

# 33. Schweizer Frauenlauf Bern 2019

## Ergebnisse

### 5km Running Frauen W35

| Rang | Nachname Vorname        | Jg | Ort                | Verein                | Zeit         | Abstand | min/km | Startnr | Overall |
|------|-------------------------|----|--------------------|-----------------------|--------------|---------|--------|---------|---------|
| 1.   | Neuenschwander Maja     | 80 | Rubigen            | STBern Leichtathletik | <b>17:35</b> |         | 3:31   | 1       | 4.      |
| 2.   | Lehmann Valérie         | 80 | Liebefeld          | gwp track team        | <b>17:54</b> | +19     | 3:34   | 29      | 6.      |
| 3.   | Schwarz Andreina        | 82 | Uster              | LC Uster              | <b>18:21</b> | +46     | 3:40   | 22      | 11.     |
| 4.   | Friedli Sarah           | 82 | Roggliwil          |                       | <b>19:13</b> | +1:38   | 3:50   | 21052   | 19.     |
| 5.   | Vogel Monika            | 81 | Dottikon           | TV Wohlen             | <b>19:22</b> | +1:47   | 3:52   | 21176   | 22.     |
| 6.   | Meyer Stefanie          | 84 | Zofingen           | sportymum             | <b>19:34</b> | +1:59   | 3:54   | 21112   | 27.     |
| 7.   | Wyrsh Christine         | 81 | Sachsln            | LA Alpnach            | <b>19:52</b> | +2:17   | 3:58   | 21340   | 31.     |
| 8.   | Benz Sandrine           | 84 | Steinach           | Oberstufe Gossau SG   | <b>19:52</b> | +2:17   | 3:58   | 21004   | 32.     |
| 9.   | Hernandez Cristina      | 83 | Grenchen           | Free Runners Grenchen | <b>20:36</b> | +3:01   | 4:07   | 21077   | 40.     |
| 10.  | Stoffel Andrea          | 82 | Varen              | Bayard Running Team   | <b>20:41</b> | +3:06   | 4:08   | 21325   | 43.     |
| 11.  | Kaymaz Zibung Irene     | 83 | Fribourg           | LAT Sense             | <b>21:02</b> | +3:27   | 4:12   | 21261   | 54.     |
| 12.  | Nicholson Pamela        | 83 | Bern               |                       | <b>21:19</b> | +3:44   | 4:15   | 21362   | 62.     |
| 13.  | Rieger Mirjam           | 81 | Bern               |                       | <b>21:35</b> | +4:00   | 4:19   | 21300   | 75.     |
| 14.  | Maillard Mirjam         | 82 | Bösingen           |                       | <b>21:53</b> | +4:18   | 4:22   | 21103   | 88.     |
| 15.  | Kern Anja               | 83 | Aarau              |                       | <b>22:01</b> | +4:26   | 4:24   | 21088   | 94.     |
| 16.  | Kistler Hadouba         | 81 | Muri b. Bern       | TVL                   | <b>22:25</b> | +4:50   | 4:29   | 21264   | 121.    |
| 17.  | Lendi Claudia           | 82 | Wagen              |                       | <b>22:33</b> | +4:58   | 4:30   | 21097   | 132.    |
| 18.  | Hufschmid Janine        | 84 | Thun               |                       | <b>22:46</b> | +5:11   | 4:33   | 24164   | 154.    |
| 19.  | Aeberhard Stephanie     | 83 | Adelboden          | runningcoach.me       | <b>23:00</b> | +5:25   | 4:36   | 21011   | 173.    |
| 20.  | Gerber Tamara           | 83 | Worblaufen         | STB                   | <b>23:12</b> | +5:37   | 4:38   | 21233   | 186.    |
| 21.  | Nauer Ramona            | 83 | Niedermuhlern      | Längebärger Movers    | <b>23:17</b> | +5:42   | 4:39   | 21117   | 190.    |
| 22.  | Pollinger Brigitte      | 82 | St. Niklaus        |                       | <b>23:30</b> | +5:55   | 4:42   | 22226   | 210.    |
| 23.  | Sudan Chimène           | 80 | Cernier            |                       | <b>23:35</b> | +6:00   | 4:43   | 21373   | 217.    |
| 24.  | Bienkowska Ewa          | 81 | Bern               |                       | <b>23:37</b> | +6:02   | 4:43   | 34271   | 220.    |
| 25.  | Thurnherr Barbara       | 82 | Hedingen           | DTV Hedingen          | <b>23:50</b> | +6:15   | 4:46   | 21329   | 239.    |
| 26.  | Morales Isabel          | 83 | Bern               | STB                   | <b>23:54</b> | +6:19   | 4:46   | 21287   | 254.    |
| 27.  | Froidevaux Christina    | 83 | Herbligen          |                       | <b>24:01</b> | +6:26   | 4:48   | 31003   | 260.    |
| 28.  | Giger Ramona            | 83 | Schänis            | VC Maseltrangen       | <b>24:24</b> | +6:49   | 4:52   | 21356   | 295.    |
| 29.  | Mörgeli Andrea          | 82 | Hofstetten ZH      |                       | <b>24:29</b> | +6:54   | 4:53   | 22200   | 303.    |
| 30.  | Mertenat Stéphanie      | 82 | Rothenburg         |                       | <b>24:39</b> | +7:04   | 4:55   | 25069   | 333.    |
| 31.  | Gisler Sabrina          | 83 | 6003               |                       | <b>24:40</b> | +7:05   | 4:56   | 25065   | 337.    |
| 32.  | Schori Anja             | 81 | Zollikofen         |                       | <b>24:49</b> | +7:14   | 4:57   | 22447   | 359.    |
| 33.  | Wüthrich Tina           | 80 | Rüegsbach          |                       | <b>24:49</b> | +7:14   | 4:57   | 21193   | 361.    |
| 34.  | Murina Karin            | 80 | Kirchberg BE       |                       | <b>25:08</b> | +7:33   | 5:01   | 21289   | 414.    |
| 35.  | Messerli Nicole         | 80 | Wattenwil          |                       | <b>25:12</b> | +7:37   | 5:02   | 22417   | 418.    |
| 36.  | Feller-Hunkemöller Lena | 81 | Biel/Bienne        |                       | <b>25:21</b> | +7:46   | 5:04   | 22085   | 440.    |
| 37.  | Häusler Daniela         | 83 | Auswil             | OLG Huttwil           | <b>25:21</b> | +7:46   | 5:04   | 22389   | 442.    |
| 38.  | Ruepp Fabienne          | 82 | Ettingen           |                       | <b>25:25</b> | +7:50   | 5:05   | 30195   | 461.    |
| 39.  | Maurer Olivia           | 81 | Oetwil a.d. Limmat |                       | <b>25:29</b> | +7:54   | 5:05   | 23408   | 471.    |
| 40.  | Vauthier Manon          | 81 | Hinterkappelen     |                       | <b>25:29</b> | +7:54   | 5:05   | 27244   | 473.    |
| 41.  | Hurábová Hana           | 83 | Alchenflüh         |                       | <b>25:32</b> | +7:57   | 5:06   | 22128   | 485.    |
| 42.  | Meier Martina           | 83 | Bisikon            |                       | <b>25:34</b> | +7:59   | 5:06   | 23409   | 488.    |
| 43.  | Ryf Beatrice            | 82 | Eriswil            |                       | <b>25:35</b> | +8:00   | 5:07   | 23437   | 493.    |
| 44.  | Bühlmann Christine      | 83 | Heimberg           |                       | <b>25:37</b> | +8:02   | 5:07   | 21219   | 498.    |
| 45.  | Mosimann Sybille        | 80 | Gais               | TV Gais               | <b>25:38</b> | +8:03   | 5:07   | 22204   | 501.    |
| 46.  | Laug Michelle           | 81 | Bern               |                       | <b>26:03</b> | +8:28   | 5:12   | 25274   | 592.    |
| 47.  | Briones Daniela         | 82 | Affoltern am Albis |                       | <b>26:06</b> | +8:31   | 5:13   | 69156   | 602.    |
| 48.  | Häfliger Nicole         | 80 | Frick              |                       | <b>26:08</b> | +8:33   | 5:13   | 25217   | 604.    |
| 49.  | Wicki Stephanie         | 84 | Reigoldswil        | Wicki                 | <b>26:09</b> | +8:34   | 5:13   | 24288   | 611.    |
| 50.  | Seferaj Dile            | 83 | Schliern           |                       | <b>26:10</b> | +8:35   | 5:14   | 22452   | 616.    |

