

GO-IN 6 Weeks 2019, 3. Etappe

Ergebnisse

Hauptlauf Männer 3. Etappe

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Altersklasse |
|------|-------------------------|----|-----------------|-----------------------|--------------|---------|--------|---------|--------------|
| 1. | Meyer Andreas | 86 | Luzern | STV Willisau | 31:27 | | 3:22 | 1764 | M30: 1. |
| 2. | Puls Klaas Hinnek | 73 | Zofingen | Schumacher Sport | 32:06 | +39 | 3:27 | 1086 | M40: 1. |
| 3. | Abächerli Andreas | 85 | Giswil | | 32:21 | +54 | 3:28 | 101 | M30: 2. |
| 4. | Zeder Andreas | 78 | Neudorf | LR Beromünster | 32:52 | +1:25 | 3:32 | 331 | M40: 2. |
| 5. | Carvalho Cardoso Pedro | 91 | Ruswil | go medice Team | 32:58 | +1:31 | 3:32 | 137 | M20: 1. |
| 6. | Rüedlinger David | 87 | Thalwil | LC Regensdorf | 33:04 | +1:37 | 3:33 | 1154 | M30: 3. |
| 7. | Beljean Marcus | 74 | Zofingen | Weishaupt Cycles Z... | 33:15 | +1:48 | 3:34 | 1141 | M40: 3. |
| 8. | Amstad Jörg | 88 | Buchrain | STV Buchrain | 34:15 | +2:48 | 3:40 | 105 | M30: 4. |
| 9. | Wittensöldner Christian | 75 | Zofingen | Tri Club Zofingen | 34:15 | +2:48 | 3:40 | 324 | M40: 4. |
| 10. | Blättler Daniel | 82 | Emmen | LA Nidwalden | 34:23 | +2:56 | 3:41 | 1767 | M30: 5. |
| 11. | Röthlisberger Ralph | 75 | Dagmersellen | | 34:24 | +2:57 | 3:41 | 1793 | M40: 5. |
| 12. | Mühlebach Philipp | 86 | Sursee | | 34:27 | +3:00 | 3:42 | 1318 | M30: 6. |
| 13. | Oberti Marco | 64 | Biasca | SM Run | 34:36 | +3:09 | 3:43 | 1872 | M50: 1. |
| 14. | Parpan Daniel | 82 | Pfaffnau | Run4Fun | 34:42 | +3:15 | 3:43 | 251 | M30: 7. |
| 15. | Amrein Manuel | 00 | Buttisholz | LR Gettnau | 34:50 | +3:23 | 3:44 | 1169 | M16: 1. |
| 16. | Meier Niklaus | 89 | Luzern | | 34:55 | +3:28 | 3:45 | 1871 | M30: 8. |
| 17. | Walthert Adrian | 95 | Nottwil | LR Gettnau | 35:03 | +3:36 | 3:46 | 1176 | M20: 2. |
| 18. | Broch Silvan | 75 | Stansstad | STV Ballwil | 35:04 | +3:37 | 3:46 | 1028 | M40: 6. |
| 19. | Bucher Roger | 85 | Emmenbrücke | | 35:05 | +3:38 | 3:46 | 1098 | M30: 9. |
| 20. | Gärtner Ivo | 82 | Luzern | | 35:07 | +3:40 | 3:46 | 1023 | M30: 10. |
| 21. | Fischer Christian | 79 | Sursee | STV Sursee | 35:18 | +3:51 | 3:47 | 159 | M40: 7. |
| 22. | Birrer Lukas | 79 | Grosswangen | | 35:28 | +4:01 | 3:48 | 1033 | M40: 8. |
| 23. | Burkhardt Jan | 03 | Sursee | | 35:42 | +4:15 | 3:50 | 129 | M16: 2. |
| 24. | Mosimann Lukas | 91 | Zofingen | Triclub Zofingen | 35:44 | +4:17 | 3:50 | 1153 | M20: 3. |
