> | 9:23   | 18189   |
| Gerzner Nicole       | 70 | Hirzel             |                              | <b>1:28:45</b> | 8:52   | 18190   |
| Gfeller Albert       | 45 | Bellach            | Fraso Ranch 007              | <b>1:23:04</b> | 8:18   | 18035   |
| Gherardini Michele   | 72 |                    | SMC Italy Running            | <b>1:17:58</b> | 7:47   | 18010   |
| Ghezzi Novella       | 67 | Mendrisio          | Momo Walkers                 | <b>1:26:37</b> | 8:39   | 18024   |
| Gianola Rosmarie     | 50 | Lamone-Cadempino   | Gruppo Tornago               | <b>1:37:12</b> | 9:43   | 18049   |
| Giovagnoni Marco     | 73 |                    | SMC Italy Running            |                |        | 18011   |
| Glatt Katharina      | 78 | Rheinfelden        |                              | <b>1:25:53</b> | 8:35   | 18191   |
| Goguillot Gabrielle  | 65 | Corcelles NE       |                              | <b>1:34:23</b> | 9:26   | 15280   |
| Gossweiler Maja      | 55 | Brütten            |                              | <b>1:35:05</b> | 9:30   | 18192   |
| Griner Daniel        | 66 | Bischofszell       |                              | <b>1:28:27</b> | 8:50   | 18193   |
| Gschwend Nadine      | 73 | Zübingen           |                              |                |        | 18194   |
| Günter Denise        | 66 | Einigen            |                              | <b>1:30:54</b> | 9:05   | 18195   |
| Gut Andrea           | 71 | Gossau ZH          |                              | <b>1:19:20</b> | 7:55   | 18196   |
| Gysin Urs P.         | 39 | Spiegel b. Bern    |                              | <b>1:31:17</b> | 9:07   | 18197   |
| Hafner Daniel        | 67 | Solothurn          |                              | <b>1:19:48</b> | 7:58   | 18198   |
| Handschin Bernadette | 70 | Büren SO           | TV Arboldswil                | <b>1:21:52</b> | 8:11   | 18090   |
| Hänggi Maria         | 68 | Nunningen          |                              | <b>1:29:33</b> | 8:57   | 18199   |
| Hanna Janine         | 65 | Mönchaltorf        |                              | <b>1:52:08</b> | 11:12  | 18200   |
| Harnisch Katharina   | 64 | Schwarzenburg      |                              | <b>1:45:54</b> | 10:35  | 18201   |
| Hartmann Heinz       | 51 | Ottenbach          |                              | <b>1:39:14</b> | 9:55   | 18202   |
| Hartmann Susanne     | 49 | Ottenbach          |                              | <b>1:33:06</b> | 9:18   | 18203   |

