

Ergebnisliste

Halbmarathon Nordic-Walking

| Nachname Vorname, Ort | Jg | Team/Club | Laufzeit | min/km | Startnr |
|---|------|-------------------------------|-----------|--------|---------|
| Albrecht Jennifer, Neerach | 1989 | | 3:02.00,0 | 8.37 | 11007 |
| Albrecht Sally, Neerach | 1960 | | 3:03.11,9 | 8.40 | 11008 |
| Babst Rita, Jenins | 1956 | | 3:15.27,2 | 9.15 | 11508 |
| Badrutt Isabella, Davos Platz | 1972 | MG Davos | 2:47.59,2 | 7.57 | 4 |
| Baumgartner Elisabeth, Herisau | | | 3:17.25,7 | 9.21 | 11401 |
| Bonorand Annina, Felsberg | 1961 | | 3:08.52,9 | 8.57 | 9 |
| Brülisauer Maja, Untereggen | 1968 | | 3:23.31,7 | 9.38 | 11012 |
| Bügler Sara, Neftenbach | 1991 | | 3:13.41,3 | 9.10 | 11013 |
| Bührer Jürg, Henggart | 1967 | | 2:48.40,4 | 7.59 | 10 |
| Bürgi Elvira, Zürich | 1971 | | 3:45.50,2 | 10.42 | 11014 |
| Caplazi-Gasser Yvonne, Mon | | | 2:51.18,4 | 8.07 | 11 |
| Caviezel Mario, Trun | 1955 | | 3:01.27,4 | 8.35 | 12 |
| Cernoch Ondrej, Bülach | 1960 | | 3:29.16,5 | 9.55 | 11513 |
| Cesar Béatrice, Wangen ZH | 1949 | | 1:59.52,5 | 5.40 | 401 |
| Cesar Riccardo, Wangen ZH | 1942 | | 3:16.17,5 | 9.18 | 402 |
| Christmann Sandra, Gelterkinden | 1965 | | 3:12.38,5 | 9.07 | 11402 |
| Dannenbauer-Meier Brigitta, Frenkendorf | | | 3:12.39,4 | 9.07 | 11018 |
| Derungs Christine, Malans | 1972 | | 2:48.56,4 | 8.00 | 13 |
| Disch Monika, Lenzerheide/Lai | 1981 | | 2:54.01,6 | 8.14 | 11504 |
| Egger Brigitte, Winterthur | 1958 | Vit Lauf- und Walking Gruppe | 3:45.45,0 | 10.41 | 11004 |
| Egger Daniel, Winterthur | 1963 | Vit Lauf- und Walking Gruppe | 3:45.46,1 | 10.41 | 11005 |
| Egli Jeannine, Bürglen/ Uri | 1972 | | 3:02.33,6 | 8.39 | 11501 |
| Eltschinger Catherine, Fribourg | 1970 | | 2:53.30,5 | 8.13 | 15 |
| Fässler Marlis, Appenzell | 1971 | | 3:00.46,3 | 8.34 | 403 |
| Fässler Regula, Appenzell | 1959 | RMC Appenzell | 3:03.07,9 | 8.40 | 6 |
| Fringeli Rita, Breitenbach | 1964 | | 2:54.14,9 | 8.15 | 11019 |
| Gerhard Maja, Rümlang | 1961 | | 4:04.21,8 | 11.34 | 11403 |
| Giudici Mauro, Wila | 1964 | | 3:45.43,8 | 10.41 | 11020 |
| Greiner Viola, Grenzach-Wyhlen | 1961 | | 3:10.15,9 | 9.01 | 404 |
| Gschwend Beatrice, Winterthur | 1964 | | 3:45.42,8 | 10.41 | 11021 |
| Guarisco Franco, Novazzano | 1971 | | 3:38.28,4 | 10.21 | 11503 |
| Herzog Sandra, Appenzell | 1967 | | 3:00.46,8 | 8.34 | 405 |
| Hönger Jürg, Neftenbach | 1956 | | 3:01.50,4 | 8.37 | 11024 |
| Hönger Monika, Neftenbach | 1956 | | 2:53.56,6 | 8.14 | 11025 |
| Huber Daniela, Appenzell | 1960 | SC Steinegg | 3:08.46,5 | 8.56 | 406 |
| Jäger Hilde, Dübendorf | 1943 | | 1:59.53,6 | 5.40 | 407 |
| Kramm Monika, Chur | 1961 | | 3:13.13,0 | 9.09 | 11404 |
| Krause Roland, Untervaz | 1962 | | 2:55.30,1 | 8.19 | 11505 |
| Lapeta Karine, Stäfa | 1970 | | 3:29.15,0 | 9.55 | 11026 |
| Leuthold Urs, Horgen | 1963 | MI-KA Sports Schweiz | 2:44.52,7 | 7.48 | 11001 |
| Lingg Albert, Gipf-Oberfrick | 1960 | Nordic Walkig Gruppe Fricktal | 2:38.38,4 | 7.31 | 5 |
| Maas Katherine, Zürich | 1982 | | 3:29.50,8 | 9.56 | 11405 |
| Muchala Elisabeth, Grenzach-Wyhlen | 1968 | | 3:10.29,0 | 9.01 | 408 |
| Müller Anna, Tann | 1952 | | 3:23.49,2 | 9.39 | 11511 |
| Müller Renate, Thun | 1964 | Bircher Laufftreff Thun | 3:16.01,2 | 9.17 | 1 |
| Obi Brigitte, Zuerich | 1963 | | 3:58.37,1 | 11.18 | 11028 |
| Obrist Peter, Basel | 1947 | | 3:08.45,7 | 8.56 | 17 |

