

# Run and Walk Bern 2019

## Ergebnisse

### 10km Running Männer

| Rang | Nachname Vorname       | Jg | Ort                  | Verein                  | Zeit         | Abstand | min/km | Startnr | Altersklasse |
|------|------------------------|----|----------------------|-------------------------|--------------|---------|--------|---------|--------------|
| 1.   | Mekonen Tefera         | 92 | Herrenschwanden      |                         | <b>32:36</b> |         | 3:15   | 865     | Sen M: 1.    |
| 2.   | Schertenleib Raphael   | 90 | Heimberg             | Bikecenter/tripl3.ch    | <b>35:14</b> | +2:38   | 3:31   | 580     | Sen M: 2.    |
| 3.   | Nydegger Michael       | 84 | Bern                 | STB                     | <b>35:18</b> | +2:42   | 3:31   | 487     | Sen M: 3.    |
| 4.   | Fux Fabian             | 01 | St. Niklaus VS       | BCVS Mount Asics T...   | <b>35:28</b> | +2:52   | 3:32   | 263     | Jun: 1.      |
| 5.   | Feuz Thomas            | 77 | Thun                 |                         | <b>36:29</b> | +3:53   | 3:38   | 247     | Mas M: 1.    |
| 6.   | Schneeberger Christian | 89 | Ostermundigen        |                         | <b>36:53</b> | +4:17   | 3:41   | 864     | Sen M: 4.    |
| 7.   | Rouiller Nicolas       | 87 | Thörishaus           |                         | <b>37:00</b> | +4:24   | 3:41   | 553     | Sen M: 5.    |
| 8.   | Burgdorfer Ivan        | 83 | Büren an der Aare    | Laufträff Büren         | <b>37:44</b> | +5:08   | 3:46   | 808     | Sen M: 6.    |
| 9.   | Baumann Stefan         | 79 | Bern                 | TV Zollikofen           | <b>37:56</b> | +5:20   | 3:47   | 129     | Mas M: 2.    |
| 10.  | Steiner Hefti Thomas   | 00 | Bern                 |                         | <b>38:16</b> | +5:40   | 3:49   | 854     | Jun: 2.      |
| 11.  | Leibundgut Philipp     | 95 | Liebefeld            |                         | <b>38:16</b> | +5:40   | 3:49   | 404     | Sen M: 7.    |
| 12.  | Meyer Hannes           | 90 | Siselen BE           | DTSwiss Factory Squ...  | <b>38:25</b> | +5:49   | 3:50   | 446     | Sen M: 8.    |
| 13.  | Weber Daniel           | 78 | Bern                 |                         | <b>38:31</b> | +5:55   | 3:51   | 685     | Mas M: 3.    |
| 14.  | Eggert Ralf            | 71 | Lohn-Ammannsegg      | Triathlonclub Soloth... | <b>38:38</b> | +6:02   | 3:51   | 232     | Mas M: 4.    |
| 15.  | Wings Samuel           | 76 | Amsoldingen          | All Blacks Thun         | <b>38:46</b> | +6:10   | 3:52   | 867     | Mas M: 5.    |
| 16.  | Ribeiro Albino         | 68 | Thun                 | Laufftreff Thun         | <b>38:51</b> | +6:15   | 3:53   | 825     | Mas M: 6.    |
| 17.  | Gruart Joan Marc       | 86 | Santa Cristina d'Aro |                         | <b>38:51</b> | +6:15   | 3:53   | 296     | Sen M: 9.    |
| 18.  | Huber Florian          | 80 | Bolligen             |                         | <b>38:54</b> | +6:18   | 3:53   | 336     | Sen M: 10.   |
| 19.  | Berger Michael         | 83 | Belp                 |                         | <b>38:56</b> | +6:20   | 3:53   | 138     | Sen M: 11.   |
| 20.  | Hostettler André       | 80 | Schwarzenburg        |                         | <b>39:01</b> | +6:25   | 3:54   | 331     | Sen M: 12.   |
| 21.  | Von Graffenried Moritz | 89 | Zürich               |                         | <b>39:10</b> | +6:34   | 3:54   | 461     | Sen M: 13.   |
| 22.  | Burkhalter Markus      | 72 | Riggisberg           | Roller-Shop-Belp        | <b>39:10</b> | +6:34   | 3:54   | 188     | Mas M: 7.    |
| 23.  | Schertenleib Beat      | 63 | Heimberg             | Bikecenter              | <b>39:16</b> | +6:40   | 3:55   | 579     | Mas M: 8.    |
| 24.  | Gafner Lukas           | 75 | Homberg b. Thun      |                         | <b>39:27</b> | +6:51   | 3:56   | 266     | Mas M: 9.    |
