

# Steinhölzlilauflauf 2019

## résultats

### Walking

| nom et prénom          | an | lieu               | club                    | temps          | min/km | dossar | Runde1 | Runde2 |
|------------------------|----|--------------------|-------------------------|----------------|--------|--------|--------|--------|
| Aebi Sabine            | 64 | Liebefeld          |                         | <b>41:51</b>   | 8:22   | 1002   | 13:07  | 28:44  |
| Albrecht Christiane    | 78 | Gümligen           |                         | <b>46:51</b>   | 9:22   | 161    | 14:39  | 32:11  |
| Beutler Ramona         | 95 | Schwarzenburg      | Stiftung Bernaville     | <b>1:00:44</b> | 12:08  | 198    | 18:50  | 41:54  |
| Bigler Brigitte        | 62 | Rüdtligen          |                         | <b>44:40</b>   | 8:56   | 1247   | 13:43  | 30:56  |
| Brechbühl Alfred       | 59 | Bern               | Nordic-Walking-Tea...   | <b>43:43</b>   | 8:44   | 215    | 13:27  | 30:16  |
| Bumbach Rene           | 54 | Spreitenbach       | smrun                   | <b>42:15</b>   | 8:27   | 229    | 12:58  | 29:16  |
| Burri Markus           | 59 | Ostermundigen      | Nordic-Walking-Tea...   | <b>38:06</b>   | 7:37   | 233    | 11:12  | 26:54  |
| Burri Theresia         | 47 | Mühleberg          | Lauftreff Mühleberg     | <b>49:46</b>   | 9:57   | 234    | 15:11  | 34:34  |
| Caviezel Ulla          | 52 | Domat/Ems          | smrun                   | <b>41:09</b>   | 8:13   | 243    | 12:36  | 28:33  |
| Christen Ellen         | 65 | Obermumpf          |                         | <b>47:12</b>   | 9:26   | 246    | 13:56  | 33:16  |
| Collenberg Ursula      | 48 | Zürich             | smrun                   | <b>39:31</b>   | 7:54   | 248    | 12:09  | 27:21  |
| Dähler Anita           | 63 | Frauenkappelen     | Nordic-Walking-Tea...   | <b>49:01</b>   | 9:48   | 249    | 14:36  | 34:25  |
| Fankhauser Yvonne      | 45 | Balsthal           | smrun                   | <b>42:13</b>   | 8:26   | 274    | 12:57  | 29:15  |
| Flück Simone           | 95 | Schwarzenburg      | Stiftung Bernaville     | <b>1:00:43</b> | 12:08  | 288    | 18:48  | 41:55  |
| Fritschi Johann        | 37 | Ostermundigen      |                         | <b>56:12</b>   | 11:14  | 296    | 16:29  | 39:42  |
| Fuhrer Valeria         | 67 | Ueberstorf         | Raiffeisenbank Schwa... | <b>48:28</b>   | 9:41   | 1023   | 14:41  | 33:46  |
| Furini-Melcher Daniela | 68 | Locarno            | SPLocarnese             |                |        | 299    |        |        |
| Gurtner Tatjana        | 96 | Wünnewil           | Raiffeisenbank Schwa... | <b>48:28</b>   | 9:41   | 1028   | 14:48  | 33:40  |
| Hess Rico              | 72 | Bern               | 4 gegen MS              | <b>1:03:31</b> | 12:42  | 334    | 18:19  | 45:12  |
| Hiltbrunner Larysa     | 77 | Stettlen           |                         | <b>46:49</b>   | 9:21   | 335    | 14:38  | 32:11  |
| Hirschi Adelheid       | 50 | Thun               |                         | <b>44:19</b>   | 8:51   | 342    | 13:32  | 30:47  |
| Hirschi Heidi          |    | Thun               |                         |                |        | 344    |        |        |
| Hirschi Herbert        | 46 | Thun               |                         | <b>44:34</b>   | 8:54   | 345    | 13:43  | 30:51  |
| Howald Peter           | 46 | Biel/Bienne        | smrun                   |                |        | 358    |        |        |
| Hoz-Hug Christine      | 60 | Herrenschwanden    | smrun                   | <b>48:29</b>   | 9:41   | 359    | 14:44  | 33:45  |
| Hunziker Katja         | 76 | Ueberstorf         | Raiffeisenbank Schwa... | <b>48:29</b>   | 9:41   | 1033   | 14:41  | 33:48  |
| Itten Thomas           | 72 | Steffisburg        |                         | <b>35:14</b>   | 7:02   | 376    | 10:42  | 24:31  |
| Kernen Markus          | 62 | Reutigen           | Lauf Team Thun          |                |        | 392    |        |        |