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|------------------------------------|------|----------------------|-----------|-------|-------|
| Platz Aldo, Davos Platz | 1956 | | 2:39.46,8 | 7.34 | 11030 |
| Rieben Barbara, Uetendorf | 1969 | Lauftreff Bircher | 3:03.29,4 | 8.41 | 3 |
| Rieser Annemarie, Wittenbach | 1962 | | 3:13.08,8 | 9.09 | 18 |
| Rieser Marcel, Wittenbach | 1960 | Krapf Bike Wave Team | 2:53.46,2 | 8.14 | 2 |
| Rufibach Rony, Sool | 1984 | | 2:33.22,4 | 7.16 | 19 |
| Schelbert Julius, Ried (Muotathal) | 1958 | | 2:32.25,9 | 7.13 | 21 |
| Scherrer Silvia, St. Gallen | 1972 | | 2:53.07,6 | 8.12 | 22 |
| Schwander Patrick, Willisau | 1973 | | 3:52.00,1 | 10.59 | 11406 |
| Schwarz Peter, Cham 2 | 1955 | | 2:58.26,5 | 8.27 | 11510 |
| Seiler Sylvia, Bern | 1963 | | 2:07.28,4 | 6.02 | 23 |
| Sgier Eva, Herisau | | | 3:17.26,4 | 9.21 | 11407 |
| Sieber-Wüst Ruth, Widnau | | | 3:15.57,6 | 9.17 | 24 |
| Signer Erwin, Thundorf | 1963 | | 2:48.39,4 | 7.59 | 25 |
| Steimle Martin, Arosa | 1968 | | 3:13.36,1 | 9.10 | 409 |
| Streit - Büschi Regula, Utzigen | 1978 | | 3:17.28,2 | 9.21 | 11031 |
| Stübi Patricia, Utzigen | 1969 | | 3:47.28,8 | 10.46 | 11032 |
| Stump Margrit, Lanzenneunforn | 1956 | | 3:23.31,3 | 9.38 | 11512 |
| Sutter Cornelia, Ettenhausen TG | 1966 | | 3:03.06,9 | 8.40 | 410 |
| Trifari Patricia, Walchwil | 1963 | | 3:18.34,7 | 9.24 | 11502 |
| Trifari Pietro, Walchwil | 1964 | Weissenstein Runners | 3:11.05,7 | 9.03 | 11006 |
| Uebigau Silvia, Frauenfeld | 1965 | | 3:13.54,3 | 9.11 | 27 |
| Ulmann Karin, Appenzell | 1973 | | 3:00.46,0 | 8.34 | 28 |
| von Wyl Rosita, Schmitten (Albula) | 1947 | | 3:15.31,1 | 9.15 | 5099 |
| Wegmüller Esther, Lenzerheide/Lai | 1981 | | 3:17.27,7 | 9.21 | 11509 |
| Widmer Roland, Männedorf | 1953 | | 3:00.51,5 | 8.34 | 30 |
| Wielander Claudia, St. Gallen | 1963 | | 3:13.15,9 | 9.09 | 31 |
| Wirth Irma, Sedrun | 1959 | | 3:01.26,9 | 8.35 | 32 |
| Wyss Anton Theodor, Zürich | 1988 | | 3:13.41,7 | 9.10 | 11035 |
| Zurbrügg Steiner Maya, Sutz BE | 1952 | SNO | 3:16.28,2 | 9.18 | 411 |

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Long Distance Nordic-Walking

| Nachname Vorname, Ort | Jg | Team/Club | Laufzeit | min/km | Startnr |
|------------------------------------|------|--------------------------|-----------|--------|---------|
| Abegg Toni, St. Gallen | 1949 | Abegg | 1:52.34,3 | 9.22 | 2002 |
| Abegg Ursula, St. Gallen | 1954 | | 1:49.40,9 | 9.08 | 2327 |
| Aebli Margrith, Zürich | 1967 | | 1:56.39,4 | 9.43 | 2150 |
| Albiez Felix, Grenzach-Wylen | 1961 | StockFit-Team | 1:50.57,4 | 9.14 | 2401 |
| Albiez Petra, Grenzach-Wylen | 1961 | StockFit-Team | 2:00.13,1 | 10.01 | 2402 |
| Amstutz Rosmarie, St. Gallen | 1945 | | 2:13.15,2 | 11.06 | 2403 |
| Argast Claudia, Gelterkinden | 1963 | | 1:54.51,9 | 9.34 | 2404 |
| Arnet Irma, Dübendorf | 1952 | | 2:04.01,4 | 10.20 | 2197 |
| Arnet Kurt, Dübendorf | 1948 | | 1:59.34,3 | 9.57 | 2198 |
| Attinger Elisabeth, Zürich | 1961 | | 1:52.26,7 | 9.22 | 2147 |
| Bächtold Elsbeth, Volketswil | 1944 | | 2:01.07,3 | 10.05 | 2199 |
| Baer Gretel, St. Gallen | 1937 | | 1:59.37,7 | 9.58 | 2329 |
| Ballmann Doris | 1958 | Abegg | 1:57.24,2 | 9.47 | 2405 |
| Bauer Doris, Wehr | 1959 | StockFit-Team | 2:34.37,7 | 12.53 | 2406 |
| Baumann Karin, Möriken-Wildegg | 1971 | | 1:50.34,8 | 9.12 | 2075 |
| Baumberger Gabriela, Zürich | 1961 | | 1:48.07,7 | 9.00 | 2149 |
| Becker Jolanta, Hausen | 1954 | StockFit-Team | 2:34.37,1 | 12.53 | 2407 |
| Belke Sabrina, Lostorf | 1971 | | 1:54.30,0 | 9.32 | 2408 |
| Benz Nadine, Schellenber | 1985 | Lauftreff Buchs SG | 1:42.04,5 | 8.30 | 2011 |
| Bergamin Arno, Chur | 1948 | | 1:53.35,1 | 9.27 | 2514 |
| Bergamin Marianne, Lenzerheide/Lai | 1964 | | 2:00.05,0 | 10.00 | 2409 |
| Betschmann Corinne, Neuenhof | 1989 | | 2:09.14,6 | 10.46 | 2087 |
| Beuggert Romi, Ettenhausen TG | 1957 | | 1:42.02,1 | 8.30 | 2175 |
| Beusch Olga, Niederrohrdorf | 1965 | | 2:02.04,4 | 10.10 | 2410 |
| Bitterli Doris, Zunzgen | 1967 | | 1:54.30,8 | 9.32 | 2411 |
| Blaser Ignazia, Chur | 1956 | | 1:56.19,2 | 9.41 | 6056 |
| Bolliger Marlis, Gossau SG | 1959 | Abegg | 1:52.33,8 | 9.22 | 2004 |
| Bösch Anja, St. Margrethen SG | 1991 | Nordic Walking Heerbruug | 2:15.16,8 | 11.16 | 2027 |
| Bösch Antonia, Rheineck | 1955 | Nordic Walking Heerbrugg | 2:15.17,8 | 11.16 | 2026 |
| Bracher Käthi, Madiswil | 1947 | | 2:04.57,7 | 10.24 | 2071 |
| Brack Annemarie, Brugg AG | 1963 | | 2:22.14,2 | 11.51 | 2076 |
| Braun Claudia, Buchs SG | 1973 | Lauf-Treff Buchs | 1:33.50,2 | 7.49 | 2009 |
| Brozio Rosmarie, Russikon | 1941 | | 1:56.20,8 | 9.41 | 2172 |
| Brudermann Adrian, Rumisberg | 1962 | | 1:45.02,3 | 8.45 | 2065 |
| Brudermann Monika, Rumisberg | 1963 | | 1:54.59,3 | 9.34 | 2066 |
| Brühlmann Caroline, Andwil TG | 1964 | | 1:46.26,9 | 8.52 | 2194 |
| Brülisauer Marlene, Rehetobel | 1961 | | 2:09.08,0 | 10.45 | 2336 |
| Brun Claudia, Inwil | 1962 | | 2:00.57,4 | 10.04 | 15042 |
| Brun Pius, Inwil | 1955 | | 1:52.01,2 | 9.20 | 15041 |
| Brun Silvia, Luzern | 1989 | | 1:52.01,8 | 9.20 | 15043 |
| Brunner Beat, St. Gallen | 1958 | | 2:01.50,9 | 10.09 | 2331 |
| Brunner Lisa, St. Gallen | 1971 | | 2:01.51,4 | 10.09 | 2332 |
| Brunold Rita, Bassersdorf | 1955 | | 2:00.45,5 | 10.03 | 2159 |
| Büchel Caroline, Waldkirch | 1966 | | 1:56.27,3 | 9.42 | 2343 |
| Büchel-Beck Monika, Triesenberg | 1966 | Tamina Therme | 1:59.33,3 | 9.57 | 2032 |
| Bucher Anastasia, Domat/Ems | | | 1:44.58,6 | 8.44 | 2115 |
| Buchmann Jessica, Weggis | 1989 | | 2:14.51,7 | 11.14 | 1506 |
| Buff Heidi, Dietlikon | 1955 | | 2:02.05,7 | 10.10 | 2412 |

