

# Greifenseelauf 2020

results

## 7km M 40

| rank | name                 | yob | city             | club                   | time         | diff   | min/km | racenum | overall |
|------|----------------------|-----|------------------|------------------------|--------------|--------|--------|---------|---------|
| 1.   | Parker Joel          | 79  | Ennetbaden       |                        | <b>26:38</b> |        | 3:48   | 3682    | 4.      |
| 2.   | Fischer Erich        | 78  | Spiegel bei Bern | STB                    | <b>28:14</b> | +1:36  | 4:01   | 3269    | 12.     |
| 3.   | Blättler Beat        | 76  | Stallikon        | LACTV Unterstrass      | <b>28:36</b> | +1:58  | 4:05   | 1878    | 16.     |
| 4.   | Fisler Michael       | 80  | St. Gallen       |                        | <b>29:02</b> | +2:24  | 4:08   | 956     | 20.     |
| 5.   | Schönenberger Swen   | 78  | Thun             | Lauftreff Thun         | <b>29:04</b> | +2:26  | 4:09   | 4177    | 22.     |
| 6.   | Pravato David        | 72  | Zürich           | LAC TV Unterstrass     | <b>29:17</b> | +2:39  | 4:10   | 1324    | 24.     |
| 7.   | Thom Marcel          | 76  | Wollerau         |                        | <b>30:52</b> | +4:14  | 4:24   | 7152    | 38.     |
| 8.   | Montangero Christian | 72  | Zürich           |                        | <b>30:59</b> | +4:21  | 4:25   | 3283    | 39.     |
| 9.   | Jordan Andi          | 73  | Schaffhausen     | WhatsApp Runners...    | <b>31:07</b> | +4:29  | 4:26   | 7218    | 43.     |
| 10.  | Schättin Patrik      | 76  | Wangen SZ        | TV Wangen SZ           | <b>31:52</b> | +5:14  | 4:33   | 1503    | 48.     |
| 11.  | Monn Fabian          | 74  | Greifensee       |                        | <b>32:10</b> | +5:32  | 4:35   | 2345    | 55.     |
| 12.  | Aeschlimann Martin   | 73  | Zürich           |                        | <b>32:26</b> | +5:48  | 4:37   | 273     | 57.     |
| 13.  | Casparis Thomas      | 72  | Opfikon          |                        | <b>32:27</b> | +5:49  | 4:38   | 3513    | 58.     |
| 14.  | Grass Rico           | 79  | Dübendorf        |                        | <b>32:33</b> | +5:55  | 4:38   | 6098    | 61.     |
| 15.  | Feierabend Rolf      | 73  | Jona             |                        | <b>32:46</b> | +6:08  | 4:40   | 4346    | 63.     |
| 16.  | Njuguna John Mwangi  | 75  | Greifensee       |                        | <b>32:46</b> | +6:08  | 4:40   | 1960    | 64.     |
| 17.  | Muntel Jan           | 80  | Zürich           |                        | <b>33:10</b> | +6:32  | 4:44   | 3032    | 69.     |
| 18.  | Rauber Martin        | 80  | Thalwil          | Gimmu di Butzi!!!      | <b>33:19</b> | +6:41  | 4:45   | 5453    | 70.     |
| 19.  | Schönwälder Olaf     | 71  | Uster            |                        | <b>33:21</b> | +6:43  | 4:45   | 5019    | 72.     |
| 20.  | Slapin Jonathan      | 79  | Zürich           |                        | <b>33:21</b> | +6:43  | 4:45   | 3158    | 73.     |
| 21.  | Watkins David        | 71  | Hinteregg        |                        | <b>33:26</b> | +6:48  | 4:46   | 4126    | 75.     |
| 22.  | Keller Christian     | 78  | Veza             | Gimmu di Butzi!!!      | <b>33:38</b> | +7:00  | 4:48   | 5444    | 77.     |
| 23.  | Birchler Thomas      | 76  | Zürich           |                        | <b>33:42</b> | +7:04  | 4:48   | 408     | 78.     |
| 24.  | Bommer Mathias       | 71  | Wallisellen      |                        | <b>33:46</b> | +7:08  | 4:49   | 3426    | 80.     |