| 25. | Stutz Patrick | 82 | Sursee | STV Zell | 35:44 | +4:17 | 3:50 | 300 | M30: 11. |
| 26. | Pileggi Andreas | 64 | Luzern | | 35:49 | +4:22 | 3:51 | 1785 | M50: 2. |
| 27. | Blättler Stefan | 84 | Brittnau | TriClub Zofingen | 35:54 | +4:27 | 3:51 | 1015 | M30: 12. |
| 28. | Widmer Josef | 72 | Gelfingen | STV Hitzkirch | 35:55 | +4:28 | 3:51 | 319 | M40: 9. |
| 29. | Maurer Andreas | 69 | Leimbach AG | LG Homberg | 36:11 | +4:44 | 3:53 | 1791 | M50: 3. |
| 30. | Bissig Lukas | 89 | Luzern | go medice Team | 36:18 | +4:51 | 3:54 | 114 | M30: 13. |
| 31. | Steiner Urs | 86 | Sempach | TSV Rothenburg | 36:18 | +4:51 | 3:54 | 295 | M30: 14. |
| 32. | Kunz Mathias | 79 | Neuenkirch | | 36:33 | +5:06 | 3:55 | 1107 | M40: 10. |
| 33. | Seitz Adrian | 88 | Luzern | vocabular | 36:41 | +5:14 | 3:56 | 1021 | M30: 15. |
| 34. | Eicher Jvo | 73 | Dallenwil | LA Nidwalden | 36:50 | +5:23 | 3:57 | 1085 | M40: 11. |
| 35. | Burri Lars | 93 | Sempach Station | | 37:04 | +5:37 | 3:59 | 130 | M20: 4. |
| 36. | Joller Philipp | 81 | Hochdorf | go medice Team | 37:05 | +5:38 | 3:59 | 204 | M30: 16. |
| 37. | Merlo Luca | 92 | Luzern | vocabular | 37:06 | +5:39 | 3:59 | 1298 | M20: 5. |
| 38. | Ossola Reto | 80 | Dagmersellen | | 37:12 | +5:45 | 4:00 | 250 | M30: 17. |
| 39. | Raveglia Elio | 79 | Rothrist | Sci club San Vittore | 37:31 | +6:04 | 4:02 | 256 | M40: 12. |
| 40. | Müller Martin | 77 | Neudorf | Landessender Runn... | 37:35 | +6:08 | 4:02 | 1063 | M40: 13. |
| 41. | Pirali Gianni | 59 | Rotkreuz | | 37:57 | +6:30 | 4:04 | 1035 | M60: 1. |
| 42. | Schmid Kurt | 77 | Gelfingen | LT Hitzkirch | 38:00 | +6:33 | 4:05 | 1029 | M40: 14. |
| 43. | Hürzeler Daniel | 64 | Beinwil am See | LG Homberg | 38:09 | +6:42 | 4:06 | 196 | M50: 4. |
| 44. | Trotta Sergio | 76 | Neuenkirch | SM Running | 38:16 | +6:49 | 4:06 | 1884 | M40: 15. |
| 45. | Häfeli Manuel | 90 | Luzern | | 38:20 | +6:53 | 4:07 | 1301 | M20: 6. |
| 46. | Wermelinger Stefan | 86 | Rotkreuz | | 38:22 | +6:55 | 4:07 | 1182 | M30: 18. |
| 47. | Röthlisberger Marc | 82 | Zofingen | Triclub Zofingen | 38:25 | +6:58 | 4:07 | 267 | M30: 19. |
| 48. | Beljean Dani | 71 | Dagmersellen | | 38:26 | +6:59 | 4:07 | 111 | M40: 16. |
| 49. | Helfenstein Toni | 71 | Geuensee | | 38:30 | +7:03 | 4:08 | 1084 | M40: 17. |
| 50. | Girardi Sebastiano | 62 | St, Erhard | GERBER Markierung... | 38:31 | +7:04 | 4:08 | 168 | M50: 5. |

