

# Steinhölzlilauflauf 2016

## Rangliste

Rang	Nachname Vorname, Ort	Jg	Club	Zeit	Rückstand	Startnr	min/km	StartRunde	Runde 1	Runde 2	Runde 3	Runde 4					
Hauptlauf Männer																	
1.	Tefera Mekonen,	92		<b>34:29,7</b>		1	3:17	1:14	1.	8:09	1.	8:26	1.	8:26	1.		
2.	Frick Gerd, Meran	74	Telekom Team	<b>35:00,6</b>	+0:30	3	3:20	1:14	1.	8:20	2.	8:27	2.	8:32	2.	8:26	2.
3.	Tewelde Kidane,	96		<b>36:13,8</b>	+1:44	1198	3:27	1:14	3.	8:25	3.	8:51	4.	8:52	5.	8:50	4.
4.	Gafner Lukas, Oberhofen	91	All Blacks Thun	<b>36:25,7</b>	+1:56	1265	3:28	1:17	5.	8:36	4.	8:48	3.	8:50	4.	8:52	5.
5.	Schönholzer Urs, Ittigen	72	ST Bern	<b>36:41,4</b>	+2:11	2	3:29	1:17	5.	8:50	5.	8:51	5.	8:48	3.	8:54	6.
6.	Mathys Jonas, Liebefeld	87	OL NWK	<b>37:43,3</b>	+3:13	375	3:35	1:25	26.	9:11	10.	9:13	8.	9:03	6.	8:49	3.
7.	Graf Stefan, Thun	79	All Blacks Thun	<b>38:01,9</b>	+3:32	1151	3:37	1:15	4.	9:01	6.	9:12	7.	9:20	10.	9:11	9.
8.	Hess Martin, Bern	87	BigFriends.ch	<b>38:03,0</b>	+3:33	1260	3:37	1:20	10.	9:07	9.	9:13	9.	9:15	7.	9:05	7.
9.	Roulier Gilbert, Oberthal	72	OL Norska	<b>38:07,0</b>	+3:37	1101	3:37	1:23	21.	9:03	7.	9:12	6.	9:16	8.	9:11	8.
10.	Klenk Chris, Bern	77		<b>38:23,7</b>	+3:54	1153	3:39	1:20	12.	9:06	8.	9:17	10.	9:17	9.	9:20	10.
11.	Bodmer Flo, Gurmels	82	LC Thomas Fehr	<b>38:53,6</b>	+4:23	1149	3:42	1:20	11.	9:14	11.	9:18	11.	9:28	11.	9:31	12.
12.	Wenger Simon,	94	STB	<b>39:32,2</b>	+5:02	1136	3:45	1:21	14.	9:14	12.	9:38	15.	9:44	13.	9:33	13.
13.	de Roche Rafael,	76		<b>39:42,1</b>	+5:12	1278	3:46	1:24	24.	9:14	12.	9:35	13.	9:45	14.	9:42	15.
13.	Rutschi Oliver, Liebefeld	83	EGS Aareläufer	<b>39:42,1</b>	+5:12	1104	3:46	1:28	42.	9:28	18.	9:34	12.	9:40	12.	9:29	11.
15.	Etter Robert, Schüpfen	70	LG Gerbersport	<b>40:03,5</b>	+5:33	152	3:48	1:21	13.	9:14	14.	9:38	16.	9:46	15.	10:02	27.
16.	Hostettler Thomas,	75		<b>40:11,2</b>	+5:41	329	3:49	1:22	17.	9:23	15.	9:40	17.	9:55	20.	9:49	17.
17.	Hess Hans Rudolf,	84		<b>40:14,6</b>	+5:44	323	3:49	1:24	23.	9:26	16.	9:36	14.	9:50	17.	9:57	22.
18.	Schilter Christoph,	74	STB Leichtathletik	<b>40:22,5</b>	+5:52	445	3:50	1:31	51.	9:33	23.	9:42	19.	9:53	19.	9:41	14.
19.	Schertenleib Beat,	63	bikecenter	<b>40:23,9</b>	+5:54	1110	3:50	1:27	38.	9:35	25.	9:43	20.	9:49	16.	9:49	16.
20.	Mozzini Luca, Camorino	71	RC Bellinzona	<b>40:25,2</b>	+5:55	1085	3:50	1:22	16.	9:33	21.	9:41	18.	9:53	18.	9:54	19.
21.	Oberti Marco, Biasca	64	sfg Biasca/ sm run	<b>40:34,7</b>	+6:05	1089	3:51	1:20	9.	9:26	17.	9:48	22.	9:57	22.	10:02	28.
22.	Uebersax Dan, Homburg	69	MegaJoule / smrun	<b>40:38,0</b>	+6:08	1302	3:52	1:25	29.	9:34	24.	9:43	21.	9:55	21.	9:58	23.
23.	Pileggi Andrea, Luzern	64		<b>40:43,2</b>	+6:13	1093	3:52	1:19	8.	9:38	26.	9:53	25.	10:00	24.	9:51	18.
24.	Gerber Daniel, Schüpfen	86	LG Gerbersport	<b>40:59,9</b>	+6:30	154	3:54	1:25	26.	9:30	20.	9:48	23.	10:08	27.	10:07	29.
25.	Schaller Jürg, Solothurn	79	LG Niederbipp	<b>41:02,1</b>	+6:32	1266	3:54	1:26	34.	9:33	22.	9:52	24.	10:10	29.	9:59	24.
26.	Moser Kurt, Dintikon	64		<b>41:05,9</b>	+6:36	1084	3:54	1:26	32.	9:42	29.	9:57	27.	10:00	23.	9:59	24.
27.	Burkhalter Markus,	72	Roller-Shop-Belp	<b>41:12,4</b>	+6:42	257	3:55	1:26	30.	9:39	28.	9:58	29.	10:06	26.	10:01	26.
28.	Rouiller Nicolas,	87		<b>41:12,5</b>	+6:42	1285	3:55	1:18	7.	9:42	31.	10:04	31.	10:09	28.	9:57	21.
29.	Fleissner Michael,	69	TV Länggasse	<b>41:29,5</b>	+6:59	1276	3:57	1:27	36.	9:44	32.	9:54	26.	10:06	25.	10:18	39.
30.	Robatel Alexandre,	71		<b>41:37,8</b>	+7:08	1297	3:57	1:22	19.	9:44	33.	10:01	30.	10:11	30.	10:18	40.
31.	Jaeggi Marco, Jegenstorf	75	Biral AG / BigFriends	<b>41:41,2</b>	+7:11	1063	3:58	1:32	54.	9:28	19.	9:57	28.	10:21	34.	10:21	42.