| 25.  | Reichmuth André      | 78  | Weesen           | TSV Galgenen           | <b>33:54</b> | +7:16  | 4:50   | 1501    | 84.     |
| 26.  | Kollbrunner Daniel   | 76  | Wiesendangen     |                        | <b>34:00</b> | +7:22  | 4:51   | 5356    | 86.     |
| 27.  | Nardon Marcel        | 75  | Adetswil         |                        | <b>34:02</b> | +7:24  | 4:51   | 2346    | 87.     |
| 28.  | Birchler Christoph   | 75  | Zürich           |                        | <b>34:14</b> | +7:36  | 4:53   | 407     | 92.     |
| 29.  | Rinka Mathias        | 73  | Zürich           |                        | <b>34:18</b> | +7:40  | 4:53   | 3288    | 95.     |
| 30.  | Winandi-Martin Gerd  | 77  | Stein am Rhein   |                        | <b>34:24</b> | +7:46  | 4:54   | 1151    | 97.     |
| 31.  | Czell David          | 74  | Uster            |                        | <b>34:29</b> | +7:51  | 4:55   | 279     | 99.     |
| 32.  | Gasner Hanspeter     | 72  | St. Gallen       |                        | <b>34:31</b> | +7:53  | 4:55   | 2332    | 101.    |
| 33.  | Tromp Martin         | 72  | Uetikon am See   |                        | <b>34:40</b> | +8:02  | 4:57   | 3033    | 104.    |
| 34.  | Preisig Beat         | 76  | Wettingen        | Adidas Runners         | <b>34:52</b> | +8:14  | 4:58   | 109     | 109.    |
| 35.  | Newger Jan           | 80  | Zürich           |                        | <b>35:04</b> | +8:26  | 5:00   | 1804    | 112.    |
| 36.  | von Rotz Miguel      | 76  | Glattbrugg       |                        | <b>35:12</b> | +8:34  | 5:01   | 7104    | 114.    |
| 37.  | Gadient Thomas       | 74  | Galgenen         | TSV Galgenen           | <b>35:15</b> | +8:37  | 5:02   | 1489    | 116.    |
| 38.  | Hänni Stefan         | 75  | Bern             |                        | <b>35:30</b> | +8:52  | 5:04   | 3374    | 122.    |
| 39.  | Graf Roger           | 73  | Uster            |                        | <b>35:57</b> | +9:19  | 5:08   | 287     | 131.    |
| 40.  | Morf Kilian          | 79  | Wangen ZH        |                        | <b>36:02</b> | +9:24  | 5:08   | 969     | 134.    |
| 41.  | Dorner Sascha        | 79  | Uster            |                        | <b>36:18</b> | +9:40  | 5:11   | 3060    | 138.    |
| 42.  | Blattmann Daniel     | 73  | Stäfa            |                        | <b>36:54</b> | +10:16 | 5:16   | 275     | 147.    |
| 43.  | Surber Roman         | 73  | Dübendorf        |                        | <b>37:03</b> | +10:25 | 5:17   | 5213    | 150.    |
| 44.  | Jungfer Martin       | 78  | Schwerzenbach    |                        | <b>37:04</b> | +10:26 | 5:17   | 2265    | 151.    |
| 45.  | Kieliger Matthias    | 72  | Zollikerberg     | adidas Runners Zuri... | <b>37:11</b> | +10:33 | 5:18   | 5111    | 156.    |
| 46.  | Jost Beni            | 74  | Rehetobel        | SV Rehetobel           | <b>37:14</b> | +10:36 | 5:19   | 6190    | 158.    |
| 47.  | Hofer Sandro         | 79  | Ostermundigen    |                        | <b>37:17</b> | +10:39 | 5:19   | 4070    | 160.    |
| 48.  | Wille Hans-Jürgen    | 73  | Dübendorf        |                        | <b>37:22</b> | +10:44 | 5:20   | 1972    | 162.    |
| 49.  | Rüttimann Urs        | 74  | Küsnacht ZH      |                        | <b>37:33</b> | +10:55 | 5:21   | 5277    | 168.    |
| 50.  | Bigger Daniel        | 75  | Altendorf        |                        | <b>37:35</b> | +10:57 | 5:22   | 5010    | 169.    |