| 25.  | Pilkington Edward      | 67 | Bättwil-Flüh         |                         | <b>39:30</b> | +6:54   | 3:56   | 511     | Mas M: 10.   |
| 26.  | Lanz Yves              | 82 | Thun                 | Mittagswalker           | <b>39:43</b> | +7:07   | 3:58   | 401     | Sen M: 14.   |
| 27.  | de Bellis François     | 53 | Montricher           | Swiss Masters Runni...  | <b>39:44</b> | +7:08   | 3:58   | 861     | Vet M: 1.    |
| 28.  | Serey Nicolas          | 79 | Bern                 |                         | <b>39:46</b> | +7:10   | 3:58   | 853     | Mas M: 11.   |
| 29.  | Broillet Christian     | 75 | Rossens FR           | Vaudoise Versicheru...  | <b>40:17</b> | +7:41   | 4:01   | 171     | Mas M: 12.   |
| 30.  | Niederhäuser Daniel    | 83 | Wattenwil            | Laufftreff Thun         | <b>40:42</b> | +8:06   | 4:04   | 481     | Sen M: 15.   |
| 31.  | Braun Jan              | 96 | Bern                 |                         | <b>40:51</b> | +8:15   | 4:05   | 166     | Sen M: 16.   |
| 32.  | Beifuss Johannes       | 85 | Bern                 |                         | <b>41:05</b> | +8:29   | 4:06   | 134     | Sen M: 17.   |
| 33.  | Bobillier Pascal       | 67 | Saint-Maurice        | T-R-T Monthey           | <b>41:23</b> | +8:47   | 4:08   | 806     | Mas M: 13.   |
| 34.  | Gamper Roger           | 73 | Lausanne             |                         | <b>41:24</b> | +8:48   | 4:08   | 267     | Mas M: 14.   |
| 35.  | Baumann Beat           | 74 | Zollikofen           | TV Zollikofen           | <b>41:28</b> | +8:52   | 4:08   | 127     | Mas M: 15.   |
| 36.  | Wyss Benjamin          | 89 | Bern                 | Eisenbahnfreunde        | <b>41:34</b> | +8:58   | 4:09   | 719     | Sen M: 18.   |
| 37.  | Guggisberg Patric      | 81 | Bern                 |                         | <b>41:41</b> | +9:05   | 4:10   | 298     | Sen M: 19.   |
| 38.  | Risler Martin          | 72 | Bern                 |                         | <b>41:42</b> | +9:06   | 4:10   | 539     | Mas M: 16.   |
| 39.  | Fehr Tobias            | 71 | Evilard              |                         | <b>41:50</b> | +9:14   | 4:10   | 243     | Mas M: 17.   |
| 40.  | Bütikofer René         | 71 | Worb                 | www.radwerk.ch          | <b>41:52</b> | +9:16   | 4:11   | 194     | Mas M: 18.   |
| 41.  | Alder Bruno            | 76 | Bern                 | RRC Bern                | <b>41:52</b> | +9:16   | 4:11   | 108     | Mas M: 19.   |
| 42.  | Schild Olivier         | 86 | Köniz                | LCA                     | <b>42:00</b> | +9:24   | 4:11   | 583     | Sen M: 20.   |
| 43.  | Meister Andreas        | 80 | Herzogenbuchsee      |                         | <b>42:02</b> | +9:26   | 4:12   | 441     | Sen M: 21.   |
| 44.  | Ruggiero Pierre        | 67 | Aigle                | TRT Monthey             | <b>42:09</b> | +9:33   | 4:12   | 562     | Mas M: 20.   |
| 45.  | Birkhofer Daniel       | 64 | Bern                 |                         | <b>42:09</b> | +9:33   | 4:12   | 862     | Mas M: 21.   |
| 46.  | Stritmatter Christian  | 72 | Rubigen              |                         | <b>42:16</b> | +9:40   | 4:13   | 639     | Mas M: 22.   |
| 47.  | Jafari Ramazan         | 93 | Bern                 |                         | <b>42:26</b> | +9:50   | 4:14   | 353     | Sen M: 22.   |
| 48.  | Hammer Jörg            | 82 | Luzern               |                         | <b>42:32</b> | +9:56   | 4:15   | 302     | Sen M: 23.   |
| 49.  | Mischler Reto          | 81 | Bern                 | LCA Bärn                | <b>42:39</b> | +10:03  | 4:15   | 453     | Sen M: 24.   |
| 50.  | Ziegler Alain          | 59 | Jegenstorf           | Salming Runners Sc...   | <b>42:44</b> | +10:08  | 4:16   | 731     | Vet M: 2.    |