# Steinhölzlilauflauf 2016

## Rangliste

Rang	Nachname Vorname, Ort	Jg	Club	Zeit	Rückstand	Startnr	min/km	StartRunde	Runde 1	Runde 2	Runde 3	Runde 4					
32.	Huber Florian, Bolligen	80		<b>41:42,7</b>	+7:13	1152	3:58	1:30	46.	9:50	39.	10:05	33.	10:21	35.	9:55	20.
33.	Tanner Reto, Köniz	72	www.bremerrun.ch	<b>41:53,2</b>	+7:23	1306	3:59	1:30	46.	9:44	33.	10:05	34.	10:20	32.	10:12	31.
34.	Wunderlin Matthias,	73	Tri Klub Aarau / Scott	<b>41:53,7</b>	+7:24	1209	3:59	1:23	20.	9:42	30.	10:18	39.	10:20	33.	10:09	30.
35.	Wenger Hermann,	61	OLG Bern	<b>42:18,7</b>	+7:49	1135	4:01	1:26	32.	9:39	27.	10:08	35.	10:33	45.	10:31	46.
36.	Schröder Jens,	98		<b>42:24,7</b>	+7:55	1116	4:02	1:31	53.	9:50	38.	10:27	46.	10:18	31.	10:17	35.
37.	Oesterling Nils, Gümligen	71	LG Gerbersport	<b>42:31,7</b>	+8:02	166	4:03	1:29	43.	10:06	46.	10:19	41.	10:21	36.	10:15	32.
37.	Koch Markus, Spiegel b.	76		<b>42:31,7</b>	+8:02	349	4:03	1:26	35.	9:57	40.	10:23	44.	10:23	40.	10:21	41.
39.	Bader Thomas, Bern	76		<b>42:32,3</b>	+8:02	226	4:03	1:30	48.	10:00	42.	10:17	38.	10:27	42.	10:16	34.
40.	Gfeller Christoph,	75	LG Gerbersport	<b>42:33,4</b>	+8:03	1235	4:03	1:31	51.	10:07	47.	10:13	36.	10:23	39.	10:17	38.
41.	Roth Marcel, Bern	83		<b>42:37,4</b>	+8:07	424	4:03	1:22	18.	9:45	35.	10:34	53.	10:37	47.	10:17	35.
42.	Widmer Jakob, Laupen ZH	56	SC Diemberg/smrun	<b>42:40,2</b>	+8:10	519	4:03	1:28	40.	9:58	41.	10:21	42.	10:22	38.	10:29	44.
43.	Lüönd Roger, Ibach	75	SC Ibach	<b>42:47,3</b>	+8:17	1170	4:04	1:37	69.	10:13	51.	10:14	37.	10:24	41.	10:17	37.
44.	Schmutz Joël, Burgdorf	00	OLV Hindelbank	<b>42:53,8</b>	+8:24	1284	4:05	1:27	39.	10:09	48.	10:30	50.	10:30	44.	10:16	33.
45.	Liechti Christian, Bern	72	Liechtlis	<b>43:03,2</b>	+8:33	357	4:06	1:33	59.	10:01	43.	10:18	40.	10:37	48.	10:31	47.
46.	Müller Marc, Bern	87	Elite-Giele	<b>43:17,6</b>	+8:47	1088	4:07	1:35	66.	10:11	50.	10:04	32.	10:22	37.	11:03	64.
47.	De Cristofano Salvatore,	77		<b>43:17,9</b>	+8:48	264	4:07	1:26	31.	9:48	37.	10:36	54.	10:50	55.	10:36	52.
48.	Berger Emil, Wiedlisbach	67	LG Niederbipp /	<b>43:28,6</b>	+8:58	235	4:08	1:34	63.	10:21	55.	10:22	43.	10:29	43.	10:40	55.
49.	Späti Flavio, Lyss	98		<b>43:29,2</b>	+8:59	1252	4:08	1:22	15.	9:47	36.	10:43	60.	11:06	63.	10:29	45.
50.	Elsener Patrick,	71	Laufftreff Spiez	<b>43:29,7</b>	+9:00	1241	4:08	1:28	40.	10:25	57.	10:26	45.	10:41	51.	10:28	43.
51.	Geissbühler Marcel,	88		<b>43:34,4</b>	+9:04	298	4:08	1:32	55.	10:18	53.	10:29	47.	10:40	49.	10:33	49.
52.	Hänni Samuel, Lyss	98		<b>43:40,6</b>	+9:10	1253	4:09	1:23	22.	10:01	44.	10:50	61.	10:48	54.	10:35	50.
53.	Harter Jean-Luc,	67		<b>43:42,2</b>	+9:12	316	4:09	1:29	44.	10:24	56.	10:30	49.	10:40	50.	10:37	53.
54.	Gerber Markus, Rüfenacht	60	LG Gerbersport	<b>43:50,8</b>	+9:21	1180	4:10	1:25	26.	10:13	52.	10:33	52.	10:47	53.	10:49	60.
55.	Vogel Roger, Köniz	71	Omström	<b>44:01,0</b>	+9:31	1200	4:11	1:30	48.	10:06	45.	10:38	55.	11:00	58.	10:45	57.
56.	Dunlop Stephen, Altendorf	57	Smrun/joggertreff	<b>44:01,1</b>	+9:31	1020	4:11	1:25	25.	10:25	58.	10:41	58.	10:45	52.	10:44	56.
57.	Schild Urs, Sigriswil	54		<b>44:12,4</b>	+9:42	443	4:12	1:30	48.	10:25	59.	10:42	59.	11:00	59.	10:33	48.
58.	Baumann Hansruedi,	73	LR Mosnang	<b>44:18,8</b>	+9:49	233	4:13	1:33	57.	10:37	62.	10:40	57.	10:34	46.	10:53	61.
59.	Reubi Ripon, Köniz	73		<b>44:37,0</b>	+10:07	415	4:14	1:32	55.	10:19	54.	10:29	47.	10:55	56.	11:20	69.
60.	Bläsi Siegfried, Unterseen	70		<b>44:40,0</b>	+10:10	238	4:15	1:34	62.	10:32	61.	10:40	56.	10:59	57.	10:53	61.
61.	Gugger Michael, Kiesen	87		<b>44:43,8</b>	+10:14	1044	4:15	1:27	37.	10:09	49.	10:31	51.	11:14	64.	11:21	70.
62.	Schwab Roland,	78	The Ben Johnsons	<b>44:51,3</b>	+10:21	1118	4:16	1:35	64.	10:43	64.	10:53	62.	11:03	61.	10:36	51.
63.	Arni Björn, Stettlen	71		<b>45:03,0</b>	+10:33	225	4:17	1:34	60.	10:26	60.	11:07	65.	11:06	62.	10:47	58.
64.	Widmer Jan, Kehrsatz	87		<b>45:09,0</b>	+10:39	520	4:18	1:40	78.	10:50	65.	10:55	63.	11:03	60.	10:40	54.