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results

## 7km M 40

| rank | name                  | yob | city               | club          | time         | diff   | min/km | racenum | overall |
|------|-----------------------|-----|--------------------|---------------|--------------|--------|--------|---------|---------|
| 51.  | Moser Martin          | 78  | Basel              |               | <b>37:38</b> | +11:00 | 5:22   | 3673    | 171.    |
| 52.  | Eisenreich Lars       | 74  | Diepoldsau         |               | <b>37:40</b> | +11:02 | 5:22   | 1485    | 173.    |
| 53.  | Rufer Rico            | 78  | Schänis            |               | <b>37:52</b> | +11:14 | 5:24   | 1964    | 175.    |
| 54.  | Michel Andreas        | 79  | Grosshöchstetten   |               | <b>37:56</b> | +11:18 | 5:25   | 781     | 180.    |
| 55.  | Lehner Andreas        | 76  | Uster              |               | <b>38:01</b> | +11:23 | 5:25   | 778     | 182.    |
| 56.  | Bonafine Mario        | 77  | Hombrechtikon ZH   |               | <b>38:20</b> | +11:42 | 5:28   | 2494    | 189.    |
| 57.  | Eisenhardt Alex       | 79  | Zumikon            | TSV Zumikon   | <b>38:37</b> | +11:59 | 5:30   | 4424    | 192.    |
| 58.  | Pace Marco            | 76  | Thalwil            |               | <b>38:39</b> | +12:01 | 5:31   | 5053    | 195.    |
| 59.  | Amstutz Michael Peter | 80  | Dübendorf          |               | <b>38:51</b> | +12:13 | 5:32   | 3136    | 201.    |
| 60.  | Williner Yvan         | 77  | Visp               |               | <b>38:52</b> | +12:14 | 5:33   | 1506    | 203.    |
| 61.  | Biteznik Roman        | 73  | Henau              |               | <b>38:53</b> | +12:15 | 5:33   | 3267    | 204.    |
| 62.  | Maizar Karim          | 78  | Zürich             | Sportegration | <b>39:12</b> | +12:34 | 5:35   | 1575    | 213.    |
| 63.  | Bernasconi Simone     | 73  | Uster              |               | <b>39:26</b> | +12:48 | 5:37   | 2612    | 221.    |
| 64.  | Dugas Julien          | 78  | Binz               |               | <b>39:33</b> | +12:55 | 5:38   | 588     | 223.    |
| 65.  | Wydler Marc           | 78  | Bachenbülach       |               | <b>39:33</b> | +12:55 | 5:38   | 1507    | 224.    |
| 66.  | Ruchti Bernhard       | 74  | Winterthur         |               | <b>40:02</b> | +13:24 | 5:43   | 4368    | 239.    |
| 67.  | Trösch Beat           | 79  | Fällanden          |               | <b>40:13</b> | +13:35 | 5:44   | 5461    | 244.    |
| 68.  | Wolf Daniel           | 74  | Hombrechtikon      |               | <b>40:19</b> | +13:41 | 5:45   | 1811    | 252.    |
| 69.  | Compagnino Livio      | 75  | Wetzikon ZH        |               | <b>40:22</b> | +13:44 | 5:45   | 6135    | 257.    |
| 70.  | Braun Andreas         | 75  | Lufingen           |               | <b>40:33</b> | +13:55 | 5:47   | 3427    | 260.    |
| 71.  | Kuczkowski Krzysztof  | 73  | Männedorf          |               | <b>40:44</b> | +14:06 | 5:49   | 3644    | 267.    |
| 72.  | Babin Franck          | 72  | Dübendorf          |               | <b>40:54</b> | +14:16 | 5:50   | 3506    | 271.    |
| 73.  | Fischer Jonas         | 79  | Sax                |               | <b>41:21</b> | +14:43 | 5:54   | 4107    | 283.    |
| 74.  | Niggli Olli           | 76  | Bachenbülach       | AR Zürich     | <b>41:24</b> | +14:46 | 5:54   | 118     | 284.    |