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Hauptlauf Männer 3. Etappe

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Altersklasse |
|------|----------------------|----|-----------------|---------------------------|--------------|---------|--------|---------|--------------|
| 51. | Stein Martin | 90 | Luzern | | 38:32 | +7:05 | 4:08 | 289 | M20: 7. |
| 52. | Hofstetter Patrick | 69 | Adligenswil | | 38:36 | +7:09 | 4:09 | 188 | M50: 6. |
| 53. | Stalder Benedikt | 64 | Hellbühl | Astoria Hellbühl | 38:41 | +7:14 | 4:09 | 287 | M50: 7. |
| 54. | Blum Markus | 75 | Beromünster | | 38:42 | +7:15 | 4:09 | 117 | M40: 18. |
| 55. | Riederer Marc | 75 | Buttisholz | | 38:52 | +7:25 | 4:10 | 1013 | M40: 19. |
| 56. | Maag Markus | 65 | Stans | | 38:56 | +7:29 | 4:11 | 228 | M50: 8. |
| 57. | Buder Patrick | 81 | Melchtal | | 38:57 | +7:30 | 4:11 | 1770 | M30: 20. |
| 58. | Zoder Roland | 72 | Rotkreuz | | 39:00 | +7:33 | 4:11 | 1855 | M40: 20. |
| 59. | Heller Peter | 67 | Willisau | SwissLauftreff Willisau | 39:01 | +7:34 | 4:11 | 1104 | M50: 9. |
| 60. | Camenzind Franz | 66 | Sempach Station | STV Sempach | 39:04 | +7:37 | 4:12 | 1852 | M50: 10. |
| 61. | Meier Peter | 68 | Willisau | swiss lauftreff willisau | 39:06 | +7:39 | 4:12 | 1175 | M50: 11. |
| 62. | Ineichen Reto | 85 | Luzern | | 39:06 | +7:39 | 4:12 | 199 | M30: 21. |
| 63. | Wüest Michael | 89 | Beromünster | Läuferriege Neuenki... | 39:14 | +7:47 | 4:13 | 328 | M30: 22. |
| 64. | Schütz Dominik | 88 | Reiden | | 39:16 | +7:49 | 4:13 | 1078 | M30: 23. |
| 65. | Christen Johann | 84 | Egolzwil | Seilziehclub Nottwil | 39:16 | +7:49 | 4:13 | 140 | M30: 24. |
| 66. | Hammer Jörg | 82 | Luzern | | 39:17 | +7:50 | 4:13 | 181 | M30: 25. |
| 67. | Meister Rolf | 71 | Kriens | go medice Team | 39:25 | +7:58 | 4:14 | 234 | M40: 21. |
| 68. | Hunziker Daniel | 64 | Reinach AG | LG Homberg | 39:27 | +8:00 | 4:14 | 195 | M50: 12. |
| 69. | Kämpfer Thomas | 70 | Neuenkirch | | 39:31 | +8:04 | 4:14 | 1060 | M40: 22. |
| 70. | Oehen Josef | 55 | Hitzkirch | Lauftreff Hitzkirch | 39:42 | +8:15 | 4:16 | 1891 | M60: 2. |
| 71. | Suter Lukas | 69 | Beinwil am See | LG Homberg | 39:46 | +8:19 | 4:16 | 304 | M50: 13. |
| 72. | Trachsler Hansruedi | 72 | Oberkirch LU | TriMotion-Varioserv | 39:52 | +8:25 | 4:17 | 306 | M40: 23. |
| 73. | Bringold Andreas | 64 | Beinwil SO | LG Niederbipp | 39:52 | +8:25 | 4:17 | 1851 | M50: 14. |