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|--------------------------------------|------|------------------|-----------|-------|-------|
| Buser Karin, Ormalingen | 1974 | FTV Ormalingen | 2:11.05,4 | 10.55 | 2007 |
| Butz Barbara, Niederuzwil | 1976 | | 2:49.39,1 | 14.08 | 2346 |
| Calame Fabienne, La Chaux-de-Fonds | 1963 | TeamCK | 2:07.42,6 | 10.38 | 2034 |
| Caminada-Paier Maria, Rhäzüns | 1956 | | 1:53.51,0 | 9.29 | 2139 |
| Cantieni Assunta, Lenzerheide | 1957 | | 1:58.56,4 | 9.54 | 2121 |
| Capezio Alexia, La Chaux-de-Fonds | 1989 | | 1:58.28,1 | 9.52 | 2038 |
| Cavegn Madeleine, Wil SG | 1963 | | 1:58.31,1 | 9.52 | 2363 |
| Cavegn Vreni, Domat/Ems | 1957 | | 2:02.28,2 | 10.12 | 2116 |
| Collins Petra, Buchs SG | 1964 | | 1:37.06,7 | 8.05 | 2361 |
| Conzett-haas Daniela, Gelterkinden | 1972 | | 2:11.05,0 | 10.55 | 2052 |
| Coray Anton, Schluein | 1953 | | 1:47.29,0 | 8.57 | 2125 |
| Crabb Caryl, Arbon | 1957 | | 2:12.29,6 | 11.02 | 2352 |
| Cramer Maya, Igis | 1966 | | 1:36.07,3 | 8.00 | 2129 |
| Demont Sepp, Chur | 1957 | | 1:45.55,3 | 8.49 | 15048 |
| Derungs Robert, Chur | 1953 | | 1:56.03,7 | 9.40 | 2112 |
| Dettwiler Sue, Frenkendorf | 1964 | | 1:57.19,9 | 9.46 | 2049 |
| Domide Marianne, Uster | 1968 | | 2:18.57,5 | 11.34 | 2305 |
| Dorota Hladny-Diouf, Genève | 1967 | | 1:51.38,0 | 9.18 | 2035 |
| Dürig Gerda, Amriswil | 1955 | | 1:52.11,7 | 9.20 | 2192 |
| Ehm Angela, Niederuzwil | 1961 | | 1:56.59,4 | 9.44 | 2345 |
| Ehrler Martin, Zürich | 1982 | | 1:52.50,5 | 9.24 | 2148 |
| Elke Eichmann, Zürich | 1967 | | 2:10.13,0 | 10.51 | 2413 |
| Engeli Agnes, Weinfelden | 1960 | | 2:01.17,4 | 10.06 | 2367 |
| Etlinger Andrea, Frastanz | 1963 | | 1:56.39,9 | 9.43 | 2414 |
| Eugster Cica, Landquart | 1963 | | 1:45.55,2 | 8.49 | 2415 |
| Fasolini Katharina, Chur | 1949 | | 1:49.39,6 | 9.08 | 2107 |
| Fehr Willi, Sulgen | 1955 | | 1:39.28,9 | 8.17 | 2193 |
| Ferrari Brigitte, Bellach | 1958 | | 2:02.50,2 | 10.14 | 2059 |
| Ferrari Romano, Bellach | 1962 | | 2:02.51,1 | 10.14 | 2060 |
| Fischer E., Nänikon | 1956 | | 2:21.00,6 | 11.45 | 2303 |
| Fischli Margarete, Haag SG | 1958 | | 2:16.40,7 | 11.23 | 2358 |
| Flepp Debora, Ilanz | 1979 | | 1:55.36,4 | 9.38 | 2123 |
| Flucher Rita, Grabs | 1965 | Lauf-Treff Buchs | 1:42.03,9 | 8.30 | 2010 |
| Forster Thomas, Lengnau AG | 1950 | | 2:22.15,0 | 11.51 | 1504 |
| Foster Beatrice, Ngongotaha, Rotorua | 1963 | | 2:05.00,0 | 10.25 | 2508 |
| Foster John, Ngongotaha, Rotorua | 1968 | | 2:04.58,3 | 10.24 | 2509 |
| Friedl Thomas, Wangen b. Olten | 1971 | | 1:42.45,0 | 8.33 | 2067 |
| Friemel Cäcilia, St. Gallen | 1951 | | 1:55.56,9 | 9.39 | 2322 |
| Frischknecht-Merz Margrit, Herisau | | | 1:58.18,0 | 9.51 | 2337 |
| Fuchs Judith, Wil SG | 1966 | LGGF Wil | 2:07.01,1 | 10.35 | 2012 |
| Fuchs Markus, Wil SG | 1967 | LGGF Wil | 2:10.53,2 | 10.54 | 2013 |
| Gähwiler Iris, Wil SG | 1963 | LGGF Wil | 2:23.35,8 | 11.57 | 2017 |
| Gasser Doris, Zürich | 1983 | | 1:54.11,8 | 9.30 | 2417 |
| Gasser Hans, Haldenstein | 1952 | | 1:54.11,1 | 9.30 | 2418 |
| Gassmann Karin, Oberwil b. Büren | 1964 | | 2:04.55,4 | 10.24 | 2042 |
| Gerber Alfred, Nyon | 1950 | | 1:40.48,7 | 8.24 | 2037 |
| Giger Lisbeth, Widnau | 1942 | | 2:10.21,1 | 10.51 | 2356 |
| Goerk Gisela, Schönau | 1955 | StockFit-Team | 2:34.37,5 | 12.53 | 2419 |
| Good Regula, Heiligkreuz (Mels) | 1968 | | 1:57.03,7 | 9.45 | 2318 |
| Göpfert Erika, Untervaz | 1962 | | 1:54.51,3 | 9.34 | 2127 |
| Graf Bernadette, Maisprach | 1958 | | 1:59.57,9 | 9.59 | 2057 |