| 75.  | Fürst Hanspeter       | 73  | Embrach            |               | <b>41:32</b> | +14:54 | 5:55   | 3518    | 288.    |
| 76.  | Kopmann Lars          | 80  | Zürich             | KN Moves      | <b>41:33</b> | +14:55 | 5:56   | 3496    | 289.    |
| 77.  | Tedaldi Raphael       | 74  | Zürich             |               | <b>41:36</b> | +14:58 | 5:56   | 3646    | 290.    |
| 78.  | Obrist André          | 77  | Schwerzenbach      |               | <b>41:53</b> | +15:15 | 5:58   | 7023    | 296.    |
| 79.  | Stalder Daniel        | 71  | Zürich             |               | <b>42:02</b> | +15:24 | 6:00   | 3383    | 302.    |
| 80.  | Geiger Markus         | 79  | Siggenthal Station |               | <b>42:51</b> | +16:13 | 6:07   | 414     | 328.    |
| 81.  | Sakipi Lutfi          | 73  | Saland             |               | <b>42:56</b> | +16:18 | 6:07   | 2184    | 330.    |
| 82.  | De Magalhaes Eduardo  | 80  | Dietlikon          |               | <b>43:04</b> | +16:26 | 6:09   | 6183    | 334.    |
| 83.  | Grundtvig-Wu Min      | 73  | Dübendorf          |               | <b>43:23</b> | +16:45 | 6:11   | 3315    | 337.    |
| 84.  | Massel Michael        | 80  | Zürich             |               | <b>43:25</b> | +16:47 | 6:12   | 3523    | 338.    |
| 85.  | Hollenstein Silvan    | 75  | Flawil             |               | <b>43:43</b> | +17:05 | 6:14   | 3335    | 350.    |
| 86.  | Ghazi Rachid          | 77  | Bülach             |               | <b>43:43</b> | +17:05 | 6:14   | 6141    | 351.    |
| 87.  | Rebhan Christian      | 77  | Maur               |               | <b>43:47</b> | +17:09 | 6:15   | 2126    | 353.    |
| 88.  | Findeisen Thomas      | 80  | Maseltrangen       |               | <b>44:01</b> | +17:23 | 6:17   | 3147    | 362.    |
| 89.  | Paliouras Vagelis     | 75  | Zürich             | KN Moves      | <b>44:15</b> | +17:37 | 6:19   | 3442    | 369.    |
| 90.  | Kerekes Georg         | 74  | Birmensdorf ZH     |               | <b>44:44</b> | +18:06 | 6:23   | 2173    | 374.    |
| 91.  | Ausserhofer Marcel    | 77  | Tuggen             |               | <b>44:46</b> | +18:08 | 6:23   | 1304    | 377.    |
| 92.  | Ward LeeBrian         | 80  | Hinwil             |               | <b>44:57</b> | +18:19 | 6:25   | 6254    | 382.    |
| 93.  | Furfari Chris         | 76  | Glattpark          |               | <b>45:04</b> | +18:26 | 6:26   | 2262    | 383.    |
| 94.  | Kauflin Michael       | 77  | Uster              |               | <b>45:05</b> | +18:27 | 6:26   | 4165    | 386.    |
| 95.  | Kutlesa Sinisa        | 76  | St. Gallen         |               | <b>45:05</b> | +18:27 | 6:26   | 1317    | 388.    |
| 96.  | Schüpbach Andy        | 72  | Zürich             |               | <b>45:22</b> | +18:44 | 6:28   | 603     | 392.    |
| 97.  | Sahin Haktan          | 80  | Zürich             |               | <b>45:24</b> | +18:46 | 6:29   | 972     | 393.    |
| 98.  | Westerberg Carl       | 78  | Thalwil            |               | <b>45:25</b> | +18:47 | 6:29   | 6162    | 394.    |
| 99.  | Gemperle Fabian       | 79  | Zürich             |               | <b>45:25</b> | +18:47 | 6:29   | 593     | 395.    |
| 100. | Hauri Manuel          | 80  | Ottikon            |               | <b>45:35</b> | +18:57 | 6:30   | 5048    | 399.    |