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## Ergebnisse

### 5km Running Frauen W35

| Rang | Nachname Vorname          | Jg | Ort                | Verein                  | Zeit         | Abstand | min/km | Startnr | Overall |
|------|---------------------------|----|--------------------|-------------------------|--------------|---------|--------|---------|---------|
| 51.  | Brand Anik                | 83 | Oberwangen b. Bern |                         | <b>26:15</b> | +8:40   | 5:15   | 22062   | 636.    |
| 52.  | Schegg Mirjam             | 84 | St. Gallen         |                         | <b>26:17</b> | +8:42   | 5:15   | 23263   | 644.    |
| 53.  | Rudin Judith              | 81 | Basel              | Juma-Flitzer            | <b>26:20</b> | +8:45   | 5:16   | 24434   | 656.    |
| 54.  | Jobin Michèle             | 84 | Bellmund           |                         | <b>26:20</b> | +8:45   | 5:16   | 22136   | 657.    |
| 55.  | Ruprecht Caroline         | 80 | Zimmerwald         | Längebärger Movers      | <b>26:23</b> | +8:48   | 5:16   | 22437   | 673.    |
| 56.  | Bösiger Sarah             | 84 | Algetshausen       | LC Uzwil                | <b>26:25</b> | +8:50   | 5:17   | 22061   | 680.    |
| 57.  | Meister Rahel             | 84 | Heinrichswil       |                         | <b>26:33</b> | +8:58   | 5:18   | 22190   | 714.    |
| 58.  | Furrer Manuela            | 81 | Rain               |                         | <b>26:33</b> | +8:58   | 5:18   | 22096   | 716.    |
| 59.  | Tanner Nicole             | 80 | Beatenberg         |                         | <b>26:42</b> | +9:07   | 5:20   | 23282   | 749.    |
| 60.  | Schmid Carol              | 83 | Boll               |                         | <b>26:52</b> | +9:17   | 5:22   | 27196   | 786.    |
| 61.  | Hettich Magda             | 83 | Biglen             |                         | <b>26:55</b> | +9:20   | 5:23   | 24369   | 798.    |
| 62.  | Schrofer Elselina         | 81 | Lyss               |                         | <b>26:57</b> | +9:22   | 5:23   | 23274   | 812.    |
| 63.  | Holdener Heidi            | 81 | Rickenbach SZ      |                         | <b>27:03</b> | +9:28   | 5:24   | 33082   | 846.    |
| 64.  | Valsecchi Doris           | 83 | Erlinsbach SO      |                         | <b>27:05</b> | +9:30   | 5:25   | 22314   | 854.    |
| 65.  | Serra Anelia Garcia       | 84 | Kehrsatz           |                         | <b>27:06</b> | +9:31   | 5:25   | 24261   | 860.    |
| 66.  | Gwerder Anita             | 80 | Brunnen            |                         | <b>27:06</b> | +9:31   | 5:25   | 24146   | 863.    |
| 67.  | Nydegger Christina        | 83 | Villigen           |                         | <b>27:16</b> | +9:41   | 5:27   | 24422   | 919.    |
| 68.  | Meier Marianne            | 81 | Pfeffikon LU       |                         | <b>27:17</b> | +9:42   | 5:27   | 25304   | 926.    |
| 69.  | Iseli Karin               | 80 | Thunstetten        |                         | <b>27:22</b> | +9:47   | 5:28   | 25241   | 941.    |
| 70.  | Guglya Leonila            | 82 | Veyrier            |                         | <b>27:29</b> | +9:54   | 5:29   | 21063   | 975.    |
| 71.  | Furrer Denise             | 81 | Bern               |                         | <b>27:32</b> | +9:57   | 5:30   | 23174   | 984.    |
| 72.  | Racine Marina             | 82 | Gümligen           |                         | <b>27:35</b> | +10:00  | 5:31   | 28324   | 998.    |
| 73.  | Schönfelder Christa       | 82 | Zürich             |                         | <b>27:37</b> | +10:02  | 5:31   | 24008   | 1008.   |
| 74.  | Startnummer 31367         | -  | Aeschi b. Spiez    |                         | <b>27:37</b> | +10:02  | 5:31   | 31367   | 1010.   |
| 75.  | Leske Simone              | 83 | Strengelbach       |                         | <b>27:39</b> | +10:04  | 5:31   | 23219   | 1017.   |
| 76.  | Hodel Miriam              | 84 | Aarau              |                         | <b>27:41</b> | +10:06  | 5:32   | 23194   | 1024.   |
| 77.  | Stingelin Carmen          | 82 | Riggisberg         |                         | <b>27:42</b> | +10:07  | 5:32   | 25431   | 1036.   |
| 78.  | Hürlimann Sonja           | 80 | Pfaffnau           |                         | <b>27:44</b> | +10:09  | 5:32   | 27063   | 1045.   |
| 79.  | Spindler Simone           | 80 | Rüschlikon         |                         | <b>27:48</b> | +10:13  | 5:33   | 22457   | 1076.   |
| 80.  | Elsig Rafaela             | 80 | Ersigen            |                         | <b>27:49</b> | +10:14  | 5:33   | 24111   | 1081.   |
| 81.  | Seewer-Steiner Janine     | 81 | Leuk-Stadt         |                         | <b>27:54</b> | +10:19  | 5:34   | 23277   | 1102.   |
| 82.  | Donatsch Sarah            | 84 | Solothurn          | Ypsomed Ag              | <b>27:54</b> | +10:19  | 5:34   | 23339   | 1109.   |
| 83.  | Müller Diana              | 81 | Bern               |                         | <b>27:56</b> | +10:21  | 5:35   | 27188   | 1124.   |
| 84.  | Verones Cristina          | 84 | Bern               |                         | <b>27:56</b> | +10:21  | 5:35   | 25451   | 1126.   |
| 85.  | Schneider Cony            | 80 | Wohlenschwil       |                         | <b>27:58</b> | +10:23  | 5:35   | 30210   | 1144.   |
| 86.  | Weingart Andrea           | 83 | Burgdorf           | Schule Oberburg         | <b>28:00</b> | +10:25  | 5:36   | 26036   | 1156.   |
| 87.  | Stähli Alexa              | 81 | Burgdorf           | Ypsomed                 | <b>28:02</b> | +10:27  | 5:36   | 23450   | 1168.   |
| 88.  | Raemy Monika              | 82 | Schliern           |                         | <b>28:03</b> | +10:28  | 5:36   | 23250   | 1171.   |
| 89.  | Frauendorfer Denise       | 84 | Bern               | Schweizerisches Rote... | <b>28:04</b> | +10:29  | 5:36   | 24124   | 1177.   |
| 90.  | Bula Monika               | 81 | Rubigen            |                         | <b>28:05</b> | +10:30  | 5:37   | 24330   | 1183.   |
| 91.  | Bernath Annina            | 80 | Aarberg            |                         | <b>28:08</b> | +10:33  | 5:37   | 25122   | 1199.   |
| 92.  | Schamaun Annaliese        | 81 | Jenins             |                         | <b>28:11</b> | +10:36  | 5:38   | 22263   | 1217.   |
| 93.  | Jambor Sabrina            | 84 | Meilen             |                         | <b>28:13</b> | +10:38  | 5:38   | 27065   | 1233.   |
| 94.  | Dubach Karin              | 81 | Schötz             |                         | <b>28:15</b> | +10:40  | 5:39   | 27043   | 1241.   |
| 95.  | Williner Esther           | 81 | Bremgarten b. Bern |                         | <b>28:15</b> | +10:40  | 5:39   | 24490   | 1242.   |
| 96.  | Esseiva Vivianne          | 81 | Bern               | FDP Frauen              | <b>28:15</b> | +10:40  | 5:39   | 26104   | 1243.   |
| 97.  | Ramseier Michaela         | 80 | Langnau i. E.      |                         | <b>28:16</b> | +10:41  | 5:39   | 24423   | 1255.   |
| 98.  | Vogel Catharina           | 82 | Bern               | STB                     | <b>28:17</b> | +10:42  | 5:39   | 27245   | 1258.   |
| 99.  | Boss Claudia              | 84 | Ammerzwil BE       |                         | <b>28:22</b> | +10:47  | 5:40   | 26069   | 1302.   |
| 100. | Bissig-Schweitzer Eveline | 80 | Ennetbürgen        |                         | <b>28:23</b> | +10:48  | 5:40   | 27148   | 1310.   |