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|-------------------------------------|------|---------------|------------|---------|-------|
| Graf Eva, Roggwil TG | 1963 | | 1:50.58,6 | 9.14 | 2420 |
| Graf Markus, Maisprach | 1956 | | 2:00.19,5 | 10.01 | 2421 |
| Graf Markus, Züberwangen | 1964 | LGGF Wil | 2:21.56,1 | 11.49 | 2020 |
| Graf Sonja, Züberwangen | 1969 | LGGF Wil | 2:21.55,4 | 11.49 | 2021 |
| Graf-Strübin Ruth, Maisprach | 1965 | Maisprach | 1:54.56,4 | 9.34 | 2024 |
| Grazioli Helen, Wald | 1966 | | 2:04.10,2 | 10.20 | 2312 |
| Grond Renata, Chur | 1970 | | 1:45.01,2 | 8.45 | 15030 |
| Grünberger Karoline, Baar | 1965 | | 1:49.52,2 | 9.09 | 2511 |
| Gübeli Elsbeth, Wetzikon ZH | 1962 | | 2:18.43,4 | 11.33 | 2308 |
| Gübeli Rolf, Wetzikon ZH | 1957 | | 1:48.16,3 | 9.01 | 2309 |
| Guignard Max, Vaduz | 1944 | | 2:00.02,4 | 10.00 | 2362 |
| Gut Beat, Wohlen AG | 1958 | | 1:53.04,3 | 9.25 | 2422 |
| Gysin Urs P., Spiegel | 1939 | | 1:57.59,8 | 9.49 | 2039 |
| Haller Daniela, Kallnach | 1968 | | 2:12.08,3 | 11.00 | 2041 |
| Haller Dora, Wittenbach | 1959 | | 1:47.35,1 | 8.57 | 2347 |
| Haller Walter, Wittenbach | 1955 | | 1:42.47,3 | 8.33 | 2348 |
| Hammann Axel, Frauenfeld | 1957 | | 1:54.45,1 | 9.33 | 2185 |
| Hammann Gisela, Frauenfeld | 1954 | | 2:08.55,5 | 10.44 | 2186 |
| Hammer Kornelia, Haag SG | | | 2:16.39,5 | 11.23 | 2359 |
| Häni Urs, Bellach | 1964 | | 1:52.51,8 | 9.24 | 2061 |
| Häni Ursula, Bellach | 1964 | | 1:52.59,1 | 9.24 | 2062 |
| Hardegger Judith, Häggenschwil | 1962 | | 1:51.00,8 | 9.15 | 2350 |
| Hartmann Therese, Oberbuchsiten | 1964 | | 1:53.03,0 | 9.25 | 2068 |
| Hauri Astrid, Chur | 1960 | | 2:00.27,0 | 10.02 | 2103 |
| Heeb Marion, Dielsdorf | 1966 | | 2:06.34,9 | 10.32 | 2423 |
| Heller Esther, Lindau | 1954 | | 2:20.35,1 | 11.42 | 2167 |
| Heller Heiri, Lindau | 1947 | | 2:20.32,7 | 11.42 | 2168 |
| Herzog Yolanda, Fislisbach | 1963 | | 2:02.10,4 | 10.10 | 2088 |
| Hochstrasser Heidi, Sargans | 1958 | | 1:44.38,5 | 8.43 | 2138 |
| Hochuli Ottilia, Affoltern am Albis | 1955 | | 1:58.50,4 | 9.54 | 2321 |
| Hofstetter Ursula, Niederlenz | 1956 | | 2:09.37,6 | 10.48 | 2093 |
| Höltzchi Anita, Churwalden | 1964 | | 1:48.23,1 | 9.01 | 2120 |
| Horath Erika, Steinen | 1971 | | 1:52.19,7 | 9.21 | 15034 |
| Hörler Petra, Domat/Ems | 1985 | | 1:47.37,1 | 8.58 | 2114 |
| Huber Tabea, Hinwil | 1961 | | 1:36.47,1 | 8.03 | 2174 |
| Hurni Kurt, Stadel | 1949 | | 2:10.45,0 | 10.53 | 2155 |
| Iberg Maja, Küttigen | 1969 | | 1:51.05,4 | 9.15 | 2074 |
| Iubatti Beatrice, Rothenhausen | | | 2:13.21,5 | 11.06 | 2368 |
| Jörg Rosalia, Domat/Ems | | | 1:53.30,0 | 9.27 | 2424 |
| Jost Gertrud, Utzenstorf | 1950 | | 2:00.28,5 | 10.02 | 2044 |
| Jungen Barbara, Thusis | 1973 | | 2:17.42,4 | 11.28 | 2141 |
| Karrer Brigitte, Cazis | 1963 | | 2:08.35,0 | 10.42 | 2140 |
| Käser-pape Elisabeth, Münsingen | 1951 | | 2:08.26,9 | 10.42 | 2040 |
| Kästle - Märk Karin, Rankweil | 1967 | | 1:56.39,3 | 9.43 | 2425 |
| Keller Bärbel, Schmerikon | 1969 | | 1:54.09,4 | 9.30 | 2316 |
| Keller Heidi, Mörschwil | 1959 | | 1:53.08,7 | 9.25 | 2426 |
| Kempter Brigitte, St. Gallen | 1959 | | 2:08.15,4 | 10.41 | 2323 |
| Klever Annemarie, Schopfheim | 1936 | StockFit-Team | 2:42.19,2 | 13.31 | 2427 |
| Kobelt Marianne, Wil SG | 1960 | LGGF Wil | 2:23.34,2 | 11.57 | 2016 |
| Kohlert Bernd, Chur | 1958 | | 2:04.44,5 | 10.23 | 2104 |
| Krapf Anna, Chur | 1957 | | 13:09.53,9 | 1:05.49 | 1002 |