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### 10km Running Männer

| Rang | Nachname Vorname      | Jg | Ort               | Verein                   | Zeit         | Abstand | min/km | Startnr | Altersklasse |
|------|-----------------------|----|-------------------|--------------------------|--------------|---------|--------|---------|--------------|
| 51.  | Dietrich Fabian       | 75 | Därlichen         |                          | <b>42:53</b> | +10:17  | 4:17   | 220     | Mas M: 23.   |
| 52.  | Iglesias Arturo       | 68 | Thörishaus        |                          | <b>42:57</b> | +10:21  | 4:17   | 346     | Mas M: 24.   |
| 53.  | Winkler Thomas        | 73 | Spiegel b. Bern   | Verein Steinhölzlilaufer | <b>43:00</b> | +10:24  | 4:17   | 703     | Mas M: 25.   |
| 54.  | Baumgartner Michel    | 90 | Moosseedorf       |                          | <b>43:08</b> | +10:32  | 4:18   | 131     | Sen M: 25.   |
| 55.  | Gosteli Luca          | 90 | Bern              | OL Norska                | <b>43:08</b> | +10:32  | 4:18   | 285     | Sen M: 26.   |
| 56.  | Gäumann Christoph     | 82 | Mittelhäusern     | Moretti Runners          | <b>43:10</b> | +10:34  | 4:18   | 812     | Sen M: 27.   |
| 57.  | Weber Pascal          | 90 | Ostermundigen     | Swiss Sportclinic Bern   | <b>43:17</b> | +10:41  | 4:19   | 686     | Sen M: 28.   |
| 58.  | Moesch Dominique      | 87 | Bern              |                          | <b>43:23</b> | +10:47  | 4:20   | 223     | Sen M: 29.   |
| 59.  | Schlittler Dieter     | 65 | Spiegel b. Bern   |                          | <b>43:24</b> | +10:48  | 4:20   | 587     | Mas M: 26.   |
| 60.  | Mäder Niklaus         | 71 | Bern              | LCA Bern                 | <b>43:25</b> | +10:49  | 4:20   | 421     | Mas M: 27.   |
| 61.  | Schwarz Res           | 66 | Niederscherli     | Moretti Runners          | <b>43:27</b> | +10:51  | 4:20   | 830     | Mas M: 28.   |
| 62.  | Walker Manuel         | 81 | Aarberg           |                          | <b>43:35</b> | +10:59  | 4:21   | 679     | Sen M: 30.   |
| 63.  | Perracini Andreas     | 67 | Kehrsatz          |                          | <b>43:38</b> | +11:02  | 4:21   | 498     | Mas M: 29.   |
| 64.  | Müller Dominik        | 69 | Bern              |                          | <b>43:40</b> | +11:04  | 4:21   | 860     | Mas M: 30.   |
| 65.  | Brunner Peter         | 86 | Bolligen          | TV Ittigen               | <b>43:52</b> | +11:16  | 4:23   | 176     | Sen M: 31.   |
| 66.  | Conconi Jonathan      | 74 | Bern              | Podisti Momò             | <b>43:57</b> | +11:21  | 4:23   | 203     | Mas M: 31.   |
| 67.  | Meier Patrick         | 87 | Bern              |                          | <b>44:07</b> | +11:31  | 4:24   | 439     | Sen M: 32.   |
| 68.  | Buchs Dominik         | 90 | Lenk im Simmental |                          | <b>44:07</b> | +11:31  | 4:24   | 182     | Sen M: 33.   |
| 69.  | Ehrler Guy            | 78 | Bern              |                          | <b>44:10</b> | +11:34  | 4:24   | 234     | Mas M: 32.   |
| 70.  | Christ Benedikt       | 86 | Bern              |                          | <b>44:10</b> | +11:34  | 4:24   | 201     | Sen M: 34.   |
| 71.  | Weissmüller Marc      | 91 | Wabern            |                          | <b>44:11</b> | +11:35  | 4:25   | 692     | Sen M: 35.   |
| 72.  | Gerber Christian      | 74 | Konolfingen       |                          | <b>44:15</b> | +11:39  | 4:25   | 271     | Mas M: 33.   |
| 73.  | von Allmen Stephan    | 78 | Ostermundigen     | Bantiger-Runners         | <b>44:24</b> | +11:48  | 4:26   | 670     | Mas M: 34.   |
| 74.  | Minotti Olivier       | 77 | Köniz             | Minottis                 | <b>44:24</b> | +11:48  | 4:26   | 452     | Mas M: 35.   |
| 75.  | Hayati Rahmatullah    | 96 | Bern              |                          | <b>44:33</b> | +11:57  | 4:27   | 311     | Sen M: 36.   |
| 76.  | Rüfenacht Tobias      | 89 | Bern              |                          | <b>44:38</b> | +12:02  | 4:27   | 559     | Sen M: 37.   |
| 77.  | Lichtenberger Andreas | 82 | Zürich            |                          | <b>44:45</b> | +12:09  | 4:28   | 405     | Sen M: 38.   |
| 78.  | Gfeller Immanuel      | 69 | Thun              | 689                      | <b>44:46</b> | +12:10  | 4:28   | 279     | Mas M: 36.   |
| 79.  | Meszaros Gabor        | 88 | Bern              |                          | <b>44:53</b> | +12:17  | 4:29   | 445     | Sen M: 39.   |
| 80.  | Bläsi Siegfried       | 70 | Unterseen         |                          | <b>44:57</b> | +12:21  | 4:29   | 153     | Mas M: 37.   |
| 81.  | Blumenstein Andreas   | 67 | Bern              |                          | <b>44:59</b> | +12:23  | 4:29   | 156     | Mas M: 38.   |
| 82.  | Glogger Urs           | 68 | Münsingen         |                          | <b>45:01</b> | +12:25  | 4:30   | 283     | Mas M: 39.   |
| 83.  | Lang Christoph        | 61 | Muri              |                          | <b>45:03</b> | +12:27  | 4:30   | 398     | Mas M: 40.   |
| 84.  | Gheorghe Razvan       | 76 | Bern              |                          | <b>45:03</b> | +12:27  | 4:30   | 280     | Mas M: 41.   |
| 85.  | Schär Markus          | 70 | Rheineck          |                          | <b>45:05</b> | +12:29  | 4:30   | 571     | Mas M: 42.   |
| 86.  | Osterwalder Jan       | 93 | Belp              | GGB                      | <b>45:06</b> | +12:30  | 4:30   | 492     | Sen M: 40.   |
| 87.  | Schmutz Pascal        | 69 | Bösingen          | TV Bösingen              | <b>45:16</b> | +12:40  | 4:31   | 590     | Mas M: 43.   |
| 88.  | Bucher Matthias       | 90 | Thun              | All Blacks Thun          | <b>45:16</b> | +12:40  | 4:31   | 181     | Sen M: 41.   |
| 89.  | von Känel Andres      | 77 | Bern              |                          | <b>45:20</b> | +12:44  | 4:31   | 675     | Mas M: 44.   |
| 90.  | Gabi Daniel           | 74 | Utzenstorf        |                          | <b>45:21</b> | +12:45  | 4:32   | 264     | Mas M: 45.   |
| 91.  | Hörler Hannes         | 71 | Bern              |                          | <b>45:23</b> | +12:47  | 4:32   | 329     | Mas M: 46.   |
| 92.  | Burkhalter Matthias   | 88 | Niederwangen BE   |                          | <b>45:44</b> | +13:08  | 4:34   | 189     | Sen M: 42.   |
| 93.  | Wüthrich Reto         | 76 | Niederstocken     |                          | <b>45:51</b> | +13:15  | 4:35   | 717     | Mas M: 47.   |
| 94.  | Gosteli Max           | 57 | Utzigen           |                          | <b>45:52</b> | +13:16  | 4:35   | 286     | Vet M: 3.    |
| 95.  | Perini Lionel         | 82 | Ostermundigen     |                          | <b>45:54</b> | +13:18  | 4:35   | 497     | Sen M: 43.   |
| 96.  | Etter Jakob           | 54 | Treiten           | Run and walk Kerzers     | <b>45:56</b> | +13:20  | 4:35   | 240     | Vet M: 4.    |
| 97.  | Boss Daniel           | 68 | Thun              | Laufftreff Thun          | <b>46:02</b> | +13:26  | 4:36   | 840     | Mas M: 48.   |
| 98.  | Suter Dimitri         | 91 | Bern              | -                        | <b>46:03</b> | +13:27  | 4:36   | 643     | Sen M: 44.   |
| 99.  | Siegenthaler Mauro    | 85 | Ittigen           | -                        | <b>46:07</b> | +13:31  | 4:36   | 613     | Sen M: 45.   |
| 100. | Küffer Manuel         | 88 | Zollikofen        | OFC Nizza                | <b>46:08</b> | +13:32  | 4:36   | 387     | Sen M: 46.   |