# Steinhölzlilauflauf 2016

## Rangliste

Rang	Nachname Vorname, Ort	Jg	Club	Zeit	Rückstand	Startnr	min/km	StartRunde	Runde 1	Runde 2	Runde 3	Runde 4					
65.	Staffelbach Thomas, St.	69	LV Langenthal	<b>46:19,9</b>	+11:50	1286	4:24	1:39	76.	10:58	68.	11:13	66.	11:16	65.	11:12	66.
66.	Sieber Daniel,	76	Lauftreff Spiez	<b>46:21,2</b>	+11:51	1242	4:24	1:36	67.	10:38	63.	11:06	64.	11:28	69.	11:32	76.
67.	Brodard Jean-Francois,	72	Team InterGibloux	<b>46:50,8</b>	+12:21	1294	4:27	1:38	74.	10:53	66.	11:15	67.	11:25	68.	11:36	82.
68.	von Känel Hanspeter,	66	Lauftreff Spiez	<b>46:55,5</b>	+12:25	1264	4:28	1:34	61.	11:01	69.	11:20	68.	11:30	70.	11:29	72.
69.	Zeller Peter, Weissenburg	65		<b>47:10,8</b>	+12:41	1143	4:29	1:37	70.	10:56	67.	11:24	70.	11:40	77.	11:31	74.
70.	Walther Michael, Bern	82		<b>47:15,6</b>	+12:45	1282	4:30	1:41	81.	11:05	70.	11:24	69.	11:31	71.	11:32	77.
71.	Zillig Stefan, Bern	80	Skyrunners Bern	<b>47:22,1</b>	+12:52	1145	4:30	1:46	103.	11:40	91.	11:41	86.	11:18	66.	10:55	63.
72.	Baumann Christoph,	89		<b>47:30,3</b>	+13:00	1004	4:31	1:42	88.	11:07	71.	11:37	78.	11:37	73.	11:25	71.
73.	von Känel Christoph,	59		<b>47:33,4</b>	+13:03	1131	4:31	1:46	103.	11:41	93.	11:31	73.	11:24	67.	11:10	65.
74.	Barth Stefan, Gasel	77		<b>47:39,2</b>	+13:09	1148	4:32	1:38	73.	11:31	88.	11:38	81.	11:38	75.	11:12	67.
75.	Wyss Josef, Schöpfheim	64		<b>47:50,1</b>	+13:20	1139	4:33	1:41	84.	11:23	80.	11:28	71.	11:35	72.	11:40	84.
76.	Kübli Ulrich,	74		<b>47:53,3</b>	+13:23	1225	4:33	1:44	99.	11:22	79.	11:31	74.	11:40	76.	11:34	79.
77.	Schiess Simon,	83		<b>47:53,4</b>	+13:23	1111	4:33	1:42	89.	11:29	86.	11:35	76.	11:46	81.	11:19	68.
78.	Frei Peter, St. Urban	54		<b>47:54,4</b>	+13:24	1287	4:33	1:42	87.	11:28	85.	11:29	72.	11:42	79.	11:31	75.
79.	Muhmenthaler Stefan,	60		<b>47:55,6</b>	+13:25	1293	4:33	1:35	65.	11:19	75.	11:38	79.	11:48	83.	11:34	80.
80.	Scholl Hans, Uetendorf	46	LSV Uetendorf	<b>48:01,2</b>	+13:31	1115	4:34	1:41	83.	11:30	87.	11:38	81.	11:37	74.	11:33	78.
81.	Schneider Hugo,	66		<b>48:10,6</b>	+13:40	455	4:35	1:41	84.	11:24	82.	11:34	75.	11:41	78.	11:48	88.
82.	Brand Roland, Thörishaus	59	smrun	<b>48:13,3</b>	+13:43	1150	4:35	1:38	71.	11:26	84.	11:36	77.	11:48	82.	11:44	86.
83.	Freiburghaus René,	54	All Blacks Thun	<b>48:13,6</b>	+13:43	285	4:35	1:40	80.	11:10	72.	11:39	83.	11:51	84.	11:51	91.
84.	Ferrieri Giovanni, Belp	72	ST Bern	<b>48:27,4</b>	+13:57	1031	4:36	1:40	79.	11:18	74.	11:40	84.	11:52	85.	11:56	93.
85.	Sekinger Bruno, Zufikon	78	LR Wohlen	<b>48:32,3</b>	+14:02	463	4:37	1:41	82.	11:21	77.	11:44	88.	11:55	90.	11:49	89.
86.	Wiedemeier Hans,	45	smrun	<b>48:33,3</b>	+14:03	522	4:37	1:47	105.	11:44	97.	11:46	89.	11:43	80.	11:30	73.
87.	Ramseier Christoph, Bern	86		<b>48:35,9</b>	+14:06	1290	4:37	1:47	106.	11:14	73.	11:41	85.	12:02	92.	11:50	90.
88.	Galati Francesco, Zürich	44		<b>48:36,5</b>	+14:06	291	4:37	1:39	75.	11:32	89.	11:49	90.	11:53	87.	11:41	85.
89.	Neuhaus Tobias, Spiegel	86		<b>48:49,3</b>	+14:19	397	4:38	1:52	129.	11:25	83.	11:42	87.	11:53	88.	11:55	92.
90.	Rickli Eric, Onex	62		<b>48:50,9</b>	+14:21	1263	4:39	1:36	68.	11:20	76.	11:38	79.	12:04	94.	12:12	99.
91.	Zbinden Peter, Guggisberg	59	Lauftreff Spiez	<b>48:57,6</b>	+14:27	544	4:39	1:39	77.	11:46	99.	11:52	92.	11:53	86.	11:45	87.
92.	Baltisser Martin,	69		<b>49:10,3</b>	+14:40	227	4:40	1:52	125.	11:48	102.	11:58	96.	11:54	89.	11:36	81.
93.	Beldner Christian, Bern	76		<b>49:15,0</b>	+14:45	1005	4:41	1:30	45.	11:21	78.	11:56	95.	12:03	93.	12:22	106.
94.	Genna Gian Sandro, Muri	81	Laufteam Thun	<b>49:29,9</b>	+15:00	1037	4:42	1:43	91.	11:57	108.	12:09	102.	12:50	118.	10:49	59.
95.	Flach Roland, Zürich	64	cityrunning.ch	<b>49:46,8</b>	+15:17	282	4:44	1:53	134.	11:45	98.	11:50	91.	12:06	95.	12:11	98.
96.	Balz Niklaus, Langnau i. E.	97		<b>49:48,9</b>	+15:19	1262	4:44	1:43	95.	11:42	94.	11:53	93.	11:58	91.	12:30	112.
97.	Anthamatten Mike,	66	LCA Bärn	<b>49:57,4</b>	+15:27	1283	4:45	1:51	117.	11:58	111.	11:55	94.	12:10	98.	12:01	96.