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### 5km Running Frauen W35

| Rang | Nachname Vorname         | Jg | Ort                | Verein                 | Zeit         | Abstand | min/km | Startnr | Overall |
|------|--------------------------|----|--------------------|------------------------|--------------|---------|--------|---------|---------|
| 101. | Chédel Mélanie           | 81 | Renan BE           |                        | <b>28:24</b> | +10:49  | 5:40   | 30060   | 1319.   |
| 102. | Wermelinger Patricia     | 83 | Ortschwaben        |                        | <b>28:25</b> | +10:50  | 5:41   | 24472   | 1326.   |
| 103. | Langensand Keller Evelyn | 83 | Sitterdorf         |                        | <b>28:26</b> | +10:51  | 5:41   | 23397   | 1332.   |
| 104. | Flury Erika              | 80 | Rickenbach SO      |                        | <b>28:26</b> | +10:51  | 5:41   | 24122   | 1340.   |
| 105. | Fries Isabelle           | 80 | Seengen            |                        | <b>28:27</b> | +10:52  | 5:41   | 24126   | 1343.   |
| 106. | Vujotic Ksenija          | 84 | Bern               |                        | <b>28:27</b> | +10:52  | 5:41   | 23487   | 1346.   |
| 107. | Pesotska Tatyana         | 84 | Malters            |                        | <b>28:31</b> | +10:56  | 5:42   | 28123   | 1371.   |
| 108. | Tolo Tabea               | 83 | Ipsach             |                        | <b>28:35</b> | +11:00  | 5:43   | 22308   | 1419.   |
| 109. | Meryem Sandra            | 80 | Thun               | Unihockey Berner Ob... | <b>28:38</b> | +11:03  | 5:43   | 22193   | 1435.   |
| 110. | Schmid Manuela           | 80 | Rubigen            |                        | <b>28:43</b> | +11:08  | 5:44   | 25390   | 1474.   |
| 111. | Iseli Patricia           | 84 | Spiez              |                        | <b>28:44</b> | +11:09  | 5:44   | 25242   | 1483.   |
| 112. | Hofer Angela             | 83 | Bern               |                        | <b>28:45</b> | +11:10  | 5:45   | 21358   | 1488.   |
| 113. | Steiger Radmila          | 80 | Meilen             |                        | <b>28:45</b> | +11:10  | 5:45   | 27128   | 1489.   |
| 114. | Spirig Corinne           | 83 | Zürich             |                        | <b>28:46</b> | +11:11  | 5:45   | 26446   | 1493.   |
| 115. | Häusler Renate           | 82 | Sumiswald          |                        | <b>28:47</b> | +11:12  | 5:45   | 24361   | 1499.   |
| 116. | Krähenbühl Daniela       | 80 | Trubschachen       |                        | <b>28:49</b> | +11:14  | 5:45   | 24389   | 1522.   |
| 117. | Tadesse Emnet            | 83 | Bolligen           |                        | <b>28:50</b> | +11:15  | 5:46   | 22305   | 1525.   |
| 118. | Tschanz Regula           | 84 | Bern               |                        | <b>28:50</b> | +11:15  | 5:46   | 26252   | 1526.   |
| 119. | Currit Sophie            | 83 | Môtiers NE         |                        | <b>28:50</b> | +11:15  | 5:46   | 30067   | 1531.   |
| 120. | Hübscher Nazan           | 81 | Bern               | The Hübschers          | <b>28:51</b> | +11:16  | 5:46   | 24377   | 1534.   |
| 121. | Grob Barbara             | 80 | Mellingen          |                        | <b>28:54</b> | +11:19  | 5:46   | 30098   | 1548.   |
| 122. | Fankhauser Bea           | 80 | Thundorf           |                        | <b>28:55</b> | +11:20  | 5:47   | 27221   | 1552.   |
| 123. | Stauffer Mirjam          | 83 | Orpund             |                        | <b>28:58</b> | +11:23  | 5:47   | 31379   | 1573.   |
| 124. | Wetter Susanna           | 80 | Suhr               |                        | <b>29:01</b> | +11:26  | 5:48   | 27210   | 1590.   |
| 125. | Rölly Fabienne           | 81 | Mellikon           |                        | <b>29:02</b> | +11:27  | 5:48   | 24226   | 1592.   |
| 126. | Helwig Jasmin            | 84 | Gümmenen           |                        | <b>29:07</b> | +11:32  | 5:49   | 25229   | 1637.   |
| 127. | Jäger Barbara            | 82 | Naters             |                        | <b>29:07</b> | +11:32  | 5:49   | 27064   | 1645.   |
| 128. | Bill Sonja               | 80 | Münchenbuchsee     |                        | <b>29:08</b> | +11:33  | 5:49   | 24074   | 1651.   |
| 129. | De Iorio Isabelle        | 84 | Bern               |                        | <b>29:09</b> | +11:34  | 5:49   | 27158   | 1659.   |
| 130. | Vogt Corine              | 81 | Rüti b. Büren      |                        | <b>29:10</b> | +11:35  | 5:50   | 30237   | 1661.   |
| 131. | Meyer Fabienne           | 80 | Reinach BL         | Mir jogge Bärn         | <b>29:13</b> | +11:38  | 5:50   | 23233   | 1683.   |
| 132. | Caba Zoraya              | 84 | Grenchen           |                        | <b>29:15</b> | +11:40  | 5:51   | 29038   | 1696.   |
| 133. | Schwyn Alexandra         | 84 | Schaffhausen       |                        | <b>29:15</b> | +11:40  | 5:51   | 24453   | 1698.   |
| 134. | Joeris Irene             | 80 | Rupperswil         |                        | <b>29:18</b> | +11:43  | 5:51   | 30353   | 1725.   |
| 135. | Grande Lenka             | 81 | Münchenbuchsee     |                        | <b>29:19</b> | +11:44  | 5:51   | 28237   | 1734.   |
| 136. | Edel Claudia             | 81 | Davos Dorf         |                        | <b>29:20</b> | +11:45  | 5:52   | 23165   | 1740.   |
| 137. | Scheu Guajana Isabella   | 82 | Aarburg            |                        | <b>29:20</b> | +11:45  | 5:52   | 34215   | 1744.   |
| 138. | Almeida Sonia            | 81 | Marin-Epagnier     |                        | <b>29:21</b> | +11:46  | 5:52   | 30028   | 1750.   |
| 139. | Rudolf von Rohr Regina   | 81 | Kestenholz         |                        | <b>29:21</b> | +11:46  | 5:52   | 25374   | 1751.   |
| 140. | Dosch Rina               | 83 | Thun               |                        | <b>29:24</b> | +11:49  | 5:52   | 25161   | 1771.   |
| 141. | Brügger Sandra           | 84 | Rubigen            |                        | <b>29:24</b> | +11:49  | 5:52   | 30297   | 1772.   |
| 142. | Eberle Christina         | 82 | OberhasliOberhasli |                        | <b>29:30</b> | +11:55  | 5:54   | 30077   | 1807.   |
| 143. | Robertini Claudia        | 81 | Wabern             |                        | <b>29:30</b> | +11:55  | 5:54   | 24224   | 1811.   |
| 144. | Ersöz-Dayi Eda           | 82 | Kirchberg BE       |                        | <b>29:33</b> | +11:58  | 5:54   | 27220   | 1833.   |
| 145. | Fuhrer-Hirsbrunner Karin | 81 | Mattstetten        | SSCM                   | <b>29:34</b> | +11:59  | 5:54   | 28062   | 1845.   |
| 146. | Schneiter Sabine         | 81 | Mattstetten        |                        | <b>29:35</b> | +12:00  | 5:55   | 28144   | 1854.   |
| 147. | Betschart Sabine         | 83 | Schwyz             | STV Gersau             | <b>29:36</b> | +12:01  | 5:55   | 24069   | 1868.   |
| 148. | Gutzwiller Joanna        | 84 | Mörschwil          |                        | <b>29:40</b> | +12:05  | 5:56   | 24145   | 1899.   |
| 149. | Obert Nicole             | 84 | Burgdorf           |                        | <b>29:42</b> | +12:07  | 5:56   | 27189   | 1911.   |
| 150. | Lehmann Joelle           | 82 | 3400 Burgdorf      |                        | <b>29:42</b> | +12:07  | 5:56   | 30371   | 1912.   |