# Greifenseelauf 2019

## Ergebnisse

### 10km Nordic Walking

| Nachname Vorname       | Jg | Ort               | Verein                       | Zeit           | min/km | Startnr |
|------------------------|----|-------------------|------------------------------|----------------|--------|---------|
| Hässig Josef           | 49 | Jona              |                              | <b>1:48:44</b> | 10:52  | 18204   |
| Hauri Astrid           | 60 | Chur              |                              | <b>1:26:51</b> | 8:41   | 18205   |
| Herrmann Fabiola       | 79 | Wabern            |                              |                |        | 18206   |
| Hess Christine         | 53 | Hünenberg         |                              | <b>1:24:16</b> | 8:25   | 18207   |
| Hett Christine         | 76 | Zürich            |                              | <b>1:41:55</b> | 10:11  | 18208   |
| Hett Emilia            | 52 | Zürich            |                              | <b>1:41:56</b> | 10:11  | 18209   |
| Hofer Kurt             | 48 | Gretzenbach       |                              | <b>1:47:54</b> | 10:47  | 18210   |
| Hollenstein Monika     | 66 | Wallenwil         |                              | <b>1:35:16</b> | 9:31   | 18211   |
| Holzner Jolanda        | 67 | Pragg-Jenaz       |                              | <b>1:47:20</b> | 10:43  | 18212   |
| Hossli Esther          | 62 | Zürich            |                              | <b>1:36:20</b> | 9:37   | 18213   |
| Hotz Bruno             | 48 | Mönchaltorf       |                              | <b>1:38:11</b> | 9:49   | 18214   |
| Howald Peter           | 46 | Biel/Bienne       | SMRUN                        | <b>1:29:23</b> | 8:56   | 18077   |
| Hoz-Hug Christine      | 60 | Herrenschwanden   | SMRUN                        | <b>1:39:44</b> | 9:58   | 18078   |
| Huber Peter            | 61 | Hunzenschwil      |                              | <b>1:22:01</b> | 8:12   | 18215   |
| Huber Tabea            | 61 | Hinwil            |                              |                |        | 18216   |
| Hug Paul               | 36 | Hombrechtikon     |                              |                |        | 18217   |
| Hungerbühler Christine | 75 | Samstagern        | Goldengirls                  | <b>1:15:06</b> | 7:30   | 18046   |
| Huonder Doris          | 54 | Forch             |                              | <b>1:33:13</b> | 9:19   | 18218   |
| Hüppi Lori             | 73 | Gommiswald        |                              | <b>1:27:22</b> | 8:44   | 18219   |
| Huser René             | 66 | Bronschhofen      | FentVital                    | <b>1:24:12</b> | 8:25   | 18031   |
| Illi Rosmarie          | 63 | Wolfhausen        | FTV Wolfhausen               | <b>1:28:59</b> | 8:53   | 18040   |
| Imperiali Marina       | 75 | Mendrisio         | Momo Walkers                 | <b>1:23:27</b> | 8:20   | 18025   |
| Jäggi Gabi             | 64 | Watt-Regensdorf   |                              |                |        | 18220   |
| Järmann Laura          | 88 | Uster             |                              | <b>1:34:27</b> | 9:26   | 18221   |
| Jeger Cécile           | 77 | Reinach BL        |                              | <b>1:34:23</b> | 9:26   | 18222   |
| Joss Erika             | 55 | Nänikon           |                              | <b>1:30:18</b> | 9:01   | 18223   |
| Kabis Regina           | 52 | Allschwil         | Mühli-Team Allschwil         | <b>1:34:57</b> | 9:29   | 18070   |
| Kamber Hannelore       | 66 | Laufen            |                              | <b>1:30:47</b> | 9:04   | 18224   |
| Karácsonyi Böbi        | 53 |                   | Sprint-Futóklub Tatabánya... | <b>1:15:18</b> | 7:31   | 18003   |
| Kärcher Claudia        | 65 | Wiesendangen      |                              |                |        | 18225   |
| Kehl Gaby              | 66 | Jona              |                              | <b>1:28:59</b> | 8:53   | 18226   |
| Keller Regula          | 63 | Eschlikon TG      |                              | <b>1:25:24</b> | 8:32   | 18227   |
| Keller Renata          | 56 | Trimmis           | Generali                     | <b>1:33:35</b> | 9:21   | 18042   |
| Keusch Andreas         | 67 | Dietwil           |                              | <b>1:28:44</b> | 8:52   | 18228   |
| Keusch Christina       | 64 | Dietwil           |                              | <b>1:30:40</b> | 9:03   | 18229   |
| Kipfer Markus          | 59 | Zürich 1 Sihlpost |                              | <b>1:56:21</b> | 11:38  | 18230   |
| Knöpfli Monika         | 66 | Nyon              |                              | <b>1:30:52</b> | 9:05   | 18231   |
| Knubel Claudia         | 70 | Watt              |                              | <b>1:17:12</b> | 7:43   | 18232   |
| Koch Brigitte          | 55 | Stein AR          |                              | <b>1:27:35</b> | 8:45   | 18233   |
| Kormann Sabine         | 74 | Aadorf            |                              | <b>1:33:25</b> | 9:20   | 18234   |
| Koster Roland          | 53 | Winterthur        |                              | <b>1:25:32</b> | 8:33   | 18235   |
| Krähenbühl Bruno       | 59 | Bolken            |                              | <b>1:19:49</b> | 7:58   | 18236   |
| Kramer Karin           | 86 | Dübendorf         |                              | <b>1:31:20</b> | 9:07   | 18237   |
| Kramer René            | 51 | Dübendorf         |                              | <b>1:31:20</b> | 9:07   | 18238   |
| Krieg Beatrice         | 55 | Eschenbach SG     |                              | <b>1:30:01</b> | 9:00   | 18239   |
| Kronig Anton           | 63 | Wallisellen       |                              | <b>1:14:12</b> | 7:25   | 18240   |
| Kugler Irene           | 63 | Bassersdorf       |                              | <b>1:39:04</b> | 9:54   | 18241   |
| Kummer Alexander       | 66 | St. Gallen        |                              | <b>1:32:46</b> | 9:16   | 18242   |
| Küng Hedy              | 39 | Baar              |                              | <b>1:35:19</b> | 9:31   | 18243   |
| Küng Paul              | 40 | Baar              |                              | <b>1:35:18</b> | 9:31   | 18244   |