# Steinhölzlilauflauf 2016

## Rangliste

Rang	Nachname Vorname, Ort	Jg	Club	Zeit	Rückstand	Startnr	min/km	StartRunde	Runde 1	Runde 2	Runde 3	Runde 4					
98.	Stettler André, Eggiwil	74		<b>50:03,0</b>	+15:33	476	4:46	1:51	117.	11:36	90.	12:01	98.	12:13	99.	12:19	104.
99.	Studer Jürg, Kallnach	67	SMRUN	<b>50:14,4</b>	+15:44	1274	4:47	1:52	124.	12:02	114.	12:05	100.	12:16	100.	11:57	94.
100.	Fluri Toni, Oensingen	51	SMRUN	<b>50:15,1</b>	+15:45	284	4:47	1:50	112.	11:55	106.	12:19	109.	12:10	97.	11:59	95.
101.	Iseli Markus, Bern	56		<b>50:19,2</b>	+15:49	337	4:47	1:54	137.	12:03	116.	12:09	101.	12:09	96.	12:03	97.
102.	Genna Mario, Bern	80	OLG Thun	<b>50:19,6</b>	+15:49	1038	4:47	1:43	94.	11:58	109.	12:12	103.	12:46	115.	11:38	83.
103.	Stancheris Vivian,	56		<b>50:21,7</b>	+15:52	1301	4:47	1:52	127.	11:46	101.	11:59	97.	12:19	101.	12:23	107.
104.	Hänni Walter, Lyss	62	Jumpin`Ghost Biel	<b>50:32,2</b>	+16:02	315	4:48	1:33	58.	11:23	81.	12:20	110.	12:47	116.	12:27	111.
105.	Werder Cornel, Lätti	70		<b>50:36,2</b>	+16:06	517	4:49	1:41	86.	11:41	92.	12:04	99.	12:36	109.	12:32	114.
106.	Böhm Markus, Liebefeld	77		<b>50:48,7</b>	+16:19	243	4:50	1:47	107.	11:43	96.	12:13	104.	12:24	103.	12:39	117.
107.	Bienz Peter, Kehrsatz	50		<b>50:51,4</b>	+16:21	237	4:50	1:49	110.	12:00	112.	12:15	106.	12:30	106.	12:16	101.
108.	Buri Andreas, Bern	68	Slapshotriders	<b>50:55,0</b>	+16:25	1291	4:50	1:53	136.	11:57	107.	12:21	112.	12:28	105.	12:14	100.
109.	Brülhart Daniel, Gümligen	63	LG Gerbersport	<b>51:01,7</b>	+16:32	147	4:51	1:43	92.	12:06	117.	12:23	113.	12:27	104.	12:20	105.
110.	Bettschen Michael,	74		<b>51:03,1</b>	+16:33	236	4:51	1:44	96.	12:03	115.	12:16	108.	12:41	112.	12:17	102.
111.	Collenberg Norbert, Zürich	53		<b>51:09,2</b>	+16:39	1015	4:52	1:43	93.	11:46	99.	12:20	111.	12:37	110.	12:40	119.
112.	Rüegge Martin, Uetligen	80	3athlonbern	<b>51:31,6</b>	+17:01	1309	4:54	1:54	138.	12:08	120.	12:14	105.	12:21	102.	12:53	130.
113.	Kuhn Dominik, Bern	70		<b>51:32,6</b>	+17:02	351	4:54	1:50	113.	11:51	103.	12:30	116.	12:48	117.	12:31	113.
114.	Steiner Jürg, Mittelhäusern	64		<b>51:43,4</b>	+17:13	1288	4:55	1:50	113.	11:53	104.	12:26	114.	12:42	114.	12:50	125.
115.	Steffen Edi, Lengnau BE	73		<b>51:43,5</b>	+17:13	474	4:55	1:43	90.	12:02	113.	12:36	119.	12:55	126.	12:25	109.
116.	Gygax Martin, Bern	53	smrun	<b>51:53,6</b>	+17:23	309	4:56	1:47	107.	12:16	127.	12:27	115.	12:38	111.	12:43	122.
117.	Bhend Daniel, Bern	55	LCA	<b>51:57,9</b>	+17:28	1305	4:56	1:51	116.	11:58	109.	12:33	117.	12:53	123.	12:41	120.
118.	Zehnder Michele, Liebefeld	72		<b>51:58,0</b>	+17:28	1141	4:56	1:44	99.	11:42	94.	12:16	107.	13:01	134.	13:13	142.
119.	Riedwyl Markus, Lengnau	67		<b>52:10,2</b>	+17:40	1269	4:58	1:53	132.	12:07	118.	12:43	123.	12:50	120.	12:36	116.
120.	Funk Michael, Bern	71		<b>52:28,5</b>	+17:58	290	4:59	1:56	147.	12:45	138.	12:46	127.	12:42	113.	12:17	103.
121.	Rüfli Roland,	56		<b>52:34,0</b>	+18:04	1103	5:00	2:03	165.	12:48	140.	12:34	118.	12:35	108.	12:33	115.
122.	Vetsch Werner, Grabs	46	smrun	<b>52:39,3</b>	+18:09	1261	5:00	1:51	120.	12:23	128.	12:45	126.	12:51	122.	12:46	123.
123.	Wissing Christian, Belp	73		<b>52:46,1</b>	+18:16	528	5:01	1:45	102.	12:26	130.	12:44	124.	12:58	128.	12:51	129.
124.	Zwahlen Michael, Spiez	68		<b>52:48,2</b>	+18:18	546	5:01	1:49	111.	12:24	129.	12:40	122.	12:58	129.	12:55	132.
125.	Schild Stephan, Köniz	76		<b>52:54,1</b>	+18:24	1268	5:02	2:03	166.	12:44	137.	12:45	125.	12:32	107.	12:48	124.
126.	Wälty Patrick, Zürich	67	freizeitsportler.ch/Züri	<b>52:55,2</b>	+18:25	509	5:02	1:59	157.	12:38	134.	12:58	135.	12:53	124.	12:24	108.
127.	Stricker René,	50	smrun	<b>53:04,7</b>	+18:35	478	5:03	1:53	133.	12:16	126.	12:51	131.	13:06	137.	12:56	134.
128.	Burger August, Sempach	45	smrun	<b>53:08,1</b>	+18:38	1011	5:03	1:51	117.	12:13	124.	12:47	128.	13:01	133.	13:14	143.
129.	Röthlisberger Alain Patric,	67		<b>53:11,6</b>	+18:41	1295	5:03	1:44	96.	12:36	131.	13:02	139.	13:07	139.	12:40	118.
130.	Scarcella Giovanni, Luzern	63	SMRUN / LR	<b>53:14,3</b>	+18:44	1308	5:04	1:52	129.	12:12	123.	12:39	120.	12:50	121.	13:39	158.