# 33. Schweizer Frauenlauf Bern 2019

## Ergebnisse

### 5km Running Frauen W35

| Rang | Nachname Vorname     | Jg | Ort              | Verein          | Zeit         | Abstand | min/km | Startnr | Overall |
|------|----------------------|----|------------------|-----------------|--------------|---------|--------|---------|---------|
| 151. | Uebersax Daniela     | 82 | Bäretswil        |                 | <b>29:44</b> | +12:09  | 5:56   | 28171   | 1922.   |
| 152. | Lerch Marina         | 83 | Zürich           |                 | <b>29:45</b> | +12:10  | 5:57   | 30375   | 1934.   |
| 153. | Lagler Beatrice      | 82 | Bonstetten       |                 | <b>29:47</b> | +12:12  | 5:57   | 34143   | 1945.   |
| 154. | Glarner Ursula       | 80 | Meiringen        |                 | <b>29:48</b> | +12:13  | 5:57   | 29130   | 1957.   |
| 155. | Stierli Patricia     | 81 | Berikon          |                 | <b>29:50</b> | +12:15  | 5:58   | 30226   | 1964.   |
| 156. | Fischer Anita        | 84 | Malters          |                 | <b>29:52</b> | +12:17  | 5:58   | 28056   | 1979.   |
| 157. | Frey Melanie         | 82 | Bützberg         |                 | <b>30:00</b> | +12:25  | 6:00   | 24346   | 2033.   |
| 158. | Lichtenegger Claudia | 84 | Aarburg          |                 | <b>30:00</b> | +12:25  | 6:00   | 34151   | 2036.   |
| 159. | Heller Barbara       | 84 | Langenthal       |                 | <b>30:03</b> | +12:28  | 6:00   | 30341   | 2049.   |
| 160. | Mollet Carole        | 83 | Unterramsern     |                 | <b>30:04</b> | +12:29  | 6:00   | 27186   | 2063.   |
| 161. | Koller Katja         | 82 | Egolzwil         |                 | <b>30:05</b> | +12:30  | 6:01   | 26171   | 2074.   |
| 162. | Lottaz Tamaris       | 84 | Bern             |                 | <b>30:08</b> | +12:33  | 6:01   | 27076   | 2092.   |
| 163. | Chalakova Svetla     | 84 | Bern             |                 | <b>30:09</b> | +12:34  | 6:01   | 30311   | 2102.   |
| 164. | Mathys Ingrid        | 81 | Effingen         |                 | <b>30:09</b> | +12:34  | 6:01   | 30158   | 2103.   |
| 165. | Bänziger Sandra      | 82 | Altbüron         |                 | <b>30:17</b> | +12:42  | 6:03   | 30276   | 2163.   |
| 166. | Ritzmann Rahel       | 83 | Gelterkinden     |                 | <b>30:19</b> | +12:44  | 6:03   | 29095   | 2176.   |
| 167. | Lochmatter Sandra    | 80 | Naters           | keiner          | <b>30:20</b> | +12:45  | 6:04   | 28106   | 2181.   |
| 168. | Lottaz Tanja         | 83 | Bern             |                 | <b>30:22</b> | +12:47  | 6:04   | 27077   | 2201.   |
| 169. | Zaugg Rickli Sibylle | 81 | Thörigen         |                 | <b>30:22</b> | +12:47  | 6:04   | 26486   | 2205.   |
| 170. | Grädel Eva           | 84 | Bern             |                 | <b>30:23</b> | +12:48  | 6:04   | 25210   | 2209.   |
| 171. | Hässig Andrea        | 80 | Dietikon         |                 | <b>30:23</b> | +12:48  | 6:04   | 27060   | 2211.   |
| 172. | Koch Andrea          | 81 | Berikon          |                 | <b>30:33</b> | +12:58  | 6:06   | 30121   | 2293.   |
| 173. | Hämmerli Daniela     | 84 | Zollikofen       |                 | <b>30:34</b> | +12:59  | 6:06   | 28081   | 2308.   |
| 174. | Bieli Melanie        | 82 | Visp             |                 | <b>30:34</b> | +12:59  | 6:06   | 30039   | 2316.   |
| 175. | Fawer Sina           | 80 | BernBern         |                 | <b>30:35</b> | +13:00  | 6:07   | 27160   | 2320.   |
| 176. | Imhof Tanja          | 83 | Raron            |                 | <b>30:37</b> | +13:02  | 6:07   | 29067   | 2339.   |
| 177. | Clemenzen Karin      | 80 | Raron            |                 | <b>30:37</b> | +13:02  | 6:07   | 29040   | 2342.   |
| 178. | Imoberdorf Sonja     | 81 | Bern             |                 | <b>30:39</b> | +13:04  | 6:07   | 23201   | 2353.   |
| 179. | Hiltbrunner Denise   | 81 | Langnau i. E.    |                 | <b>30:39</b> | +13:04  | 6:07   | 24155   | 2360.   |
| 180. | Lurati Martina       | 84 | Bern             |                 | <b>30:47</b> | +13:12  | 6:09   | 27078   | 2405.   |
| 181. | Schneider Amalia     | 82 | Buchs AG         |                 | <b>30:49</b> | +13:14  | 6:09   | 28326   | 2411.   |
| 182. | Preste Michèle       | 80 | Horw             |                 | <b>30:52</b> | +13:17  | 6:10   | 34188   | 2438.   |
| 183. | Hess Barbara         | 84 | Lyss             |                 | <b>30:53</b> | +13:18  | 6:10   | 28246   | 2439.   |
| 184. | Köhler Andrea Sophie | 81 | Greng            |                 | <b>30:53</b> | +13:18  | 6:10   | 29139   | 2440.   |
| 185. | Maring Sabrina       | 84 | Zollikofen       |                 | <b>30:53</b> | +13:18  | 6:10   | 30156   | 2446.   |
| 186. | Christen Esther      | 83 | Bern             |                 | <b>30:56</b> | +13:21  | 6:11   | 30061   | 2478.   |
| 187. | Schüpbach Séverine   | 81 | Münsingen        |                 | <b>30:59</b> | +13:24  | 6:11   | 29168   | 2499.   |
| 188. | Fluri Regina         | 83 | Laupersdorf      |                 | <b>30:59</b> | +13:24  | 6:11   | 31147   | 2503.   |
| 189. | Niederberger Sarah   | 80 | Brügg BE         |                 | <b>31:06</b> | +13:31  | 6:13   | 30400   | 2558.   |
| 190. | Fellenberg Anna      | 84 | Bern             |                 | <b>31:10</b> | +13:35  | 6:14   | 25178   | 2601.   |
| 191. | Bielmann Tamara      | 84 | Granges - Paccot |                 | <b>31:10</b> | +13:35  | 6:14   | 26294   | 2606.   |
| 192. | Maurer Sandra        | 80 | Brügg BE         |                 | <b>31:12</b> | +13:37  | 6:14   | 26399   | 2616.   |
| 193. | Kupryienka Iryna     | 81 | Horgen           |                 | <b>31:12</b> | +13:37  | 6:14   | 30136   | 2621.   |
| 194. | Zürcher Susanne      | 80 | Oberthal         |                 | <b>31:14</b> | +13:39  | 6:14   | 25486   | 2630.   |
| 195. | Murer Milena         | 84 | Beckenried       |                 | <b>31:14</b> | +13:39  | 6:14   | 34177   | 2632.   |
| 196. | Caione Caroline      | 82 | Orpund           |                 | <b>31:17</b> | +13:42  | 6:15   | 31109   | 2667.   |
| 197. | Mischler Bettina     | 81 | Nebikon          |                 | <b>31:17</b> | +13:42  | 6:15   | 25323   | 2670.   |
| 198. | Geser Jasmin         | 80 | Winterthur       | Eva's Haarsalon | <b>31:18</b> | +13:43  | 6:15   | 28233   | 2680.   |
| 199. | Gasser Judith        | 82 | Bern             |                 | <b>31:19</b> | +13:44  | 6:15   | 28066   | 2684.   |
| 200. | Trede Aline          | 83 | Bern             | #TeamTrede      | <b>31:19</b> | +13:44  | 6:15   | 28169   | 2686.   |