# Greifenseelauf 2019

## Ergebnisse

### 10km Nordic Walking

| Nachname Vorname    | Jg | Ort                | Verein                       | Zeit           | min/km | Startnr |
|---------------------|----|--------------------|------------------------------|----------------|--------|---------|
| Küng Yvonne         | 64 | Niederurnen        | Frauenriege Niederurnen      | <b>1:24:54</b> | 8:29   | 18037   |
| Künzle Heidi        | 56 | Hegenheim          | Mühli Team Allschwil         | <b>1:25:00</b> | 8:29   | 18069   |
| Küttel Elisabeth    | 45 | Freienbach         |                              | <b>1:32:41</b> | 9:16   | 18245   |
| Ladu Martina        | 78 | Bauma              |                              | <b>1:19:43</b> | 7:58   | 18246   |
| Lamagni Giulio      | 57 | Italy              | SMC Italy Running            | <b>1:19:35</b> | 7:57   | 18012   |
| Lauener Hans        | 49 | Thun               | All Blacks                   | <b>1:26:10</b> | 8:36   | 18028   |
| Le Ber Deborah      | 59 | Allschwil          |                              |                |        | 18247   |
| Lee Zori            | 73 | Bubikon            |                              | <b>1:29:04</b> | 8:54   | 18248   |
| Lehmann Corinne     | 76 | Schmitten FR       |                              | <b>1:45:54</b> | 10:35  | 18249   |
| Lieberherr Monica   | 59 | Andwil SG          |                              | <b>1:17:44</b> | 7:46   | 18250   |
| Londero Eliana      | 59 | Melano             | MOMO Walkers                 | <b>1:31:56</b> | 9:11   | 18068   |
| Loretz Sabrina      | 82 | Bern               |                              | <b>1:38:40</b> | 9:51   | 18251   |
| Lovrinovic Dajana   | 98 | Pfäffikon SZ       |                              | <b>1:46:48</b> | 10:40  | 18252   |
| Lovrinovic Marijana | 76 | Pfäffikon SZ       |                              | <b>1:48:46</b> | 10:52  | 18253   |
| Lüchinger Fadri     | 09 | Uster              |                              | <b>1:52:00</b> | 11:11  | 18254   |
| Luginbühl Nathalie  | 85 | Forch              |                              | <b>1:27:57</b> | 8:47   | 18255   |
| Maccagni Fernanda   | 55 | Rivera             |                              | <b>1:48:10</b> | 10:48  | 18256   |
| Mächler Alina       | 00 | Pfäffikon ZH       |                              | <b>1:38:49</b> | 9:52   | 18257   |
| Mäder Ruth          | 71 | Horgen             | smrs                         | <b>1:19:13</b> | 7:55   | 18074   |
| Magina Antonio      | 61 | Kloten             |                              | <b>1:24:11</b> | 8:25   | 18258   |
| Mamie Korinna       | 62 | Muri AG            |                              |                |        | 18259   |
| Mangone Susan       | 67 | Volketswil         |                              | <b>1:33:49</b> | 9:22   | 18260   |
| Marchesi Elisabetta | 69 | Unterägeri         | adidas Runners Zurich        | <b>1:50:51</b> | 11:05  | 18005   |
| Marolf Margrit      | 48 | Zürich             |                              | <b>1:31:31</b> | 9:09   | 39029   |
| Marti Hans          | 31 | Dübendorf          |                              | <b>1:52:49</b> | 11:16  | 18261   |
| Marti Nadine        | 83 | Ostermundigen      |                              | <b>1:38:40</b> | 9:51   | 18262   |
| Martin Müri         | 46 | Gränichen          |                              | <b>1:29:21</b> | 8:56   | 18263   |
| Marugg Armon        | 99 | Ilanz              |                              | <b>1:19:33</b> | 7:57   | 18264   |
| Massimo Sangalli    | 68 | Agrate Brianza     | TEAM CADREGA N.W.            | <b>1:50:52</b> | 11:05  | 18089   |
| Mátrai Edit         | 58 |                    | Sprint-Futóklub Tatabánya... | <b>1:31:37</b> | 9:09   | 18004   |
| Matt Daniel         | 70 | Fehraltorf         |                              | <b>1:18:07</b> | 7:48   | 17118   |
| Meier Astrid        | 67 | Volketswil         |                              | <b>1:29:17</b> | 8:55   | 18265   |
| Meister Beat        | 68 | Uster              |                              | <b>1:33:02</b> | 9:18   | 18266   |
| Meister Céline      | 01 | Uster              |                              | <b>1:33:00</b> | 9:17   | 18267   |
| Meli René           | 64 | Seuzach            |                              | <b>1:13:44</b> | 7:22   | 18268   |
| Menzi Walter        | 50 | Volketswil         |                              | <b>1:25:22</b> | 8:32   | 18269   |
| Meyer Roland        | 59 | Scherz             |                              | <b>1:15:48</b> | 7:34   | 18270   |
| Miskovic Andreja    | 92 | Affoltern am Albis |                              | <b>1:46:50</b> | 10:40  | 18271   |
| Miskovic Kata       | 70 | Affoltern am Albis |                              | <b>1:48:46</b> | 10:52  | 18272   |
| Moeri Stefan        | 58 | Zürich             |                              | <b>1:29:37</b> | 8:57   | 18273   |
| Moreno Manuel       | 62 | Sevelen            |                              | <b>1:34:06</b> | 9:24   | 18274   |
| Moser Doris         | 59 | Domat/Ems          |                              | <b>1:29:55</b> | 8:59   | 18275   |
| Mosimann Monika     | 50 | Emmenbrücke        | smrun                        | <b>1:23:53</b> | 8:23   | 18079   |
| Muelhaupt Benedetta | 67 | Stühlingen         |                              | <b>1:40:42</b> | 10:04  | 18276   |
| Müller Daniela      | 92 | Hunzenschwil       |                              | <b>1:29:36</b> | 8:57   | 18277   |
| Müller Ester        | 64 | Hunzenschwil       |                              | <b>1:31:29</b> | 9:08   | 18278   |
| Nafzger Sandra      | 68 | Pfungen            |                              | <b>1:28:59</b> | 8:53   | 18279   |
| Nagele Matthias     | 83 | Dielsdorf          | Biotronik                    |                |        | 18029   |
| Neukom Evelyne      | 72 | Buchberg           |                              |                |        | 18280   |
| Nietlispach Nicole  | 70 | Wangen b. Olten    |                              | <b>1:33:19</b> | 9:19   | 18281   |

