

# 10km SM Uster 2023

results

## 10km SM 2023 Senioren M45

Wertung und Rangierung erfolgen nach der Nettozeit (ab Überquerung der Startlinie)

| SM  | rank | lastname    | firstname | yob | Nat | Verein/Ort                     | time         | diff   | min/k | racenum | overall |
|-----|------|-------------|-----------|-----|-----|--------------------------------|--------------|--------|-------|---------|---------|
| 1.  | 1.   | Da Silva    | Miguel    | 78  | SUI | RCB Collonge-Bellerive         | <b>31:57</b> |        | 3:11  | 170     | M: 40.  |
| 2.  | 2.   | Jauch       | Manfred   | 75  | SUI | LC Altdorf                     | <b>32:21</b> | +24    | 3:14  | 258     | M: 52.  |
| 3.  | 3.   | Oliver      | Rubén     | 76  | SUI | TV Oerlikon                    | <b>33:27</b> | +1:30  | 3:20  | 356     | M: 81.  |
| 4.  | 4.   | Wiederkehr  | Fabian    | 77  | SUI | (Wil SG)                       | <b>33:38</b> | +1:41  | 3:21  | 477     | M: 88.  |
| 5.  | 5.   | Lagerström  | Mark      | 77  | SUI | SV WIEDIKON                    | <b>33:41</b> | +1:44  | 3:22  | 290     | M: 90.  |
| 6.  | 6.   | Bohren      | Yves      | 75  | SUI | LAC TV Unterstrass / Medbas... | <b>34:27</b> | +2:30  | 3:26  | 137     | M: 109. |
| 7.  | 7.   | Steiner     | Ishi      | 77  | SUI | Steiner Corse                  | <b>35:01</b> | +3:04  | 3:30  | 436     | M: 121. |
| 8.  | 8.   | Zeder       | Andreas   | 78  | SUI | LR Beromünster                 | <b>35:08</b> | +3:11  | 3:30  | 483     | M: 125. |
| 9.  | 9.   | Ferreira    | Sergio    | 77  | SUI | AVG                            | <b>35:50</b> | +3:53  | 3:34  | 723     | M: 139. |
| 10. | 10.  | Da Silva    | Helder    | 76  | SUI | Tria Basilea                   | <b>36:13</b> | +4:16  | 3:37  | 169     | M: 147. |
| 11. | 11.  | Hasler      | Mathias   | 76  | SUI | Dynafit Squad                  | <b>36:18</b> | +4:21  | 3:37  | 228     | M: 149. |
| 12. | 12.  | Roth        | Basil     | 76  | SUI | LAC TV Unterstrass             | <b>36:54</b> | +4:57  | 3:41  | 389     | M: 156. |
| 13. | 13.  | Althaus     | Reto      | 74  | SUI | (Zürich)                       | <b>37:07</b> | +5:10  | 3:42  | 111     | M: 161. |
| 14. | 14.  | Eicher      | Beni      | 77  | SUI | TV Grenchen                    | <b>38:21</b> | +6:24  | 3:50  | 181     | M: 185. |
| 15. | 15.  | Aeschbacher | Simon     | 74  | SUI | TriTeam Emmental               | <b>39:51</b> | +7:54  | 3:59  | 107     | M: 202. |
| 16. | 16.  | Thalmann    | Balthasar | 76  | SUI | Sportfraktion Gemeinderat U... | <b>41:23</b> | +9:26  | 4:08  | 445     | M: 211. |
| 17. | 17.  | Krieger     | Peter     | 78  | SUI | smrun                          | <b>42:00</b> | +10:03 | 4:11  | 286     | M: 216. |
| 18. | 18.  | Sägesser    | Richard   | 74  | SUI | (Uster)                        | <b>43:38</b> | +11:41 | 4:21  | 395     | M: 224. |
| 19. | 19.  | Schulze     | Till      | 77  | SUI | Powerlab Rebels                | <b>44:31</b> | +12:34 | 4:27  | 421     | M: 232. |
| 20. | 20.  | Müller      | Alexander | 76  | SUI | Powerlab Rebels                | <b>45:42</b> | +13:45 | 4:34  | 752     | M: 240. |
| 21. | 21.  | Thoma       | Remo      | 77  | SUI | LC Uster                       | <b>47:32</b> | +15:35 | 4:45  | 446     | M: 247. |
| 22. | 22.  | Molnar      | Peter     | 74  | SUI | (Neftenbach)                   | <b>50:09</b> | +18:12 | 5:00  | 341     | M: 257. |
| 23. | 23.  | Cesare      | Francesco | 76  | SUI | (Küsnacht ZH)                  | <b>50:22</b> | +18:25 | 5:02  | 712     | M: 258. |
|     | 24.  | Lüke        | Christoph | 74  | GER | (Gutenswil)                    | <b>55:34</b> | +23:37 | 5:33  | 311     | M: 268. |

### DNS

|  |                |    |     |           |     |  |
|--|----------------|----|-----|-----------|-----|--|
|  | Orlandi Yan    | 74 | SUI | YORC3NTER | 358 |  |
|  | Sekinger Bruno | 78 | SUI | smrun     | 425 |  |

#26 participants