# Steinhölzlilauflauf 2016

## Rangliste

Rang	Nachname Vorname, Ort	Jg	Club	Zeit	Rückstand	Startnr	min/km	StartRunde	Runde 1	Runde 2	Runde 3	Runde 4					
131.	Conti Antonio, Möriken	53	SMRUN/LR-Wohlen	<b>53:14,8</b>	+18:45	262	5:04	1:52	131.	12:12	122.	12:39	121.	12:50	119.	13:40	159.
132.	Hänni Matthias, Wabern	77	STB	<b>53:19,8</b>	+18:50	314	5:04	1:57	149.	12:54	144.	12:49	130.	12:55	125.	12:43	121.
133.	Herde Bernhard, Burgdorf	51		<b>53:23,1</b>	+18:53	1051	5:05	1:57	151.	12:58	148.	13:01	137.	12:59	131.	12:26	110.
134.	Boner Bruno, Seedorf BE	81		<b>53:27,1</b>	+18:57	246	5:05	2:03	166.	12:43	136.	12:47	129.	12:56	127.	12:55	133.
135.	von Gunten Hans, Thun	44	smrun	<b>53:28,9</b>	+18:59	1129	5:05	1:51	120.	12:42	135.	12:51	132.	13:03	135.	12:58	135.
136.	Broch Josef, Ballwil	44	SM Run	<b>53:33,1</b>	+19:03	1300	5:06	1:52	128.	12:37	133.	12:57	134.	13:00	132.	13:04	136.
137.	Leuenberger André,	55	LG Niederbipp	<b>53:38,1</b>	+19:08	1312	5:06	1:45	101.	12:10	121.	12:52	133.	13:34	150.	13:15	144.
138.	Ehrlich Jiri, Bern	48	Jogging Club Bern	<b>53:45,1</b>	+19:15	270	5:07	1:52	122.	12:49	143.	12:58	136.	12:58	130.	13:06	137.
139.	Haldimann Hans,	43	SMRUN	<b>53:58,0</b>	+19:28	1277	5:08	1:51	115.	13:04	149.	13:02	140.	13:04	136.	12:55	131.
140.	Kersten Alexander,	73		<b>53:59,5</b>	+19:29	346	5:08	1:44	96.	12:07	119.	13:04	142.	13:29	148.	13:33	154.
141.	Gerber Daniel, Belp	61		<b>54:12,1</b>	+19:42	1039	5:09	1:53	134.	12:37	132.	13:01	138.	13:28	146.	13:11	141.
142.	Rothen Michael,	83		<b>54:13,1</b>	+19:43	425	5:09	1:49	109.	12:14	125.	13:05	143.	13:14	142.	13:49	162.
143.	Tanner Andreas, Toffen	77		<b>54:28,8</b>	+19:59	486	5:11	1:38	72.	11:54	105.	13:27	151.	13:49	159.	13:38	157.
144.	Widmer Paul, Effretikon	39	smrun	<b>54:37,5</b>	+20:07	521	5:12	1:55	142.	12:49	142.	13:17	146.	13:07	138.	13:27	148.
145.	Eichenberger Patrik, Bern	75		<b>54:38,9</b>	+20:09	1024	5:12	2:04	168.	12:48	141.	13:06	144.	13:19	143.	13:20	146.
146.	Sablone Gregorio, Zürich	37	SM Runners	<b>54:45,3</b>	+20:15	427	5:12	1:52	122.	12:47	139.	13:20	149.	13:22	145.	13:22	147.
147.	Knapp Florian, Bern	72		<b>54:52,7</b>	+20:23	1070	5:13	2:02	163.	13:09	152.	13:17	147.	13:12	140.	13:09	140.
148.	Mumenthaler Peter,	77		<b>55:12,3</b>	+20:42	1171	5:15	2:14	183.	13:50	172.	13:04	141.	13:13	141.	12:50	127.
149.	Weisskopf Urs, Kirchberg	64		<b>55:13,4</b>	+20:43	514	5:15	1:54	139.	13:22	157.	13:25	150.	13:22	144.	13:09	139.
150.	Pecoraro Leonardo,	68	AS Monteceneri	<b>55:25,9</b>	+20:56	1272	5:16	1:55	144.	13:09	152.	13:14	145.	13:33	149.	13:33	155.
151.	Braunschweiler Remo,	82		<b>55:29,2</b>	+20:59	253	5:17	2:05	171.	13:30	162.	13:33	156.	13:28	147.	12:51	128.
152.	Stump Martin, Steffisburg	61		<b>55:35,5</b>	+21:05	1289	5:17	1:54	139.	13:05	151.	13:32	154.	13:36	151.	13:27	149.
153.	Wuillemin Michel, Belp	64		<b>55:47,3</b>	+21:17	536	5:18	1:56	146.	12:58	147.	13:56	169.	14:06	165.	12:50	126.
154.	Abrahamson Håkan, Bern	63		<b>55:52,0</b>	+21:22	213	5:19	2:01	159.	13:18	155.	13:30	153.	13:45	156.	13:16	145.
155.	Noti Stefan, Bern	80		<b>55:57,3</b>	+21:27	399	5:19	2:02	164.	13:27	161.	13:38	160.	13:40	153.	13:07	138.
156.	Schmid Daniel, Seedorf	62		<b>56:18,9</b>	+21:49	1270	5:21	2:02	161.	13:24	159.	13:28	152.	13:44	155.	13:38	156.
157.	Schär Jürg, Riggisberg	48	ST Bern	<b>56:29,2</b>	+21:59	435	5:22	1:57	150.	13:16	154.	13:32	155.	13:41	154.	14:01	163.
158.	Senn Stefan, Heimberg	69		<b>56:32,9</b>	+22:03	1120	5:23	1:59	155.	12:57	146.	13:18	148.	14:10	169.	14:07	165.
159.	Aegler Fritz, Oey	42	smrun	<b>56:49,7</b>	+22:20	216	5:24	1:58	154.	13:25	160.	13:39	161.	13:58	161.	13:47	161.
160.	Triantafillon Christos, Bern	68		<b>56:52,8</b>	+22:23	1313	5:25	2:02	162.	13:42	166.	13:37	157.	13:56	160.	13:32	153.
161.	Fankhauser Marcel,	72		<b>56:55,1</b>	+22:25	277	5:25	2:08	178.	13:46	168.	13:44	164.	13:47	158.	13:27	150.
162.	Hess Rico, Bern	72	dragon.cycle.ch	<b>56:55,6</b>	+22:25	1054	5:25	2:08	178.	13:46	168.	13:44	165.	13:47	157.	13:28	151.
163.	GrosPierre René,	67		<b>56:58,6</b>	+22:28	304	5:25	2:05	173.	13:49	170.	13:40	162.	13:39	152.	13:43	160.