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### 10km Running Männer

| Rang | Nachname Vorname  | Jg | Ort                  | Verein                 | Zeit         | Abstand | min/km | Startnr | Altersklasse |
|------|-------------------|----|----------------------|------------------------|--------------|---------|--------|---------|--------------|
| 101. | Hädener Mathias   | 92 | Zürich               |                        | <b>46:10</b> | +13:34  | 4:36   | 300     | Sen M: 47.   |
| 102. | Ringli Niklaus    | 68 | Avenches             |                        | <b>46:12</b> | +13:36  | 4:37   | 538     | Mas M: 49.   |
| 103. | Louis Nicolas     | 75 | Bern                 |                        | <b>46:16</b> | +13:40  | 4:37   | 411     | Mas M: 50.   |
| 104. | da Silva Nuno     | 82 | Ittigen              |                        | <b>46:26</b> | +13:50  | 4:38   | 208     | Sen M: 48.   |
| 105. | Streun Christoph  | 69 | Wabern               |                        | <b>46:43</b> | +14:07  | 4:40   | 635     | Mas M: 51.   |
| 106. | Bachmann Daniel   | 81 | Bern                 |                        | <b>46:45</b> | +14:09  | 4:40   | 116     | Sen M: 49.   |
| 107. | Krummen Matthias  | 88 | Bern                 | OFC NIZZA              | <b>46:46</b> | +14:10  | 4:40   | 385     | Sen M: 50.   |
| 108. | Sazpinar Ali      | 84 | Bern                 |                        | <b>46:55</b> | +14:19  | 4:41   | 569     | Sen M: 51.   |
| 109. | Schori Stefan     | 65 | Spiez                |                        | <b>46:56</b> | +14:20  | 4:41   | 601     | Mas M: 52.   |
| 110. | Rufer Alfred      | 73 | Belp                 |                        | <b>46:59</b> | +14:23  | 4:41   | 560     | Mas M: 53.   |
| 111. | Burri Martin      | 72 | Heitenried           |                        | <b>47:00</b> | +14:24  | 4:41   | 191     | Mas M: 54.   |
| 112. | Bircher Adrian    | 86 | Konolfingen          |                        | <b>47:01</b> | +14:25  | 4:42   | 148     | Sen M: 52.   |
| 113. | Gerber Stefan     | 81 | Steffisburg          |                        | <b>47:05</b> | +14:29  | 4:42   | 274     | Sen M: 53.   |
| 114. | Spahr Thomas      | 56 | Rüfenacht BE         | STB /SMRUN             | <b>47:05</b> | +14:29  | 4:42   | 625     | Vet M: 5.    |
| 115. | Bastings Bastian  | 61 | Wiedlisbach          |                        | <b>47:08</b> | +14:32  | 4:42   | 125     | Mas M: 55.   |
| 116. | Medo Matus        | 79 | Schmitten FR         |                        | <b>47:13</b> | +14:37  | 4:43   | 438     | Mas M: 56.   |
| 117. | Pérez José        | 63 | Bern                 | STB                    | <b>47:22</b> | +14:46  | 4:44   | 496     | Mas M: 57.   |
| 118. | Mäder Philipp     | 74 | Bern                 |                        | <b>47:23</b> | +14:47  | 4:44   | 846     | Mas M: 58.   |
| 119. | Freiburghaus René | 54 | Kandersteg           |                        | <b>47:34</b> | +14:58  | 4:45   | 254     | Vet M: 6.    |
| 120. | Mändli Fabian     | 87 | Bern                 |                        | <b>47:39</b> | +15:03  | 4:45   | 424     | Sen M: 54.   |
| 121. | Pfister Daniel    | 70 | Däniken SO           |                        | <b>47:41</b> | +15:05  | 4:46   | 509     | Mas M: 59.   |
| 122. | Hänni Walter      | 62 | Lyss                 | Jumpin`Ghost Biel      | <b>47:48</b> | +15:12  | 4:46   | 306     | Mas M: 60.   |
| 123. | Wittwer Charly    | 65 | Thun                 |                        | <b>47:48</b> | +15:12  | 4:46   | 707     | Mas M: 61.   |
| 124. | Pfau Matthias     | 66 | Thun                 |                        | <b>47:50</b> | +15:14  | 4:46   | 508     | Mas M: 62.   |
| 125. | Beck Mathias      | 84 | Bern                 | Eisenbahnfreunde       | <b>47:54</b> | +15:18  | 4:47   | 132     | Sen M: 55.   |
| 126. | Grabowski Marcin  | 78 | Goldiwil (Thun)      |                        | <b>47:57</b> | +15:21  | 4:47   | 287     | Mas M: 63.   |
| 127. | Kappeler Andreas  | 56 | Bern                 |                        | <b>47:59</b> | +15:23  | 4:47   | 360     | Vet M: 7.    |
| 128. | Britt Andreas     | 68 | Bern                 |                        | <b>48:01</b> | +15:25  | 4:48   | 168     | Mas M: 64.   |
| 129. | Hutterer Beat     | 83 | Nidau                |                        | <b>48:12</b> | +15:36  | 4:49   | 816     | Sen M: 56.   |
| 130. | Funk Michael      | 71 | Bern                 |                        | <b>48:21</b> | +15:45  | 4:50   | 261     | Mas M: 65.   |
| 131. | Zwahlen Nico      | 01 | Urtenen-Schönbühl    |                        | <b>48:22</b> | +15:46  | 4:50   | 739     | Jun: 3.      |
| 132. | Longueira Juan    | 63 | La Chaux-de-Fonds    |                        | <b>48:27</b> | +15:51  | 4:50   | 409     | Mas M: 66.   |
| 133. | Janowsky Kaspar   | 77 | Wünnewil             |                        | <b>48:30</b> | +15:54  | 4:50   | 355     | Mas M: 67.   |
| 134. | Ambrosi Josua     | 72 | Schlosswil           |                        | <b>48:31</b> | +15:55  | 4:51   | 110     | Mas M: 68.   |
| 135. | Kiechl Olivier    | 63 | LangendorfLangendorf | DT Swiss Factory Sq... | <b>48:32</b> | +15:56  | 4:51   | 366     | Mas M: 69.   |
| 136. | Wittwer Patrick   | 82 | Kernenried           |                        | <b>48:33</b> | +15:57  | 4:51   | 709     | Sen M: 57.   |
| 137. | Bongni Thomas     | 72 | Düdingen             |                        | <b>48:38</b> | +16:02  | 4:51   | 161     | Mas M: 70.   |
| 138. | Zimmerli Armin    | 81 | Bern                 |                        | <b>48:44</b> | +16:08  | 4:52   | 733     | Sen M: 58.   |
| 139. | Boschetti Diego   | 68 | Wabern               |                        | <b>48:53</b> | +16:17  | 4:53   | 164     | Mas M: 71.   |
| 140. | Jäggi Marco       | 90 | Solothurn            | Ohne Verein            | <b>49:04</b> | +16:28  | 4:54   | 354     | Sen M: 59.   |
| 141. | Trachsel Markus   | 71 | Münsingen            |                        | <b>49:08</b> | +16:32  | 4:54   | 654     | Mas M: 72.   |
| 142. | Bircher Marcel    | 73 | Ins                  |                        | <b>49:12</b> | +16:36  | 4:55   | 149     | Mas M: 73.   |
| 143. | Bernasconim Mirco | 70 | Spiegel b. Bern      |                        | <b>49:13</b> | +16:37  | 4:55   | 140     | Mas M: 74.   |
| 144. | Berthoud Markus   | 70 | Wetzikon             |                        | <b>49:13</b> | +16:37  | 4:55   | 142     | Mas M: 75.   |
| 145. | Mösch David       | 68 | Bern                 |                        | <b>49:21</b> | +16:45  | 4:56   | 462     | Mas M: 76.   |
| 146. | Wyss Andreas      | 86 | Bern                 | TV Worben              | <b>49:28</b> | +16:52  | 4:56   | 718     | Sen M: 60.   |
| 147. | Oester Philipp    | 78 | Wolfhausen           |                        | <b>49:30</b> | +16:54  | 4:56   | 823     | Mas M: 77.   |
| 148. | Meister Dominic   | 82 | Ittigen              |                        | <b>49:35</b> | +16:59  | 4:57   | 442     | Sen M: 61.   |
| 149. | Messerli Roland   | 76 | Zollikofen           |                        | <b>49:36</b> | +17:00  | 4:57   | 444     | Mas M: 78.   |
| 150. | König Niklaus     | 68 | Lanzenhäusern        |                        | <b>49:42</b> | +17:06  | 4:58   | 377     | Mas M: 79.   |