| 74. | Bättig Roger | 80 | Willisau | Swiss Lauftreff Willis... | 39:53 | +8:26 | 4:17 | 110 | M30: 26. |
| 75. | Ineichen Stefan | 86 | Luzern | | 39:54 | +8:27 | 4:17 | 1058 | M30: 27. |
| 76. | Coray Claudio | 87 | Luzern | | 39:55 | +8:28 | 4:17 | 141 | M30: 28. |
| 77. | Lötscher Samuel | 86 | Nottwil | | 39:56 | +8:29 | 4:17 | 1304 | M30: 29. |
| 78. | Purtschert Bruno | 63 | Kriens | MTK Kriens | 39:59 | +8:32 | 4:17 | 1310 | M50: 15. |
| 79. | Müller Manuel | 73 | Buttisholz | | 40:04 | +8:37 | 4:18 | 1217 | M40: 24. |
| 80. | Kühne Anton | 62 | Egliswil | WLG Freiamt | 40:06 | +8:39 | 4:18 | 1870 | M50: 16. |
| 81. | Barmettler Thomas | 69 | Rothenburg | | 40:07 | +8:40 | 4:18 | 1147 | M50: 17. |
| 82. | Gutjahr Rolf | 67 | Schenkön | Tri Club Sursee / CKW | 40:25 | +8:58 | 4:20 | 1815 | M50: 18. |
| 83. | Ambrosini Stefan | 71 | Oftringen | | 40:27 | +9:00 | 4:20 | 1784 | M40: 25. |
| 84. | Bader Dominique | 69 | Emmenbrücke | | 40:29 | +9:02 | 4:21 | 1251 | M50: 19. |
| 85. | Pasquinelli Graziano | 61 | Triengen | | 40:29 | +9:02 | 4:21 | 252 | M50: 20. |
| 86. | Odermatt Michael | 75 | Rothenburg | | 40:31 | +9:04 | 4:21 | 247 | M40: 26. |
| 87. | Suter Janis | 03 | Beinwil am See | | 40:33 | +9:06 | 4:21 | 1308 | M16: 3. |
| 88. | Amrein Markus | 82 | Willisau | LR Nemmermüed | 40:34 | +9:07 | 4:21 | 1768 | M30: 30. |
| 89. | Birrer Andreas | 66 | Sursee | Auto Birrer AG | 40:34 | +9:07 | 4:21 | 113 | M50: 21. |
| 90. | Imfeld Bruno | 79 | Luzern | | 40:42 | +9:15 | 4:22 | 1829 | M40: 27. |
| 91. | Wülser Daniel | 71 | Zofingen | TV Zofingen LA | 40:44 | +9:17 | 4:22 | 329 | M40: 28. |
| 92. | Kyburz Roland | 61 | Oberkulm | | 40:48 | +9:21 | 4:23 | 1885 | M50: 22. |
| 93. | Meier Roland | 70 | Buttisholz | | 40:51 | +9:24 | 4:23 | 233 | M40: 29. |
| 94. | Bieri Christian | 71 | Luzern | | 40:59 | +9:32 | 4:24 | 1137 | M40: 30. |
| 95. | Studer Roland | 58 | Buckten | SV Sissach | 41:02 | +9:35 | 4:24 | 297 | M60: 3. |
| 96. | Studer Urs | 82 | Luzern | | 41:03 | +9:36 | 4:24 | 1862 | M30: 31. |
| 97. | Häfliiger Markus | 73 | Schenkön | LR Nottwil | 41:04 | +9:37 | 4:24 | 1145 | M40: 31. |
| 98. | Baumann Christian | 92 | Uffikon | TV Dagmersellen | 41:05 | +9:38 | 4:25 | 1771 | M20: 8. |
| 99. | Lussi Bruno | 53 | Büren NW | | 41:09 | +9:42 | 4:25 | 1822 | M60: 4. |
| 100. | Zosso Heinz | 65 | Niederbipp | LG Niederbipp | 41:09 | +9:42 | 4:25 | 333 | M50: 23. |