# 33. Schweizer Frauenlauf Bern 2019

## Ergebnisse

### 5km Running Frauen W35

| Rang | Nachname Vorname    | Jg | Ort             | Verein               | Zeit         | Abstand | min/km | Startnr | Overall |
|------|---------------------|----|-----------------|----------------------|--------------|---------|--------|---------|---------|
| 201. | Ryser Claudia       | 80 | Selzach         |                      | <b>31:20</b> | +13:45  | 6:16   | 30197   | 2694.   |
| 202. | Wiedenhöfer Romy    | 80 | Buchberg        |                      | <b>31:20</b> | +13:45  | 6:16   | 31420   | 2698.   |
| 203. | Blaser Monika       | 82 | Bern            |                      | <b>31:21</b> | +13:46  | 6:16   | 27031   | 2703.   |
| 204. | Stadelmann Denise   | 80 | Unterägeri      | Kanti Zug            | <b>31:23</b> | +13:48  | 6:16   | 25424   | 2709.   |
| 205. | Alfaro Yansi        | 80 | Glattbrugg      |                      | <b>31:24</b> | +13:49  | 6:16   | 31446   | 2721.   |
| 206. | Neuhaus Melanie     | 83 | Konolfingen     |                      | <b>31:28</b> | +13:53  | 6:17   | 29084   | 2759.   |
| 207. | Rohrbach Alexandra  | 81 | Hinterkappelen  |                      | <b>31:29</b> | +13:54  | 6:17   | 32296   | 2763.   |
| 208. | Sawyer Chiarina     | 80 | Neuenegg        |                      | <b>31:29</b> | +13:54  | 6:17   | 24238   | 2764.   |
| 209. | Gloor Regine        | 81 | Küttigen        |                      | <b>31:29</b> | +13:54  | 6:17   | 28234   | 2766.   |
| 210. | Leu Evelynne        | 83 | Konolfingen     |                      | <b>31:30</b> | +13:55  | 6:18   | 29075   | 2772.   |
| 211. | Åström Cecilia      | 82 | Bern            |                      | <b>31:30</b> | +13:55  | 6:18   | 29119   | 2774.   |
| 212. | Puric Elma          | 83 | Mollis          |                      | <b>31:32</b> | +13:57  | 6:18   | 31318   | 2789.   |
| 213. | Prompakdee Lamyai   | 83 | Grenchen        |                      | <b>31:32</b> | +13:57  | 6:18   | 29092   | 2791.   |
| 214. | Herzig Melina       | 82 | Zollikon        |                      | <b>31:34</b> | +13:59  | 6:18   | 29059   | 2804.   |
| 215. | Baumgartner Madlen  | 82 | Koppigen        |                      | <b>31:35</b> | +14:00  | 6:19   | 28027   | 2810.   |
| 216. | Wäny Helen          | 84 | Spiegel b. Bern |                      | <b>31:35</b> | +14:00  | 6:19   | 28176   | 2811.   |
| 217. | André Céline        | 80 | Monnaz          |                      | <b>31:36</b> | +14:01  | 6:19   | 32196   | 2819.   |
| 218. | Greber Heidi        | 83 | Zell LU         |                      | <b>31:41</b> | +14:06  | 6:20   | 32243   | 2849.   |
| 219. | Erne Janine         | 84 | Möriken         |                      | <b>31:41</b> | +14:06  | 6:20   | 69051   | 2852.   |
| 220. | Stucki Sandra       | 81 | Zollbrück       | Turnverein Zollbrück | <b>31:46</b> | +14:11  | 6:21   | 33261   | 2888.   |
| 221. | Niznik Joanna       | 80 | Brenzikofen     |                      | <b>31:48</b> | +14:13  | 6:21   | 31302   | 2899.   |
| 222. | Lehmann Eliane      | 83 | Konolfingen     |                      | <b>31:49</b> | +14:14  | 6:21   | 69173   | 2907.   |
| 223. | Hallenbarter Nancy  | 81 | Engelberg       |                      | <b>31:50</b> | +14:15  | 6:22   | 28239   | 2913.   |
| 224. | Vogt Jeanette       | 80 | Baden           |                      | <b>31:51</b> | +14:16  | 6:22   | 25454   | 2922.   |
| 225. | Fürst Carmen        | 82 | Gunzgen         | STV Murgenthal       | <b>31:52</b> | +14:17  | 6:22   | 27050   | 2925.   |
| 226. | Von Allmen Stefanie | 82 | Vordemwald      |                      | <b>31:52</b> | +14:17  | 6:22   | 27139   | 2927.   |
| 227. | Wüthrich Rita       | 83 | Herrenschwanden |                      | <b>31:53</b> | +14:18  | 6:22   | 25472   | 2930.   |
| 228. | Ogideh Diana        | 81 | Neuchâtel       |                      | <b>31:57</b> | +14:22  | 6:23   | 34411   | 2964.   |
| 229. | Lingg Yvonne        | 83 | Dietikon        |                      | <b>31:58</b> | +14:23  | 6:23   | 27074   | 2976.   |
| 230. | Gellert Elena       | 81 | Sursee          |                      | <b>32:00</b> | +14:25  | 6:24   | 25203   | 2997.   |
| 231. | Schlesinger Livia   | 81 | Heiden          |                      | <b>32:02</b> | +14:27  | 6:24   | 31354   | 3006.   |
| 232. | Pfister Silvia      | 82 | Ostermundigen   |                      | <b>32:06</b> | +14:31  | 6:25   | 28124   | 3033.   |
| 233. | Lobsiger Esther     | 82 | Steffisburg     |                      | <b>32:06</b> | +14:31  | 6:25   | 29077   | 3034.   |
| 234. | Herzog Yvonne       | 80 | Hornussen       | Deafladies           | <b>32:07</b> | +14:32  | 6:25   | 32094   | 3045.   |
| 235. | Spiegel Patricia    | 83 | Niederbuchsiten |                      | <b>32:09</b> | +14:34  | 6:25   | 24266   | 3055.   |
| 236. | Spori Melanie       | 80 | Brig            |                      | <b>32:13</b> | +14:38  | 6:26   | 28150   | 3088.   |
| 237. | Weber Simone        | 83 | Steinhausen     |                      | <b>32:16</b> | +14:41  | 6:27   | 28178   | 3106.   |
| 238. | Wenger Tanja        | 81 | Obernau         |                      | <b>32:18</b> | +14:43  | 6:27   | 28313   | 3122.   |
| 239. | Züger Barbara       | 81 | Bern            |                      | <b>32:24</b> | +14:49  | 6:28   | 33280   | 3170.   |
| 240. | Vonplon Ester       | 80 | Castrisch       | JO Castrisch         | <b>32:25</b> | +14:50  | 6:29   | 27140   | 3182.   |
| 241. | Gervasi Martina     | 80 | Wabern          |                      | <b>32:25</b> | +14:50  | 6:29   | 28070   | 3185.   |
| 242. | Frey Rebecca        | 83 | Itingen         |                      | <b>32:26</b> | +14:51  | 6:29   | 32075   | 3194.   |
| 243. | Breu Nina           | 81 | Zürich          |                      | <b>32:29</b> | +14:54  | 6:29   | 32049   | 3209.   |
| 244. | Riedi Astrid        | 81 | Bern            |                      | <b>32:32</b> | +14:57  | 6:30   | 25358   | 3222.   |
| 245. | Meier Ayu           | 82 | Bettlach        |                      | <b>32:32</b> | +14:57  | 6:30   | 30160   | 3227.   |
| 246. | Marti Brigitte      | 83 | Bern            |                      | <b>32:35</b> | +15:00  | 6:31   | 28108   | 3234.   |
| 247. | Kübler Alexandra    | 80 | Zürich          | Chäfi-Girls          | <b>32:40</b> | +15:05  | 6:32   | 27178   | 3264.   |
| 248. | Hinder Sonja        | 81 | Wil SG          |                      | <b>32:47</b> | +15:12  | 6:33   | 31203   | 3324.   |
| 249. | Lüdi Brigitte       | 81 | Langnau i. E.   |                      | <b>32:49</b> | +15:14  | 6:33   | 30148   | 3338.   |
| 250. | Mischler Ramona     | 84 | Olten           | Sisters              | <b>32:49</b> | +15:14  | 6:33   | 25324   | 3339.   |