# Run and Walk Bern 2019

## Ergebnisse

### 10km Running Männer

| Rang | Nachname Vorname     | Jg | Ort                | Verein                 | Zeit         | Abstand | min/km | Startnr | Altersklasse |
|------|----------------------|----|--------------------|------------------------|--------------|---------|--------|---------|--------------|
| 151. | Lehnherr Reto        | 82 | Bern               |                        | <b>49:47</b> | +17:11  | 4:58   | 403     | Sen M: 62.   |
| 152. | Hossmann Toni        | 56 | Kiesen             | Unico                  | <b>49:48</b> | +17:12  | 4:58   | 330     | Vet M: 8.    |
| 153. | Zwahlen Thomas       | 67 | Urtenen-Schönbühl  |                        | <b>49:49</b> | +17:13  | 4:58   | 740     | Mas M: 80.   |
| 154. | Hänni Michel         | 70 | Rubigen            |                        | <b>50:00</b> | +17:24  | 4:59   | 305     | Mas M: 81.   |
| 155. | Decorvet Herbert     | 66 | Courtaman          | TV Bösingén            | <b>50:01</b> | +17:25  | 5:00   | 212     | Mas M: 82.   |
| 156. | Schütz Stefan        | 75 | Ostermundigen      |                        | <b>50:03</b> | +17:27  | 5:00   | 605     | Mas M: 83.   |
| 157. | Calame Louis         | 52 | Lausanne           | Séniors de Coubertin   | <b>50:09</b> | +17:33  | 5:00   | 197     | Vet M: 9.    |
| 158. | Grossmann Lukas      | 72 | Bern               | STB Running            | <b>50:13</b> | +17:37  | 5:01   | 295     | Mas M: 84.   |
| 159. | Kuhn Dominik         | 70 | Bern               |                        | <b>50:21</b> | +17:45  | 5:02   | 388     | Mas M: 85.   |
| 160. | Müller Peter         | 85 | Urtenen-Schönbühl  |                        | <b>50:24</b> | +17:48  | 5:02   | 471     | Sen M: 63.   |
| 161. | Morard Christian     | 63 | Bourguillon        |                        | <b>50:25</b> | +17:49  | 5:02   | 458     | Mas M: 86.   |
| 162. | Mager Thomas         | 74 | Aarberg            |                        | <b>50:27</b> | +17:51  | 5:02   | 423     | Mas M: 87.   |
| 163. | Petris Reto          | 69 | Bern               | FC Goldstern           | <b>50:28</b> | +17:52  | 5:02   | 504     | Mas M: 88.   |
| 164. | Novak Jakob          | 82 | Spiegel bei Bern   |                        | <b>50:29</b> | +17:53  | 5:02   | 822     | Sen M: 64.   |
| 165. | Nyffenegger Lorenz   | 63 | Burgdorf           |                        | <b>50:39</b> | +18:03  | 5:03   | 489     | Mas M: 89.   |
| 166. | Künsch Bernhard      | 60 | Lyss               |                        | <b>50:40</b> | +18:04  | 5:03   | 390     | Mas M: 90.   |
| 167. | Weber Robert         | 59 | Pully              | VAUDOISE JOGGING       | <b>50:44</b> | +18:08  | 5:04   | 689     | Vet M: 10.   |
| 168. | Dellenbach Jürg      | 63 | Goldiwil (Thun)    |                        | <b>50:48</b> | +18:12  | 5:04   | 216     | Mas M: 91.   |
| 169. | Rickli Hans          | 52 | Lausanne           | Seniors de Coubertin   | <b>50:58</b> | +18:22  | 5:05   | 532     | Vet M: 11.   |
| 170. | Dammann Cyrill       | 79 | Bolligen           |                        | <b>51:05</b> | +18:29  | 5:06   | 209     | Mas M: 92.   |
| 171. | Petris Dario         | 02 | Bern               | FC Goldstern           | <b>51:09</b> | +18:33  | 5:06   | 503     | Jun: 4.      |
| 172. | Hassan Hassan        | 97 | Walkringen         |                        | <b>51:25</b> | +18:49  | 5:08   | 308     | Sen M: 65.   |
| 173. | Colazzo Cosimo       | 67 | Belp               |                        | <b>51:29</b> | +18:53  | 5:08   | 202     | Mas M: 93.   |
| 174. | Bast Sascha          | 92 | Ersigen            |                        | <b>51:33</b> | +18:57  | 5:09   | 124     | Sen M: 66.   |
| 175. | Kiener Walter        | 72 | Boll               | n/a                    | <b>51:45</b> | +19:09  | 5:10   | 369     | Mas M: 94.   |
| 176. | Siegrist Fabian      | 75 | Suhr               |                        | <b>51:47</b> | +19:11  | 5:10   | 615     | Mas M: 95.   |
| 177. | Burkhalter Hansruedi | 62 | Thun               |                        | <b>51:51</b> | +19:15  | 5:11   | 187     | Mas M: 96.   |
| 178. | Bigler Markus        | 85 | Jegenstorf         | Alligators             | <b>51:51</b> | +19:15  | 5:11   | 804     | Sen M: 67.   |
| 179. | Maeder Martin        | 64 | Ittigen            |                        | <b>51:59</b> | +19:23  | 5:11   | 422     | Mas M: 97.   |
| 180. | Marchon Tobias       | 82 | Düdingen           |                        | <b>52:09</b> | +19:33  | 5:12   | 425     | Sen M: 68.   |
| 181. | Möschberger Simon    | 75 | Steffisburg        |                        | <b>52:17</b> | +19:41  | 5:13   | 463     | Mas M: 98.   |
| 182. | von Allmen Tobias    | 03 | Schwarzenburg      |                        | <b>52:37</b> | +20:01  | 5:15   | 671     | Jun: 5.      |
| 183. | Tomezzoli Marco      | 59 | Köniz              |                        | <b>52:37</b> | +20:01  | 5:15   | 866     | Vet M: 12.   |
| 184. | Haldemann René       | 74 | Bremgarten b. Bern | Bärä Runners           | <b>52:40</b> | +20:04  | 5:15   | 301     | Mas M: 99.   |
| 185. | Kohler Michel        | 86 | Thun               | ??!?Hskelter           | <b>52:42</b> | +20:06  | 5:16   | 374     | Sen M: 69.   |
| 186. | Bader Jan            | 81 | Derendingen        |                        | <b>52:45</b> | +20:09  | 5:16   | 119     | Sen M: 70.   |
| 187. | Hodler André         | 82 | Reutigen           | Bärä Runners           | <b>52:46</b> | +20:10  | 5:16   | 326     | Sen M: 71.   |
| 188. | Wälten Marc          | 82 | Reutigen           | bärä rönners           | <b>52:49</b> | +20:13  | 5:16   | 680     | Sen M: 72.   |
| 189. | Giraudeau Jacky      | 62 | Lausanne           | Footing Club Lausan... | <b>52:54</b> | +20:18  | 5:17   | 282     | Mas M: 100   |
| 190. | Schneider Marco      | 89 | Bern               |                        | <b>52:58</b> | +20:22  | 5:17   | 593     | Sen M: 73.   |
| 191. | Buchli Frank         | 75 | Rubigen            | STB                    | <b>53:00</b> | +20:24  | 5:17   | 640     | Mas M: 101   |
| 192. | Loock Dario          | 86 | Bern               |                        | <b>53:04</b> | +20:28  | 5:18   | 410     | Sen M: 74.   |
| 193. | Moser Jürg           | 63 | Gysenstein         |                        | <b>53:05</b> | +20:29  | 5:18   | 465     | Mas M: 102   |
| 194. | Wälti Roland         | 54 | Spiegel b. Bern    |                        | <b>53:12</b> | +20:36  | 5:19   | 833     | Vet M: 13.   |
| 195. | Erpf Philipp         | 86 | Bern               |                        | <b>53:24</b> | +20:48  | 5:20   | 810     | Sen M: 75.   |
| 196. | Oberli Bernhard      | 01 | Utzigen            |                        | <b>53:26</b> | +20:50  | 5:20   | 490     | Jun: 6.      |
| 197. | Reichardt Dennis     | 75 | Bern               | -                      | <b>53:26</b> | +20:50  | 5:20   | 525     | Mas M: 103   |
| 198. | Portmann Thomas      | 80 | Niederhünigen      |                        | <b>53:33</b> | +20:57  | 5:21   | 515     | Sen M: 76.   |
| 199. | Mathyer André        | 76 | Bern               |                        | <b>53:39</b> | +21:03  | 5:21   | 434     | Mas M: 104   |
| 200. | Kämpf Richard        | 70 | Olten              |                        | <b>53:43</b> | +21:07  | 5:22   | 358     | Mas M: 105   |