# Steinhölzlilauflauf 2016

## Rangliste

Rang	Nachname Vorname, Ort	Jg	Club	Zeit	Rückstand	Startnr	min/km	StartRunde	Runde 1	Runde 2	Runde 3	Runde 4					
164.	Eremia Radu, Montana	65		<b>57:14,6</b>	+22:44	271	5:27	2:08	178.	13:24	158.	13:38	158.	13:59	162.	14:04	164.
165.	Schibler Mark, Liebefeld	62		<b>57:29,2</b>	+22:59	1205	5:28	2:01	160.	13:30	163.	13:46	167.	14:01	163.	14:08	167.
166.	Mermod Claude,	58		<b>57:30,9</b>	+23:01	1292	5:28	1:55	142.	13:20	156.	13:59	170.	14:07	167.	14:07	166.
167.	Zanoni Marco Piero,	70		<b>57:35,3</b>	+23:05	540	5:29	1:56	148.	13:05	150.	13:43	163.	14:06	166.	14:43	173.
168.	Seiler Hansruedi, Ittigen	53		<b>57:48,2</b>	+23:18	1119	5:30	2:00	158.	13:31	164.	13:46	166.	14:05	164.	14:24	169.
169.	Mauerhofer Beat,	66		<b>58:19,8</b>	+23:50	377	5:33	1:52	126.	12:57	145.	13:38	159.	14:13	170.	15:38	183.
170.	Amstutz Martin, Noflen	61	STB	<b>58:22,0</b>	+23:52	221	5:33	1:59	156.	13:34	165.	13:55	168.	14:16	171.	14:35	171.
171.	Steiger Peter, Bern	46		<b>58:28,7</b>	+23:59	1299	5:34	2:10	181.	14:25	182.	14:14	171.	14:10	168.	13:29	152.
172.	Schönholzer Hans,	44	ST Bern	<b>59:19,4</b>	+24:49	458	5:38	1:55	145.	13:46	167.	14:17	173.	14:36	172.	14:43	174.
173.	Eggimann Heinz,	63		<b>59:31,0</b>	+25:01	1021	5:40	1:58	153.	13:50	171.	14:20	174.	14:38	173.	14:43	174.
174.	Brandenberger Peter,	65		<b>59:51,3</b>	+25:21	252	5:42	2:04	168.	14:05	175.	14:28	175.	14:45	176.	14:27	170.
175.	Kabis Erwin, Allschwil	39	LSV Basel/smrn	<b>1:00:09,6</b>	+25:39	343	5:43	2:05	172.	14:09	177.	14:29	177.	14:44	175.	14:40	172.
176.	Schwarzenmeyer Günter,	53		<b>1:00:16,6</b>	+25:46	462	5:44	2:07	176.	13:56	173.	14:14	172.	15:04	178.	14:53	177.
177.	Buser Franz, Rüfenacht	63	smrn	<b>1:00:19,6</b>	+25:49	1013	5:44	1:54	141.	14:15	180.	14:29	176.	14:52	177.	14:47	176.
178.	Hayoz Sébastien, Belfaux	74		<b>1:00:35,9</b>	+26:06	319	5:46	2:06	175.	14:12	179.	14:29	178.	14:43	174.	15:03	180.
179.	Witschi Christian, Urdorf	62		<b>1:00:42,2</b>	+26:12	534	5:46	2:15	185.	14:35	184.	14:29	179.	15:08	179.	14:12	168.
180.	Rhyner Hans Kaspar,	44	LAC TV	<b>1:01:29,1</b>	+26:59	417	5:51	2:05	170.	14:05	175.	14:53	181.	15:24	182.	15:00	179.
181.	Schwarzmeier Werner,	52	smrn	<b>1:01:31,8</b>	+27:02	1303	5:51	2:06	174.	13:57	174.	14:41	180.	15:10	180.	15:35	181.
182.	Stadelmann Philipp,	86		<b>1:01:54,7</b>	+27:25	471	5:53	2:11	182.	14:34	183.	14:57	182.	15:13	181.	14:57	178.
183.	Wolhauser Jean-Pierre,	54		<b>1:02:19,6</b>	+27:49	535	5:56	2:08	177.	14:10	178.	14:58	183.	15:26	183.	15:36	182.
184.	Hofer Daniel, Wabern	59	STB	<b>1:03:51,0</b>	+29:21	1240	6:04	1:58	152.	14:23	181.	15:20	184.	16:10	184.	15:58	184.
185.	Huber Erwin, Sulz AG	41	smrn	<b>1:09:07,8</b>	+34:38	1311	6:35	2:15	184.	16:06	186.	16:17	185.	16:54	185.	17:34	186.
186.	Nivola Gianpaolo,	66	LR Mauritius Emmen /	<b>1:09:21,6</b>	+34:51	1192	6:36	2:19	186.	15:57	185.	16:22	186.	17:36	186.	17:05	185.
187.	Szymanski Morris,	48	Verein Paerli	<b>1:14:07,5</b>	+39:37	485	7:03	2:20	187.	17:30	187.	17:52	187.	18:12	187.	18:11	187.
DNF	Fässler Daniel,	84	www.danielfaessler.ch	<b>18:42,5</b>		1307		1:14	188.	8:29	188.	8:58	188.				
DNF	Fux David, Bern	81		<b>12:04,2</b>		1035		1:29	189.	10:35	189.						
DNF	Schmid Philippe, Wabern	78	The Ben Johnsons	<b>13:31,6</b>		452		1:51	190.	11:40	190.						