# 33. Schweizer Frauenlauf Bern 2019

## Ergebnisse

### 5km Running Frauen W35

| Rang | Nachname Vorname        | Jg | Ort               | Verein                  | Zeit         | Abstand | min/km | Startnr | Overall |
|------|-------------------------|----|-------------------|-------------------------|--------------|---------|--------|---------|---------|
| 251. | Hernandez Lourdes       | 80 | Ostermundigen     |                         | <b>32:56</b> | +15:21  | 6:35   | 30106   | 3373.   |
| 252. | Eng Veronica            | 81 | Olten             |                         | <b>32:56</b> | +15:21  | 6:35   | 25168   | 3378.   |
| 253. | Bartlome Nadja          | 84 | Lyssach           | SC Oensingen Lions      | <b>32:58</b> | +15:23  | 6:35   | 25113   | 3391.   |
| 254. | Schegg Claudia          | 82 | Märwil            | OL Regio Wil            | <b>32:59</b> | +15:24  | 6:35   | 24241   | 3398.   |
| 255. | Jäggi Rita              | 82 | Kleinbödingen     |                         | <b>33:07</b> | +15:32  | 6:37   | 29069   | 3444.   |
| 256. | Wiesli Irina            | 83 | Wängi             | FTV Wängi               | <b>33:08</b> | +15:33  | 6:37   | 31421   | 3451.   |
| 257. | Jamusci Sabrina         | 83 | Kleingurmels      |                         | <b>33:09</b> | +15:34  | 6:37   | 32255   | 3456.   |
| 258. | Mischler Sarah          | 82 | Aarberg           | Sisters                 | <b>33:10</b> | +15:35  | 6:38   | 25325   | 3462.   |
| 259. | Baeriswyl Romy          | 80 | Wünnewil          |                         | <b>33:12</b> | +15:37  | 6:38   | 30273   | 3477.   |
| 260. | Klopfenstein Olivia     | 84 | Lenk im Simmental |                         | <b>33:15</b> | +15:40  | 6:39   | 30120   | 3492.   |
| 261. | Näf Hana                | 80 | Lenk im Simmental |                         | <b>33:16</b> | +15:41  | 6:39   | 30170   | 3493.   |
| 262. | Thöni Rita              | 81 | Stierva           |                         | <b>33:17</b> | +15:42  | 6:39   | 33264   | 3500.   |
| 263. | Bernardi Berry Giuliane | 81 | Suhr              |                         | <b>33:18</b> | +15:43  | 6:39   | 25121   | 3508.   |
| 264. | Ruckstuhl Vera          | 84 | Niederdorf        |                         | <b>33:19</b> | +15:44  | 6:39   | 31341   | 3517.   |
| 265. | Schumacher Viola        | 82 | Baar              |                         | <b>33:21</b> | +15:46  | 6:40   | 33157   | 3527.   |
| 266. | Sassi Manuela           | 80 | Rafz              |                         | <b>33:22</b> | +15:47  | 6:40   | 34362   | 3537.   |
| 267. | Schranz Priscilla       | 82 | Bern              |                         | <b>33:23</b> | +15:48  | 6:40   | 31364   | 3538.   |
| 268. | Meier-Ineichen Monika   | 83 | Dottikon          |                         | <b>33:23</b> | +15:48  | 6:40   | 29080   | 3542.   |
| 269. | Folini Flavia           | 80 | Ettiswil          |                         | <b>33:23</b> | +15:48  | 6:40   | 29047   | 3543.   |
| 270. | Salzmann-Walpen Petra   | 81 | Glis              |                         | <b>33:27</b> | +15:52  | 6:41   | 31344   | 3570.   |
| 271. | Sadeghi Christina       | 84 | Bellach           |                         | <b>33:29</b> | +15:54  | 6:41   | 28325   | 3578.   |
| 272. | Locher Sitz Silja       | 82 | Bern              |                         | <b>33:30</b> | +15:55  | 6:42   | 31462   | 3590.   |
| 273. | Sutter Yvonne           | 80 | Schmerikon        |                         | <b>33:31</b> | +15:56  | 6:42   | 25436   | 3596.   |
| 274. | Selb Angela             | 81 | Worben            |                         | <b>33:32</b> | +15:57  | 6:42   | 32314   | 3606.   |
| 275. | Juranovic Kristina      | 82 | Bösingen          |                         | <b>33:33</b> | +15:58  | 6:42   | 34122   | 3607.   |
| 276. | Humbert Lise            | 82 | Bern              | Best friends brunnen    | <b>33:33</b> | +15:58  | 6:42   | 31458   | 3609.   |
| 277. | Schmocker Marianne      | 81 | Steffisburg       |                         | <b>33:35</b> | +16:00  | 6:43   | 33258   | 3619.   |
| 278. | Menoud Rosy             | 80 | Sâles (Gruyère)   |                         | <b>33:36</b> | +16:01  | 6:43   | 27084   | 3623.   |
| 279. | Rudin Ursina            | 84 | Bern              |                         | <b>33:39</b> | +16:04  | 6:43   | 23255   | 3639.   |
| 280. | Eichenberger Kim        | 80 | Grafenried        |                         | <b>33:42</b> | +16:07  | 6:44   | 32063   | 3653.   |
| 281. | Jehle Manuela           | 80 | Zürich            | Kanti Wettingen         | <b>33:44</b> | +16:09  | 6:44   | 24005   | 3668.   |
| 282. | Breidenbach Jessica     | 81 | Bassersdorf       |                         | <b>33:50</b> | +16:15  | 6:46   | 33030   | 3692.   |
| 283. | Candela Andrea          | 84 | Bern              |                         | <b>33:50</b> | +16:15  | 6:46   | 29121   | 3694.   |
| 284. | Allenbach Özlem         | 80 | BurgdorfBurgdorf  |                         | <b>33:52</b> | +16:17  | 6:46   | 34011   | 3705.   |
| 285. | Hebeisen Fabienne       | 80 | Bern              |                         | <b>33:52</b> | +16:17  | 6:46   | 23189   | 3708.   |
| 286. | Jacot Simone            | 84 | Gerzensee         |                         | <b>33:53</b> | +16:18  | 6:46   | 31222   | 3716.   |
| 287. | Bieler Renata           | 82 | Baar              |                         | <b>34:01</b> | +16:26  | 6:48   | 26062   | 3752.   |
| 288. | Bangerter Céline        | 80 | Estavayer-le-Lac  |                         | <b>34:02</b> | +16:27  | 6:48   | 26287   | 3757.   |
| 289. | Beutler Noémie          | 81 | Estavayer-le-Lac  |                         | <b>34:03</b> | +16:28  | 6:48   | 26293   | 3763.   |
| 290. | Holenweg Daniela        | 81 | Büron             |                         | <b>34:04</b> | +16:29  | 6:48   | 28248   | 3775.   |
| 291. | Santin Cristina         | 83 | Münsingen         |                         | <b>34:12</b> | +16:37  | 6:50   | 31470   | 3803.   |
| 292. | Geel Marit              | 83 | Aarau             |                         | <b>34:13</b> | +16:38  | 6:50   | 30335   | 3809.   |
| 293. | Aebi Melanie            | 84 | Bern              |                         | <b>34:18</b> | +16:43  | 6:51   | 31049   | 3824.   |
| 294. | Canobbio Andrea         | 80 | Grossaffoltern    |                         | <b>34:20</b> | +16:45  | 6:52   | 33037   | 3832.   |
| 295. | Suter Stephanie         | 84 | Mels              |                         | <b>34:21</b> | +16:46  | 6:52   | 33168   | 3836.   |
| 296. | Fricker Aurelia         | 83 | Kilchberg ZH      |                         | <b>34:22</b> | +16:47  | 6:52   | 30330   | 3846.   |
| 297. | Maurin Claire           | 83 | La Chaux-de-Fonds | Cross Club La Chaux-... | <b>34:23</b> | +16:48  | 6:52   | 34333   | 3847.   |
| 298. | Maeder Stefanie         | 82 | Rapperswil        |                         | <b>34:30</b> | +16:55  | 6:54   | 33106   | 3875.   |
| 299. | Vukovic-Rohrbach Tina   | 83 | Münchenbuchsee    | Team Red Cross          | <b>34:35</b> | +17:00  | 6:55   | 34251   | 3890.   |
| 300. | Ehrler Franziska        | 81 | Bern              |                         | <b>34:37</b> | +17:02  | 6:55   | 32062   | 3906.   |