# Greifenseelauf 2019

## Ergebnisse

### 10km Nordic Walking

| Nachname Vorname     | Jg | Ort             | Verein                  | Zeit           | min/km | Startnr |
|----------------------|----|-----------------|-------------------------|----------------|--------|---------|
| Niggli Susanne       | 53 | Embrach         |                         | <b>1:36:03</b> | 9:36   | 18282   |
| Nothofer Jacqueline  | 61 | SissachSissach  |                         | <b>1:29:53</b> | 8:59   | 18283   |
| Nowakowska Jolanta   | 53 | Sattel          |                         | <b>1:20:52</b> | 8:05   | 18284   |
| Nüesch Margaret      | 56 | Spreitenbach    |                         | <b>1:41:55</b> | 10:11  | 18285   |
| Oberholzer Karin     | 65 | Lachen SZ       |                         | <b>1:30:11</b> | 9:01   | 18286   |
| Oberholzer Livia     | 99 | Eschenbach SG   |                         | <b>1:20:52</b> | 8:05   | 18287   |
| Oberholzer Trudy     | 67 | Eschenbach SG   |                         | <b>1:29:59</b> | 8:59   | 18288   |
| Oettl Corinne        | 76 | Bubikon         |                         | <b>1:27:28</b> | 8:44   | 18289   |
| Otter Gabriella      | 69 | Arlesheim       |                         |                |        | 18290   |
| Otter Lena           | 96 | Arlesheim       |                         |                |        | 18291   |
| Otto Claudia         | 62 | Wolfhausen      | FTV Wolfhausen          | <b>1:28:59</b> | 8:53   | 18041   |
| Palicova Frantiska   | 64 | Uster           |                         | <b>1:34:10</b> | 9:24   | 18292   |
| Palumbo Cornelia     | 58 | Wettingen       | SV Lägern Turnerinnen   | <b>1:41:36</b> | 10:09  | 18087   |
| Pascarella Andrea    | 65 | Münchwil TG     |                         | <b>1:43:06</b> | 10:18  | 18293   |
| Pedersen Else-Marie  | 53 | Schwerzenbach   |                         | <b>1:28:01</b> | 8:48   | 18294   |
| Pfister Eduard       | 51 | St.Gallen       |                         | <b>1:20:50</b> | 8:04   | 18295   |
| Piana Marco          | 86 |                 | SMC Italy Running       | <b>1:40:49</b> | 10:04  | 18013   |
| Pick Corinna         | 64 | Como            | Momo Walkers            | <b>1:41:36</b> | 10:09  | 18026   |
| Podgorny Regula      | 54 | Pfäffikon ZH    |                         | <b>1:39:58</b> | 9:59   | 18296   |
| Pontarolo Anna       | 55 | Camignolo       | Gruppo Tornago          | <b>1:35:37</b> | 9:33   | 18050   |
| Portenier Mario      | 53 | Wetzikon ZH     |                         |                |        | 18297   |
| Rahm Claudia         | 67 | Eschlikon TG    |                         | <b>1:35:17</b> | 9:31   | 18298   |
| Rainer Monika        | 71 | Nänikon         |                         | <b>1:24:10</b> | 8:24   | 18299   |
| Reck Hans            | 38 | Rapperswil SG   |                         | <b>1:44:43</b> | 10:28  | 18300   |