| Lehmann Fredy          | 53 | Heimberg           |                         | <b>39:28</b>   | 7:53   | 423    | 12:12  | 27:15  |
| Linn Heinz             | 43 | Kirchberg BE       |                         | <b>39:29</b>   | 7:53   | 430    | 12:06  | 27:22  |
| Lüthi Kurt.W.          | 50 | Bern               | Nordic-Walking-Tea...   | <b>40:30</b>   | 8:06   | 435    | 12:30  | 27:59  |
| Lüthi Simon            | 76 | Schliern bei Köniz | 4 gegen MS              | <b>1:03:30</b> | 12:42  | 436    | 18:18  | 45:11  |
| Lüthi Willi            | 37 | Bünzen             | smrun / LR Wohlen       | <b>53:19</b>   | 10:39  | 1115   | 16:24  | 36:54  |
| Marti Beat             | 42 | Spiegel b. Bern    | smrun                   | <b>44:39</b>   | 8:55   | 440    | 13:48  | 30:50  |
| Mohr Franziska         | 73 | Schwarzenburg      | Stiftung Bernaville     | <b>1:01:17</b> | 12:15  | 463    | 19:10  | 42:07  |
| Mosimann Monika        | 50 | Emmenbrücke        | smrun                   | <b>39:32</b>   | 7:54   | 467    | 12:10  | 27:22  |
| Parrella Antonietta    | 69 | Liebefeld          |                         | <b>43:49</b>   | 8:45   | 492    | 13:32  | 30:17  |
| Puccinno Antonella     | 65 | Liebefeld          |                         | <b>49:46</b>   | 9:57   | 495    | 15:35  | 34:10  |
| Ramseyer Ursula        | 49 | Niederwangen BE    | Sensetal                | <b>40:18</b>   | 8:03   | 500    | 12:09  | 28:08  |
| Reber Hanspeter        | 44 | Thun               | smrun                   | <b>45:29</b>   | 9:05   | 1056   | 13:45  | 31:44  |
| Rentsch Diana          | 68 | Wileroltigen       | MI-KA Sports            | <b>45:48</b>   | 9:09   | 506    | 14:03  | 31:44  |
| Rohrbach Claudine      | 66 | Wileroltigen       | Lauftreff Mühleberg     | <b>46:32</b>   | 9:18   | 520    | 13:51  | 32:41  |
| Scherz Christoph       | 53 | Köniz              | Nordic-Walking-Tea...   | <b>41:13</b>   | 8:14   | 552    | 12:35  | 28:38  |
| Schneider Kristin      | 84 | Weiach             |                         | <b>41:26</b>   | 8:17   | 568    | 12:19  | 29:06  |
| Sclabas Dario          | 60 | Kirchberg BE       |                         | <b>47:48</b>   | 9:33   | 1222   | 16:07  | 31:41  |
| Sonderegger Romeo      | 52 | Weiach             |                         | <b>42:45</b>   | 8:33   | 591    | 12:48  | 29:56  |
| Stalder Hansjürg       | 58 | Schwarzenburg      | Stiftung Bernaville     | <b>1:01:20</b> | 12:16  | 595    | 19:11  | 42:09  |
| Streit Christine       | 70 | Seedorf BE         | MI-KA Sports            | <b>49:13</b>   | 9:50   | 608    | 14:43  | 34:29  |
| Studer Bernadette      | 34 | Hägendorf          |                         |                |        | 616    |        |        |
| Thomet Weber Maya      | 63 | Mühleberg          | Lauftreff Mühleberg     | <b>43:55</b>   | 8:47   | 619    | 13:41  | 30:14  |

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| nom et prénom     | an | lieu         | club                    | temps   | min/km | dossar | Runde1 | Runde2 |
|-------------------|----|--------------|-------------------------|---------|--------|--------|--------|--------|
| Tormen Laura      | 54 | Kriens       | smrun                   | 1:03:28 | 12:41  | 626    | 19:29  | 43:58  |
| Tschannen Melanie | 96 | Schmitten FR | Raiffeisenbank Schwa... | 48:28   | 9:41   | 1072   | 14:45  | 33:42  |
| Vetsch Ernst      | 40 | St. Gallen   | smrun                   | 46:45   | 9:21   | 634    | 14:25  | 32:20  |
| Weber Helmut      | 52 | Bern         | Nordic-Walking-Tea...   | 46:51   | 9:22   | 650    | 13:51  | 33:00  |
| Weiler Hanni      | 40 | Hoffeld      | smrun / Waffenlaufgr... | 53:17   | 10:39  | 1116   | 16:24  | 36:53  |
| Ziegler Monika    | 58 | Beromünster  |                         |         |        | 675    |        |        |

#56 participants