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|-------------------------------------|------|------------------------|-----------|-------|-------|
| Kühne Tina, Flims Dorf | 1959 | | 2:10.34,4 | 10.52 | 2119 |
| Kuhn-Heinzelmann Carmen, Uzwil | 1971 | | 2:49.38,9 | 14.08 | 2344 |
| Kuster Priska, Heiligkreuz (Mels) | 1970 | | 1:57.03,4 | 9.45 | 2319 |
| Kuster Silvio, Heiligkreuz (Mels) | 1967 | | 1:36.59,1 | 8.04 | 2320 |
| Kyburz Erich, Aarwangen | 1952 | | 2:08.47,5 | 10.43 | 2069 |
| Ledergerber Jeanette, Alterswilen | 1968 | | 1:48.52,4 | 9.04 | 2190 |
| Liechti Hans, Bellach | 1965 | | 2:05.15,0 | 10.26 | 2063 |
| Lingg Gisela, Gipf-Oberfrick | 1962 | Nordicwalking Fricktal | 1:55.47,3 | 9.38 | 2028 |
| Lötscher Martina, Winkel | 1962 | | 1:43.18,9 | 8.36 | 2157 |
| Luminati Giuliana, Chur | 1957 | | 1:52.10,6 | 9.20 | 2101 |
| Mamie Korinna, Muri | 1962 | | 2:10.14,9 | 10.51 | 15033 |
| Mamie René, Muri | 1968 | | 2:10.15,8 | 10.51 | 15032 |
| Märki Gabriela, Untersiggenthal | 1960 | | 1:59.12,8 | 9.56 | 15008 |
| Märki Sandro, Rüfenach AG | 1987 | | 1:39.32,4 | 8.17 | 2507 |
| Markstahler Andy, Fläsch | 1960 | | 1:40.17,4 | 8.21 | 2135 |
| Marti Silvia, Kappel SO | 1967 | | 1:49.02,8 | 9.05 | 2512 |
| Marty Natascha, Weinfelden | 1982 | | 1:50.17,2 | 9.11 | 2188 |
| Maurer Bettina, Winterthur | 1976 | | 1:55.49,6 | 9.39 | 2178 |
| Maurer René, Winterthur | 1975 | | 1:55.48,6 | 9.39 | 2179 |
| Mechler Corinne, Rheinfelden | 1963 | | 1:56.09,5 | 9.40 | 2048 |
| Megert Hanspeter, Bärau | 1956 | | 2:08.47,0 | 10.43 | 2045 |
| Meier Antonia, Maisprach | 1957 | | 1:59.36,9 | 9.58 | 2055 |
| Meier Elisabeth, Windisch | 1961 | | 2:09.15,5 | 10.46 | 2077 |
| Meier Elisabeth, Siegershausen | | | 1:52.09,9 | 9.20 | 2189 |
| Meier Hanspeter, Maisprach | 1955 | | 2:00.19,0 | 10.01 | 2056 |
| Meier Joseph, Wettingen | 1947 | | 2:32.46,0 | 12.43 | 1502 |
| Meier Othmar, Nürensdorf | 1947 | | 1:54.33,5 | 9.32 | 2164 |
| Meier Ruth, Utzenstorf | 1950 | | 2:01.28,1 | 10.07 | 2043 |
| Meier Willi, Chur | 1936 | | 1:34.31,2 | 7.52 | 6523 |
| Meier-Studer Iris, Wettingen | 1960 | | 2:32.46,9 | 12.43 | 1503 |
| Menzi Walter, Volketswil | 1950 | | 1:42.22,6 | 8.31 | 2200 |
| Merz Robert, Pfäffikon ZH | 1964 | | 1:49.57,0 | 9.09 | 2170 |
| Merz Sonja, Pfäffikon ZH | 1963 | | 2:10.43,8 | 10.53 | 2171 |
| Modolo Valerio, Uster | 1944 | | 2:07.47,4 | 10.38 | 2306 |
| Moll Rita, Chur | 1956 | | 1:56.45,5 | 9.43 | 2108 |
| Montalta-Affolter Annemarie, Tamins | 1971 | | 1:33.49,9 | 7.49 | 2117 |
| Moser Doris, Domat/Ems | 1959 | | 2:17.43,3 | 11.28 | 2113 |
| Mosimann Ruedi, Winterthur | 1948 | LSV Winterthur | 1:43.20,7 | 8.36 | 2022 |
| Näf Manuela, Winterthur | 1969 | | 1:58.20,7 | 9.51 | 2181 |
| Neyerlin Monika, Gelterkinden | 1962 | | 1:53.48,1 | 9.29 | 2051 |
| Obrecht Andrea, Jenins | 1961 | snow walk ladies | 1:51.07,4 | 9.15 | 2429 |
| Obrecht Astrid, Jenins | 1966 | snow walk ladies | 1:58.14,7 | 9.51 | 2029 |
| Osusky Daniela, Nänikon | 1962 | | 2:13.41,5 | 11.08 | 2301 |
| Ott Hulda, Vaduz | 1957 | Tamina Therme | 1:42.03,7 | 8.30 | 2031 |
| Pinggera Aita, Samedan | 1962 | | 1:44.46,0 | 8.43 | 2143 |
| Plompen Karin, Goldach | 1969 | | 1:57.47,6 | 9.48 | 2369 |
| Porrini Ursula, Wald | 1948 | | 2:12.34,1 | 11.02 | 2313 |
| Pötzi Annemarie, Salmsach | 1960 | | 2:01.48,8 | 10.09 | 2430 |
| Ramseier Ursula, St. Gallen | 1952 | Abegg | 1:59.31,3 | 9.57 | 2001 |
| Rätzer Martina, Vicosoprano | 1949 | | 2:08.28,1 | 10.42 | 2145 |
| Renz Bea, Wil SG | 1957 | LGGF Wil | 2:23.36,8 | 11.58 | 2014 |