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Hauptlauf Männer 3. Etappe

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Altersklasse |
|------|-------------------|----|-------------------|--------------------------|--------------|---------|--------|---------|--------------|
| 101. | Steffen Michael | 75 | Dagmersellen | | 41:12 | +9:45 | 4:25 | 1800 | M40: 32. |
| 102. | Ummel Beat | 60 | Suhr | BTV Aarau Athletics | 41:29 | +10:02 | 4:27 | 310 | M50: 24. |
| 103. | Buholzer Walter | 63 | Emmenbrücke | | 41:29 | +10:02 | 4:27 | 127 | M50: 25. |
| 104. | Meier Adrian | 82 | Hedingen | | 41:30 | +10:03 | 4:27 | 1009 | M30: 32. |
| 105. | Seifried Peter | 78 | Luzern | | 41:30 | +10:03 | 4:27 | 282 | M40: 33. |
| 106. | Ahnen Alexander | 78 | Emmenbrücke | | 41:31 | +10:04 | 4:27 | 1246 | M40: 34. |
| 107. | Burkhalter Reto | 75 | Eich | | 41:35 | +10:08 | 4:28 | 1291 | M40: 35. |
| 108. | Willimann Norbert | 66 | Ruswil | TV Wolhusen | 41:35 | +10:08 | 4:28 | 1794 | M50: 26. |
| 109. | Gut Viktor | 60 | Sempach | Laufteam Seeland S... | 41:39 | +10:12 | 4:28 | 1828 | M50: 27. |
| 110. | Steiner Thomas | 83 | Wauwil | Spetzbuëbe | 41:44 | +10:17 | 4:29 | 294 | M30: 33. |
| 111. | Köhle Peter | 66 | Luzern | Laufftreff Allmend Lu... | 41:47 | +10:20 | 4:29 | 219 | M50: 28. |
| 112. | Bucher Tobias | 79 | Gunzwil | | 41:54 | +10:27 | 4:30 | 1053 | M40: 36. |
| 113. | Wenzel Christian | 69 | Nottwil | Tri Club Sursee | 41:54 | +10:27 | 4:30 | 1092 | M50: 29. |
| 114. | Muff Simon | 98 | Oberkirch LU | | 41:57 | +10:30 | 4:30 | 240 | M20: 9. |
| 115. | Casanova Aldo | 80 | Luzern | | 41:57 | +10:30 | 4:30 | 138 | M30: 34. |
| 116. | Lötscher Réne | 62 | Wauwil | | 41:58 | +10:31 | 4:30 | 1761 | M50: 30. |
| 117. | Müller Thomas | 77 | Urswil | | 42:05 | +10:38 | 4:31 | 1883 | M40: 37. |
| 118. | Hubler Andreas | 73 | Buttisholz | LR Nottwil | 42:15 | +10:48 | 4:32 | 193 | M40: 38. |
| 119. | Arnold Heinz | 68 | Ebikon | LR Ebikon | 42:19 | +10:52 | 4:33 | 1894 | M50: 31. |
| 120. | Frank Lutz | 64 | Zofingen | | 42:28 | +11:01 | 4:33 | 164 | M50: 32. |
| 121. | Güller Jodok | 89 | Sursee | | 42:32 | +11:05 | 4:34 | 1157 | M30: 35. |
| 122. | Vogel Moritz | 69 | Sempach | KTV SV Neuenkirch | 42:43 | +11:16 | 4:35 | 1289 | M50: 33. |
| 123. | Dober Martin | 62 | Ettiswil | SwissLaufftreff Ettiswil | 42:45 | +11:18 | 4:35 | 145 | M50: 34. |