| Reichelt Michael     | 59 | Ulm             | MiRe-Walking            | <b>1:17:49</b> | 7:46   | 18063   |
| Renold Anja          | 68 | Rheinfelden     |                         | <b>1:31:12</b> | 9:07   | 18301   |
| Reymond Denise       | 51 | Vaulion         | Footing Dent de Vaulion | <b>1:48:35</b> | 10:51  | 18032   |
| Reymond Guy          | 55 | Vaulion         | Footing Dent de Vaulion | <b>1:26:04</b> | 8:36   | 18033   |
| Roch Anne            | 54 | Vaulion         | Footing Dent-de-Vaulion | <b>1:48:35</b> | 10:51  | 18034   |
| Rohrbach Claudine    | 66 | Wileroltigen    | Lauftreff Mühleberg     | <b>1:34:26</b> | 9:26   | 18056   |
| Rohrer Erich         | 51 | Rümlang         |                         | <b>1:24:38</b> | 8:27   | 18302   |
| Rosenberger Claudia  | 68 | Schaffhausen    |                         | <b>1:40:25</b> | 10:02  | 17136   |
| Rosenthaler Esther   | 69 | Therwil         | Goldengirls             | <b>1:28:34</b> | 8:51   | 18047   |
| Rosenthaler Simon    | 67 | Therwil         | Goldengirls             | <b>1:14:27</b> | 7:26   | 18048   |
| Rossi Maria Rosa     | 59 | Riva San Vitale | Momo Walkers            | <b>1:48:07</b> | 10:48  | 18027   |
| Rossi Regina         | 56 | Isonne          | Gruppo Tornago          | <b>1:37:12</b> | 9:43   | 18051   |
| Roth Annekäthi       | 70 | Wintersingen    |                         | <b>1:18:09</b> | 7:48   | 18303   |
| Rüede Brigitt        | 50 | Zürich          |                         | <b>1:40:58</b> | 10:05  | 18304   |
| Rutschmann Elisa     | 04 | Andelfingen     |                         | <b>1:25:50</b> | 8:34   | 18305   |
| Saltarelli Stefano   | 68 | Carugate        | SMC Italy Running       | <b>1:13:15</b> | 7:19   | 18014   |
| Sauco Sergio         | 87 |                 | SMC Italy Running       | <b>1:40:51</b> | 10:05  | 18015   |
| Sauder Werner        | 57 | Buchs           |                         | <b>1:26:13</b> | 8:37   | 18306   |
| Schabl Séverine      | 73 | Oberentfelden   |                         |                |        | 18307   |
| Schalch Brigitte     | 69 | Zwingen         |                         | <b>1:31:46</b> | 9:10   | 18308   |
| Schalk Ursula        | 54 | Freiburg        |                         | <b>1:33:00</b> | 9:17   | 18309   |
| Schär Silvia         | 85 | Gondiswil       | FTV                     | <b>1:30:50</b> | 9:04   | 18038   |
| Schatzmann Ursula    | 65 | Spreitenbach    |                         | <b>1:48:14</b> | 10:49  | 18310   |
| Scheiwiller Lotti    | 65 | Bülach          |                         | <b>1:24:50</b> | 8:28   | 18311   |
| Scheiwiller Rolf     | 64 | Bülach          |                         | <b>1:25:44</b> | 8:34   | 18312   |
| Schellinger Brigitte | 64 | Scherzingen     |                         | <b>1:25:13</b> | 8:31   | 18313   |