Ergebnisliste

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|--|------|----------------|-----------|-------|-------|
| Retter Ursula, Maisprach | 1965 | | 1:59.32,1 | 9.57 | 2058 |
| Riedi Jeanine, Nänikon | 1962 | | 2:13.40,8 | 11.08 | 2302 |
| Righetti Tullio, Degersheim | 1959 | | 1:54.20,9 | 9.31 | 2339 |
| Rindlisbacher Fränzi, Dübendorf | 1966 | | 1:58.00,9 | 9.50 | 2196 |
| Ritter Doris, Mauren | 1960 | | 1:39.54,7 | 8.19 | 2357 |
| Rohner Sandra, Waldkirch | 1975 | | 1:56.51,8 | 9.44 | 2342 |
| Romer Daniela, Bad Ragaz | 1971 | | 2:26.49,4 | 12.14 | 1501 |
| Rubnik Dragica, Urdorf | 1946 | | 2:15.24,3 | 11.17 | 2450 |
| Ruckli Sibylle, Zürich | 1958 | | 1:56.39,7 | 9.43 | 2151 |
| Ruf Monika, Madiswil | 1963 | | 2:06.50,1 | 10.34 | 2070 |
| Rupf-Alig Silvia, Igis | 1957 | | 1:50.28,1 | 9.12 | 2130 |
| Rutz Paul, Bronschhofen | 1954 | | 1:50.55,2 | 9.14 | 2365 |
| Ryffel Brigitte, Tamins | 1956 | | 1:53.33,8 | 9.27 | 2513 |
| Ryffel Peter, Chur | 1962 | | 1:51.35,7 | 9.17 | 15049 |
| Salinas Antoinette, Wil | 1970 | | 1:53.31,0 | 9.27 | 1508 |
| Sallenbach Verena, Effretikon | 1963 | | 1:48.50,5 | 9.04 | 2163 |
| Schäfer Karin, Uster | 1964 | | 1:43.07,2 | 8.35 | 2304 |
| Schafroth Cécile, Steinach | 1949 | | 2:06.09,2 | 10.30 | 2354 |
| Schauberger Gerhard, Emmenbrücke | 1969 | | 1:56.48,2 | 9.44 | 2096 |
| Schewiller Lotti, Bülach | 1965 | | 1:52.41,8 | 9.23 | 2156 |
| Schelbert Verena, Ried (Muotathal) | 1957 | | 1:57.01,8 | 9.45 | 2100 |
| Scherer Sabrina, Rüfenach AG | 1988 | | 1:53.32,4 | 9.27 | 2505 |
| Scherer Ursula, Remigen | 1958 | | 1:53.33,0 | 9.27 | 2506 |
| Schiesser Alice, Abtwil SG | 1955 | | 2:11.48,6 | 10.59 | 2334 |
| Schiesser Susanne, Pontresina | 1963 | | 1:49.53,6 | 9.09 | 2144 |
| Schläpfer Cornelia, Muolen | 1957 | | 1:53.37,8 | 9.28 | 2351 |
| Schlegel Trudi, Landquart | 1953 | | 1:52.49,9 | 9.24 | 2504 |
| Schmid Christine, Flims Dorf | 1962 | | 2:10.35,3 | 10.52 | 2118 |
| Schmid Fritz, Wetzikon ZH | 1960 | | 1:48.15,6 | 9.01 | 2310 |
| Schmid Max, Untersiggenthal | 1948 | | 1:41.18,5 | 8.26 | 2081 |
| Schmid Silvia, Wetzikon ZH | 1961 | | 2:18.58,4 | 11.34 | 2311 |
| Schmid Ursula, Rorschacherberg | 1955 | | 2:12.02,7 | 11.00 | 6125 |
| Schmitt Edgar, Friesenheim | 1966 | StockFit-Team | 2:31.17,5 | 12.36 | 2431 |
| Schmitt Marlene, Friesenheim | 2002 | StockFit-Team | 2:31.17,1 | 12.36 | 2432 |
| Schneider Ruth, Zürich | 1952 | | 2:11.22,9 | 10.56 | 2146 |
| Schnider Margot, Wangs | 1972 | Tamina Therme | 1:50.51,3 | 9.14 | 2030 |
| Schöbel Sandra, Grenzach-Wylen | 1968 | StockFit-Team | 2:13.06,6 | 11.05 | 2433 |
| Schönenberger-Tester Vreni, St. Gallen | 1957 | | 2:08.13,7 | 10.41 | 2515 |
| Schuermann Romana, Berg am Irchel | 1956 | | 1:47.29,8 | 8.57 | 2182 |
| Schulthess Monika, Winterthur | 1953 | | 1:47.42,7 | 8.58 | 2180 |
| Schumacher Helga, Schopfheim | 1939 | StockFit-Team | 2:42.17,8 | 13.31 | 2434 |
| Schuppli Franziska, Gossau SG | 1964 | | 1:48.40,1 | 9.03 | 2340 |
| Seitz Simone, Schopfheim-Wiechs | 1966 | StockFit-Team | 2:13.07,3 | 11.05 | 2435 |
| Sigg Regula, Winterthur | 1954 | LSV-Winterthur | 1:44.10,0 | 8.40 | 2023 |
| Signer Marietheres, Waldstatt | 1959 | | 1:51.33,1 | 9.17 | 2338 |
| Sommer Raymond, Maisprach | 1958 | | 2:15.10,7 | 11.15 | 2053 |
| Sommer Sandra, Maisprach | 1966 | | 2:15.10,0 | 11.15 | 2054 |
| Sommerau Erna, Summaprada | 1963 | | 2:03.35,7 | 10.17 | 2436 |
| Sommerau Yvonne, Wil SG | 1959 | | 1:52.02,8 | 9.20 | 2364 |
| Spörri Elisabeth, Hinwil | 1960 | | 1:56.38,3 | 9.43 | 2173 |
| Stäheli Liselotte, Hüttwilen | 1955 | | 2:24.55,3 | 12.04 | 2187 |

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|--|------|----------------------|-----------|-------|------|
| Stangwald Vreni, Schopfheim | 1940 | StockFit-Team | 2:42.12,2 | 13.31 | 2437 |
| Stieger - Jegen Ursula, Seewis-Dorf | 1954 | | 2:10.37,0 | 10.53 | 2133 |
| Stieger Florian, Seewis-Dorf | 1940 | | 2:10.36,8 | 10.53 | 2132 |
| Studer Thomas, St. Gallen | 1957 | | 1:40.52,2 | 8.24 | 2333 |
| Stünzi Ruth, Reinach BL | 1950 | | 2:15.01,2 | 11.15 | 2047 |
| Sturzenegger Vreni, St. Gallen | 1945 | Abegg | 2:00.07,6 | 10.00 | 2003 |
| Sturzenegger Jacqueline, Rehetobel | 1964 | | 2:09.07,0 | 10.45 | 2335 |
| Suter Guido, Landquart | 1962 | | 1:45.56,2 | 8.49 | 2438 |
| Suter Luzia, Zunzgen | 1951 | | 2:04.36,4 | 10.23 | 2050 |
| Tanner Jrma, Arbon | 1963 | | 2:12.30,0 | 11.02 | 2353 |
| Tanner Marianne, Gossau SG | 1956 | | 2:12.04,0 | 11.00 | 2341 |
| Tettamanti Pia, Chur | 1959 | | 2:11.22,2 | 10.56 | 2109 |
| Teuscher Annemarie, Bassersdorf | 1957 | | 2:11.06,4 | 10.55 | 2160 |
| Thoma Esther, Laupen | 1966 | | 2:12.34,7 | 11.02 | 2315 |
| Thöny Irene, Samedan | 1955 | | 1:54.41,7 | 9.33 | 2142 |
| Thurnherr Simone, Oberriet SG | 1977 | Jaqueline Rodighiero | 2:48.26,7 | 14.02 | 2008 |
| Trautmann Stefan, Wehr | 1964 | StockFit-Team | 1:47.47,2 | 8.58 | 2440 |
| Tschopp Marianne, Igis | 1970 | | 1:51.34,3 | 9.17 | 2502 |
| Ulrich Irma, Winterthur | 1948 | | 2:05.21,2 | 10.26 | 2176 |
| Ulrich Walter, Winterthur | 1949 | | 2:11.38,1 | 10.58 | 2177 |
| Verhoeven Hans, Davos Platz | 1958 | | 1:37.30,8 | 8.07 | 2441 |
| Villiger Rita, Bronschhofen | 1960 | | 1:51.01,6 | 9.15 | 2366 |
| Vinzens Renate, Buchs SG | 1952 | | 2:21.02,4 | 11.45 | 2360 |
| Vogler Bettina, Wil SG | 1962 | LGGF Wil | 2:20.44,8 | 11.43 | 2018 |
| Vogler Stefan, Wil SG | 1960 | LGGF Wil | 2:07.01,8 | 10.35 | 2019 |
| Vogt Rebekka, Dürnten | 1976 | Team Scherz Vitality | 1:48.43,1 | 9.03 | 2033 |
| Voser Beatrice, Madiswil | 1952 | | 2:03.38,6 | 10.18 | 2072 |
| Waldenmaier Katharina, Gränichen | 1954 | | 2:15.53,2 | 11.19 | 2503 |
| Walter Astrid, St. Gallen | 1952 | | 2:08.15,8 | 10.41 | 2330 |
| Wanner Monica, Zürich | 1963 | | 2:00.35,0 | 10.02 | 2152 |
| Warger Mirjam, Hagenwil | 1975 | | 1:50.17,8 | 9.11 | 2191 |
| Widmer Esther, Nürensdorf | 1963 | | 1:40.03,9 | 8.20 | 2510 |
| Wiederkehr Armin, Wil SG | 1958 | LGGF Wil | 2:10.52,6 | 10.54 | 2015 |
| Wiederkehr Daniela, Wil SG | 1960 | LGGF Wil | 2:20.43,9 | 11.43 | 2442 |
| Wieland Esther, Wald | 1957 | | 2:04.11,0 | 10.20 | 2314 |
| Wisniewski Christiane, Schopfheim | 1964 | StockFit-Team | 1:52.28,8 | 9.22 | 2443 |
| Wisniewski Jürgen, Schopfheim | 1962 | StockFit-Team | 1:55.34,2 | 9.37 | 2444 |
| Wolf Brigitte, Untervaz | 1962 | | 2:02.32,8 | 10.12 | 2445 |
| Wolfensberger Annemarie, Oetwil am See | 1950 | | 1:59.18,0 | 9.56 | 2307 |
| Wyder Ariane, Dielsdorf | 1971 | | 2:06.34,1 | 10.32 | 2446 |
| Zambetti Manuela, Bellach | 1971 | | 2:05.13,7 | 10.26 | 2064 |
| Zappacosta Susanne, Eggenwil | 1951 | | 1:55.36,1 | 9.38 | 2448 |
| Zimmermann Marianne, Häggenschwil | 1963 | | 1:50.59,8 | 9.14 | 2349 |
| Zuffo Sergio, Zürich | 1936 | | 1:55.38,4 | 9.38 | 2153 |
| Züllig Brigitte, St. Gallen | 1953 | | 2:11.47,7 | 10.58 | 2324 |
| Züllig Daniel, St. Gallen | 1957 | | 2:00.08,1 | 10.00 | 2325 |
| Zünd Gisela, Balgach | 1944 | | 2:10.13,9 | 10.51 | 2355 |
| Zürcher Elizabeth, St.Gallen | 1945 | | 2:03.17,6 | 10.16 | 2449 |
| Zwahlen Susanne, Nyon | 1947 | | 1:46.51,4 | 8.54 | 2036 |