# Run and Walk Bern 2019

## Ergebnisse

### 10km Running Männer

| Rang | Nachname Vorname        | Jg | Ort                | Verein                 | Zeit         | Abstand | min/km | Startnr | Altersklasse |
|------|-------------------------|----|--------------------|------------------------|--------------|---------|--------|---------|--------------|
| 201. | Winklehner Thomas       | 74 | Bremgarten b. Bern | Wolverine              | <b>53:44</b> | +21:08  | 5:22   | 702     | Mas M: 106   |
| 202. | Vogt Olivier            | 74 | Schüpfen           |                        | <b>53:50</b> | +21:14  | 5:22   | 666     | Mas M: 107   |
| 203. | Mollet Bernhard         | 72 | Messen             |                        | <b>53:50</b> | +21:14  | 5:22   | 456     | Mas M: 108   |
| 204. | Kunz Stephan            | 68 | Bremgarten b. Bern |                        | <b>53:53</b> | +21:17  | 5:23   | 391     | Mas M: 109   |
| 205. | Sollberger Bernhard     | 64 | Nods               |                        | <b>54:00</b> | +21:24  | 5:23   | 621     | Mas M: 110   |
| 206. | Arber Rolf              | 62 | Olten              | LG Niederamt           | <b>54:12</b> | +21:36  | 5:25   | 114     | Mas M: 111   |
| 207. | Siegenthaler Roman      | 84 | Lyss               |                        | <b>54:14</b> | +21:38  | 5:25   | 614     | Sen M: 77.   |
| 208. | Benetik Robert          | 65 | Worb               |                        | <b>54:15</b> | +21:39  | 5:25   | 135     | Mas M: 112   |
| 209. | Schnider Rolf           | 59 | Lohn-Ammannsegg    | Ohne Verein            | <b>54:17</b> | +21:41  | 5:25   | 596     | Vet M: 14.   |
| 210. | Gertsch Daniel          | 84 | Gwatt              | ???!?HSkelter          | <b>54:18</b> | +21:42  | 5:25   | 275     | Sen M: 78.   |
| 211. | Durrer Toni             | 61 | Burgdorf           |                        | <b>54:22</b> | +21:46  | 5:26   | 231     | Mas M: 113   |
| 212. | Bockrath Sebastian      | 84 | Bern               |                        | <b>54:27</b> | +21:51  | 5:26   | 158     | Sen M: 79.   |
| 213. | Iseli Markus            | 56 | Bern               |                        | <b>54:34</b> | +21:58  | 5:27   | 350     | Vet M: 15.   |
| 214. | McEvoy Noel             | 60 | Ittigen            |                        | <b>54:41</b> | +22:05  | 5:28   | 820     | Mas M: 114   |
| 215. | Dietschy Beat           | 50 | Bern               | Hämpus                 | <b>54:47</b> | +22:11  | 5:28   | 221     | Vet M: 16.   |
| 216. | Zehntner Christoph      | 46 | Bäriswil BE        |                        | <b>54:48</b> | +22:12  | 5:28   | 727     | Vet M: 17.   |
| 217. | Zigerli Stephan         | 78 | Ostermundigen      | runningtrainer.ch      | <b>54:52</b> | +22:16  | 5:29   | 732     | Mas M: 115   |
| 218. | Lüthi Patrick           | 80 | Aesch BL           |                        | <b>54:53</b> | +22:17  | 5:29   | 416     | Sen M: 80.   |
| 219. | Hurni Claudio           | 67 | Brügg BE           | Schatz, mach was!      | <b>54:56</b> | +22:20  | 5:29   | 815     | Mas M: 116   |
| 220. | Münger Patrick          | 86 | Münsingen          |                        | <b>54:56</b> | +22:20  | 5:29   | 476     | Sen M: 81.   |
| 221. | Blatter Andreas         | 86 | Ostermundigen      |                        | <b>54:59</b> | +22:23  | 5:29   | 858     | Sen M: 82.   |
| 222. | Hunziker Markus         | 82 | Oberbalm           |                        | <b>54:59</b> | +22:23  | 5:29   | 343     | Sen M: 83.   |
| 223. | GrosPierre René         | 67 | Gümligen           |                        | <b>55:01</b> | +22:25  | 5:30   | 294     | Mas M: 117   |
| 224. | Krebs Hansjoerg         | 57 | Niederwangen BE    | Jogging Club Bern      | <b>55:19</b> | +22:43  | 5:31   | 380     | Vet M: 18.   |
| 225. | Finger Mitch            | 88 | Steffisburg        | Bäre rönners           | <b>55:21</b> | +22:45  | 5:32   | 249     | Sen M: 84.   |
| 226. | Däppen Günter           | 43 | Bern               | lsv uetendorf          | <b>55:26</b> | +22:50  | 5:32   | 809     | Vet M: 19.   |
| 227. | Schild Pedro            | 60 | Köniz              |                        | <b>55:27</b> | +22:51  | 5:32   | 584     | Mas M: 118   |
| 228. | Meyer Hans              | 60 | Heimenschwand      |                        | <b>55:28</b> | +22:52  | 5:32   | 447     | Mas M: 119   |
| 229. | Cadosch Dominique       | 84 | Bern               |                        | <b>55:29</b> | +22:53  | 5:32   | 196     | Sen M: 85.   |
| 230. | Heyse Thomas            | 82 | Affoltern am Albis |                        | <b>55:33</b> | +22:57  | 5:33   | 813     | Sen M: 86.   |
| 231. | Putallaz Jean-yves      | 47 | St-Séverin         | smrun                  | <b>55:37</b> | +23:01  | 5:33   | 520     | Vet M: 20.   |
| 232. | Bucher Alexander        | 74 | Bern               | Die strammen Matr...   | <b>55:38</b> | +23:02  | 5:33   | 179     | Mas M: 120   |
| 233. | Ridout Richard          | 67 | Oberdiessbach      |                        | <b>55:55</b> | +23:19  | 5:35   | 826     | Mas M: 121   |
| 234. | Ackermann Rolf          | 61 | Bäriswil BE        | -                      | <b>56:00</b> | +23:24  | 5:35   | 101     | Mas M: 122   |
| 235. | de Thomas Emilio        | 68 | Muri b. Bern       |                        | <b>56:14</b> | +23:38  | 5:37   | 210     | Mas M: 123   |
| 236. | Siffert Philippe        | 88 | Bern               | RC Obstberg            | <b>56:38</b> | +24:02  | 5:39   | 616     | Sen M: 87.   |
| 237. | Paredes Claudio         | 68 | Zollikofen         |                        | <b>56:44</b> | +24:08  | 5:40   | 494     | Mas M: 124   |
| 238. | Celi Silvio             | 76 | Burgdorf           |                        | <b>56:48</b> | +24:12  | 5:40   | 841     | Mas M: 125   |
| 239. | Hefti Urs               | 68 | Bern               | Swiss Sportclinic Bern | <b>56:55</b> | +24:19  | 5:41   | 315     | Mas M: 126   |
| 240. | Gerwer Armin            | 47 | Münchenbuchsee     | smrun                  | <b>56:58</b> | +24:22  | 5:41   | 277     | Vet M: 21.   |
| 241. | Ferreira José           | 81 | Brügg BE           |                        | <b>57:23</b> | +24:47  | 5:44   | 245     | Sen M: 88.   |
| 242. | Volery Sacha            | 78 | Kleingurmels       |                        | <b>57:52</b> | +25:16  | 5:47   | 668     | Mas M: 127   |
| 243. | Kurz Florian            | 85 | Bern               |                        | <b>57:52</b> | +25:16  | 5:47   | 393     | Sen M: 89.   |
| 244. | Riesen Thomas           | 77 | Muri b. Bern       | Satus Gümligen         | <b>57:57</b> | +25:21  | 5:47   | 535     | Mas M: 128   |
| 245. | Müller-Siebert Reinhard | 68 | Bern               |                        | <b>58:02</b> | +25:26  | 5:48   | 474     | Mas M: 129   |
| 246. | Lüdi Thomas             | 70 | Worb               |                        | <b>58:06</b> | +25:30  | 5:48   | 414     | Mas M: 130   |
| 247. | Rohrer Urs              | 59 | Zollikofen         | Laufftreff Zollikofen  | <b>58:12</b> | +25:36  | 5:49   | 545     | Vet M: 22.   |
| 248. | Gremaud Cyril           | 90 | Oron-le-Châtel     |                        | <b>58:18</b> | +25:42  | 5:49   | 291     | Sen M: 90.   |
| 249. | Soos Stefan             | 85 | Spiez              |                        | <b>58:22</b> | +25:46  | 5:50   | 624     | Sen M: 91.   |
| 250. | Morattel Julien         | 77 | Ecublens VD        |                        | <b>58:47</b> | +26:11  | 5:52   | 459     | Mas M: 131   |