# Greifenseelauf 2019

## Ergebnisse

### 10km Nordic Walking

| Nachname Vorname        | Jg | Ort             | Verein                     | Zeit           | min/km | Startnr |
|-------------------------|----|-----------------|----------------------------|----------------|--------|---------|
| Schenk Christine        | 70 | Gams            | Lauftreff Buchs SG         | <b>1:27:56</b> | 8:47   | 18054   |
| Schertz Irene           | 62 | St. Gallen      |                            | <b>1:33:17</b> | 9:19   | 18314   |
| Schlaginhaufen Renate   | 55 | Winterthur      |                            | <b>1:29:47</b> | 8:58   | 18315   |
| Schlegel Philipp        | 52 | Jona            |                            | <b>1:59:34</b> | 11:57  | 18316   |
| Schlosser Ruth          | 55 | Ebmatingen      |                            | <b>1:28:51</b> | 8:53   | 18317   |
| Schmid Alfred           | 50 | Winterthur      | TV Pflanzschule Winterthur | <b>1:16:52</b> | 7:41   | 18091   |
| Schmid Barbara          | 64 | Mönchaltorf     |                            | <b>1:33:02</b> | 9:18   | 18318   |
| Schmid Heinz            | 55 | Mönchaltorf     |                            | <b>1:32:41</b> | 9:16   | 18319   |
| Schmid Max              | 48 | Untersiggenthal | LG Horn                    | <b>1:30:03</b> | 9:00   | 18059   |
| Schmidt Jrene           | 72 | Birr-Lupfig     |                            | <b>1:36:21</b> | 9:38   | 18320   |
| Schnydrig Sara          | 84 | Naters          |                            |                |        | 18321   |
| Schön Kirsten           | 69 | Bronschhofen    |                            | <b>1:38:34</b> | 9:51   | 18322   |
| Schönbucher Iris        | 54 | Lostorf         |                            | <b>1:26:17</b> | 8:37   | 18323   |
| Schönbucher Nadja       | 86 | Zürich          |                            | <b>1:26:16</b> | 8:37   | 18324   |
| Schranz Andreas         | 68 | Bellach         |                            |                |        | 18325   |
| Schumacher Gabi         | 68 | Gossau ZH       |                            | <b>1:24:07</b> | 8:24   | 18326   |
| Schütz Marlies          | 53 | Mettmenstetten  |                            | <b>1:24:16</b> | 8:25   | 18327   |
| Schwender Rita          | 68 | Nürensdorf      |                            | <b>1:39:41</b> | 9:58   | 18328   |
| Schwyter Claudia        | 72 | Ernetschwil     |                            | <b>1:17:55</b> | 7:47   | 18329   |
| Senn Susanne            | 66 | Krattigen       |                            | <b>1:34:54</b> | 9:29   | 18330   |
| Sigg Regula             | 54 | Winterthur      | LSV-Winterthur             | <b>1:18:15</b> | 7:49   | 18061   |
| Soland Patrick          | 74 | Dürnten         |                            | <b>1:35:24</b> | 9:32   | 18331   |
| Sommer Jasmin           | 84 | Zürich          |                            | <b>1:40:48</b> | 10:04  | 18332   |
| Sommer Marc             | 79 | Zürich          |                            | <b>1:40:41</b> | 10:04  | 18333   |
| Sonderegger Romeo       | 52 | Weiach          |                            | <b>1:33:38</b> | 9:21   | 18334   |
| Spiegel Peter           | 48 | Esslingen       | smrun                      | <b>1:55:34</b> | 11:33  | 18080   |
| Spring Franziska        | 70 | Aarberg         | SMRUN                      |                |        | 18081   |
| Stahel Yvonne           | 72 | Nürensdorf      |                            | <b>1:33:32</b> | 9:21   | 18335   |
| Stammach Seraina        | 90 | Greifensee      |                            | <b>1:21:49</b> | 8:10   | 18336   |
| Stauffer Heinz          | 44 | Uster           |                            | <b>1:22:19</b> | 8:13   | 18337   |
| Stecher Lüchinger Ans   | 71 | Uster           |                            | <b>1:52:06</b> | 11:12  | 18338   |
| Stickel Melanie         | 74 | Zürich          |                            | <b>1:28:59</b> | 8:53   | 18339   |
| Stiefel Anne-Marie      | 45 | Brütten         |                            | <b>1:32:11</b> | 9:13   | 18340   |
| Stiefel Beatrice        | 63 | Tagelswangen    |                            | <b>1:37:48</b> | 9:46   | 18341   |
| Stoppa Tanja            | 75 | Liestal         |                            | <b>1:38:49</b> | 9:52   | 23808   |
| Stössel Irmgard         | 64 | Uster           |                            | <b>1:18:29</b> | 7:50   | 18342   |
| Streit Christine        | 70 | Seedorf BE      |                            | <b>1:42:34</b> | 10:15  | 18343   |
| Streuli Marlene         | 61 | Tegerfelden     |                            | <b>1:21:52</b> | 8:11   | 18344   |
| Strobl Marion           | 76 | Gommiswald      |                            | <b>1:27:24</b> | 8:44   | 18345   |
| Stuckert Lilian         | 73 | Hausen AG       |                            | <b>1:38:26</b> | 9:50   | 18346   |
| Studer Bruno            | 62 | Neu St. Johann  |                            | <b>1:36:08</b> | 9:36   | 18347   |
| Studer Tanja            | 84 | Grellingen      |                            | <b>1:42:01</b> | 10:12  | 18348   |
| Suter Claudia           | 69 | Lufingen        |                            | <b>1:32:50</b> | 9:16   | 18349   |
| Suter Dora              | 58 | Seon            |                            | <b>1:24:18</b> | 8:25   | 18350   |
| Taylor Simone           | 64 | Bern            |                            |                |        | 18351   |
| Tettamanti Pia          | 59 | Domat/Ems       |                            | <b>1:29:58</b> | 8:59   | 18352   |
| Thalmann-Langenegger... | 41 | Uster           |                            | <b>1:31:22</b> | 9:08   | 18353   |
| Thalmann-Langenegger... | 42 | Uster           |                            |                |        | 18354   |
| Thomet Weber Maya       | 63 | Mühleberg       | Lauftreff Mühleberg        | <b>1:25:31</b> | 8:33   | 18057   |
| Thurnherr Rico          | 74 | Balgach         |                            | <b>1:33:02</b> | 9:18   | 18355   |