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Ergebnisliste

Short Distance Nordic-Walking

| Nachname Vorname, Ort | Jg | Team/Club | Laufzeit | min/km | Startnr |
|--------------------------------------|------|----------------|-----------|--------|---------|
| Akeret Rolf, Hinwil | 1958 | | 55.53,8 | 8.52 | 4011 |
| Albertin Dominik, Rhäzüns | 2000 | | 55.18,6 | 8.46 | 4012 |
| Albertin Jasmin, Rhäzüns | 1974 | | 57.13,7 | 9.05 | 4013 |
| Allensbach Blanca, Ilanz | 1948 | | 1:19.33,6 | 12.37 | 4014 |
| Ambühl Johann, Landquart | 1935 | | 1:18.06,2 | 12.23 | 4015 |
| Beatrice Casile, Münchwilen | 1975 | | 1:12.20,7 | 11.29 | 4016 |
| Beier Brigitte, Ottenbach | 1964 | | 1:06.25,1 | 10.32 | 4401 |
| Bless Uschi, Flumserberg | 1957 | | 1:05.16,3 | 10.21 | 4017 |
| Boeni Anita, Schänis | 1979 | | 1:13.34,5 | 11.40 | 4018 |
| Boeni Erika, Thalwil | 1978 | | 1:13.34,8 | 11.40 | 4019 |
| Böhlen Sylvia, Fraubrunnen | 1973 | | 1:05.54,6 | 10.27 | 4020 |
| Bohli Esther, Nänikon | 1952 | | 1:06.18,5 | 10.31 | 4402 |
| Bösch Daniel | | | 1:06.12,3 | 10.30 | 4403 |
| Bosshard Evelyne, Chur | 1982 | | 1:06.22,3 | 10.32 | 4404 |
| Brack Margrit, Winterthur | 1938 | | 1:11.32,5 | 11.21 | 4021 |
| Bucher Marianne, Henggart | 1971 | | 1:09.15,5 | 10.59 | 4503 |
| Buff Gabriella, Buchs | 1960 | | 1:00.18,4 | 9.34 | 4022 |
| Bühler Melanie, Kappelrodeck | 1952 | | 1:03.38,9 | 10.06 | 4405 |
| Bührer Silvia, Dorf | 1960 | | 1:09.14,2 | 10.59 | 4504 |
| Bührer Susanne, Kleinandelfingen | 1965 | Green Ethiopia | 1:09.14,5 | 10.59 | 4001 |
| Byland Martina, Zürich | 1972 | | 1:02.06,5 | 9.51 | 4023 |
| Cavegn Sandro | | | 49.43,1 | 7.53 | 4997 |
| Caviezel Karin, Haldenstein | 1973 | | 1:04.24,5 | 10.13 | 4024 |
| Chirico Angela, Wetzikon ZH | 1979 | | 1:11.03,7 | 11.16 | 4025 |
| Christ Sonja, Hinwil | 1962 | | 1:02.34,6 | 9.55 | 4026 |
| Claudia Meier, Ganterschwil | 1971 | | 1:04.59,9 | 10.19 | 4027 |
| Cramerer Monica, Pfäffikon ZH | | | 1:45.49,0 | 16.47 | 4505 |
| Dähler Denise, Zürich | 1959 | | 1:01.20,9 | 9.44 | 4028 |
| Deriaz Simone, Chur | 1980 | | 1:00.21,3 | 9.34 | 4029 |
| Dinkel Ursi, Effretikon | 1962 | | 1:09.41,0 | 11.03 | 3502 |
| Donnet-zanetti Benigna, Pfäffikon ZH | 1938 | | 1:13.17,8 | 11.38 | 4030 |
| Durrer Elisabeth, Inwil | 1954 | | 1:05.42,1 | 10.25 | 4031 |
| Enkelmann Anita, Winterthur | 1968 | | 1:16.50,9 | 12.11 | 4032 |
| Frei Manuela | | | 1:06.12,6 | 10.30 | 4406 |
| Friedl Carolina, Wangen b. Olten | 1969 | | 1:05.35,1 | 10.24 | 4033 |
| Friedl Diana, Fulenbach | 1979 | | 1:09.55,2 | 11.05 | 4034 |
| Friedl Elsbeth, Wangen b. Olten | 1952 | | 1:05.44,8 | 10.26 | 4035 |
| Fuchs Daniel, Jenins | 1967 | | 1:27.00,0 | 13.48 | 4502 |
| Fuchs Ladina, Jenins | 2006 | | 1:26.59,2 | 13.48 | 4501 |
| Fundiger Roger, Seewis Schnitten | 1978 | Tamina Therme | 56.51,5 | 9.01 | 4009 |
| Gadola Martina, Azmoos | 1966 | Tamina Therme | 1:07.34,5 | 10.43 | 4010 |
| Giannavola Marialuisa, porto ceresio | 1959 | | 1:06.19,4 | 10.31 | 4407 |
| Götschmann Irma, Dürdingen | 1963 | | 1:06.46,2 | 10.35 | 4038 |
| Gubler Lotti, Uster | 1934 | | 1:16.50,7 | 12.11 | 4039 |
| Hafner Susanne, Ilanz | 1954 | | 1:19.32,6 | 12.37 | 4040 |
| Hagen Beatrice, Hüttwilen | 1959 | | 1:12.01,2 | 11.25 | 4041 |
| Hainzl Renate, St. Gallen | 1947 | | 1:15.36,8 | 12.00 | 4042 |
| Haller Cornelia, Rafz | 1960 | | 1:03.36,0 | 10.05 | 4043 |