# Run and Walk Bern 2019

## Ergebnisse

### 10km Running Männer

| Rang | Nachname Vorname       | Jg | Ort               | Verein                | Zeit           | Abstand | min/km | Startnr | Altersklasse |
|------|------------------------|----|-------------------|-----------------------|----------------|---------|--------|---------|--------------|
| 251. | Wyss Karl-Martin       | 68 | Spiegel b. Bern   |                       | <b>58:51</b>   | +26:15  | 5:53   | 857     | Mas M: 132   |
| 252. | Ribeaud Fabrice        | 69 | Bassecourt        |                       | <b>59:00</b>   | +26:24  | 5:53   | 529     | Mas M: 133   |
| 253. | Schlapbach Matthias    | 88 | Bern              |                       | <b>59:03</b>   | +26:27  | 5:54   | 829     | Sen M: 92.   |
| 254. | Fisli Laszlo           | 65 | Meikirch          |                       | <b>59:13</b>   | +26:37  | 5:55   | 251     | Mas M: 134   |
| 255. | Wyss Tom               | 67 | Bätterkinden      |                       | <b>59:20</b>   | +26:44  | 5:55   | 722     | Mas M: 135   |
| 256. | Seiler Alain           | 67 | Bösingen          |                       | <b>59:21</b>   | +26:45  | 5:56   | 608     | Mas M: 136   |
| 257. | Reinke Alexander       | 77 | Wohlen b. Bern    |                       | <b>59:29</b>   | +26:53  | 5:56   | 526     | Mas M: 137   |
| 258. | Flückiger Jürg         | 75 | Worben            |                       | <b>59:39</b>   | +27:03  | 5:57   | 253     | Mas M: 138   |
| 259. | Geiller Jérôme         | 87 | Zürich            |                       | <b>59:40</b>   | +27:04  | 5:57   | 270     | Sen M: 93.   |
| 260. | Paparone Daniele       | 73 | Oron-le-Châtel    |                       | <b>1:00:09</b> | +27:33  | 6:00   | 493     | Mas M: 139   |
| 261. | Reutimann Felix        | 51 | Ittigen           |                       | <b>1:00:12</b> | +27:36  | 6:01   | 528     | Vet M: 23.   |
| 262. | Siegenthaler Bruno     | 71 | Rubigen           |                       | <b>1:00:37</b> | +28:01  | 6:03   | 611     | Mas M: 140   |
| 263. | Heiniger Michael       | 89 | Münsingen         |                       | <b>1:00:50</b> | +28:14  | 6:04   | 318     | Sen M: 94.   |
| 264. | Mathis Angelo          | 62 | Wabern            | STB                   | <b>1:01:01</b> | +28:25  | 6:06   | 432     | Mas M: 141   |
| 265. | Monin Yannick          | 80 | Meyrin            |                       | <b>1:01:07</b> | +28:31  | 6:06   | 457     | Sen M: 95.   |
| 266. | Zbinden Peter          | 58 | Ostermundigen     | STB Running           | <b>1:01:28</b> | +28:52  | 6:08   | 726     | Vet M: 24.   |
| 267. | Zabe-Kühn Martin       | 64 | Ostermundigen     | zahnspangen-bern.ch   | <b>1:01:33</b> | +28:57  | 6:09   | 836     | Mas M: 142   |
| 268. | Scherer Bruno          | 60 | Mühleberg         |                       | <b>1:01:39</b> | +29:03  | 6:09   | 576     | Mas M: 143   |
| 269. | Schindler Carsten      | 62 | Bern              | MKG-Praxis            | <b>1:02:17</b> | +29:41  | 6:13   | 586     | Mas M: 144   |
| 270. | Lutz Terry             | 76 | InterlakenMatten  |                       | <b>1:02:28</b> | +29:52  | 6:14   | 418     | Mas M: 145   |
| 271. | Schütte Bodo           | 68 | Weil am Rhein     | Team Leistungsdiag... | <b>1:02:32</b> | +29:56  | 6:15   | 603     | Mas M: 146   |
| 272. | König Roger            | 63 | Frauenkappelen    |                       | <b>1:02:38</b> | +30:02  | 6:15   | 378     | Mas M: 147   |
| 273. | Ehrbar Jean-Luc        | 57 | Lausanne          | Vaudoise Jogging      | <b>1:02:44</b> | +30:08  | 6:16   | 233     | Vet M: 25.   |
| 274. | Amstutz Sandro         | 89 | Bern              |                       | <b>1:02:47</b> | +30:11  | 6:16   | 112     | Sen M: 96.   |
| 275. | Muster Rico            | 91 | Urtenen-Schönbühl |                       | <b>1:02:48</b> | +30:12  | 6:16   | 478     | Sen M: 97.   |
| 276. | Ruedin Thierry         | 66 | Apples            |                       | <b>1:02:58</b> | +30:22  | 6:17   | 555     | Mas M: 148   |
| 277. | Heimo Raphael          | 80 | Münsingen         |                       | <b>1:03:00</b> | +30:24  | 6:17   | 317     | Sen M: 98.   |
| 278. | Blum Simon             | 88 | Bern              |                       | <b>1:03:04</b> | +30:28  | 6:18   | 155     | Sen M: 99.   |
| 279. | Rühli Brendan          | 76 | Emmenbrücke       | LC Emmenstrand        | <b>1:03:27</b> | +30:51  | 6:20   | 849     | Mas M: 149   |
| 280. | Milleret Vincent       | 84 | Zürich            |                       | <b>1:03:31</b> | +30:55  | 6:21   | 450     | Sen M: 100.  |
| 281. | Kessler Hansruedi      | 65 | Kirchberg BEK     |                       | <b>1:04:55</b> | +32:19  | 6:29   | 818     | Mas M: 150   |
| 282. | Ritter Ernst           | 49 | Ittigen           |                       | <b>1:05:02</b> | +32:26  | 6:30   | 540     | Vet M: 26.   |
| 283. | Heim Lukas             | 60 | Bern              |                       | <b>1:05:07</b> | +32:31  | 6:30   | 316     | Mas M: 151   |
| 284. | Brenzikofer Rico       | 70 | Biberist          | Laufftreff Solothurn  | <b>1:05:30</b> | +32:54  | 6:32   | 167     | Mas M: 152   |
| 285. | Friedli Thomas Karl    | 67 | Belp              |                       | <b>1:05:33</b> | +32:57  | 6:33   | 260     | Mas M: 153   |
| 286. | Neumeier Günti         | 68 | Wallbach          |                       | <b>1:07:46</b> | +35:10  | 6:46   | 480     | Mas M: 154   |
| 287. | Borer Christoph        | 74 | Zürich            |                       | <b>1:07:47</b> | +35:11  | 6:46   | 162     | Mas M: 155   |
| 288. | Afentranger Lucas      | 84 | Bern              |                       | <b>1:08:55</b> | +36:19  | 6:53   | 105     | Sen M: 101.  |
| 289. | von Tavel Marc         | 64 | Wohlen b. Bern    |                       | <b>1:09:00</b> | +36:24  | 6:53   | 677     | Mas M: 156   |
| 290. | Perracini Noé          | 01 | Kehrsatz          |                       | <b>1:12:12</b> | +39:36  | 7:13   | 500     | Jun: 7.      |
| 291. | Scheidegger Hans Peter | 42 | Schliern b/Köniz  | SMRUN                 | <b>1:28:14</b> | +55:38  | 8:49   | 574     | Vet M: 27.   |