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results

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| rank | name                | yob | city                 | club                   | time           | diff   | min/km | racenum | overall |
|------|---------------------|-----|----------------------|------------------------|----------------|--------|--------|---------|---------|
| 101. | Waldvogel Marco     | 80  | Höri                 |                        | <b>45:58</b>   | +19:20 | 6:33   | 1899    | 405.    |
| 102. | Künzli Matthias     | 73  | Rüti                 |                        | <b>46:49</b>   | +20:11 | 6:41   | 4227    | 418.    |
| 103. | Hengartner Beat     | 73  | Wilten b. Wil        |                        | <b>46:49</b>   | +20:11 | 6:41   | 962     | 419.    |
| 104. | Rodenstein Mathias  | 80  | Zürich               |                        | <b>47:33</b>   | +20:55 | 6:47   | 7161    | 431.    |
| 105. | Lukas Matt          | 72  | Wallisellen          |                        | <b>47:34</b>   | +20:56 | 6:47   | 2343    | 433.    |
| 106. | Hotz Felix          | 79  | Eschenbach SG        |                        | <b>47:38</b>   | +21:00 | 6:48   | 1495    | 434.    |
| 107. | Ugarte Carlos       | 72  | Zürich               |                        | <b>47:41</b>   | +21:03 | 6:48   | 5056    | 435.    |
| 108. | Hotz Andreas        | 76  | Winterthur           |                        | <b>47:42</b>   | +21:04 | 6:48   | 1494    | 436.    |
| 109. | Lüdinghausen Daniel | 77  | Mönchaltorf          |                        | <b>47:44</b>   | +21:06 | 6:49   | 3676    | 437.    |
| 110. | Massaro Armando     | 75  | Egg                  |                        | <b>47:58</b>   | +21:20 | 6:51   | 967     | 442.    |
| 111. | Meier Patrick       | 72  | Zürich               |                        | <b>48:00</b>   | +21:22 | 6:51   | 5272    | 446.    |
| 112. | Egli Thomas         | 79  | Dietikon             | Leiterlistars          | <b>49:05</b>   | +22:27 | 7:00   | 1880    | 457.    |
| 113. | Salmona Emanuel     | 80  | Adliswil             |                        | <b>49:23</b>   | +22:45 | 7:03   | 5245    | 461.    |
| 114. | Hänsli Bruno        | 72  | Wolfhausen           |                        | <b>49:29</b>   | +22:51 | 7:04   | 5578    | 462.    |
| 115. | Staub Guido         | 76  | Rüti ZH              |                        | <b>49:45</b>   | +23:07 | 7:06   | 2417    | 470.    |
| 116. | Sonderegger Ueli    | 72  | Greifensee           |                        | <b>49:46</b>   | +23:08 | 7:06   | 5418    | 472.    |
| 117. | Asler Sebastian     | 71  | Zürich               |                        | <b>49:53</b>   | +23:15 | 7:07   | 6343    | 476.    |
| 118. | Lüdicke Peter       | 72  | Glattbrugg           | 3Star Cats Wallisellen | <b>50:01</b>   | +23:23 | 7:08   | 5405    | 481.    |
| 119. | Jung Roger          | 74  | Gachnang             | LV Vita Parcour        | <b>50:16</b>   | +23:38 | 7:10   | 2115    | 486.    |
| 120. | Phougat Rupinder    | 73  | Holderbank AG        | lafargeholcim          | <b>50:21</b>   | +23:43 | 7:11   | 7017    | 487.    |
| 121. | Erdogan Feridun     | 72  | Uster                |                        | <b>52:46</b>   | +26:08 | 7:32   | 4285    | 506.    |
| 122. | Dursun Fatih        | 74  | Volketswil           |                        | <b>52:47</b>   | +26:09 | 7:32   | 4282    | 507.    |
| 123. | Lüdicke Jürgen      | 72  | Thalheim an der Thur |                        | <b>54:23</b>   | +27:45 | 7:46   | 5404    | 521.    |
| 124. | Frei Michael R.     | 74  | Zürich               |                        | <b>55:19</b>   | +28:41 | 7:54   | 2394    | 528.    |
| 125. | Engeler Thomas      | 75  | Winterthur           |                        | <b>56:19</b>   | +29:41 | 8:02   | 1648    | 532.    |
| 126. | Ashong Shady        | 75  | Nänikon              |                        | <b>58:45</b>   | +32:07 | 8:23   | 5195    | 543.    |
| 127. | Schnoor Tim         | 74  | Wettingen            |                        | <b>1:01:21</b> | +34:43 | 8:45   | 5378    | 548.    |