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|------------------------------------|------|----------------------------|-----------|-------|------|
| Haller Eduard, Rafz | 1945 | | 58.14,2 | 9.14 | 4044 |
| Heppler Ursula, Egnach | 1960 | | 1:03.08,2 | 10.01 | 4508 |
| Herzog Regula, Herznach | 1982 | | 1:04.59,6 | 10.18 | 4068 |
| Hess Monika, Inwil | 1956 | | 1:09.44,0 | 11.04 | 4045 |
| Hobi Luzia, Gossau SG | 1965 | Nordic Fitness Vital Coach | 1:06.21,9 | 10.32 | 4007 |
| Hofer Kurt, Gretzenbach | 1948 | | 1:06.04,3 | 10.29 | 4046 |
| Hoffmann Doris, Rorbas-Freienstein | 1962 | | 1:09.40,6 | 11.03 | 4047 |
| Hummel Marianne, Malans GR | 1959 | | 1:09.22,0 | 11.00 | 4512 |
| Hummel Markus, Malans GR | 1984 | | 1:09.20,7 | 11.00 | 4513 |
| Hürlimann Adelheid, St. Gallen | 1939 | | 1:11.49,4 | 11.24 | 4048 |
| Illi Silvia, Bonstetten | 1971 | | 1:03.19,2 | 10.03 | 4049 |
| Iseli Nelly, Winterthur | 1956 | | 55.34,8 | 8.49 | 4050 |
| Item Elisabeth, Arosa | 1955 | | 1:09.22,3 | 11.00 | 4514 |
| Item Roger, Arosa | 1983 | | 1:09.21,0 | 11.00 | 4515 |
| Iva Bencic, Altendorf | 1984 | | 1:02.38,7 | 9.56 | 4511 |
| Janutin Josef, Rhäzüns | 1945 | | 55.19,7 | 8.46 | 4051 |
| Jörg Marlis, Lenzerheide | 1956 | Gruppe GKB | 1:09.27,8 | 11.01 | 4002 |
| Jörimann Daniela, Versam | 1976 | | 59.01,3 | 9.22 | 3501 |
| Jost Daniela, Chur | 1961 | | 57.19,8 | 9.06 | 4408 |
| Kovacevic Diana, Schaffhausen | 1974 | | 1:16.52,0 | 12.12 | 4055 |
| Liechti Ruth, Schlatt TG | 1973 | | 1:12.05,5 | 11.26 | 4057 |
| Lutz René, Laufen | 1968 | | 54.23,2 | 8.37 | 4058 |
| Maurer Lukas | | | 54.40,4 | 8.40 | 4409 |
| Moser Regina, Chur | 1961 | | 1:00.20,0 | 9.34 | 4060 |
| Muggli Barbara, Hinwil | 1972 | | 1:04.36,2 | 10.15 | 4061 |
| Müller Andrea, Uznach | 1965 | | 1:08.25,5 | 10.51 | 4062 |
| Neukom Urs, Rafz | 1967 | massan | 50.24,2 | 8.00 | 4005 |
| Niederberger Ursi, Sargans | | | 1:07.34,7 | 10.43 | 4410 |
| Nowak Merz Nelli, Menziken | | | 1:00.22,9 | 9.35 | 4063 |
| Ott Bruno, St. Gallen | 1948 | Nordic Fitness Vital Coach | 1:05.07,7 | 10.20 | 4008 |
| Paonne Erika, Nendeln | 1959 | | 57.51,6 | 9.11 | 4065 |
| Patrizia Ott, Münchwilen | 1975 | | 1:12.08,7 | 11.27 | 4066 |
| Prevost Eveline, Jonen | 1974 | | 59.09,6 | 9.23 | 4067 |
| Rettich Sandra, Chur | 1973 | | 1:06.21,5 | 10.31 | 4411 |
| Rietzer Annette, Chur | 1967 | | 1:06.20,6 | 10.31 | 4069 |
| Rigo Irene, Zürich | 1965 | | 1:01.20,1 | 9.44 | 4070 |
| Röeschli Patrick, Rafz | 1966 | massan | 53.08,7 | 8.26 | 4006 |
| Ronchetti Monica, Valbella | 1952 | Gruppe GKB | 1:09.28,3 | 11.01 | 4003 |
| Röst Mar, Kreuzlingen | 1944 | | 1:16.11,8 | 12.05 | 4071 |
| Röthlisberger Rita, Schenkon | 1939 | | 1:14.11,1 | 11.46 | 4072 |
| Rü... Marianne, St. Gallen | 1960 | | 1:20.16,4 | 12.44 | 4073 |
| Schädeli Manuela, Winkel | 1959 | | 1:06.09,1 | 10.30 | 4074 |
| Schneider Kathrin, Bern | 1972 | | 58.31,4 | 9.17 | 4413 |
| Schweizer Daniel, Walterswil SO | 1967 | | 1:03.40,5 | 10.06 | 7511 |
| Steiner Nicole, Wädenswil | 1983 | | 1:06.17,4 | 10.31 | 4078 |
| Stocker Beatrice, Grüt (Gossau ZH) | 1964 | | 54.48,6 | 8.42 | 4510 |
| Stocker Jenny, Grüt (Gossau ZH) | 1995 | | 52.20,5 | 8.18 | 4509 |
| Stoessel Verena, Weesen | 1948 | | 1:04.58,9 | 10.18 | 7510 |
| Stücker Erika, Bätterkinden | 1955 | | 1:01.43,0 | 9.47 | 4080 |
| Studer Bruno, Nesslau | 1963 | | 1:06.09,6 | 10.30 | 4081 |
| Ullius Lydia, Chur | 1946 | | 1:07.56,4 | 10.47 | 4506 |

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|---------------------------------|------|---------------|-----------|-------|------|
| Von Arx Adi, Chur | 1960 | | 1:00.15,4 | 9.33 | 4516 |
| Weiler Werner, Müllheim Dorf | 1947 | | 1:05.38,1 | 10.25 | 4084 |
| Wettstein Marianne, Mönchaltorf | 1970 | | 1:07.10,3 | 10.39 | 4085 |
| Wieland Susane, Glarus | 1960 | | 56.38,0 | 8.59 | 4086 |
| Zimmermann Heidi, Tann | 1955 | | 1:09.55,5 | 11.05 | 4087 |
| Zitlau Friedhelm, Schopfheim | 1946 | StockFit-Team | 1:04.25,8 | 10.13 | 4414 |

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