# Steinhölzlilauflauf 2016

## Rangliste

Rang	Nachname Vorname, Ort	Jg	Club	Zeit	Rückstand	Startnr	min/km	StartRunde	Runde 1	Runde 2	Runde 3	Runde 4					
Hauptlauf Frauen																	
1.	Bilham Emma, Chernex	86	New Concept Sports	<b>40:33,2</b>		1279	3:51	1:21	1.	9:19	1.	9:56	2.	10:03	2.	9:56	2.
2.	Aebi Céline, Wynigen	96		<b>40:45,6</b>	+0:12	1001	3:52	1:22	3.	9:41	3.	9:51	1.	9:55	1.	9:55	1.
3.	Berger Lisa,	93	Triathlon Club	<b>42:50,9</b>	+2:17	5	4:04	1:22	2.	9:40	2.	10:12	3.	10:44	4.	10:51	5.
4.	Hulliger Regula, Riffenmatt	79	TV Rechthalten	<b>43:16,0</b>	+2:42	1304	4:07	1:30	8.	10:26	7.	10:28	4.	10:23	3.	10:27	3.
5.	Huser Andrea, Sigriswil	73		<b>44:10,4</b>	+3:37	1275	4:12	1:30	7.	10:23	4.	10:45	6.	11:00	5.	10:31	4.
6.	Zeller Corinne,	68	Team Mizuno / smrun	<b>44:45,7</b>	+4:12	1142	4:15	1:29	6.	10:25	6.	10:42	5.	11:02	6.	11:06	7.
7.	Hofer Moniane, Tschugg	78		<b>45:14,2</b>	+4:41	1223	4:18	1:27	5.	10:46	9.	10:52	8.	11:06	7.	11:01	6.
8.	Iseli Jeannine, Schüpfen	70	LG Gerbersport	<b>45:40,5</b>	+5:07	160	4:21	1:33	9.	10:43	8.	11:06	9.	11:09	8.	11:07	8.
9.	Scherling Sina, Guttannen	03	Jugi Guttannen	<b>46:04,3</b>	+5:31	439	4:23	1:27	4.	10:25	5.	10:45	7.	11:35	13.	11:51	14.
10.	Habegger Susanne, Bern	80		<b>46:29,8</b>	+5:56	6	4:25	1:34	11.	10:52	10.	11:15	10.	11:23	10.	11:23	9.
11.	Joos Rahel, Bern	65	LCA Bern	<b>47:12,8</b>	+6:39	341	4:29	1:47	21.	11:14	13.	11:22	11.	11:21	9.	11:26	12.
12.	Längauer Francoise,	71	LG Gerbersport	<b>47:20,3</b>	+6:47	162	4:30	1:38	15.	11:17	14.	11:34	13.	11:24	11.	11:25	11.
13.	Winklehner Anna,	84		<b>47:34,8</b>	+7:01	1257	4:31	1:41	16.	11:28	15.	11:28	12.	11:32	12.	11:24	10.
14.	Oberson Karin, Heitenried	79		<b>48:10,3</b>	+7:37	1215	4:35	1:34	10.	11:06	11.	11:42	14.	11:54	14.	11:53	15.
15.	Schmid Barbara, Spiez	67	Lauftreff Spiez	<b>48:25,5</b>	+7:52	1243	4:36	1:35	12.	11:09	12.	11:44	15.	12:00	17.	11:55	16.
16.	Schmutz Ilona, Steffisburg	96		<b>48:48,0</b>	+8:14	1113	4:38	1:44	19.	11:42	20.	11:53	19.	11:55	15.	11:33	13.
17.	Schaller Isabelle,	72	LCA Bern	<b>49:20,5</b>	+8:47	434	4:41	1:47	22.	11:28	16.	11:50	18.	12:09	18.	12:04	20.
18.	Wetter Anita, Uetikon am	63		<b>49:29,9</b>	+8:56	1280	4:42	1:43	18.	11:34	18.	11:48	17.	12:14	20.	12:08	21.
19.	Wissing Corinne, Belp	76	STB	<b>49:31,0</b>	+8:57	529	4:42	1:36	14.	11:37	19.	12:02	21.	12:15	21.	11:58	17.
20.	Ruegge Tabea, Uettligen	83	Bigfriends / 3athlon	<b>49:34,9</b>	+9:01	1310	4:43	1:54	33.	11:52	21.	11:48	16.	12:00	16.	11:59	18.
21.	Frutiger Lisa, Rüfenacht	63	LG Gerbersport	<b>49:43,5</b>	+9:10	153	4:44	1:43	17.	11:28	17.	12:02	20.	12:12	19.	12:16	23.
22.	Kellerhals Luzia,	74	LG Niederbipp /	<b>50:35,3</b>	+10:02	1298	4:49	1:53	32.	12:12	25.	12:10	22.	12:16	22.	12:03	19.
23.	Staub Céline,	91		<b>50:41,0</b>	+10:07	473	4:49	1:36	13.	11:58	22.	12:16	24.	12:29	24.	12:19	24.
24.	Moser Balmer Mirjam,	77		<b>51:08,6</b>	+10:35	1083	4:52	1:52	29.	12:07	24.	12:16	23.	12:28	23.	12:23	25.
25.	Jakob Fabienne, Biberist	00	OL NWK	<b>51:46,1</b>	+11:12	339	4:55	1:52	31.	12:18	27.	12:46	28.	12:38	26.	12:10	22.
26.	Schwab Olivia, Heitenried	79	The Ben Johnsons	<b>52:08,7</b>	+11:35	1117	4:57	1:48	23.	12:06	23.	12:40	27.	12:51	28.	12:42	26.
27.	Schneider Osman Carole,	72		<b>52:12,2</b>	+11:39	456	4:58	1:54	36.	12:29	29.	12:27	25.	12:34	25.	12:46	27.
28.	Madlener Gaby, Muri b.	59		<b>52:26,3</b>	+11:53	367	4:59	1:45	20.	12:15	26.	12:37	26.	12:49	27.	12:58	28.
29.	Schneider Denise,	69		<b>53:13,1</b>	+12:39	454	5:04	1:49	25.	12:25	28.	12:52	29.	13:04	29.	13:00	29.
30.	Schmid Anne-Marie,	62	LCA	<b>54:11,0</b>	+13:37	1271	5:09	1:54	34.	12:39	32.	13:02	30.	13:19	31.	13:15	31.
31.	Mathys Brigitte,	81	Lauftreff Spiez	<b>54:19,9</b>	+13:46	1244	5:10	1:50	26.	12:36	30.	13:17	33.	13:23	32.	13:12	30.