# 33. Schweizer Frauenlauf Bern 2019

## Ergebnisse

### 5km Running Frauen W35

| Rang | Nachname Vorname          | Jg | Ort                   | Verein                    | Zeit         | Abstand | min/km | Startnr | Overall |
|------|---------------------------|----|-----------------------|---------------------------|--------------|---------|--------|---------|---------|
| 301. | Züger-Gubser Barbara      | 80 | Linthal               | LG Glarus                 | <b>34:39</b> | +17:04  | 6:55   | 30473   | 3916.   |
| 302. | Gianolini Francesca       | 84 | Zürich                |                           | <b>34:41</b> | +17:06  | 6:56   | 28071   | 3925.   |
| 303. | Muminovic Envera          | 84 | Lausanne              |                           | <b>34:43</b> | +17:08  | 6:56   | 34176   | 3931.   |
| 304. | Schnell Barbara           | 84 | Zwillikon             |                           | <b>34:43</b> | +17:08  | 6:56   | 32154   | 3932.   |
| 305. | Wiedmer Alexandra         | 81 | Bern                  |                           | <b>34:47</b> | +17:12  | 6:57   | 33279   | 3946.   |
| 306. | Oggier Sereina            | 83 | Bern                  |                           | <b>34:48</b> | +17:13  | 6:57   | 28119   | 3949.   |
| 307. | Langhart Eliane           | 81 | ChurChur              |                           | <b>34:50</b> | +17:15  | 6:58   | 31253   | 3958.   |
| 308. | Hennen Nina               | 83 | Bern                  |                           | <b>34:52</b> | +17:17  | 6:58   | 31197   | 3962.   |
| 309. | Meraglia Natalie          | 82 | Uttwil                |                           | <b>34:52</b> | +17:17  | 6:58   | 25309   | 3967.   |
| 310. | Schaer Karina             | 81 | Villars-sur-Glâne     |                           | <b>34:53</b> | +17:18  | 6:58   | 33254   | 3969.   |
| 311. | Jungi Valerie             | 82 | Lüterkofen-Ichertswil |                           | <b>34:54</b> | +17:19  | 6:58   | 32259   | 3975.   |
| 312. | Locher Barbara            | 80 | Thun                  |                           | <b>34:54</b> | +17:19  | 6:58   | 30377   | 3976.   |
| 313. | Marty Janine              | 84 | Hermetschwil-Staffeln |                           | <b>34:56</b> | +17:21  | 6:59   | 32119   | 3986.   |
| 314. | Broglin Mélanie           | 81 | Courroux              |                           | <b>34:56</b> | +17:21  | 6:59   | 32209   | 3987.   |
| 315. | Husson-Stengel Camille    | 82 | Yens                  | Soroptimist Lausanne      | <b>34:57</b> | +17:22  | 6:59   | 34116   | 3989.   |
| 316. | Mora Alexandra            | 84 | Muri b. Bern          |                           | <b>34:59</b> | +17:24  | 6:59   | 29157   | 3997.   |
| 317. | Fillistorf Carmen         | 80 | Giffers               |                           | <b>34:59</b> | +17:24  | 6:59   | 28055   | 4000.   |
| 318. | Scherzinger Judith        | 83 | Gossau                |                           | <b>35:00</b> | +17:25  | 7:00   | 28296   | 4004.   |
| 319. | Chavez Monica             | 81 | Ostermundigen         |                           | <b>35:01</b> | +17:26  | 7:00   | 24095   | 4011.   |
| 320. | Stephani Nicole           | 84 | Sarmenstorf           |                           | <b>35:03</b> | +17:28  | 7:00   | 33162   | 4014.   |
| 321. | Trchsel Romina            | 82 | Signau                |                           | <b>35:03</b> | +17:28  | 7:00   | 30453   | 4016.   |
| 322. | Klopfenstein Sandra       | 84 | Einsiedeln            |                           | <b>35:04</b> | +17:29  | 7:00   | 34125   | 4024.   |
| 323. | Kern Silja                | 81 | Zürich                |                           | <b>35:08</b> | +17:33  | 7:01   | 31236   | 4036.   |
| 324. | Dost Kai-Inga             | 83 | Bern                  |                           | <b>35:08</b> | +17:33  | 7:01   | 25162   | 4037.   |
| 325. | Riedwyl Susanne           | 81 | Oberhünigen           |                           | <b>35:10</b> | +17:35  | 7:02   | 31329   | 4048.   |
| 326. | Balmer Favre Melanie      | 80 | Ayent                 |                           | <b>35:10</b> | +17:35  | 7:02   | 32030   | 4050.   |
| 327. | Steiger Cornelia          | 83 | Zürich                |                           | <b>35:20</b> | +17:45  | 7:04   | 31382   | 4089.   |
| 328. | Winter Birgit             | 83 | Winterthur            |                           | <b>35:25</b> | +17:50  | 7:05   | 31046   | 4108.   |
| 329. | Fuhrer Franziska          | 81 | Thun                  |                           | <b>35:26</b> | +17:51  | 7:05   | 34078   | 4110.   |
| 330. | Caduff Sereina            | 84 | Oberglatt ZH          |                           | <b>35:27</b> | +17:52  | 7:05   | 31036   | 4117.   |
| 331. | Holzner Franziska         | 80 | Bern                  |                           | <b>35:28</b> | +17:53  | 7:05   | 31210   | 4119.   |
| 332. | Joss Angela               | 84 | Schlosswil            |                           | <b>35:29</b> | +17:54  | 7:05   | 34320   | 4123.   |
| 333. | Qerimi Xhevahire          | 84 | Kirchberg BE          | Aldi Kirchberg            | <b>35:29</b> | +17:54  | 7:05   | 28288   | 4127.   |
| 334. | Früh Schori Eveline       | 81 | Sonnental             |                           | <b>35:30</b> | +17:55  | 7:06   | 34077   | 4129.   |
| 335. | Hämmerli Daniela          | 83 | Thun                  |                           | <b>35:32</b> | +17:57  | 7:06   | 32087   | 4137.   |
| 336. | Häfliger Diana            | 81 | Wilchingen            |                           | <b>35:32</b> | +17:57  | 7:06   | 32085   | 4142.   |
| 337. | Probst Perrine            | 81 | Bern                  |                           | <b>35:34</b> | +17:59  | 7:06   | 33247   | 4147.   |
| 338. | Gortchacow Elise          | 83 | Wabern                |                           | <b>35:36</b> | +18:01  | 7:07   | 31171   | 4156.   |
| 339. | Glatz Capucine            | 83 | Bern                  |                           | <b>35:36</b> | +18:01  | 7:07   | 31169   | 4157.   |
| 340. | Haggenmüller-Kupper Fa... | 80 | Hägendorf             |                           | <b>35:37</b> | +18:02  | 7:07   | 31185   | 4162.   |
| 341. | Wingeier Michaela         | 80 | Röthenbach            |                           | <b>35:37</b> | +18:02  | 7:07   | 31423   | 4163.   |
| 342. | Weiss Claudia             | 80 | Urdorf                |                           | <b>35:44</b> | +18:09  | 7:08   | 29183   | 4183.   |
| 343. | Allemann Isabel           | 80 | Arisdorf              |                           | <b>35:44</b> | +18:09  | 7:08   | 28319   | 4185.   |
| 344. | Dittmar Tine              | 80 | Basel                 |                           | <b>35:47</b> | +18:12  | 7:09   | 31124   | 4191.   |
| 345. | Favre Valérie             | 81 | Oberburg              | SBK                       | <b>35:48</b> | +18:13  | 7:09   | 30087   | 4197.   |
| 346. | Güntert Mirjam            | 82 | Neuendorf             |                           | <b>35:48</b> | +18:13  | 7:09   | 29193   | 4201.   |
| 347. | Faeh Ivannia              | 84 | Bremgarten b. Bern    |                           | <b>35:48</b> | +18:13  | 7:09   | 26324   | 4203.   |
| 348. | Nesterenko Yuliya         | 80 | Zollikofen            | Interkultureller Fraue... | <b>35:51</b> | +18:16  | 7:10   | 33122   | 4215.   |
| 349. | Stebler Mirjam            | 82 | Lotzwil               |                           | <b>35:53</b> | +18:18  | 7:10   | 31380   | 4221.   |
| 350. | Enderli Melanie           | 84 | Wil                   | Kuoni                     | <b>35:56</b> | +18:21  | 7:11   | 23167   | 4233.   |

# 33. Schweizer Frauenlauf Bern 2019

## Ergebnisse

### 5km Running Frauen W35

| Rang | Nachname Vorname        | Jg | Ort                | Verein              | Zeit         | Abstand | min/km | Startnr | Overall |
|------|-------------------------|----|--------------------|---------------------|--------------|---------|--------|---------|---------|
| 351. | Crameri Ursina          | 83 | Sils im Domleschg  |                     | <b>35:59</b> | +18:24  | 7:11   | 30316   | 4245.   |
| 352. | Bühler Tania            | 84 | Bern               |                     | <b>36:00</b> | +18:25  | 7:12   | 31102   | 4252.   |
| 353. | Koller Sylvie           | 80 | Courchapoix        |                     | <b>36:03</b> | +18:28  | 7:12   | 31242   | 4261.   |
| 354. | Buerki Laure            | 80 | Courchapoix        |                     | <b>36:04</b> | +18:29  | 7:12   | 31098   | 4265.   |
| 355. | Häni Dominice           | 83 | Zürich             |                     | <b>36:07</b> | +18:32  | 7:13   | 26133   | 4273.   |
| 356. | Regli Mirjam            | 80 | Spiringen          |                     | <b>36:10</b> | +18:35  | 7:14   | 34192   | 4282.   |
| 357. | Murer Petra             | 80 | Bürglen UR         |                     | <b>36:11</b> | +18:36  | 7:14   | 34178   | 4286.   |
| 358. | Ntep Mara Hardyne       | 80 | Bolligen           |                     | <b>36:14</b> | +18:39  | 7:14   | 26409   | 4290.   |
| 359. | Käslin Rita             | 80 | Beckenried         |                     | <b>36:15</b> | +18:40  | 7:15   | 32264   | 4295.   |
| 360. | Trüby Corinne           | 84 | Widen              |                     | <b>36:16</b> | +18:41  | 7:15   | 23459   | 4296.   |
| 361. | Gerber Beatrice         | 84 | Zollbrück          |                     | <b>36:17</b> | +18:42  | 7:15   | 31161   | 4304.   |
| 362. | Wüthrich Kathrin        | 80 | Herbligen          |                     | <b>36:23</b> | +18:48  | 7:16   | 31015   | 4329.   |
| 363. | Eggimann Ramona         | 83 | Schafisheim        |                     | <b>36:40</b> | +19:05  | 7:20   | 69030   | 4377.   |
| 364. | Flückiger Sandrine      | 80 | Aegerten           |                     | <b>36:47</b> | +19:12  | 7:21   | 28058   | 4405.   |
| 365. | Roth Irène Prudence     | 84 | Düdingen           |                     | <b>36:56</b> | +19:21  | 7:23   | 32298   | 4432.   |
| 366. | Beck Jeanine            | 80 | Neuendorf          |                     | <b>36:58</b> | +19:23  | 7:23   | 32035   | 4437.   |
| 367. | Eberhard Ursula         | 82 | Brunnenenthal      |                     | <b>36:59</b> | +19:24  | 7:23   | 33052   | 4442.   |
| 368. | Bucio Irendy            | 81 | Solothurn          |                     | <b>37:00</b> | +19:25  | 7:24   | 33283   | 4447.   |
| 369. | Bolliger Sonja          | 80 | Aarburg            |                     | <b>37:05</b> | +19:30  | 7:25   | 32042   | 4462.   |
| 370. | Lorez Astrid            | 81 | Tartar             |                     | <b>37:13</b> | +19:38  | 7:26   | 31268   | 4477.   |
| 371. | Grogg Denise            | 84 | Selzach            |                     | <b>37:19</b> | +19:44  | 7:27   | 33074   | 4495.   |
| 372. | Ruf Sabine              | 81 | Obersteckholz      |                     | <b>37:22</b> | +19:47  | 7:28   | 34207   | 4505.   |
| 373. | Ott Monika              | 80 | Rothrist           |                     | <b>37:29</b> | +19:54  | 7:29   | 32132   | 4518.   |
| 374. | Alves Marques Marcia    | 81 | Sugiez             |                     | <b>37:30</b> | +19:55  | 7:30   | 30030   | 4519.   |
| 375. | Grosjean Anaïs          | 84 | Lausanne           |                     | <b>37:40</b> | +20:05  | 7:32   | 33075   | 4540.   |
| 376. | Buchs Emilie            | 80 | Courtedoux         |                     | <b>37:40</b> | +20:05  | 7:32   | 33033   | 4541.   |
| 377. | Reber Sarah             | 81 | Bern               |                     | <b>37:47</b> | +20:12  | 7:33   | 32141   | 4554.   |
| 378. | Pittet Stéphanie        | 83 | Romont FR          |                     | <b>38:02</b> | +20:27  | 7:36   | 33131   | 4576.   |
| 379. | Bachofner-Vavros Jasmin | 81 | Basel              |                     | <b>38:03</b> | +20:28  | 7:36   | 26284   | 4580.   |
| 380. | Dätwyler Yvonne         | 80 | Unterentfelden     |                     | <b>38:07</b> | +20:32  | 7:37   | 34053   | 4590.   |
| 381. | Pettinaro Tamara        | 82 | Bern               |                     | <b>38:12</b> | +20:37  | 7:38   | 34184   | 4598.   |
| 382. | Faddi Alexandra         | 84 | Ostermundigen      |                     | <b>38:14</b> | +20:39  | 7:38   | 30327   | 4606.   |
| 383. | Kamm Anita              | 81 | Filzbach           |                     | <b>38:15</b> | +20:40  | 7:39   | 32262   | 4607.   |
| 384. | Merz Michelle           | 84 | Münchenbuchsee     |                     | <b>38:25</b> | +20:50  | 7:41   | 31289   | 4627.   |
| 385. | Garcia Barros Anke      | 82 | Bremgarten b. Bern |                     | <b>38:27</b> | +20:52  | 7:41   | 33203   | 4630.   |
| 386. | Wanner Angela           | 82 | Rüti b. Büren      | Poweringyou to run  | <b>38:38</b> | +21:03  | 7:43   | 24467   | 4643.   |
| 387. | Jolidon Blurette        | 84 | Vicques            |                     | <b>38:53</b> | +21:18  | 7:46   | 34318   | 4664.   |
| 388. | Binjos Meliha           | 83 | Sion               |                     | <b>39:01</b> | +21:26  | 7:48   | 32041   | 4671.   |
| 389. | Favot Sandrine          | 83 | Thônex             |                     | <b>39:04</b> | +21:29  | 7:48   | 32066   | 4683.   |
| 390. | Fisch-Altman Sibylle    | 81 | Ueberstorf         |                     | <b>39:04</b> | +21:29  | 7:48   | 34070   | 4686.   |
| 391. | Luginbühl Sabine        | 82 | Effretikon         |                     | <b>39:04</b> | +21:29  | 7:48   | 29078   | 4687.   |
| 392. | Böttcher Madleen        | 81 | Belp               |                     | <b>39:11</b> | +21:36  | 7:50   | 34278   | 4704.   |
| 393. | Ukaj Francika           | 83 | Wil SG             |                     | <b>39:26</b> | +21:51  | 7:53   | 34246   | 4722.   |
| 394. | Mayer Manuela           | 84 | Walzenhausen       |                     | <b>39:29</b> | +21:54  | 7:53   | 34163   | 4727.   |
| 395. | Straubhaar Natalie      | 84 | Höfen b. Thun      |                     | <b>39:33</b> | +21:58  | 7:54   | 34240   | 4729.   |
| 396. | Wache Kathleen          | 83 | Bern               |                     | <b>39:36</b> | +22:01  | 7:55   | 34252   | 4731.   |
| 397. | Huber Ursula            | 81 | Gossau SG          |                     | <b>39:40</b> | +22:05  | 7:56   | 26493   | 4735.   |
| 398. | Knecht Daniela          | 81 | Bern               |                     | <b>39:43</b> | +22:08  | 7:56   | 32105   | 4736.   |
| 399. | Wyss Martina            | 84 | Thun               |                     | <b>39:59</b> | +22:24  | 7:59   | 34260   | 4761.   |
| 400. | Canepa Nicole           | 80 | TavannesTavannes   | Athletisme Tavannes | <b>40:05</b> | +22:30  | 8:01   | 34044   | 4769.   |