### Gestartet

|             |    |          |     |
|-------------|----|----------|-----|
| Jaeggi Jürg | 69 | Grenchen | 352 |
|-------------|----|----------|-----|

### DNS

|                     |    |        |     |
|---------------------|----|--------|-----|
| Benovsky Martin     | 81 | Orpund | 136 |
| Bindschedler Stefan | 87 | Zürich | 145 |
| Binggeli Ernst      | 48 | Murten | 146 |

# Run and Walk Bern 2019

## Ergebnisse

### 10km Running Männer

| Rang | Nachname Vorname   | Jg | Ort            | Verein                 | Zeit | Abstand | min/km | Startnr | Altersklasse |
|------|--------------------|----|----------------|------------------------|------|---------|--------|---------|--------------|
| DNS  |                    |    |                |                        |      |         |        |         |              |
|      | Burger Simon       | 70 | Münsingen      |                        |      |         |        | 185     |              |
|      | da Rocha Abilio    | 79 | Sion           |                        |      |         |        | 207     |              |
|      | Eisenmann Nico     | 84 | Schliern       |                        |      |         |        | 235     |              |
|      | Eitner Julian      | 89 | Bern           | DTSwiss Factory Squ... |      |         |        | 236     |              |
|      | Fahrni Matthias    | 67 | Faulensee      |                        |      |         |        | 242     |              |
|      | Gasser Patrick     | 66 | Nunningen      |                        |      |         |        | 268     |              |
|      | Hänni Daniel       | 82 | Münchenbuchsee |                        |      |         |        | 304     |              |
|      | Hübscher Patrick   | 75 | Bern           | The Hübschers          |      |         |        | 339     |              |
|      | Keller Pascal      | 86 | Langnau i. E.  |                        |      |         |        | 363     |              |
|      | König Matthias     | 83 | Thörishaus     |                        |      |         |        | 376     |              |
|      | Lutz Juan          | 76 | Kehrsatz       |                        |      |         |        | 417     |              |
|      | Mächler Thomas     | 66 | Bern           |                        |      |         |        | 420     |              |
|      | Maurer Josua       | 88 | Bern           |                        |      |         |        | 436     |              |
|      | Michel René        | 61 | Unterseen      |                        |      |         |        | 448     |              |
|      | Perrin Damian      | 81 | Bern           | Team papival berga...  |      |         |        | 502     |              |
|      | Riesen Bruno       | 71 | Neuenegg       | SportMentalAtelier     |      |         |        | 534     |              |
|      | Rosnau Felix       | 91 | Lichtenwald    |                        |      |         |        | 547     |              |
|      | Röthlisberger Reto | 72 | Langnau i. E.  |                        |      |         |        | 550     |              |
|      | Scherrer Felix     | 61 | Bern           | TV Länggasse           |      |         |        | 578     |              |
|      | Schiegg Fabian     | 87 | Bern           |                        |      |         |        | 581     |              |
|      | Leuenberger Rene   |    | Ostermundigen  |                        |      |         |        | 585     |              |
|      | Uhlmann Thomas     | 85 | Bern           |                        |      |         |        | 663     |              |
|      | Wälti Mathias      | 68 | Gümligen       | #bikeholidayCH         |      |         |        | 682     |              |
|      | Wegmüller Philipp  | 01 | Schwarzenburg  | TV Schwarzenburg       |      |         |        | 690     |              |
|      | Wey Marc           | 68 | Reinach BL     |                        |      |         |        | 698     |              |
|      | Zurflüh Sandro     | 88 | Bern           |                        |      |         |        | 738     |              |
|      | Wiederkehr Beat    | 64 | Basel          |                        |      |         |        | 835     |              |

#322 Teilnehmende