## DNS

|                    |    |              |                        |      |
|--------------------|----|--------------|------------------------|------|
| Burger Stefan      | 77 | Volketswil   |                        | 410  |
| Sorge Dennis       | 79 | Dielsdorf    | TRI-Frauenfeld         | 975  |
| Hänni Matthias     | 77 | Wabern       | STB                    | 1307 |
| Bachthaler Michael | 78 | Rheinfelden  |                        | 1479 |
| Bruttel Roger      | 71 | Thalwil      |                        | 1879 |
| Selecky Dominique  | 78 | Wohlen       |                        | 1897 |
| Waltert Fabian     | 78 | Uster        |                        | 1901 |
| Zeller Michael     | 73 | Bern         | STB                    | 1904 |
| Rensch Christian   | 78 | Oberrüti     |                        | 1962 |
| Koenigs Jeffrey    | 77 | Winterthur   |                        | 2118 |
| Hasdemir Caner     | 71 | Zürich       | Hurt Johny Cash        | 2211 |
| Späni Christian    | 75 | Glattfelden  | adidas Runners Zuri... | 3231 |
| Rast Manuel        | 79 | Schenkon     |                        | 3339 |
| Noble Scott        | 77 | London       |                        | 3441 |
| Dörig Stephan      | 74 | Zürich       |                        | 4215 |
| Thun Gian Andri    | 76 | Zürich       |                        | 4372 |
| Ziltener Stefan    | 71 | Reichenburg  | The Four Horsemen      | 5059 |
| Wassmer Reto       | 73 | Wilchingen   | KMSK                   | 5463 |
| Pfenninger Thomas  | 73 | Schaffhausen |                        | 5564 |
| Kortus Alexander   | 79 | Zürich       |                        | 6361 |
| Pepe Lorenzo       | 79 | Lausanne     |                        | 6366 |

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results

7km M 40

| rank              | name | yob | city | club | time | diff | min/km | racenum | overall |
|-------------------|------|-----|------|------|------|------|--------|---------|---------|
| #148 participants |      |     |      |      |      |      |        |         |         |