| 124. | Klauser Adrian | 76 | Römerswil LU | LR Beromünster | 42:51 | +11:24 | 4:36 | 213 | M40: 39. |
| 125. | Suppiger Patrick | 77 | Oberkirch LU | | 43:03 | +11:36 | 4:37 | 302 | M40: 40. |
| 126. | Häfliger Yves | 80 | Horw | go medice Team | 43:07 | +11:40 | 4:38 | 177 | M30: 36. |
| 127. | Albisser Marcel | 86 | Willisau | Laufftreff Willisau | 43:23 | +11:56 | 4:39 | 102 | M30: 37. |
| 128. | Peter Roli | 71 | Emmen | Tempo-Sport Bikesp... | 43:27 | +12:00 | 4:40 | 1080 | M40: 41. |
| 129. | Suppiger Pascal | 83 | Rothenburg | | 43:48 | +12:21 | 4:42 | 301 | M30: 38. |
| 130. | Stierli Guido | 83 | Hochdorf | | 43:49 | +12:22 | 4:42 | 1083 | M30: 39. |
| 131. | Müller Ivo | 76 | Emmenbrücke | | 43:51 | +12:24 | 4:42 | 1306 | M40: 42. |
| 132. | Köck Andreas | 70 | Hochdorf | | 43:56 | +12:29 | 4:43 | 218 | M40: 43. |
| 133. | Müller Rolf | 74 | Triengen | | 43:59 | +12:32 | 4:43 | 1781 | M40: 44. |
| 134. | Fischer Linus | 79 | Schötz | Sportverein Uffikon | 44:07 | +12:40 | 4:44 | 160 | M40: 45. |
| 135. | Eicher Andrin | 04 | Dallenwil | | 44:07 | +12:40 | 4:44 | 1867 | M16: 4. |
| 136. | Bösch Philipp | 90 | Kloten | medice | 44:14 | +12:47 | 4:45 | 1802 | M20: 10. |
| 137. | Ulrich Josef | 65 | Luzern | | 44:14 | +12:47 | 4:45 | 1181 | M50: 35. |
| 138. | Küttel Ueli | 86 | Küssnacht am Rigi | go medice Team | 44:14 | +12:47 | 4:45 | 224 | M30: 40. |
| 139. | Schraner Reto | 81 | Sempach | Laufftreff Sempach | 44:34 | +13:07 | 4:47 | 278 | M30: 41. |
| 140. | Barmettler Markus | 74 | Rothenburg | | 44:35 | +13:08 | 4:47 | 1857 | M40: 46. |
| 141. | Imhasly Stefan | 79 | Luzern | Blind-Jogging | 44:39 | +13:12 | 4:48 | 198 | M40: 47. |
| 142. | Eiholzer Robert | 60 | Winikon | KNF-Flodos | 44:46 | +13:19 | 4:48 | 148 | M50: 36. |
| 143. | Kunz Marc | 78 | Sempach | AR STV Sempach | 44:47 | +13:20 | 4:48 | 1087 | M40: 48. |
| 144. | Felder Markus | 77 | Luzern | | 44:57 | +13:30 | 4:50 | 154 | M40: 49. |
| 145. | Steiner Guru | 86 | Gunzwil | TSV Rothenburg | 44:58 | +13:31 | 4:50 | 292 | M30: 42. |
| 146. | Schöpfer Florian | 75 | Rothenburg | | 45:04 | +13:37 | 4:50 | 1790 | M40: 50. |
| 147. | Thürig Marco | 85 | Luzern | | 45:11 | +13:44 | 4:51 | 305 | M30: 43. |
| 148. | Reichmuth Luc | 02 | Kriens | | 45:31 | +14:04 | 4:53 | 1288 | M16: 5. |
| 149. | Schneider Georg | 50 | Weggis | | 45:54 | +14:27 | 4:56 | 276 | M60: 5. |
| 150. | Bachmann Gerhard | 75 | Wauwil | TV Santenberg | 45:59 | +14:32 | 4:56 | 1309 | M40: 51. |