# Greifenseelauf 2019

## Ergebnisse

### 10km Nordic Walking

| Nachname Vorname        | Jg | Ort                | Verein                       | Zeit           | min/km | Startnr |
|-------------------------|----|--------------------|------------------------------|----------------|--------|---------|
| Toniazso Silvia         | 75 | Uster              |                              |                |        | 18356   |
| Trost Daniela           | 73 | Wettingen          | SV Lägern Turnerinnen        | <b>1:41:40</b> | 10:09  | 18088   |
| Varela Cristina         | 73 | Steinhausen        |                              | <b>1:54:28</b> | 11:26  | 18357   |
| von Burg Andrea         | 71 | Derendingen        | LGD Derendingen              | <b>1:34:04</b> | 9:24   | 18060   |
| von Gunten Silvia       | 68 | Thun               | smrun                        | <b>1:50:37</b> | 11:03  | 18082   |
| Wagner Geraldine        | 01 | Uster              |                              | <b>1:41:02</b> | 10:06  | 18358   |
| Wagner Irene            | 68 | Uster              |                              | <b>1:41:03</b> | 10:06  | 18359   |
| Walser Donata           | 77 | Jonen              | Generali                     | <b>1:36:22</b> | 9:38   | 18043   |
| Walser Karin            | 78 | Bubikon            |                              | <b>1:33:55</b> | 9:23   | 18360   |
| Walter Sarah            | 75 | Orpund             | Jogging Biel-Bienne          | <b>1:38:59</b> | 9:53   | 17024   |
| Wanner Claudia          | 81 | Schleitheim        |                              | <b>1:40:41</b> | 10:04  | 17169   |
| Weber Christa           | 72 | Fischbach-Göslikon |                              | <b>1:36:22</b> | 9:38   | 18361   |
| Weber Livia             | 92 | Bern               |                              | <b>1:32:39</b> | 9:15   | 18362   |
| Weber Ruth              | 64 | Hemberg            | smrun                        | <b>1:29:33</b> | 8:57   | 18083   |
| Weber Sabine            | 74 | Kaltbrunn          |                              | <b>1:29:08</b> | 8:54   | 18363   |
| Weber Vreni             | 47 | Ebnat-Kappel       |                              | <b>1:29:08</b> | 8:54   | 18364   |
| Weber Willi             | 46 | Zürich             | Laufgruppe BZ Zürich-Müll... | <b>1:32:20</b> | 9:13   | 18053   |
| Wegehaupt Elisabeth     | 66 | Rheinfelden        |                              | <b>1:40:44</b> | 10:04  | 18365   |
| Weiler Werner           | 47 | Müllheim Dorf      |                              | <b>1:22:49</b> | 8:16   | 18366   |
| Werren Irene            | 70 | Oberhofen a.T.     |                              |                |        | 18367   |
| Wettstein Claudia       | 55 | Lenzburg           |                              | <b>1:26:05</b> | 8:36   | 18368   |
| Wey Werner              | 64 | Mühlau             |                              | <b>1:29:17</b> | 8:55   | 18369   |
| Widmer Claudia          | 68 | Chur               | Generali                     | <b>1:33:36</b> | 9:21   | 18044   |
| Wiedemeier Ursula       | 64 | Lenzburg           |                              | <b>1:21:49</b> | 8:10   | 18370   |
| Wigger Hetty            | 47 | Uster              |                              | <b>1:32:01</b> | 9:12   | 18371   |
| Wilfinger Alex          | 46 | Walenstadt         |                              | <b>1:10:05</b> | 7:00   | 18372   |