# Steinhölzlilauflauf 2016

## Rangliste

Rang	Nachname Vorname, Ort	Jg	Club	Zeit	Rückstand	Startnr	min/km	StartRunde	Runde 1	Runde 2	Runde 3	Runde 4					
32.	Schenk Therese,	57		<b>54:43,3</b>	+14:10	1108	5:12	1:52	28.	12:38	31.	13:15	31.	13:26	33.	13:30	33.
33.	Werder Doris, Lätti	72		<b>54:43,6</b>	+14:10	518	5:12	1:55	37.	12:50	34.	13:16	32.	13:18	30.	13:21	32.
34.	Gerber Vreni, Biberist	56		<b>55:34,8</b>	+15:01	301	5:17	1:48	24.	12:50	33.	13:17	34.	13:39	35.	13:58	38.
35.	Torche Marianne,	56		<b>56:04,8</b>	+15:31	1128	5:20	1:55	37.	13:19	36.	13:30	36.	13:35	34.	13:44	36.
36.	Rodriguez Dora, Bern	53	STB	<b>57:02,3</b>	+16:29	1098	5:25	1:59	43.	13:19	35.	13:27	35.	14:17	39.	13:59	39.
37.	Vollenweider Bettina, Bern	55		<b>57:08,8</b>	+16:35	502	5:26	1:54	35.	13:48	40.	13:47	38.	13:54	36.	13:44	37.
38.	Kneubühl Sara, Schliern	01		<b>58:10,3</b>	+17:37	1071	5:32	1:58	41.	13:26	38.	14:05	40.	14:15	38.	14:24	43.
39.	Alahverdzhieva Veneta,	79		<b>58:39,4</b>	+18:06	219	5:35	1:51	27.	13:26	37.	13:36	37.	14:32	41.	15:12	49.
40.	Winkelhausen-Mutz	61		<b>58:43,7</b>	+18:10	524	5:35	2:05	44.	13:59	44.	14:03	39.	14:23	40.	14:10	40.
41.	Schlüchter Barbara, Toffen	86		<b>59:13,1</b>	+18:39	449	5:38	2:11	47.	14:40	50.	14:31	47.	14:08	37.	13:41	35.
42.	Flach Karin, Zürich	67	cityrunning.ch	<b>59:13,6</b>	+18:40	281	5:38	2:12	50.	13:39	39.	14:18	41.	14:38	44.	14:24	44.
43.	Thomas Caires Nunes	72		<b>59:16,0</b>	+18:42	488	5:38	1:58	39.	13:51	42.	14:30	45.	14:35	42.	14:21	42.
44.	Eggimann Yvonne,	62		<b>59:31,1</b>	+18:57	1022	5:40	1:58	42.	13:50	41.	14:21	42.	14:38	43.	14:42	46.
45.	Zbinden Beatrice, Belp	64		<b>1:00:09,6</b>	+19:36	1140	5:43	2:11	48.	14:00	45.	14:26	43.	14:43	45.	14:47	47.
46.	Hepp Andrina,	88		<b>1:00:10,0</b>	+19:36	321	5:43	2:11	48.	14:34	48.	14:57	50.	14:46	47.	13:40	34.
47.	Tschanz Monika, Wabern	63		<b>1:00:35,2</b>	+20:02	495	5:46	2:06	46.	14:12	47.	14:29	44.	14:44	46.	15:01	48.
48.	Kälin Rita, St. Peterzell	60	SM Run / LR	<b>1:00:39,0</b>	+20:05	1237	5:46	1:58	40.	13:53	43.	14:30	46.	15:04	49.	15:13	50.
49.	Witschi Bea, Urdorf	68		<b>1:00:42,3</b>	+20:09	533	5:46	2:15	53.	14:35	49.	14:35	48.	15:02	48.	14:12	41.
50.	Märchy Judith, Baar	60	Lauf Treff Zug	<b>1:02:15,8</b>	+21:42	1080	5:55	1:52	29.	14:06	46.	15:47	55.	15:05	50.	15:24	52.
51.	Perriart Barbara, Köniz	69		<b>1:02:28,8</b>	+21:55	411	5:57	2:14	52.	15:09	54.	15:12	51.	15:12	51.	14:39	45.
52.	Nydegger Therese, Belp	56		<b>1:02:40,9</b>	+22:07	401	5:58	2:13	51.	14:52	52.	14:56	49.	15:17	52.	15:21	51.
53.	Siew Tan, Dietikon	46		<b>1:04:36,7</b>	+24:03	1121	6:09	2:18	54.	14:51	51.	15:19	52.	15:51	53.	16:16	53.
54.	Lutz Marionna, Bern	73		<b>1:05:39,0</b>	+25:05	366	6:15	2:06	45.	14:54	53.	15:27	53.	16:53	57.	16:16	54.
55.	Schär Monika, Oberhofen	77		<b>1:06:31,8</b>	+25:58	1107	6:20	2:18	56.	15:46	55.	15:42	54.	16:19	54.	16:24	55.
56.	Brügger Johanna,	87		<b>1:08:50,7</b>	+28:17	255	6:33	2:18	54.	16:20	57.	16:39	56.	16:51	55.	16:40	57.
57.	Brügger Christina, Dietikon	91		<b>1:08:50,8</b>	+28:17	254	6:33	2:18	57.	16:18	56.	16:41	57.	16:52	56.	16:40	56.
58.	Reist Verena,	42		<b>1:14:11,0</b>	+33:37	1095	7:03	2:30	59.	17:09	58.	17:47	58.	18:20	59.	18:22	58.
59.	von Gunten Silvia, Thun	68	smrun	<b>1:15:35,2</b>	+35:02	1130	7:11	2:30	58.	17:20	59.	18:14	59.	18:11	58.	19:18	59.
DNF	Gaschen Annina, Bern	77		<b>19:54,2</b>		1296		2:19	60.	17:34	60.						