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Hauptlauf Männer 3. Etappe

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Altersklasse |
|------|---------------------|----|--------------------|--------------------------|----------------|---------|--------|---------|--------------|
| 151. | Fischer Jonas | 84 | Rothenburg | | 46:01 | +14:34 | 4:56 | 1316 | M30: 44. |
| 152. | Küng Simon | 66 | Willisau | Laufftreff Willisau | 46:06 | +14:39 | 4:57 | 1223 | M50: 37. |
| 153. | Häberli Patrick | 70 | Buttisholz | Tri Club Sursee | 46:23 | +14:56 | 4:59 | 174 | M40: 52. |
| 154. | Wittwer Daniel | 70 | Oberkulm | | 46:24 | +14:57 | 4:59 | 1177 | M40: 53. |
| 155. | Hüsler Reto | 72 | Sursee | | 46:38 | +15:11 | 5:00 | 197 | M40: 54. |
| 156. | Portmann Daniel | 71 | Emmenbrücke | LR Ebikon | 46:42 | +15:15 | 5:01 | 1780 | M40: 55. |
| 157. | Kayser Thomas | 83 | Luzern | | 46:54 | +15:27 | 5:02 | 208 | M30: 45. |
| 158. | Huber Markus | 80 | Kriens | | 46:54 | +15:27 | 5:02 | 1786 | M30: 46. |
| 159. | Wolf Heinz | 49 | Giswil | | 47:03 | +15:36 | 5:03 | 326 | M70: 1. |
| 160. | Urfer Marcel | 73 | Beinwil am See | LG Homberg | 47:06 | +15:39 | 5:03 | 1059 | M40: 56. |
| 161. | Fanger Bruno | 64 | Emmenbrücke | swisscitymarathon | 47:13 | +15:46 | 5:04 | 1796 | M50: 38. |
| 162. | Röllli Martin | 67 | Reinach AG | LG Homberg | 47:21 | +15:54 | 5:05 | 266 | M50: 39. |
| 163. | Leuzinger Luca | 02 | Suhr | HV Olten | 47:32 | +16:05 | 5:06 | 1866 | M16: 6. |
| 164. | Leuzinger Boris | 76 | Strengelbach | | 47:37 | +16:10 | 5:07 | 226 | M40: 57. |
| 165. | Reichmuth Adrian | 68 | Kriens | | 47:39 | +16:12 | 5:07 | 1234 | M50: 40. |
| 166. | Häfliger Franz | 63 | Triengen | | 47:45 | +16:18 | 5:08 | 1101 | M50: 41. |
| 167. | Giger Roger | 59 | Eich | Harley Drivers Eich | 47:57 | +16:30 | 5:09 | 1076 | M60: 6. |
| 168. | Trachsel Yannick | 94 | Zell LU | STV Zell | 48:16 | +16:49 | 5:11 | 1002 | M20: 11. |
| 169. | Häberli Bruno | 77 | Aesch LU | Laufftreff Hitzkirch | 48:17 | +16:50 | 5:11 | 1890 | M40: 58. |
| 170. | Wytttenbach Stephan | 78 | Sempach | | 48:19 | +16:52 | 5:11 | 330 | M40: 59. |
| 171. | Bösch Thomas | 73 | Rothenburg | | 48:23 | +16:56 | 5:12 | 1319 | M40: 60. |
| 172. | Gerber Martin | 70 | Langnau bei Reiden | | 48:33 | +17:06 | 5:13 | 167 | M40: 61. |
| 173. | Naef René | 62 | Ballwil | SwissLaufftreff Ballwil | 48:36 | +17:09 | 5:13 | 1312 | M50: 42. |
| 174. | Schelbert Markus | 62 | Beinwil am See | | 48:36 | +17:09 | 5:13 | 1864 | M50: 43. |
| 175. | Suter Markus | 68 | Oberentfelden | | 48:45 | +17:18 | 5:14 | 1184 | M50: 44. |
| 176. | Schwaiger Fritz | 60 | Stansstad | Swiss Laufftreff Nidw... | 48:52 | +17:25 | 5:15 | 279 | M50: 45. |