| Wittwer Markus          | 78 | Deitingen          | kimi club deitingen          | <b>1:32:01</b> | 9:12   | 18052   |
| Wolf Martina            | 81 | Rüti ZH            |                              | <b>1:23:32</b> | 8:21   | 18373   |
| Wüthrich Hans           | 61 | Eggiwil            | MTV.Eggiwil                  | <b>1:27:35</b> | 8:45   | 39065   |
| Wyrsh Gilbert           | 64 | Winterthur         |                              | <b>1:09:58</b> | 6:59   | 18374   |
| Wyss Erika              | 65 | Winterthur         |                              | <b>1:30:25</b> | 9:02   | 18375   |
| Zähner Joëlle           | 97 | Uster              |                              | <b>1:38:58</b> | 9:53   | 17047   |
| Zähner Roland           | 67 | Niederglatt        |                              | <b>1:39:08</b> | 9:54   | 17177   |
| Zajkov Natasa           | 73 | Duliken            |                              | <b>1:42:32</b> | 10:15  | 18376   |
| Zambetti Manuela        | 71 | Bellach            |                              | <b>1:32:21</b> | 9:14   | 18377   |
| Zemp Marianne           | 65 | Ernetschwil        |                              | <b>1:35:05</b> | 9:30   | 18378   |
| Zenger Claudia          | 66 | Hünenberg          |                              | <b>1:37:52</b> | 9:47   | 18379   |
| Zenger Jolanda          | 59 | Steinhausen        |                              | <b>1:44:07</b> | 10:24  | 18380   |
| Ziegler Erika           | 75 | Ernetschwil        |                              | <b>1:21:48</b> | 8:10   | 18381   |
| Zinecker Carlo          | 44 | Schaffhausen       | lws schaffhausen             | <b>1:27:18</b> | 8:43   | 18062   |
| Zingg Christoph         | 62 | Seon               | Sozialwerk Pfarrer Sieber    | <b>1:38:05</b> | 9:48   | 18001   |
| Zingg Susanne           | 59 | Zürich             |                              | <b>1:40:58</b> | 10:05  | 18382   |
| Ziolko Sandra           | 67 | Roggwil TG         |                              |                |        | 18383   |
| Zollinger Rita          | 54 | Langnau a/A        |                              | <b>1:22:37</b> | 8:15   | 18384   |
| Zuffo Sergio            | 36 | Zürich             |                              | <b>1:39:59</b> | 9:59   | 18385   |
| Züger Beatrice          | 62 | Giubiasco          |                              | <b>1:26:44</b> | 8:40   | 18386   |
| Züllig Martina          | 78 | Winterthur         |                              | <b>1:48:13</b> | 10:49  | 18387   |
| Zumbrunnen Astrid       | 47 | Basel              |                              | <b>1:34:57</b> | 9:29   | 18388   |
| Zumstein-Suter Roger    | 62 | Dulliken           |                              | <b>1:42:32</b> | 10:15  | 18389   |
| Zumstein-Suter Rosmarie | 58 | Dulliken           |                              | <b>1:42:30</b> | 10:14  | 18390   |



# Greifenseelauf 2019

## Ergebnisse

### 10km Nordic Walking

| Nachname Vorname  | Jg | Ort       | Verein      | Zeit    | min/km | Startnr |
|-------------------|----|-----------|-------------|---------|--------|---------|
| Zwimpfer Guido    | 49 | Dübendorf | Vita Suisse |         |        | 18092   |
| Zwimpfer Rita     | 48 | Dübendorf |             | 1:29:02 | 8:54   | 18391   |
| #402 Teilnehmende |    |           |             |         |        |         |