# 33. Schweizer Frauenlauf Bern 2019

## Ergebnisse

### 5km Running Frauen W35

| Rang | Nachname Vorname | Jg | Ort               | Verein    | Zeit         | Abstand | min/km | Startnr | Overall |
|------|------------------|----|-------------------|-----------|--------------|---------|--------|---------|---------|
| 401. | Gmür Rahel       | 80 | Wängi             | FTV Wängi | <b>40:30</b> | +22:55  | 8:06   | 34092   | 4793.   |
| 402. | Gauder Nicole    | 83 | Villnachern       |           | <b>40:44</b> | +23:09  | 8:08   | 34085   | 4809.   |
| 403. | Wächter Martina  | 82 | Villnachern       |           | <b>40:44</b> | +23:09  | 8:08   | 34253   | 4810.   |
| 404. | Léonard Kathleen | 84 | Bern              |           | <b>41:39</b> | +24:04  | 8:19   | 29148   | 4846.   |
| 405. | Sahli Katrin     | 82 | Oberburg          |           | <b>41:39</b> | +24:04  | 8:19   | 33146   | 4847.   |
| 406. | Jamshidi Atefeh  | 80 | Bronschhofen      |           | <b>41:43</b> | +24:08  | 8:20   | 34119   | 4850.   |
| 407. | Eisenhut Monika  | 81 | Flawil            |           | <b>42:00</b> | +24:25  | 8:24   | 33197   | 4858.   |
| 408. | Ummel Carine     | 84 | La Chaux-de-Fonds |           | <b>42:41</b> | +25:06  | 8:32   | 34376   | 4872.   |
| 409. | Wyss Manuela     | 84 | Niederscherli     |           | <b>46:50</b> | +29:15  | 9:22   | 32188   | 4944.   |
| 410. | Frey Mirjam      | 81 | Buttisholz        |           | <b>47:35</b> | +30:00  | 9:31   | 26114   | 4948.   |
| 411. | Zingg Sharon     | 82 | Holderbank AG     |           | <b>48:14</b> | +30:39  | 9:38   | 31439   | 4949.   |

### DNS

|                         |    |                  |        |       |  |
|-------------------------|----|------------------|--------|-------|--|
| Walpen Beatrice         | 80 | Ulrichen         |        | 7316  |  |
| Worku Tsige             | 82 | Bern             |        | 21189 |  |
| Probst Isabella         | 81 | Arlesheim        |        | 23248 |  |
| Ghielmetti Giulia       | 84 | Zürich           |        | 23353 |  |
| Rüfenacht Tanja         | 84 | BernBern         |        | 24488 |  |
| Fuchs Marianne          | 80 | Thun             |        | 25193 |  |
| Rebetez Daniela         | 81 | Ettingen         |        | 25352 |  |
| Siegrist Andrea         | 82 | Meisterschwanden |        | 25410 |  |
| Zurfluh Christina       | 82 | Seedorf UR       |        | 25487 |  |
| Zimmermann Manuela      | 84 | Thunstetten      |        | 26272 |  |
| Anderegg Denise         | 81 | Laufen           |        | 27026 |  |
| Schwaninger Susanne     | 80 | Herisau          |        | 27241 |  |
| Habermacher Nicole      | 81 | Auw              |        | 28079 |  |
| Hiltbrunner-Hofer Anita | 82 | Oberfrittenbach  |        | 28086 |  |
| Steiner Renate          | 81 | Burgdorf         |        | 29105 |  |
| Schären Daniela         | 84 | Moosseedorf      |        | 29164 |  |
| Erb Susanne             | 80 | Thun             |        | 30082 |  |
| Yildiz Sevda            | 83 | Brittnau         | Migros | 30251 |  |
| Zürcher Priska          | 84 | Thun             |        | 30262 |  |
| Bertschi Jasmin         | 82 | Uerkheim         |        | 31073 |  |
| Bossert Michelle        | 84 | Gelterkinden     |        | 31088 |  |
| Fuchs Marianne          | 80 | Thun             |        | 31153 |  |
| Giess-Herzog Jolanda    | 82 | Eiken            |        | 31166 |  |
| Hintermeister Simone    | 80 | Nidau            |        | 31204 |  |
| Zbinden Claudia         | 81 | Münsingen        |        | 31436 |  |
| Betschart Maria         | 84 | Steinen          |        | 32039 |  |
| Haldemann Murièle       | 82 | Worben           |        | 32086 |  |
| Ettlin Yvonne           | 84 | Kerns            |        | 32228 |  |
| Aellig Rita             | 80 | Therwil          |        | 33013 |  |
| Liechti Susanne         | 84 | Thun             |        | 33102 |  |
| De Paola Clementina     | 80 | Niederuzwil      |        | 34054 |  |
| Lanz Sandra             | 84 | Dietikon         |        | 34146 |  |
| ----                    |    |                  |        | 34263 |  |
| Gubler Franziska        | 81 | Uvrier           |        | 34310 |  |
| Vaudroz Tamara          | 81 | Gurzelen         |        | 34378 |  |

#446 Teilnehmende