| 177. | Meyer Dirk | 68 | Zürich | Cityrunning.ch | 49:00 | +17:33 | 5:16 | 1792 | M50: 46. |
| 178. | Riedweg Silvan | 91 | Rothenburg | | 49:01 | +17:34 | 5:16 | 1762 | M20: 12. |
| 179. | Schneider Pascal | 90 | Buochs | NW-Laif-Equipe | 49:12 | +17:45 | 5:17 | 277 | M20: 13. |
| 180. | Bucher Beat | 64 | Neuenkirch | | 49:53 | +18:26 | 5:21 | 122 | M50: 47. |
| 181. | Sablone Gregorio | 37 | Zürich | sm runners | 50:13 | +18:46 | 5:23 | 269 | M70: 2. |
| 182. | Durrer Roman | 79 | Willisau | | 50:41 | +19:14 | 5:26 | 1005 | M40: 62. |
| 183. | Reinert Xaver | 49 | Grosswangen | Laufftreff Ruswil | 50:57 | +19:30 | 5:28 | 260 | M70: 3. |
| 184. | Steiger Martin | 82 | Triengen | | 50:59 | +19:32 | 5:28 | 1302 | M30: 47. |
| 185. | Fischer Kusi | 84 | Cham 2 | | 51:21 | +19:54 | 5:31 | 1286 | M30: 48. |
| 186. | Kellerhals Joakim | 86 | Zofingen | | 52:12 | +20:45 | 5:36 | 1778 | M30: 49. |
| 187. | Holdener Peter | 59 | Zug | OLV Zug | 52:14 | +20:47 | 5:36 | 1895 | M60: 7. |
| 188. | Andermatt Alfonso | 46 | Baar | | 53:01 | +21:34 | 5:42 | 1898 | M70: 4. |
| 189. | Liembd Kurt | 58 | Hergiswil NW | Schachklub Hergisw... | 53:20 | +21:53 | 5:44 | 1821 | M60: 8. |
| 190. | Abry Thomas | 62 | Stans | | 53:55 | +22:28 | 5:47 | 1830 | M50: 48. |
| 191. | Weber Jürg | 57 | Hergiswil NW | Laufftreff Hergiswil | 54:24 | +22:57 | 5:50 | 315 | M60: 9. |
| 192. | Bühler Jan | 97 | Hüswil | STV Zell | 54:27 | +23:00 | 5:51 | 1774 | M20: 14. |
| 193. | Riklin Nik | 50 | Malters | | 55:04 | +23:37 | 5:55 | 263 | M60: 10. |
| 194. | Rezzoli Luciano | 53 | Contra | SPLocarnese | 55:09 | +23:42 | 5:55 | 1197 | M60: 11. |
| 195. | Wiederkehr Beat | 64 | Basel | | 55:18 | +23:51 | 5:56 | 1765 | M50: 49. |
| 196. | Felder Stefan | 79 | Dietwil | | 57:14 | +25:47 | 6:09 | 155 | M40: 63. |
| 197. | Blum Vinzenz | 40 | Emmenbrücke | | 58:01 | +26:34 | 6:14 | 1003 | M70: 5. |
| 198. | Müller Hubert | 73 | Ballwil | Swiss Laufftreff Ballwil | 58:17 | +26:50 | 6:16 | 244 | M40: 64. |
| 199. | Jegen Christof | 78 | Luzern | | 1:00:14 | +28:47 | 6:28 | 203 | M40: 65. |
| 200. | Kasanda Clovis | 83 | Schötz | | 1:01:13 | +29:46 | 6:34 | 3 | M30: 50. |

GO-IN 6 Weeks 2019, 3. Etappe

Ergebnisse

Hauptlauf Männer 3. Etappe

| Rang | Nachname Vorname | Jg | Ort | Verein | Zeit | Abstand | min/km | Startnr | Altersklasse |
|------|------------------|----|--------|--------|----------------|---------|--------|---------|--------------|
| 201. | Felder Daniel | 76 | Kriens | | 1:01:21 | +29:54 | 6:35 | 152 | M40: 66. |
| 202. | Reding Markus | 69 | Kriens | | 1:01:55 | +30:28 | 6:39 | 257 | M50: 50. |
| 203. | Nivola Gianpaolo | 66 | Luzern | smrun | 1:04:49 | +33:22 | 6:58 | 246 | M50: 51. |

#203 Teilnehmende